

The Tenerife Property & Business Guide

April 2023
Issue 222

MOTORWORLD

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April 2023

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4 BEDROOM PENTHOUSE - EL PASO - LAS VISTAS



€ 759.000

PARQUE SANTIAGO 2 - 2 BEDROOM APARTMENT
Investment property, holiday let includes existing reservations



€ 425.000

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PARQUE SANTIAGO 2 - 2 BEDROOM APARTMENT
Investment property, holiday let includes existing reservations



€ 385.000

PARQUE SANTIAGO 2 - 2 BEDROOM APARTMENT
Investment property, holiday let includes existing reservations



€ 540.000

DIRECT FROM OWNER

BUEN PASO, ICOD DE LOS VINOS



€400,000

A lovely, large detached family home on two levels, designed and constructed by a German builder in 2001 (all original plans, records and approvals will be made available to purchaser(s)). Built with top quality materials and fittings in a quiet village close to all amenities and the North Hospital.

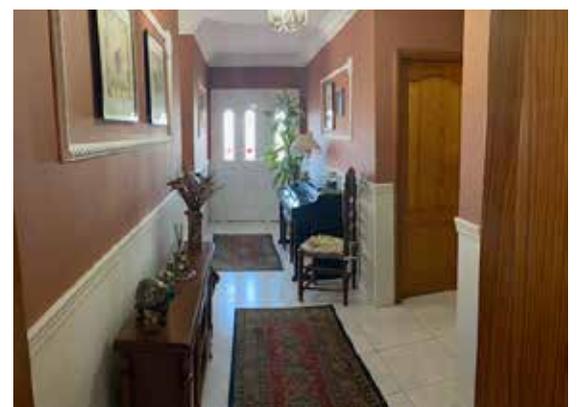
The property comprises: Ground floor - a 1, or 2 bedroom apartment with lounge, kitchen (currently being used by the owner as an office/workspace and will be decorated and fitted out on sale of property), full-size shower room with basin and toilet, and sun terrace. The upper floor is the

main living accommodation, with a large lounge, separate spacious dining room, 2 large double bedrooms with doors leading out to a metre-wide, covered terrace around the entire periphery of the house, (which also enables all doors and windows to be easily cleaned), and a small, single bedroom – currently used as a home office complete with ample electrical sockets and fibre optic internet connection. The large dining room could also be used as a further double bedroom with a view out to the garden, as the current owners use the large kitchen/diner as a breakfast dining room (recently enlarged

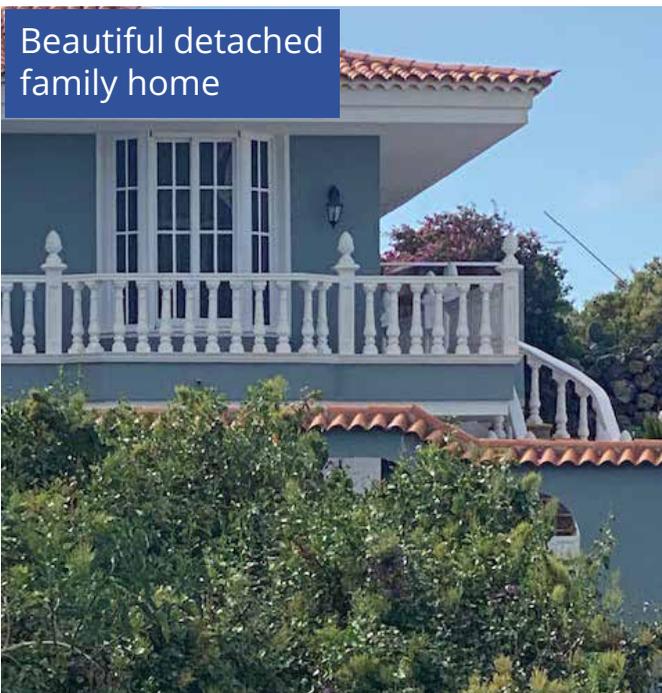
by a small aluminium extension. The lounge leads out through terrace doors to a well-stocked, completely private landscaped garden with fish pools. The property also enjoys undercover parking for 4/5 cars.

Extras include underfloor heating with thermostatic wall controls to the bathrooms, lounge, kitchen, dining room and office. All rooms are served by a spacious hall from a double width front door.

This is an ideal opportunity to purchase a unique and unusual property with flexible living/sleeping arrangements for a family, or small business.



Beautiful detached family home



Please call 630 330 251 for more information or to arrange a viewing



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2022-2023

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1 BED APARTMENT - LOS CRISTIANOS



If you are looking for a rental investment, then look no further than this one bedroom apartment on the second floor, with a west facing sunny terrace overlooking the heated pool. In excellent condition, well furnished & based on a very popular complex, with an option to rent through the onsite management company. With a pool bar and restaurant on site, this is a perfect investment in Los Cristianos.

Ref: LC00599

Price: €235,000 (approx. £209,500)

2 BED APARTMENT - SAN EUGENIO ALTO



Do you want to be close to the town and beaches, without being in the centre of it all? Then you have found it! This comfortable two bed, one bath property is in a central location, just across the TF1. A large terrace area offers views of the pool and La Gomera. The property will come with a parking space, and is just a short walk to either of the popular water parks, or a short stroll down to the beaches.

Ref: LA01934

Price: €275,000 (approx. £245,500)

3 BED DUPLEX - AMARILLA GOLF



A fantastic opportunity to purchase a three bedroom, two bathroom duplex apartment, boasting ample terraces and panoramic views. This apartment is spread over three levels and is more akin to a town house than an apartment. The community is well maintained and there is a Wi-Fi/TV system on offer, a swimming pool and a children's pool. Sold fully furnished with a large lockable garage included in the price.

Ref: AMG00601

Price: €329,000 (approx. £293,500)

2 BED APARTMENT - GOLF DEL SUR



A unique opportunity to become the proud new owner of this fantastic frontline two bedroom, two bathroom apartment, which offers a fabulous balance of square metres both internally and externally. Sit back and relax on the south facing terrace, and take in the breathtaking views of the Ocean. The apartment is situated on the 6th floor and accessible via a lift, and the complex offers a heated communal pool.

Ref: GOLF01752

*Previously €465,000***Price: €429,900** (approx. £383,500)

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- Heated pool & Jacuzzi
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LA01943

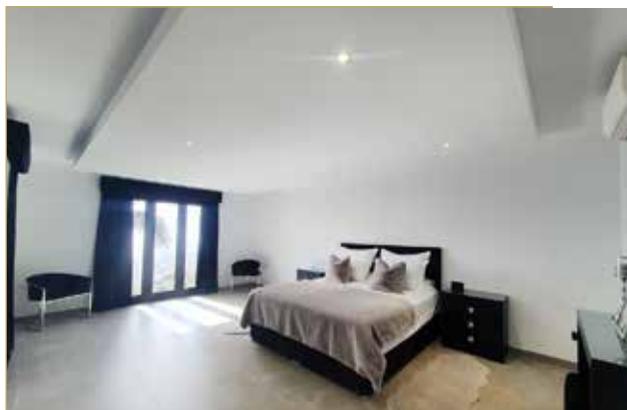
8 BEDROOM DETACHED VILLA

Roque del Conde

€2,150,000 (Approx. £1,889,500)



We are pleased to offer this truly exceptional detached corner Villa exclusively for sale with Tenerife Property Shop. Sat on a generous plot of 775m2, this stunning modern home has been fully renovated with no expense spared. Located in an elevated position with breathtaking uninterrupted views of the Costa Adeje coastline, Atlantic Ocean, and La Gomera beyond. Seven bedrooms, seven bathrooms, one WC and a separate self contained apartment. The property comes with so many extras.



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Having completed the first three months of 2023, Clear Blue Skies are seeing our policy of having our own multi-lingual staff and working with other Estate Agents here in Tenerife and in other countries, as a huge success. In our office we have staff who speak Spanish, English, French, Dutch, German, Italian, Hungarian fluently, but sometimes we need more.

Only a few years ago, most properties were sold to British, Central European and Russian buyers, however that has now changed completely, and our statistics show that 50% of our buyers in the first quarter of 2023 are from other parts of Eastern Europe like Poland, Slovakia, Lithuania, Hungary, Czech Republic and Lithuania.

If you have a property here in Tenerife, please call our friendly office in Fañabé Plaza to discuss how we can promote the sale of your property here in Tenerife and internationally. We have 20 years experience of selling properties in Tenerife, hundreds of testimonials on our website www.clearbluetenerife.com, and thousands of satisfied clients.

So, if you want to sell your property quickly, efficiently and for the right price, please contact our friendly office in Fañabé Plaza for a free, no-obligation consultation.



Chayofa (Mirador del Atlantico). Located a couple of kilometres inland from Los Cristianos, well priced one bedroom apartment is roomy internally and has a split-level terrace of 26m² with views out to the Atlantic Ocean.

REF: 8352 €174,000 Euros (approx. £153,000)



Playa Paraiso (Vista Nautico). Absolutely fantastic value for money, fully renovated 2 bed, 2 bath apartment, with four owner passes to use the Hard Rock Hotel's lido at your convenience. Lovely and fully furnished.

REF: 8358 From €240,000 (Approx. £211,000)



Amarilla Golf (Palm Ridge). Outstanding three bedroom fully furnished townhouse located on the edge of the golf course. Palm Ridge is a modern complex with a large communal pool and children's pool surrounded by palm trees and mature gardens.

REF: 8230 €360,000 (approx. £317,000)



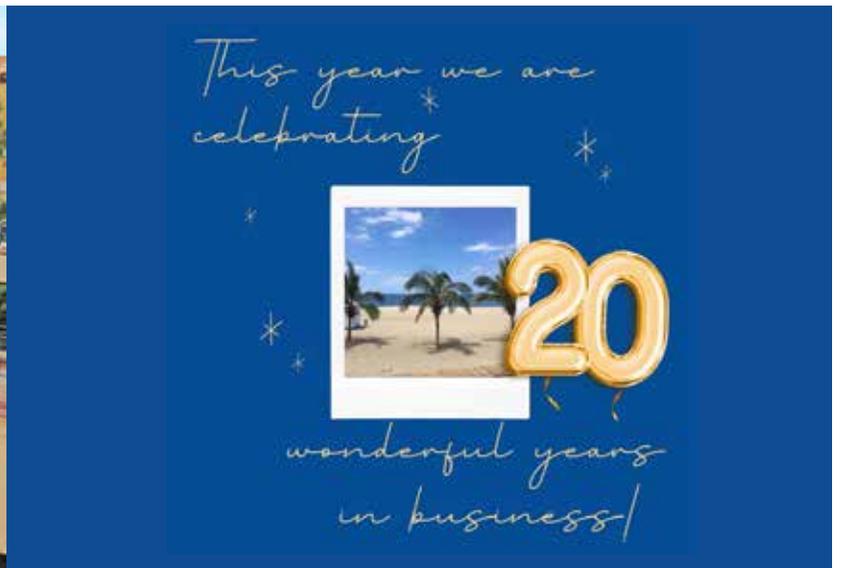
Chayofa (Las Lomas II). Exceptionally well-priced and beautifully presented four-bedroom air-conditioned townhouse. Perfect family home, five minutes from Los Cristianos, just reduced by 11,000 euros.

REF: 7868 €288,000 (approx. £253,000)



Parque de la Reina (Tigaiga - Edificio). This two-bedroom penthouse apartment is located equidistant from Los Cristianos and the Tenerife South airport and has a fantastic 60m² roof terrace on a nice complex with community pool.

REF: 8342 €190,000 Euros (approx. £167,000)



This year we are celebrating



20

wonderful years in business!



Golf del Sur (The Palms). Outstanding two-bedroom corner duplex, substantial internally (101m²) and externally (40m²) over two terraces. Ideal holiday home or permanent residence on a nice complex with four communal pools.

REF: 8247 €245,000 (Approx. £215,000)



Playa del Duque (Joyas del Duque). Beautiful, immaculately presented two bedroom townhouse in undoubtedly the finest location in south Tenerife. Short stroll to Playa del Duque beach and Plaza del Duque shopping mall. Only 12 properties share communal pool and sun terraces.

REF: 8137 €775,000 Euros (approx. £682,000)



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Get in touch to discuss buying or selling a Tenerife property with us



Golf del Sur (Ocean Boulevard). This air conditioned two-bedroom townhouse is a perfect holiday home where usage is up to six months, then receive rental income for when it's not in use. Great community, heated communal pool.

REF: 8357 €277,780 euros (approx. £240,000)



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FOR SALE IN THE VILLAGE OF SAN MIGUEL

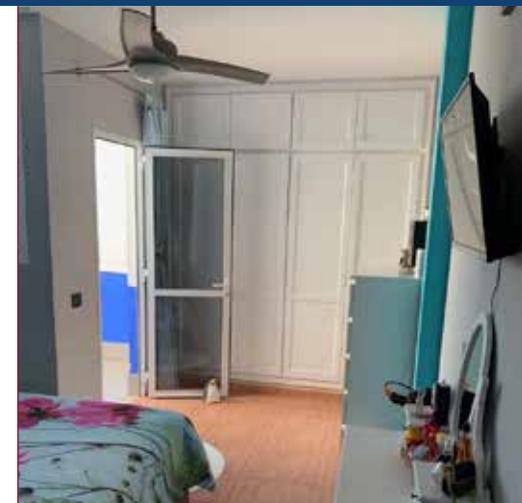
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Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

The village offers an excellent range of amenities - Doctors, chemists, schools and shops and is only a short drive to the TF-1 motorway, the coast and excellent shopping centres of Las Chafiras and Granadilla.



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We put into place a seamless process to manage the transition from one tenant to the next by working ahead of time, so the property is not left empty and failing to earn revenue.

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RESIDENTIAL APARTMENT – EL FRAILE

REFURBISHED!



Ref: 720-A1

Beautifully presented private one bedroom third floor apartment, located in a quiet residential area close to the coast. With 5m² private terrace, and communal roof terrace, this 43m² apartment offers large bedroom, bathroom and lounge with open plan kitchen. Low community fees.

1 bed, 1 bath 84.000€

LAS FLORITAS – PLAYA DE LAS AMERICAS

EXCLUSIVE!



Ref: 716-A2

Two-bedroom penthouse apartment for sale. Large 62m² apartment has been part refurbished including new windows and doors, and further offers lounge/dining room, American kitchen and over 30m² of additional outside terrace.

2 bed, 1 bath 265.000€

VISTA HERMOSA – LOS CRISTIANOS



Ref: 710-A3

Luxury, three-bedroom penthouse apartment available now. Refurbished to a very high standard, modern, three bedroom, two bathroom, with lounge and separate kitchen. Communal facilities include swimming pool, tennis courts and gardens.

3 beds, 2 bath 330.000€

VILLA – GUIA DE ISORA

EXCLUSIVE!



Ref: 685-TH

Very rare opportunity, modern private villa with its own pool and over 8.000m². A dream opportunity, this property has a lot to offer: quiet location, stunning coastal view, and plenty of space. Viewing is recommended.

3 beds, 2 bath 650.000€

THE WINNING POST – GARDEN CITY

EXCLUSIVE!

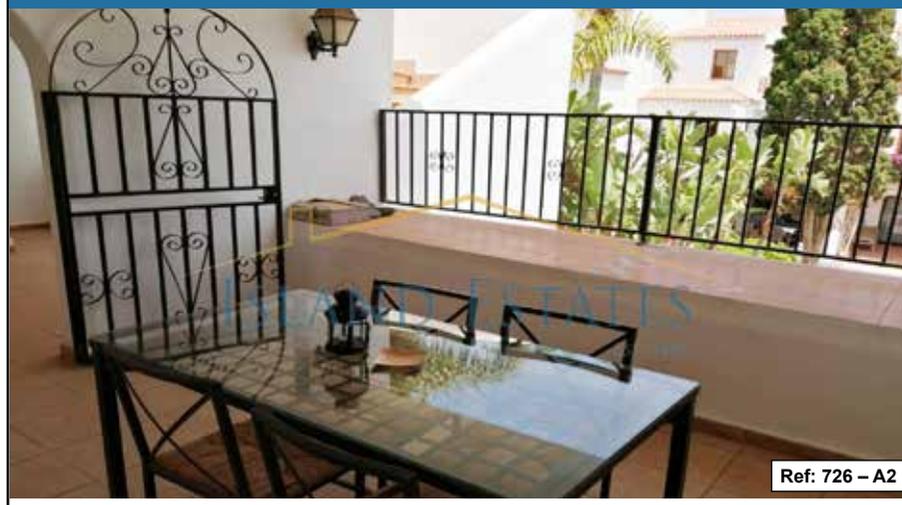


Ref: 712-CL

Iconic bar available for lease hold, located in the popular community Garden City in San Eugenio Bajo. This bar has been fully refurbished to a high standard and comes fully compliant with all regulations. This bar offers high earning for the new owners, as it is very well established business, that performs very well. Ideal for a dynamic couple of partnership. Contact us for more information.

0 bed, 1 bath 50.000€

FAIRWAYS CLUB – AMARILLA GOLF



Ref: 726 – A2

Well presented, part refurbished first floor apartment on this popular, quality community. Spacious apartment, fully furnished and offering 2 bedrooms and 2 bathrooms, lounge with fitted and equipped American style kitchen and two ample private terraces. Great letting potential. Heated community pool, with pool bar, kids play area, ping pong and beautiful gardens. viewing highly recommended.

2 beds, 2 baths 225000€

GRANADA PARK – GOLF LAS AMERICAS

REDUCED!



Ref: 687-A1

Very well presented penthouse apartment with pool and sea views available on this well maintained holiday community. Spacious, with ample terrace and large private roof terrace. Fantastic community facilities. Viewing recommended.

1 bed, 1 bath 214,950€

PRÍVATE VILLA – LAS MORADITAS

EXCLUSIVE!



Ref: 727-V4

Please, go to our website for more information 360° tour available – unique opportunity, beautiful private villa with pool and jacuzzi and stunning views. Many possibilities to extends, includes private one bedroom apartment and ample parking.

4 bed, 3 bath POA

RURAL HOTEL - TAMAIMO



Ref: 701-CF

Excellent and unique opportunity to own this charming guesthouse, located close to Los Gigantes, a very profitable business with long proven track record, with a genuine reason for sale. Interested? Don't miss out, call us today.

8 beds, 7 bath 450.000€

LOS ARCOS – LOS CRISTIANOS



Ref: 722 – B3

Modern, refurbished bungalow in this quiet residential community on the outskirts of Los Cristianos. Offering three double bedrooms, two bathrooms, open plan living with large lounge / dining room with open plan kitchen. Priced to sell.

3 beds, 2 bath 395.000€

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Palm Mar, Laderas del Palm Mar



Spacious duplex penthouse with 2 bedrooms, 2 bathrooms and a guest toilet on the lower floor, plus kitchen and large lounge leading to a good sized terrace overlooking the pool area and with partial sea view. The upper floor has a very large terrace with impressive view out to the sea. The property is sold unfurnished.

Price: €375,000

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Palm Mar, Laderas del Palm Mar



Spacious 3 bed, 2 bath apartment on the second floor of this attractive and well run complex within easy reach of all amenities. The price includes a secure parking space and a private storeroom. The property is sold partly furnished

€365,000

Palm Mar, Cape Salema



1 bed, 1 bath apartment with terrace overlooking the village and with stunning views out to sea and across the nature reserve. The apartment benefits from a sunny aspect throughout the day and is furnished to a high standard.

€195,000

Palm Mar, Los Balandros



Spacious 2 bedroom, 2 bathroom apartment on the first floor of the complex with sunny aspect. The price includes a secure parking space and storeroom. Sold unfurnished

€259,500

Palm Mar, Jardines de Los Menceyes



Beautiful new 2 bed, 3 bath (2 en suite) apartment on this prestigious complex. The property is extremely well presented with modern, quality furnishings and fixtures, and the price includes a secure underground parking space and storeroom.

€540,000



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Detached villa, Roque del Conde



We are delighted to present this beautiful 4 bed, 3 bath villa in Torviscas Alto sitting on a plot of 622m². This lovely villa has a massive internal living area of 277m². On the ground floor there is a large lounge, immense fitted kitchen, utility room and the dining room. This property has beautiful gardens with lots of flowers and plants, water fountains, terraces with space for dining and a private pool that's very sunny and spacious.

€1,200,000

Santa Maria, Torviscas Bajo



Large studio with spacious terrace and communal pool.

€159,000

Ref: A480

Ocean Park, San Eugenio Bajo



Well-presented 1 bed, 1 bath apt with double terrace and pool views!

€262,500 Sterling

Ref: N1530

Los Diamantes, Los Cristianos



Various 1 bed apartments in this popular complex with pool!

Prices from €189,500

Ref: A469

Club Atlantis, San Eugenio Bajo



Lovely 1 bed, 1 bath apartment with great views on nice complex.

€275,000

Ref: N1512

Los Girasoles, El Madronal



Stunning 3-bedroom, 2 1/2-bathroom town-house for sale in the established Los Girasoles. The living room is large, bright and welcoming with views to the terrace, pool and sea! All bedrooms are spacious and well-presented. Two have direct access to the upstairs sun terrace and the master has a large ensuite. The terrace has lovely sea views, is extremely sunny and is lined with beautiful flowers. The private pool is pristine and electric blinds are fitted to create shade when wanted. This complex is kept to an extremely high standard, the neighbourhood is friendly, residential and looked after well.

€725,000

Ocean View, San Eugenio Alto



Large 1 bed apt with stunning sea views and immense terrace of 49.00m².

€195,000

Ref: N1483

Los Geranios, San Eugenio Bajo



Amazing 2 bed with large rooms, sea views, spacious living area and great location.

€335,000

Ref: T1276

Sunset Bay, Torviscas Bajo



Beautiful 3-bedroom, 2-bathroom apartment in the popular Sunset Bay. Lovely living room with tons of natural light and space to relax. The kitchen is American style, fitted and fully equipped for your immediate use; there is a ceramic hob and has recently been refurbished. The three bedrooms are spacious, bright and have fitted wardrobes. There is a large, south-facing terrace and patio with an immense amount of space to enjoy the sun, gather as a family etc. This complex has two large pools, 1 of which is heated, shops and more.

€365,000

Palo Blanco, San Eugenio Bajo



Beautiful 2 bed bungalow with separate studio! Large front and back terraces. Pool views.

€395,000

Ref: I1308

Villa, San Eugenio Alto



Great 3 bed, 2 bath semi-detached villa. Sunny terraces. Pool shared by 3 villas.

€595,000

Ref: I1437

Los Geranios, San Eugenio Bajo



Rare opportunity to acquire a spacious 2 bed apartment in a fantastic position in this front line complex!

€375,000

Ref: T1255

Luxury villa, San Eugenio Alto



Lovely, luxurious 4 bed, 4 bath villa with private pool.

€2,200,000

Ref: I1448



Translators available for any other languages.



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Costa del Silencio, Garañaña

Spacious 2 bed, 2 bath apt in small complex. Quiet location. Large sunny terrace. Lounge/diner/open kitchen, plus extra room offering plenty of storage space. Community fees: €40/month.

€179,000 Ref: 175-0422

Costa del Silencio, Popular Urb.

EXCLUSIVE!

Very nice 3 bed (2 double), 2 bath, fully furnished bungalow with several terraces on plot of 173.02m². Located in a quiet area, the house has large living/dining room which opens out onto a pleasant veranda.

€395,000 Ref: 209-0323

Costa del Silencio, Plots of Land

NEW BUILDS!

Sale of 37 plots for the construction of villas (Plot sizes from 508m² / 878m²). Close to all amenities/sea front. Buy plot and build yourself, or use ART & IMAGINE S.L.U. as builder.

Prices from €230,000 / €350,000 Ref: 204-0223

Costa del Silencio, Rocas del Mar

OPPORTUNITY!

Superb 2 bed, 2 bath ground floor apt in sought-after sea-front complex with beautiful pool. Lounge/diner, open kitchen, large terrace. Great sea views. 2sqm storeroom incl. Holiday rentals permitted (and bookings which can be taken over).

€449,500 Ref: 207-0223

Costa del Silencio, La Hacienda

Fully furnished 1 bed, 1 bath apartment on popular complex with lovely pool area and located near to all amenities and sea. Lounge/dining area, American-style kitchen, 37sqm terrace with awning. Excellent condition.

€185,000 Ref: 201-0123



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Calle Tagara,
 Jardin Botanico
 Local 8
 ADEJE

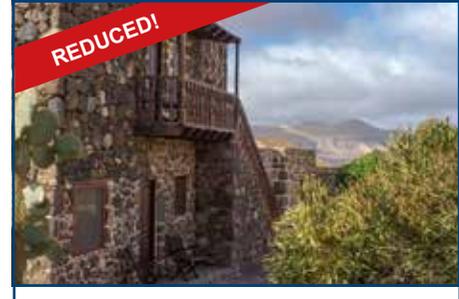


OPPORTUNITIES OF THE MONTH!

GRANADILLA	GRANADILLA	TEJINA DE GUIA	PLAYA SAN JUAN
 <p>Beautiful 3 bed, 2 bath country house with own pool, lounge, fully equipped kitchen, several terraces, additional useful room, garden with fruit trees, plus parking space - AND fantastic views. Plot 750sqm.</p>	 <p>3 bedroom house in quiet area of this popular Canarian town. The property has a lovely aspect, spectacular interior, incredible pool, and gardens full of tropical trees and flowers.</p>	 <p>Spacious, bright and comfortable 7 bed, 4 bath villa on 2 floors. Ground floor: 3 beds, 1 bath, and kitchen. 2nd Floor: 4 beds, 3 baths, bathrooms. Plot 10,000sqm. Private pool, barbecue area, several terraces and excellent sea views.</p>	 <p>Completely renovated to a high standard, fully furnished 2 bed, 2 bath (both en suite) villa (120sqm built on 6,000sqm plot) with semi-detached, 1 bed, 1 bath, fully furnished duplex guest apartment. The property enjoys great sea views from several terraces and garden.</p>
Ref: 1174 €345,000	Ref: 401 €599,000	Ref: 930 €800,000	Ref: 1166 €790,000

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**PROPERTIES WANTED FOR RENT
 CLIENTS WAITING!**

<p>GUIA DE ISORA</p>  <p>150sqm house suitable for reform. The property includes 'Urban Land' Project. Plot 575sqm.</p> <p>Ref:1272 €142,000</p>	<p>GRANADILLA DE ABONA</p>  <p>Finca with two buildings (plot 6,497sqm) metered for electricity and drinking water. 2 new gates recently installed at main entrance of the farm. Very nice views of the Red Mountain to Las Galletas.</p> <p>Ref: 1255 €1,100,000</p>	<p>LOS GIGANTES</p>  <p>Hostel (6 bed, 6 bath) plus separate 2 bed, semi-detached house with garden. The hostel is perfectly maintained, well decorated with jacuzzi and terrace with good views. All permits and licences so great investment opportunity.</p> <p>Ref: 756 €450,000</p>	<p>GRANADILLA</p>  <p>Great rural hotel completely renovated in rustic Canarian style, divided into 3 houses (you can rent each of them individually, or all together) capacity for 9 persons. The hotel has a licence and could be expanded. Pool, BBQ area.</p> <p>Ref: 793 €460,000</p>
<p>CHIMICHE (GRANADILLA)</p>  <p>Detached house suitable for reform. Potential for 5 bedrooms. In quiet area. Lots of potential.</p> <p>Ref: 794 €86,000</p>	<p>ALCALA</p>  <p>House (120sqm - 2 bedrooms, living room kitchen, terrace) suitable for reform on plot of 400sqm. Very good sea and mountain views.</p> <p>Ref: 1262 €130,000</p>	<p>GUIA DE ISORA</p>  <p>Country house (96sqm) with garden, suitable for reform, on plot of 400sqm. Very nice sea views</p> <p>Ref: 1266 €98,000</p>	<p>GUIA DE ISORA</p>  <p>Country house to renovate. Plot 1,000sqm. The house is 85sqm with 2 bedrooms, terraces and garden. Lots of potential. Very good sea and mountain views.</p> <p>Ref: 1267 €147,000</p>

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Calle Luis Alvarez Cruz,
 nº6, Edf Bahia Azul, Local 8C
 Las Galletas - Next to post office

Rocas del Mar, Costa del Silencio



Beautiful 3 bed, 2 bath (master en suite) apartment for sale with sea views in this lovely front line complex with stunning pool area. This ground floor property has a lounge/dining area, open plan kitchen and a magnificent terrace from where you can hear the sound of the sea. The price includes a private garage space and several storerooms. Don't hesitate to contact us for a viewing!

€499,000

Ref: CDS474-RM499

Costa del Silencio, 1 bed ground floor apt



Lovely ground floor 1 bed, 1 bath apartment in centrally-located, gated complex. Very bright apartment (south facing) with living area downstairs (lounge/diner and open plan kitchen), quirky interior patio with stairs leading to the rooftop, sunny terrace/BBQ area. The complex itself has a choice of 4 pools, the main one being only a minute's walk from the apartment. Close to all amenities. This property has a full set of PRIVATE deeds, missing the registral number.

€136,000

Ref: CDS521-C136

El Fraile, Commercial unit



Rare opportunity to invest in and run your own business RENT FREE! This commercial unit (previously operated as a bar for more than 15 years with a steady local clientele has just become available). Located close to the medical and civil center, the unit is being sold as seen - ready to move in, including a FULL working kitchen, installed bar, fridges, ovens, hobs, freezers, and all tables and chairs. The business has a full Restaurant licence currently, extraction units which lead to the roof top, all paperwork in order. The business is being sold for family reasons. A BRILLIANT investment plan as well if the desired purchaser is looking for a monthly income on a RENT TO BUY basis.

€88,000

Ref: EF08-CNA88

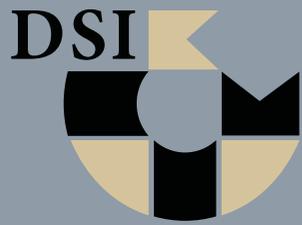
Parque de la Reina, 2 bed, 1 bath apartment



Ideal 2 bed, 1 bath 2nd floor apartment close to all amenities. This property is located in a complex with pool and lifts and has an independent kitchen, laundry area, a bright living room and a balcony with views of the mountains and the sea. A parking space and a storeroom are included. The community has many garden areas and pool and the monthly Fees are €52/month. Nearby you will find bars and restaurants, a pharmacy, schools and much more, a perfect place for a family! Do not hesitate to contact us for a viewing!

€179,000

PRO71-CC179



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PROPERTY OF THE MONTH



REF: 86-387

COASTLINE VILLA

PLAYA PARAISO

€950,000

PLOT: 777M2 INTERIOR 146M2 TERRACE 73 M2

PROPERTY ON ONE LEVEL, VERY SPACIOUS LIVING AND DINING LOUNGE

2 LARGE DOUBLE BEDROOMS (THIRD BEDROOM POSSIBLE)

1 SPACIOUS BATHROOM (SECOND BATHROOM POSSIBLE)

CONSTRUCTION OF A SELF-CONTAINED APARTMENT POSSIBLE

CARPORT ON PLOT, CONSERVATORY, HEATED PRIVATE POOL, VIEWS ATLANTIC



REF: 82-842

1 BED APT €249,000

EXT. 16M² INT. 56M²

OASIS GOLF RESORT LAS AMÉRICAS

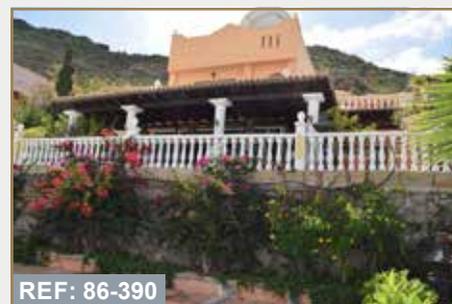


REF: 83-650

2 BED APT €679,000

EXT. 18M² INT. 68M²

PARQUE SANTIAGO III LAS AMERICAS



REF: 86-390

VILLA €1,200,000

EXT. 345M² INT. 275M²

TORVISCAS

COSTA DEL SILENCIO

REFS: 87-199 AND 87-200

URBAN PLOTS (700M² OR 827M²) EACH APPROVED FOR ONE VILLA

€310,000 (87-199)

€350,000 (87-200)

Plots are located in a flat area with easy access to the ocean, supermarkets and restaurants. Both plots have a view to Mount Teide.



Oroteanda Baja, Detached villa with pool



Stunning, fully furnished and equipped, 5 bed, 3 bath (master en suite) detached villa with heated pool on 2,000sqm plot. This spacious property has a huge terrace to the front which can accommodate up to 8 cars, a private garden/terrace with lovely sea views to the rear with BBQ area, jacuzzi, orchard and various seating areas. Large lounge/dining area, open plan fully equipped fitted kitchen and garage for 4 cars with direct access. Many extras, incl. solar panel heating for the pool and hot water. This property really must be viewed to fully appreciate all that it has to offer.



REF: S-05 1380

€1,200,000

PROPERTIES REQUIRED FOR LONG TERM RENTAL IN ALL AREAS



€199,950 **REDUCED FOR QUICK SALE**

REF: S-02 1297

Los Cristianos, Dinastia

Fully furnished and refurbished 2 bed, 1 bath apartment (converted from 1 bed) on popular complex with community pool. The property has a nice lounge which leads onto a large sunny terrace, and an American-style kitchen.



€260,000

REF: S-03 1438

Los Cristianos, Cristimar

Fully furnished 1 bed, 1 bath ground floor apartment on complex with lovely pool area. The property has a bright lounge/diner, American-style kitchen, a 37sqm sunny terrace and a private garden. Enclosed garage is available if required.



€138,000

REF: S-01 1499

Chayofa, Chayofa Country Club

2 bed, 2 bath duplex apartment being sold fully furnished. There is a good size lounge, fully equipped kitchen and terrace with pool views. There is also a 2nd terrace on the ground floor. Great rental potential and priced to sell.



€159,000

REF: S-01 1515

Amarilla Golf, Scorpio

Ground floor 2 bed, 1 bath apartment, being sold fully furnished. This is a well sought after complex close to all local amenities. There is a community swimming pool.



€425,000

REF: S-04 1503

Granadilla, Holiday Rental Business

Lovely property currently operated as a successful family holiday rental business with 4 unique self-contained 1 bed, 1 bath apartments, each with its own kitchen and VV Licence. The main property enjoys the classification "Casa Emblematica", with "Casa Rural" registration. Close to airport and all amenities.



€267,700

REF: S-02 1505

Golf del Sur, Ocean Boulevard

Recently renovated and furnished 2 bed, 2 bath townhouses in great location with community pool. Each property has a lounge, sep. dining room, an open plan fitted kitchen and large sunny terrace. The project allows owners to stay in their property for 6 months of the year.



€365,000

REF: S-03 1517

Golf del Sur, Res. San Blas

Spacious 3 bed, 3 bath fully furnished townhouse in exclusive sea front urbanisation with pool. One of only sixteen houses on phase 1 it enjoys both sea and mountain views. Lounge/dining area, sep.kitchen, 3 sunny terraces, garage with store-room and garden.



€2,500,000

REF: S-08 1365

Adeje Golf, Luxury 6 bed villa with pool

Luxurious 6 bed, 7 bath villa with outstanding sea and golf course views and private heated pool. The property has a lounge, sep. kitchen, dining area window-front to the pool and golf course. Extras incl: sauna, aircon/central heating, large roof terrace with jacuzzi, alarm, 3 car-garage.

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2 BEDROOM APARTMENT - AMARILLA GOLF



STUNNING VIEWS

Reach for the sky, from this wonderful top floor, two bedroom, two bathroom apartment that boasts an amazing roof terrace with stunning views to the Golf Course and Mount Teide. The property is located within a vibrant, extremely well-maintained, development that offers a traditionally Spanish appearance and features beautiful tropical gardens, a waterfall, and a heated communal pool, with pool bar/restaurant.

Ref: AMG00600

Price: €239,500 (approx. £213,500)

info@tenerifepropertyshop.com



(0034) 922 714 700 / From UK: 0845 862 1634

Townhouse in Chayofa



This magnificent townhouse is 193 m2 and has 3 bedrooms and 2 bathrooms. Moreover is a separate kitchen equipped with high quality appliances, a basement with a large garage and 2 large terraces with stunning views.

Ref.: D1273

Price: 334,000€

Luxurious Villa in Playa Paraiso



This large and luxurious villa is run as a bed & breakfast today and offers both apartments and rooms to rent plus a private house for the owners. All apartments and rooms have a private terrace, but guests can also enjoy the roof terrace, the garden with sun beds and pool or the jacuzzi.

Ref.: D1291

Price: on request

Townhouse in Galeon, Adeje



This townhouse is 220m² and has 4 bedrooms, 3 bathrooms, a comfy living room all in great condition. The garden and terrace are more than 100m² and moreover it has a garage for 2 cars. A beautiful townhouse in "Residencial Los Abalos" close to shopping, schools etc.

Ref.: S1293

Price: 483,000€

3 Bedroom in Playa San Juan



Only 100 meters from the beach you find this AMAZING apartment. First floor offers 2 bedrooms, kitchen, living room, bathroom and patio. In the penthouse is 1 room, kitchenette, living room, bathroom, terrace, roof terrace with 360° view to Teide, La Gomera and the ocean.

Ref.: D1280

Price: 267,500€

Apartment in Roque del Conde



FRINA Tenerife offers for Sale this beautiful 2 Bedrooms Apartment in Roque del Conde, Torviscas Alto. It is spacious 95m² and consists in a big and bright Living room, 2 Bedrooms with built-in wardrobes, full Bathroom, exterior Terrace of 16m² with a stunning Seaview.

Ref.: D1292

Price: 262,000€

House in Santiago del Teide



Rustic house for sale in the center of the town of Tamaimo, Urban estate of 472m² with 116m² built. The house has two bedrooms, a bathroom, kitchen, large living room, adjoining porch. Outside, it has a patio with a barbecue and an orchard with fruit trees.

Ref.: D1287

Price: 231,000€

House project in Las Rosas



This house project is perfect if you want to build and make your own touch and decisions. It is like a blanc canvas. The layout is built with 3 bedrooms, a large kitchen, living room, 1 toilet, and 2 bathrooms. Furthermore, there is a large garage/basement. The plot size is 224m².

Ref.: D1270

Price: 170,000€

Townhouse in Adeje Casco



This townhouse is just 150 meters from the shopping center and with all the services nearby. It has 3 bedrooms, 1 bathroom, 1 toilet, independent kitchen, balcony and a private terrace. The plot is 100 m² and the building size is 84m² and it is in good condition.

Ref.: D1278

Price: 189,500€

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FRINA Tenerife
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Tenerife Island Rentals & Buy Tenerife

MARIBEN, CALLAO SALVAJE

REDUCED!



Situated in Callao Salvaje on the popular residential complex of Mariben, this large family home is in a good location on the complex having a corner position. The house has a wrap-around garden and terrace area with sea views. There is a large complex pool and solarium and also a private tennis court for residents. As you enter, there is a large sunny lounge area that leads onto the terrace; on the same level, a bathroom and storage area and a large fitted kitchen also lead out to the garden. Upstairs it is sunny and benefits from sea views from the bedroom windows. Master double with en-suite and viewing terrace and two double bedrooms and a large family bathroom. Downstairs has access to the garage.

Ref: PUE0709

Price: €399,995

VISTA HERMOSA, LOS CRISTIANOS

This large apartment is in the popular Vista Hermosa IV complex in Los Cristianos and has a nice community swimming pool with sun terraces and gardens. The apartment has two double bedrooms with fitted wardrobes, the master having ensuite bathroom. There is a further family bathroom, large living dining room and separate fitted kitchen. The apartment has a good-sized balcony that enjoys sun for most of the day. There is an underground car parking space however there is also plenty of on street parking. Properties are rarely available for sale on this complex so call today to arrange a viewing.



Ref: : AP0719

Price: €299,000

Avda Londres 1, Sur y Sol, Local 1
Los Cristianos, Arona 38650

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MONACO VILLAS, CHAYOFA

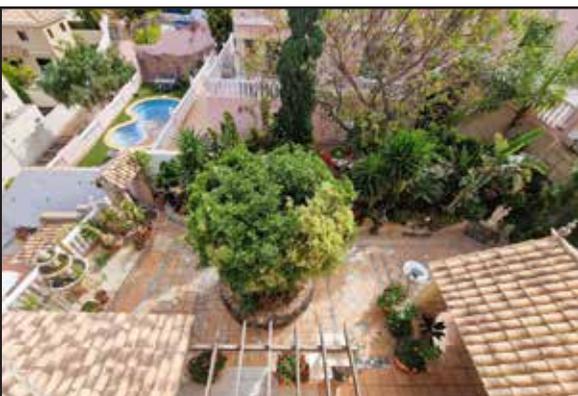
This fantastic house in Monaco Villas, Chayofa has some of the most fantastic views from the front terraces and forms part of a gated complex. This property is built over three floors and on entering the property there is a large room which could be converted to a separate studio apartment. On the main floor there is a good-sized living dining room with double aspect windows, a WC and up a small flight of stairs there is a good sized kitchen with doors leading to the rear, secluded terrace. On the upper floor of the house there are two very large bedrooms, the master with stunning sea views and balcony and a further double bedroom, there is a large family bathroom. The terrace has a lovely seating area and hot tub and there is also a community pool. This is a very large property located in a great location in Chayofa just a five-minute drive to the TF1 motorway.



Ref: PUE0728

Price: €385,000

INDEPENDENT VILLA, ROQUE DEL CONDE



This detached villa sits in an elevated position with views to the south coast of the island. Built over four floors this large home has a large living room, dining room and kitchen on the main floor with terrace doors leading to the top sun terrace in the property with a shaded wrap around garden and fantastic views. In the basement of the house there is a WC, wine cellar and indoor bar. A small set of stairs leads you to two large double bedrooms one of which has a small balcony with stairs leading to the roof terrace. On this level, these bathrooms share a good sized bathroom with jacuzzi style bathtub. On the upper level there are another two double bedrooms, both have ensuite bathroom and the master has dressing area with mirrored wardrobes and double aspect patio doors leading to a wrap-around terrace. On the lower terrace of the house is a private swimming pool and double barbecue area. The villa has lots of outdoor garden areas which are very private and quiet. The villa also has a double car garage.

Ref: LUX0729

Price: €1,200,000



SELLING YOUR PROPERTY?

Our director, Adam Keddy is proud to say that Island Prime Property is built on relationships and every day this is proven from our many referrals and let's face it, you can't beat "word of mouth" advertising.

HOW DO WE MARKET YOUR PROPERTY?

We are known for our marketing strategy which includes a number of major property platforms, social media, traditional marketing, collaborating partners, international advertising and many other channels that are tried and tested therefore we are confident that we will sell your property at the right price for the market.

CORRECT PRICING

If you just want to test the water, you can hit the market with your property on your own. Or are you really serious about selling? This is where Island Prime Property come into play...

First things first and that's pricing your property correctly and realistically this means involving you, yes you the owner together with Adam to make it sell sooner rather than never.

This is one of the most important things that's often overlooked or simply priced out of the market, we set the correct expectations at the start therefore making sure you're happy and hits the overall objective which is getting it sold at the right price.

ADVERTISING

Once we have all the marketing materials done at our cost and we work on a "no sale, no fee basis" and DO NOT require a marketing contribution before we even get started.

We work with other reputable agents that will advertise your properties based in Tenerife, Mallorca, Mainland Spain, Italy and the UK.

Its very important to have good relationships with reliable and trustworthy, professional partners that have been vetted and legal contracts are in place.

AFTER THE SALES

As soon as the signing at the Notary is complete it is time to say congratulations but in many cases theres still work to be done and Island Prime Property will always carry on our professional service finalising any further details, we don't just forget you!... remember Island Prime Property is built on relationships.

PROFESSIONAL PHOTOGRAPHY

The smartphones these days are making some great pictures however to have a professional eye taking the picture combined with a detailed technical understanding is a formula for complete success that's where Peter comes into his own, our very own dedicated photographer.

Professional pictures are a must to showcase your property in the most effective way. We are proud not only of our brand but the properties we are advertising to sell, so let's engage with the potential buyers and not turn them away at one of the first hurdles.

VIDEO

Pictures is the first step so what's next?

To sell a property in this day and age you must use a video which comes apart of our full marketing package. Videography is key.

When you choose Island Prime Property to sell your property, we will make a professional video presentation and add this to the property listing page.



FLOORPLANS

Correct measurements and key information is a must and now expected by many buyers. Only one thing gives us this – a superb floorplan. When we sell your property, we will make a floorplan. This will again help us show your property perfectly and give a fantastic representation of your property.

360° VIRTUAL TOUR

The virtual tour helps the buyer see exactly what they're buying and some buyers are now buying from this tool and it's becoming more and more, the new normal when purchasing real estate.

This method will cut out the time wasters and let's face it we're not looking to mess about just simply meet your expectations and sell.

We use the Matterport system which is a leading, state of the art software in its own right.

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Currency markets rocked by banking sector crisis

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

Latest currency news

A crisis in the banking sector infused considerable volatility into the currency market over the past couple of weeks. Over this period GBP/EUR climbed from 1.13 to 1.14, while EUR/GBP slid from 0.88 to 0.87. At the same time, GBP/USD traded between 1.18 and 1.22, and EUR/USD 1.07 fluctuated between 1.05 and 1.07.

What's been happening?

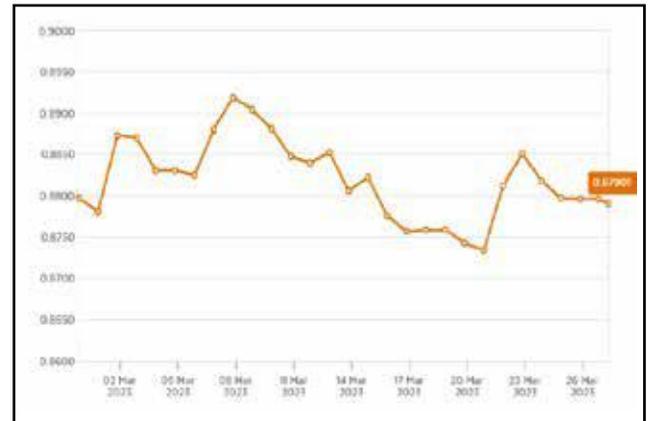
The recent malaise in the banking sector was initially triggered by the collapse of Silicon Valley

Bank (SVB). The bank's failure weighted on the US dollar in the past couple of weeks as it prompted USD investors to rein in their Federal Reserve interest rate expectations. The euro then came under considerable pressure as a subsequent plunge in shares in Credit Suisse triggered a wider European bank selloff. This also resulted in the European Central Bank (ECB) adopting a more cautious tone following its latest interest rate hike.

Meanwhile, the weakness of its rivals has helped to prop up the pound over the past fortnight. However, Sterling's gains have been tempered by domestic headwinds, including speculation that the end of the Bank of England's (BoE) rate hike cycle is imminent.

What do you need to look out for?

Amid ongoing



uncertainty regarding the banking sector, the currency market may remain highly volatile in the coming weeks. This may see the resulting market jitters disproportionately benefit the safe-haven US dollar and pile more pressure on the euro. On top of this we have the latest interest rate decisions from the Fed and BoE. If either central bank opts to leave interest rates on hold, their respective currency could plummet.

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Let's talk currency

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The 'dangerous' books too powerful to read

By John Self, BBC Culture



Forty years on from the launch of Banned Books Week, censorship is once again on the rise.

To launch a new BBC Culture series, John Self considers the long and ignoble global history of book-banning.

The legend of the Sibylline Books tells us that in an ancient city, a woman offered to sell its citizens 12 books containing all the knowledge and wisdom in the world, for a high price. They refused, thought her request ridiculous, so she burned half of the books right then and there, and then offered to sell the remaining six for double the price. The citizens laughed at her, a little uneasily this time. She burned three, offering the remainder, but doubling the price again. Somewhat reluctantly – times were hard, their troubles seemed to be multiplying – they dismissed her once more. Finally, when there was only one book left, the citizens paid the extraordinary price the woman now asked, and she left them alone, to manage as best they could with one-twelfth of all the knowledge and wisdom in the world.

Books carry knowledge. They are pollinators of our minds, spreading self-replicating ideas through space and time. We forget what a miracle it is that marks on a page or screen can enable communication from one brain to another on the far side of the globe, or the other end of the century.

Books are, as Stephen King put it, "a uniquely portable magic" – and the port-

able part is as important as the magic. A book can be taken away, kept hidden, your own private store of knowledge. (My son's personal diary has an ineffectual – but symbolically important – padlock.) The power of the words inside books is so great that it's long been custom for some words to be blanked out: such as swear words, as anyone encountering a "d—d" in a 19th-Century novel will know; or words too dangerously powerful to be written down, like the name of God in some religious texts.

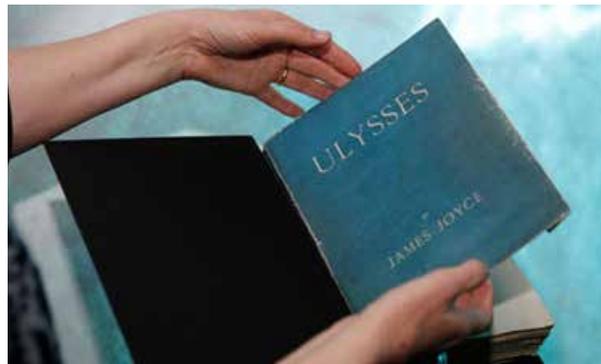
Books carry knowledge, and knowledge is power, which makes books a threat to authorities – governments and self-appointed leaders alike – who want to have a monopoly on knowledge and to control what their citizens think. And the most efficient way to exert this power over books is to ban them.

Banning books has a long and ignoble history, but it is not dead: it remains a thriving industry. This week is the 40th anniversary of Banned Books Week, an annual event "celebrating the freedom to read." Banned Books Week was launched in 1982 in response to a rise in challenges to books in schools, libraries and bookstores.

In some ways we have to admire the energy and vigilance of those who want to ban books today: it used to be so much easier than this. Centuries ago, when most of the population could not read and books were not readily available, their knowledge could be constrained at source. For example, the Catholic Church for a long time discouraged

people from possessing their own copies of the Bible and approved only a Latin translation that few ordinary people could read anyway. Ostensibly this was to prevent the laity from misinterpreting the word of God, but it also ensured they could not challenge the authority of church leaders.

Even when literacy rates improved, as when Britain introduced education laws in the late 19th Century, books remained expensive, particularly those high-end literary works whose words and ideas were the most durable (and potentially the most dangerous). Only in the 1930s, with Albatross



Ulysses by James Joyce – which turns 100 this year – was banned in Britain from 1922 until 1936

Books and Penguin Books, did the new mass audience for quality affordable books have its appetites satisfied.

And simultaneously, book banning was about to take on a new life, as would-be censors tried desperately to keep up with a proliferation of new titles that opened readers to new and disruptive ideas. But what was surprising about the expansion of book banning in the 20th Century is how widespread the lust was for this "protection" racket.

'Corrupting minds' Today, the government of China, for example, continues to issue edicts against books in schools that are "not in line with the [country's] socialist core values; that have deviant world views, life views and values" – classically flexible words that can be applied to any book the authorities disapprove of for any reason. (Although "the students don't really look at them anyway," observed one teacher in 2020, clearing the school

library shelves of Animal Farms and Nineteen Eighty Fours.)

In Russia, the approach to book banning has been a remarkably public adventure, given the number of great writers the country has exported – willingly or not – to the rest of the world. During the Soviet era, the government tried to exert as much control over its citizens' reading habits as it did over the rest of their lives.

In 1958, Boris Pasternak was awarded the Nobel Prize in Literature for his novel *Doctor Zhivago*, which had been published in Italy the previous year, but not at home. His award angered the Soviet authorities so much (the state-controlled media called it an "artistically squalid, malicious work") that he was forced to turn down the award. The government despised the book as much for

what it did not contain – it failed to celebrate the Russian revolution – as what it did: it contained religious overtones and celebrated the worth of the individual.



Dr Zhivago by Boris Pasternak was despised by the Soviet government: the state-controlled media called it an "artistically squalid, malicious work"



*In Britain, book banning has often been a tool against perceived sexual obscenity – such as the famous trial about DH Lawrence's *Lady Chatterley's Lover**

(The CIA, seeing the "great propaganda value" of *Doctor Zhivago*, arranged for it to be printed in Russia.)

The banning of books in the Soviet Union led to the development of samizdat – or self-published – writing, to which we owe the continued existence of, for example, the poetry of Osip Mandelstam. Dissident writer Vladimir Bukovsky summed up samizdat: "I write it myself, edit it myself, censor it myself, publish it myself, distribute it myself, and spend jail time for it myself."

But those in the West flatter themselves if they think that it doesn't happen there. When books are banned, or attempts are made to ban,

the argument is the same there as elsewhere: that it is to protect ordinary people, who are seemingly too feeble-minded to judge for themselves, from exposure to corrupting ideas.

In Britain, book banning has often been a tool against perceived sexual obscenity. It is, typically, an attempt to use the blunt force of the law to arrest social change: a tactic that always fails, but which is irresistible to short-termist authorities nonetheless.

Many writers have had their reputations burnished by their brushes with Britain's obscenity laws. James Joyce was perceptive when he said, while writing *Ulysses*, that "police notwithstanding, I should like to put everything into my novel" – the book was banned in Britain from 1922 until 1936, even though the legal officer responsible for the ban had read only 42 of the book's 732 pages. The "everything" that Joyce put into *Ulysses* included masturbation, swearing, sex and going to the toilet.

DH Lawrence was a special case: his work, often containing sexual acts that Lawrence regarded with a spiritual reverence, had been the subject of a campaign by Britain's Director of Public Prosecutions for years: burning his book *The Rainbow*, intercepting his post to seize his poems *Pansies*, and raiding an exhibition of his art.

The vendetta continued

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beyond the grave when Penguin books published Lady Chatterley's Lover in 1960 and invited prosecution. The trial is famous: the publisher recruited dozens of writers and academics to attest to the book's literary qualities (though Enid Blyton turned them down), and the judge exemplified the state's distrust of ordinary readers when he cautioned the jury against relying on literary experts: "Is that how the girls working in the factory are going to read this book?"

(The coda to the case, in which the jury found unanimously in favour of Penguin, is a delicious irony. Three years ago, and six decades after it tried to ban the book, the British government prevented the judge's copy of Lady Chatterley's Lover from being sold overseas, so that "a buyer can be found to keep this important part of our nation's his-

tory in the UK".)

Keeping ideas alive

Meanwhile, in the US, it's a tribute of sorts to the enduring power of books that banning them remains so popular in a world where each new wave of technology, from TV to gaming and social media, attracts fears of "inappropriate" content. Schools are a particular hotbed of attempted censorship, partly because directing a child's malleable mind seems like an efficient way to cut off perceived dangers; but also because (unlike bookshops) school boards have some degree of community input.

In 1982, the year that Banned Books Week was launched, a case of attempted school censorship (Island Trees School District) reached the US Supreme Court. Here, the school board argued that "it is our moral duty to protect the children in our schools from this moral danger as

surely as from physical and medical dangers." The danger they referred to were books that were "anti-American, anti-Christian, anti-Semitic and just plain filthy." (The charge of antisemitism was laid against the Jewish novelist Bernard Malamud's great novel *The Fixer*.) The court concluded however, in alignment with the First Amendment, that "local school boards may not remove books from school libraries simply because they dislike the ideas contained in those books."

That has not stopped them. Foremost among the hot topics for challenges and bans on books in US schools and libraries is sex. "America seems to be very exercised about sex," as James LaRue, then director of the American Libraries Association's Office for Intellectual Freedom, put it in 2017.

Sex has traditionally meant obscenity, which led to US judge Potter Stewart's famous attempt to pin down the definition of "hardcore pornography" in a court case in 1964: "I know it when I see it." But today "sex" in book bans is more likely to mean sexuality and gender identity: the three most challenged books of 2021 in the US were objected to because of their LGBTQI+ content. This brings into question the idea that book bans are done to protect young peo-

ple rather than as an attempted ideological purge, and shows a lack of imagination by censors, holding that the depiction (for example, of transgender people) causes the phenomenon rather than the reverse. This is connected to the belief that things we dislike can be safely ignored as long as we don't see them on the page: a regular top 10 member of the Banned Books list is Toni Morrison's modern classic *The Bluest Eye*, for its depiction of child sexual abuse.

But then book censorship in the US has a long his-

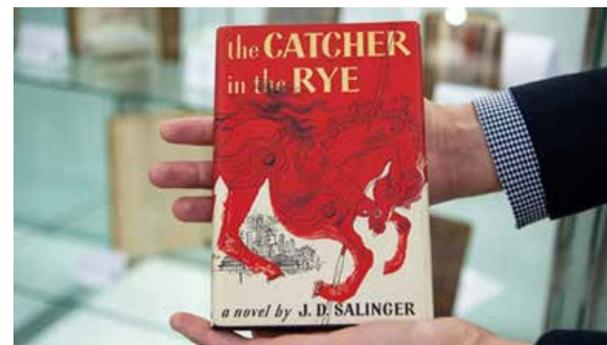
often criticised from the progressive end of the political spectrum, for its stereotypical portrayal of black characters.

The more prominent a book, the more likely it is to attract the attention of censors. JD Salinger's *The Catcher in the Rye* has been challenged regularly – a teacher was sacked for teaching it in 1960, and the book was removed from schools in Wyoming, North Dakota and California in the 1980s. The argument for banning Salinger's novel is typically for profanity and vulgar language, even

sics (Kurt Vonnegut, Harper Lee, Kate Chopin). It has more targets than an archery contest, from occult worship (*The Harry Potter* series) to atheism (*The Curious Incident of the Dog in the Night-Time*).

There is hope, of course. The publicity from Banned Books Week keeps these books and the issue of censorship in the public eye. And there is the Streisand Effect – trying to ban books makes people more aware of them. In the US, some Barnes and Noble stores have tables of banned books, and its website has a separate category for them. In the UK, a rare book fair at the Saatchi Gallery displayed and sold scarce editions of banned books, from an ultra-rare signed *Catcher in the Rye* (£225,000 / \$264,000) to Copernicus's *On the Revolution of the Heavenly Spheres*, which outraged the Church in 1543 by suggesting that the Earth was not at the centre of the solar system (£2m).

But eternal vigilance, not just by the American Libraries Association but by all readers everywhere, is the price of keeping our ideas alive. As the story of the Sibylline Books tells us, books can burn, their knowledge can be lost, and nothing is forever.



An ultra-rare signed *Catcher in the Rye* was on display at the Saatchi Gallery's Banned Books fair this month

tory. Its most famous early victim was Harriet Beecher Stowe's 1852 anti-slavery novel *Uncle Tom's Cabin*. In 1857, a black Ohio man, Sam Green, was "tried, convicted and sentenced to 10 years' imprisonment in the penitentiary" for "having in his possession *Uncle Tom's Cabin*." It is a twist of history that the book is now more

though its opening line today – with "all that David Copperfield kind of crap" – seems quaint.

Book banning is a broad church, bringing together books that are not normally bedfellows. It encompasses everything from popular fiction (Peter Benchley, Sidney Sheldon, Jodi Picoult) to established clas-



A regular on the most challenged books lists is the modern classic *The Bluest Eye* by Toni Morrison

Should you avoid eating burnt food?

By Jessica Bradley, BBC Future

It's more than likely you still have some of the habits around eating and cooking that you learned from adults when you were young, maybe without even realising.

Perhaps you never lick food off your knife, or you always throw salt over your shoulder to ward off evil spirits.

Many of these quirks are probably nothing more than superstition, but one in particular may have been unknowingly prescient a few decades ago, and grounded in a scientific discovery

that was yet to happen.

In 2002, scientists at the University of Stockholm discovered that it might actually be wise to scrape the burnt bits off your toast. They found that a substance called acrylamide forms when we apply heat over 120C (248F) to certain foods – including potato, bread, biscuits, cereal, and coffee – and its sugar content reacts with the amino acid asparagine.

This process is called the Maillard reaction, and it causes food to brown and gives it that distinctive flavour. But scientists have found that doses of acrylamide is carcinogenic in animals, but only in doses

much higher than those in human food.

Acrylamide could also increase the risk of humans developing cancer, especially children, according to the European Food Safety Authority. But researchers looking into the effects on humans have not yet been able to come to a definite conclusion.

"After almost 30 years of its classification as a 'probable human carcinogen', there is still inconsistent evidence of its definite carcinogenicity in humans. However, if we continue to do further studies on humans, we might have adequate data to change acrylamide's classification



Do you scrape the burnt bits off a piece of toast? Recent research suggests that might not be a bad idea...

to a human carcinogen," says Fatima Saleh, associate professor of medical laboratory sciences at Beirut Arab University in Lebanon.

Scientists are sure, however, that acrylamide is neurotoxic to humans, which means it can affect the nervous system. The exact cause for this are still not fully understood, but among the theories are that acrylamide attacks structural proteins within nerve cells or may inhibit anti-in-

flammatory systems that protect nerve cells from damage.

The toxic effects of acrylamide have been shown to be cumulative, which means that consuming a small amount of acrylamide over a long period of time could increase the risk of it affecting organs in the longer term.

More specifically, evidence from animal studies suggests that long-term exposure to dietary acrylamide could also in-

crease the risk of neurodegenerative disease, such as dementia, and may be associated with neurodevelopmental disorders in children, says Federica Laguzzi, assistant professor of cardiovascular and nutritional epidemiology at the Institute of Environmental Medicine at Karolinska Institutet in Sweden.

"Acrylamide passes through all tissue, including the placenta, because it has a low molecular weight and is soluble in water," says Laguzzi, who has found a link between higher acrylamide intake in pregnant people and the lower birth weight, head circumference and length of their newborn babies.

The potential mechanism behind acrylamide's role in increasing the risk of cancer in humans isn't yet known. Leo Schouten, an associate professor of ep-

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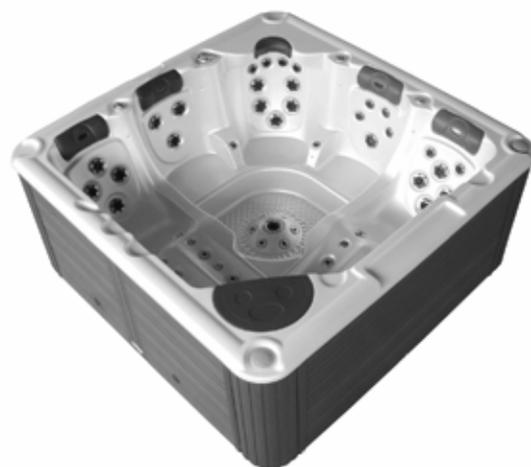
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 idemiology at Maastricht University in the Netherlands, has a theory why it might happen.

After the 2002 discovery of the presence of acrylamide in our food by Swedish researchers, the Dutch Food Authority contacted investigators of the Netherlands Cohort Study on Diet and Cancer, including Schouten, to investigate whether dietary acrylamide was a risk for humans. Schouten and colleagues tried to capture an estimate of how much acrylamide people were consuming based on a questionnaire.

The mechanism behind acrylamide's potential cancer-causing effect could be related to hormones

They discovered that the variation between people with low and high exposure in an elderly Dutch population could be explained mainly by one product popular in the Netherlands called ontbijtkoek, roughly translated as "breakfast cake", which was extremely high in acrylamide due to the use of baking soda in the production.

They investigated the link between non-smokers' acrylamide intake (as smoking also contains the substance) and all cancers, and found a higher risk of endometrial and ovarian cancers in women with high exposure to acrylamide.

They have also found, in further studies, a slight link between acrylamide intake and kidney cancer.

However, these findings are yet to be confirmed by any other researchers. The closest is a US population study, which published findings in 2012 suggesting an increased risk of ovarian and endometrial cancer among non-smoking post-menopausal women who consumed high amounts of acrylamide. Of course, there could be other reasons for this – people who eat high levels of acrylamide might also follow other lifestyle choices that put them at a higher risk.

Other studies haven't found an association, or saw weaker associations. But it's unclear whether the association Schouten and his team found was incorrect, or if other studies weren't able to measure acrylamide intake accurately. The mechanism behind acrylamide's potential cancer-causing effect could be related to hormones, Schouten says, because certain hormones have been associated with an increased risk of cancer, especially female genital cancers like endometrial and ovarian cancer.

"Acrylamide may affect oestrogen or progesterone, which would explain the female cancers, but this

hasn't been proven," says Schouten.

Laboratory studies involving rats have also found links between acrylamide intake and cancer in mammary glands, thyroid gland, testes and the uterus, which also suggest a hormonal pathway, but this does not automatically mean a similar risk to humans.

In 2010, the Joint Food and Agriculture Organization/World Health Organization Expert Committee on Food Additives suggested that more long-term studies are needed to further understand the link between acrylamide and cancer. It did, however, support efforts to reduce acrylamide levels in food.

But one of the biggest challenges is accurately measuring how much acrylamide we consume.

"It's well established that acrylamide is genotoxic and can cause cancer in animals, but the association between acrylamide and cancer in humans is still unclear," says Laguzzi. "Most epidemiological studies are performed with acrylamide intake measured through dietary questionnaires that rely on people's reporting, which can bias the results."

While Schouten believes he was able to accurately measure acrylamide in people's diets, not everyone agreed, including many toxicologists. Another way to measure acrylamide intake is by measuring biomarkers in urine and blood, but this hasn't found anything concrete, either, Schouten says. It's important to do more research where acrylamide is measured with biomarkers, especially through blood, as this shows acrylamide intake over a longer period of time than urine, says



Simply placing potatoes in water for 10 minutes can massively reduce the amount of acrylamide produced when the food is cooked

Laguzzi.

Acrylamide has been measured through biomarkers in US studies, but only very recently. One study from 2022, using data spanning a decade, shows a link between acrylamide intake and deaths from cancer, but it couldn't conclude which cancers.

One reason there may not be much conclusive evidence that the levels of acrylamide in our diets can increase the risk of cancer is because we could have protective measures that limit the increased risks associated with our overdone chips.

Laguzzi has found no link between non-gynaecological cancer risk and acrylamide intake in her research summarising the population evidence of this association. She says this could be because either humans have good reparative mechanisms to help prevent both potential carcinogenic and neurotoxic effects, or because these studies were performed using inaccurate measures of dietary acrylamide exposure.

"Also, we don't just eat acrylamide on its own. It's in food, where there could also be other components, like antioxidants, that can help prevent the toxic mechanisms," she says.

Despite the absence of solid research showing

the risks to humans of eating acrylamide, the food industry is taking measures to reduce it in our foods. "The EU is in the process of setting maximum allowable levels for acrylamide in food, and that could have serious repercussions for the food supply chain," says Nigel Halford, whose research is helping farm-



More long-term studies are needed to find the link between burned foods and cancers

ers to reduce the potential for acrylamide formation in products made from wheat. While acrylamide isn't found in plants, asparagine, which is the substance that turns into acrylamide when heated, is.

"Acrylamide affects quite a wide range of foods that come from cereal grains, so it's quite a big deal for the food industry," he says. Wheat grain accumulates much more asparagine than necessary, and it seems to accumulate more when it doesn't get all the nutrients it needs, Halford

says, particularly sulphur. Halford is trying to stop this processes genetically, using the gene editing technique Crispr.

At the other end of the supply chain, many producers have been urged to reduce the acrylamide content of their products where possible, especially in baby food.

This has been quite successful, says Schouten, who is pleased that the Dutch breakfast cake ontbijtkoek has around 20% of the acrylamide it used to have, by changing how it's produced.

There are also ways to reduce acrylamide at home when cooking, says Saleh. She advises that, when making chips, for example,



The learned response to remove burned patches from food might have some long-term health benefit

The ultimate paragon of male beauty?

By Deborah Nicholls-Lee, BBC Culture

He was just a boy, but he came to epitomise male beauty.

His fame was such that he was forever known sim-

ply as "David". The humble shepherd boy who slayed the Philistines' most formidable warrior, the giant Goliath, and was later crowned king of Israel, has been the subject of

some of art history's most iconic works. Italy's finest sculptors – Donatello, Verrocchio, Michelangelo and Bernini – all broke the mould with their Davids, while painters such as Guil-

laume Courtois, Rubens, Reni, and Caravaggio created emotive masterpieces of him in oil.

Described in the Bible as having "beautiful eyes and a handsome appearance", his dramatic story and good looks made him the perfect muse. The figure of David first won hearts in Florence in 1408 when Donatello di Niccolò di Betto Bardi, barely more than a boy himself, sculpted in marble a youthful and victorious David with Goliath's severed head at his feet.

With the recent open-



The enduring figure of David has embodied ideas about masculinity in every era throughout history. Deborah Nicholls-Lee explores the man, the myth and the muse.

ing of Donatello: Sculpting the Renaissance at London's V&A, the masterpiece comes to the UK for

the first time, joining a copy of Donatello's second and better-known David, cast in

Continued on page 30

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bronze 30 years later, and part of the museum's permanent collection.

The marble David's life-like, shapely body and slightly twisted contrapposto pose marked a departure from the rigidity of medieval sculpture and was an early sign that, with Donatello's groundbreaking mastery of this challenging medium, the Renaissance mission to revive the knowledge and beauty of classical antiquity was on the right path.

If we admire the boy's beauty, it is due in part to the unusual humanity in Donatello's work. "Although idealised, the young hero has a sense of the individual," Peta Motture, lead curator for the V&A's Donatello exhibition, tells BBC Culture. Donatello's sculpture "adds a psychological sensitivity" and demonstrates the artist's "understanding of the human psyche" and "innate ability to capture a moment".

Sculpture at this time was always architectural, so when it was decided that Donatello's marble David would not stand on a buttress of Florence's cathedral as originally intended, but instead in the City Hall, a new role for statues as popular and political was etched in art history.

Removed from the church, David was no longer just a religious character, but became an allegorical figure for another underdog: Florence. Against the odds, the small city state had overcome aggressors from neighbouring territories. "The gods give support to the brave fighters for their fatherland against even the most fearsome enemies," reads a Latin inscription beneath the sculpture.

Donatello's return to the subject of David in the late 1430s resulted in the first freestanding nude sculp-



Donatello's early marble David sculpture, 1408, is featured in the V&A's exhibition, *Donatello: Sculpting the Renaissance*

ture since antiquity. The work was unusual: not only was it a private commission (for the most powerful man in Florence, Cosimo de' Medici), but its intended location in a villa courtyard meant it was designed to be seen from all the way around.

Represented post-battle, David stands on the head of the giant, Goliath's mighty sword in his hand. His shepherd's hat seems effeminate, his pose coquettish, his body childlike and his treatment of Goliath brutal. To the modern eye, it's a work of contradictions, with David's nudity appearing to denote both purity and desire. Some critics speculate that Donatello, a homosexual living in a place and time where young boys were often courted by older men, deliberately sexualises his David, while others deem this interpretation an anachronism.

Speaking to BBC Culture, Jason Arkles, a Florence-based sculptor, teacher and art historian, and host of the podcast *The Sculptor's Funeral*, is clearly in the second camp. "There is no sexual aspect apart from his genitals are showing," he says. "Art is nothing without context. If you don't understand why a sculpture was made then you're missing most of the story." Works of art at the time were always commissioned, he stresses. "They're not just objects of beauty or vehicles of self-expression."

Much has been made of the sensuous feathers running up David's inner thigh, but Arkles's explanation, as a sculptor, is far more pragmatic: "Donatello was building an armature, the likes of which he hadn't seen. It was bigger and had to be completely hidden within the figure itself." The wing running up the leg simply strengthens the weakest part of the sculpture. That any artist would risk their livelihood by expressing deeply personal thoughts in a commission is highly unlikely, says Arkles. Donatello was probably just "getting over a couple of technical hurdles", he says, "rather than deciding, with this one statue out of his entire career, to fly his flag."

Line of beauty

Sixty years later, Michelangelo would support his nude David in a sim-

ilar place by sculpting a tree stump behind one leg in an otherwise empty tab-leau. Goliath has disappeared from the artwork and the boy hero, gathering his courage to do battle, commands all our attention. Where Donatello's life-sized bronze raised eyebrows, Michelangelo's super-sized David (1501-4), the most famous David of all, also elicited strong reactions when the marble sculpture took up a prominent position in Florence's main square.

First the 5m-high colossus was stoned, and later a brass leaf garland concealing his manhood was hung about his waist. It is said that Queen Victoria, who was gifted a copy of the statue by the Grand Duke of Tuscany, was so affronted by its nudity that she had a fig leaf made to cover the genitalia. Today the statue resides at the V&A, along with a plaster cast of the leaf. In fact, David's genitals may be a calculated desexualisation of the statue – his unusually small penis, a deliberate attempt to play down its sexuality.

On this same question of proportion, this paragon of masculine beauty with his



Michelangelo's supersized sculpture (1501-4) is the most famous David, and came to symbolise the freedom of the Florentine Republic

thick head of hair, strong jaw and toned body is, on closer inspection, far from perfect. Not only is David's penis too small, his hands and head are too big. Even the marble it is carved from was said to be flawed, a reject from a David begun by Agostino di Duccio under



Caravaggio's emotive masterpiece in oil, *David with the Head of Goliath* (1610)

the tutelage of Donatello decades earlier.

The nude Davids were less about ideal bodies and sex appeal than demonstrating a level of artistic skill not seen since antiquity, while simultaneously celebrating the human body and the Renaissance's growing knowledge of it. "A toga can hide a multitude of errors," says Arkles. "When

you do a nude figure, not only do you have to make all the parts, you have to make them work with all the other parts – and that was a procedural triumph." Even when sculptor Andrea del Verrocchio clothed his bronze David in

1465, he did so translucently, continuing the trail blazed by Donatello, and showcasing the beauty and complexity of the human form.

Yet David's physical beauty is primarily a reflection of his morality. He is beautiful inside and out:

a mascot for Florence and a symbol of good government and ideal citizenship. In contrast to the unbridled emotion and physicality that we see later in the Baroque period with Bernini's David, the Renaissance, emulating classicism, saw rationality, control and civic virtue as the mark of a man. Positioned looking fixedly and defiantly towards Rome, Michelangelo's David embodies these qualities and came to stand for the freedom and independence of the Florentine Republic.

The statue's symbolism was not lost on the people of Florence. "It's almost impossible to imagine connecting to a work of art the way the Florentines connected to the David," says Arkles. "People weren't just moved to tears, they were moved to write poems and leave them at the foot of the statue. It became practically, for a short time, almost an object of religious veneration because of its significance."

In a city so crammed with art treasures, it is telling that Michelangelo's David still tops the bill. Visitors queue to see the original in the Accademia Gallery or swarm around its replica in the Piazza della Signoria. Today, Florence's souvenir stalls heave with tawdry mementos of the popular work, just as 500 years earlier, artists creating small-scale collectables in bronze and terracotta cashed in on the prestigious subject and its winning appeal.

Contemporary artists

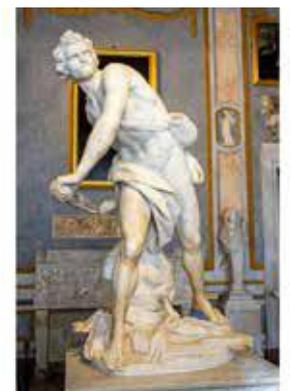
are still finding new forms for David. A 10m-tall Buddha-like gold replica of Michelangelo's David was created by Turkish-American artist Serkan Özkaya for the Istanbul Biennale in 2005, while Los Angeles-based artist Kadir Nelson explored the idea of a black David in 2019.

Nobody knows for sure who modelled for the Davids and if the chiselled beauty of these ultimate male models ever walked the Earth in flesh and blood. It matters little. No other male figure has captured the public imagination so enduringly or been such an important vehicle for artistic endeavour. Nevertheless, a debt must be



Donatello's bronze statue (1440s) of the young hero David, with the head of the slain Goliath at his feet

acknowledged. "Each David has had an impact, as has each artist across the centuries," the V&A's Peta Motture says. "Yet each of them owes something to Donatello."



The marble sculpture of David by Bernini (1623-24) reflects the physicality and unbridled emotion of the Baroque period

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MOTORWORLD

EXCHANGE OF UK DRIVER'S LICENCES

With thanks to Emma Swain, Motorworld, Las Chafiras

In this edition we are going to provide information on the long-awaited Exchange of UK Driver's Licences for Residents and those arriving in Tenerife on a Visa.

Here at Motorworld we will be delighted to assist you with your Driver's Licence exchange and can answer many of the most common questions being asked. As has now been well publicised the exchange of a UK Driver's Licence to a Spanish one can now proceed for those holding a TIE or an appropriate Visa.

Motorworld has over 20 years' experience dealing with Trafico and all the associated paperwork for Driver-related issues (as well as for motor

vehicles), and often find ourselves charged with resolving problems that clients have encountered when trying to accomplish matters on their own (or via less experienced companies or people).

Here is a list of common questions asked:

I) My licence has expired, can it still be exchanged? Most licences do not expire until the holder reaches 70 years of age. However, the photocard part of the licence is only valid for 10 years and this is the part that may have expired.

II) Can I exchange if my photocard licence has expired? Yes, as the licence is still 'in date' until the expiry date on the reverse of the licence - this will not be an issue as long as the licence can be verified.

III) Do I need a med-

ical? Yes, anybody doing what is called an exchange (CANJE) of a UK licence for a Spanish one MUST have a Certificado de Reconocimiento Medico. The class or group of this medical is dependent on the categories the individual wishes to exchange.

IV) How much will I pay for a medical? As an example, to exchange a Category A (Bike) and B (Car) at the Centro de Reconocimiento Medico Centre In Las Chafiras costs €35. Other centres charge slightly more.

V) Do I need to go to Santa Cruz? If you plan to do the exchange by yourself then then yes, you will need to attend the Trafico office in San-

ta Cruz. However, if you use the services of Motorworld there is ABSOLUTELY NO NEED for the client to go to Santa Cruz to the DGT office. Other people or companies who are doing this type of work may require that you attend the DGT office in Santa Cruz. Our aim is to make this process as simple as possible for our clients.

VI) Can I exchange with my green Residencia certificate and my passport? If you are a UK passport holder, NO. Trafico will not accept a green Certificado de Registro for UK citizens (only for EU citizen/passport holders). Whilst we know there is no obligation currently to exchange a green Certi-

ficado de Registro for a TIE, Trafico along with a vast amount of other official government offices will not accept this document for UK passport holders.

VII) I'm a non-resident, a tourist, can I still drive here on my UK licence? Yes, there is no change for tourists. You can use your UK photocard licence here without the need for an international licence.

VIII) Can I use my Spanish licence in the UK? Yes, as the agreement is reciprocal between the UK and Spain both licences are valid in both countries on a tourist or non-resident basis.

IX) Do I have to exchange my UK licence for a Spanish one? If you hold a TIE and wish to drive in Spain then yes you are obliged to exchange your UK licence for a Spanish one. You are permitted to drive for six months from the start date on the TIE after which your licence won't be accepted in Spain and you would be unable to drive.

X) What documenta-



tion do I need? You will need an in-date TIE, your passport, your Driver's Licence, a photograph and a medical.

XI) How can Motorworld help me?

We can help you with your Licence exchange - amongst the many other services we offer (please see our website www.motorworldtenerife.com for more information).

Please contact us via any of the following:

i) NO APPOINTMENT NECESSARY Call into our offices in Calle Victoriano Toledo Rodriguez No 5, LAS CHAFIRAS.

ii) Phone: 922 783 828 or Mobile: 659 719 695.

iii) WhatsApp 659 719 695.

iv) E mail: motorworld@motorworldtenerife.com



What does work-life balance mean in a changed work world?

By Kate Morgan, BBC Worklife

Amid the vast uncertainty of the pandemic era, one thing is clear: more than ever – and more than anything – people want a healthy work-life balance.

In 2021, data from a survey of more than 9,000 UK workers showed 65% of job seekers prioritized work-life balance over pay and benefits. It's similar in the US: of 4,000 respondents to the FlexJobs 2022 Career Pulse Survey, 63% said they'd choose work-life balance over better pay.

So what, exactly, does this term mean to workers right now? The definition of work-life balance has changed dramatically throughout the past several years, with the demise of strict 9-to-5 hours and increase in remote work.

Yes, flexible schedules are a major part of how workers define work-life balance. But that's only the start. What workers see as work-life balance has broadened. Increasingly, employees say the idea encompasses a holistically healthy work environment that allows for an open dialogue between employees and employers. This communication enables them to address their personal lives in the context of their careers, and create the life they want.

Instead of simply walking away at 1700, work-life balance now is broader, deeper and more nuanced – and it is no longer a one-size-fits-all equation.

Clocking out, turning off

The idea of work-life balance largely emerged during the widespread take-up of the eight-hour workday in the early 20th Century – something workers fought for through organizing and striking. As workers won the right to an eight-hour workday, work-life balance – even if it was not explicitly labelled as such – was commonly defined as the ability to compartmentalize

job tasks and life.

It was a big step – and one that remains critical to the central idea of work-life balance today. Ioana Lupu, associate professor of accounting and management at Paris' ESSEC Business School, says the happiest professionals she speaks to manage to “compartmentalize, to disconnect, to switch off without guilt from work”.

Yet for many workers, this cut-and-dry barrier eroded as new technology arose at the turn of the millennium. As the internet, email and eventually smartphones found their way into the workplace, they changed not only the way workers got their jobs done, but also the shape and span of the workday.

“It happened at first when they all got Blackberries,” says Lupu. “Before, of course, you could get a phone call, but most of the time you couldn't necessarily access your work files or anything, so it was more difficult to take work home. Now people were reachable at all times – during the holidays, during weekends with the family.”

But rather than clawing back for these hard lines, says Lupu, corporate culture took up the mantle of overwork, and wore it as a badge of honour. “It became quite ideological, this idea that, being busy, being constantly available makes you a really good professional,” she says. “We saw the best entrepreneurs bragging that they work 100-hour weeks ... There was this idea that long hours would show you were committed and a good

worker.”

This emergence of hustle culture led to a de-prioritisation of work-life balance for some employees. But the pandemic shifted this outlook again, especially with the integration of remote and hybrid work. Along with enabling workers to physically set up where they wanted, and with more flexibility, this transformation also meant workers' personal lives entered their work lives in an unprecedented way – both good and bad. And it spurred workers to become newly re-invested in separating the two.

For some, says Lupu, the already tenuous boundaries between the personal and professional were blurred even more. Pre-pandemic, workers had “different routines that allowed them to separate work and life. For instance, cycling on the way home, or taking the train and reading a book, it allowed them to calm down, get into the parent role or husband role or whatever”. But she says once commuting stopped, and people found themselves working in, or steps away from, their couches, kitchens and bedrooms, the veil between worklife and homelife was lifted.

As a result, says Lupu, workers ceased defining work-life balance as equal time spent in each place, or equilibrium between personal and professional pursuits. Instead, they began to embrace a kind of work-life integration that acknowledges the two are inextricably entwined, and endeavours to make the re-

lationship between the two a healthy one.

“There was this change where people realized it's possible to also prioritize family or private life, even during work hours,” says Lupu. “Because if work intrudes on your family life – on your non-work time – why shouldn't the opposite be OK?”

Workers, she says, now want flexibility that allows them to meld work hours and a personal life together. “There was this shift in the mindset, realizing that they can and should take more time for themselves, and

cale shake-up of the labour market empowered many employers to push employers for this balance. “There has been a definite increase in the request for work-life balance benefits,” says Patricia Graves, a senior certified professional and HR knowledge advisor at the Society for Human Resource Management (Shrm). “Employees expect employers to give them everything they want. More flexibility, hybrid-work models or remote-work arrangements have certainly increased dramatically since the pandemic.”



Workers are increasingly looking for both flexibility and support to integrate their work lives and personal lives, as they're difficult to split

use the flexibility in both ways,” she says. “Why can't we have flexibility for our personal life, too, and feel entitled to take time during the workday to go to a yoga class?”

Employee-defined 'balance'

In this new era, workers now see work-life balance as the capacity to bend work around their own, individualized list of priorities – this time, workers themselves are defining what actually constitutes ‘balance’, rather than companies. A balanced life integrates the personal and the professional in a healthy way, supporting an identity that includes the career, but doesn't necessarily revolve around it.

Employees in the pandemic-changed workplace have not only reformed – and expanded – the definition of balance, but they are also pushing it to the forefront of their values. In a 2022 survey of 1,120 US workers by Forbes Health, which asked employed respondents about their priorities, the only thing that rivalled financial stability was work-life balance, with 90% calling it “an important aspect of their work”.

The pandemic's wides-

And beyond flexibility – which has been shown to increase productivity and happiness – workers are looking for other benefits to help foster a healthy integration of work and life. They expect their employer to foster an environment of empathy and recognition, and offer access to wellness and health resources. One recent Qualtrics survey of nearly 8,000 full-time workers in Asia, for instance, showed close to two-thirds feel their job is the main factor in their mental health. Yes, “workers want control over their working hours and location”, says Graves – but they also want “communication, empathy and a focus on wellness”.

Because workers have acknowledged that work can't actually be separated from the rest of their lives, they are seeking new support from employers for their personal lives. Needs vary by individual employee, but according to Graves, some of the other top demands directly enhance their personal lives – think perks such as pet care, fitness stipends and dependent care.

Fertility support is also an increasing request: data from a survey by fertility company Carrot and The National Infertility As-

sociation shared that 59% reported fertility and family formation affected their work performance, nodding to the link between work and life. Indeed, 77% of these workers surveyed said availability of fertility support would affect their tenure at their companies, influencing them to stay or search for another job that offered these benefits. In some cases, Lupu says whether companies can provide the benefits an individual worker needs “becomes like a deal breaker”.

Navigating the future

A key component of the evolution of work-life balance is just how important these benefits are to workers. “Now, many people I talk to they say, ‘Oh, if I didn't have the flexibility, or the benefits, I'd just leave,’” says Lupu.

Balance and flexibility have become such a priority for workers that many are making career moves based around these standards. It's been a major driver of the Great Resignation, which in the US alone saw more than 50 million people leave their jobs in 2022, and nearly 48 million in 2021. Data from Microsoft's 2022 Work Trend Index Annual Report showed more than half of Millennial and Gen Z workers who quit cited either lack of work-life balance or lack of flexibility as the reason.

“In today's market, employees are quitting to find new opportunities that offer better work-life balance,” agrees Graves. “I think we have evolved to a place where workers themselves define what work-life balance looks like to them as individuals. It has forced employers to offer many of those demands to attract and retain talent.”

But evolution is a continuous process, points out Lupu, and while work-life balance has transformed into work-life integration, it may continue to shift as workers' wants and needs become even more personalized, especially as they navigate different lifestyles and priorities.

In the future, even the idea of how work and life co-exist could change, too. Perhaps, says Lupu, it's not exactly accurate to call it work-life balance, or even work-life integration. “For me, it's more like a work-life navigation.”



For many workers, the days of leaving work in one place and home life in another are over

Do you still have bank accounts, National Savings products, and investments, in the UK?

It can be comforting to retain the financial assets you have always had as they are familiar in a way that you understand.

This is a natural feeling especially as many people are adapting to the Spanish way of life.

However, the questions to ask are, is this wise, is this the best strategy to avoid overpaying tax and could you be sacrificing potentially better opportunities just to feel safe?

We now live in different times. The financial services landscape for UK nationals living in EU countries has been re-written following **Brexit**.

While British expatriates will open a local bank ac-

count in their country of residence, many will also retain their UK bank accounts and often also keep UK investments such as National Savings & Investments products and ISAs. This is partly for convenience but also because they are familiar and feel secure.

One major consequence has been that many **UK-based banks** have had to **close UK accounts** held by EU-resident clients, leaving expatriates without the bank account they may have used for many years.

Following **Brexit** many British expatriates received letters from their UK bank asking them to close their accounts. The situation is evolving, and you should question whether your bank accounts in the UK

are fit for purpose now.

National Savings & Investments (NS&I)

The situation with NS&I accounts is a little different, but linked, with the same outcome.

National Savings & Investments have always been a UK savings provider, backed by HM Treasury, and it does have some customers who live abroad. However, they still need a UK bank or building society account in their name.

Premium Bond prizes for example are tax free in the UK however if you are a Spanish tax resident (live in Spain for more than 183 days), these prizes would be added to your taxable income in Spain for the year in question. Similarly, any income from oth-

er NS&I savings products would need to be included in your Spanish tax return.

ISA's

Again, these are tax free in the UK, but any interest and gains made from them are fully taxable in Spain if you are resident here. Savings income tax rates are 19%, 21%, 23% and 26% depending on how much savings income you have.

UK investments

When the UK left the EU in 2020, its financial advisory services industry lost EU passporting rights. This means that UK-based financial advisers are no longer automatically authorised to give advice to EU residents unless they have the necessary regulatory permissions in each jurisdiction their clients live in. At Blacktower Financial Management we hold the necessary licences in each jurisdiction we operate in to advise you as an expatriate living in Spain.

Ideally you should review

all your investments, such as bonds and stocks and shares, as, besides income tax, you could also face capital gains tax in Spain.

There are more tax efficient options available which we lead into now.

The alternative options in Spain as an expatriate.

Your investments should be structured around your individual needs and objectives taking into consideration your time horizon and risk tolerance.

There are highly tax efficient opportunities available to all residents of Spain. One of the more favoured alternatives is a Spanish tax-compliant life assurance contract which acts as an investment wrapper. With this structure, tax is not payable on income from the underlying asset until a withdrawal is made, and even then, only the gain is subject to tax.

You should regularly review ALL your savings and investments to make certain they are tax efficient and meet your objectives

and life in Spain. Breaking old habits can help us grow as individuals but also your financial picture can be enhanced greatly if you take specialist advice.

At Blacktower Financial Management Group, we provide cross-border, tailored advice to our clients' needs. If you would like to have a face to face meeting to discuss your options, please call Richard Black on **0034 619 074 965** or email **richard.black@blacktowerfm.com**

This communication is for informational purposes only and is not intended to constitute, and should not be construed as, investment advice, investment recommendations or investment research. You should seek advice from a professional adviser before embarking on any financial planning activity.

Whilst every effort has been made to ensure the information contained in this communication is correct, we are not responsible for any errors or omissions.

Trust and expertise are key to ensuring financial peace of mind for expats in Tenerife.

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- Financial Planning guidance for you and your family i.e. wills and beneficiaries.
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Nuclear is one of the greenest energy sources in existence – here's why

By Tom Greatrex, CapX



- In deciding to 'green label' nuclear, the Government is simply following the science
- Nuclear is so efficient that a fuel pellet the size of your fingertip can power an electric car for 20,000 miles
- Nuclear has the lowest lifecycle carbon intensity, land use, and ecosystem impact of any electricity source

The UK Government's decision to classify nuclear investment as sustainable – to 'green label' nuclear – is a victory for the facts and a victory for science over ideological prejudice.

I think it's worth reiterating that science. Nuclear has the lowest lifecycle carbon intensity, the lowest land use, and the lowest impact on ecosystems of any electricity source. We are the only sector that tracks, manages, makes safe, and for new build, pays for, its own waste. If you don't read

any more, that is why nuclear is green.

But if you want to get technical, nuclear is the most 'energy dense' source of energy in existence, and therefore has an incredibly low carbon footprint and a minimal impact on the surrounding environment. Or to be clearer still – it is the most powerful and the most efficient source of energy on earth. One kilogram of uranium can release 3m times the energy of a kilogram of coal. One fuel pellet, the size of your fingertip, can produce enough electricity to power an electric car for 20,000 miles. There are 19m of those pellets in the core of Sizewell B. Use

up all those pellets, and that car makes the round trip to Pluto (a planet when I was young) 50 times with no emissions. This is the power of $E = mc^2$ played out to save our planet. An incredibly valuable resource when demand for emissions free power is so key to our future.

When it comes to saving our planet, the key to evaluating what technologies are green or not is to conduct comprehensive lifecycle analyses of their impact. From the nuclear sector, that is all we have asked for, to be compared on a like-for-like basis, on a level playing field with all other technologies. That level playing field produces some interesting results:

According to the United Nations Economic Commission for Europe 2022 report Carbon Neutrality in the UNECE Region: Integrated Life-cycle Assessment of Electricity Sources, nuclear has some superb green credentials. It has the lowest lifecycle carbon intensity of any electricity generating technology, at 5.1g-6.4g CO₂/kWh, the lowest life-

cycle land use of any electricity generating technology and the lowest impact on ecosystems.

That is the science of why nuclear is green. For good measure, nuclear has the lowest lifecycle mineral and metal use of any of the low-carbon technologies. If you're after specific examples, EDF had lifecycle analyses conducted of Sizewell C and Hinkley Point C. The results? Both projects would have lifecycle emissions of about 5.5g. That would make them the greenest single infrastructure projects in UK history. Even an older station like Torness in Scotland, with lower lifetime output and older construction methods has a lifecycle carbon use of around 10g CO₂/kWh of electricity. Good enough to make it one of the greenest energy assets in Scottish history. For comparison purposes, the equivalent figure for offshore wind is 12g and 11g for onshore wind according to the IPCC.

I'll give you one more example on land. The UK's existing nuclear fleet, 5,883 MW, produces 15% of the nation's power from a footprint of just 0.57 square miles. At that rate of 10,295 MW per square mile, we could deliver the 24 GW envisaged in the British Energy Security Strategy in less than three square miles of land. If we want twice or three times that much nuclear, we would still ask for just 10 of the UK's 94,000 square miles of land. The rest we can leave for natural habitats, for agriculture, or for other development. That is why we have the least impact on ecosystems of any electricity technology.

But what, comes the next question, about the waste?

Every energy technology produces waste, but nuclear has the most responsible approach to waste management of any energy sector. Let's look at the facts. For a start, nuclear

produces a tiny amount of waste for the energy created. More than 95% of the radioactivity in waste is confined to a small volume of High Level Waste (HLW). After 67 years of nuclear power generation (and prior years of research and development), there is a dishwasher tablet's worth of HLW for everyone in the UK: the packaged volume of HLW is 1,470m³ – a little over two-thirds the volume of one Olympic size swimming pool – for 66 million people. In that time, nuclear has provided over 3000 TWh of electricity, enough to power every home in this country for 28 years.

HLW is not the only kind of waste, but the small volumes compared to other technologies facilitate responsible management. Indeed, the nuclear sector is the only sector that tracks, isolates, manages and makes safe its own waste.

The Nuclear Decommissioning Authority publishes a regular inventory of the UK's nuclear waste (see 2022 Waste Report), which gives the volumes, sources, future projections and intended final destinations of the different types of waste. You will not find that elsewhere.

Nuclear waste is stored at specialist nuclear facilities and does not leave the care of dedicated nuclear professionals. We recognise the particular nature of our waste and adhere to strict regulatory requirements and the highest standards of monitoring and oversight. Over the years, reactor designs have become much more efficient in terms of waste production and the sector itself has taken a hard look at itself to learn lessons and to constantly adapt and improve our practices.

What is more, we are not still searching for the answers for how to make waste safe. In geological disposal we have an answer: turn it into glass, encase it in concrete casks, bury that concrete deep in the ground, surround it with

cement, and seal it up.

When we look to the future, new nuclear projects are the only energy projects that are required to have funding streams set aside for decommissioning and plans for the on-site storage, treatment and final disposal of all waste, before construction can begin. Decommissioning is priced into new nuclear projects. Hinkley Point C, for instance, has a funded decommissioning stream worth £2/MWh, which is incorporated into the overall project strike price. Sizewell C and all future nuclear projects will also have dedicated funding.

Every sector should do it. Only nuclear does.

For those who want to read more (and I encourage you to do so) you can look at the comprehensive technical assessment the EU commissioned from its Joint Research Centre as part of the development of its sustainable investment taxonomy.

They examined nuclear against six environmental objectives, which are the same ones that the UK will use: Climate change mitigation, climate change adaptation, sustainability and protection of water and marine resources, transition to a circular economy, pollution prevention and control, and protection and restoration of biodiversity, and ecosystems

That report, 'did not reveal any science-based evidence that nuclear energy does more harm to human health or to the environment than other electricity production technologies already included in the Taxonomy as activities supporting climate change mitigation'.

So when the Chancellor says that 'subject to consultation, nuclear power will be classed as environmentally sustainable in our green taxonomy', he is following the science.

The science says nuclear has the lowest carbon, lowest land, lowest ecosystem impact. So we follow the science: nuclear is green.

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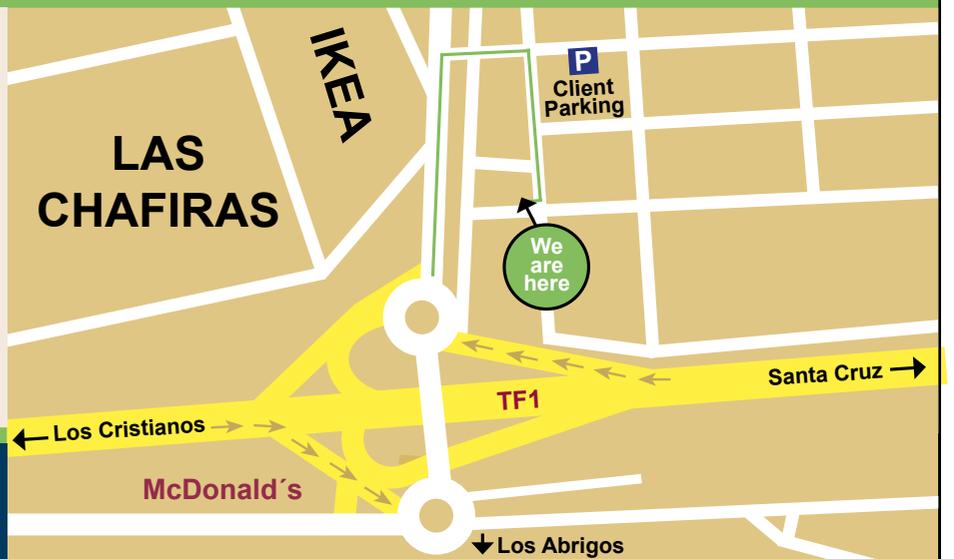
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Hola, here's the first Brexit Benefit

By Sean Thomas, The Spectator Magazine



Spain's Digital Nomad Visa means leavers can take back control by working on the continent

Whenever Brexit is discussed these days, you will nearly always find a splenetic or exultant Re-

mainer asking, often in a weirdly high pitched voice-tone: where are the Brexit Benefits then? Can you name any? Mm? Just one? Where is the £350 million for the NHS?

And to be fair to these people, since the Brexit vote, obvious, tangible, yay-look-at-this Brexit Ben-

efits have been pretty thin on the ground. Or, in fact, utterly non-existent.

The first Actual Brexit Benefit is the ability to go and work in lovely sunny parts of the EU and pay way less tax.

For those who voted Leave on the basis of sovereignty, this does not matter much. For these people, Brexit is itself the benefit. We brought democracy (however flawed) back to the UK. Westminster has become, once again, what it should always be – our crucial political cockpit, where the affairs of the nation are fairly and finally decided. We can now elect and eject those who purport to govern us, something we could never do with Ursula von

der Leyen, et al.

But of course many people did not vote Brexit on the grounds of sovereignty and democracy. They really did vote because of the £350 million on the bus, promised to an NHS which is now on its knees.

They voted to put a major brake on immigration, yet somehow we have record legal immigration and we have people landing on our beaches in their tens of thousands. They voted because they thought it would make us more prosperous, but the UK is probably the only G7 country whose economy is still smaller than it was pre-pandemic.

However, I am proud to announce that this has maybe all changed. Because I believe I have identified an Actual Brexit Benefit. And it is graced with magnificent garlands of irony.

It comes in the form of the new Digital Nomad Visa, just recently passed into law by the Spanish govern-

ment. In essence it means remote workers, who make most of their money outside Spain, can now go and live in Spain and get residency – for five years or more – and they will only pay 15 per cent tax. All they need is health insurance, an annual income of €28,000 (£24,500), and proof that they are – wait for it – non EU nationals. This scheme, like similar schemes hoving into view in Portugal, Croatia, Greece, and elsewhere – is not available to EU citizens.

You see what I mean about irony. The first Actual Brexit Benefit, the first tangible bonus of our leaving the EU, is the ability to go and work in lovely sunny parts of the EU, and pay way less tax than any EU citizens.

The consequences are many, and marvellously intriguing. For a start it will surely encourage some fruity conversations in Marbella and Malaga, and Lis-

bon, Mykonos and Split, when the local Germans, Swedes, and Finns realise they are sitting next to a table of rowdy digital Brits paying half the amount of tax they are, because of Brexit.

It will also be quite poignant for Remainers who remained in the EU after Brexit and proudly got residency, when they are suddenly joined in Cadaques and Majorca by Leave voters who also now have residency but who are unquestionably getting a better deal, taxwise. Leavers who are literally enjoying a Brexit Benefit. Arguably at the expense of the locals.

In the end I wonder if we may see other rainy cold countries exiting the EU, just so they can get the right to go back and live in the sunnier bits of the EU, but pay much less tax than EU people. Either way, let's all arrange to meet up in Valencia. The cava is on me.

Spain's ingenious water maze

By Keith Drew, writer, BBC Travel



Invented by the region's Moorish rulers 1,200 years ago, Valencia's irrigation system is now a model for sustainable farming

It's early. Fin- gers of sunlight are only just starting to creep along the streets of Valencia's Old Town, but the stalls inside the city's Mercado Central are doing a brisk trade already.

There's a queue at the charcuterie, and the man behind the counter is slicing wafer-thin strips of jamón serrano in double time. He zips from one customer to the next, ducking between stocky legs of ham that hang from the front of his stall

like fatty windchimes. In the seafood section, tuna, sea bream, anchovies and huge pink langoustines glisten in the ice. One stall here specialises in snails; another sells only saffron.

Among them all, taking pride of place at the heart of the Mercado Central, are the fruit and vegetables – plump, richly coloured and all grown in La Huerta (L'Horta in Valencian), a patchwork of neat market gardens that fan out for 28 sq km around the city. Encarna Folgado, owner of Frutas y Verduras Folgado, has been running a stall here for more than 45 years, buying seasonal vegeta-

bles direct from the farmers who work in La Huerta's fields. If you need to buy the beans used in a traditional paella Valenciana, you come to Folgado.

"The ferraúra have to have a bright green colour, but not too intense," she tells me, referring to the horse-shoe-shaped beans that are almost spilling out of their crate. The rochet, a red and green bean, "has to be a few centimetres wider and thicker, but only a little bit". And as for butterbeans, which I can see bulging through their cases, "the best (ones) to eat are when they begin to turn from yellow to

green".

Alongside the beans are spongy heads of broccoli, waxy red peppers, fat garlic bulbs and spring onions the size of truncheons. They're all part of an incredible bounty of produce that is grown in La Huerta each year, despite the fact that its fields enclose Spain's third-largest city. The secret is an ingenious maze of channels, ditches, weirs and floodgates invented by the region's Moorish rulers 1,200 years ago.

Eight main irrigation channels, or acequías, funnel water from the River Turia, which is then carried – by gravity – along a series of smaller branches, which distribute the water to thousands of tiny plots across the fields. The amount of water each plot receives isn't measured in terms of volume but rather on how well the river is flowing. The



Irrigation canals criss-cross L'Horta and provide the farms with consistent water



Visitors can watch the meeting of the Tribunal every Thursday at noon outside Valencia Cathedral

unit, known as a fila (from the Arabic word meaning "thread"), represents an individual's right to a proportion of the water over a period of time; the irrigation cycle usually lasts a week, but when the river's level is low, the cycle is extended.

It's an incredibly efficient system. Each plot receives the same access to water for the same amount of time, no matter where they are in the mosaic, and there are no water shortages, even in periods of drought. And the result is an incredibly diverse crop yield. Centuries-old local rice varieties grow in the fields around Lake Albufera, south of the city, while unique species like chufa, or tiger nuts (which are used to make the ice-cold milky Valencian drink of horchata), are sown in the north.

"The system of wa-

ter management adopted here [means that] aubergines, oranges, artichokes and olive trees can all co-exist together," said Clelia Maria Puzzo of the United Nations' Food & Agriculture Organization (FAO). "A variety of crops were imported from Asia and America hundreds of years ago, but they adapted perfectly because of this irrigation system."

The whole process is held together by a unique social organisation that has been governing La Huerta for more than 1,000 years. The Tribunal de las Aguas de la Vega de la Valencia, or Water Court of the Plains of Valencia, was established around 960 CE and as such is officially the world's oldest judicial body. The tribunal is made up of eight farmers,

Continued on page 38

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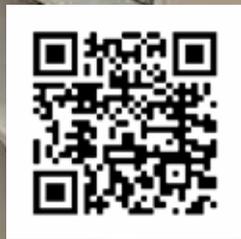
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Continued from page 36

ected representatives of the communities that work off each of the main irrigation channels, who meet to settle disputes outside the doorway of Valencia Cathedral every Thursday at noon.

It's quite a sight, with the men – they are all men – dressed in black smocks and seated in

a semi-circle of leather-topped wooden chairs, where they enforce the rules of distribution. Water is the only issue up for debate, and according to María José Olmos Rodrigo, the Tribunal's secretary, the defendants are usually hauled before the court because "they've flooded a neighbour's field, taken water out of

turn or haven't maintained their section of irrigation ditch correctly". Proceedings are in Valencian and are ruthlessly quick; all decisions are final.

While the Tribunal has been an ever-present aspect of the system, the use of the land itself has evolved over time. "It's trendy to talk about resilience, but this is the history of La Huerta," said Miquel Minguet, CEO of Horta Viva. "We adapt the crops to the times, we change a lot, very often, just to survive." His company reflects this mentality, moving from farming a small organic garden near Alboraya, north of the city, to organising tomato tastings in La Huerta and running agritours around the region.

This culture of adaptation – in La Huerta's case,

an intervention that has not only conserved but remarkably improved the existing conditions, according to FAO's Puzzo – is seen as a potential sustainable solution to modern farming problems, and since July

forts of generation upon generation of farmers that have preserved this land despite the pressure of urbanisation."

Those farmers include Tony Montoliu, who has worked a plot bordering the town of Meliana,



The fruit and vegetables at the Mercado Central are all grown in L'Horta

2019, Valencia has been home to the World Centre for Sustainable Urban Food (CEMAS), an initiative set up with the aim of ensuring sustainable food for future generations.

"Production in La Huerta is basically intended for self-consumption and the local market," said Vicente Domingo, director of CEMAS. "Thanks to its unique structure, it has managed to survive over the centuries with the ef-

in the north of La Huerta, since he was 12 years old. Montoliu was cultivating crops like okra and Chinese cabbage long before they became popular here and has a history of recovering seeds from species like the cacau del collaret, a highly regarded local peanut. "Life as a farmer is about discovery," he said. "You learn more every day because the field and the land are constantly talk-

ing."

Montoliu grows what he needs for his restaurant, a traditional barraca, one of the white-walled, gable-roofed thatched houses that you see dotted among the fields of La Huerta. Diners pick their own vegetables and Montoliu cooks what's required – often as part of a rabbit and chicken paella, his star dish – and then gives them any surplus to take home. It's the epitome of slow food, or "zero metres", as he calls it.

Most farmers, though, sell what they can't eat themselves at the Tira de Comptar, a wholesale market that is almost as old as the Tribunal de Aguas; or to Folgado and the other fruit and vegetable sellers in the Mercado Central, unfailingly furnishing their stalls with spongy heads of broccoli, waxy red peppers and fat garlic bulbs. And horseshoe-shaped ferraura beans – a bright green colour, but not too intense.



At Tony Montoliu's restaurant, diners can pick their own produce for him to cook

The Tenerife Property and Business Guide

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San Eugenio Bajo, Bar/Cafe

€1,250,000

FRINA Tenerife is happy to offer this Modern Freehold Cafeteria for Sale. The business is located on a busy street in San Eugenio Bajo and enjoys a lot of footfalls. If you are looking for picture-perfect premises in a busy location, you cannot miss this stunning opportunity! The premises are spacious 150m2 with an open kitchen and a terrace of 30m2. ... For full information see website or contact:

Ref: 2490 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Freehold Pub

€990,000

FRINA Tenerife offers for sale a Famous Freehold Pub in Las Americas that has been established for years. It is known for showing live sports and serving a classic British menu like English Breakfast, Fish & Chips and Sunday Roasts. It is especially busy mornings and evenings. The premises are about 200 m2 and face a very busy road in Las Americas. ... For full information see website or contact: Ref: 2562 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Garage/workshop

€900,000

Naval mechanical workshop in Los Cristianos.

Ref: E341 | Tenerife Properties | 922 724 110

San Eugenio Alto, Fully Equipped Local

€875,000

For sale with FRINA is this large Tenerife freehold with a garden. These premises are perfect for a large restaurant or even a large nightclub. The freehold local can with guarantee opens as a music club or dancehall. This freehold for sale is 1,498 m2 divided into 2 levels. The ground level is 573 m2 and the lower level is 925 m2. The locals are empty a... For full information see website or contact: Ref: D1254 | FRINA Tenerife SL - Property Sales | 922 085 191

Las Chafiras, Commercial Property

€750,000

FRINA Tenerife is offering this Large commercial property for sale in Las Chafiras, in one of the island's biggest commercial areas. Las Chafiras is centrally located close to the Tenerife southern airport, and the tourist areas. The property is empty at the moment, but it has before been used as a successful retail store. The premises of this ... For full information see website or contact: Ref: 2524 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Manufacturing

business

€650,000

FRINA Tenerife is now offering this well-known mechanic and tire fitting company for sale. This mechanic offers one of the best locations in the south of Tenerife. The owner is only selling because he wishes to retire and only wants serious clients. The premises are a very large shop that is fully equipped with all the necessary equipment. For tire ch... For full information see website or contact:

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San Eugenio Bajo, Commercial Property

€625,000

FRINA Tenerife offers a commercial Investment property for sale in Tenerife in San Eugenio. Today the property is rented out to a popular restaurant which owners pay a monthly rent of 5,000€. The premises was built in 1985 and measures 76m2 inside and with a terrace of 40m2. For more details on this investment do not hesitate to contact FRINA Ten... For full information see website or contact: Ref: 2491 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Empty Local

€500,000

FRINA Tenerife now offers This rare chance to buy a truly prime location investment freehold. This

investment freehold is on a busy street in the El Camison area of Los Cristianos. The freehold is rented out with good tenants as a restaurant and is truly a prime location. The premises, which were completely refurbished in 2010, measure 79 m2 and are s... For full information see website or contact: Ref: 2530 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Rosas, Restaurant

€495,000

6 bed · A reluctant sale due to the current owners retirement and 'down-sizing'. An extensive (150m2) fully fitted and equipped freehold restaurant with professional stainless steel kitchen with extraction, stage area, bar and toilets. Situated on the lower level of a spacious townhouse which offers flexible living accommodation with potential for a number of pro... For full information see website or contact:

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Playa San Juan, Apartment Block

€399,000

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Playa de la Arena, Empty Local

€395,000

FRINA Tenerife is now offering this. Empty freehold local, on the first line in Playa La Arena. The local is empty but has been used as a bar. So, it has disabled toilets, men, and women's toilets. The local needs a full refurb before its ready to open This local would be perfect if you are looking to build your own bar & café, or a restaurant, The pro... For full information see website or contact:

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Tenerife South, Manufacturing business

€390,000

FRINA Tenerife offers here a unique opportunity to take over this Jewellery Manufacturer & Supplier business that designs, produces and sells high-quality jewellery to both B2B and B2C customers. Under one SL company are different brands of jewellery and you will find designs for both men and women. All collections are made of carefully selected m... For full information see website or

contact:

Ref: 2410 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Pizzeria

€380,000

FRINA Tenerife brings to the market this Italian Restaurant Pizzeria in Los Cristianos. It is a well known business located in El Camison, a central area close to the beach full of both residents and tourists. The Restaurant Pizzeria has an high and demonstrable monthly turnover, it has a very rich menu with traditional Italian dishes and a good choice o... For full information see website or contact:

Ref: 2576 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Sports Bar

€350,000

FRINA Tenerife offers for sale this Freehold Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has some... For full information see website or contact:

Ref: 2591 | FRINA Tenerife SL - Business Sales | 922 085 191

€349,999 - €250,000

San Eugenio Bajo, Bar/Cafe

€325,000

FRINA Tenerife is happy to offer a Modern and Stunning Cafeteria-Bar for Sale in San Eugenio Bajo. If you are looking for picture-perfect premises in a busy location, you cannot miss this stunning opportunity! The premises are 150m2 with an open kitchen and a terrace of 30m2. Altogether are

tables for 90 guests. The premises were fully renovated in 20... For full information see website or contact: **Ref: 2489 | FRINA Tenerife SL - Business Sales | 922 085 191**

Adeje Town, Fully Equipped Local

€320,000

FRINA Tenerife offers this investment - commercial property for sale in Adeje old town. The property has a long-established business and a good tenant that pays 1,500€ monthly. Premises of the Commercial Property for Sale The premises of the freehold have 2 floors which altogether measures 206 m2. If you wish to know more about this commercial pr... For full information see website or contact:

Ref: 2379 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Freehold Pub

€320,000

FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is known for its lovely atmosphere and food, so no doubt you will have guests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here... For full information see website or contact:

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Tenerife South, Bar supply

€299,000

FRINA Tenerife offers this very reputable Bar Supply Company for Sale. This business has been established for more than 20 years and delivers soft drinks and alcohol to bars and restaurants in Tenerife. You will get a proven profitable company with many clients and a good reputation. The premises are

350m2 of storage with an office space and easy pa... For full information see website or contact: **Ref: 2481 | FRINA Tenerife SL - Business Sales | 922 085 191**

San Eugenio Bajo, Bar/Cafe

€250,000

FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its international menu and live music. It has been open for years and has a good reputation among residents, tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:

Ref: 2505 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Restaurant

€250,000

FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover, the restaurant is located on a corner, so you have even more people passing and a large terrace! If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information see website or contact:

Ref: 2459 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa San Juan, Restaurant

€250,000

This modern Restaurant for Sale in Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties. This business has fast become one of the most visited restaurants in the area and the guests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full

information see website or contact: **Ref: 2504 | FRINA Tenerife SL - Business Sales | 922 085 191**

Puerto Colon, Excursion Business

€250,000

FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making it possible for everyone to par... For full information see website or contact:

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€249,999 - €150,000

Costa del Silencio, Bar/Cafe

€230,000

FRINA Tenerife is now offering this Belgian Bar/cafe for sale. Located in the Tenbel commercial centre. Tenbel is a well-known centre and attracts both tourists and residents. This bar is well-known with the Belgian residents on the island. also, this bar offers a wide range of Belgian beers. The premises are 100m2 of interior space with a 15m2 kitc... For full information see website or contact:

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La Caleta, Bar/Cafe

€225,000

FRINA Tenerife now offers for sale this amazing lounge bar in Costa Adeje. This lounge bar just had a full refurbishment, and everything is made to the highest quality. This bar serves mostly drinks but also has burgers. The bar offers high quality at affordable prices. The premises are a 50m2 newly refurbished interior along with a large terrace that ... For full information see website or contact:

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Golf del Sur, Commercial Property

€220,000

FRINA Tenerife is now offering this investment property for sale, in Golf del Sur. This property has an established business and good tenants The premises of this freehold is a 66m2 interior and a terrace of 40 m2. If you wish to know more about this commercial property investment contact FRINA Tenerife. Para información en español llámenos: +34 ... For full information see website or contact:

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San Isidro, Gymnasium

€220,000

FRINA is happy to offer this Large and Modern Gym for Sale in Tenerife South. This gym has been established for more than 4 years and offers 2 fully equipped floors, an advanced booking system, more than 600 clients and professional employees. The premises are over 500 m2 distributed on 2 floors that are fully equipped with dumbbells, machines, gym roo... For full information see website or contact:

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Torviscas Bajo, Bar/Cafe

€210,000

FRINA Tenerife this Busy Cocktail Bar For Sale in Torviscas Bajo, which is known as one of the best cocktail bars in the area and has excellent reviews on TripAdvisor, Facebook and other social media. It has been established for years and you will take over a genuinely successful business. Moreover, the owner only works limited hours hence, this is a g... For full information see website or contact:

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Business Sales | 922 085 191

Adeje Town, Bar/Cafe

€200,000

FRINA Tenerife is happy to offer this rare opportunity a Cafeteria and Lottery for Sale. This is a unique business that sells lottery tickets, sandwiches, cakes, coffee, drinks, and also minimarket products. You get 3 businesses in 1 which secures you a high income every day. The premises are very spacious and in good condition! All materials and machi... For full information see website or contact:

Ref: 2502 | FRINA Tenerife SL - Business Sales | 922 085 191

La Caleta, Italian Restaurant

€190,000

A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu. The premises are spacious 150 m2 with a large a... For full information see website or contact:

Ref: 2403 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Restaurant

€190,000

FRINA Tenerife now offers this Famous and Successful Asian Restaurant for Sale. This restaurant is located centrally in Los Cristianos and is very busy. An amazing reputation secures many guests every day and evening both new and returning. If you are looking for a successful business with a good and steady income you cannot miss this! The premises ... For full information see website or contact:

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San Eugenio Alto, Pool Bar

€175,000

FRINA Tenerife presents this new Freehold opportunity Poolbar in San Eugenio Alto. A perfect located Freehold Poolbar inside a complex which is approximately a twenty minutes driving from Reina Sofia airport in the south. Almost opposite the resort there is Aqualand, a water park more suited to younger family members. The Freehold Poolbar is nearby att... For full information see website or contact:

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Los Cristianos, Bar/Cafe

€170,000

FRINA Tenerife now offers this Sea View Bar for sale in Los Cristianos, it is a unique and perfect option for the demanding buyer! You find this Sea View Bar in San Telmo which is busy all year and both days and nights. The current owner has designed the Sea View Bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa ... For full information see website or contact:

Ref: 2584 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€169,000

FRINA Tenerife now offers this Well-Known British bar Los Cristianos. It is known for its high-quality food and entertainment. The bar is located in a busy area that attracts many tourists and residents. This bar has been for almost 10 years and has a great reputation and a high income. So if you are looking for a bar in Los Cristianos you can't miss this... For full information see website or contact:

Ref: 2550 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Freehold Property

€159,900

FRINA Tenerife Offers this empty freehold local in Puerto Colon for

sale. It is located in the commercial centre of Puerto Colon and is a very central and busy location, with a lot of tourists all year round. Thanks to the beaches, excursions businesses, and bars in the area. This local is bright and spacious 76m2 freehold local is on the 1st floor and... For full information see website or contact:

Ref: 2521 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Alto, Pool Bar

€150,000

FRINA Tenerife presents this rare opportunity to buy a Freehold Pool Bar for Sale. This pool bar is in a busy complex in Torviscas. It is an apart-hotel complex where you will have both residents, expats, and tourists as guests. A pool bar is always a sure success and whether you wish to work less and only sell drinks and ice cream during the day or al... For full information see website or contact:

Ref: 2555 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Pub

€150,000

FRINA Tenerife offers for sale this Entertainment Pub & Restaurant for Sale located on the first line in Fanabe. It is known to be one of the busiest entertainment pubs in the area offering live music every day. And in the evenings, you must book to be sure to get a table. Moreover, the place offers a full British menu. Nevertheless, you find both British... For full information see website or contact:

Ref: 2503 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe

€150,000

FRINA Tenerife now offers this Famous traspaso café in Las Americas. And, it is a wonderful opportunity, to buy one of the most reputable British cafes in Playa Las Americas. The owner opened this bar over 10 years ago. And has grown to be one of the most recognized and popular cafes in the area. It has a great reputation for quality food, delicious cakes... For full information see website or contact:

Ref: 2533 | FRINA Tenerife SL - Business Sales | 922 085 191

€149,999 - €100,000

Los Cristianos, Bar/Cafe

€149,000

FRINA Tenerife now offers this Prime Location Bar in Los Cristianos, in front of Playa Las Vistas. It is a rare chance to buy in a truly prime location in front of the famous Las Vistas beach. The Bar in Los Cristianos has a great client base and is frequented by a lot of tourists, it has breakfast and lunch menu that satisfied all kind of clients. ... For full information see website or contact:

Ref: 2602 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Charter Yacht

€149,000

FRINA Tenerife now has the pleasure to offer this beautiful charter boat for sale in Puerto's colon. Puerto Colon is one of the busiest tourist harbours on the island and which contributes to this boat's popularity. This sunseeker boat includes an attached navigation 8 seats and 2 Volvo Kad 300 engines from 2021.

Ref: 2545 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Empty Local

€140,000

FRINA Tenerife offers this Freehold Office for Sale in Puerto Colon Commercial Center. A very central and busy location that enjoys lots of footfall year-round thanks to the many excursions business and bars in the area. Also, you are close

DIRECT FROM OWNER

Popular bar in busy commercial centre

MASSIVELY REDUCED DOWN TO €65,000 ~~€145,000~~



Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer.

Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

- Seating for 50 outside, 30 inside
- 6 year lease which can be extended
- Alarm system + 3 cameras
- Pool table + cigarette machine
- Community fees: €300p/m
- €150K annual revenue

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+34 655 092 580

to parking. The office is bright and spacious 92 m2. It was refurbished in 2019 with new electrical installations... For full information see website or contact:

Ref: 2477 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Pizzeria

€140,000

Now FRINA Tenerife offers this Business for Sale in Los Cristianos. The business is known for great pizzas and being located on a very busy street close to the beach and with a lot of footfall. Normally this is a very busy pizzeria that generates a high turnover year-round. Contact FRINA Tenerife for more details on this. The premises offer a large ... For full information see website or contact:

Ref: 2417 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe

€139,000

If you are looking for a Las Americas bar you cannot miss this successful business, which is famous for its amazing atmosphere, showing sports events and popular live entertainment several times a week. This bar has been open for more than 40 years and the current owner has only made this already well-established bar an even bigger success! Moreover, t... For full information see website or contact:

Ref: 2197 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Irish Bar

€139,000

FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale. This lovely bar is in Torviscas Bajo where it is visited by tourists of all nationalities. Irish bars are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and you will earn money from day 1! If you are ... For full information see website or contact:

Ref: 2518 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe

€132,000

FRINA Tenerife now offers this Long-Established Bar in Las Americas in the famous Avenida Las Americas. It is a rare chance to buy in a truly prime location in this area full of big hotels and tourists. The Bar in Las Americas has a great resident and tourist client base thanks to 22 years of activity with the same owner, it serves mostly drinks and so... For full information see website or contact:

Ref: 2605 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€129,000

FRINA Tenerife now offers this Amazing View Bar for sale in Los Cristianos, it is a unique opportunity in a prime location. You find this bar in Commercial Centre San Telmo which is full of tourists and locals all year and both days and nights. The owner has renovated the bar and has made it modern and cozy. Furthermore, the bar overlooks the beautiful... For full information see website or contact:

Ref: 2594 | FRINA Tenerife SL - Business Sales | 922 085 191

Arona, Property Management

€125,000

FRINA Tenerife now offers this Rustic Finca Management in Arona in a quiet area with mountain and sea view. The business consists of renting and maintaining the villa and the land with the possibility of living inside this beautiful Rustic Finca. Important to notice that the owner will give the management with the same rental conditions and for the fir... For full information see website or contact:

Ref: 2582 | FRINA Tenerife SL -

Business Sales | 922 085 191

Puerto Colon, Sports Bar

€125,000

FRINA Tenerife offers for sale this Entertainment Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has... For full information see website or contact:

Ref: 2590 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Bar/Cafe

€120,000

New on the market is this classic English Tea room, which is known for its delicious homemade cakes and a classic British tea table. And naturally, most clients are British residents and tourists. It is a smaller café which is perfect for a couple and it is great even if you have kids since it is only open during the daytime. Premises of the Tea Roo... For full information see website or contact:

Ref: 2292 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Restaurant

€120,000

FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The menu is a wide range of ever-popular meals for the whole family like pasta, steaks, roast chicken, pizzas, and more. And moreover, the restaurant h... For full information see website or contact:

Ref: 2387 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Commercial Property

€109,000

1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very luminous with direct access to the terrace from the living room. Parking space in the communal parking is included! Community fess: 197€ month, ... For full information see website or contact:

Ref: 08-0819 | Tenerifehome.com | 922 783066

Las Americas, Lap Dance Bar

€109,000

For sale in Tenerife is this newly refurbished bar & club which has the license to run both as a Cabaret Bar (lap dance) and Bar Sexual (sex club). You can choose to buy the business as a traspaso (leasehold) or buy it with the full SL company. Premises of the Lap Dance Bar & Club The club is newly built, and you get 300 m3 which are fully furnished... For full information see website or contact:

Ref: 2254 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto de Santiago, Pizzeria

€109,000

FRINA Tenerife brings to the Market this Pizzeria – Seafood Restaurant in Puerto Santiago, located in the touristic area of Santiago del Teide and with a stunning view on the Ocean. The two locals have the same owner and the same employees, they work mostly with Tourists, but it is also very well-known between the residents of the town. The Rent of the... For full information see website or contact:

Ref: 2609 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Restaurant

€106,000

FRINA Tenerife presents this Modern Restaurant in Puerto Colon for Sale in San Eugenio Bajo located on a busy street and overlooking the sea. This Modern Restaurant is fully renovated and has a unique decor, it faces stunning sunsets and enjoy an excellent flow of people, both tourists and locals. Premises of the Restaurant for Sale The premises... For full information see website or contact:

Ref: 2593 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Retail Business

€100,000

FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realejos, where it serves many locals in the area and some British people. The business has a solid reputation and had a healthy income, but is now closed. Included in the retail business The owner wishes to sell the business... For full information see website or contact:

Ref: 2343 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Bar/Cafe

€99,500

This well-known British Café for Sale in Fañabe is one of the best known in the area and has been established for many years. It is known for classic English breakfasts, cakes, Sunday Roasts, and much more. Furthermore, the café has great reviews among residents, tourists, and on social media, and no doubt you will guests from day one with this business... For full information see website or contact:

Ref: 2397 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business

€95,000

FRINA Tenerife is happy to offer this unique Excursion Business for Sale in Tenerife. This business offers both Flyboard excursions and Crazy UFO excursions. The business has been open for more than 6 years and runs all year round thanks to the great climate and warm sea waters here. The business includes all the equipment which are 2 fly boards, 1 ... For full information see website or contact:

Ref: 2427 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Ice Cream Bar

€89,000

FRINA Tenerife is happy to offer this amazing Crepe & Ice Cream Café for Sale in Las Galletas. The café is located centrally in the city and facing a busy area that enjoys plenty of footfall and attracts many residents and especially families. The café is known for ice cream, crepes, good coffee, and shakes. The premises are in good condition and you d... For full information see website or contact:

Ref: 2438 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Pest control business

€89,000

FRINA Tenerife offers a genuine successful Pest Control and Cleaning Company for sale. This company has been established for years and has hundreds of clients in the south of Tenerife. The main job is pest control of businesses and private houses, nevertheless, they also earn decent money on cleaning jobs. Since all work is done on location, the own... For full information see website or contact:

Ref: 2573 | FRINA Tenerife SL - Business Sales | 922 085 191

El Madronal, Babywear Shop

€86,500

FRINA Tenerife brings to the market this Baby SPA Wellness in Costa

FOR SALE

€69,950



DUE TO RETIREMENT A LONGSTANDING ESTATE AGENCY OFFICE IS NOW AVAILABLE FOR SALE.

ESTABLISHED IN 1994, THE BUSINESS OFFERS GREAT POTENTIAL TO INCREASE REVENUE FROM PROPERTY SALES, RENTALS, CAR HIRE ETC.

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Adeje, a one-of-a-kind business in the island. The Baby SPA has a very good reputation thanks to the beautiful online reviews. It comes with all furniture included. The Baby SPA Wellness has a full SPA licence and you are allowed to offer therapeutic massages too. It is in El Madroñal ... For full information see website or contact:

Ref: 2581 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Pool Bar

€85,000

FRINA Tenerife just took on this large pool bar in Torviscas Bajo. It is very well established and placed in a large and popular holiday resort that has hundreds of tourists every month year round. The pool bar has a large terrace overlooking the pool and with tables for 50 guests. The inside premises are fully equipped with a large bar and an industri... For full information see website or contact:

Ref: 2385 | FRINA Tenerife SL - Business Sales | 922 085 191

Vilafior, Bar/Restaurant

€80,000

FRINA Tenerife is happy to offer this beautiful Restaurant for Sale placed in the caves of a large finca in Tenerife. Today the place is known for its beautiful location and surroundings with wines and fruits trees and offers a modern Canarian menu made from local and homegrown products. This is a successful business with an amazing reputation but ther... For full information see website or contact:

Ref: 2549 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio, Restaurant

€79,000

FRINA Tenerife offers for sale in Costa del Silencio this restaurant that is known for delicious fish and tapas. It has been established for almost 2 years and has earned itself a good reputation and has very high reviews on Google, TripAdvisor, and Facebook. The premises are spacious 300m2 and moreover, have a terrace of 40 m2. Inside are tables for 1... For full information see website or contact:

Ref: 2515 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Beauty Salon

€76,000

FRINA Tenerife offers Traspaso Nail and Beauty Salon for Sale. It has a prime position in Las Americas facing the busy promenade and offering a stunning sea view. The business offers a variety of treatments among others manicure, pedicure, waxing, massages, tinting of lashes and eyebrows, facials and more. The premises are amazing and refurbished to hi... For full information see website or contact:

Ref: 2564 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Sports Bar

€75,000

FRINA Tenerife is happy to offer this Music & Sports Bar for Sale. The business is in Torviscas Bajo 5 minutes far from the famous Torvisca Beach and known for sports events and music entertainment. The Music & Sports Bar has a pool table used frequently



in the evening by professional team and organise Karaoke and Bingo events for his clients. Wheth... For full information see website or contact:

Ref: 2588 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Excursion Business

€75,000

This Boat Hire Excursion for Sale offers zodiac boats to hire and go for private trips. The brilliant thing about zodiacs is you do not need a license to sail it so both residents and tourists come to rent and enjoy a private trip on the sea. This is an easy excursion business to run for one person since you only need to meet clients for the instructio... For full information see website or contact:

Ref: 2426 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Bar/Cafe

€69,000

FRINA Tenerife offers for sale this Spanish Traspaso Cafeteria located centrally in the old city center of Adeje. And it is the preferred place for breakfast and lunch for both locals and those who work in the area. The cafeteria has been established for 18 years, has many regular clients and is financially healthy. The cafeteria measures 75 m2 and ... For full information see website or contact:

Ref: 2390 | FRINA Tenerife SL - Business Sales | 922 085 191

Golf del Sur, Bar/Cafe

€65,000

Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer. Included are 10 televisions which can show 3 different matches, and 2 WIFI routers (one for the TVs, one for customers).

Ref: B-122 | Tenerife Prime Property | 922 703 725

Las Americas, Bar/Cafe

€65,000

FRINA Tenerife has brought to the market this Las Americas Lounge Bar for sale traspaso. This lounge bar is beautifully furnished and known for a large cocktail and shisha menu. It is located centrally in Las Americas facing a busy street among complexes and hotels. The premises are fully furnished and designed to high standards. The bar is 60 m2 and h... For full information see website or contact:

Ref: 2488 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Alto, Bar/Cafe

€65,000

Now we offer this Reputable Bar for Sale in Torviscas Alto. If you are looking for a well-established business with many loyal customers, you should have a look at this café that is a popular place to meet friends for a drink. The current owner had the business for 3 years and only look to sell since he also has other businesses. The premises of the... For full information see website or contact:

Ref: 2444 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe

€65,000

FRINA Tenerife offers this Bar-Restaurant for sale in San Eugenio Bajo. It is a well-known business and enjoys many regulars and new guests due to its location in a large complex that enjoys residents and tourists year-round. The business is known for its great price/quality and live entertainment several nights a week. The premises are well-maintai... For full information see website or contact:

Ref: 2463 | FRINA Tenerife SL - Business Sales | 922 085 191

El Medano, Bar/Cafe

€65,000

FRINA Tenerife is happy to offer this Modern Café for Sale in El Medano which is a popular and lovely town in the South of Tenerife. The café is located in a modern commercial center close to many resident complexes. The café has been here for more than 6 years and has many regular guests. Even though tourism has been lower the last year this place still ... For full information see website or contact:

Ref: 2500 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe

€65,000

FRINA Tenerife offers this British Bar & Café in Torviscas Bajo in a full of tourists area. The Bar has a good reputation and great client base, it is operative and ready for work. This British Bar is easy to run and perfect for a couple, it has been recently renovated and the owner will support the buyer during the first month of activity. Premises... For full information see website or contact:

Ref: 2579 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Pizzeria

€60,000

FRINA Tenerife is now offering this well know pizza restaurant traspaso in Adeje. The restaurant is centrally located, in the centre of the old Adeje town. Where it is in a residential complex. This is a restaurant that is popular among the residents and families in the area. The premises are a spacious 92 m2 restaurant that has a large, covered terrac... For full information see website or contact:

Ref: 2525 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Paraiso, Bar/Restaurant

€59,000

FRINA Tenerife offer for sale in Playa Paraiso this restaurant-café. It is known for quality meals inspired by the Italian kitchen and especially their fish and pizzas are delicious and popular. This location has few direct competitors and attracts both regulars and tourists. The premises are spacious 70 m2 and newly refurbished with an open kitchen... For full information see website or contact:

Ref: 2474 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Bar/Restaurant

€59,000

FRINA Tenerife is now offering this Long-Established Bar Restaurant in Adeje. The Restaurant is centrally located, in a busy main street of Adeje town. This is Bar Restaurant is very popular among the residents and families in the area and it has a loyal client base. Premises The premises are a spacious 58m2 inside where you can host up to 30 sea... For full information see website or contact:

Ref: 2595 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Pizzeria

€55,000

Now FRINA Tenerife offers this Adeje Pizzeria for Sale that has been established for several years and is known for delicious pizzas. If you wish to keep running this business as a pizzeria, this location is perfect to establish yourself as a takeaway and delivery business for all the surrounding complexes. This is the area for you that gives loyal cus... For full information see website or contact:

Ref: 2416 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Alto, Bar/Cafe

€53,000

FRINA Tenerife brings to the market this Traspaso Cafe for sale in San Eugenio. This café is known for homemade Italian food and has

been established for years hence, it has a good reputation and many regulars. It is a perfect size for a couple who wishes to work together and as a first-time buy. Today the owner does not offer delivery, but the café... For full information see website or contact:

Ref: 2565 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€52,000

FRINA Tenerife offers this Bar & Café Traspaso in Los Cristianos in a long-term tourists and residents' area. The Bar has a good reputation and great client base, it is operative and ready for work. This Bar Traspaso is easy to run and perfect for a couple, the Menu is rich and diversified and the waitress can support the new owner in the first month. ... For full information see website or contact:

Ref: 2577 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Minimarket

€51,000

FRINA Tenerife offers this unique opportunity to buy a Traspaso Minimarket and Fast Food Shop in Los Cristianos. This business sales both fast food like kebab, fries and burgers. Moreover, is the store installed with shelves and fridges to sell everyday goods like alcohol, chips, sweets, ice cream, sun cream etc. The premises are 60 m2 inside and has a... For full information see website or contact:

Ref: 2431 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Fast food restaurant

€50,000

FRINA Tenerife offers this Fast-Food Restaurant in Torviscas Bajo in a full of tourists area. It is only 5 minutes far on foot from the famous Torviscas Beach. This Fast-Food Restaurant is easy to run and perfect for a couple, it has a good reputation and great client base, it has a lot of 5 Star reviews on TripAdvisor. Premises The Fast-Food R... For full information see website or contact:

Ref: 2586 | FRINA Tenerife SL - Business Sales | 922 085 191

UNDER €50,000

Los Cristianos, Bar/Cafe

€49,500

FRINA Tenerife now offers this amazing French Café in Los Cristianos. 2 Years ago the owners refurbished this Cafe. Where they also installed a wine boutique. This café serves French healthy food and it does tapas and wine tasting. And has done so for more than 8 years, and has a good reputation. furthermore, with the addition of the boutique, the new own... For full information see website or contact:

Ref: 2539 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas, Bar/Cafe

€49,000

FRINA Tenerife is now offering this café in Las Galletas for sale. It is newly refurbished. With a fully equipped kitchen. The café is in a residential. This is perfect if you are looking for a bar/café in the south. And prefer a less touristic area. The café has been closed but is ready to open. This location would be great as a pizzeria, take away re... For full information see website or contact:

Ref: 2532 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Bar/Cafe

€45,000

FRINA Tenerife offers for sale this Juice Bar & Café in Las Americas that has been established for several years and has many fixed clients. The menu is juices, smoothies, breakfast, salads, sandwiches, and typical Spanish

lunches. The guests are a mix of local Spanish and tourists. The premises were refurbished in 2018 and therefore in good condition... For full information see website or contact:

Ref: 2440 | FRINA Tenerife SL - Business Sales | 922 085 191

Amarilla Golf, Bistro

€45,000

For sale traspaso is this well established bistro-café in Golf del Sur, situated at the entrance of a resort in the best-known golf area of Tenerife. The reputation of the business is great both locally by word-of-mouth and high TripAdvisor score. Note, the cafe is located in 2 combined locals where 1 of the locals are for sale freehold, hence you can ... For full information see website or contact:

Ref: 2569 | FRINA Tenerife SL - Business Sales | 922 085 191

Playa Fanabe, Bar/Cafe

€39,000

FRINA Tenerife offers this Modern Cocktail Bar in Playa Fañabé, close to the Bus Station and at 5 minutes from the beach on foot. The Bar has a good reputation and great client base, it is operative and ready for work. This Modern Cocktail Bar is easy to run and perfect for a couple or for a group of friends, it has been recently renovated and the owne... For full information see website or contact:

Ref: 2600 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Bar/Cafe

€37,000

FRINA Tenerife offers this traspaso Bar & Café for sale in Abades a cozy little village in Tenerife South. The business has been established for 3 years and is next to the beach and the Leprosaría sight that attracts many tourists year-round. Furthermore, this is a popular area for hikers and divers. The premises are 60 m2 with a bar, storage, and full... For full information see website or contact:

Ref: 2506 | FRINA Tenerife SL - Business Sales | 922 085 191

Adeje Town, Pizzeria

€35,000

New on the market is this large Pizzeria & Restaurant for sale in Adeje that opened in 2007. The many years with the same owner made this a genuinely successful business. However, today the place is closed, hence the low price. The restaurant was known for delicious pizzas, local fish, great wines, and Italian homemade desserts. It is located centra... For full information see website or contact:

Ref: 2448 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Pub

€35,000

FRINA Tenerife offers this Pub for Sale in Torviscas that is very popular among especially the British residents and tourists. The pub has a well-equipped kitchen for

Las Galletas, Bar/Cafe

€35,000

FRINA Tenerife is happy to offer this modern Bar-Café for Sale in Las Galletas that is known for its lovely tapas. The bar is in a cozy and busy street and has a lovely terrace. The menu is breakfasts, cakes, snacks, and classic Spanish tapas with meat and fresh fish from the locals. The premises are recently refurbished and in great condition, so the ... For full information see website or contact:

Ref: 2442 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Excursion shop

€33,000

FRINA Tenerife offers this smaller excursion shop for sale, which has been established for 3 years. This shop sells all kinds of Tenerife excursions like boat trips and trips to Teide, and tickets for animal and water parks. The shop is in Las Americas which has many tourists year-round and is the busiest tourist area of Tenerife South. The place has a... For full information see website or contact:

Ref: 2470 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Pool Bar

€32,500

FRINA Tenerife presents this new opportunity Poolbar in Las Americas. A perfect located poolbar inside a complex of 200 apartments, easy to run for a couple. The most profitable hours for this Poolbar in Las Americas are during daytime especially at breakfast. The customers are mostly tourists and there are some residents too. Premises The Poolba... For full information see website or contact:

Ref: 2571 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Bar/Cafe

€29,000

FRINA Tenerife brings to the market this amazing opportunity; a traspaso bar & café with amazing views. The terrace faces the harbour of Puerto Colon and you will be hard pushed to find a better view than here. Today it is a tapas restaurant specialising in local Spanish tapas but you could change the concept as you like. The premises are in perfect... For full information see website or contact:

Ref: 2566 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Alto, Storeroom

€29,000

FRINA Tenerife now offers this Freehold Storage for Sale. This freehold is in a complex in Torviscas Alto. Today the room is more or less empty and it can be taken over within weeks. The premises are 33 m2. Para información en español llámenos: +34 670 636 004 Published April 2022.

Ref: 5254 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Minimarket

€23,000

We are happy to offer for sale a Traspaso Minimarket located in one of the busiest areas of Los Cristianos. This minimarket sells refreshments, everyday goods, beach toys, and souvenirs. The premises are 38 m2 inside and fully furnished moreover, is a terrace of 40m2 for displaying products as

well. The business is licensed as a minimarket, but you ... For full information see website or contact:

Ref: 2492 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Beauty Salon

€18,000

FRINA Tenerife offers for sale in Las Americas this bargain beauty salon that offers pedicures, manicures, massages, make-up, esthetic comitology, and more. The clients are both men and women. It is located centrally in Las Americas facing a busy walking path next to the ocean and among shops, hotels, and restaurants. The premises are 70 m2 with nai... For full information see website or contact:

Ref: 2429 | FRINA Tenerife SL - Business Sales | 922 085 191

Valle de San Lorenzo, Language Academy

€15,000

FRINA Tenerife now offers a Language School for Sale in Valle San Lorenzo. The owner is British and offers English classes to Spanish speaking and Spanish classes to English speaking. The clients are both kids and adults. The premises are 70 m2 which all was renovated in 2020. Also, all furniture and teaching materials are new, hence you do not need to... For full information see website or contact:

Ref: 2572 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Hairdresser's

€12,500

FRINA Tenerife is happy to offer for sale this Hair & Beauty Salon located in Los Cristianos where it has a central location. The business is located inside an historic building full of locals and long-term tourists. Today the Salon offers both hair and beauty treatments like manicure, pedicure, haircut, hair colouring and more. Premises The Hair... For full information see website or contact:

Ref: 2589 | FRINA Tenerife SL - Business Sales | 922 085 191

Tenerife South, Hairdresser's

€9,500

FRINA Tenerife offers this Unique Supply Business for Sale in Tenerife South. If you are a good seller with passion and knowledge for beauty this is your chance to get established in Tenerife. The owner has very profitable deals with several suppliers, which you will be taken over. Furthermore, you will be introduced to the fixed customer base, get tra... For full information see website or contact:

Ref: 2447 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Beauty Salon

€2,500

FRINA Tenerife just listed this great opportunity for sale. This newly renovated Local for Beauty Salon & Hairdresser is in Los Cristianos where your clients will be both



snacks, nevertheless, most sales are beverages. It is a smaller and easy to run business for another British couple who wishes to work together without the responsibility for many employe... For full information see website or contact:

Ref: 2404 | FRINA Tenerife SL - Business Sales | 922 085 191

residents and tourists. The premises are 30 m2. The main local is installed with a hairdresser sink, chairs, and mirrors and then you have a smaller local for massages. Lastly, is a p... For full information see website or contact:

Ref: 2499 | FRINA Tenerife SL - Business Sales | 922 085 191

FOR SALE

WELL-ESTABLISHED EXTERIOR FURNITURE AND SUNSHADE BUSINESS IN LOS ABRIGOS

TENERIFE
PRIME PROPERTY



Contact +34 922 703 725 for more information

This is a fantastic opportunity to purchase a well-established business. On offer is the leasehold on this Exterior Furniture and Sunshade shop, situated in the popular village of Los Abrigos, including stock on the Showroom floor, supplier contacts and client database.

The Business, established 7 years ago, if marketed more aggressively, could be extremely successful. It would have the advantage of being fed clients from the Studio4Decor Interior Design and Furniture shop,

situated across the road which has been established on the Island for 20 years with an excellent customer service record.

There is little competition in the vicinity and these premises are in the perfect position - close to Golf del Sur and Amarilla Golf - with their large concentration of residents, not to mention that within 10 to 15 minutes lie Palm Mar, Los Cristianos and Las Americas with their huge numbers of international residents. There are literally 1,000's of potential clients

nearby and the Studio4Decor team are on hand to give all the help and guidance any new owner could need.

Accounts are available for inspection to any serious buyer. The Business is profitable and the only reason for sale is that it is too much for one person to run both and there are plans in place to grow the Interior Design & Furniture part. With the right person the Exterior Furniture & Sunshade Shop can be taken to the next level with fabulous earning potential.

This Business is unique for 3 reasons:

- There is nothing else for sale like this on the Island and it is situated in a very popular area, with ample parking.
- The Studio4Decor team is close by and on hand to give support and guidance during a transition period.
- The Business has an extensive and attractive product range with excellent suppliers from Mainland Spain, with transport logistics already in place.

€85,000

SUCCESSFUL BUSINESS Trampoline Park FOR SALE



- ✓ **100.000 SALE TICKETS/YEAR**
- ✓ **1200 BIRTH PARTIES/YEAR**
- ✓ **GREAT INVESTMENT - ROI IN 24 MONTHS**
- ✓ **NO COMPETITION IN TENERIFE**
- ✓ **RECOGNIZED BRAND** (OVER 3000 SEARCHS PER MONTH IN GOOGLE)
- ✓ **TAXES ONLY 4%** (ZEC ZONE COMPANY)
- ✓ **2500² OF MODERN FACILITIES**
- ✓ **1500² OF TRAMPOLINE FACILITIES**
- ✓ **★ GREAT REPUTATION** (OVER 200 REVIEWS 4,4 RATING)



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paul@canaryjump.es

FRINA Tenerife

tenerifebusinessforsale.com

"IF YOU BELIEVE IN WHAT YOU'RE DOING,
YOU SHOULD JUST DO IT.
YOU'LL KEEP GETTING BETTER."

Successful Burger Restaurant



This business has been established for years and is famous for its gourmet burgers and nice inviting décor. It is 60m2 inside, has a large terrace of 70m2 and is located in San Eugenio. The monthly rent is only 945€

Ref.: 2642

Price: 120,000€

Brand Company for Sale



This business has been established for 4 years and earns a good profit. It has a wholesale customer database and a webshop for B2C customers. The brand is mainly present in the Canary Islands but also has customers in Europe.

Ref.: 2658

Price: 98,000€

Bar & Cafeteria Freehold



This freehold is 80 m2 inside and newly renovated. The terrace is elevated and holds tables for 10 people. It is located centrally in Cho where it is known and well-visited by the locals and only open during daytime.

Ref.: 2668

Price: 220,000€

Freehold Bar in Callao Salvaje



This is a great opportunity to purchase a well-established bar sold as a freehold for a fair price. Also, you can buy the leasehold now and the freehold later. The premises are 75m2 including the terrace. The leasehold price is 32,000€.

Ref.: 2645

Price: 130,000€

CHEAP SEA FRONT LOCAL



If you are looking to open a bar, cafe, salon or shop in a prominent location, you will be hard pushed to find a better offer! Located perfectly at the sea front of Las Americas. The local is 86 m2. The monthly rent is 4,000€.

Ref.: 2665

Price: 5,000€

Los Cristianos Pool Bar



This pool bar is in a complex of 175 apartments with residents and tourists. It has a good reputation and offers an international menu with many British favourites. It has space for more than 100 guests. The monthly rent is: 2,050€.

Ref.: 2628

Price: 69,000€

Large Music & Gastropub



This gastropub is perfect for food and live music. You get 200m2 inside with a fully equipped kitchen and a stage large enough for bands. Moreover, is a terrace of 30m2. It is on a busy road in Las Chafiras. The monthly rent is: 3,200€.

Ref.: 2651

Price: 45,000€

Pool Bar in Large Complex



This is in a large and very busy complex in Torviscas Bajo and you will earn money from day 1 in this location. The elevated terrace is facing the pool and altogether are tables for 50 guests. The monthly rent is: 1,750€

Ref.: 2385

Price: 100,000€

Wine Bar-Boutique



This bar has been established and for almost 10 years. It can be run by 1-2 people and it is perfect for someone who knows and loves wine. The bar sells wine by glass or bottle or earns a healthy profit. The monthly rent is 3,100€.

Ref.: 2650

Price: 25,000€

Tapas Bar in Los Cristianos



This bar is located centrally in Los Cristianos and serves tapas and healthy meals. It is a great size cafe for a couple. It is 30m2 inside with an open kitchen and has a street terrace of 20m2. The monthly rent is 1,174€

Ref.: 2647

Price: 53,000€

Long-established Dive Center



This dive center is for sale traspaso and located in Abades that attracts many divers year-round. It has been established for years. The premises are located just at the sea front and are 2 spacious locals. The monthly rent is: 600€.

Ref.: 2667

Price: 270,000€

Successful Restaurant



Through the last 10 years the owners have built a strong name for themselves and with that a profitable business centrally in Los Cristianos. It is fully equipped with an open kitchen and terrace for 34 guests. The monthly rent is 2,200€

Ref.: 2538

Price: 84,000€

Freehold Pool Bar



This freehold pool bar is in a large complex in San Eugenio Alto and is spacious with a bar both inside and outside on the terrace. This is a great opportunity whether you are looking for an investment or bar to run yourself.

Ref.: 2603

NEW PRICE: 150,000€

Restaurant in Golf del Sur



Large restaurant of 200m2 known for Seafood with Italian specialities. Through 7 years the owners have built a strong name for themselves and a profitable business. It has a large terrace and the monthly rent is: 1,300€.

Ref.: 2666

Price: 129,000€

Freehold Office For Sale



This office is spacious 63m2 including a main area and a separate office, the place also has its own toilet. Outside there is a bright 20m2 terrace. It is in a commercial center in San Eugenio and perfect for lawyer, real estate or a salon.

Ref.: 2654

Price: 194,000€

Sailing Boat in Puerto Colon



For sale is this Jeanneau Sailing Boat licensed for 11 people and with berth in Puerto Colon. This is a great opportunity to start an Excursion Business in the most popular harbour of Tenerife. The berth is 1,400€ monthly.

Ref.: 2660

Price: 109,000€

Luxurious Bed & Breakfast



This luxurious B&B is for sale freehold and includes a large villa with both rooms and apartments to rent, pool and jacuzzi. Moreover, is a private wing for the owners that has kitchen, bathrooms, living room and 4 bedrooms.

Ref.: 2614

Price on request

Street Food Bar For Sale



This used to be a street food bar and has big potential thanks to its space - the bar is newly refurbished and more than 100m2, including a large kitchen. It is in busy area of Los Cristianos. The monthly rent is 3,000€

Ref.: 2659

Price: 79,000€

Busy Snack Bar in Puerto Colon



This snack bar is very popular and is known to serve breakfast, lunch and take away for the many people who work and visit the area daily. It is perfect if you wish to have days and evenings off. The monthly rent: 1,000€.

Ref.: 2636

Price: 49,000€

Large Pool Bar & Restaurant



This is in a large and busy complex in Los Cristianos and open to public. The place has a bar and terrace facing the pool and a large restaurant and terrace facing the street. You can seat over 150 guests here. Monthly rent: 3,000€

Ref.: 2633

NEW PRICE: 235,000€

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we are here too

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English, Spanish, Flemish, Dutch, German, French, Danish

