The Tenerife Property & Business Guide



FREE / GRATIS **Every Month**

September 2022 Issue 215

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Check out our magazine section starting page 24!



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* TENERIFE PROPERTIES









Ceilo I, Tajao

Ref: I1433 €237,750

This fantastic apartment is in the picture perfect location, situated directly on the sea front in the pretty and unspoiled fishing village of San Miguel de Tajao. This charming Canarian fishing village has 2 pebbled beaches, a harbour, a lovely bay to swim in and a selection of some of the finest fish restaurants on the island! Tajao is around 15 minutes drive from the aiport and around 30 minutes from the resorts of Playa de Las Americas and Los Cristianos. If you are looking for a peaceful location with stunning sea views and the sound of the waves while you relax on your terrace then this property could be for you! It comprises 3 bedrooms, 2 bathrooms, lounge with integrated kitchen, a large terrace to

the front and a smaller one to the rear. There is also a small utility room at the back of the property. The apartment block is set into the natural volcanic stone that characterises the area and it is really something special.

For further and information and viewings please contact Tenerife Properties:

(00 34) 922 724 110 (00 34) 608 573 443 rachel@tenerifeproperties.net

PARQUE SANTIAGO 2 - 3 BEDROOM VILLA



Investment property, holiday let includes existing reservations and 24 month contract with letting agent

PARQUE SANTIAGO 1 - 2 BEDROOM VILLA

Investment property, holiday let includes existing

reservations and 24 month contract with letting agent

€ 690.000



€ 569.000



MAMI 2009 REAL ESTATE AGENTS S.L CIF: B76792324

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€ 569.000



€ 449.000

PARQUE SANTIAGO 2 - 2 BEDROOM VILLA



Investment property, holiday let includes existing reservations and 24 month contract with letting agent

PARQUE SANTIAGO 1 - 2 BEDROOM APT.



Investment property, holiday let includes existing reservations and 24 month contract with letting agent

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CASTLE HARBOUR, LOS CRISTIANOS







Good sized apartment situated on the 7th floor of this popular complex. The apartment has two double bedrooms with fitted wardrobes, living room with American style kitchen and bathroom with walk in shower. The balcony has views to the sea and pool area. On site there is a heated pool, restaurant and laundry and lift access to all areas. The complex has a touristic licence with 24 hour reception and reservations department should you wish to purchase this property for an investment property. The complex is just a short walk to a shopping centre with supermarket, shops and popular food market on the roof terrace. The beach is around 1km from the complex.

Ref: AP0597 Price: €178,000



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MILLENIUM HOUSE, CC SAN BLAS **GOLF DEL SUR**





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OUR OFFICE LOCATIONS:

CC San Blas - Golf del Sur

Las Adelfas I - Golf del Sur

CC Puerto Colon - Playa de Las Américas



1 BED APARTMENT - GOLF DEL SUR

If you are in the market for a spacious one bedroom apartment, which would suit as either bedroom apartment, which would suit as either a permanent residence or a secure lock up and leave, then this spacious property could be just the ticket. The property measures a very comfortable 51m² and boasts a private underground parking space. The property is to be sold furnished and is priced to sell! Whether it is virtual or physical, book your viewing today.

Ref: GOI F01720 Price: €140,000 (approx. £118,500)



2 BED DUPLEX - LAS CHAFIRAS

RESIDENTIAL LOCATION!

Want to live the Canarian life without isolating yourself too much, then look at this two bedroom top floor apartment in the residential zone of Las Chafiras. The existing owners removed the second bedroom to offer themselves a larger living space, however, this can be easily changed back to the original format, should you need the second bedroom. Sold furnished, with underground parking and a lockable storeroom

Ref: OG00210 PREVIOUSLY €170.000 Price: €160,000 (approx. £135,500)



2 BED APARTMENT - AMARILLA GOLF

STUNNING VIEWS!

Reach for the sky from this wonderful top floor, two bedroom, two bathroom apartment boasting an amazing roof terrace with stunning views to the Golf Course and Mount Teide. Located within a vibrant, extremely well-maintained development, offering a traditionally Spanish appearance and featuring beautiful tropical gardens, a waterfall, and a heated communal pool, with pool bar/restaurant.

Ref: AMG00591

Price: €160,000 (approx. £135,500)



3 BED APARTMENT - TAJAO

SEA FRONT PROPERTY!

The location and views don't get much better than this frontline three bedroom apartment. Consisting of three bedrooms, two bathrooms, an open plan kitchen with dining and lounge area, and good sized terrace overlooking the sea. On the ground floor, on the sea front, in the beautiful fishing village of Tajao, with views to the sea and beach. For something special and unique, add this property to your list

Ref: OUT01172

Price: €237,750 (approx. £201,500)



2 BED PENTHOUSE - GOLF DEL SUR

SPACIOUS ROOF TERRACE!

Take a look at this fabulous two bedroom, two bathroom penthouse apartment, that boasts a roof terrace so big it could host a football match. Situated within a very well maintained complex this 4th floor apartment is accessed via a lift, and is to be sold with an underground parking space, which if you have ever tried to park in this area, you will know is worth its weight in gold. The property is sold furnished.

Ref: GOLF01722

Price: €260,000 (approx. £220,500)



2 BED DUPLEX PENTHOUSE - GOLF DEL SUR

EXCEPTIONAL STANDARD!

If sea views and outside space are high on your wish list, then you need to call us today to make an appointment to see this wonderful two bedroom duplex apartment. The apartment has been fully refurbished to an exceptional standard and the appearance of the property is modern and contemporary. If you are looking for something with a WOW factor, this apartment should definitely be on your radar!

Ref: GOLF01721

Price: €289,500 (approx. £245,500)



1 BED APARTMENT - COSTA ADEJE

LUXURY LOCATION

Do you have anything walking distance to the beach, in the heart of everything? The answer is most definitely yes. Located in the five-star luxury area of Costa Adeje, this one bedroom, top floor, apartment will be the end of your search. This immaculate holiday complex is 2nd line from the beach, offers good views, 24hr reception bar, restaurant, supermarket, roof top solarium everything onsite, and in perfect condition.

Ref: LA01930

Price: €299,950 (approx. £254,000)



4 BED DETACHED VILLA - ARONA

RENTAL INVESTMENT OPPORTUNITY!

Set in almost 3000m² of landscaped gardens Cacti, Palms and fruit trees, with a private pool and some of the best views to the mountains and coast. A little taste of private paradise, and yet 10 minutes to the main tourist areas and beaches. Divided into three separate living/ sleeping areas, with their own bathroom/shower facilities and two with private kitchens. Currently operated as a successful holiday rental property.

Ref: OUT01166

Price: €975,000 (approx. £826,500)











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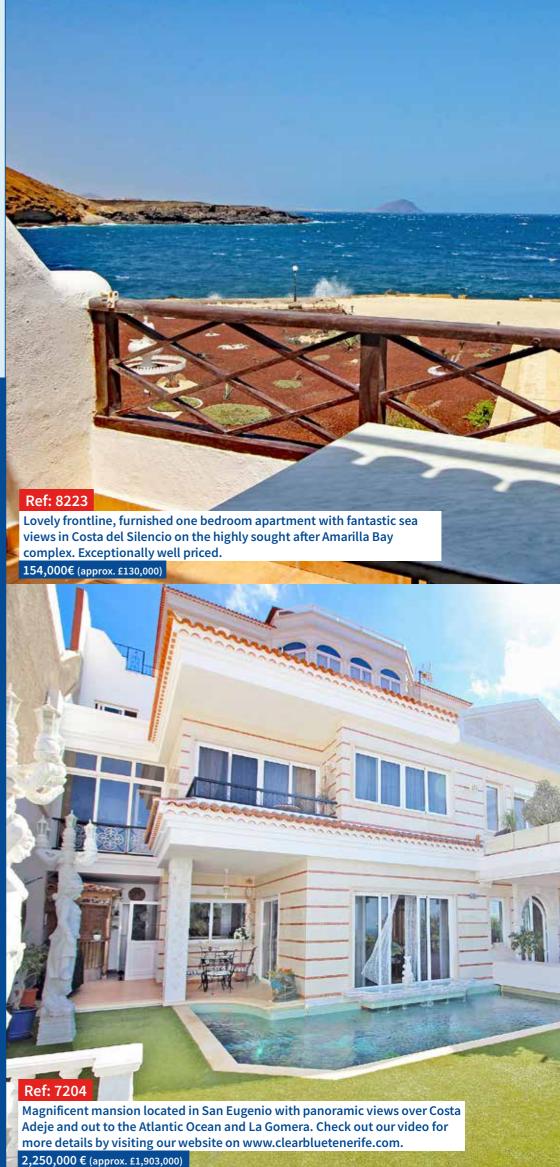
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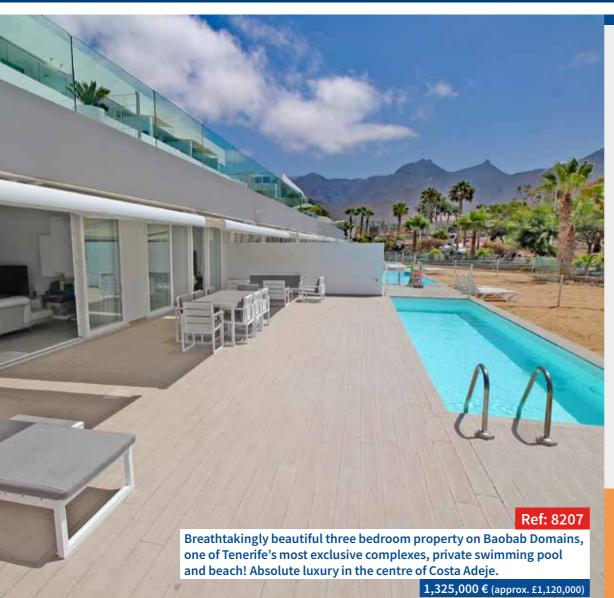
August is traditionally a quiet month in the Tenerife property market, with many Estate Agents working short hours and some closing altogether for the whole of August. However at Clear Blue Skies Group SL we were open as usual and our reward was a record August value in sales.

The Tenerife property market continues at a pace, and enquiries continue to pour in from all of the traditional areas like Britain, Ireland, Belgium, France, Germany, Italy and so on, however more and more interest is being expressed from further afield, like the Scandinavian countries (we completed a sale to an Icelandic client in August) and the former Eastern Bloc countries (we completed a sale to a Bulgarian client in August).

Clear Blue Skies Group is particularly well placed to obtain enquiries from these new markets due to our extensive international internet marketing and the popularity of our own website. We also are meeting many potential property purchasers whom we first met on our stands at "A Place in the Sun" exhibitions in London and Manchester earlier in 2022.

Please contact us now for a no obligation valuation of your property at our friendly office in Fañabé Plaza. All properties are taken on a "no sale, no fee" basis





WHAT OUR RECENT **CLIENTS THINK ABOUT US**

CLIENT WHO PURCHASED IN PLAYA PARAISO:

"Excellent, reliable, professional and trustworthy estate agents in the south of Tenerife that we would highly recommend".

CLIENT WHO SOLD IN TORVISCAS ALTO:

"Very helpful and friendly service".

CLIENT WHO BOUGHT IN LAS GALLETAS:

"I would just like to thank you for all your help on finding our new apartment. Your service was fantastic from start to finish".

Why not visit our friendly air-conditioned office in Fañabé Plaza for a no obligation chat or we can come to you? We speak Spanish, English, French, German, Italian, Flemish, Dutch, and Hungarian.



CONTACT US

Get in touch to discuss buying or selling a Tenerife property with us

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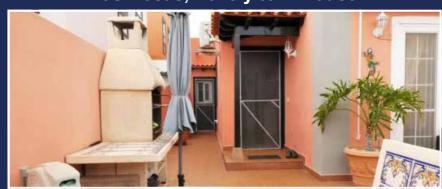
Costa del Silencio, Amarilla Bay



Looking for a holiday home in a front-line complex by the sea? This is it!! A good-size, 'Turn-key' south-facing 1 bed, 1 bath apartment in this popular complex with pool, pool bar and parking, and close to all amenities. This property will not last long on the market, hence viewings are highly recommended.

€146,000 CS531-AB146

Las Rosas, Lovely townhouse



Spacious (108sqm) 3 bed, 2 bath (+WC) townhouse close to the fishing village of Las Galletas with its supermarkets, pharmacy, shopping, schools etc. Built on 2 floors, the ground floor has a large terrace, lounge, independent kitchen. On the second floor are 2 bedrooms, one with a terrace, plus the 2nd bathroom. This is a turn-key property, viewings recommended!

€205,000 LR491-CC205

La Jaca (Arico), Lovely apartment!



Excellent apartment for sale located in a quiet area very close to the sea in the municipality of Arico, in the town called La Jaca. This bright and modern property consists of 2 bedrooms, 1 bathroom and it's spacious kitchen with a living-dining room, it also has a balcony that is accessed from the living room. The property has a parking space, storage room and a laundry room.

€139,000 LJ231-LJ159

Golf del Sur, Duquesa del Mar



Have you always longed to live somewhere with sea views? Fond of golf? Stunning, fully furnished, 3 bed, 2 bath (1 en suite) penthouse in superb complex with heated pool with its own lift direct from the parking garage. Spacious living area, Americanstyle kitchen, bright, covered-in terrace with sea views, plus 2nd terrace off the master bedroom, plus parking space and storeroom.

€270,000 GDS652-DDM270

San Miguel de Abona, Lovely 4 bed apt



Unique 2nd floor property in a recently refurbished building. The apartment has 4 beds and 1 bath and NOT being on the main street makes it a very quiet and peaceful residential area. Unique layout with 2 living rooms, one with an open plan kitchen/dining room, and private roof terrace with a 360 degree view of the sea and mountains. Sold unfurnished. No community fees.

€191,000 SM081-Cl191

Costa del Silencio, Parque Don Luis



Beautiful 2 bed, 1 bath ground floor apartment on popular complex with pool and parking. It has a living room, American kitchen, and sunny terrace. The complex is quiet and is close to all amenities and Yellow Mountain.

€158,000 CDS941-PDL158

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RURAL HOUSE - CHIRGUERGUE EXCLUSIVE Ref: 399-CH3

Great opportunity! Fully refurbished rural house with beautiful coastal views. New fully fitted barn style kitchen, large master bedroom with en-suite, spacious terrace and private parking, ideal home or holiday letting investment.

3 bed, 2 bath 185.000€



Modern 3 bedroom penthouse apartment, well located on this residential community with private parking, and storeroom. Offering 3 bedrooms, two bathrooms, and lounge with separate fitted and equipped kitchen, and private 70m² roof terrace.

3 bed, 2 bath

199.500€



Stunning corner penthouse apartment with amazing sea views. Motivated sale, this large property is offered furnished comes with two double bedrooms with fitted wardrobes, bathroom, and large lounge with fitted American Style kitchen. Private parking.

2 bed, 2 bath 244.950€

Ref: 681-CL

THE TREEHOUSE - CHAYOFA

Leasehold available now for the iconic **Treehouse Bar / Restaurant**, located in the heart of Chayofa. Currently called "Moonshine" the business has seen expensive renovations and improvements, viewing is necessary to see the quality that is on offer here. This is an amazing opportunity to take over a well know business, with a proven track record, and enormous amounts of potential. 360° tour available on our website – this has been priced to sell as there is a genuine reason for sale. The lease hold is available today for 125.000€ though more has been invested in here, and this price could be slightly negotiable if you can move quickly. Monthly rent is fixed at 2.500€ per month. Do not miss out!

0 bed, 2 bath 425.000€ 99.950€



Genuine reason for sale, this is offered at a bargain price. First to see, will buy. Large very well presented, penthouse studio apartment, large sunny terrace with golf views. Great location, fantastic community facilities.

0 bed. 1 bath

94.950€



Very well presented studio apartment, offer furnished, within this popular well located holiday community. Great sea views from the terrace this property is turn key, ready to go. Don't delay, ask for an appointment to view today.

0 bed, 1 bath 147.000€



Large, fully furnished 2 bed, 2 bath ground floor apartment newly listed on quality resort. Including private parking this property has semi-separate fitted and equipped kitchen. Private sunny terrace and garden. Community with VV licences.

2 bed, 2 bath 229.500€



New to the market, 3 bedroom pool front town house, very well located on this popular resort with heated swimming pool. Offering 3 bedrooms, 2 bathrooms, lounge / dining room and separate fitted kitchen. Private terrace.

3 bed, 2 bath 299.950€

VILLA / FINCA – PLAYA DE LA ARENA



Stunning, large family home, set in landscaped 20.000m² gardens, with private pool, guest accommodation, numerous gardens and stunning views. Located at 400meters above sea level, but just five minutes from the coast, this exception property is a true dream home, with its privileged private location, charming accommodation, and extensive, useable land, this property is a rare gem.

7 bed, 3 bath 1.795.000€

AS FLORITAS – PLAYA DE LAS AMERICAS



Well-presented 1 bed apartment in this popular, central holiday community. Great communal facilities, and close to the beach and amenities. Viewing recommended.

1 bed, 1 bath

159.000€

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Los Balandros, Palm Mar



We are pleased to present this attractive duplex penthouse apartment, well-appointed with the following extras: glass curtains, an extension to the upper floor, and air conditioning throughout. In addition, the kitchen and bathroom have been refurbished recently. The price also includes a storeroom and secure underground parking.

Price: €245,000

Laderas del Palm Mar, Palm Mar



Lovely one bedroom apartment on the second floor of this well run complex. The property is sold fully furnished and price includes a secure parking space.

Price: €210,000

WE ARE ALWAYS LOOKING FOR NEW PROPERTIES FOR SALE AND LONG TERM RENTAL

Los Balandros, Palm Mar



Bright and spacious two bedroom, 2 bathroom apartment on the 1st floor of the complex. The price includes secure underground parking and storeroom. The property is sold unfurnished.

Price: €249,500

Los Balandros, Palm Mar



Very well presented 2 bedroom, 2 bathroom apartment, sold fully furnished to a high standard, and including a secure underground parking space and storeroom

Price: €249,500



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Paradise Court, San Eugenio Alto





Beautiful. 3 bedroom. 2 bathroom penthouse apartment enjoying panoramic views from the very large, south-west facing terrace. This fantastic apartment is ideal for families who require a little more space than the average holiday apartment, and is situated in an elevated position.

Villaflor, San Eugenio





Rare opportunity to acquire a spacious studio apartment in this sought-after complex – an oasis of green and tranquillity in the heart of San Eugenio. This immaculate studio apartment has a separate sleeping area, lounge, bathroom with shower, fitted kitchen and large terrace with views out over the well-kept communal gardens and heated swimming pool.

Ref: A474

Malibu Park, San Eugenio Alto





Well presented studio apartment situated in the popular aparthotel, Malibu Park in San Eugenio Alto This generously sized studio has a lounge / sleeping room, 1 bathroom, integrated kitchen with breakfast bar and south-facing terrace with street views.

Ref: A473 €155,000

3 bedroom, 2 bathroom villa in need of refur-

Ref: I1435



Spacious studio apartment with views to the communal swimming pool.

Ref: A456



1 bed penthouse apartment with sea views on

€315,000 Ref: N1486



1 bed, 1 bath apartment on complex with pool

€159,000 Ref: N1493

Large studio apartment on front line comp vith garden views.

€165,000 Ref: A472



3 bed, 2 bath townhouse with large garage and

Ref: I1425

Porta Nova, Torviscas Alto



€249.000 Ref: T1260



Stylish 2 bed, 1 bath apartment with stunning cean views and garage

Ref: T1262



1 bed, 1 bath corner apartment with very large

€215,000 Ref: N1455



rooms, private pool, jacuzzi and sea view

Ref: I1430



🚃 📕 Translators available for any other languages.











C.C. El Trebol, Local 37, Avda. J. A. Tavio, COSTA DEL SILENCIO, 38630, Tenerife.



0 0 +34 690 363 653 6 +34 922 783 066 info@tenerifehome.com



1 bed, 1 bath apartment on sea front complex with pool. The property has spacious bedroom, living/dining room with open kitchen. Renovated with new pipes and electrics. Fantastic views!

,000 Ref:



Studio (25m²) with 8m² sunny terrace and sep, bedroom, open kitchen and bathroom with shower. Located centrally Sold furnished. Communal swimming pool & parking. Community fees: €60/month

€94,000 Ref: 182-0722



2 bed, 1 bath apartment in sought after sea front complex with lovely pool area. Located right beside pool. Large and light living room with open kitchen, and a very large Northwest facing lerrace with veranda.

€189,000 Ref: 178-0422



Fully refurbished 2 bed, 1 bath apartment in complex with pool. The property (40sqm with 15sqm terrace) overlooks the park and pool, and has a living room with open kitchen and terrace. Comm. Fees: €120/month, ind water and electricity. €135,000 Ref: 181-0722



Comfortable, fully furnished 1 bed, 1 bath ground floor apartment with south facing terrace and nice communal pool. The property is an investment property including a long term tenant.

€155,000 Ref: 164-0322



Very bright 1 bed first floor apartment with balcony. Comfortable living room with storage space, semi-separate kitchen, bedroom with fitted wardrobes and bathroom with shower. Sold furnished, holiday rentals permitted.

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LAS VISTAS, CHAYOFA









This beautifully presented town house is located in a quiet, well kept, residential complex with community swimming pool and lovely gardens. The house is divided over three floors with the garage having direct access to the house along with a small apartment with bedroom, kitchen and bathroom. On the main level of the house you will find the living area with a large living room and conservatory with fantastic sea views, separate fitted kitchen and laundry area and WC with a terrace to the front on the property. On the upper floor are three double bedrooms, the master having an ensuite bathroom and walk in wardrobe and a further family bathroom. This house has so much to offer and would make a beautiful family home.

Ref: PUE0696 Price: €430,000

Tel: 922 719 643 Fax: 922 781523 Mobile: 607 933 052 Mobile: 625 950 517



Calle Tagara, Jardin Botanico Local 8 ADEJE



OPPORTUNITIES OF THE MONTH!

GRANADILLA DE ABONA



Beautiful 3 bed, 2 bath country house on 750m² plot with garden located in a quiet area. Fruit trees, parking space, spacious kitchen, several terraces, separate guest accommodation, and private pool.

GUÍA DE ISORA

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Bright and spacious villa with 2 floors on 10,000sqm plot, the first floor has three bedrooms and a bathroom, living room and kitchen. Second floor has four bedrooms and three more bathrooms. It has private pool, barbecue area, several terraces and excellent sea views.

ROQUE DE SAN MIGUEL



Lovely 2 bedroom independent house (86sqm) on 213sqm plot. All on one level, tastefully decorated with fully equipped kitchen. Located on an urban plot with permission to extend if desired.

ALCALA



Finca (5,450sqm) with a beautiful, spacious and bright, 3 bed, 3 bath villa. The property comes with private pool and jacuzzi, has a living room, kitchen, several sunny terraces, separate 2-room guest accommodation and two 1 bed, self-contained apartments, plus gardens with fruit trees.

Ref: 1174

€370,000

Ref: 930

€840,000

Ref: 1127

€195,000

Ref: 1061

€1,395,000

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PROPERTIES WANTED FOR RENT

CLIENTS WAITING!

GUIA DE ISORA



1 bed, 1 bath house with vineyard of 10,000sqm. The property has a living room and kitchen, plus watering/irrigation system with petrol-driven generator, water tank (1,000litres), and fruit trees.

VERA DE ERQUEZ



Pretty 2 bed, 1 bath house (90sqm) with 700sqm land. The property has a living room and several terraces.

LOS GIGANTES



Great 10,000sqm finca with house, fruit tree and

PLAYA SAN JUAN



Fantastic 3 bed, 3 bath house with lots of outside space and terraces. Private pool, BBQ area, and amazing sea views.

Ref: 1185

€265,000

Ref: 1225 €276,000

Ref: 723

Ref: 1144

€375,000

€375,000

GUIA DE ISORA



Large 3 bed, 2 bath house with fruit trees, water tank, and fantastic views. Lots of possibilities. 1,500sqm plot.

Granadilla



Urban plot: 135sqm. Ideal to build a 2-storey house

TIJOCO BAJO



Spacious (120sqm) 5 bed, 2 bath detached house with 2 kitchens and terraces. Ideal for renovation project.

Ref: 1202 €199,000

TAUCHO



Lovely, beautifully decorated 3 bed, 3 bath (+WC) house with interior patio and awesome sea views.

Ref: 317

€255,000

Ref: 1223 €240,000

Ref: 1250 €22,000

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Golf del Sur, Terrazas de la Paz

2 x 1 bed, ground floor apartments for sale on sought-after complex with 2 pools. Each apartment has a kitchen spacious living/dining area with terrace access overlooking the main road. One is furnished. Close to CC San Blas and other amenities. Community fees €89/month.











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MONACO VILLAS, CHAYOFA









This beautiful property is located in a complex in a quiet location of Chayofa with uninterrupted sea views. With a build area of 191m2, this house has three good sized bedrooms with sea views and terraces, two bathrooms and comes with the added bonus of having extra living space that could be converted into a self-contained studio apartment. The living room with a split level dining area and a separate fitted kitchen is bright and spacious with plenty of room for entertaining. The complex has a swimming pool however there is plenty of space on the large, secluded terrace of 66m2 for a hot tub. This house has plenty of outdoor space including a roof terrace with panoramic views. The property also has an underground garage space however there is also ample street parking. This house offers boundless opportunities and viewing is highly recommended.

Ref: PUE0695 Price: €395,000



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Los Cristianos, Parque Margarita

Ground floor 2 bed, 1 bath apartment, being sold fully furnished. This is a well sought after complex close to all local amenities. There is a community swimming pool.











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FOR SALE IN THE VILLAGE OF SAN MIGUEL

Price: €120,000



Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

The village offers an excellent range of amenities - Doctors, chemists, schools and shops and is only a short drive to the TF-1 motorway, the coast and excellent shopping centres of Las Chafiras and Granadilla.







For more information, or to arrange a viewing, please call: 629 048 529

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Ref: GOLF01719 Price: €249,950 (approx. £211,500)

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Townhouse in Chayofa



This magnificent townhouse is 193 m2 and has 3 bedrooms and 2 bathrooms. Moreover is a separate kitchen equipped with high quality appliances, a basement with a large garage and 2 large terraces with

Ref.: D1273 Price: 334,000€

2 Bedroom in Las Galletas



This apartment in Ten-Bel offers 1 living room with a

Ref.: D1276 Price: 121,155€

3 Bedroom in Playa San Juan



This apartment is a 5-minute walk from the beach, newly renovated and ready to move into. It has 3 bedrooms and 1 bathroom with hot tub. Also, you get a roof terrace with an individual laundry room and partial views of the sea and Mount Teide.

Ref.: D1281 Price: 169,000€

3 Bedroom in Playa San Juan



Only 100 meters from the beach you find this AMAZING apartment. First floor offers 2 bedrooms, kitchen, living room, bathroom and patto. In the penthouse is 1 room kitchenette, living room, bathroom, terrace, roof terrace with 360° view to Teide, La Gomera and the ocean.

Ref.: D1280 Price: 267,500€

2 Bedroom in Palo Blanco



Price: 399,000€

Ref.: D1046

House in Santiago del Teide



Rustic house for sale in the center of the town of Tamaimo, Urban estate of 472m2 with 116m2 built. The house has two bedrooms, a bathroom, kitchen, large living room, adjoining porch. Outside, it has a patio with a barbecue and an orchard with fruit trees.

Ref.: D1287 Price: 231,000€ | Ref.: D1272

Apartment in San Isidro



This apartment offers 3 bedrooms and an extra room that is used as storage now, but can be transfered back and function as another bedroom. Furthermore are 2 bathrooms, a livingroom, a fitted kitchen and a large private rooftop terrace.

Price: 170,000€

Townhouse in Adeje Casco



This townhouse is just 150 meters from the shopping center and with all the services nearby. It has 3 bedrooms, 1 bathroom, 1 toilet, independent kitchen, balcony and a private terrace. The plot is 100 m2 and the building size is 84m2 and it is in good condition.

Price: 189,500€



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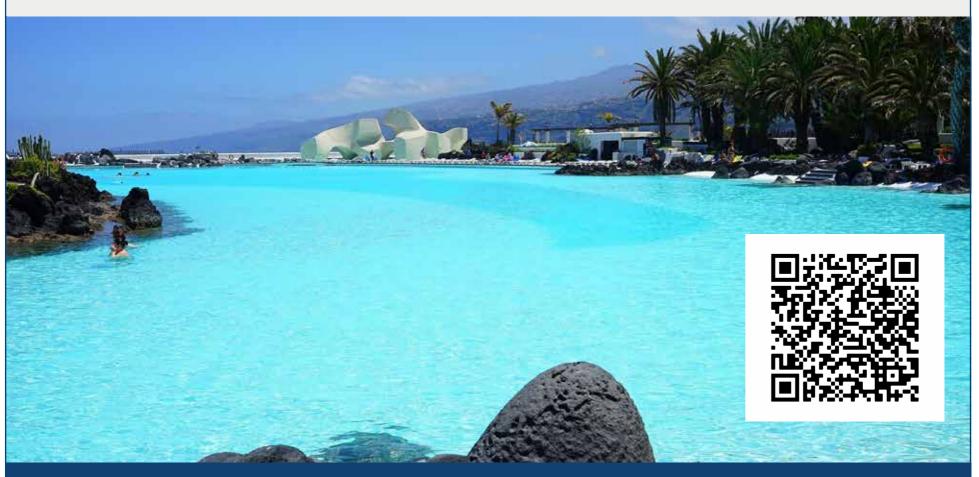
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GOLF DEL SUR



1 bed apartment on popular complex with terrace offering pool views. Close to all amenities. Water and electricity bills included up to €50/month.

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GOLF DEL SUR



Nicely presented 1 bed apartment on popular complex with heated swimming-pool. Wi-Fi included

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Well-presented 1 bed garden apartment in a quiet location on popular holiday complex close to the pool. Pool bar & restaurant.

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AMARILLA GOLF



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GOLF DEL SUR



Prime location, spacious, 2 bed, 2 bath semi-detached bungalow with large west-backing terrace offering golf course views. Garage space.

€315.000



Beautiful extremely spacious light and airy garden apartment in private, exclusive location in front line complex. Sold with garage.

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LLANO DEL CAMELLO



2 bed. 2 bath penthouse apartment with pool views on popular residential complex

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4 bed family home with private driveway Great potential to make a separate annexe Close to popular local town.

€320.000

GOLF DEL SUR



3 bed, 2 bath, front line villa with integral garage, 2 balconies, terrace with sea views and separate garden. A must to view.

€395.000

GOLF DEL SUR



Spacious 4 bed 5 bath villa with large wraparound garden and private pool. Modern kitchen with separate utility room.

€740.000

MUST SEE!

An opportunity to purchase a well looked after Townhouse with 4 bedrooms in the very well maintained complex of Jardin Botanico, Adeje. This property has more than enough rooms for you to utilise as you see fit. The complex is secure and offers a large welcoming communal swimming pool and kids pool, along with a great children's play area with immaculate communal areas and gardens. Sold unfurnished.

€324,950 REF: IPPDOJB01

ATICO APARTMENT IN AMARILLA GOLF



A 3 bedroom, 2 bathroom property with a stunning roof terrace in an extremely well maintained development that sits amongst the fairways of Amarilla Golf course. The property is on the top floor of the Palm Gardens complex with a double facing roof terrace to enjoy the all day sunshine, all year round and comes part furnished, and after viewing, you won't be disappointed.

€362,000 REF: IPPDOPG03

APARTMENT IN AMARILLA GOLF



A fantastic opportunity to purchase a well presented spacious Twobedroom apartment with two bathrooms with a balcony breathtaking views overlooking the fairways of Amarilla Golf, this apartment is situated within a very well-maintained complex, that boasts immaculate communal areas and stunning mountain views. Located in San Miguel de Abona the Fairways Club complex features a restaurant, heated pool, bar and mountain views.

€174,950 REF: IPPFC09

DUPLEX IN AMARILLA GOLF

STUNNING VIEWS!

A fantastic opportunity to purchase a well presented top floor spacious Three-bedroom duplex apartment with three bathrooms with a 2 balconies and a roof terrace breathtaking views overlooking the fairways of Amarilla Golf, this apartment is situated within a very well-maintained complex, that boasts immaculate communal areas and stunning mountain views.

€214,950 REF: IPPFC08

HOUSE IN EL ROQUE



Located in El Roque you will find this huge house with lots of possibilities with 2 dividable living areas on 2 floors. The property has 4 bedrooms, 2 bathrooms, two fitted kitchens, 2 living areas. The maximum privacy courtyard has a lovely BBQ area with a 1000 Litre water tank and an exterior kitchen area. There is also a roof solarium and an option to build one more floor or a terrace that presents wonderful views of the mountains.

€349,950 REF: IPPDOER01

CASA EMBLEMATICA, GRANADILLA



This grand house is in the heart of Granadilla and you enter from a "Calle Emblematica" pathway where vehicles are prohibited and a quaint public footway. All amenities are nearby as Granadilla is the capital of Granadilla de Abona which oozes history and idyllic Spanish culture. The condition of the house is outstanding. All interior furniture is an absolute match in regards to the character and age of the house, the customer experience is one of a kind and a real treat for a holiday.

€173,900 REF: IPPDOFW01

APARTMENT IN WINTERGARDENS, GOLF DEL SUR



A large 3-bedroom apartment on the 2nd floor of this well maintained and sought-after complex 'Winter Gardens' all with fitted wardrobes including 2 bathrooms, this apartment is ready for holiday rentals (holding full VV licence), holiday home or to live in with spectacular views and fully refurbished to a high standard. Community fees: €90/month.

€254,950 REF: IPPDOWG01

VILLA IN CHAYOFA



A beautiful front line 5 bed 4 bath villa for sale in Chayofa, a residential area just above Los Cristianos makes it the perfect location. This fine property comprises of 5 bedrooms with fitted wardrobes, a large living area, and private pool. The property is front line and has amazing sea and mountain views. If you're searching for a large property on the front line to soak up the sea and beautiful mountain views, then your search is over, get in touch with us today!

€624,950 REF: IPPDOCV01

TOWNHOUSE IN LAS ADELFAS II, GOLF DEL SUR



Rare opportunity to purchase a well-presented property consisting of a comfortable living area, fully fitted kitchen, 2 bedrooms and 2 bathrooms. Once you enter the property you'll find the living area and an American Style kitchen with breakfast bar. The whole property has been refurbished using a modern grey and white theme. There are two large double bedrooms, one downstairs with a clever extention and the other upstairs with a large en-suite along with a balcony.

€249,950 REF: IPPDOLA03

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Chayofa, La Finca



Lovely, fully furnished, top floor apartment with 2 bedrooms, 2 bathrooms and fabulous sea views off the large south facing terrace. The property has a lounge and fully equipped kitchen American style kitchen. There is also an enclosed garage included in the price.





PROPERTIES REQUIRED FOR LONG TERM RENTAL IN ALL AREAS



Fully furnished and refurbished 2 bed, 1 bath apartment (converted from 1 bed) on popular complex with community pool. The property has a nice lounge which leads onto a large sunny terrace, and an American-style kitchen.



2 bed, 2 bath townhouses being sold with lounge, dining room, kitchen and community pool. This is an investment project with allows owners to stay themselves up to 6 months of the year with the other 6 months being rented out by the operating



Fully furnished 1 bed, 1 bath ground floor apartment on complex with lovely pool area. The property has a bright lounge/diner, American-style kitchen, a 37sqm sunny terrace and a private garden. Enclosed garage is available if required.



Large townhouse over 3 floors with 3 bedrooms, 2 bathrooms (1 en suite) + w.c. There is a separate fitted kitchen, good size lounge, 2 x terraces and community swimming pool. There is also a garage space and storeroom included.



2 bed, 2 bath duplex apartment being sold fully furnished. There is a good size lounge, fully equipped kitchen and terrace with pool views. There is also a 2nd terrace on the ground floor. Great rental potential and priced to sell.



Fully furnished and refurbished 1 bed, 1 bath apartment with lounge and American style kitchen with community swimming pool.



2 bed, 1 bath (plus W.C.) townhouse for sale in Las Rosas with good sized terrace. The property has a lounge, a separate kitchen, and the rear terrace has been made into a 3rd bedroom. No community fees.



Recently refurbished, fully furnished and equipped, 1 bed, 1 bath apartment on this sought after, sea front, colonial-style 4.5 star 'Touristic' complex with 3 pools (a heated one at the front door!).



Fully furnished 3 bed, 2 bath 2nd floor apartment (ready for holiday rentals via a 'VV' Licence) on well maintained and sought-after complex with community pool & pool bar.



Luxury detached villa, 4 bedrooms, 4 bathrooms (all en suite), 2 kitchens, garage for 3 cars, private pool. Beautiful family home.



Penthouse apartment with 3 bedrooms, 2 bathrooms and a stunning roof terrace which enjoys all day sunshine. Spacious living room/dining area and fully equipped modern kitchen.



Lovely villa in a quiet well-kept residential area with a community swimming pool and lovely gardens.

1st floor is the living area which leads to the conservatory with a sea view. This is a lovely family



2 bed, 2 bath bungalow on sought-after complex with heated pools and pool bar. The property has a modern fully fitted kitchen, spacious lounge with dining area, and private rear terrace.



Unfurnished 2 bed, 1 bath, fully refurbished apt with good size lounge, American kitchen, community roof terrace, and private underground garage space. Low community fees.



Dinastia, Los Cristianos

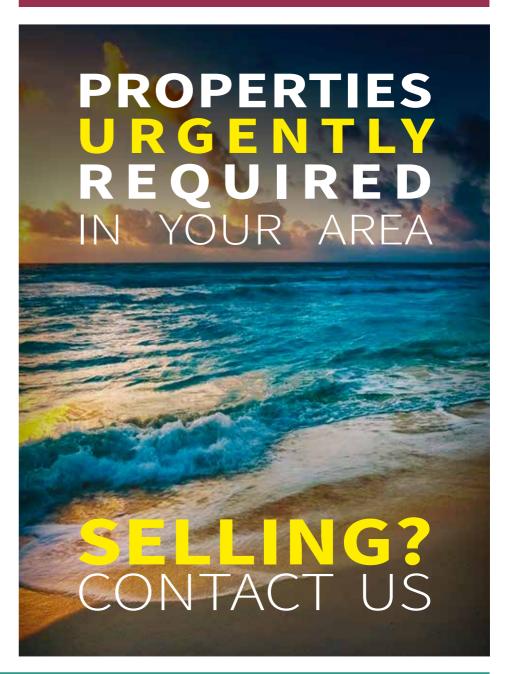
Lovely and spacious 1 bed apt. which has been converted to a 2 bed. Sold fully furnished, the property has a lounge, American kitchen, and good size terrace. Communal pool.



A rare opportunity to purchase a fully refurbished property with 2 double bedrooms, 2 bathrooms (1 en-suite), living area and fully fitted American style kitchen.

PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL

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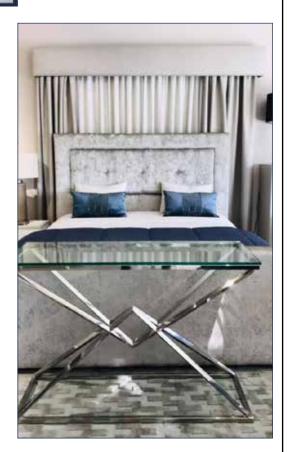


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EUR/USD sustains fall below parity amid **European energy price crisis**



Direct

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

Latest currency news

Bearish trading conditions and European energy concerns largely dictated currency movements in the second half of August, triggering EUR/USD exchange rate's drop below parity. This saw GBP/EUR trade between 1.19 and 1.17, while EUR/ GBP fluctuated between 0.84 and 0.85. Meanwhile, GBP/USD slumped from 1.21 to 1.17, while EUR/USD retreated from 1.02 to 0.99.

> What's been happening?

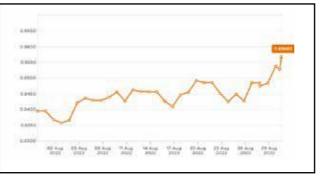
The euro mas come survey sustained selling pressure The euro has come under over the past couple of weeks. EUR investors have been spooked by a looming European energy price crisis and fears this could tip the Furozone into a recession.

The pound also came under pressure as a result of recession fears. GBP investors have grown increasingly pessimistic regarding the UK's economic outlook, amid widespread industrial action, a political power vacuum and rising cost of living.

Global recession worries helped to underpin the US dollar through the second half of August. Although 'greenback's gains were tested by an abysmal PMI print and fluctuating expectations regarding the Federal Reserve's next rate

What do you need to look out for?

A key focus at the start



of September will be the European Central Bank's (ECB) latest interest rate decision. Reports suggest policymakers may be mulling a 75 basis point interest rate hike this month, which could bolster the euro.

For GBP investors the spotlight will be on the result of the Conservative leadership election. Uncertainty over Liz Truss' controversial economic policies could lead the pound to weaken if she is confirmed as the next PM.

In the meantime, the publication of the latest US payrolls could drag on the US dollar. If the number of jobs added by the US economy fell sharply in August as forecast.

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Abundance doesn't end - It is political decisions that limit growth and freedom

By Marian L Tupy, co-author of Superabundance: The Story of Population Growth, Innovation, and Human Flourishing on an Infinitely Bountiful Planet



Speaking to his ministers at the Élysée Palace last Thursday, the très sérieux Emmanuel Macron called for unity and sacrifice as he announced the end of the age of abundance because of a parade of horrors, including global warming, war in Ukraine and the ongoing supply problems.

'What we are currently living through is a kind of major tipping point or a great upheaval,' said Macron. 'We are living through the end of what could have seemed an era of abundance...the end of the abundance of products, of technologies that seemed always available... the end of the abundance of land and materials including water.'

abundance, though? It is the product of modernity - a singular episode in the 300,000-year history of our species that gradually lifted humanity from starvation, disease, early death, ignorance, and permanent war toward historically unprecedented plentitude of food, trebling of life expectancy, management or complete eradication of a plethora of diseases, close to universal literacy and numeracy, and 'merely' episodic outbreaks

The fact that people in the

West were shocked by Russia's invasion of Ukraine attests to a completely different mindset of us – the moderns – from that of our ancestors, who expected armies to cross borders every spring. The same can be said of our approach to the Covid pandemic. Europeans of yore ascribed pandemics to God's wrath or the passage of Saturn, not tiny organisms that could be defeated with mRNA vaccines.

Modernity started in the Low Countries and in the United Kingdom some 300 years ago, before spreading to much of the rest of the world. Many factors set the stage for this salubrious break with our brutish past, including the Age of Discovery and the introduction of the New World staples to the Continent, the Scientific Revolution that elevated empirical evidence and practical experimentation above the wisdom of the ancients or pronouncements from authority, the Enlightenment that insisted on the primacy of logic and reason, and the Industrial Revolution that harnessed new sources of energy to make humanity much more productive and vastly richer.

Ideas are not like a jar of jelly beans. We'll never reach the bottom and go hungry

The thread that ties different aspects of modernity – technology, science, medicine, production processes and so on – together is the

notion of 'continuous innovation'. Of course, man always innovated (we gained control of fire perhaps as early as 1.7 million years ago, for example) but our discoveries were sporadic and, sometimes, reversible. Efflorescences of relative prosperity - Rome of the Antonines and China under the Song dynasty spring to mind - occasionally arose but always petered out, and 'dark ages' often followed. All that changed in the second half of the 18th century, when the Western world chanced upon a sustained process of generating, accumulating, and actuating new knowledge. We have been scaling the ladder of human progress ever since.

The process of sustained innovation is chiefly driven by population growth and freedom. Knowledge creation starts with new ideas that originate in the human mind. More minds generate more ideas. It is these ideas that lead to new inventions. which are then tested by the market forces to separate the more valuable from the less valuable. At the end of the market test, humans are left with innovations that drive productivity, economic growth, and large increases in the standards of living. But large populations are not enough to sustain abundance. To innovate, people must be allowed to think. speak, publish, associate, and disagree. They must be allowed to save, invest, trade, and profit. In a word. they must be free.

The social environment, then, provides the incentives that either encourage or discourage individuals to manifest and actuate their ideas. Individuals, who lack equal legal rights, and face onerous regulatory burdens, confiscatory taxation, or insecure property rights, will be disincentivized from turning their ideas into inventions and innovations. Conversely, people who function under conditions of legal

equality, sensible regulation, moderate taxation, and secure property rights will apply their talents to their benefit and, ultimately, to that of society.

The modernity of prosperity happened because western Europe and its offshoots stopped disincentivizing innovation and allowed their citizens to contend with new ideas without fear of ostracism. imprisonment. mutilation, or death. Similarly, they allowed for greater freedom of investment and trade without the fear of predation by the nobility or the suffocating hand of a government bureaucrat. Where Holland and the United Kingdom pioneered the way, the United States followed

Consider an American manufacturing worker. Relative to his wages, the price of pork, rice, cocoa, wheat, corn, coffee, lamb and beef fell by 98.4 per cent, 97.6 per cent, 97.1 per cent, 96.7 per cent, 96.1 per cent, 93.8 per cent, 78.6 per cent and 75.5 per cent respectively between 1900 and 2018. That means that the same length of time that bought 1 pound of each commodity in 1900, bought 62.6, 41.1, 34.8, 30.5, 25.6, 16.2, 4.7 and 4 pounds in 2018.

While people cannot eat rubber, aluminium, potash or cotton, the prices of these commodities are valuable inputs in the production processes that impact the prices of goods and services, and hence the overall standard of living. Their prices fell by 99.4 per cent, 98.9 per cent, 98.2 per cent and 95.8 per cent respectively. All the while, the population of the United States rose from 76 million to 328 million.

When the growth of freedom and the accumulated stock of human knowledge mixed with the massively expanding population of the planet in the post-World War II era, abundance went global. Relative to income per person, the average price of the most widely used commodities fell by an average of 84 per cent between 1960 and 2018.

The personal abundance of the average inhabitant of the globe rose from 1 to 6.27 or 527 per cent. Put differently, for the same amount of time that one needed to work to buy one unit in a bucket of resources in 1960, one could get more than six in 2018. Over that 58-year period, the world's population increased from 3 billion to 7.6 billion. Moreover, as

Gale L. Pooley and I found in our upcoming book, Superabundance: The Story of Population Growth, Innovation, and Human Flourishing on an Infinitely Bountiful Planet, personal resource abundance increased faster than population in all 18 datasets that we analysed. We call that relationship 'superabundance'. Simply put, on average, every additional human being created more value than he consumed.

By our count, abundance has been doubling every 20 vears or so. So. a 60-vearold Westerner has seen his standard of living rise from one to two, from two to four, and from four to 8 in his lifetime. Too slow, you say? That's the modern mind speaking. Prior to the mid-18th century, life remained pretty much the same for millennia and no one thought that unusual. Generations of people lived and died without seeing or experiencing even the tiniest of improvements in their lives. What's more, the scope for future improvements is immense.

Consider the future discovery of useful materials. The periodic table consists of roughly 100 elements. It took our tiny population of Earth dwellers (14 million in 3,000 BC) to discover that combining copper and tin could produce a useful metal that gave its name to the Bronze Age. A recipe for a useful two-element compound requires up to 9.900 combinations (100 x 99) and a four-element compound up to 94,109,400 combinations (100 x 99 x 98 x 97). Once you get to 10-element compounds, the Nobel Prize-winning economist Paul Romer wrote: 'There are more recipes than seconds since the big bang created the universe. As you keep going, it becomes obvious that there have been too few people on earth and too little time since we showed up, for us to have tried more than a minuscule fraction of all the possibilities.

The world, in other words, is a closed system in the way that a piano is a closed system. The instrument has only 88 keys, but those keys can be played in a nearly infinite variety of ways. The same applies to our planet. The Earth's atoms may be fixed, but the possible combinations of those atoms are infinite. The American economist Thomas Sowell once observed that: 'The cavemen had the same natural

resources at their disposal as we have today, and the difference between their standard of living and ours is a difference between the knowledge they could bring to bear on those resources and the knowledge used today.' What matters, then, is not the physical limits of our planet, but human freedom to experiment and reimagine the use of resources that we have.

And that's where Emmanuel Macron re-enters the picture. For all the doom and gloom emanating from the Élysée, there are no material reasons why humanity must come to experience the end of abundance. Shortages today in large part are consequences of bad government decisions. Those include the shutdown of the global economy for a better part of two years and yes, excessive environmental zeal. Or, as Tyler Cowen, one of America's most highly regarded economists noted recently: 'It is hard to regard European energy policy as anything other than a huge unforced error. Keep in mind that energy supplies are far more important than their percentage of GDP might suggest. Energy is the lifeblood of modern civilisation.'

Macron's shortages are also, most likely, temporary. Many British readers of this fine publication will recall the Winter of Discontent in 1979, while readers in the United States will no doubt remember President Jimmy Carter's 'Malaise' speech of the same year. Things looked bad back then and despondencv reigned. The good news is that bad politicians can be replaced, and bad government decisions can be reversed - just think of the Reagan and Thatcher revolutions of the 1980s. And, after an adjustment period. the marvellous wealth-creating machine that is global capitalism can start to hum again. Ideas are not like a jar of jelly beans. We'll never reach the bottom and go hungry. Nor have we misplaced almost all our copper and iron. They are still here: every ounce of them. Just like the Stone Age man would have remembered. So long as the world continues to provide a safe home for free people, be it in Britain or America, human lives shall grow ever more abun-

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The 'law' that explains why you can't get anything done

By Tiffanie Wen, BBC Worklife (this article was first published in BBC Worklife, 8 November 2019)



A British historian famously wrote that work expands to fill available time - but what was he actually saying about inefficiency?

"It is a commonplace observation that work expands so as to fill the time available for its completion." British naval historian and author Cyril Northcote Parkinson wrote that opening line for an essay in The Economist in 1955, but the concept known as 'Parkinson's Law' still lives on today.

I think about it every time I have a deadline. How long it takes me to write a story will by and large depend on when my deadline is and how much time I have until then. In his somewhat satir-

ical essay Parkinson uses the example of an elderly lady writing a postcard to her niece. Since she has nothing else to do with her time, the otherwise simple task takes up her entire day.

Apparently, I'm not the only one for whom the notion rings true. 'Parkinson's Law' took on a life of its own, forming the basis of several more essays and a book by Parkinson, leading to public lectures around the world.

But what fewer people know is that Parkinson's original intent was not to take aim at old lady letter-writers or journalists like me, but at a different kind of inefficiency – the bureaucratisation of the British Civil Service. In his original essay he pointed out that although the number of navy ships decreased by two thirds, and person-

nel by a third, between 1914 and 1928, the number of bureaucrats had still ballooned by almost 6% a year. There were fewer people and less work to manage – but management was still expanding, and Parkinson argued that this was due to factors that were independent of naval operational needs.

Get more subordinates, create more work

One scholar who has taken a serious look at Parkinson's Law is Stefan Thurner, a professor in Science of Complex Systems at the Medical University of Vienna. Thurner says he became interested in the concept when the faculty of medicine at the University of Vienna split into its own independent university in 2004. Within a couple years, he says,



Cyril Northcote Parkinson is the originator of Parkinson's Law

the Medical University of Vienna went from being run by 15 people to 100, while the number of scientists stayed about the same. "I wanted to understand what was going on there, and why my bureaucratic burden did not diminish – on the contrary it increased," he says.

He happened to read Parkinson's book around the same time and was inspired to turn it into a mathematical model that could be manipulated and tested, along with co-authors Peter Klimek and Rudolf Hanel. "Parkinson argued that if you have 6% growth rate of any administrative body, then sooner or later any company will die. They will have all their workforce in bureaucracy and none in production."

When you have a deadline it's like a storm ahead of you or having a truck around the corner. It's menacing and it's approaching, so you focus heavily on the task - Eldar Shafir

Parkinson pointed to two critical elements that lead to bureaucratisation – what he called the law of multiplication of subordinates, the tendency of managers to hire two or more subordinates to report to them so that neither is in direct competition with the manager themself; and the fact that bureaucrats create work for other bureaucrats.

Thurner says that companies typically start with a flat hierarchy, perhaps two engineers. As the company grows, they hire assistants, who then get promoted and hire their own subordinates. "A pyramid starts to grow. One might add artificial layers that serve no purpose other than introducing hierarchy, that help you to promote people to please them and keep them motivated. When the pyramid gets very large and expensive it might eat up all the company's profits. If the bureaucratic body is not drastically reduced at this stage the company will die."

Thurner also looked at inefficiencies in Parkinson's original context: governments. In another study, he and his colleagues examined cabinet sizes of nearly 200 countries. They found that cabinet size was negatively correlated with government effectiveness; political stability; voice and accountability as measured by the World Bank; and life expectancy, knowledge and standard of living as measured by the United Nations.

To test how the size of a group affects its ability to make decisions, they created a model based on information flow networks and found that a significant change occurred when groups hit 20. "We found a realistic linking pattern of people and gave artificial committees random initial opinions on subjects," he says. "At 20 you see a strong difference in coalition building. Smaller groups form and they block each other, which explains why it is exceedingly hard to come up with unanimous decisions when cabinets are

Can 'menacing' deadlines cure dallying?

So if the wider points Parkinson was making about bureaucracies still stand up today, what of his enduring first line? Today, while some researchers might chuckle at the mention of the 'law'

quickly. Researchers also found that the extra time spent on a task - in this case counting the number of letters in a phrase – didn't lead to increased accuracy or ability to recall word pairs on a surprise test afterwards.

So does this mean that as a writer, I should be setting my deadlines earlier or limiting the work I do on each story? In general, should we be imposing tougher time constraints to improve our productivity?

"Because our attentional capacity is limited, we divide it sporadically any way we can as we run through everyday life," says Eldar Shafir

Humans have a limited capacity for memory, attention and fatigue – or mental bandwidth, according to Eldar Shafir, a professor at Princeton and co-author of Scarcity, a book that looks at the psychology of having less than we need and how it drives our behaviours. "Because our attentional capacity is limited, we divide it



The bigger the size of a government or organization, the more bureaucracy — and. in turn, the less effective it is

that has come to mean so much more than its original intent, there's also no doubt they know what it is referring to. Is there some truth to the notion that without strict time constraints, we waste time and our work takes longer to complete?

In fact, studies in the decades since Parkinson wrote his essay have shown it has some merit. In the 1960s, researchers showed that when subjects were "accidentally" given extra time to complete a task, the task took longer to complete. In another set of studies from 1999, subjects were asked to evaluate four sets of photos. When they were told the fourth set was cancelled. they spent more time "dallying" on the third, rather than just finishing the task more sporadically any way we can as we run through everyday life," he says. But sometimes, of necessity, we need to knuckle down.

In his book, he and co-author Sendhil Mullainathan talk about focusing deeply on a project at the cost of other things. "When you have a deadline it's like a storm ahead of you or having a truck around the corner. It's menacing and it's approaching, so you focus heavily on the task." And you may well pull off a great job, but the problem is that everything else gets moved to the periphery. "If you're focusing so heavily on a big project you may at the same time forget to pick up your kid from school, your mom's birthday, to feed the dog etc.

Continued on page 30



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That may be the price you pay for the success you're achieving with your focus."

And there's always the chance that rushing to accomplish something in too few hours can have drawbacks as well, particularly if your deadline is set by somebody else. "If your deadline is too short and you're panicking, you will have sacrificed other things and you might work inefficiently, and things might go

badly anyway," he says.

People like to say if it wasn't for the last minute, nothing would get done. But research shows people's productivity is not linear - Elizabeth Tenney

"People like to say if it wasn't for the last minute,

nothing would get done. But research shows people's productivity is not linear," says Elizabeth Tenney, an assistant professor at the University of Utah's Eccles School of Business who has written about time pressure and productivity. "When people sit down to do a task, they'll put in a lot of effort initially. At some point there's going to be diminishing returns on extra effort. To optimise productivity, you need to maximise benefits and minimise costs and find that inflection point, which is where you should start to wrap up."

That might not mean taking up the full time allotted or working all the way up to your deadline, she says. "Cut yourself off rather than keep tinkering for all time."

So what about Parkinson's hypothetical little old lady writing letters? If she had given herself a tighter deadline, she would've probably finished more quickly. But with nothing else to do all day, she finished just in time.



What the horrors of Partition can teach us about the danger of identity politics

By Daniel Hannan (Lord Hannan of Kingsclere, Conservative peer, writer and columnist. He was a Conservative MEP from 1999 to 2020, and is now President of the Initiative for Free Trade.)



Crecently was the 75th anniversary of Partition, the division of Britain's largest imperial dominion into India and Pakistan (which, for the following 24 years, included East Pakistan, what is now Bangladesh).

I couldn't bear to watch any of the accompanying documentaries. I read several eye-witness accounts of the intercommunal violence some years ago, and don't like to think about, let alone write about, what happened.

Nirad Chaudhuri was one of the most expressive writers of his generation, but he could find no language for

what he had witnessed:

"I have weighed nearly all the words and phrases which the murderous ferocity of man, as distinct from his warlike ferocity, has contributed to the vocabulary of European peoples: massacre, pogrom, lynching, fusillade, noyade, St. Bartholomew, Sicilian Vespers, Bloodbath of Stockholm, Bulgarian atrocities, Armenian massacres, Belsen, genocide, etc., etc., but find them all inadequate."

Chaudhuri was talking about what he saw in Delhi, where the bloodshed was relatively contained. What happened along the new borderline was unimaginable.

Men, women and children were tortured, mutilated, raped, burned alive, blinded with acid or chilli powder, boiled in cauldrons, hacked to pieces. Bands of goondas slaughtered patients in their hospital beds, children in their classrooms, worshippers in their mosques, temples and gurdwaras.

Some of the grisliest massacres took place on the trains that carried refugees across the border. The engines would pull in at their destinations with gore dripping from every door, and not a single passenger still breathing. Sometimes, a message would have been chalked on the side of one of the carriages: "A present from India" or "A present from Pakistan".

I don't want to dwell on the horror. Nor do I want to write a column about whose fault it was. That dim, image-obsessed popinjay Lord Mountbatten must carry the blame for timing things the way he did. Andrew Roberts's critique in Eminent Churchillians, written nearly 30 years ago, still stands.

But it was not Mountbatten who carried out the abominations, which surprised him as much as they did everyone else. Even those who had called for a phased withdrawal were caught off guard by the sudden frenzy among people who spoke the same languages, dressed the same way, and lived in the same villages.

No, my focus is a differ-

ent one, namely the largely unremarked and unacknowledged fact that, when coming to this country, the descendants of the victims and of the perpetrators managed to leave their quarrels at the door.

Many British Asians have roots in the provinces that were worst affected by the violence: Bengal, Gujarat, Kashmir and, above all, Punjab. Some left their homes precisely because they had been touched by the atrocities. Yet, arriving here, they were able to put it behind them.

This strikes me as a rather beautiful achievement, and one that tends to be taken for granted. India and Pakistan found it hard to get over what had happened. Those two kindred states have fought three-and-a-half wars since, and the 75-year-old border remains one of the most militarised on Earth.

But in Britain, Sikh, Muslim and Hindu populations have settled, often in the same cities, with little tension.

That's not to say that everyone joined in a chorus of "I'd like to teach the world to sing". There were scuffles in the 1990s between Sikh and Muslim youths in Slough and Birmingham, sparked by rumours of grooming. I suppose you could argue that these stories recalled the sexual violence that accompanied Partition. Then again, maybe it was just boys fighting over girls. Either way, it petered out almost as quickly as it had started.

Might there be simmering tensions that are not acknowledged in public? Possibly. I have put the question, over the years, to various Hindu, Muslim and Sikh friends (obviously you need to get know someone before raising this subject). Almost always, the response is the same: a look

of polite bewilderment, and a remark along the lines of "Why the hell would anyone want to bring all that up again?"

Perhaps this simply reflects the nature of migration. Perhaps, arriving in an unfamiliar country and meeting a measure of prejudice, the new settlers were pushed together by their shared experiences. Perhaps their congruities of language and folkways suddenly came to matter more.

But the single biggest factor is surely that the preponderant ethic in Britain after 1947 was individualism. Our moral code, like our criminal justice system, was based around the idea that we are all personally responsible. We don't get a special pass because we belong to some special sect or class, and nor can we be held liable for the misdeeds of some ancestor.

This is an utterly counterintuitive notion – counterintuitive in the literal sense
that it runs up against instincts and intuitions locked
deep in our genome. Human beings evolved in kingroups. For a million years,
the preponderant ethic that
governed our relations was
"my tribe good, your tribe
bad".

That ethic continued to rule us as we discovered farming, built cities and invented writing. Law-codes, from Hammurabi's onwards, took caste for granted. Early civilisations were governed by status and tradition rather than by voluntary exchange.

The revolution – and it was truly a revolution, one of the most benign and far-reaching our species has known – was what the Victorian jurist and historian Sir Henry Maine called the move "from status to contract". Maine, who had spent several years in Punjab, saw how unique it to move beyond collectivism and al-

low private citizens to reach free-standing arrangements with one another, rather than having their lives circumscribed by rank.

Other philosophers have marvelled at the same phenomenon. The brilliant Harvard anthropologist Joseph Henrich attributes it to the Western Church's obsessive prohibition of cousin-marriage, which more or less forced people to find spouses from outside their villages, and so broke the clan system that existed, in various forms, everywhere else on the planet.

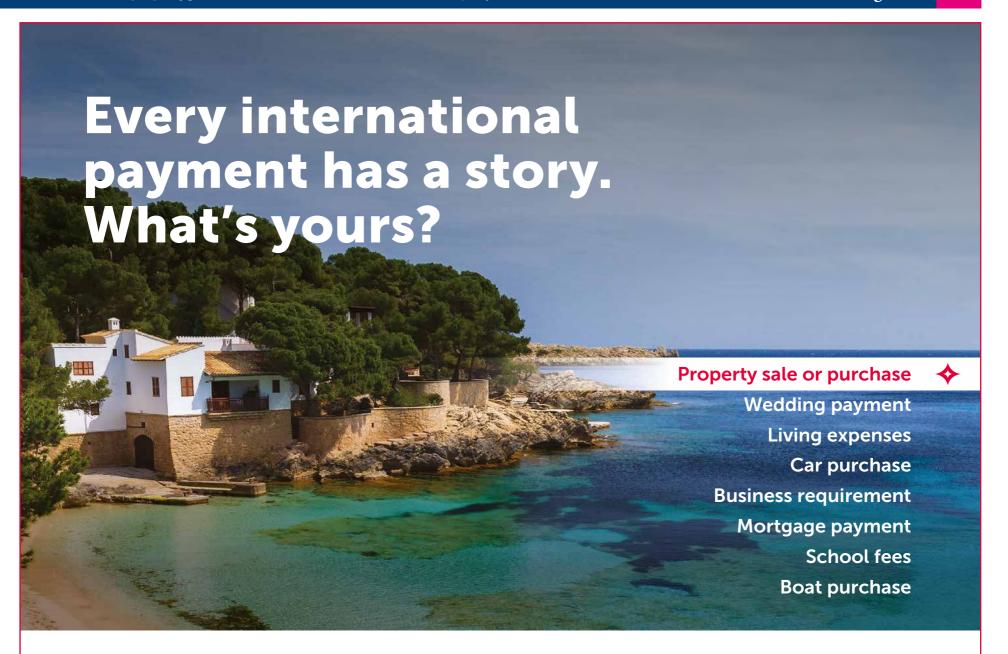
Whatever the explanation, it's an extraordinary phenomenon. Britain, rather than India or Pakistan, is the global outlier.

If we are repelled by the notion of vendetta (that is, of taking revenge on your enemy's relatives rather than on your enemy) it is only because we have been taught to think that way. The concept of inherited liability, of bloodguilt, went without saying in almost every civilisation. It defines much of the Old Testament and pops up from time to time in the Gosnels

This is what is so dangerous about identity politics. Not that it is absurd. but that it is hideously seductive. Treating people differently because of their colour, blaming someone because a distant progenitor owned a slave-worked plantation, demanding reparations from one category of people to another based on physiognomy - all these things appeal to our inner caveman, but all are incompatible with an open society.

It is true that there are different aggregate voting patterns among Brits of South Asian heritage. In very broad terms, Muslims are likelier to vote Labour. This has to do partly with economic differences that go

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Continued from page 30 back to the original migrations, partly with Labour's line on Kashmir, and partly with Islamo-gauchism. that bizarre yoking together of revolutionary politics and religious extremism in the

Oddly enough, this third phenomenon is rare in the Muslim world (outside Iran). In most Muslim-majority countries - including Pakistan and Bangladesh - the

name of anti-colonialism.

more religious parties tend to be keener on tax cuts. private enterprise and competition. And with reason. As I have argued before on ConHome, there is a rich free-market tradition in Islam that can get forgotten in all the noise about oppression and privilege.

While every voter will be influenced, sometimes unconsciously, by the hidden ley-lines of region, religion and culture, we have so far avoided a situation where people feel that they need to vote on essentially tribal grounds for "their" party.

But for how much longer? At the recent Batley and Spen by-election, Labour distributed a leaflet in Muslim-majority areas showing Boris Johnson shaking hands at some G20 summit with the Indian leader, Narendra Modi, and urging locals to vote for a candidate "on your side". At the 2019 election, I spent a day canvassing a largely Hindu part of North London, and was struck by how many people told me that they were voting against Corbyn because he had extremist friends.

Once parties feel they can rely on bloc votes for ethnic or religious reasons, they become complacent, and often corrupt (see Northern Ireland). The people in those blocs become less likely to think issues through from first principles. Worse, they can be stirred up against other blocs (again, see Northern Ireland).

In the rest of the country. we have largely avoided tribalism. When it does raise its head (there were spasms of sectarian voting in Liverpool and Glasgow) it is generally disparaged. Which is why newcomers often found it easy to forget their feuds here. Greek and Turkish Cypriots, Serbs and Croats, Turks and Kurds - all managed to rub along without forming two opposed blocs in whatever boroughs they had settled in.

Yet all this depends on elevating the individual above the collective. It depends on rejecting the concept, so central to critical theory, of a pyramid of oppression. It depends on teaching the notion (which does not come easily) that we all answer for ourselves. Untune that string and, hark, what discord follows.

2022—The Year the Hydrogen Economy Launched?



A man in a blue lab coat looks at equipment in a lab

mong the tech-Anological visions that seem perpetually futuristic (think commercial nuclear fusion and maglev trains), the hydrogen economy has always been tantalizing.

Hydrogen produced from renewable energy or nuclear power, with minimal greenhouse-gas emissions, could be piped or transported pretty much anywhere, using mostly existing infrastructure. It could power trucks, cars, planes, and ships and generate electricity, either in fuel cells or combustion turbines. In short, it could do anything fossil fuels do now, but with substantially reduced climate impact.

Now, after decades of false starts and overly optimistic projections, several factors are giving an unprecedented lift to clean hydrogen. In the United States, sweeping legislation capped a series of moves by the country's Department of Energy (DOE) over the past year to drive down the cost of low-carbon hydrogen and

"You're rapidly getting the cost of hydrogen down to where it is very competitive—and in many cases cheaper—than the fossil alternative. So that's why the community is so excited." -Keith Wipke, NREL

stimulate demand for the fuel. And in Europe, a looming fossil-fuel crisis has sent officials scrambling to find alternatives to the 155 billion cubic meters of Russian natural gas that EU countries imported in 2021.

The U.S. legislation, known as the Inflation Reduction Act, was signed into law by President Joe Biden on 16 August, after being passed in Congress along party lines earlier in the month. It prescribes new spending of US \$437 billion over 10 years, of which some \$370 billion is directed toward a sprawling range of renewable-energy, electric-vehicle, and other greenhouse-gas reduction measures. But it was the low-carbon-hydrogen provisions that raised eyebrows, for a couple of reasons. One is that they are more generous than many analysts were expecting. The other is that the hydrogen provisions are technology-neu-

tral, meaning that there is no distinction between hydrogen produced by electrolysis with electricity from, for example, a wind farm or a nuclear power plant.

The bill provides tax credits to producers of low-carbon hydrogen at a rate that depends on how much carbon is emitted during production, among other factors. At the lowest emission rate—0.45 kilograms of carbon dioxide emitted per kilogram of hydrogen produced-producers are eligible for a credit of up to \$3 per kilogram of hydrogen, making the cost cheaper, in some instances, than that of ordinary "gray" hydrogen, which is derived from natural gas through a process called steam reforming. Production of gray hydrogen creates from 8 to 12 kilograms of CO2 per kilogram of hydrogen produced. Costs of gray hydrogen vary but are roughly \$2/kg in the United States

Nearly all of the hydrogen made in the United States, some 10 million tonnes last year, is produced this wav. China, the world's largest producer of hydrogen at upwards of 25 million tonnes a year, derives 62 percent of its total from coal, which creates 18 to 20 kg of CO2 per kilogram of hydrogen. In both the United States and

China, production of "green" hydrogen, created by electrolvsis using a renewable energy source, makes up less than 1 percent of total

The DOE has established goals of getting the cost of low-carbon hydrogen, without incentives, down to \$2/ kg by 2026, and to \$1/kg by 2031. Says Wipke, referring to the top \$3/kg credit in the Inflation Reduction Act. "if today's hydrogen is about \$5 a kilogram through electrolysis, clean electrolysis, and you're able to take \$3 off of that, and go from \$5 down to \$2, well, essentially, you have met, with the incentives, our 2026 goal of \$2 a kilogram. Now, technically, you've done it through incentives, but the impact is the same. You're rapidly getting the cost of hydrogen down to where it is very competitive-and in many cases cheaper-than the fossil alternative. So that's why the community is so excited."

As compelling as the production credit may prove to be, the provisions are just the most recent of a series of government moves aimed at bolstering clean hydrogen. A year ago, for example, the Infrastructure Investment and Jobs Act (IIJA) pledged \$8 billion to establish up to eight region-

al "hydrogen hubs" in the country. These would be facilities where low-carbon hydrogen would be produced, stored, used, and transported elsewhere.

"In the medium- and long-term we see more momentum for hydrogen use. It will come faster because conventional energy such as oil and gas will become scarcer and more expensive."

-Bernd Heid, McKinsey & Co.

"I think the combination, the one-two punch of the IIJA hydrogen hubs and the IRA's production tax credit, can help build the full value chain," says Alex Kizer, senior vice president of research and analysis at the Energy Futures Initiative. "And I wouldn't underestimate the other hydrogen-adjacent funding opportunities in the IRA, because hydrogen is going to need manufacturing, it's going to need fueling, it's going to need distribution.... There's opportunity up and down the hydrogen value chain. That, in addition to the PTC [production tax credit], is what has me most excited."

In mid-August there were already some 22 prospective hubs being touted around the country, though a formal announcement of a "funding opportunity" from the DOE wasn't expected until September or October. Around that time, site preparation is expected to begin on a \$2.65 billion project in Delta, Utah, where a consortium of companies led by Continued on page 34

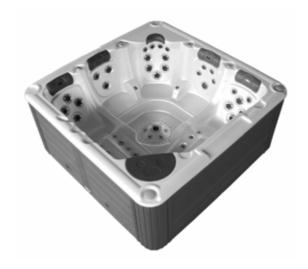
A workman stands outside, dwarfed by electrical substation technology. A massive substation at the coal-fired Intermountain Power Plant in Utah links the facility to transmission lines that deliver power to Southern California, A \$2.65 billion project, just getting underway, will install facilities there to generate electricity from cleanly produced hydrogen.



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Mitsubishi Power Americas and Magnum Development will install turbines capable of generating 840 megawatts by burning a mix of hydrogen and natural gas. Backed by a half billion dollars in loan guarantees from the DOE, the Intermountain Power Project, as it's known, will also have solar-photovoltaic generators and a 220-megawatt electrolysis system to produce hydrogen on site, along with facilities to store up to 300 gigawatt-hours of the gas in underground salt domes.

In Europe, too, a hydrogen-hub plan was hurriedly approved by the European Commission in late July. It sets aside €5.4 billion to fund 41 projects to develop technologies ranging from basic R&D to industrial deployment. A small hub near Hamburg, Germany, is already under construction, and a larger hub is being built at the Port of Rotterdam in the Netherlands. "Rotterdam is basically showing the world how to become a hydrogen port," says Robert Hebner, an IEEE Fellow and director of the Center for Electromechanics at the University of Texas at Austin, where he helps coordinate R&D on hydrogen. "They have signed agreements with companies to operate hydrogen terminals there," he notes. "They're working out agreements with Portugal, [under which] Portugal will make hydrogen from wind power and transport it into the Port of Rotterdam. They've announced that they'll use hydrogen-powered trucks to distribute this through Central Europe. They're thinking holistically about how to get hydrogen to the port and then how to get it redistributed to where it's needed."

But any notion that clean-hydrogen production could be ramped up quickly enough to help mitigate the looming loss of Russian natural gas on the continent is quickly dispelled by analvsts. According to Bernd Heid, a senior partner in the Cologne office of McKinsey & Co., "hydrogen is not helping Europe in the current energy crisis." Speaking at the World Economic Forum in Davos, Switzerland, in May, he added, "but in the medium- and long-term we see more momentum for hydrogen use. It will come faster because conventional energy such as oil and gas will become scarcer and more expensive.'

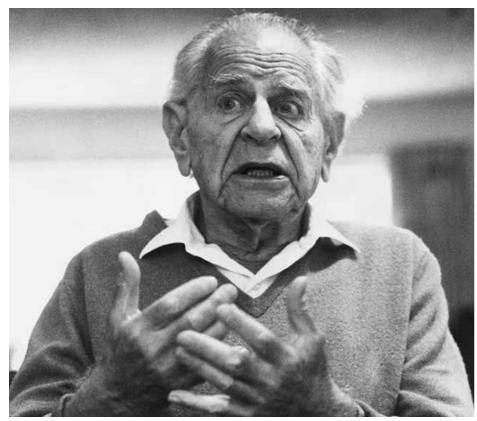
So, are we finally witnessing the beginnings of an actual hydrogen economy? "I think, yes, it's going to hap-

"I've been working in hydrogen for 20 years, and this is absolutely the most exciting time, the busiest time," says Keith Wipke, manager of the Fuel Cell and Hydrogen Technologies Program at the National Renewable Energy Laboratory (NREL) in Golden, Colo. "There's just so much activity."

pen," says Hebner. "The Hydrogen Council has over 100 multinational corporations investing billions of dollars a year into making the hydrogen economy real, and they're making those investments where governments will help them, but this is not government-led. This is industry-led. It's industries that see a way that they can make money. When I saw that, I said, this one may be real."

Party poppers - Can liberal philosophers be used to justify censorship?

By Nathan Williams, The Critic



Picture the scene. | your worldview. You've joined a | But to your horror y political party so that you can hang out with

But to your horror you discover that there are people in the party who think differently on certain issues. They may agree with you on 95% of the party manipeople who share | festo, but on a few important

questions they hold a different opinion to you. What to do? You could ignore them, you could argue with them in an attempt to convince them to change their mind, or you could work with them to find common ground and a compromise position. Or you

could try to kick them, and those who think like them, out of your party.

Fortunately, the latter is rare on most issues. Political parties (with the possible exception of the Korean Worker's Party) can only exist by accommodating a broad church. So it is that Labour can accommodate Remainers and Brexiteers, the Lib Dems can include people who think gay sex is sinful, and the Greens can be home to people fiercely pro- and anti-nuclear power.

Yet on one issue, the inability to allow any difference of opinion has become commonplace in UK politics the issue of sex and gender. The target for silencing is anyone with so-called gender critical views: the view that biological sex exists and sometimes matters more than self-declared gender. Similar views are held by the majority of the British public and just a few years ago would have been entirely uncontroversial. But now, in many parts of the political left, gender critical people (or TERFS as they are often pejoratively called), are on the receiving end of sustained hatred aimed at forcing them, and their opinions, out of politics.

To take such a stance against people simply because of a disagreement might seem intolerant. But in fact, those who favour such tactics say they are being extremely tolerant. And to support this surprising claim they offer no less an authority than the great 20th century philosopher Karl Popper. Any time an activist is accused of being intolerant, say for hurling violent threats at feminists on twitter, they'll retort with "Popper's Paradox of Tolerance". More specifically, they'll probably tweet this graphic:

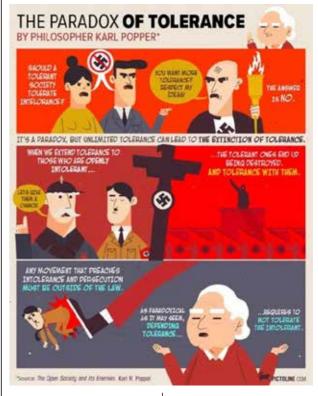
Now I might be being unfair here, but I suspect most of the people auoting the paradox only know of Popper's work through this cartoon. It's therefore not surprising that they completely misunderstand Popper's philosophy. I've been lucky enough to study Philosophy of Science where Popper was, of course, a key figure. It's only through understanding Popper's broader world view that you can appreciate why using his work to justify silencing gender crit-

the more we must open our minds to the possibility we are mistaken.

Whenever a theory appears to you as the only possible one, take this as a sign that you have neither understood the theory nor the problem which it was intended to solve.

Karl Popper — Objective Knowledge: An **Evolutionary Approach** (1972)

Take Newton's theory of gravity. The force of gravity can be witnessed at



ical views is such a gross

The key to Popper's philosophy is the fallibility of human thought. However convinced we are that something is true (in science or politics), we should always recognise that it may be false. Indeed, the more certain we are of a truth,

every moment, and Newton's equations worked perfectly to send men to the moon and back. Yet Einstein's theory of general relativity showed that Newton's theory was wrong. Newton's theory gives a result that's close enough for most practical purposes, but in ex-

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treme conditions (close to a black hole for instance), it gives the wrong answer.

We now know, from accurate observations, that Einstein's predictions are confirmed whereas Newton's are disproved. So, is Einstein correct? Not necessarily. All we can say is that his theory is the best explanation of gravity we currently have.

So, scientists should constantly ask themselves "What if I am wrong?". Not only should they be open to the possibility that they are mistaken — they should actively try to disprove their own theories. The mark of science is that its theories are capable of being falsified by making testable predictions. Having made those predictions, scientists should use experiments to see if their theory can be fal-

sified.

Popper applied the same principle to politics — that you should always consider vour own fallibility. However passionately you believe something you should ask yourself, "What if I am wrong and my opponents are right?" Just as scientific theories should be tested by experiment, so political ideas should be tested through rational debate. You should be constantly willing to engage with your political opponents, approaching each interaction with a genuine openness to changing your mind. That's why freedom of speech and thought are so vital to Popper. Far from being a problem, those who disagree with you provide a vital service. They allow you to test your ideas, potentially finding a flaw and convincing you to think again.

However, Popper recognised that there's a problem with unlimited freedom of speech. If an ideology comes along that refuses to engage in rational debate, suppresses those who have any contrary view and answers any verbal challenge with violence, its advocates may succeed in stopping all debate. This intolerant faction may destroy that precious freedom of speech. "If we are not prepared to defend a tolerant society against the onslaught of the intolerant, then the tolerant will be destroyed, and tolerance with them.'

This is the paradox — to preserve tolerance we must be intolerant of those who are themselves intolerant. Of course, the crucial question then becomes "when is it acceptable to be intolerant"? Many Twitter commenters think that Popper is justifying intolerance against any views you find reprehensible — but that's far from his intention. We can't justify intolerance against others sim-

ply because we believe that they are profoundly wrong or even harmful. Evil ideas are still best defeated through argument — their lies exposed by evidence. The paradox of intolerance only justifies intolerance against those who cannot be argued against by any other means: those who themselves reject the very notion of rational debate and suppress criticism through violence. Those who "answer arguments by use of their fists" as Popper put it.

So, what does this mean for the current discussions around sex and gender? Does either side justify intolerance? Try to put out of your mind which side you think is correct or morally right – that's not the question. The issue is whether one side has actively attempted to make rational debate impossible? To my knowledge only one side has actively tried to prevent

discussion. There are many examples of trans rights activists shutting down any debate. As a fellow filmmaker, I was particularly struck by the experiences of Olly Lambert when he was making a film about gender medicine and discovered a complete refusal to discuss the issue from one side only — the like of which he'd encountered in no other issue.

What about physical violence? There are many instances of women attempting to have peaceful meetings to discuss issues of sex and gender facing mobs of black-clad protesters, with the clear intent to intimidate and in some cases even assault. If there are cases where Gender Critical protesters have attempted to intimidate trans rights groups I've not seen any evidence for it.

It's obvious when you look at the social media posting of the trans-rights activists that they believe with an almost religious zeal that they are doing the right thing. But as Popper would argue, that's when the potential to do wrong is most acute. "The attempt to make heaven on earth invariably produces hell."

Karl Popper's philosophy is not, of course, infallible - and he would be the first to say so. But if you believe he has something useful to say about human thought then keep a watchful eye against any attempt to shut down discussion — particularly on your own side and be intolerant of it. And if you are ever tempted to silence someone — always ask yourself, "What if they are right and I am wrong?" It's a question we could all do with posing to ourselves more often.

Can you delay ageing by refusing to act your age?

By Claudia Hammond, BBC Future



When old age starts depend on where you live in the world. But it may also partly depend on how you view ageing. Can you delay it with a positive attitude?

What age do you think counts as middle age? Forty to 60? Fifty to 70? Somewhere in between? It probably won't surprise you to

learn that the answer people give to this question depends on how old they are at the time they are asked it.

When half a million people completed an online questionnaire in 2018 the participants who were in their 20s and 30s said on average that middle age began at 40, while old age started at 62. By contrast, the over-65s didn't think old age began until the age of 71.

It's fairly obvious what is going on here. No one re-

ally likes to think of themselves as getting older, so if you are 40 you relish articles that proclaim that 40 is the new 30. Likewise, people in their 70s are buoyed by suggestions that with advances in nutrition and health care they are barely out of middle age. Also, we tend to want to disassociate ourselves from any group that is stigmatised. This means we resist being designated as old, when we see elderly people portrayed as frail, sedentary,

ill and even a burden on society.

Of course, old age is a reality and older people should be treated with respect and dignity. So, are people simply deluding themselves if they refuse to consider themselves to be old? In fact, it turns out it might be a sensible strategy, one that can be self-fulfilling and life enhancing. In 2003, the researchers Hannah Kuper and Sir Michael Marmot (famous for demonstrating the impact that socio-economic status in life can have on our health and life expectancv) carried out a wide-ranging study in which participants were again asked the question: when does old age start?

Answers varied of course, but what Kuper and Marmot found was that those people who thought old age began earlier were more likely to have had a heart attack, to be suffering from heart disease or be in poor physical health generally when they were followed up six to nine years later.

The participants in this study were taking part in the so-called Whitehall II study, a longitudinal study of more than 10,000 civil servants working in London. The research is robust, with participants asked a whole bank of questions. This meant that Kuper and Marmot could establish that other factors such as employment grade couldn't account for the differences in health out-



Thinking of your advancing years may make people more likely to be less active, affecting their health

comes

So how could the number you give to old age starting possibly have this great an impact on your health?

One idea is that the answer to the simple question of when old age starts actually provides a lot more information about a person than you might think. It might be, for instance, that the question prompts people to think about their own physical health, and if they have underlying health issues or a poor lifestyle, they might not feel that well and are moved to think old age is coming sooner.

People who say that old age sets in at an earlier age may also be more fatalistic and less likely to seek help for medical conditions or to adopt healthier routines, believing that decline is inevitable. They may, for instance, assume that older people are frail and so deliberately start walking more slowly and taking it easy when this is exactly what they

shouldn't be doing for the sake of their physical and mental health.

They might expect to forget things due to their age, so they stop relying on their memories. It's even possible that the stress of holding negative ideas about ageing contributes to chronic inflammation and more health problems in the long term. So, living up to the stereotype of an older person might increase the very problems they fear.

And all of this may be true the other way round too of course. People who think old age starts later in life may be more conscious about their health and fitness and therefore take active steps to stay in better shape. They think they are younger and so behave in younger ways, creating a virtuous circle.

Whatever the explanation, the Kuper and Marmot study is not the only research to demonstrate measurable benefits of thinking posi-

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MOTORWORLD General Car Maintenance

With thanks to Emma Swain, Motorworld, Las Chafiras

We are all guilty of just jumping in our cars and driving off without checking any of the basics.

The following are some tips for things that an owner or user should check regularly.



Water Levels

You should keep an eye on the temperature gauge in the car - normally the first indicator that there is (or could be) a problem. You should check the water levels, but only when the car is cold (there is no point doing this when the water is hot (as water expands when heated). If you attempt to



check when it is still hot you will also most likely scald your hand, so be very careful.

Petrol / Fuel Levels

It seems silly to be stating this, but how many people have you seen at the side of the road walking with a petrol can in hand either to or from a garage. Running low on fuel, in the current economic climate, may seem a sensible option, but imagine if you ran out of fuel on a dark or badly lit road at night...perhaps with children in the car. Our advice is to make sure that your fuel gauge is functioning correctly and to never let it go into the



red. Apart from the fact that you may run out of fuel you will be pulling dirt that settles in the base of the fuel tank into the engine, which could cause damage.

Lights

This is almost impossible to check on your own, so you will need assistance to check that all your car's lights are functioning correctly and not damaged. You could face a fine if stopped by the police for having lights that either do not function or are faulty.

A dirty vehicle

If your vehicle is very dirty (quite often the case here in Tenerife with calimas etc) you could find yourself receiving a fine. It doesn't happen often but the police can fine you for a very dirty vehicle, especially if the number plate is not clearly legible or the wind-screen has poor visibility.



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SCAN ME

Continued from page 36

tively about ageing. Becca Levy from the Yale School of Public Health, using data from the Ohio Longitudinal Study of Ageing and Retire(who agreed with comments such as "I have as much pep as last year" and who disagreed that as you get older you get less useful) lived for an average of 22.6 years af-



People who think old age starts later in life may be more conscious about their health and fitness

ment, also produced some extraordinary findings. The Ohio study had followed more than a thousand people who were at least 50 at the time.

She found that people who had positive ideas about their own ageing ter they first participated in the study, while the people who felt less positively about ageing lived for just 15 years more on average.

Then along comes a new study conducted by Susanne Wurm from the University of Greifswald in northern Germany, which might pin down the problem more precisely. And her findings provide some good news for people who think more negatively about the onset of old age. They weren't any more likely than average to die early. But again, people who saw old age more positively, as a time to learn new things and make new plans, for example, lived longer on average.

In this study, it didn't matter as much what people thought about the physical implications of ageing, what mattered was whether they believed they would still develop and grow mentally.

Thinking younger may help people keep themselves open to new experiences for long, with positive effects (Credit: Aleksandar Nakic/Getty Images)

None of this research means we can magically halt or reverse the ageing process. Eyesight, hearing, memory, muscle mass, bone strength, healing processes: you name it, they all decline. And older people are of course more vul-

nerable to a whole ranges of illnesses.

These big studies are all based on averages, so saying you're not middle aged isn't going to stop everyone getting ill. But in his book The Expectation Effect, science journalist David Robson has some tips for us. He suggests that instead of mourning the loss of youth, we should focus on the experiences and knowledge we gain as we get older and notice how much better we get at dealing with things.

When older people are unwell, they shouldn't assume that's all due to old age. Above all, as we age, we should never give up on trying to be healthier and believing that there are many things we can still do. If we adopt this attitude, we are likely both to live longer and to enjoy those years.

Thinking younger may help people keep themselves open to new experiences for long, with positive effects

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People who saw old age more positively, as a time to learn new things and make new plans, for example, lived longer on average

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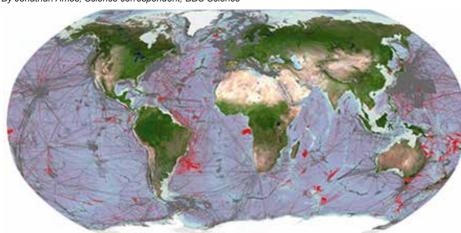
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Nearly a quarter of Earth's seafloor now mapped

By Jonathan Amos, Science correspondent, BBC Science



The oceans cover 70% of the Earth's surface. Of that area, 23.4% is now mapped to modern standards

Slowly but surely the proportion of the global ocean floor that's been properly mapped is rising.

It's now up to just shy of a quarter of the total area under water - at 23.4%.

Better seafloor maps help us with navigation and conservation, among many other uses.

Some 10 million sq km

(3.8 million sq miles) of new bathymetric (depth) data was added in the past year. This is an area broadly equivalent to the land surface of Europe.

The update was given at the second UN Ocean Conference, taking place this week in Lisbon, Portugal.

Much of this additional data comes not from recent mapping efforts, however, but simply as a result of governments, institutions and

companies agreeing to open up their archives.

It's thought a further 10-15% is still squirrelled away on servers, in part because the owners worry they might be giving away commercial or defence secrets if they release the information.

"But they really needn't worry," said Jamie McMichael-Phillips, director of Seabed 2030, the organisation that is trying to corral world efforts to obtain a

complete picture of Earth's ocean bottom.

"One of the messages we're trying to get across is that we don't require high-resolution data. Hi-res is nice; we can work with it. But lower resolution is perfectly acceptable.

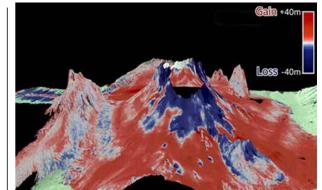
"One depth value in an area the size of a European football pitch, 100m by 100m or thereabouts, isn't going to give away national or commercial secrets."

This knowledge is needed for a host of reasons.

Sea maps are essential for safe navigation, obviously, but also for fisheries management and conservation. Marine wildlife tends to congregate around the underwater mountains. Each seamount is a biodiversity hotspot.

In addition, the rugged seafloor influences the behaviour of ocean currents and the vertical mixing of water. This is information required to improve the models that forecast future climate change - because it is the oceans that play a pivotal role in moving heat around the planet.

At the moment, our knowledge of just over three-quarters of the planet's underwater terrain comes only from low-resolution satellite measurements that have inferred the presence of tall seamounts and deep valleys from the gravitational in-



Seabed 2030 supported mapping of the underwater volcano that erupted near Tonga in January

fluence these features have on the sea surface. Water piles up over the mass of a large submarine mountain and dips slightly where there is a trench.

It's super smart but an underwater mountain that's hundreds of metres tall can still fail to show up in such observations.

Seabed 2030, which is funded by Japan's Nippon Foundation, is encouraging anyone who ventures away from the land to switch on their sonar equipment and take depth soundings. And this isn't just about measurements from big ships; small ocean-going yachts fitted with data loggers can also make a contribution.

One of Seabed 2030's stars is the American adventurer Victor Vescovo. The Texan financier is using a submersible to visit the deepest places in the world's oceans, but everywhere he

goes his support ship switches on its echosounder.

"We have a 'map the gap' strategy," Mr Vescovo told BBC News.

"We're not a commercial outfit so we don't have to follow the most fuel-efficient routes. When we go on an expedition we ask [Seabed 2030], 'what are your priority areas?'; and we divert a little bit to cover those areas."

The former US Navy reservist has himself contributed over 3 million sq km.

It's clear, however, that to come close to obtaining a full picture of the shape of Earth's ocean bottom, there will need to be a step change in approach and capability. Many parts of the world are so remote, few ships will visit them, let alone acquire depth data in those regions.

To map these places is going to require direct tasking of autonomous or semi-au-

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Continued from page 38 tonomous technologies.

There is a glimpse of how this will work in one line of data featured in the map at the top of this page. It was gathered by the Saildrone Surveyor on a cruise between San Francisco and Honolulu last year.

During this 28-day voyage, the robot boat mapped 22,000 sq km of seafloor.

Saildrone Surveyor is 22m in length. But truly huge au-



Ocean Infinity is building enormous robot vessels

tonomous vessels are coming.

The marine robotics company Ocean Infinity is currently building a fleet of 78m-long ships in Vietnam. Regulations will probably mean they have to be leancrewed for the near future, but the goal eventually is to have them roving the ocean without anyone onboard. Their work would be overseen from satellite-linked control centres in the UK, the US and a third location somewhere in Asia.

Such ships could be sent out on long missions to map hard to reach areas at much lower cost than would be incurred by a conventional crewed vessel.

Progress to full mapping of the seafloor was discussed in a side meeting at the recent UN Ocen Conference, the participants recognised new technologies were essential to fulfilling the quest, Dr Lucy Woodall cautioned that the 2030 project would fail unless it engaged all communities with an interest in the data.

She cited examples of companies going into coastal areas to map the seafloor and then not sharing any of the information with the local people whose livelihoods



Saildrone Surveyor's cruise to Hawaii from San Francisco added 22,000 sa km of depth data

depended on those waters.

"I would argue to those of you in the room who think technology has got to be the way - I would argue that, actually, people are the way because unless people are asking the questions, unless we have a dialogue with all the voices in the room, then we're not going to ask, and therefore we can't answer, those right questions," the chief scientist with Nekton, a UK-based oceans NGO, told the meeting.

A Spanish town abandoned by mistake

By Nacho Larumbe, BBC Travel writer



In the 1960s, the Spanish government evicted a historical village that was supposed to get flooded by the waters of a new reservoir. Only it never did.

The medieval fortress town of Granadilla in Ex-

tremadura, Central Spain, is a ghost town.
Visitors can peek into empty rooms, wander along

its walled-in streets and view the town from atop its castle. But no one lives there. Not since all the residents were kicked out in the 1960s.

Originally founded by Muslims in the 9th Century, Granadilla occupied a strategic spot that allowed its occupants to keep a watchful eye on the Ruta de la Plata, an ancient trade and travel route across the region. Over the years, rule of the town changed hands, and today it's one of the few Spanish fortress villages where the ancient walls are still intact. But the community that lived here right up until the 1960s is not.

The end began back in the 1950s, during the dictatorship of Francisco Franco, when Spain embarked on massive project of building dams as a way to boost the economy during the period of isolation. The largest of these efforts was the Gabriel y Galán reservoir on the Alagón River, and in 1955, officials decreed that Granadilla was in the floodplain and therefore had to be evacuated.

Over the course of 10 years, from 1959 to 1969, all 1,000 residents were forci-

bly evicted, many relocated to colonisation settlements near the village. When the water started to rise in 1963, it covered all except one route into the village, turning it into a peninsula. But that's as high as the water got – the town itself never flooded. Nevertheless, the residents were not allowed to return.

The flood that never came

The experience was traumatic for locals, many of whom still carry their frustration. "It was a travesty," said Eugenio Jiménez, president of the Association Sons of Granadilla. "They kicked us out, claiming that the dam would flood the town, which was impossible because the town is higher than the dam. But those were times of dictatorship, and we had no rights. But what truly frustrates me is that during democratic times. I've been strugaling for the recovery of Granadilla with the former children's association, and no government has listened to us "

Purificación Jiménez, a former resident, also recalled the difficulty of those years. "I remember that every time a family left the village, everyone came out to the entrance of the village to say goodbye and cried," she said.

Even today, villagers have not been allowed to reclaim their homes because the government maintains the flooding decree signed by Franco. However, visitors can and do come for day trips. The town was designated a Historic-Artistic Site in 1980 and is now run as a free, open- air museum (overseen by the Autonomous National Parks Agency)

As for the residents, they and their descendants meet up twice a year back in town, on All Saints' Day (1 November) and the Day of the Assumption of Mary (15 August).

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Why we're so terrified of the unknown

By David Robson, Science writer and author, London



ur deep fear of the unknown not only scares us, but it can scramble our brains. Why does uncertainty make us so uneasy?

Imagine you are expecting to hear back from a potential new employer about an exciting job offer. Your interviewer was hard to read - there's simply no way of guessing the outcome. As the days go by, do you half wish that you could just know the outcome - even if it is bad news - rather than endure a single minute more of the agonising wait? How about your feelings during dating? Would you rather that someone told you, upfront, that they didn't want to see you again, rather than waiting for your phone to ping with a new message? Would you even risk your dignity by asking for signs of commitment at an inopportune moment?

In both scenarios - and many more - a feeling of uncertainty can bring acute discomfort. For some people, a general inability to process ambiguous situations can even fuel chronic anxiety disorders. "Uncertainty can intensify how threatening a situation feels," says Ema Tanovic, a psychologist with the Boston Consulting Group in Philadelphia, who has also researched the consequences of uncertaintv at Yale University.

Scientists including Tanovic are now making huge strides in explaining why uncertainty can be so excruciating, and delineating the knock-on consequences for our decision-making and behaviour. By understanding

those mechanisms, we can learn to alleviate those feelings – and perhaps even thrive under the fear of the unknown.

Known unknowns

Our knowledge of uncertainty's effects on the brain and body comes from a series of slightly sadistic studies. In a typical experiment, participants are hooked up to electrodes, capable of delivering a harmless, but slightly painful, electric shock to the skin, while the researchers measure physiological responses that tend to correlate with stress – such as the sweating of the skin or changes in pupil size.

In study after study, the researchers found that any element of unpredictability significantly increases people's discomfort, despite there being no objective difference in the intensity of the shock. Participants show greater stress if there is a 50% chance that they might receive a shock, for example, compared to situations in which there is a 100% certainty that they will be electrocuted.

"If we think in purely rational terms, this does not make sense: a 50% chance of a shock should be half as anxiety provoking as a 100% chance if all we care about is the threat itself," says Tanovic. "But this is not how our minds work." And it's not just the uncertainty of a threat that causes discomfort: we're also reluctant to place ourselves in potentially profitable situations if they involve an element of unpre-

Tanovic recently asked participants to play a game called the "Uncertain Waiting Tasks". It doesn't take much

skill – throughout various trials, the participants have the chance of winning a little money. The outcome of each trial is purely random, but the participants do have a choice to know the result immediately, instead of waiting a few seconds before they find out. The immediate knowledge comes with a penalty, though: if they do win the trial, they will have less chance of winning and the prize will be smaller.

Despite it being the more rational option, only 37% of the participants opted to wait on every single trial. The rest were willing to take a financial hit to avoid some of the anxious waiting in a state of uncertainty.

Uncertainty can intensify how threatening a situation feels – Ema Tanovic

Tanovic says that many everyday situations elicit the same kind of reaction. "People can try very hard to reduce uncertainty and the anxiety that comes with it, like repeatedly calling a loved one to make sure they are OK, texting a crush incessantly when they haven't texted back, compulsively refreshing one's inbox when expecting to hear back about an interview," she says. "Sometimes it works, and the behaviour resolves the uncertainty, but these actions can often be quite costly in terms of the time, effort and effect on relationships."

Neuroscientists have started to track the brain activity behind this kind of flawed decision making. The research is still ongoing, but the results so far offer some hints of the neural response to uncertainty. There appears to be heightened activity in the amygdala, for example, which may reflect a state of "hypervigilance", so that we are extra alert to potential risks. Uncertaintv also seems to trigger the anterior insula, which is involved in weighing up the consequences of a particular event, and which may inflate the brain's estimates of the potential damage.

Our reactions to uncertainty may have made sense in evolution. The brain is constantly trying to predict what will happen next, allowing it to prepare the body and mind in the most effective way possible. In uncertain situations, that planning is a lot harder - and if you're potentially facing a predator or a human foe, the wrong response could be deadly. As a result, it could pay to err on the side of caution - either by avoiding the uncertainty altogether or by putting the brain and body in an aroused state that is ready to respond to a changing situation.

"Treating unknowns as potential threats would have been adaptive, as long as the associated anxiety did not compromise [essential activities] such as seeking food and shelter, or selecting mates," explains Nicholas Carleton, a psychology professor at the University of Regina, Canada. In his opinion, the "unknown" represents one of humanity's "fundamental fears" - perhaps even more important to our behaviour than our fear of death.

A matter of interpretation

Despite this common evolutionary foundation to our fears of the unknown, people may vary greatly in their perceptions of uncertainty beliefs that may shape their responses and their consequences for someone's health and wellbeing. Psychologists such as Carleton measure these attitudes using the "intolerance of uncertainty" scale. To get an idea of how you might score, rate the following statements from 1 (not characteristic of me at all) to 5 (entirely characteristic of me):

- Unforeseen events upset me greatly
- It frustrates me not having all the information I need
- I should be able to organise everything in advance and
- When it's time to act, uncertainty paralyses me
- The smallest doubt can stop me from acting

People who score high intolerance of uncertainty tend to show heightened stress responses to uncertain situations. Intriguingly, they also tend to find it hard to "unlearn" fears, once safety has been established. In those electric-shock experiments, for example, participants may come to associate a cue – such as a particular picture or sound – with the feeling of pain. After a while, however, the researchers simply stop delivering the shock.

Eventually, most people will stop exhibiting heightened stress when they come across the cue. But those with high intolerance of uncertainty need a lot more exposure to the now-harmless cue, than people with low intolerance of uncertainty. "They display difficulties in updating the old threat associations to new safety associations," says Jayne Morriss, a research fellow at the University of Reading, UK, who has conducted many of these studies.

This may be one reason why high intolerance of uncertainty greatly increases someone's vulnerability to a range of anxiety disorders and depression, as fears linger long after the potential threat has passed.

In most cases, uncertainty appears to be a core element of anxiety – Nicholas Carleton

An inability to process the unknown could also increase rumination – another known contributor to many mental illnesses – as the mind cycles through every possible outcome of the situation at hand. "In most cas-

ply cannot function without resolving every unknown, leading them to feel paralysed whenever things don't go exactly to plan. But with gentle encouragement to step outside their comfort zone, they may find the feelings are not nearly as bad as they fear and that a small amount of chaos in their lives can even offer an opportunity for learning and growth. At work, for instance, you might volunteer to take on an unfamiliar job - and see whether you can manage far better than you think, despite your doubts.

Whether or not you suffer from a clinical disorder, it may be worth remembering that attempts to predict the future are often completely futile. "When we worry, we think about the possible outcomes of an uncertain situation in an attempt to somehow prepare," says Tanovic. "In reality, worrying does not reduce the uncertainty we face and instead sets us up to feel more anxious." As the ancient Stoics taught us, we'd do far better to accept our inability to control the sit-

In some cases, we may even be able to recognise



even trigger anxiety disorders

es, uncertainty appears to be a core element of anxiety," says Carleton. Carleton and Morriss both point out that many existing psychotherapies can increase people's tolerance of uncertainty.

Cognitive behavioural therapy, for example, can teach people to stop 'catastrophising' thoughts that might be triggered by an unpredictable event and to question their ability to cope with uncertainty. Some people may assume that they sim-

that uncertainty can be a source of excitement. We may not relish the discomfort at the time, but in hindsight, it's often the element of surprise that makes our successes all the sweeter. Life would be very dull, after all, if the outcome of every event were known in advance — and by learning to acknowledge that fact, we may be better equipped to navigate those unsettling moments of emotional limbo.

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be restored shortly.

Damp in properties has long been a scourge of the construction industry in the Canary Islands - due in no small part to constructors' poor building practices. When the Savills came to Tenerife in 1985, they weren't sure what to focus on, but Derek Savill guick-Iv decided to use his many vears in construction in the

UK to specialise in Damp Proofing, Stair Lifts, Wheelchair Lifts and Small Home lifts where experienced firms were noticeably hard to find.

Damp Proofing

After several years of carrying out tests with various products from the UK Derek (Dell) discovered that the only guaranteed

solution to Rising Damp in Canarian Type Constructions was the Electro Osmotic System coupled with the use of quality bonding and rendering mortars (all products produced by the Wykamol Group in the U.K,). Kendel have been sole importers and installers of Wykamol Products since 1995 throughout the Archipelago.

DAMP PROOFING

Rising damp occurs when unprotected, porous materials (blocks, bricks, stone, wood etc) are in contact with damp earth:

- The result is unsightly and causes damage to decoration, manifesting itself in large patches of white, snowy flakes (see picture), which need constant removal, re-painting and eventual re-patching
- It can be a health hazard due to the increase in fungi and mould growth
- It often leads to timber decay or discoloration, particularly with unprotected timbers
- It causes damage to plaster and rendering
- It affects ALL unprotected walls, whether internal or external

So, what can be done to cure the problem (as the insertion of a Damp **Proof Course is virtually impossible in a typical Canarian construction)?** Contact us NOW to discuss your options, without obligation. All our work carries a 20 year Guarantee!





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The One Stop Problem Shop

LIVING IN, OR RETIRING TO, TENERIFE

Many readers will be browsing the paper looking at, perhaps, buying or renting a property for your retirement or maybe as a holiday home for yourself and family.

When you own a property in a foreign country, as well as the obvious advantages (i.e. the sun!) there are al-

ways costs involved too.

For example, here in Tenerife, if you buy a property as a holiday home, you are immediately obliged to submit an Annual Non-Resident's Tax Return. This does not mean that you must become a 'Resident', just that Spain wants some tax from you (apart from the money you spend eating out, shopping etc!) while you are here.

At The One Stop Problem Shop we can help you

with this, as well as a host of other things that you may encounter.

If you are considering living in Spain as an early retiree or when you attain pensionable age, (whatever that might be these days!) then as a UK passport holder your only real option to achieve this is to apply for a Visa in the UK before you come to Spain. There are various Visa options, the main one being:

Golden Visa: To apply for this Visa you must invest (or have done so in the previous 2 years) €500,000 in property in Spain (per person!). The underlying investment does not have to be a single property but can be several, totalling at least €500,000. In addition, the in-

vestment property must be debt-free. As an example, you purchase a property for €750,000 and pay €510,000 in cash - the balance can be via a mortgage. For a couple, the €500,000 criterion applies to each party.

For the Golden Visa each party is required to prove an annual net income from pensions, investments, property rentals etc of around €28,000. One of the main criteria is that your income can NOT derive from employment

When an application is made for a Golden Visa, the Consulate will ask you to provide a P45 (UK) or the equivalent from your home country. A letter of resignation, or 'Cessation' of self employment are also some-



times acceptable.

At The One Stop Problem Shop we aim to solve problems for our clients in the most efficient manner possible, which sometimes takes time but we do pride ourselves on being thorough and when required persistent.

If you are considering a

permanent move to Spain and need further information on Visas please pop in and see us at our offices in Las Chafiras. You can also WhatsApp us on 0034 659 719 695, phone on 0034 922 783 828, or drop us an email on: info@theonestopproblemshop.com

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DOG OF THE MONTH



September is a difficult month for lots of people, with children going back to school, additional expenses for parents, so perhaps not many people are thinking about adopting a dog at this time. But new dogs just keep on coming into the Centre, all of them looking for a good home/

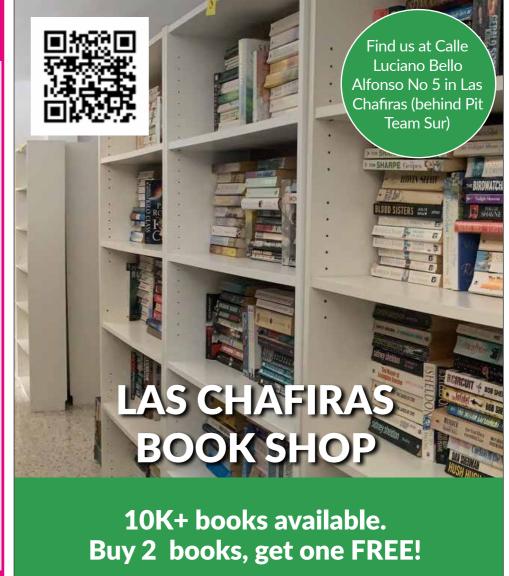
loving family who may consider taking them in. All these animals are there through no fault of their own and it really is no life for them, being locked up, many of them for 24 hours every day.

Leoncio is a big boy who arrived in the summer of 2022. He is very gentle and noble and lives very well with other dogs. Initially, he is a little bit scared of people, but once you gain his trust he is really lovely. Bigger dogs always seem to end up staying with us longest, as not many people have space for them (although, even in an apartment, I think Leoncio would be great, as long as he got out for regular walks.

Do YOU think YOU could find it in your heart to help this lovely boy? He is one of around 600 dogs at the Refuge and would so love have a family to call his own.

The Centro de Proteccion Animal de Tierra Blanca is located off Junction 15 of the TF-1 by the restaurant Los Chasneros, just 200 metres above the TF-1. They don't ask for adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home.

Contact Rachel on 629 031 273 or cpa.tierrablanca@tragsa.es for more information



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ENERGY PERFORMANCE CERTIFICATES IN SPAIN

SEPTEMBER 2022 UPDATE

Some nine years and months have elapsed since the legal requirement was brought in for Energy Performance Certificates to be carried out throughout mainland Spain and the Canaries. Reviewing the Canarian Government's official register, it can be seen that 295,479 certificates have now been registered, which means that 2.016 certificates were issued in August - 10% up on the

same month last year. This does seem to suggest that the letting and especially the property sales market is still very strong with numbers of completions still high even through the normal "holiday season" month of August.

The figures group both residential and commercial properties and those for sale as well as for rent in all of the Islands which together form the Canaries For those readers not aware of EPC's, they were introduced in Spain and its dependencies by Royal Decree on 5th April 2013, which required that, from 1st June 2013, an EPC must be obtained by the owner whenever a domestic or commercial property is Built, Sold or Rented.

Selling your property

From 1st July 2013 property owners are required by law to

present an Energy
Performance Certi-ficate
when a property is
placed on the market and
prior to any advertising.
When the property
is sold, the Notary
will need to see the EPC,
termed the Certificado de
Eficiencia Energética in
Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st July 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or

the letting agent should be able to show you the EPC for your property.

The EPC contains:

Information about a property's energy use and typical energy costs, and ecommendations as to how you may be able to reduce energy use and save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.



What's the difference between a Physiotherapist, a Chiropractor and an Osteopath?

To the average person, an osteopath, a physiotherapist, and a chiropractor may seem like more or less the same job. All deal with musculoskeletal pain, require a university degree, and certification from an accredited course.

While they may seem similar at a glance, the three professions take very different approaches to health, so it is important to understand what sets each one apart from the others before deciding which of these professionals is best for you.

Physiotherapist

Probably the most wellknown of the three job titles, it is worth starting off by drawing a distinction between a physiotherapist and the similar-but-distinct title of physical therapist. While both can be

legitimate careers, it is important to know that only physiotherapists require a university degree, while physical therapists receive a narrower range of training over a shorter period of time.

In comparison to osteopaths and chiropractors, one of the primary distinctions of physiotherapy is its use of an all-encompassing approach that looks beyond the purely physical elements of an issue, also taking both psychological and social factors into account when treating patients. This means that if a patient were to present themselves to a physiotherapist complaining of back pain, rather than simply identifying the problem area and treating the symptoms, a physiotherapist will attempt to identify why the problem manifested in the

first place, and prevent it from recurring in the future. This means looking at the physical side of things, such as posture and movement patterns, as well as psychological aspects such as stress or anxiety, and social factors such as work habits and hobbies

Chiropractor

Of the three job titles, chiropractors are definitely the most commonly associated with back problems, although some claim it can help with issues such as asthma or sexual dysfunction. But at the same time, chiropractors are also among the most controversial in medical circles. The main feature of chiropractic treatment that sets it apart from physiotherapy and osteopathy is its focus on manipulation, which is when joints are pushed and pulled to their farthest possible range of motion. The belief is that physical pain can be resolved by getting a chiropractor to manually put everything "back in the right place".

Chiropractors are somewhat controversial for a number of reasons. Firstly, their techniques are seen as unnecessarily risky, with chiropractors having some of the highest instances of adverse patient reactions. They are also looked down upon from a scientific perlems is viewed by many as not only ineffective, but meaningless and irresponsible.

Osteopath

Osteopaths are quite similar to chiropractors in that they also place a lot of importance on manual manipulation, although they tend to be a lot more gentle. The prevailing theory of osteopathy is that the body is at its best when all of its tissues are moving how they are supposed to. Os-

er medical treatment. However, some studies have shown osteopathy to be ineffective in achieving its claims, while others show evidence to support it. The general consensus is that while osteopathy may have science to back up some of its claims, other claims are simply not true, and further research is needed to separate fact from fiction.

Although these jobs may seem similar, and usually have similar goals, it is clear to see that there is a distinct difference between chirophysiotherapists, practors, and osteopaths. To the average person, these titles may appear interchangeable, but many people will make a different choice when presented with the facts.

While there is a clear frontrunner from a scientific perspective, the key takeaway here should not be to learn the technical difference between these roles, but to realise the importance of researching medical professionals before seeing them. Only then can vou make a truly informed decision.



spective, with one of their main theories having no evidence to even support its existence. "Chiropractic subluxation" is claimed to cause organ problems by disrupting the nerves along the spine, but this has never been shown to actually exist, meaning their attempts to treat it for both back pain and organ probteopaths therefore assess a patient's health by feeling their tissues, and attempting to stimulate movement where they believe it is lacking.

As osteopathic manipulation is so much more gentle than chiropractic manipulation. Many see it as harmless, or even beneficial when combined with oth-

The Tenerife Property & Business Guide Tel: +34 609 714 276 george.thetpg@gmail.com













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Llano del Camello, Townhouse

4 bed · Beautiful townhouse on popular complex in Llano del Camello, close to Chafiras shops and motorway access. 4 bedrooms, 2 bathrooms, toilet, separate kitchen, living/dining room with large terrace, roof terrace, 2 parking spaces and storage room in community garage. Community with pool. Bills extra. Long term rental only. 2 months deposit required.

Ref: KV0234 | Tenerife Alizes Properties | 922 738653 / 626

Golf del Sur, House

2 bed · *Available from 21st of August*Two bed, two bath apartment with front terrace, rear garden and upstairs terrace on popular complex. Price includes water and electricity bills

Ref: 1631 | Homes & Away | 922

Amarilla Golf, Apartment

1 bed · Beautifully appointed, spacious one bed garden apartment with two terraces in quiet location, near the Golf course. Wi-Fi access included. Water and electricity bills included up to 50€ per month. Ref: 2083 | Homes & Away | 922

1 bed · *Available from 25th November*Nicely presented, one bed apartment on popular complex with heated swimmingpool. Wi-Fi included. Water and electrictiy on top. Ref: 1961 | Homes & Away | 922

737 044

Golf del Sur, Apartment

Amarilla Golf, Apartment €750 1 bed · Ground floor one bed, one bath apartment in stunning location with Marina and ocean views. Utilities included.

Ref: 2009 | Homes & Away | 922

Golf del Sur, Apartment

Lovely, modern and bright one bed apartment, in residential complex with heated pool, lift and Wifi access. Situated on the 6th floor, the apartment has a large terrace with side views to the sea. 1 double bedroom with builtin wardrobe, one bathroom, living room with American kitchen, fully equipped and furnished. No pets Bills extra. Available Sept to For full information see website

€700

Ref: KV0176 | Tenerife Alizes Properties | 922 738653 / 626 274040

San Isidro, Apartment

· Spacious 2 Bed 2 bed Apartment, on residential building in San Isidro. 2nd floor with lift. underground parking space incl. The apartment has 2 bathrooms, separate kitchen, large living room, and double bedroom with small balcony. Built-in wardrobe, fully equipped and furnished. Close to shops and transports, quiet position. Bills extra.

Ref: KV0174 | Tenerife Alizes Properties | 922 738653 / 626 274040

Los Abrigos, Apartment

In central position, in the village

of Los Abrigos, close to major amenities and a few minutes walk to the sea, this one bed apartment is furnished and consists of 1 double bedroom, bathroom, living with American kitchen, and a small balcony. Includes garage space. Pets not allowed. Bills extra. Available begin of May.

Ref: KV0212 | Tenerife Alizes Properties | 922 738653 / 626 274040

Los Abrigos, Garage

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Business Section

€349,999 - €250,000

Puerto Colon, Excursion

For sale with FRINA Tenerife is this luxury boat charters business with 2 boats. One of the premier brands, yacht excursion charter businesses based in Puerto Colon boasts an enviable reputation with a unique offering of a sailing vacht and a highly sought-after motor yacht. Offering typical 3-hour excursions to see whales and dolphins and priv... For full information see website or contact: Ref: 2338 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Empty Local

Location: Close to town. Touristic area. Rooms: Full catering kitchen, Ladies/gents toilet. Quality: Renovated. Outside: Covered terrace. Parking: Street parking.

Ref: 622-CF | Island Estates | 922

San Eugenio Bajo, Bar/Cafe €325 000

FRINA Tenerife is happy to offer a Modern and Stunning Cafeteria-Bar for Sale in San Eugenio Bajo. If you are looking for picture-perfect premises in a busy location, you cannot miss this stunning opportunity! The premises are 150m2 with an open kitchen and a terrace of 30m2. Altogether are tables for 90 quests. The premises were fully renovated in 20... For full information see website or contact: Ref: 2489 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeje Town, Fully Equipped

€320,000

FRINA Tenerife offers this investment – commercial property for sale in Adeje old town. The property has a long-established business and a good tenant that pays 1,500€ monthly. Premises of the Commercial Property for Sale The premises of the freehold have 2 floors which altogether measures 206 m2. If you wish to know more about this commercial pr... For full information see website or contact: Ref: 2379 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Restaurant €320,000

This large international restaurant is offered for sale freehold Occupying one of the best positions in Puerto Colon with fabulous views over the La Pinta beach this restaurant is undoubtedly a popular choice for the thousands of tourists visiting the area daily. The business has been established for more than 15 years and known for its delicious roas... For full information see website or contact: Ref: 1419 | FRINA Tenerife SL -Business Sales | 922 085 191

Vilaflor, Excursion Business

€320,000
New on the market is this Tenerife Buggy Excursion that offers safaris to Teide National Park and around a Finca in the mountains. Every buggy excursion is about 3 hours. to the weather and nature of Tenerife, this is a very popular attraction that runs year-round Included In The Business The business includes 6 Arctic Cat buggies from 2016 wi... For full information see website or contact: Ref: 2030 | FRINA Tenerife SL -

Business Sales | 922 085 191

Los Cristianos, Freehold Pub €320,000

FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is known for its lovely atmosphere and food, so no doubt you will have guests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here... For full information see website or contact:

Ref: 2422 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South, Bar supply €299.000

FRINA Tenerife offers this very reputable Bar Supply Company for Sale. This business has been established for more than 20 years and delivers soft drinks and alcohol to bars and restaurants in Tenerife. You will get a proven profitable company with many clients and a good reputation. The premises are 350m2 of storage with an office space and easy pa... For full information see website or contact: Ref: 2481 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Olivos, Empty Local

€280.000 2 bed · 2 bed, 5 bath commercial,

Ref: IPPDOAL01 | Island Prime Property | +34 922 09 69 75

Torviscas Bajo, Supermarket €275,000

FRINA Tenerife offers for sale this busy supermarket in Torviscas Bajo. It has been running for 2 years and has a good reputation. The customer profile is both tourists and locals. The location secures a lot of footfall and there is not a lot of direct competition in the area. The supermarket is spacious 100m2

and well-equipped. Ref: 2320 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Eras, Warehouse

€275.000

Freehold warehouse for sale in the industrial area of Las Eras in the town of Arico in the southeast of Tenerife. Arico is conveniently situated between the capital of Santa Cruz and the busy touristic Tenerife South, less than 20 minutes drive from the Tenerife South airport. The warehouse sits on a 398 m2 of land and measures 347 m2 with 8 m high ... For full information see website or contact: Ref: 1733 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion €250.000

FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making it possible for everyone to par... For full information see website or contact: Ref: 2409 | FRINA Tenerife SL -

Playa Paraiso, Fully Equipped

Business Sales | 922 085 191

€250 000 If you are looking for a wellestablished and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks. drinks and sun lotion but also toys and quality suitcases and bags of brands like Valentino and Guess. The business shows a healthy income and especially the profit on b... For full information see website

Ref: 2237 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa San Juan, Restaurant

€250,000
This modern Restaurant for Sale in

Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties This business has fast become one of the most visited restaurants in the area and the guests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full information see website or contact:

Ref: 2504 | FRINA Tenerife SL Business Sales | 922 085 191

Las Americas, Restaurant

€250,000

FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover, the restaurant is located on a corner, so you have even more people passing and a large terrace!
If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information see website or contact: Ref: 2459 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Bajo, Bar/Cafe €250.000

FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its international menu and live music It has been open for years and has a good reputation among residents, tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:

Ref: 2505 | FRINA Tenerife SL -Business Sales | 922 085 191

Costa Adeje, Dive school €250 000

If you are looking for a successful excursion business in Tenerife, you cannot miss this Diving School for Sale. This school offers internships diving licenses, instructor licenses, and diving & snorkeling excursions all over Tenerife. And every year since 2015 they earned the TripAdvisor Certificate of TripAdvisor Certificate of Excellence! The business has been established ... For full information see website or contact:

Ref: 2358 | FRINA Tenerife SL -Business Sales | 922 085 191

€249,999 - €150,000

Puerto Colon, Excursion

€249.000

For sale with FRINA Tenerife is this well-established sailboat excursion which includes 2 boats. excursion business is located in Puerto Colon and the last 4 years this business has made unforgettable whale & dolphin excursion to the many tourists visiting Tenerife every year. Puerto Colon is without a doubt the busiest and most popular touristic harb...

For full information see website or

Ref: 2272 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South, Distribution & Wholesale

€246 000

If you are looking for a unique investment you cannot miss this service business for sale, which offers luggage scales to hotels all over Spain. Today the owner over Spain. Today the owner cooperates with 140 hotels, which all use the luggage scales from this business. How to run the Service Business For SaleThis is an easy to run business, where you install the scales at the hotels... For full information see website or contact: Ref: 2125 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South.

FRINA Tenerife offers this garage & workshop for sale in Tenerife South. It has been established for 10 years and had a great location in an industrial area. And the clients are both Spanish- and English-speaking residents. Premises of the Garage & Workshop for Sale This garage & workshop is 1,160 m2 and has a parking area of 300 m2. The premises of... For full For full information see website or contact: Ref: 2176 | FRINA Tenerife SL -Business Sales | 922 085 191

La Caleta, Bar/Cafe

€225,000

FRINA Tenerife now offers for sale this amazing lounge bar in Costa Adeje. This lounge bar just had a full refurbishment, and everything is made to the highest quality. This bar serves mostly drinks but also has burgers. The bar offers high quality at affordable prices. The premises are a 50m2 newly refurbished interior along with a large terrace that ... For full information see website or contact. Ref: 2551 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur. Commercial €220.000

FRINA Tenerife is now offering this investment property for sale, in Golf del Sur. This property has an established business and good tenants The premises of this freehold is a 66m2 interior and a terrace of 40 m2. If you wish to know more about this commercial property investment contact FRINA Tenerife. Para información en español llámenos: +34 ... For full information see website or contact: Ref: 2523 | FRINA Tenerife SL -Business Sales | 922 085 191

San Isidro, Gymnasium

€220.000

FRINA is happy to offer this Large and Modern Gym for Sale in Tenerife South. This gym has been established for more than 4 years and offers 2 fully equipped floors, an advanced booking system, more than 600 clients and professional employees. The premises are over 500 m2 distributed on 2 floors that are fully equipped with dumbbells machines, gym roo... For full information see website or contact: Ref: 2472 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur. Bistro

For sale is this bistro-café in Golf del Sur, situated in a resort in the best-known golf area of Tenerife.

The reputation of the business is great both by word-of-mouth and high TripAdvisor score. Note, the sales price also includes the freehold, which half of the business is located in, hence the low rent and higher sales price. Premises of the Café in ... For full information see website or contact:

Ref: 2225 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe

FRINA Tenerife this Busy Cocktail Bar For Sale in Torviscas Baio. which is known as one of the best cocktail bars in the area and has excellent reviews on TripAdvisor, Facebook and other social media. It has been established for years and you will take over a genuinely successful business. Moreover, the owner only works limited hours hence, this is a g... For full information see website or contact: Ref: 2567 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeje Town, Bar/Cafe €200,000

FRINA Tenerife is happy to offer this rare opportunity a Cafeteria and Lottery for Sale. This is a unique business that sells lottery tickets, sandwiches, cakes, coffee drinks, and also minimarket products. You get 3 businesses in 1 which secures you a high income every day. The premises are very spacious and in good condition! All materials and machi... For full information see website or contact: Ref: 2502 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Bistro

Freehold cafe/bistro available with captive market in exclusive holiday complex. All fixtures and fittings

Ref: 2051 | Homes & Away | 922

€199.000

Fanabe, Restaurant

FRINA Tenerife offers for sale this fun and inviting British bar in Puerto Colón. It has a prime location, as this harbor is one of the most touristic spots on the island. The bar is known for a menu of British pub specialties, and also some great live entertainment, such as karaoke, guizzes and music. The bar enjoys great footfall and has many regular c... For full information see website or contact:

Ref: 2336 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe €195.000

If you are looking for a cheap freehold bar and café for sale this business is a perfect opportunity. It is in amazing Los Cristianos placed between large hotels and less than a minute from the beach promenade. Moreover. it has been run by the same couple for 16 years. Premises of the Business Though the bar and café has been open for 16 years you find th... For full information see website or

Ref: 2001 | FRINA Tenerife SL Business Sales | 922 085 191

Las Galletas, Excursion Business

€190.000

FRINA Tenerife offers this wellestablished water excursion for sale that is known for all-inclusive whales & dolphins experiences. Besides for whale watching the trips include open bar, refreshments swimming, snorkeling, and a great atmosphere. The boat is fully licensed for tourist and whale excursions and have the yellow (blue) flag too. Furthermore full information see website or contact.

Ref: 2246 | FRINA Tenerife SL -Business Sales | 922 085 191

La Caleta, Italian Restaurant

A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with

pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu. The premises are spacious 150 m2 with a large a... For full information see website or contact:

Ref: 2403 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Restaurant

€190,000 FRINA Tenerife now offers this Famous and Successful Asian Restaurant for Sale. This restaurant is located centrally in Los Cristianos and is very busy. An amazing reputation secures many gusts every day and evening both new and returning. If you are looking for a successful business with a good and steady income you cannot miss this! The premises ... For full information see website or contact: Ref: 2542 | FRINA Tenerife SL -Business Sales | 922 085 191

Costa del Silencio, Bar/Cafe €185,000

FRINA Tenerife offers for sale this freehold bar in Costa del Silencio. It has been established for 3 years and shows a healthy income location of the bar is a street with good footfall and the customer profile is both tourists and locals. It is a reputable and well-established bar. The menu is international and British food. Premises of the

Ref: 2325 | FRINA Tenerife SL -Business Sales | 922 085 191

website or contact:

San Eugenio Alto, Restaurant

€182,000 For sale in Tenerife is this profitable and well-established restaurant and pizzeria in San Eugenio. This restaurant offers to the seat for about 70 guests inside and on the terraces. Before you enter the restaurant you pass a small and cozy terrace covered by the crown a beautiful tree. Inside the restaurant, you find tables and benches, and furthe... For full information see website or contact: Ref: 1817 | FRINA Tenerife SL -

Business Sales | 922 085 191 Los Cristianos, Bar/Cafe

€180.000

This bar for sale in Tenerife is a unique and perfect option for the demanding buyer! The current owner has designed the bar and decorated it to perfection. decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa Las Vistas that offers stunning views and sunsets. Premises of the Bar for Sale in Tenerife Today the bar has room for about 30 guests and m... For full information see website or contact: Ref: 2169 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Pool Bar

FRINA Tenerife presents this new Freehold opportunity Poolbar in San Eugenio Alto. A perfect located Freehold Poolbar inside a complex which is approximately a twenty minutes driving from Reina Sofia airport in the south. Almost opposite the resort there is Aqualand, a water park more suited to younger family members. The Freehold Poolbar is nearby att... For full information see website or contact: Ref: 2603 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

FRINA Tenerife now offers this Sea View Bar for sale in Los Cristianos, it is a unique and perfect option for the demanding buyer! You find this Sea View Bar in San Telmo which is busy all year and both days and nights. The current owner has designed the Sea View Bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa ... For full information see website or contact. Ref: 2584 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

FRINA Tenerife now offers this Well-Known British bar Los Cristianos. It Is known for its high-quality food and entertainment. The bar is located in a busy area that attracts many tourists and residents. This bar has been for almost 10 years and has a great reputation and a high income. So if you are looking for a bar in Los Cristianos you can't miss this... For full information see website or contact.

Ref: 2550 | FRINA Tenerife SL - Rusiness Sales | 922 085 191

Palm Mar, Pizzeria

€160,000 FRINA Tenerife offers for sale this successful traspaso pizzeria for sale located in Palm Mar. It has been established for 7 years and has earned a very good reputation both locally and on TripAdvisor. The menu is delicious Italian pizzas and international dishes. This is indeed a very well-established business showing a very good income and the buyer... For full information see website or contact:

Ref: 2345 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Freehold Property €159.900

FRINA Tenerife Offers this empty freehold local in Puerto Colon for sale. It is located in the commercial centre of Puerto Colon and is a very central and busy location, with a lot of tourists all year round. Thanks to the beaches, excursions businesses, and bars in the area. This local is bright and spacious 76m2 freehold local is on the 1st floor and... For full information see website or contact:

Ref: 2521 | FRINA Tenerife SL Business Sales | 922 085 191

San Eugenio Alto, Excursion Business

For sale with FRINA Tenerife is this well-established buggy business & excursion shop in the south of Tenerife. The buggy offer trips for the whole family from 1,5 hours on the South of the island to 4,5 hours trips to the mountains and Teide National Park. The excursion shop sells both buggy excursions and all other kinds of excursions in Tenerife. In... For full information see website or contact:

Ref: 2036 | FRINA Tenerife SL -Business Sales | 922 085 191

Fanabe. Pub

€150,000

FRINA Tenerife offers for sale this Entertainment Pub & Restaurant for Sale located on the first line in Fanabe. It is known to be one of the busiest entertainment pubs in the area offering live music every day.

And in the evenings, you must book to be sure to get a table. Moreover, the place offers a full British menu. Nevertheless, you find both British... For full information see website or contact:

Ref: 2503 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Pool Bar €150.000

FRINA Tenerife presents this rare opportunity to buy a Freehold Pool Bar for Sale. This pool bar is in a busy complex in Torviscas. It is an apart-hotel complex where you will have both residents, expats, and tourists as guests. A pool bar is always a sure success and whether you wish to work less and only sell drinks and ice cream during the day or al... For full information see website or contact:

Ref: 2555 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe

FRINA Tenerife now offers this Famous traspaso café in Las Americas. And, it is a wonderful opportunity, to buy one of the most reputable British cafes in Playa Las Americas. The owner opened this bar over 10 years ago. And has grown to be one of the most recognized and popular cafes in the area. It has a great reputation for quality food, delicious cakes... For full information see website or contact:

Ref: 2533 | FRINA Tenerife SL -Business Sales | 922 085 191

€149.999 - €100,000

€149.000

Los Cristianos, Bar/Cafe

FRINA Tenerife now offers this Prime Location Bar in Los Cristianos, in front of Playa Las Vistas. It is a rare chance to buy in a truly prime location in front of the famous Las Vistas beach. The Bar in Los Cristianos has a great client base and is frequented by a lot of tourists, it has breakfast and lunch menu that satisfied all kind of clients. ... For full information see website or contact:

Ref: 2602 | FRINA Tenerife SL Business Sales | 922 085 191

Puerto Colon, Empty Local €140.000

FRINA Tenerife offers this Freehold Office for Sale in Puerto Colon Commercial Center. A very central and busy location that enjoys lots of footfall year-round thanks to the many excursions business and bars in the area. Also, you are close to parking. The office is bright and spacious 92 m2. It was refurbished in 2019 with new electrical installations... For full information see website or contact:

Ref: 2477 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Pizzeria

€140,000
Now FRINA Tenerife offers this
Business for Sale in Los Cristianos.
The business is known for great
pizzas and being located on a very
busy street close to the beach and
with a lot of footfall. Normally this is
a very busy pizzeria that generates
a high turnover year-round. Contact
FRINA Tenerife for more details on
this. The premises offer a large ...
For full information see website or
contact:

Ref: 2417 | FRINA Tenerife SL Business Sales | 922 085 191

Golf del Sur, Excursion Business €139.000

FRINA offers for sale this Tenerife Jetski Business, which is located in Gold del Sur. Golf del Sur is a great location for a jetski business since you have plenty of tourists yearround however, you have less competition and much lower rent than in the bigger harbours in Tenerife South. The business

includes 6 new Jetski of the brands Seadoo, Yamaha and ... For full information see website or contact: Ref: 2307 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe €139.000

If you are looking for a Las Americas bar you cannot miss this successful business, which is famous for its amazing atmosphere, showing sports events and popular live entertainment several times a week. This bar has been open for more than 40 years and the current owner has only made this already well-established bar an even bigger success! Moreover, t... For full information see website or contact.

Ref: 2197 | FRINA Tenerife SL - Business Sales | 922 085 191

Torviscas Bajo, Irish Bar €139.000

FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale Traspaso. This lovely bar is in Torviscas Bajo where it is visited by including the James are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and you will earn money from day 1! If you are ... For full information see website or contact:

Ref: 2518 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

€129,000 FRINA Tenerife now offers this Amazing View Bar for sale in Los Cristianos, it is a unique opportunity in a prime location. You find this bar in Commercial Centre San Telmo which is full of tourists and locals all year and both days and nights. The owner has renovated the bar and has made it modern and cozy. Furthermore, the bar overlooks the beautiful... For full information see website or contact:

Ref: 2594 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa Paraiso, Clothes Shop €125.000

If you are looking for a well-established and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. The store sells quality suitcases and handbags from high fashion brands. The business shows a healthy income and a high profit on bags. The premises are spacious 170 m2 combining 2 locals, where 1 is for convenience... For full information see website or contact:

Ref: 2315 | FRINA Tenerife SL -Business Sales | 922 085 191

Palm Mar, Bar/Restaurant

€125,000
FRINA Tenerife now offers for sale this amazing Restaurant Wine Bar in Palm-Mar. It is in the main street of this small town that attract a lot of long term tourists and locals. This Restaurant had a full refurbishment, and everything is made to the highest quality. The business is primarily a Restaurant with a complete Menu with focus on quality food ... For full information see website or contact:

Ref: 2592 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa Paraiso, Supermarket €125,00

f you are looking for a well-established and easy-to-run business, you cannot miss this minimarket store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also lots of childrens toys. This store has two departments, one with bags and suitcases, and another with everyday products, snacks... For full information see website or contact:

Ref: 2316 | FRINA Tenerife SL -Business Sales | 922 085 191

Arona, Property Management €125,000

FRINA Tenerife now offers this Rustic Finca Management in Arona in a quiet area with mountain and sea view. The business consists of renting and maintaining the villa and the land with the possibility of living inside this beautiful Rustic Finca. Important to notice that the owner will give the management with the same rental conditions and for the fir... For full information see website or contact:

Ref: 2582 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Sports Bar €125.000

FRINA Tenerife offers for sale this Entertainment Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has... For full information see website or contact:

Ref: 2590 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Restaurant €120.000

FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The menu is a wide range of everpopular meals for the whole family like pasta, steaks, roast chicken, pizzas, and more. And moreover, the restaurant h... For full information see website or contact.

Ref: 2387 | FRINA Tenerife SL - Business Sales | 922 085 191

Fanabe, Bar/Cafe

New on the market is this classic English Tea room, which is known for its delicious homemade cakes and a classic British tea table. And naturally, most clients are British residents and tourists. It is a smaller café which is perfect for a couple and it is great even if you have kids since it is only open during the daytime. Premises of the Tea Roo... For full information see website or contact:

€120.000

Ref: 2292 | FRINA Tenerife SL Business Sales | 922 085 191

Las Americas, Lap Dance Bar €109,000

For sale in Tenerife is this newly refurbished bar & club which has the license to run both as a Cabaret Bar (lap dance) and Bar Sexual (sex club). You can choose to buy the business as a traspaso (leasehold) or buy it with the full SL company. Premises of the Lap Dance Bar & Club The club is newly built, and you get 300 m3 which are fully furnished... For full information see website or contact:

Ref: 2254 | FRINA Tenerife SL -Business Sales | 922 085 191

Costa del Silencio, Commercial

Property

1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very lunimous with direct aceess to the terrace from the living room. Parking space in the communal parking is included! Community fess: 197€ month, ... For full information see website or contact:

Ref: 08-0819 | Tenerifehome. com | 922 783066

Puerto Colon, Restaurant €106.000

FRINA Tenerife presents this Modern Restaurant in Puerto Colon for Sale in San Eugenio Bajo located on a busy street and overlooking the sea. This Modern Restaurant is fully renovated and has a unique decor, it faces stunning sunsets and enjoy an excellent flow of people, both tourists and locals. Premises of the Restaurant for Sale The premises... For full information see website or contact:

Ref: 2593 | FRINA Tenerife SL Business Sales | 922 085 191

Las Americas, Bar/Cafe

FINO,000
FRINA Tenerife offers for sale this long established, very popular bar in the middle of Playa de Las Americas. For more than 25 years this bar has been growing very famous in the area. It's live entertainment and great atmosphere continues to attract people of different nationalities and ages to come and enjoy a fun night of karaoke, live music, sports an... For full information see website or contact:

Ref: 2310 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South, Retail Business €100.000

FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realejos, where it serves many locals in the area and some British people. The business has a solid reputation and had a healthy income, but is now closed. Included in the retail business The owner wishes to sell the business... For full information see website or contact:

Ref: 2343 | FRINA Tenerife SL -Business Sales | 922 085 191

€99.999 - €50.000

Fanabe, Bar/Cafe

€99,500 This well-known British Café for

Sale in Fañabe is one of the best known in the area and has been established for many years. It is known for classic English breakfasts, cakes, Sunday Roasts, and much more. Furthermore, the café has great reviews among residents, tourists, and on social media, and no doubt you will guests from day one with this busines...

For full information see website or contact:

Ref: 2397 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Restaurant

This is a rare opportunity to buy a first-line restaurant in Los Cristianos. The restaurant benefits from being the first line at the beach promenade and at the same time just 3 minutes from the always popular Los Cristianos market. Premises Of The Business For Sale The restaurant has a terrace of 60 m2 with tables for 50 guests. The inside premises are 1... For full information see website or contact: Ref: 2098 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas, Excursion Business

€99.000

€96.000

€99 000

For sale with FRINA Tenerife is this Quad Excursion Business that sells safaris to Teide National Park. Every excursion is about 4 hours and 100 km - with the weather and nature of Tenerife, this is a very popular attraction. Included In The Business The business includes 10 quads of the brand TGB 325. These quads are known to be workhorses built t... For full information see website or contact:

Ref: 2020 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Galletas, Bar/Cafe

New on the market is this longestablished bar-café in Las Galletas, which has been open for

11 years. Today it is still run by the owner with help from 2 staff. The bar-café is open from 10 mornings to late evenings and is well-visited during day and night. The owner wishes to retire and that is why he put this business for sale. Premises Of The Busin... For full information see website or contact:

Ref: 2092 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion Business

€95 000

FRINA Tenerife is happy to offer this unique Excursion Business for Sale in Tenerife. This business offers both Flyboard excursions and Crazy UFO excursions. The business has been open for more than 6 years and runs all year round thanks to the great climate and warm sea waters here. The business includes all the equipment which are 2 fly boards, 1 ... For full information see website or contact. Ref: 2427 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Galletas. Ice Cream Bar

€89,000 FRINA Tenerife is happy to offer this amazing Crepe & Ice Cream

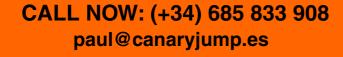
this amazing Crepe & Ice Cream Café for Sale in Las Galletas. The café is located centrally in the city and facing a busy area that enjoys plenty of footfall and attracts many residents and especially families. The café is known for ice cream, crepes, good coffee, and shakes. The premises are in good condition

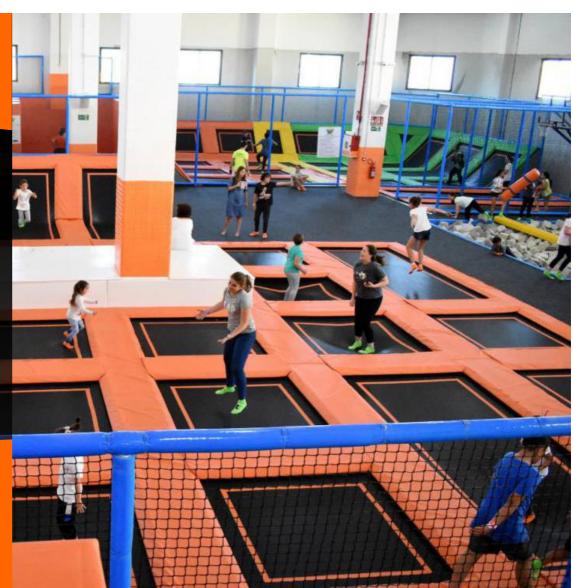


SUCCESSFUL BUSINESS Trampoline Park **FOR SALE**



- **√ 100.000** SALE TICKETS/YEAR
- **√ 1200** BIRTH PARTIES/YEAR
- **✓** GREAT INVESTMENT ROI IN 24 MONTHS
- **✓ NO COMPETITION IN TENERIFE**
- **▼ RECOGNIZED BRAND** (OVER 3000 SEARCHS PER MONTH IN GOOGLE)
- **✓ TAXES ONLY 4%** (ZEC ZONE COMPANY)
- **√ 2500**² OF MODERN FACILITIES
- **√ 1500**² OF TRAMPOLINE FACILITIES
- ✓ ★ GREAT REPUTATION (OVER 200 REVIEWS 4,4 RATING)







WELL-ESTABLISHED EXTERIOR FURNITURE AND SUNSHADE BUSINESS IN LOS ABRIGOS







This is a fantastic opportunity

to purchase a well-established

business. On offer is the lease-

hold on this Exterior Furniture

and Sunshade shop, situat-

ed in the popular village of Los

Abrigos, including stock on the

Showroom floor, supplier con-

The Business, established 7

years ago, if marketed more ag-

gressively, could be extreme-

ly successful. It would have the

advantage of being fed clients

from the Studio4Decor Interi-

or Design and Furniture shop,

tacts and client database.



situated across the road which has been established on the Island for 20 years with an excellent customer service record.

There is little competition in the vicinity and these premises are in the perfect position close to Golf del Sur and Amarilla Golf - with their large concentration of residents, not to mention that within 10 to 15 minutes lie Palm Mar, Los Cristianos and Las Americas with their huge numbers of international residents. There are literally 1,000's of potential clients

nearby and the Studio4Decor team are on hand to give all the help and guidance any new owner could need.

Accounts are available for inspection to any serious buyer. The Business is profitable and the only reason for sale is that it is too much for one person to run both and there are plans in place to grow the Interior Design & Furniture part. With the right person the Exterior Furniture & Sunshade Shop can be taken to the next level with fabulous earning potential.





This Business is unique for 3 reasons:

- There is nothing else for sale like this on the Island and it is situated in a very popular area, with ample parking.
- The Studio4Decor team is close by and on hand to give support and guidance during a transition period.
- The Business has an extensive and attractive product range with excellent suppliers from Mainland Spain, with transport logistics already in place.

€85,000

€65.000

€60.000

and you d... For full information see

Ref: 2438 | FRINA Tenerife SL -Business Sales | 922 085 191

El Madronal, Babywear Shop €86.500

FRINA Tenerife brings to the market this Baby SPA Wellness in Costa Adeje, a one-of-a-kind business in the island. The Baby SPA has a very good reputation thanks to the beautiful online reviews. It comes with all furniture included. The Baby SPA Wellness has a full SPA licence and you are allowed to offer therapeutic massages too. It is in FI Madroñal ... For full information see website or contact:

Ref: 2581 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Pool Bar €85 000

FRINA Tenerife just took on this large pool bar in Torviscas Bajo. It is very well established and placed in a large and popular holiday resort that has hundreds of tourists every month year round. The pool bar has a large terrace overlooking the pool and with tables for 50 quests. The inside premises are fully equipped with a large bar and an industri... For full information see website or

Ref: 2385 | FRINA Tenerife SL -Business Sales | 922 085 191

€85.000

Las Americas, Pub

New business for sale in Las Americas is this British pub that has been established for almost 10 years and is very popular. The business has many regular clients and is known as a great sports bar with pool/billiard tables, sports on the TV. lovely Sunday Roasts, and an amazing atmosphere. The pub is cozy, personal, and very inviting chairs for a... For full information see website or contact: Ref: 2401 | FRINA Tenerife SL -

Business Sales | 922 085 191

Vilaflor, Bar/Restaurant €80,000

FRINA Tenerife is happy to offer this beautiful Restaurant for Sale placed in the caves of a large finca in Tenerife. Today the place is known for its beautiful location and surroundings with wines and fruits trees and offers a modern Canarian menu made from local and homegrown products. This is a successful business with an amazing reputation but ther... For full information see website or

Ref: 2549 | FRINA Tenerife SL -Business Sales | 922 085 191

Costa del Silencio. Restaurant

€79,000 FRINA Tenerife offers for sale in Costa del Silencio this restaurant that is known for delicious fish and tapas. It has been established for almost 2 years and has earned itself a good reputation and has very high reviews on Google, TripAdvisor, and Facebook, The premises are spacious 300m2 and moreover, have a terrace of 40 m2 Inside are tables for 1... For full information see website or contact: Ref: 2515 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Beauty Salon €76.000

FRINA Tenerife offers Traspaso Nail and Beauty Salon for Sale. It has a prime position in Las Americas facing the busy promenade and offering a stunning sea view. The business offers a variety of treatments among others manicure, pedicure, waxing, massages, tinting of lashes and evebrows, facials and more. The premises are amazing and refurbished to hi... For full information see website or contact:

Ref: 2564 | FRINA Tenerife SL -

Puerto Colon, Excursion Business €75,000

This Boat Hire Excursion for Sale offers zodiac boats to hire and go for private trips. The brilliant thing about zodiacs is you do not need a license to sail it so both residents and tourists come to rent and enjoy a private trip on the sea. This is an easy excursion business to run for one person since you only need to meet clients for the instructio... For full information see website or contact:

Ref: 2426 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Sports Bar €75.000

FRINA Tenerife is happy to offer this Music & Sports Bar for Sale. The business is in Torviscas Bajo 5 minutes far from the famous Torvisca Beach and known for events and music entertainment. The Music & Sports Bar has a pool table used frequently in the evening by professional team and organise Karaoke and Bingo events for his clients. Wheth... For full information see website or

Ref: 2588 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeie Town, Bar/Cafe

€69.000

FRINA Tenerife offers for sale this Spanish Traspaso Cafeteria located centrally in the old city center of Adeje. And it is the preferred place for breakfast and lunch for both locals and those who work in the area. The cafeteria has been established for 18 years, has many regular clients and is financially ealthy. The cafeteria measures 75 m2 and ... For full information see website or contact:

Ref: 2390 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Abrigos, Bar/Cafe

This traspaso for sale in Los Abrigos is a very popular bar-café in an excellent location. The business has been established for years and has many regular clients. And it has been open for 6 years and is a wellestablished business in a good area, which keeps expanding. Premises of the Traspaso for Sale The barcafé is spacious 130 m2 with a good size ki... For full information see

€68.000

€65.000

Ref: 2266 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Bar/Cafe

website or contact:

Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new airconditioning, and new glass washer Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

Ref: B-122 | Tenerife Prime Property | 922 703 725

Torviscas Bajo, Bar/Cafe €65 000

FRINA Tenerife offers this British Bar & Café in Torviscas Baio in a full of tourists area. The Bar has a good reputation and great client base, it is operative and ready for work. This British Bar is easy to run and perfect for a couple, it has been recently renovated and the owner will support the buyer during the first month of activity. Premises... For full information see website or contact:

Ref: 2579 | FRINA Tenerife SL Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe €65.000

FRINA Tenerife offers this Bar-Restaurant for sale in San Eugenio Bajo. It is a well-known business and enjoys many regulars and new guests due to its location in a large complex that enjoys residents and tourists year-round. The business is known for its great price/quality and live entertainment several nights a week. The premises are well-maintai... For full information see website or contact:

Ref: 2463 | FRINA Tenerife SL Business Sales | 922 085 191

El Medano, Bar/Cafe

FRINA Tenerife is happy to offer this Modern Café for Sale in El Medano which is a popular and lovely town in the South of Tenerife. The café is located in a modern commercial center close to many resident complexes. The café has been here for more than 6 years and has many regular guests. Even though tourism has been lower the last year this place still ... For full information see website or contact:

Ref: 2500 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe

€65.000

€65.000

FRINA Tenerife has brought to the market this Las Americas Lounge Bar for sale traspaso. This lounge bar is beautifully furnished and known for a large cocktail and shisha menu. It is located centrally in Las Americas facing a busy street among complexes and hotels. The premises are fully furnished and designed to high standards. The bar is 60 m2 and h... For full information

Ref: 2488 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Alto, Bar/Cafe

Now we offer this Reputable Bar for Sale in Torviscas Alto. If you are looking for a well-established business with many loyal customers. you should have a look at this café that is a popular place to meet friends for a drink. The current owner had the business for 3 years and only look to sell since he also has other businesses. The premises of the For full information see website or contact:

Ref: 2444 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeje Town, Pizzeria

FRINA Tenerife is now offering this well know pizza restaurant traspaso in Adeie. The restaurant is centrally located, in the centre of the old Adeje town. Where it is in a residential complex. This is a restaurant that is popular among the residents and families in the area. The premises are a spacious 92 m2 restaurant that has a large, covered terrac... For full information see

Ref: 2525 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe

FRINA Tenerife is pleased to offer this modern Los Cristianos Cocktail Bar for Sale Traspaso. This lovely bar is known for great entertainment and a large cocktail menu. Nevertheless, they also offer lunch and snacks like sandwiches, sharing platters, tea, coffee, and cakes. You find the place in a busy area of Los Cristianos/Las Americas among several... For full information see

Ref: 2468 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa Paraiso, Bar/Restaurant

€59.000

FRINA Tenerife offer for sale in Playa Paraiso this restaurant-café. It is known for quality meals inspired by the Italian kitchen and especially their fish and pizzas are delicious and popular. This location has few direct competitors and attracts both regulars and tourists. The premises are spacious 70 m2 and newly refurbished with an open kitchen... For full information see website or

Ref: 2474 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeje Town, Bar/Restaurant

FRINA Tenerife is now offering this Long-Established Bar Restaurant in Adeie. The Restaurant is centrally located, in a busy main street of Adeie town. This is Bar Restaurant is very popular among the residents and families in the area and it has a loyal client base. Premises The premises are a spacious 58m2 inside where you can host up to 30 sea... For full information see website or contact:

Ref: 2595 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeie Town, Pizzeria

€55,000

Now FRINA Tenerife offers this Adeje Pizzeria for Sale that has been established for several years and is known for delicious pizzas. If

you wish to keep running this business as a pizzeria, this location is perfect to establish yourself as a takeaway and delivery business for all the surrounding complexes. This is the area for you that gives loyal cus... For full information see website or contact:

Ref: 2416 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Bar/Cafe

€55 000

FRINA Tenerife is happy to offer this British Bar & café for sale in Puerto Colon. This bar is a well-known bar with many local customers and a good reputation. Guests return here to enjoy the large terrace and view of the port, the bar also attracts tourists from the beach of Puerto Colon and the many excursion businesses. The premises are in a fantas... For full information see website or contact:

Ref: 2522 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Bar/Cafe

€53.000 FRINA Tenerife brings to the market

this Traspaso Cafe for sale in San Eugenio. This café is known for homemade Italian food and has been established for years hence, it has a good reputation and many regulars. It is a perfect size for a couple who wishes to work together and as a first-time buy. Today the owner does not offer delivery, but the café... For full information see website or contact:

Ref: 2565 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Commercial Property €53.000

Freehold commercial premises for sale as an investment in Golf del Sur in the south of Tenerife. This investment brings a fantastic gross return of over 9% annually! premises are situated on the territory of a luxury time-share and private resort with 184 villas, located just in the middle of a championship golf course. This freehold locale is rented ... For full information see website or contact:

Ref: 1724 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

FRINA Tenerife offers this Bar & Café Traspaso in Los Cristianos in a long-term tourists and residents' area. The Bar has a good reputation and great client base, it is operative and ready for work. This Bar Traspaso is easy to run and perfect for a couple, the Menu is rich and diversified and the waitress can support the new owner in the first month. ... For full information see website or contact:

Ref: 2577 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Minimarket

€51.000

FRINA Tenerife offers this unique opportunity to buy a Traspaso Minimarket and Fast Food Shop in Los Cristianos. This business sales both fast food like kebab, fries and burgers. Moreover, is the store installed with shelves and fridges to sell everyday goods like alcohol, chips, sweets, ice cream, sun cream etc. The premises are 60 m2 inside and has a... For full information see

Ref: 2431 | FRINA Tenerife SL -Business Sales | 922 085 191

DIRECT FROM OWNER

Popular bar in busy commercial centre

MASSIVELY REDUCED DOWN TO €65,000 €115,000



Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer.

Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

- Seating for 50 outside, 30 inside Alarm system + 3 cameras
- 6 year lease which can be extended
- Pool table + cigarette machine
- Community fees: €300p/m
- €150K annual revenue

For more information, or to arrange a viewing, please call: +34 655 092 580

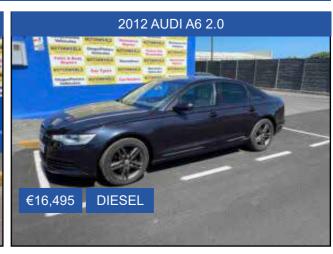


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First Line Lounge Bar & Cafe



If you are looking for a bigger lounge bar and café that is modern and offers the most stunning views in a great location, this is your chance! Located in Los Cristianos and overlooking Playa las Vistas.

Ref.: 2584 Price: 170,000€

Freehold Pool Bar



This is a great opportunity to buy a Freehold Pool Bar. It is in a complex in Torviscas that enjoys both tourists and residents. The bar is closed today but ready to open for serving both drinks, ice cream and food, if you wish.

Ref.: 2555 Price: 150,000€

Irish Cafe with Sea View



Located in San Eugenio is this lovely cafe that offers a large terrace with stunning views, an amazing reputation, many regulars and a high turnover. It was recently refurbished and can be taken over without any changes.

Ref.: 2548 Price: 79,000€

Large & Modern Restaurant



If you are looking for a large and modern restaurant with sea view this is a great opportunity. It is facing a busy street with a lot of footfalls every day and evening. And in this location you are guaranteed stunning sunsets all year.

Ref.: 2593 Price: 106,000€

Cocktail Bar in Fanabe



If you are looking for a modern bar where you do not need to refurbish anything you cannot miss this bar renovated to high standards. The bar is 80 m2 and has 2 terraces of 30 m2 each. The place has the music-bar license.

Price: 39,000€ Ref.: 2600

Freehold Pool Bar in San Eugenio



This freehold pool bar is in a large complex in San Eugenio Alto and is spacious with a bar both inside and outside on the terrace. This is a great opportunity whether you are looking for an investment or bar to run yourself.

Price: 175,000€ Ref.: 2603

Bar Supply Company



This business has been established for more than 20 years and delivers soft drinks and alcohol. It is a proven profitable company with many clients and a very good reputation. Included are 2 vans and a large storage with low rent.

Price: 199,000€ Ref.: 2481

Cafeteria and Lottery



This is a unique business that gives you 3 incomes from a minimarket cafeteria that also sells lottery tickets. The café has sandwiches, cakes, coffee, drinks, and the minimarket sell everyday products. The monthly rent is: 1,300€

Price: 120,000€ Ref.: 2502

Large Freehold Sport Bar



This freehold has a well-known business located in Puerto Colon. It is very spacious, has the restaurant icense and was recently refurbished. Note, there is also an option to buy only the leasehold for 150,000€.

Ref.: 2591 Price: 350,000€

Pest Control Company



his is a genuine successful company that offers Pest Control and Cleaning for both commercial and private properties. This company has been established for years and has hundreds of clients in the south.

Ref.: 2573 Price: 89.000€

French Cafe Los Cristianos



This café in Los Cristianos is known for delicacy served at the place and for selling wines and delicacies for take away. It is a long-established and charming café with tables for 50 guests and a great reputation.

Ref.: 2539 Price: 43.500€

Wine Bar in Palm Mar



This is an amazing restaurant and wine bar in Palm-Mar. It is located centrally and attracts a lot of long-term tourists and locals. The premise are 100m2 and had a full refurbishment and everything is made to the highest quality.

Price: 125,000€ Ref.: 2592

Bar & Restaurant in Adeje



his Bar-Restaurant is in Adeje old town, has been stablished for 5 years and is popular among the residents and and has a loyal client base. You can have about 60 uests inside and outside. The monthly rent is: 1,200€

Ref.: 2595 Price: 59,000€

Bistro with Stunning Views



This Bistro is located in a busy area of San Eugenio and offers stunning views from the terrace. The premises are renovated and decorated to perfection. And the bistro has great reviews on SoMe and many happy guests.

Ref.: 2585 Price: 66,500€

Spacious Italian Restaurant



This Restaurant in Los Cristianos is spacious 75m2 including a kitchen of 20m2 and has 30 seats inside. The terrace is spacious 25m2 and has 15 seats. It is located centrally close to the beach promenade.

Ref.: 2597 Price: 89.000€

Small Hair & Beauty Salon



If you want to run a small salon this is a great opportunity, It is located centrally in Los Cristianos and the monthly rent is only 500€. Nevertheless, the salon is big enough for both a hairdresser and a nail technic

Ref.: 2589 Price: 12,500€

Pool Bar in Las Americas



This is a rare opportunity to get a bargain pool bar in Las Americas inside a complex of 200 apartments. This is an easy bar to run for 1 person or a couple. The premises has a small kitchen, bar and tables for about 25 guests.

Ref.: 2571 Price: 32,500€

Bar in San Telmo



San Telmo is busy year-round and attracts both residents and tourists due its fantastic location and views. This bar was recently refurbished it is 60 m2 plus a terrace of 30 m2 that has amazing views. The monthly rent is: 1,800€

Ref.: 2594 Price: 129,000€

Famous Freehold Pub



This freehold pub is in the centre of Las Americas and has been established for years. It is known for showing live sports and serving a classic British menu, roasts and fish & chips. The premises are spacious 200 m2.

Ref.: 2562 Price: 990,000€

Finca With Busy Restaurant



If you are looking for an extraordinary place to invest in you cannot miss this restaurant in the caves of a large and lovely finca including a bodega and wine-cellar. Moreover is a full kitchen and terrace. It has a <u>very good</u> reputation and income!

Ref.: 2549 Price: 80,000€







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