# The Tenerife Property & Business Guide



FREE / GRATIS **Every Month**  August 2022 Issue 214

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#### Golf del Sur, Terrazas de la Paz - 4 apartments available

We have four 1 bed, 1 bath ground floor apartments for sale on sought-after complex with 2 pools. Each apartment has a kitchen, spacious living/dining area with terrace access overlooking the main road. One furnished, three unfurnished. Close to C.C. San Blas and other amenities. Community fees: €89 / month.











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#### Family home in Garañaña



Unique and spacious 2 bed, 2 bath apartment with large terrace. The complex comprises 6 properties which makes it a quiet and peaceful area to live in whilst still being close to amenities. There is also a covered carpost for 2 cars, and a storage area with direct access from the house. Lots of potential.

€239.000 G502-O239

#### Costa del Silencio



Fantastic 3 bed, 3 bath villa on double plot (1,445sqm) for sale on quiet and secure gated community with pool. The house is built on one level and has wide and clear spaces in all rooms, an American kitchen, spacious living room, and a garage. Do not miss the opportunity to view this interesting property!

€535,000 CDS094-SM535

#### Local in Amarilla Golf



A good investment opportunity to purchase this Freehold unit which has been trading for many a years as a bar/restaurant with solid clientele, both residents and tourists, situated on a part timeshare complex, this can be converted into a flourishing business for the right minded person. Run the business yourself or even rent the unit and receive a retro-income.

€195,000 AG081-FC195

#### Tenerife Royal Gardens



Unique opportunity to purchase a fantastic fully furnished 2 bed, 2 bath ground floor apartment in the heart of Las Americas. Would be great as a second home or potentially a high-income earner. The property has a spacious living room that leads out to the front terrace and an open-plan space. The complex is well-maintained with communal pool. Aircon in the living room and bedrooms. Viewings recommended!

€550.000 PLA225-RG550

#### Completely refurbished studio in El Chaparral



Completely refurbished and fully furnished ground floor studio for sale on complex with pool, children's pool, and 24 hour security. The property has a kitchenette/dining area, sleeping area, lounge with sofabed and a terrace with pool views. Close to all amenities.

Costa del Silencio, Parque Don Luis



Beautiful 2 bed, 1 bath ground floor apartment on popular complex with pool and parking. It has a living room, American kitchen, and sunny terrace. The complex is quiet and is close to all amenities and Yellow Mountain.

€90,000 CDS48-C90 €158,000 CDS941-PDL158

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# WE ARE LOOKI

Contact us for a no obligation chat and valuation, today .....

681 329 288

#### 1 BEDROOM APARTMENT - LOS CRISTIANOS









A spacious ground floor one bedroom apartment, with 48m² terrace area! South-west facing, the terrace also has a part covered area for shade. The apartment boasts an open plan kitchen with breakfast bar, spacious bedroom and a good size shower room. Based on one of the most popular complexes in Los Cristianos, with a well-maintained pool area and a pool bar on the complex. Also benefits from being wheelchair friendly.

Ref: LC00601 Price: €169,500 (approx. £145,500)



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**OUR OFFICE LOCATIONS:** 

CC San Blas - Golf del Sur

Las Adelfas I - Golf del Sur

CC Puerto Colon - Playa de Las Américas



#### 1 BED APARTMENT - AMARILLA GOLF

#### STUNNING VIEWS!

This immaculate apartment enjoys stunning views of the golf course and out to sea. If it's watching the boats, the golfers playing by or enjoying dining al fresco whilst the sun sets over the mountains, then you have found your perfect property. This second floor one bedroom apartment on one level has been refurbished to a high standard including, new kitchen and bathroom and is ideal as a turn key purchase

Ref: AMG00586

Price: €139,950 (approx. £102,500)



#### 1 BED APARTMENT - LOS CRISTIANOS

#### PERFECT RENTAL INVESTMENT!

If you are looking for a rental investment, then look no further than this one bedroom apartment on the 2nd floor, with a west facing sunny terrace overlooking the heated pool. The apartment is in excellent condition, well furnished & based on a very popular complex, with an option to rent through the onsite management company. With a pool bar and restaurant on site, this is a perfect estment on the doorstep of Los Cristianos.

Ref: I C00599

Price: €235,000 (approx. £201,500)



#### 1 BED APARTMENT - COSTA ADEJE

#### LOCATION, LOCATION!

Looking for a holiday home or rental investment property in a desirable setting? This could be the one! We are pleased to offer this second floor, one bedroom apartment, situated in the popular complex Altamira, just a short stroll from the well wn Bahia del Duque beach; probably one of the most sought after areas in the south of Tenerife! The apartment offers a south facing sunny terrace and sea views.

Ref: LA01929

Price: €329,500 (approx. £283,000)



#### 1 BED DUPLEX - SAN EUGENIO BAJO

#### IDEAL HOLIDAY HOME!

Based on this ever popular complex offering pools, restaurant, bar and a working reception area. This one bedroom duplex apartment is just a minute from the sea and Puerto Colon. A perfect place for holidays, and so central it is no wonder people want to rent here year after year.
With direct access to promenade, stunning views to the yacht marina and ocean, plus beaches, bars, restaurants and everything you need.

Ref: LA01928

Price: €385,000 (approx. £330,500)



#### 4 BED SEMI DETACHED - VALLE SAN LORENZO

#### **RUSTIC DIAMOND!**

If you are looking for that rural, rustic diamond then look no further, you have found it. On a plot of 420m² with 266m² of outside terrace area, including a private pool, this property just keeps on giving. On entering you find yourself in a small covered courtyard area. Access here is found to the separate two bedroom, one bathroom selfcontained living quarters, complete with open plan kitchen and lounge area.

Ref: OUT01164

Price: €472,500 (approx. £405,500)



#### 4 BED SEMI-DETACHED - TORVISCAS BAJO

#### IMMACULATE PROPERTY!

A rare opportunity to acquire an immaculate, spacious four bedroom house in one of the most sought after complexes in the South. The property has been refurbished throughout to a very high standard! Right in the heart of one of the most popular tourist areas on the coast, and within walking distance of everything you would need for a holiday home. If you are looking for that property that has it all, this could be it.

Ref: LA01921 Previously €700,000 Price: €650,000 (approx. £558,000)

#### 2 BED FINCA - GUIA DE ISORA

#### BREATHTAKING VIEWS!

A unique country farm, known locally as a finca, situated in the southwest region of Tenerife, below the main highway, and just 8-10 minutes drive to Playa de la Arena & Puerto Santiago, where you will find shops, bars, restaurants, and a choice of beautiful beaches. Just under 60,000 m² of land, in a stunning, peaceful valley below Guia de Isora, and only 300m above sea level. The views are simply breathtaking.

Ref: OUT01171

Price: €1,595,000 (approx. £1,369,000)



#### 3 BED VILLA - LOS CRISTIANOS

#### SPACIOUS & CENTRAL!

It really would be hard to find a better location than this! Just a two minute walk to the renowned Las Vistas Beach or to the upmarket Golden Mile and Safari Centre, this is a perfect property for a winter base, holiday home or for those who like to live in a central location. The corner villa offers spacious living, with ample storage, a separate utility room, and an off-street private driveway for parking.

Ref: LC00600

Price: €1,200,000 (approx. £1,030,000)



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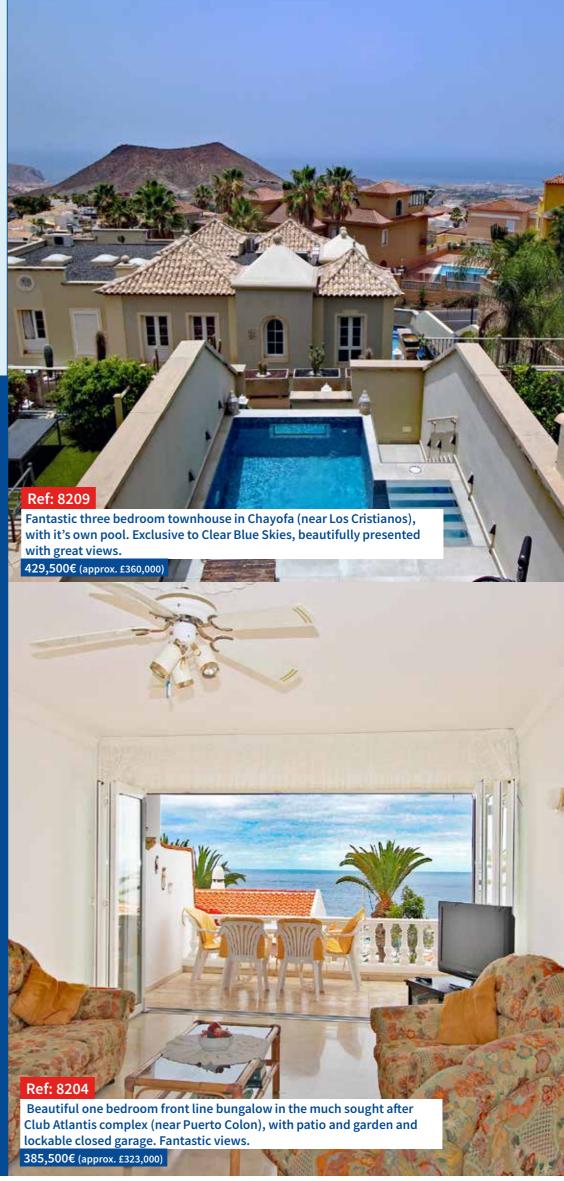
### SELL YOUR PROPERTY WITH CLEAR BLUE SKIES!

We reported in our last TPG advertisement that our May and June 2022 sales have been unprecedented and this trend has continued into July 2022 and shows no signs of abating. With clients from as far afield as Iceland and Latvia, Romania and Cuba and of course our usual clients from the UK and Central Europe, we now need additional properties for clients arriving in August and September onwards.

Our sales success came as no surprise to us, as it's the result of our massive marketing campaign including our participation in "A Place in the Sun" exhibitions in London and Manchester in 2022, and the huge number of internet portals which display our adverts, on behalf of our vendors. That's not withstanding the popularity of our own www.clearbluetenerife. com website, one of Tenerife's longest established websites.

Trust and longevity are essential features that our clients demand, whether sellers or buyers, and they are encouraged by the fact that we have been selling property in the South of Tenerife for 20 years, and that we have amassed hundreds of testimonials, available to be read on our website or in our office.

Please contact us now for a no obligation valuation of your property at our friendly office in Fañabé Plaza. All properties are taken on a "no sale, no fee" basis





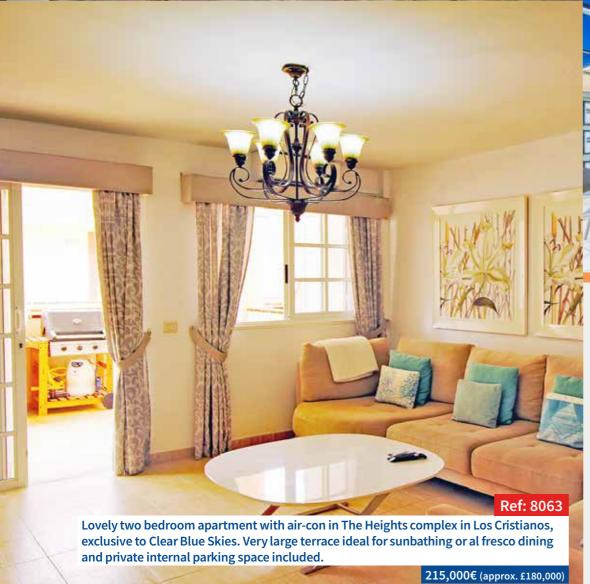
#### WHAT OUR RECENT CLIENTS THINK ABOUT US

"Both my wife and myself were absolutely delighted with the service, help and guidance we received from Suzie in purchasing our Apartment in Tenerife. Purchasing property in Spain is so different from the UK but our experience from start to finish was first class and we would have no hesitation in recommending this Company." - T.G.

"We literally cannot praise the team enough. From the start of the sale process to closure of the sale the team have gone above and beyond in everything they did to help us. Selling a property is not easy at the best of times, but when you are in a different country you need a business that can be relied on. Clear Blue Skies Tenerife is definitely the business to rely on!! All the team were fantastic, but we have to call out Alison, Steven and especially Daphne for being absolute superstars!! Thank you! I would not hesitate to recommend them to anyone thinking of either buying or selling property. Excellent service." - D.B.

"Profesionales responsables dedicados ... (Dedicated responsible professionals)." - A.L.

Why not visit our friendly air-conditioned office in Fañabé Plaza for a no obligation chat or we can come to you? We speak Spanish, English, French, German, Italian, Flemish, Dutch, and Hungarian.





#### **CONTACT US**

Get in touch to discuss buying or selling a Tenerife property with us

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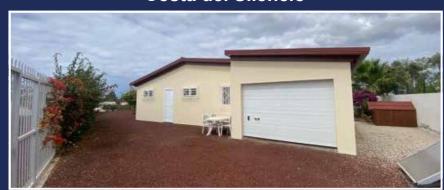
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€90,000 CDS48-C90 €158,000 CDS941-PDL158

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#### **CHAYOFA COUNTRY CLUB**



Very large studio apartment for sale, offered "turnkey" fully furnished and ready to move into. This is a lovely spacious property, ideal as a holiday home or letting investment. Great opportunity!

0 bed, 1 bath 115.000€

# ANETTO - PARQUE DE LA REINA Ref: 670-A3

Modern 3 bedroom penthouse apartment, well located on this residential community with private parking, and storeroom. Offering 3 bedrooms, two bathrooms, and lounge with separate fitted and equipped kitchen. And private 70m² roof terrace with sea views.

3 bed, 2 bath 199.500€

# THE TREEHOUSE - CHAYOFA WELCOME TO WELCO

Leasehold available now for the iconic **Treehouse Bar / Restaurant**, located in the heart of Chayofa. Currently called "Moonshine" the business has seen expensive renovations and improvements, viewing is necessary to see the quality that is on offer here. This is an amazing opportunity to take over a well know business, with a proven track record, and enormous amounts of potential. 360° tour available on our website – this has been priced to sell as there is a genuine reason for sale. The lease hold is available today for 125.000€ though more has been invested in here, and this price could be slightly negotiable if you can move quickly. Monthly rent is fixed at 2.500€ per month. Do not miss out!

0 bed. 2 bath 125.000€

# FAIRWAYS CLUB – AMARILLA GOLF EXCLUSIVE Ref: 673-A1

Very well presented, and extended one bedroom ground floor apartment on the popual Fairways Club. Views over the golf course and to Mount Teide. This property has been refurbished and is offered furnished. Great holiday home, or letting apartment.

1 bed. 1 bath

145.950€

#### **ROYAL PALM - LOS CRISTIANOS**



Very well presented studio apartment, offer furnished, within this popular well located holiday community. Great sea views from the terrace this property is turn key, ready to go. Don't delay, ask for an appointment to view today.

0 bed, 1 bath 147.000€

#### ROQUE DEL CONDE - TORVISCAS ALTO



Stunning corner penthouse apartment with amazing sea views. Motivated sale, this large property is offered furnished comes with two double bedrooms with fitted wardrobes, bathroom, and large lounge with fitted American Style kitchen. The property has private parking.

2 bed. 2 bath

244.950€

#### **EL MIRADOR – LOS CRISTIANOS**



Very well located top floor apartment on this popular, quality resort community. Offering Lounge with fitted American style kitchen, bathroom, double bedroom with fitted wardrobes, store cupboard. Large sunny terrace and private roof terrace. Easy access and street parking. Gated community with pool and gardens. Community with VV licences. Viewing recommended.

Ref: 681-CL

1 bed, 1 bath **249.950€** 

#### WINTER GARDENS - GOLF DEL SUR



Large, fully furnished 2 bed, 2 bath ground floor apartment newly listed on quality resort. Including private parking this property has semi-separate fitted and equipped kitchen. Private sunny terrace and garden. Community with VV licences. Excellent letting potential.

ed, 2 bath 229.500€

#### PRIVATE VILLA – LAS ROSAS



Modern detached villa in a quiet residential area close to Las Rosas – Arona. With its own private pool this property boasts four bedrooms including large, master bedroom, four bathrooms, and feature kitchen with island. Garage and guest apartment. Viewing essential just to see all that is on offer here.

4 bed, 4 bath 356.000€

#### LAS ADELFAS 1 – GOLF DEL SUR



New to the market, 3 bedroom pool front town house, very well located on this popular resort with heated swimming pool. Offering 3 bedrooms, 2 bathrooms, lounge / dining room and separate fitted kitchen. Private terrace and garden with direct pool access. Easy access and street parking. Close to all local amenities. Viewing highly recommended.

3 bed, 2 bath 299.950€

#### AS FLORITAS – PLAYA DE LAS AMERICAS



Well-presented 1 bed apartment in this popular, central holiday community. Great communal facilities, and close to the beach and amenities. Viewing recommended.

1 bed, 1 bath 159.000€

YOU'LL FIND OUR OFFICE ACROSS FROM THE FOOTBALL STADIUM IN PLAYA DE LAS AMERICAS ADVERTISE YOUR PROPERTY WITH US AND SEE YOUR PROPERTY PROMOTED WITH RIGHTMOVE AND ZOOPLA IN THE UK AND KYERO ACROSS EUROPE.



Local 1, Las Floritas, , Avenida Arquitecto Gomez Cuesta 16, Playa de las Americas, Arona 38660, Santa Cruz de Tenerife



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#### Los Balandros, Palm Mar



We are pleased to present this attractive duplex penthouse apartment, well-appointed with the following extras: glass curtains, an extension to the upper floor, and air conditioning throughout. In addition, the kitchen and bathroom have been refurbished recently. The price also includes a storeroom and secure underground parking.

Price: €245,000

#### Laderas del Palm Mar, Palm Mar



Lovely one bedroom apartment on the second floor of this well run complex. The property is sold fully furnished and price includes a secure parking space.

Price: €210,000

#### WE ARE ALWAYS LOOKING FOR NEW PROPERTIES FOR SALE AND LONG TERM RENTAL

#### Los Balandros, Palm Mar



Bright and spacious two bedroom, 2 bathroom apartment on the 1st floor of the complex. The price includes secure underground parking and storeroom. The property is sold unfurnished.

Price: €249,500

#### Laderas del Palm Mar, Palm Mar



Beautifully presented apartment situated on the second floor of this delightful complex. The apartment has been lovingly refurbished by the owners to an extremely high standard. There is one bedroom and one bathroom and the terrace has been fitted with glass screening and blinds – effectively making a second lounge. Price includes large garage.

Price: €239,500



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#### Detached House, La Florida





Set on a plot of 500m2 the main house has 2 bedrooms, bathroom, kitchen and lounge while there is a separate 1 bedroom apartment in the lower part of the house. The property also has a garage and utility room and is surrounded by private gardens in a very peaceful setting.

€475,000

#### Tajao - Front line apartment





This apartment is in the pretty fishing village of Tajao, situated in the perfect position right on the beach front. With stunning views from the large terrace, you could not get a more perfect holiday home. The apartment has 3 bedrooms, 2 bathrooms, lounge, kitchen and terraces to the front and rear.

€237,750

#### Amarilla Golf, Pebble Beach, Scorpio





Scorpio is a small and friendly, low-rise complex that borders the golf course and has well-kept communal areas, a swimming pool, sun terrace and pool bar. The apartment comprises a double bedroom, bathroom, lounge with integrated kitchen and good sized, south facing terrace with partial sea views.

€159,000 Ref: I1493

Studio apartment on front line complex with

Ref: A417



Spacious studio apartment with views to the communal swimming pool.

Ref: A456

1 bed, 1 bath apartment with sea views.

Ref: N1483



2 bed penthouse apartment with roof terrace

€240,000 Ref: T1222



From €2,650,000 Ref: I1428



€165,000



Spacious 1 bed, 1 bath apartment with double

Ref: N1444



2 bed, 1 bath apartment with sea views

€285,000 Ref: T1258



Well-presented 3 bed, 2 1/2 bath townhouse

Ref: I1425



rooms, private pool, jacuzzi and sea views

Translators available for any other languages.











C.C. El Trebol, Local 37, Avda. J. A. Tavio, **COSTA DEL SILENCIO,** 38630, Tenerife.



+34 690 363 653 +34 922 783 066 info@tenerifehome.com



1 bed, 1 bath apartment on sea front complex with pool. The property has spacious bedroom, living/dining room with open kitchen. Renovated with new pipes and electrics. Fantastic

€179,000 Ref: 162-0122



Studio (25m²) with 8m² sunny terrace and sep, bedroom, open kitchen and bathroom with shower. Located centrally Sold furnished. Communal swimming pool & parking Community fees: €60/month

€94.000 Ref: 182-0722



2 bed. 1 bath apartment in sought after sea front complex with lovely pool area. Located right beside pool. Large and light living room with open kitchen, and a very large Northwest facing terrace with veranda.

€189,000 Ref: 178-0422



Fully refurbished 2 bed, 1 bath apartment in complex with pool. The property (40sqm with 15sqm terrace) overlooks the park and pool, and has a living room with open kitchen and terrace. Comm. Fees: €120/month, incl water and electricity. €135,000 Ref: 181-0722



Comfortable, fully furnished 1 bed, 1 bath ground floor apartment with south facing terrace and nice communal pool. The property is an investment property including a long term

€155.000 Ref: 164-0322



Very bright 1 bed first floor apartment with balcony. Comfortable living room with storage space, semi-separate kitchen, bedroom with fitted wardrobes and bathroom with shower. Sold furnished, holiday rentals permitted Ref: 170-0422

#### Townhouse in Chayofa



This magnificent townhouse is 193 m2 and has 3 bedrooms and 2 bathrooms. Moreover is a separate kitchen equipped with high quality appliances, a basement with a large garage and 2 large terraces with

Ref.: D1273 Price: 334,000€

#### 2 Bedroom in Las Galletas



This apartment in Ten-Bel offers 1 living room with a fully equipped kitchen, 2 bedrooms with wardrobes and 1 bathroom. The complex has communal gardens and a lovely pool. The house is sold furnished and ready to

Ref.: D1276 Price: 121,155€

#### 3 Bedroom in Playa San Juan



This apartment is a 5-minute walk from the beach, newly renovated and ready to move into. It has 3 bedrooms and 1 bathroom with hot tub. Also, you get a roof terrace with an individual laundry room and partial views of the sea and Mount Teide.

Ref.: D1281 Price: 169,000€

#### 3 Bedroom in Playa San Juan



Only 100 meters from the beach you find this AMAZING apartment. First floor offers 2 bedrooms, kitchen, living room, bathroom and patio. In the penthouse is 1 room, kitchenette, living room, bathroom, terrace, roof terrace with 360° view to Teide, La Gomera and the ocean.

Ref.: D1280 Price: 267,500€

#### 2 Bedroom in Palo Blanco



Beautiful apartment in Palo Blanco in San Eugenio Bajo. You get 2 bedrooms, a bathroom, a fully equipped titchen, and a balcony with stunning views of the Atlantic Doean and La Gomera. The apartment was fully renovated in 2019, got new funiture and looks amazing now.

Ref.: D1046 Price: 399,000€

#### House Project in Las Rosas



The construction of this house has stopped due to a lack of funds. Hence, you get a plot of 224m2 with a house project of 250m2. The plan is built with 3 bedrooms, a large kitchen, living room, 1 toilet, and 2 bathrooms. Furthermore, there is a large garage/basement.

Price: 170,000€ | Ref.: D1272 Ref.: D1270

#### Apartment in San Isidro



This apartment offers 3 bedrooms and an extra room that is used as storage now, but can be transfered back and function as another bedroom. Furthermore are 2 bathrooms, a livingroom, a fitted kitchen and a large private rooftop terrace.

Price: 170,000€

#### Townhouse in Adeje Casco



This townhouse is just 150 meters from the shopping center and with all the services nearby. It has 3 bedrooms, 1 bathroom, 1 toilet, independent kitchen, balcony and a private terrace. The plot is 100 m2 and the building size is 84m2 and it is in good condition.

Price: 189,500€ Ref.: D1278



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Calle Tagara, Jardin Botanico Local 8 **ADEJE** 



#### **OPPORTUNITIES OF THE MONTH!**

#### **GRANADILLA DE ABONA**



Beautiful 3 bed, 2 bath country house on 750m plot with garden located in a guiet area. Fruit trees parking space, spacious kitchen, several terraces separate guest accommodation, and private pool.

#### **GUÍA DE ISORA**

facebook.com/TheTenerifePropertyGuide



Bright and spacious villa with 2 floors on 10,000sqm plot, the first floor has three bedrooms and a bathroom, living room and kitchen. Second floor has four bedrooms and three more bathrooms. It has private pool, barbecue area several terraces and excellent sea views.

#### ROQUE DE SAN MIGUEL



Lovely 2 bedroom independent house (86sqm) on 213sqm plot. All on one level, tastefully decorated with fully equipped kitchen. Located on an urban plot with permission to extend if

#### ALCALA



Finca (5,450sqm) with a beautiful, spacious and bright, 3 bed, 3 bath villa. The property comes with private pool and jacuzzi, has a living room, kitchen several sunny terraces, separate 2-room guest accommodation and two 1 bed, self-contained apartments, plus gardens with fruit trees.

Ref: 1174

€370,000

Ref: 930

€840,000

Ref: 1127

€199,000

€1,395,000

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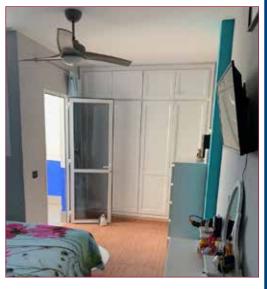


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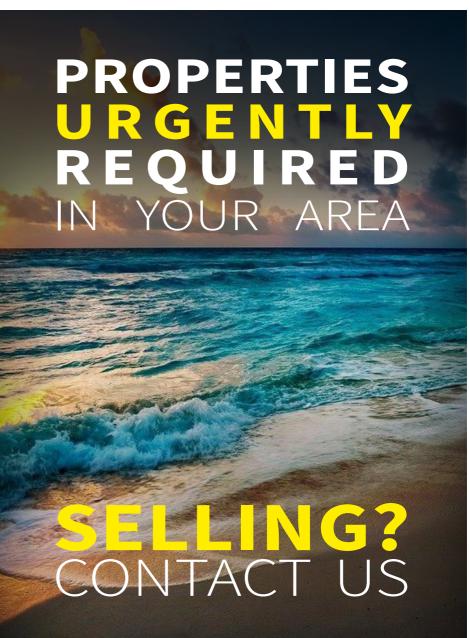
Spacious 1 bed, 1 bath apartment in sought-after complex. The apartment consists of a lounge, American kitchen and a 13m2 terrace. Very quiet and well-maintained complex.

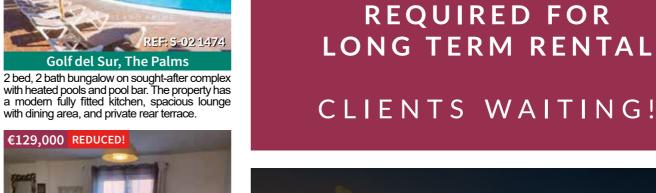


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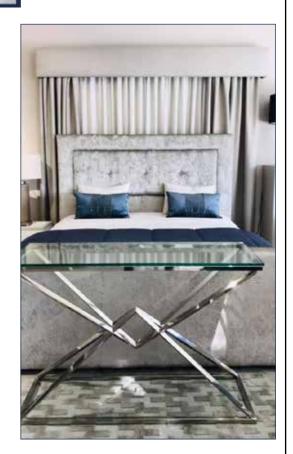


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#### **Euro strikes parity with the US dollar**



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#### Latest currency news

The past couple of weeks have seen the euro face significant pressure amid fears of an impending Eurozone recession. During this time, we've seen GBP/EUR climb from €1.16 to €1.17, whilst EUR/GBP slipped from £0.85 to £0.84. Meanwhile, GBP/USD fell back from \$1.20 to \$1.19, while EUR/USD briefly fell to \$1.00 before rebounding to

\$1.01.

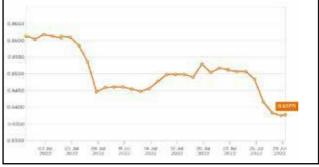
#### What's been happening?

The euro faced some notable selling pressure over the past couple of weeks as concerns over European energy security stoked Eurozone recession fears. Coupled with a relentless uptick in the US dollar amid a gloomy market mood and Federal Reserve rate hike expectations. this saw the EUR/USD exchange rate strike parity for the first time since 2002.

Meanwhile, the pound has fluctuated over the past couple of weeks as the resignation of Boris Johnson stoked fresh political uncertainty in the UK.

#### What do you need to look out for?

Looking ahead, any move by Russia



to further restrict gas flows to Europe could drive another slump in the euro although an interest rate hike from the European Central Bank (ECB) could help to underpin EUR exchange rates somewhat.

Across the pond, the Fed's upcoming interest rate decision could drive some notable movement in the currency market. Expect the US dollar to spike if the bank opts for a 100bps (bps = basis points) hike.

The upside potential of the pound looks to remain limited while the

Conservative leadership election continues to stoke uncertainty.

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# The best public swimming pools around the world

By Dominic Lutyens, Freelance writer and author



From Bondi to Berlin and Copenhagen to Cornwall, swimming pools - particularly outdoor ones - are always in demand. Dominic Lutyens dives in and explores the pool's past, present and future.

In countries as far afield as Iceland, Denmark and the UK, and in cities such as Los Angeles, Sydney, Berlin and Beijing, public swimming pools have historically been democratic palaces of leisure. In the UK, many public pools and outdoor li-

ber of community groups and councils recognising the value of lidos (outdoor swimming pools) and pools to local communities, many are being restored and modernised to meet 21st-Century requirements.

"A lot of work advocating the return of the lido was done in the noughties," says Michael Wood, assistant professor in sport management at the department of health and life sciences, Northumbria University. "Over the years, I started to dig deeper to understand why we had so few pools in the UK when they were so loved by the public."

The golden age of lidos in the UK was in the 1930s, when outdoor swimming

place for the communities,' says Wood. "But, from the 1960s, fewer people flocked to lidos, due partly to the 1960 Wolfenden report on sport and community, which recommended that public pools be housed indoors. A 1968 Sports Council report. Planning for Sport, stressed the seasonal nature of lidos, deeming them poor value for money. By the 1960s, outdoor pools received less funding and were falling into disrepair.'

Accelerating their decline, says Wood, was the increase in foreign travel."UK lidos compared less well to countries with warmer climates that people were starting to holiday in." But unpredictable British weath-



The Blue Lagoon in Iceland is one of the most famous natural pools in the world

dos have long lain neglected; yet they are now experiencing a revival, as people increasingly rediscover the invigorating pleasures of swimming, especially outdoors. With a growing num-

became popular, and 169 were built across the country as recreational facilities. This continued into the 1940s and 50s. "Their designs were grand, and developed a strong sense of

er can't really be blamed for precipitating the lido's demise: "Countries such as the Netherlands, Germany, Finland, Sweden and Iceland – with similar weather – have maintained outdoor pools

and their vibrant cultures," says Wood.

By the 1960s, Icelandic lidos went ludic, emphasising play over sport, with the addition of hot tubs and gigantic slides.

Architecturally splendid, intact interwar and post-war pools in Reykjavik, Iceland, include Sundhöll (which means swimming palace), a modernist building featuring a 25m-long pool, designed by Guðjón Samúelsson, and completed in 1937. Icelandic pools are currently celebrated in an exhibition called Bathing Culture at the Museum of Design and Applied Art in Reykjavik. By the 1960s, the exhibition shows, lidos went ludic, emphasising play over sport, with the addition of hot tubs and gigantic slides.

In Los Angeles, there's the ocean-facing Annenberg Community Beach House, built in the 1920s for actress Marion Davies by her lover, William Randolph Hearst. signed the children's play area and surrounding new structures, and introduced sustainable strategies to reduce light pollution and energy use."

In the UK, a renewed interest in lidos began in the 2000s with the publication of books such as Liquid Assets: The Lidos and Open Air Swimming Pools of Britain by Janet Smith, and The Lido Guide by Emma Pusill and Janet Wilkinson. "Several old lidos are scheduled to re-open this year in the UK, such as Cleveland Pools in Bath, Britain's oldest example," says Wood. "Another in Hull should follow in 2023 and we can expect to see 20-30 new public outdoor pools by 2030, bringing the number of public lidos in Britain from around 130 to 160."

Municipal pools, such as Moseley Road Baths, a handsome, Edwardian building lined with glazed brickwork in Balsall Heath, Birmingham, built in 1907, and Art Deco seawater lido ning the width of its largest bathing area – the 75ft by 35ft Gala Pool. However, they have been recently renovated by conservation architects Donald Insall Associates (also responsible for restoring the Ancient Roman thermal springs and Cleveland Pools, both in Bath).

"Friends of Moseley Road Baths was set up following a public outcry over plans to close the building," says Matthew Vaughan, the project's lead architect. "They formed a coalition with Historic England, World Monuments Fund and Birmingham City Council, which jointly funded the repairs." The baths now offer activities serving the local community, including therapeutic-movement classes, yoga, language lessons, tai chi and crafts exhibitions. The baths have also been used for some time by the LG-BTQ+ swimming group, Moselev Shoals.

Balconies flanking the pool have been repaired: "The Roman baths we re-



Guðlaug baths in Iceland incorporates two pools, one heated geothermally by a hot spring

Incorporating a heated pool that flanks Santa Monica Beach, it was restored and opened to the public in 2009. "The State of California bought the property in 1959," says Jan Dyer, principal of Studio-MLA, the practice that refurbished it. "The City of Santa Monica took over operations in the 1990s, and invited the public to reimagine its future after the 1994 Northridge earthquake damaged all its structures. Funding from the Annenberg Foundation allowed the City to realise its vision of a year-round public beach house. The original pool was intact but carefully restored, its marble tiles either cleaned or replaced, if damaged, while hand-painted decorative fish motifs on the bottom of the pool were repaired. Studio-MLA deJubilee Pool in Penzance, Cornwall – so-called because it was opened in 1935 to celebrate the Silver Jubilee celebrations of King George V – were once impressive, large-scale amenities until they fell into disrepair. The former is being renovated; the latter has been fully refurbished.

Moseley Road Baths, an ornate building designed by William Hale and Son, almost closed a few years ago because costs to repair it were so exorbitant. The building had once served various practical functions including laundry washing and individual bathing at a time when many homes didn't have bathrooms. Over time, condensation and air-borne chemicals had caused decay in the cast-iron arches span-

stored also had balconies," says Vaughan. "At Moseley Road Baths these would have been used to spectate swimming competitions... and supervise swimming classes later in the 20th Century." Pointing out the origins of public bathing, he adds: "In his Ten Books on Architecture, [Roman architect] Vitruvius wrote about public baths in Ancient Rome. The Romans constructed buildings that took advantage of natural hot springs and mastered the artificial engineering of water. Public bathing was common in Britain during the Roman occupation, for example at the baths in

#### A bigger splash

Now the Romans' wa-Continued on page 30



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Continued from page 28 ter-heating techniques are being adopted afresh in our

from Cornwall Council, Penzance Council and EU funding," says Scott-Whitby.

"The original pool's re-

Susan Stuart, the Jubilee Pool's director. "Old shelters on the Victorian promenade, on to which the pool was



Moseley Road Baths in Birmingham, UK, has recently been renovated by conservation architects

environmentally conscious times, notably at Cornwall's Jubilee Pool, one of the largest seawater lidos in the UK: "The drive to refurbish it was instigated in 2014 by Friends of the Jubilee Pool, a charity set up by locals, who raised £1.8m towards its renovation, with support

markable sweeping walls break the waves, but it had suffered from being exposed to gales over 80 years," says Alex Scott-Whitby, director of Scott Whitby Studio, the architects behind the refurbishment

"The Deco pool has a classic, seagull-wing shape and juts into the sea," says

built, were utilised for kiosks, storage and a café kitchen. We wanted to keep that simplicity but desperately needed to modernise the lido and create more space. New glass buildings link the shelters in a light-touch, modern way, neither competing with nor seeking to ape the Art



The Jubilee Pool in Penzance, Cornwall, has been refurbished and modernised

Deco form."

The restoration of the lido - and extension of its café and bar and addition of a community hall offering facilities such as art shows and fitness classes - are reviving its fortunes. "Part of the pool is geothermally heated by drilling deep into the ground and extracting warm water from it." says Scott-Whitby. The idea for this heating method was suggested by local graphic designer Martin Nixon and his brother, Charles.

Lidos also appeal because people are pushing back against our digital age, and appreciating the sensual, experiential qualities of swimming - Michael Wood

"It's the second geother-mally-heated pool created in Britain; the first was the Roman one in Bath. It can be heated up to 35°C, allowing it to be used all year round. A similar pool is Blue Lagoon

Wood agrees: "The pandemic made us appreciate what is local to us. Lidos also appeal because people are pushing back against our digital age and appreciating the sensual, experiential qualities of swimming."

Another early 20th-Century seawater pool still in operation is Bondi Icebergs Club in Sydney, originally called The Icebergs Swimming Club and established in 1929 by lifeguards who wanted to maintain their fitness by swimming during the winter months. At the south end of Bondi Beach, it comprises a 50m-long adults' pool and a shallow, 25m-long childrens' pool (both unheated) - it's now open all year round. Other features include hot showers, a poolside restaurant, a sauna and a museum documenting its history.

In 1999, Icelandic practice Basalt Architects masterminded Blue Lagoon, a string of geothermally-heated pools integrated into a rugged, volcanic landscape, and in 2021 Guðlaug Baths, also in Iceland, which incorporates two pools, one heated geothermally by a

base built in the channel of a creek in Austin, Texas. The surrounding landscape boasts grassy slopes where swimmers can dry off after swimming or find shade in the many trees surrounding the pool.

There is also an abundance of open-air pools in Copenhagen. Architects Bjarke Ingels Group designed the city's Harbour Bath, completed in 2003. Boasting pools of different depths, including a diving pool, it accommodates 600 people, and simulates a beach setting with its piers and boardwalk-like decking.

Another riverside pool is Berlin's Baderschiff, located in the East Harbour of the city's River Spree. The pool is contained within the hull of an old ship - hence its name, which means bathing ship. This keeps it separate from the river water, which is too polluted to swim in. It was originally conceived as an artwork by artist Suzanne Lorenz in collaboration with architects AMP and Gil Wilk. Open from 8am to midnight, it's also a popular nightspot with a bar and DJs.

One architectural practice with a strong focus on pub-



Barton Springs Pool is a three-acre bathing pool built in the channel of a creek in Austin, Texas

in Iceland. Jubilee Pool is likely to trailblaze other geothermally-heated seawater pools. Penzance is one of the [UK's] most deprived communities, and the pool is now seen as a form of regeneration, attracting more tourists to the area."

Susan Stuart adds: "Yearround opening and renewed interest in cold-water swimming is supporting off-season growth, reducing seasonality in the local economy and bolstering employment prospects."

The attraction of Jubilee Pool has been reinforced, says Scott-Whitby, by "a huge interest in swimming and feeling of optimism post-pandemic".

hot spring. Another Icelandic practice, Úti og Inni Architects, created pool complex Árbæjarlaug Árbæja in 1993. "This features an indoor pool - with a glazed dome that draws daylight in - which connects to an outdoor pool," says one of its architects, Baldur Ó Svavarsson. "It also has a slide with water gushing down it, propelling those who ride it into a deep part of the pool to ensure no one is hurt. Another attraction is its hot tubs. Many people don't swim, and like to sit in the tubs and discuss politics."

Natural springs also feed into Barton Springs Pool, a three-acre, artificial bathing pool with a limestone

lic pools is London-based Studio Octopi, whose introduction to working with communities on new outdoor swimming facilities came with the launch of Thames Baths in 2013. This proposed an experience as close as possible to swimming in a river. "Our idea of naturally filtered river-water pools shrouded in reeds and rushes caught the imagination of the world's press and a crowdfunding campaign raised £142,000. But a site for it is yet to be found," says director Chris Romer-Lee.

One of the studio's proposed projects is Swimmobile, the recreation of an

Continued on page 32



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originally US concept envisioning lorries with open-top containers driving into areas without access to water, a collaboration with artist Amy Sharrocks. "Swimmobile gestures towards lost rivers under city streets," says Sharrocks. "The idea is for it to bring a joyous splash to streets. My work is centred on collaboration and exchange, and the Swimmo-

bile is a strong collaborative platform, an incitement to joy and deeper thinking about water. We are facing drastic water economies, but water is our great connector and supporter. The Swimmobile could host a summer season of swimming across six months each year, from May to October, or longer given the current vogue for winter swimming."

Another proposal by Studio Octopi is to restore Grange Lido in Cumbria, an Art Deco, 50m-long seawater lido that closed in 1993. A community-led group, Save Grange Lido, is on the cusp of rescuing the site as a pool. If funds can be raised, it would be heated, and a new café, restaurant and community facilities would be incorporated within existing, extended pavilions.

And, thanks to a 10-yearlong campaign, community group Friends of Tar-



The Icebergs pool at Bondi Beach, Sydney, is a famously idyllic spot



Outdoor swimming for both physical and mental wellbeing has become ever more popular in recent years

lair has secured a 99-year lease on the Art Deco pavilion at Tarlair Lido in a scenic coastal spot near Aberdeen, Scotland, where there is a seawater, tidal pool. Studio Octopi has been granted consent for the full restoration of its Deco pavilion, which will house a new café with community workshops. A poorly constructed, 1970s extension has been replaced with a green stone-clad extension whose

form is inspired by the pool's curves and the colour of surrounding gorse and granite-covered cliffs. The project is due to be completed in the summer of 2023.

Romer-Lee has written a book on 70 of the world's finest, man-made tidal pools, called Sea Pools, to be published next year by Batsford. "The sheer variety and staggering beauty of this pool typology is relatively under-researched," he says, seeing it

as the start of a wider plan to build more of these pools. "Where long tides mean troublesome swimming at low tide or where the coast is particularly dangerous due to its geology, tidal pools provide a safe haven for communities to access water. A thread that runs through all our work is the fundamental right to access water."

# Who really owns borsch?

By Andrew Evans, BBC Travel



To the average person, Russians broadcasting about borsch may seem obvious and innocuous, but not so for Ukrainians, who consider the soup to be their national dish.

Soup should never be your go-to weapon in a food fight. As projectiles go, a bowl of chunky liquid proves messy and lacks precision. Fist-size bread rolls are more effective – or, say,

chocolate pudding catapulted from a spoon. In Russia though, the latest food fight is all about soup, and it's being hurled from the walls of the Kremlin via Twitter. The soup war boiled over into social media this year, when @Russia (the official Twitter account for the Russian Federation's Ministry of Foreign Affairs) tweeted: "A timeless classic, #Borsch is one of Russia's most famous and beloved #dishes and a symbol of traditional cuisine".

To the average Twitter skimmer, Russians broadcasting about borsch may seem obvious and innoc-

uous, but for Ukrainians, who consider borsch to be their national dish, the Russian tweet is wartime propaganda, especially considering the current occupation of Crimea and the latest conflict in eastern Ukraine that's been raging since 2014. The Ukrainian Twittersphere responded with anger and humour, with comments like "As if stealing Crimea wasn't enough, you had to go and steal borsch from Ukraine as well".

Borsch (борщ in Cyrillic) is a hearty soup, usually coloured red from beetroot (though green and white varieties of the soup exist), and for centuries, it has been a daily staple in the Ukrainian kitchen. For many, Russia's claim on such a quintessentially Ukrainian dish embodies a much larger trend of Russia's historical oppression of Ukrainian language, politics, and, above all, independence. According to Alex Kokcharov, a London-based political and economic risk analyst of Belarusian descent, the Russian Foreign Ministry's chest-beating around "Russian" borsch is, "another attempt at cultural appropriation by Moscow". He explained that while "a number of cultures claim borsch to be theirs – Ukraine, Belarus, Poland and Russia – Ukraine has the strongest claim for the dish."

"Borsch is most definitely from Ukraine," said Olesia Lew, a New York-based chef and head consultant for Veselka, the iconic Ukrainian diner in New York City's East Village, who is proud of her Ukrainian heritage. "I say it's Ukrainian, not just from a nationalistic point of view, but because the soup hails from the land of Ukraine, and those ingredients have been found in the country's archaeological record into the distant past."

So, what about the millions of ethnic Russians who insist the red soup they love is most decidedly Russian? "Yes, Russian people claim it's their food," said Lew, "But it's a food they developed through occupation." According to Lew, borsch did not simply leak across the collective consciousness of Russian cuisine, but most likely entered the Soviet mainstream in the Stalinist era as a result of a concerted effort by the Kremlin. In his attempt to collectivise the largest country on Earth, Stalin tasked his Commissar

of Food, Anastas Mikoyan, with establishing a Soviet national cuisine that catered to the more than 100 different "nationalities" (the Soviet term for the diverse ethnic populations) found in the USSR

Mikoyan's official study of cultural melting pots and mass food production led him to the United States, where he fell in love with hamburgers, hot dogs and ice cream. On his return, Mikoyan launched fac-

ples in the Soviet Union from the Communist Party – a book that is still in print to this day.

"Mikoyan needed to mass-produce a cultural identity for these Soviet foods," said Lew. "It's fascinating to read what he picked from each place – be it Ukraine or Georgia – while remaining vague (eg "add meat"), since at the time most ingredients were not widely available across the Soviet Union. The cookbook



A war over who owns borsch has boiled over on social media this year

tory-produced ice cream across the Soviet Union and popularised efficient kitchen meals like kotleti (minced meat patties) in everyday cooking. In 1939, he published the propaganda-heavy Book of Tasty and Healthy Food, a standardised cookbook that was often gifted to newlywed cou-

made all these dishes part of Soviet culture and thereby 'Russian', since Russia was the most important culture for the Soviets."

So what exactly does this Soviet food bible say about borsch? Chapter 6 ("Soups") starts with cabbage-based Shchi, listing

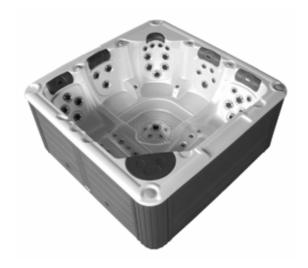
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six different recipes, after which comes "Borsch", then

word that in fact references the soup's traditional ingredient of hogweed, or borschevik. Hogweed (Her-



Borsch is usually coloured red from heetroo

"Summer Borsch" (featuring squash, celery and beetroot greens), followed lastly by a differentiated "Ukrainian Borsch". (Imagine an American cookbook with multiple recipes for tacos, finishing with "Mexican tacos", and that's what it sounds like.)

According to Mikoyan's recipe, standard borsch contains meat, beetroot, cabbage, root vegetables, onions, tomato paste, vinegar and sugar, while "Ukrainian" borsch contains meat, cabbage, potatoes, beetroot, tomato paste, carrot, parsnip, onion, bacon, butter, vinegar and garlic, garnished with sour cream and chopped parsley. The Ukrainian recipe, framed as a separate iteration of the standardised version, is by far the most well-known today.

While the broader world may consider borsch as a quintessentially "Russian" food, very few non-Russians are acquainted with the much less-exciting Russian variant shchi. As a basic cabbage soup, shchi is effectively borsch without the beetroot.

An 1823 Russian dictionary of Ukrainian words defined borsch as "the same thing as shchi", while an 1842 book of Russian etymology differentiates between Russian shchi (referring to sour cabbage) and Ukrainian borsch, a

acleum sphondylium) grows throughout Eurasia, but the plant flourishes in the marshy areas around the Danube and Dnipro (Dnepr in Russian) river deltas. Long before the modern-day countries of Russia or Ukraine existed, the people of the Black Sea region boiled soup from the pickled stems, leaves and flowers of the hogweed plant. Recipe books show that the Ukrainians added beetroot.

Similar-vet-separate culture and geography make the untangling of Russian and Ukrainian history an almost impossible task. Pro-Russian ideologues use the region's complex past to promote a rewritten history that draws a straight line from the current Russian regime back to the original Slavic civilisation. To that end, in its tweet, the Russian Foreign Ministry doubled down on its historical bias by reframing of the origins of borsch from "Russian" hogweed that dates back to the "Ancient Rus" of the 10th Century.

The problem with this statement is that Ancient Rus was centred in Kyiv (Kiev in Russian), now the capital of Ukraine. Over the past millennium, Ukraine's largest city has been defined by repeated invasion, occupations and violent uprisings – often against the strong-



While Russian people claim borsch as their own, it has been a daily staple in

hold of Russian influence over Ukrainian politics. Rebranding Ukraine's national food staple as Russian is even more ironic and offensive in light of the Holodomor. Stalin's manmade famine of 1932-33, when forced collectivisation, aggressive grain procurement and confiscation of food stores led to the starvation of millions of Ukrainians. The exact number of dead, and whether the famine should be considered a genocide, remains a sticking point that is still debated and denied by Russians.

The cookbook made all these dishes part of Soviet culture and thereby 'Russian'

The battle over borsch and its meaning continues online, most notably around the soup's official definition. Ukrainian Wikipedia lists borsch as "found in Ukrainian, Belarusian, Polish, Lith-



Borsch likely entered the Soviet mainstream when Stalin's Commissar of Food, Anastas Mikoyan (right), established a Soviet national cuisine

uanian, Iranian and Jewish national cuisines," but fails to mention Russian cuisine. Meanwhile, Russian-language Wikipedia says: "Borsch is a type of beetbased soup, giving it a characteristic red colour. A traditional dish of the Eastern Slavs, it is a common first course in Ukrainian cuisine."

Admittedly, the wider, non-Slavic world views borsch as Russian, while Poles know it only as beloved Polish barszcz. This is also problematic since at least half of Ukraine was occupied by Poland for several centuries. Meanwhile, the common English spelling of borscht (with a "t") derives from the Yiddish transliteration, since the soup was introduced to the west primarily by Jewish refugees fleeing Eastern Europe. Food travels with people, which is why borsch is now popular world-

"The soup is everywhere now," said Dima Martseniuk, head chef at Veselka. "Maybe like 5% of Russians say wonders to the cooking and it tastes really good.

it's theirs, but the other 95%

know that borsch is Ukrain-

ian. I mean, I'm not going

to pick a fight over it." More

than nationalism, what mat-

ters to Martseniuk is how the soup tastes, since he makes

and serves hundreds of gal-

"My grandma's clas-

sic recipe begins with pork

stock boiled from rib bones.

Then you have to use sweet

cabbage - not the heavy

kind. Then it's important that

you cook the other ingredi-

ents on the side, in a sep-

arate frying pan. You have

to sauté them - the onion,

carrot and shredded beet-

root. Then you add sunflow-

er oil, butter, spices, ketch-

up or tomato paste. And be

sure to add something acid-

ic - white vinegar or lem-

on juice - that helps pre-

serve the deep red colour."

His less-traditional tip? "Try

making borsch in a pizza

oven," Martseniuk said. The

open flame apparently does

lons of borsch every week.

Variation is the real beauty of borsch, and across Ukraine, I've encountered countless varieties of the soup – with or without meat, beans or certain spices. "There are as many versions of borsch as there are Eastern European grandmas," said Tom Birchard, owner of Veselka. "People have an emotional attachment to the soup, and everybody has their own idea of what it is."

I learned how to make borsch while living in Kharkiv, the second largest city in Ukraine less than 30km from the Russian border. My teacher, Tanya Karabanova, was a bona fide babulya (Ukrainian grandmother) who insisted that the best borsch came from careful cutting and separate cooking of each ingredient so that every subtle vegetable flavour comes out. She was adamant that I never chop the cabbage into squares, resulting in



Mikoyan's Book of Tasty and Healthy Food included recipes that catered to the more than 100 different ethnic populations in the USSR

what she called "stolovaya", or "cafeteria-style", borsch – the kind of soulless, watery-brown sustenance ladled out in schools, military bases or prisons. Instead, she told me to "rotate the cabbage downwards while shaving finely along the edge, forming long, fine, crescents of translucent cabbage".

"With borsch, everyone is right," Lew explained. "Ukrainians are fiercely independent and defensive about their food and how authentic it is. For me. the

(a fermented beverage) in the back note – the sour offsets the sweetness and richness of the beet."

Lew buys her ingredients in the farmers' markets of New York City, insisting on using the freshest ingredients. Descended from an immigrant family, Lew admits that like borsch, her own life story has spread across the globe. "Food is part of culture and identity, but people move," she said. "Food can be shared, and it can unite people – but food can travel. Things get sticky



The Book of Tasty and Healthy Food's chapter on soups begins with shchi, which is effectively borsch without the beetroot

key thing is to have the right beets – young, sweet summer beets. I'm a big fan of meatless borsch – and I like beans in my borsch because that's the way I was raised. Sour cream, absolutely, and I like a bit of kvas when you try to deny people the food that they have been raised on for generations, and I would never want to deny someone their cultural heritage simply because they were raised in Soviet times"



Ukrainian borsch, made with meat, cabbage, potatoes and beetroot, is by far the best-known version

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# The ultimate stargazing road trip

By John Silcox, Freelance writer and BBC Travel correspondent



Home to Portugal's "mountain of stars" and some of Europe's least light-polluted skies, the Alentejo region is best seen at night.

Aleads up Portugal's highest mountain, and here, unlike many other European summits, visitors can drive right to the top.

The peak rises 1,993m above sea level, and although its actual name is Torre (tower), most people just call it by the same designation as the range it lofts over: Serra da Estrela or "mountain of the stars".

By day, the drive offers wonderful views across the undulant landscape of this for those who stay later, it offers a glimmering night-time fresco that covers the heavens, made up of millions of white pinpricks scattered in glorious imperfection.

Over the past decade, Portugal has gained recognition for being one of the top places in the world for travellers to observe the night sky, thanks to the creation of the 3,000 sq km Dark Sky Alqueva reserve, in Portugal's central Alentejo region. In 2011, the reserve was certified as the world's first Starlight Tourism Destination by the Starlight Foundation, a Unesco-supported international organisation

est skies), but also the wider tourism infrastructure it has inspired, which is set up to cater specifically to stargazers.

Dark Sky Alqueva is also the starting point for a stunning three-hour road trip that takes you through some of the least light-polluted parts of Europe, winding along the area's Dark Sky Route (a curated collection of activities and accommodations), and rising all the way to Portugal's highest peak, fittingly called the Serra da Estrela, or "mountain of stars".

My friend and I began our intergalactic journey 300km south of Serra da Estre-



narrow country – from the red hills of Spain in the east to the blue Atlantic Ocean in the west. However, the real spectacle comes as the sun starts to drop. Not only is this mountain a popular spot to watch golden sunsets, but

that promotes science and tourism. This status celebrates the region's ideal viewing conditions (low levels of light pollution and an average of 286 cloudless nights per year, which result in some of Portugal's dark-

la on a particularly dark night in the village of Cumeada, where a school has been transformed into Dark Sky Alqueva's observatory, which hosts stargazing sessions and astrophotography exhibitions. Here we met

Miguel Claro, a guide and Dark Sky Alqueva's official photographer.

"Portugal is waking up to this immensely unique and valuable natural resource that has long been underappreciated," Claro said. "Dark Sky Alqueva is the astronomical equivalent of the giant wave 'discovered' by surfers in Nazaré – something that had been hiding in plain sight, waiting for people with the right sensitivity to take a closer look."

Claro is a deep-space specialist, and when he is not taking groups on night-time stargazing expeditions, he spends his time photographing far-away objects like nebulae, galaxies and star clusters. These are things that can look faint and underwhelming to the naked

ence."

The Cumeada Observatory is open every night from Tuesday to Saturday year-round, and travellers can come to observe the Moon, the stars and the Sun using binoculars and telescopes. Claro expertly guided us on a heavenly tour of constellations and planets, as well as the Milky Way and the Orion Nebula.

The next morning we travelled through time rather than space, arriving just before sunrise at the 7,500-year-old stone circle of Almendres Cromlech, another landmark on the Dark Sky Route, located near the Unesco World Heritage city of Evora. The biggest prehistoric monument on the Iberian Peninsula isn't gated and can be visited by day or

mental shift in human activity at that period.

"It basically shows us the beginning of farming," said Carvalho. "And sites like this show that from the earliest times we have looked towards the sky for answers. Then during the Age of Discovery, Portuguese navigators used the stars to guide them to the New World and beyond. It's interesting that today we seem to have renewed interest in outer space with the dark sky movement."

Driving through the sleepy countryside of the Alentejo, it was surprising to see how little things have been affected by modern development. Large swaths of land are still farmed in the same way they would have been hundreds, if not thousands, of



Despite predating Stonehenge by at least 1,000 years, Almendres Cromlech was only brought to the attention of the scientific community in 1964

eye or even through an eyepiece of a telescope but explode with colour and detail when photographed.

"We have excellent weather, very little cloud cover and a lack of light pollution..., which makes it perfect to shoot the sky," said Miguel Claro

"To get good images you need very specific conditions," he said. "Luckily here we have excellent weather, very little cloud cover and a lack of light pollution or heavy air traffic, which makes it perfect to shoot the sky. Unlike the coastal areas that have long been developed, the Portuguese backcountry remains scarcely populated and undisturbed. which makes it much easier to pick up light sources from outer space without interferby night – it looks especially awe-inspiring under the pale glow of the moon.

Despite predating Stonehenge by at least 1,000 years, Almendres Cromlech was only brought to the attention of the scientific community in 1964 and doesn't get anywhere near the same footfall or levels of protection. Still for Mario Carvalho, a local guide and experimental archaeologist, it could teach us more about early humans' in-depth understanding of their world, by day as well as at night.

"This stone circle is organised in a very complex way." he explained, as he showed us around the site. According to Carvalho, the stones follow a much more complicated equinoctial orientation than the one Stonehenge uses, which is based on the winter solstice. To find the equinox, the builders would have spent years observing the rising and setting of the Moon and the Sun, which suggests that the population was sedentary rather than nomadic, reflecting a monuyears ago, with small herds of animals grazing under the cork oaks and olive groves. The whitewashed villages also tell a story of their own: street names echo new lands across the sea, and ancient churches boast frescos of navigation and adventure.

Above it all hangs the area's star-filled canopy. It's a draw by itself, but Apolónia Rodrigues, the founder of Dark Sky Alqueva, has been working to bring more to the table in terms of tourism offerings. "The Alqueva Dark Sky Route is a network of local accommodation owners who support stargazing," she explained. "Many now stay open outside of peak season, offer late check-in times and receive guests all though the night, off the back of nocturnal excursions. They also have more flexible catering options and packed meals to take out into the field."

She has also worked with partners to develop memorable activities, such as

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n ITV or Inspec-Ación Técnico de Vehículo is similar to an MOT in the UK but with some clear differences.

ITVs here in Spain are carried out in special Government Centres whose sole purpose is to Inspect the vehicles, whether small cars, lorries or buses. All inspections are carried out in the same centres.

Vehicles are firstly booked into the system by the office administration staff and an inspection sheet printed. This is followed by the recording of various basic information (mileage; a photo of the front of the vehicle; a check of the chassis number from under the bonnet and from the inside of the car -(often this is under the carpet of the passenger's seat).

The car's lights - front and rear, including fog and emergency lights, and headlight alignment - are then checked



with hom, wipers, indicators, followed by tyres (for tread/ wear and that they are ALL the same and correct size for the car). This is followed by the checking of the vehicle's brakes (including the hand brake).

Progressing along the lane to the final stage - over a 'pit' where an inspection of the bottom of the vehicle is examined at which time instructions are given to the driver on what to do. At this point the suspension and steering are checked.

If the vehicle passes you will have returned to you the Ficha Tecnica 'stamped' as passed with the exact time, date, month and year of the expiry, together with a sticker for the windscreen (with the month and year of the next date the ITV is due) If you have a newstyle Ficha Tecnica there is no sticker (it is simply affixed to the inspection sheet and you would need to refer to that for the exact date it expires).

If the vehicle fails you are provided with a copy of the inspection sheet indicating how/ on what points the vehicle has failed, and whether the problem is considered Grave (serious) or Leve (minor). It will also advise you whether the work has to be carried out by a Registered (legal) garage with an Industria Licence, and able to provide you with a legal factura that you must present when returning to the ITV station with the car. Some 'minor' fails such as a light bulb here or there can be carried out without the need for an 'Official' factura, although these days what seems like a simple task of changing a light bulb becomes a major issue as the whole light often has to be removed or if 'integral' the whole unit might require to be replaced.



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moonlight wine tasting, night canoeing and weekend-long festivals called "star parties". And then there are all the other daytime experiences than can be added to the region, such as visits to hisism future. Mass tourism is not the aim, but rather maintaining a healthy balance between local development and environmental preservation. She is using lessons learned at Dark Sky Alqueva to help found additional dark sky reserves further north in

ing steep drops required us to keep our wits about us as we made our way to our last stop: the Serra da Estrela mountain range. Near the summit, we met Natalina Correia, a Portuguese national on a road trip with her boyfriend; they are visit-



Dark Sky Alqueva boasts an average of 286 cloudless nights per year

torical sites and cultural centres, as well as fantastic local cuisine and wine.

Rodrigues sees stargazing as an essential part of Portugal's sustainable tourthe country that also provide favourable star-viewing con-

During the final stretch of our journey, a succession of tight hairpins overlooking the mountain for the first

"My boyfriend enjoys driving on more challenging roads, and here the main roads are absolutely fantas-



mountain for the first time

tic." she said, gesturing at the snaking grey tarmac that cut through the bold landscape ahead. "From here you can see all the way from Spain to the sea - it's incredible. The Portuguese coast is unrivalled for sunsets as it faces due west, but up here it's even more impressive."

The pair settled on a spot near an abandoned old observatory and Portugal's highest police station. It made for a pretty picture, the geometric architecture contrasting against the natural rock formations and the pink-red sky

The summit was indeed a glorious location to see off the end of the day and made for a good opportunity to reflect on everything we had learnt on the road. Then true to its name, the mountain of stars began to reveal its full treasures as the night set in. Thanks to our time in the observatory, we could now name some of the constellations, planets and nebulae that slowly came into view.

However, the most poignant lesson of all was perhaps about the value of properly observing our surroundings. The stars are like many of the most beautiful things in life - slightly hidden from direct sight, but simply spellbinding once we take a proper look.

# **Analysis of Poem** "Ozymandias" by Percy Bysshe Shelley

By Andrew Evans, BBC Travel

Percy Bysshe Shelley and A Summary of Ozymandias

Ozymandias is a fourteen-line sonnet written in 1817 by a British Romantic poet whose name is synonymous with radical social and political change. Percy Bysshe Shelley lived a chaotic, nomadic life but managed to produce poetry and pamphlets for most of his adult years. He eventually married Mary Wollstonecraft Godwin, the daughter of philosopher William Godwin, and eloped with her to Europe, living in a circle of artistic friends and lovers which included for a time Lord Byron

It was during this time that Shelley died at the age of 29 when his boat sank in a storm in the Gulf of Spezia, Italy. Atheist, pacifist and vegetarian, he was mourned by his close friends but back in England lacked support because he was seen as an

#### **Ozymandias**

I met a traveller from an antique land, Who said: Two vast and trunkless legs of stone Stand in the desert  $\dots$  Near them, on the sand, Half sunk a shattered visage lies, whose frown, And wrinkled lip, and sneer of cold command, Tell that its sculptor well those passions read Which yet survive, stamped on these lifeless things, The hand that mocked them, and the heart that fed; And on the pedestal, these words appear: "My name is Ozymandias, King of Kings; Look on my Works, ye Mighty, and despair!" Nothing beside remains. Round the decay Of that colossal Wreck, boundless and bare The lone and level sands stretch far away."

agitator. His wide-ranging poetry lives on. A sensitive nature poet, he wrote the oft quoted To a Skylark and The Flower That Smiles Today but he could pen political verse too, notably England in 1819.

Ozymandias is a political poem at heart, written at a time when Napoleon's domination of Europe was coming to an end and another empire, that of Great Britain's, was about to take over. Shelley's poem encapsulates metaphorically the outcome of such tyrannical wielding of power - no leader, King, despot, dictator or ruler can overcome time. Overall, this sonnet paints a picture of an egotistical character who thought himself without rival but who was cruel to his people.

#### **Further Analysis of** Ozymandias

Shelley uses the first-person pronoun "I" to begin his sonnet then cleverly switches the focus to a third person, a traveller, whose words are contained in the remaining thirteen lines. This was highly unusual for a sonnet at the time and reflects the poet's innovative thinking.

The reader is effectively listening in to a conversation between two people, one recently returned from a journey through an ancient country. It is this person's narrative that describes the huge statue in the sands of the desert, a former monument of a great leader, now in pieces and forgotten.

#### **Imagery**

Shelley's evocative language creates some very powerful images. From the second line on the reader is painted a vivid picture with words such as vast and trunkless...half sunk...shattered visage...frown and wrinkled lip...sneer of cold command...this is a pretty damning description of Ozymandias (Greek name for an Egyptian pharaoh called Rameses II, 1,300BCE) and reflects Shelley's own thoughts on those who crave and wield power.

The words written on the pedestal, the stand that once held the statue, now seem meaningless and rhetorical: it's the statement of



Percy Bysshe Shelley

an arrogant despot.

This broken, weathered statue lies in a desert, a desolate place that goes on for miles and miles. Not many people pass through that desert, or would want to, in contrast with the past. A once great leader has been left to history and will be buried in the sand in time.

#### More Analysis of **Ozymandias**

Ozymandias is a commentary on the ephemeral nature of absolute political power. Monarchs and dictators and tyrants are all subject to change sooner or later - and Shelley's language reflects his dislike for such rulers

Note the use of sunk/ shattered/ sneer of cold command/ lifeless/ mocked/ fed/ decay/ bare/ lone... words that seek to undermine those in positions of privilege and power.

What is clear is the con-Continued on page 40

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#### Continued from page 38

tempt held for the arrogance of this ruler Ozymandias, for his hand mocked and his greedy heart fed on the people, and only the sculptor's great skill remains to record these things.

The inscription further reinforces the idea that this once all-powerful leader thought greatly of himself, building up his ego by declaring he is king of kings no less. Surely no one could surpass his greatness?

Shelley's use of despair puts everything into perspective. Ozymandias thought himself so Mighty that even others who claimed their works were mighty would pale into insignificance. To contest this claim would be their ruin.

The mightier they are, the heavier they fall seems to be a part of Shelley's message.

Written in 1817, Shelley no doubt had opinions on the state of Britain and Europe at that time and Ozymandias could well have been influenced by the life of one Napoleon Bonaparte, the would-be Emperor of all

Europe and beyond. He had invaded Egypt a few years earlier and fought with the British to keep control of the Nile and its lands. Napoleon eventually lost out and was exiled to a distant island, St Helena, where he died in 1821

Ozymandias stands the test of time and is relevant for this and every other age. Dictators, despots and others who abuse their absolute power will fall foul of events eventually.

Shelley's choice of a sonnet within which to work his words is fascinating, for the sonnet is a tight, packed field of regularity. It is the traditional form for the expression of love. So, did the sonnet form appeal because he wanted to invert the notion of love for someone?

- Reading Ozymandias satisfactorily is a challenge there are three voices, the original "I", the traveller and the voice of Ozymandias himself.
- What makes the whole so successful is the way the poet has seamlessly woven all three together, the final image of the distant,

endless sands contrasting powerfully with the now hollow words of Ozymandias.

### What Is the Metre of Ozymandias?

Ozymandias has a basic iambic pentameter beat, that is, iambic feet are in the majority for most lines, the familiar daDUM stresses in control, first syllable unstressed, second stressed.

But there are variations on this theme and some lines break with this regular pattern. The syntax too, helps vary the pace and the way in which clauses are read. Syntax is the joining of clauses with grammar to form the whole.

Let's look at the opening two lines:

I met / a trave / ller from / an an / tique land,

Who said: / Two vast / and trunk / less legs / of stone

The iambic feet dominate in both lines but note the first line has a pyrrhic (dadum.... no stresses) midway, whilst the second line starts with the spondee (two stressed syllables).

And the lines ten and

eleven, the quote:

"My name / is Ozy / mandi / as, King / of Kings;

Look on / my works, / ye Migh / ty, and / despair!"

The tenth line has eleven syllables, the second foot having three syllables making this an amphibrach (daDUMda). The rest are iambs.

The eleventh line starts with a trochee (DUMda), followed by a double stressed spondee, bringing energy and emphasis. A softer pyrrhic is sandwiched between iambs.

Overall, the metrical rhythm is broken up by Shelley's use of caesurae (punctuation midline) and astute use of enjambment, when a line carries on into the next without punctuation. The syntax is fascinating, the first eleven lines a single sentence, so only one definite stop for the reader. Two 'clear' lines, the first and last are without pause.

#### Analysis of Ozymandias

Shelley's sonnet is a bit of a twist on the tradition-

al form. It does have 14 lines and is mostly iambic pentameter, but the rhyme scheme is different, being **ababacdcedefef** which reflects an unorthodox approach to the subject.

It's not a Shakespearean sonnet, nor is it a Petrarchan - the poet made certain of its individuality by choosing not to introduce a 'turn' after the second quatrain. Instead, there is a simple shift of emphasis, the narrator sharing the words on the pedestal that are in effect, the words of the fallen leader.

Is this Shelley yet again breaking with tradition, defying the establishment?

#### Literary devices in Ozymandias

The occasional use of alliteration reinforces certain words, helping the reader to focus:

legs of stone/Stand (lines 2-3)

sneer of cold command, (line 5)

boundless and bare (line 13)

ty are impossible, or at least

The lone and level sands

stretch (line 14)

The full rhymes and slant rhymes of the short vowel a are also an important factor in the overall sound of this sonnet. Take a note of their prevalence:

antique/land/vast/stand/ sand/shattered/command/ passions/stamped/hand/ and/Ozymandias/sands.

What this does is produce a harsh almost cutting edge to some lines which is offset by the regular use of punctuation, causing the reader to pause. For example, in lines 3-5:

Stand in the desert...Near them, on the sand.

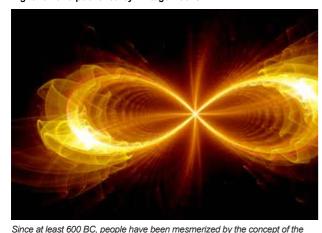
Half sunk, a shattered visage lies, whose frown,

And wrinkled lip, and sneer of cold command,

So, whilst the regular rhythm persists, the pauses, punctuation and enjambment help vary the pace and bring interest for the reader and listener. The mysterious ending adds to the atmosphere - all that history, the works, the dreams of a people, the fall of a once great empire.

# Why the paradoxes of infinity still puzzle us today

An excerpt from 'Probable Impossibilities: Musings on Beginnings and Endings', written by Alan Lightman and published by Vintage Books.



since at least 600 BC, people have been mesmenzed by the concept of the infinite.

Thoughts of the infinite have mesmerized and confounded human beings through the millennia. The concept of infinity remains a controversial and paradoxical topic today, galvanizing international conferences and heated scholarly disputes. In his book Probable Impossibilities: Musings on Beginnings and Endings, Alan Lightman explores the history of the concept

of infinity and how it's been contemplated by thinkers across various disciplines.

### The Man Who Knows Infinity

In Jorge Luis Borges's story The Book of Sand, a mysterious stranger knocks on the door of the narrator and offers to sell him a Bible he came by in a small village in India. The book shows the

wear of many hands. The stranger says that the illiterate peasant who gave him the book called it the Book of Sand, "because neither sand nor this book has a beginning or an end." Opening the volume, the narrator finds that its pages are rumpled and badly set, with an unpredictable Arabic numeral in the upper corner of each page. The stranger suggests that the narrator try to find the first page. It is impossible.

No matter how close to the beginning he explores, several pages always remain between the cover and his hand. "It was as though they grew from the very book." The stranger then asks the narrator to find the end of the book. Again, he fails. "It can't be," says the narrator. "It can't be, but it is," says the Bible peddler. "The number of pages in this book is literally infinite. No page is

the first page; no page is the last." The stranger pauses and reflects. "If space is infinite, we are anywhere, at any point in space. If time is infinite, we are at any point in time." (Note to the observant reader: We cannot be at any point in time. Life can exist only during a relatively short period of cosmic history, as discussed in the last chapter.)

Thoughts of the infinite

have mesmerized and confounded human beings through the millennia. For mathematicians, infinity is an intellectual playground, where an endless string of fractions can add up to 1. For astronomers, the question is whether outer space goes on and on and on and on ad infinitum. And if it does, as cosmologists now believe, unsettling consequences abound. For one, there should be an infinite number of copies of each of us somewhere out there in the cosmos. Because even a situation of minuscule probability-like the creation of a particular individual's exact arrangement of atoms—when multiplied by an infinite number of trials, repeats itself an infinite number of times. Infinity multiplied by any number (except 0) equals infinity.

Measurements of infini-

impossible according to the usual notions of size. If you cut infinity in half, each half is still infinite. If a weary traveler arrives at a fully occupied hotel of infinite size, no problem. You simply move the guest in room 1 into room 2, the guest in room 2 into room 3, and so on ad infinitum. In the process, you've accommodated all of the previous quests and freed up room 1 for the new arrival. There's always room at the infinity hotel. We can play games with infinity, but we cannot visualize infinity. By contrast, we can visualize flying horses. We've seen horses, and we've seen birds, so we can mentally implant wings on a horse and send it aloft. Not so with infinity. The unvisualizability of infinity is part of its mystique.

The first recorded conception of infinity seems to have occurred around 600 BC and is attributed to the Greek philosopher Anaximander, who used the word apeiron, meaning "unbounded" or "limitless." For Anaximander, the Earth and the heavens and all material things were caused by the infinite, although infinity itself was not a material substance. Other ancient Greek philosophers held that infini-

ty was a negative, even an evil, because the inability to measure a thing was considered a shortcoming of the thing-with the exception of the infinite and immeasurable One About the same time as Anaximander, the Chinese employed the word wuji, meaning "boundless," and wuqiong, meaning "endless." and believed that the infinite was very close to nothingness. (An interesting perspective on Pascal's ideas discussed in "Between Nothingness and Infinity.") In Chinese thought, being and nonbeing, like yin and yang, are in harmony with each other-thus the kinship of infinity and nothingness.

A few centuries later, Aristotle argued that infinity does not actually exist. He conceded something he called potential infinity, such as the whole numbers. For any number, you can always create a bigger number by adding one to it. This process can continue as long as your stamina holds out, but you can never aet to infinity. Indeed, one of the many intriguing properties of infinity is that you can't get there from here. Infinity is not simply more and more of the finite. It seems to be of a completely differ-

Continued on page 42



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#### Continued from page 40

ent nature, although pieces of it may appear finite, like large numbers, or like large volumes of space. Infinity is a thing unto itself. All we see and experience has limits, boundaries, tangibilities. Not so with infinity. For similar reasons, St. Augustine, Spinoza, and other theologi-

cal thinkers have associated infinity with God: the unlimited power of God, the unlimited knowledge of God, the unboundedness of God. "God is everywhere, and in all things, inasmuch as He is boundless and infinite," said St. Thomas Aquinas.

Beyond the religious sphere of the immaterial world, physicists believe that

there may be infinite things in the material world as well. But this belief can never be proven. You can't get there from here. Most of us have our first glimmerings of infinity as children, when we look up at the night sky for the first time. Or when we go to sea, out of sight of land, and gaze upon the ocean extending on and on un-

til it meets the horizon. But these are only glimmerings, like counting to a few thousand in Aristotle's potential infinity. We're overwhelmed. But we haven't come close.

The concept of infinity remains a controversial and paradoxical topic today, galvanizing international conferences and heated scholarly disputes. Can physical

forces ever be infinite in strength? Can physical space extend beyond galaxy after galaxy without limit? Is there an infinity between the infinity of the whole numbers and the infinity of all numbers? In May 2013, a panel of scientists and mathematicians gathered in New York City to discuss the profound conundrums surrounding in-

finity. William Hugh Woodin, a mathematician at the University of California, Berkeley, put it this way: "It's kind of like mathematics lives on a stable island—we've built a solid foundation. Then, there's the wild land out there. That's infinity."

# Man v horse: Powys race won by runner Ricky Lightfoot

By James McCarthy, BBC News



Since at least 600 BC, people have been mesmerized by the concept of the infinite

The race pits man against horse over a 22.5-mile course in Llanwrtyd Wells, Powys.

The winner of the gruelling Man v Horse race has revealed he had been awake for 29 hours before the event after flying from

Tenerife to claim victory.

Trail runner Ricky Lightfoot became only the third person to win the race since it started in 1980. He told the BBC he had woken at 06:00 BST on Friday before catching a flight to Manchester at midnight. Landing at 04:00 he travelled to Wales, arriving at Llanwrtyd Wells, Powys, at 09:00 for the race start at 11:00. Crossing the line, the 6ft 4in (1.93m) athlete had no idea whether he had won as the people and animals take slightly different routes.

Can a human run faster than a horse?

After asking around, he discovered he had come out on top against 1,000 runners and 50 horses with

a time of 2:22:23. He took home £3,500 after beating the first horse by more than two minutes on the 22.5-mile (36km) course. The 37-year-old Cumbrian said winning was "pretty good, like".

"It's great to win the event and beat the horse," he said. "I called my partner and said: 'I beat the horse'. And she said: 'You're joking?'. "And I said: 'No, I did.' She was like, 'oh my God!"

The firefighter said he had been quietly confident. "I thought I could give the horse a good race," he explained.

Since his win, he has been asked if he will enter the Grand National next. "It would be great if I could win the Grand National," he said.

"I've never ridden a horse in my life. I once rode a donkey at Blackpool Pleasure Beach though."

After winning, the father of two then made his way home to Maryport, in Cumbria, as he had to be back in work at 07:30 on Sunday. Race director Mike Thomas said Mr Lightfoot, a member of Cumbria running club



Almost there... Ricky Lightfoot on the way to victory

Ellenborough AC, beat the horses "quite comfortably" on Saturday.

The last time a human beat a horse in the race was in 2007, and the first time was in 2004.

The race, which returned after two years due to the

pandemic, began on tarmac but took in forest tracks and open moorland.

The jackpot prize for a runner who beats the first horse and rider starts at £500 and increases by £500 each year the event takes place until it is won.



Ricky Lightfoot, pictured left, with boss and coach Dean Pepper, was back at work as a firefighter on Sunday

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The One Stop Problem Shop offers all sorts of assistance to Non-Spanish-speakers (and sometimes to those who do too!) including obtaining NIE Numbers, Certificates Empadronamiento, TIE Card exchanges from old style green residencias for UK passport holders, and the Green Residencia for holders of an EU passport. Plus changing over utility bills on new property purchases, assistance at social security offices, Hacienda, Town Halls, assistance with obtaining Wills at the Notary, registering with the doctors and much, much more. We can also do translations and arrange official translations when required. We also do all car or driving-related pa-



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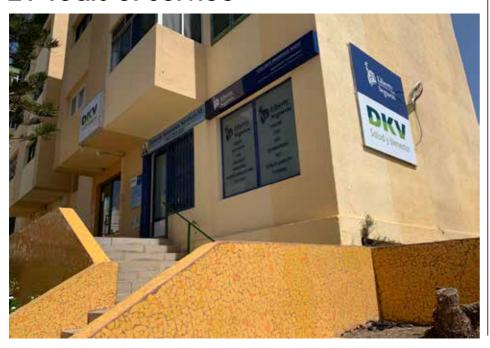
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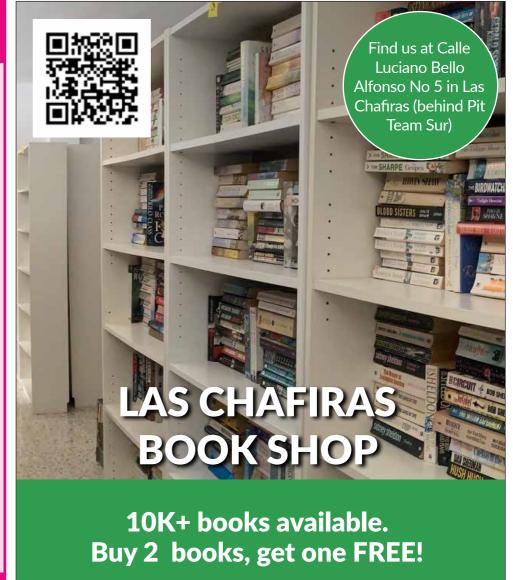
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# ENERGY PERFORMANCE CERTIFICATES IN SPAIN

### **AUGUST 2022 UPDATE**

Entering August it can be seen that, since June 2013, the total number of Energy **Performance Certificates** carried out in the Canaries stands at 293,463 with 2,427 registered in July. This total is less than for each of the months of May and June but almost exactly the same as for July of 2021, which suggests that the property market is still strong with demand for properties to buy and rent outstripping supply.

This of course groups both residential and commercial properties and those for sale as well as for rent in all of the Islands which together form the Canaries.

For those readers not aware of EPC's, they were introduced in Spain and its dependencies by Royal Decree on 5th April 2013, which required that, from 1st June 2013, an EPC must be obtained by the owner whenever a domestic or

commercial property is Built, Sold or Rented.

#### **Selling your property**

From 1st July 2013 property owners are required by law to present an Energy Performance Certi-ficate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary will need to see the EPC, termed the Certificado de Eficiencia Energética in Spain.

#### **Renting your property**

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st July 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should be able to show you the EPC for your property.

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#### How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.



# What's the difference between a Physiotherapist, a Chiropractor and an Osteopath?

To the average person, an osteopath, a physiotherapist, and a chiropractor may seem like more or less the same job. All deal with musculoskeletal pain, require a university degree, and certification from an accredited course.

While they may seem similar at a glance, the three professions take very different approaches to health, so it is important to understand what sets each one apart from the others before deciding which of these professionals is best for you.

#### **Physiotherapist**

Probably the most wellknown of the three job titles, it is worth starting off by drawing a distinction between a physiotherapist and the similar-but-distinct title of physical therapist. While both can be

legitimate careers, it is important to know that only physiotherapists require a university degree, while physical therapists receive a narrower range of training over a shorter period of time.

In comparison to osteopaths and chiropractors, one of the primary distinctions of physiotherapy is its use of an all-encompassing approach that looks beyond the purely physical elements of an issue, also taking both psychological and social factors into account when treating patients. This means that if a patient were to present themselves to a physiotherapist complaining of back pain, rather than simply identifying the problem area and treating the symptoms, a physiotherapist will attempt to identify why the problem manifested in the

first place, and prevent it from recurring in the future. This means looking at the physical side of things, such as posture and movement patterns, as well as psychological aspects such as stress or anxiety, and social factors such as work habits and hobbies

#### Chiropractor

Of the three job titles, chiropractors are definitely the most commonly associated with back problems, although some claim it can help with issues such as asthma or sexual dysfunction. But at the same time, chiropractors are also among the most controversial in medical circles. The main feature of chiropractic treatment that sets it apart from physiotherapy and osteopathy is its focus on manipulation, which is when joints are pushed and pulled to their farthest possible range of motion. The belief is that physical pain can be resolved by getting a chiropractor to manually put everything "back in the right place".

Chiropractors are somewhat controversial for a number of reasons. Firstly, their techniques are seen as unnecessarily risky, with chiropractors having some of the highest instances of adverse patient reactions. They are also looked down upon from a scientific perlems is viewed by many as not only ineffective, but meaningless and irresponsible.

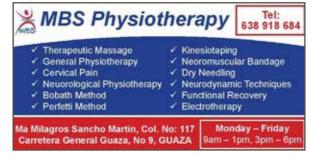
#### Osteopath

Osteopaths are quite similar to chiropractors in that they also place a lot of importance on manual manipulation, although they tend to be a lot more gentle. The prevailing theory of osteopathy is that the body is at its best when all of its tissues are moving how they are supposed to. Os-

er medical treatment. However, some studies have shown osteopathy to be ineffective in achieving its claims, while others show evidence to support it. The general consensus is that while osteopathy may have science to back up some of its claims, other claims are simply not true, and further research is needed to separate fact from fiction.

Although these jobs may seem similar, and usually have similar goals, it is clear to see that there is a distinct difference between chirophysiotherapists, practors, and osteopaths. To the average person, these titles may appear interchangeable, but many people will make a different choice when presented with the facts.

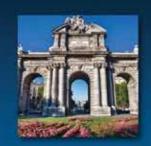
While there is a clear frontrunner from a scientific perspective, the key takeaway here should not be to learn the technical difference between these roles, but to realise the importance of researching medical professionals before seeing them. Only then can vou make a truly informed decision.



spective, with one of their main theories having no evidence to even support its existence. "Chiropractic subluxation" is claimed to cause organ problems by disrupting the nerves along the spine, but this has never been shown to actually exist, meaning their attempts to treat it for both back pain and organ probteopaths therefore assess a patient's health by feeling their tissues, and attempting to stimulate movement where they believe it is lacking.

As osteopathic manipulation is so much more gentle than chiropractic manipulation. Many see it as harmless, or even beneficial when combined with oth-













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# ADVERTISING AND MARKETING IN TENERIFE

Tenerife Surprise is THE website to get to know the island, whether you want to come for a holiday, or move here permanently, Tenerife Surprise researches, describes and promotes the best professionals on the island to provide solutions for ALL your requests!



Tenerife Surprise is a marketing and advertising company, working online, providing services for any type of businesses in Tenerife. We are ready to help you anytime! Tenerife Surprise

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€700

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mww.tenerifesurprise.com tenerifesurprise1@gmail.com

# **Long Term Rentals**

#### Llano del Camello, Townhouse

4 bed · Beautiful townhouse on popular complex in Llano del Camello, close to Chafiras shops and motorway access. 4 bedrooms, 2 bathrooms, toilet, separate kitchen, living/dining room with large terrace, roof terrace, 2 parking spaces and storage room in community garage. Community with pool. Bills extra. Long term rental only. 2 months deposit required.

Ref: KV0234 | Tenerife Alizes Properties | 922 738653 / 626 274040

Golf del Sur, House

€850

2 bed · \*Available from 21st of August\*Two bed, two bath apartment with front terrace, rear garden and upstairs terrace on popular complex. Price includes water and electricity bills.

Ref: 1631 | Homes & Away | 922 737 044

#### Amarilla Golf, Apartment

1 bed · Beautifully appointed, spacious one bed garden apartment with two terraces in quiet location, near the Golf course. Wi-Fi access included. Water and electricity bills included up to 50€ per month.

Ref: 2083 | Homes & Away | 922

#### Golf del Sur, Apartment

€750

1 bed \*Available from 25th November\*Nicely presented, one bed apartment on popular complex with heated swimmingpool. Wi-Fi included. Water and electricity on top.

electrictiy on top. Ref: 1961 | Homes & Away | 922 737 044

# Amarilla Golf, Apartment €750

1 bed · Ground floor one bed, one bath apartment in stunning location with Marina and ocean views. Utilities included.

Ref: 2009 | Homes & Away | 922

#### Golf del Sur, Apartment

Lovely, modern and bright one bed apartment, in residential complex with heated pool, lift and Wifi access. Situated on the 6th floor, the apartment has a large terrace with side views to the sea. 1 double bedroom with built-in wardrobe, one bathroom, living room with American kitchen, fully equipped and furnished. No pets. Bills extra. Available Sept to ... For full information see website or contact:

Ref: KV0176 | Tenerife Alizes Properties | 922 738653 / 626 274040

#### San Isidro, Apartment

2 bed · Spacious 2 Bed Apartment, on residential building in San Isidro. 2nd floor with lift, underground parking space incl. The apartment has 2 bathrooms, separate kitchen, large living room, and double bedroom with small balcony. Built-in wardrobe, fully equipped and furnished. Close to shops and transports, quiet position. Bills extra.

Ref: KV0174 | Tenerife Alizes Properties | 922 738653 / 626 274040

Los Abrigos, Apartment

In central position, in the village

of Los Abrigos, close to major amenities and a few minutes walk to the sea, this one bed apartment is furnished and consists of 1 double bedroom, bathroom, living with American kitchen, and a small balcony. Includes garage space. Pets not allowed. Bills extra. Available begin of May.

Ref: KV0212 | Tenerife Alizes Properties | 922 738653 / 626 274040

#### Los Abrigos, Garage

Large Garage space on road level, Place a garaje, Edif Tajinaste C/Ballena, Los Abrigos Ref: LAPR1108 | Los Abrigos Properties | 922 170021

Find 1000s more properties on:



the-tpg.com



# Who are we?

When I started Tenerife Island Rentals, I noticed there was a definite gap in the market for a property management company that focused on longer term letting. The company quickly grew, and the first office was opened in San Eugenio in 2002. Due to our strong ethics on customer service, reliability and honesty we made our mark in the South of Tenerife and became a popular choice for people relocating to Tenerife: from retired tenants to digital nomads, we had and still have something to suit everyone. Over time we built a strong team and learnt through our clients that we needed to incorporate other services such as a full maintenance service, interior design even building and refurbishment making tired old properties into attractive gems ready to be sold or rented. Having established ourselves with our landlords they turned to us to buy and sell property and the sales side of the business grew. We bought our own office space with great parking in a central location in Los Cristianos nine years ago and worked hard as a team to constantly improve, making sure our rental landlords are happy and our sales successful. 2022 and we have punched through a pandemic and two recessions, and we are still the Number 1 choice in Property Management and Sales.

### RENTALS

Why should you rent your property with **Tenerife** Island Rentals?

> All our tenants are fully vetted!

Monthly statements emailed!

Regular property checks!

Full maintenance service!

Maximum return on your property!



'I would like to thank all at Tenerife Island Rentals for their great work in managing my property over the last seven years up to the sale. I would recommend TIR to anyone wanting to purchase, manage or sell. A professional company that is reliable is hard to come by. All the best for the future."

"We just went in for a look and ended up buying the property we were waiting for. Sonya, Nicola and the rest of the team were highly professional and fully supported us throughout every aspect of our purchase".

Donald Mac

"The most professional and thorough company you could ever wish to use. Outstanding service, extremely knowledgeable on all aspects of the sale of properties and legal requirements, could not recommend them highly enough.

**DUE TO HUGE WAITING LISTS** WE URGENTLY REQUIRE **MORE SALES & RENTALS** PROPERTIES!!

# SALES

Why should you sell your property with **Tenerife** Island Rentals?

We offer fantastic advertising!

We can dress your property for photoshoots!

We take care of all the paperwork before, during and after the sale!

We have clients ready to buy now!

CONTACT US

AVDA LONDRES 1, SUR Y SOL, LOS CRISTIANOS TEL: 922 797438 / 673778700 EMAIL: INFO@TENERIFEISLANDRENTALS.COM









# **Business Section**

#### €349,999 - €250,000

#### Puerto Colon, Restaurant

€320,000

This large international restaurant is offered for sale freehold!
Occupying one of the best positions in Puerto Colon with fabulous views over the La Pinta heach this restaurant undoubtedly a popular choice for the thousands of tourists visiting the area daily. The business has been established for more than 15 years and known for its delicious roas For full information see website or contact:

Ref: 1419 | FRINA Tenerife SL ·

#### Business Sales | 922 085 191

#### Los Cristianos, Freehold Pub €320.000

FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is known for its lovely atmosphere and food, so no doubt you will have guests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here... For full information see website or

#### Ref: 2422 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Vilaflor, Excursion Business €320.000

New on the market is this Tenerife Buggy Excursion that offers safaris to Teide National Park and around a Finca in the mountains Every buggy excursion is about 3 hours Due to the weather and nature of Tenerife, this is a very popular attraction that runs year-round Included In The Business The business includes 6 Arctic Cat buggies from 2016 wi... For full information see website or contact: Ref: 2030 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Tenerife South, Bar supply €299.000

FRINA Tenerife offers this very reputable Bar Supply Company for Sale. This business has been established for more than 20 years and delivers soft drinks and alcohol to bars and restaurants in Tenerife You will get a proven profitable company with many clients and a good reputation. The premises are 350m2 of storage with an office space and easy pa... For full information see website or contact: Ref: 2481 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Olivos, Empty Loca

€280.000 2 bed · 2 bed, 5 bath commercial,

local for sale. Ref: IPPDOAL01 | Island Prime Property | +34 922 09 69 75

#### Las Eras, Warehouse

€275.000 Freehold warehouse for sale in the industrial area of Las Eras in the town of Arico in the southeast of Tenerife. Arico is conveniently situated between the capital of Santa Cruz and the busy touristic Tenerife South, less than 20 minutes drive from the Tenerife South airport. The warehouse sits on a 398 m2 of land and measures 347 m2 with 8 m high ... For full information see website or contact: Ref: 1733 | FRINA Tenerife SL Business Sales | 922 085 191

Torviscas Bajo, Supermarket

FRINA Tenerife offers for sale this busy supermarket in Torviscas Baio. It has been running for 2 years and has a good reputation. The customer profile is both tourists and locals. The location secures a lot of footfall and there is not a lot of direct competition in the area. The supermarket is spacious 100m2 and well-equipped

#### Ref: 2320 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Puerto Colon. Excursion

€250.000

FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making possible for everyone to par... For full information see website or

#### Ref: 2409 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Costa Adeje, Dive school €250.000

If you are looking for a successful excursion business in Tenerife you cannot miss this Diving School for Sale. This school offers internships, diving licenses, instructor licenses, and diving & snorkeling excursions all over Tenerife. And every year since 2015 they earned the TripAdvisor Certificate of Excellence! The business has been established For full information see website or

#### Ref: 2358 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Playa Paraiso, Fully Equipped Local

€250.000

If you are looking for a wellestablished and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks. drinks and sun lotion but also toys and quality suitcases and bags of brands like Valentino and Guess The business shows a healthy income and especially the profit or b... For full information see website

#### or contact: Ref: 2237 | FRINA Tenerife SL -Business Sales | 922 085 191

#### San Eugenio Bajo, Bar/Cafe

FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its nternational menu and live music It has been open for years and has a good reputation among residents tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:

#### Ref: 2505 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Plava San Juan, Restaurant

This modern Restaurant for Sale in Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties. This business has fast become one of the most visited restaurants in the area and the guests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full information see website or contact: Ref: 2504 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Las Americas. Restaurant €250.000

FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover, the restaurant is located on a corner, so you have even more people passing and a large terrace! If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information see website or contact:

Ref: 2459 | FRINA Tenerife SL -Business Sales | 922 085 191

#### €249,999 - €150,000

#### Puerto Colon, Excursion **Business**

€249,000

For sale with FRINA Tenerife is this well-established sailboat excursion which includes 2 boats. The excursion business is located in Puerto Colon and the last 4 years this business has unforgettable whale & dolphin excursion to the many tourists visiting Tenerife every year. Puerto Colon is without a doubt the busiest and most popular touristic harb... For full information see website or contact

#### Ref: 2272 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Tenerife South, Distribution & Wholesale €246,000

If you are looking for a unique investment you cannot miss this service business for sale, which offers luggage scales to hotels all over Spain. Today the owner cooperates with 140 hotels, which all use the luggage scales from this business. How to run the Service Business For SaleThis is an easy to run business, where you install the scales at the hotels... For full information see

#### Ref: 2125 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Tenerife South, Garage/ workshop

€234 000

FRINA Tenerife offers this garage & workshop for sale in Tenerife South. It has been established for 10 years and had a great location in an industrial area. And the clients are both Spanish- and residents. English-speaking Premises of the Garage & Workshop for Sale This garage & workshop is 1,160 m2 and has a parking area of 300 m2. The premises of... For full information see website or contact:

Ref: 2176 | FRINA Tenerife SL -

### Business Sales | 922 085 191

#### Costa del Silencio, Bar/Cafe

FRINA Tenerife is now offering this Belgian Bar/cafe for sale. Located in the Tenbel commercial centre. Tenbel is a well-known centre and attracts both tourists and residents. This bar is well-known with the Belgian residents on the island. also, this bar offers a wide range of Belgian beers. The premises are 100m2 of interior space with a 15m2 kitc... For full information see

Ref: 2538 | FRINA Tenerife SL -

#### Business Sales | 922 085 191

#### Golf del Sur, Commercial Property

€220.000

FRINA Tenerife is now offering this investment property for sale, in Golf del Sur. This property has an established business and good tenants The premises of this freehold is a 66m2 interior and a terrace of 40 m2. If you wish to know more about this commercial property investment contact FRINA Tenerife. Para información en español llámenos: +34 ... For full information see website or contact: Ref: 2523 | FRINA Tenerife SL -Business Sales | 922 085 191

#### San Isidro, Gymnasium

€220.000

FRINA is happy to offer this Large and Modern Gym for Sale in Tenerife South. This gym has been established for more than 4 years and offers 2 fully equipped floors, an advanced booking system, more than 600 clients and professional employees. The premises are over 500 m2 distributed on 2 floors that are fully with dumbbells machines, gym roo... For full information see website or contact:

Ref: 2472 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Golf del Sur, Bistro

For sale is this bistro-café in Golf del Sur, situated in a resort in the best-known golf area of Tenerife. The reputation of the business is great both by word-of-mouth and high TripAdvisor score. Note, the sales price also includes the freehold, which half of the business is located in, hence the low rent and higher sales price. Premises of the Café in ... For full information see website or contact:

€210.000

#### Ref: 2225 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Torviscas Bajo, Bar/Cafe €210,000

FRINA Tenerife this Busy Cocktail Bar For Sale in Torviscas Bajo, which is known as one of the best cocktail bars in the area and has excellent reviews on TripAdvisor, Facebook and other social media It has been established for years and you will take over a genuinely successful business. Moreover, the owner only works limited hours hence, this is a g... For full information see website or contact: Ref: 2567 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Adeje Town, Bar/Cafe

€200,000 FRINA Tenerife is happy to offer this rare opportunity a Cafeteria unique business that sells lottery tickets, sandwiches, cakes, coffee, drinks, and also minimarket products. You get 3 businesses in 1 which secures you a high income every day. The premises are very spacious and in good condition! All materials and machi... For full

#### information see website or contact: Ref: 2502 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Bistro €199.950

Freehold cafe/bistro available with captive market in exclusive holiday complex. All fixtures and fittings

#### Ref: 2051 | Homes & Away | 922 737 044

#### La Caleta, Italian Restaurant

€190 000

A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu The premises are spacious 150 m2 with a large a... For full information see website or contact: Ref: 2403 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Galletas, Excursion Business

FRINA Tenerife offers this wellestablished water excursion for sale that is known for all-inclusive whales & dolphins experiences. Besides for whale watching the trips include open bar, refreshments, swimming, snorkeling, and a great atmosphere. The boat is fully licensed for tourist and whale excursions and have the yellow

#### full information see website or Ref: 2246 | FRINA Tenerife SL -Business Sales | 922 085 191

(blue) flag too. Furthermore,

#### Los Cristianos, Bar/Restaurant €190,000

FRINA Tenerife now offers this Famous and Successful Asian Restaurant for Sale. restaurant is located centrally in Los Cristianos and is very busy. An amazing reputation secures many gusts every day and evening both new and returning. If you are looking for a successful business with a good and steady income you cannot miss this! The premises For full information see website

#### Ref: 2542 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Costa del Silencio, Bar/Cafe €185,000

FRINA Tenerife offers for sale this freehold bar in Costa del Silencio. It has been established for 3 years and shows a healthy income. The location of the bar is a street with good footfall and the customer profile is both tourists and locals. It is a reputable and well-established bar. The menu is international and British food. Premises of the Freehol... For full information see

#### website or contact: Ref: 2325 | FRINA Tenerife SL -Business Sales | 922 085 191

#### San Eugenio Alto, Restaurant €182.000

For sale in Tenerife is this profitable and well-established restaurant and pizzeria in San Eugenio. This restaurant offers to the seat for about 70 guests inside and on the terraces. Before you enter the restaurant vou pass a small and cozy terrace covered by the crown of a beautiful tree. Inside the restaurant, you find tables and benches, and furthe... For full information see website or contact: Ref: 1817 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Cristianos, Bar/Cafe

This bar for sale in Tenerife is a unique and perfect option for the demanding buyer! The current owner has designed the bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa Las Vistas that offers stunning views and sunsets. Premises of the Bar for Sale in Tenerife Today the bar has room for about 30 quests and m... For full information see website or contact:

#### Ref: 2169 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Cristianos, Supermarket €179.000

This supermarket in the Los Cristianos is a great opportunity, if you want to buy an already established business. You do not need to change anything, but have possible development options. This supermarket has the butcher license and the license to sell fresh fish, therefore the new owners will have the possibility to expand with fresh meat and fish. The... For full information see website or contact: Ref: 1891 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Cristianos, Bar/Cafe €170,000

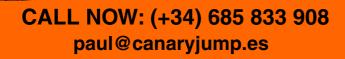
FRINA Tenerife now offers this Sea View Bar for sale in Los Cristianos. it is a unique and perfect option for the demanding buyer! You find this

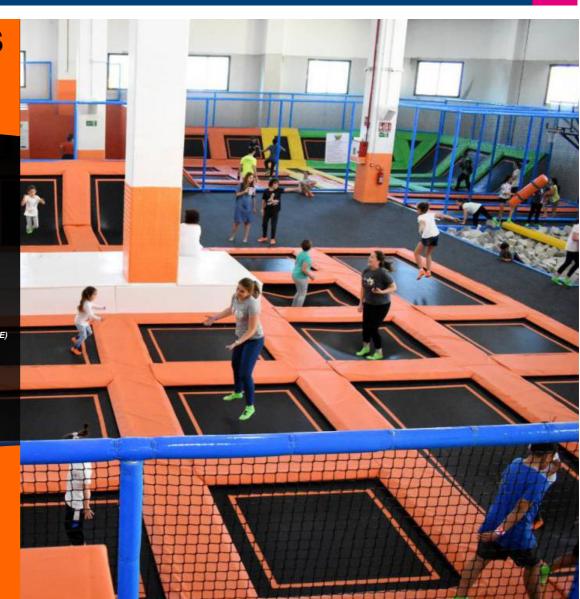


# **SUCCESSFUL BUSINESS** Trampoline Park **FOR SALE**



- **√ 100.000** SALE TICKETS/YEAR
- **√ 1200** BIRTH PARTIES/YEAR
- **✓** GREAT INVESTMENT ROI IN 24 MONTHS
- **✓ NO COMPETITION IN TENERIFE**
- **▼ RECOGNIZED BRAND** (OVER 3000 SEARCHS PER MONTH IN GOOGLE)
- **✓ TAXES ONLY 4%** (ZEC ZONE COMPANY)
- **√ 2500**<sup>2</sup> OF MODERN FACILITIES
- **√ 1500**<sup>2</sup> OF TRAMPOLINE FACILITIES
- ✓ ★ GREAT REPUTATION (OVER 200 REVIEWS 4,4 RATING)







### WELL-ESTABLISHED EXTERIOR FURNITURE AND SUNSHADE BUSINESS IN LOS ABRIGOS







This is a fantastic opportunity

to purchase a well-established

business. On offer is the lease-

hold on this Exterior Furniture

and Sunshade shop, situat-





the vicinity and these premised in the popular village of Los Abrigos, including stock on the es are in the perfect position -Showroom floor, supplier conclose to Golf del Sur and Amtacts and client database. arilla Golf - with their large concentration of residents, not The Business, established 7 years ago, if marketed more agto mention that within 10 to 15 gressively, could be extrememinutes lie Palm Mar, Los Crisly successful. It would have the tianos and Las Americas with their huge numbers of internaadvantage of being fed clients from the Studio4Decor Interitional residents. There are literor Design and Furniture shop, ally 1,000's of potential clients



nearby and the Studio4Decor team are on hand to give all the help and guidance any new owner could need.

Accounts are available for inspection to any serious buyer. The Business is profitable and the only reason for sale is that it is too much for one person to run both and there are plans in place to grow the Interior Design & Furniture part. With the right person the Exterior Furniture & Sunshade Shop can be taken to the next level with fabulous earning potential.





#### This Business is unique for 3 reasons:

- There is nothing else for sale like this on the Island and it is situated in a very popular area, with ample parking.
- The Studio4Decor team is close by and on hand to give support and guidance during a transition period.
- The Business has an extensive and attractive product range with excellent suppliers from Mainland Spain, with transport logistics already in place.

€85,000

Sea View Bar in San Telmo which is busy all year and both days and nights. The current owner has designed the Sea View Bar and perfection. decorated Furthermore, the bar overlooks the large a busy Playa ... For full information see website or contact: Ref: 2584 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Cristianos, Bar/Cafe

**€169 000** 

FRINA Tenerife now offers this Well-Known British bar Los Cristianos. It Is known for its highquality food and entertainment The bar is located in a busy area that attracts many tourists and residents. This bar has been for almost 10 years and has a great reputation and a high income. So if you are looking for a bar in Los Cristianos you can't miss this... For full information see website or

Ref: 2550 | FRINA Tenerife SL Business Sales | 922 085 191

#### Palm Mar. Pizzeria

FRINA Tenerife offers for sale this successful traspaso pizzeria for sale located in Palm Mar. It has been established for 7 years and has earned a very good reputation both locally and on TripAdvisor. The menu is delicious Italian pizzas and international dishes. This is indeed a very wellestablished business showing a very good income and the buyer... For full information see website or

Ref: 2345 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Puerto Colon, Freehold Property €159.900

FRINA Tenerife Offers this empty freehold local in Puerto Colon for sale. It is located in the commercial centre of Puerto Colon and is a very central and busy location, with

a lot of tourists all year round. Thanks to the beaches, excursions businesses, and bars in the area. This local is bright and spacious 76m2 freehold local is on the 1st floor and... For full information see website or contact:
Ref: 2521 | FRINA Tenerife SL -

Business Sales | 922 085 191

#### San Eugenio Alto, Excursion **Business**

€155 000

For sale with FRINA Tenerife is this well-established buggy business & excursion shop in the south of Tenerife. The buggy offer trips for the whole family from 1,5 hours on the South of the island to 4.5 hours trips to the mountains and Teide National Park. The excursion shop sells both buggy excursions and all other kinds of excursions in Tenerife. In... For full information see website or contact:

Ref: 2036 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Las Americas, Bar/Cafe €150.000

FRINA Tenerife now offers this Famous traspaso café in Las Americas. And, it is a wonderful opportunity, to buy one of the most reputable British cafes in Playa Las Americas. The owner opened this bar over 10 years ago. And has grown to be one of the most recognized and popular cafes in the area. It has a great reputation for quality food, delicious cakes. For full information see website or

Ref: 2533 | FRINA Tenerife SL -Business Sales | 922 085 191

#### €149,999 - €100,000

Puerto Colon, Empty Local €140.000

FRINA Tenerife offers this Freehold Office for Sale in Puerto Colon Commercial Center. A very central

and busy location that enjoys lots of footfall year-round thanks to the many excursions business and bars in the area. Also, you are close to parking. The office is bright and spacious 92 m2. It was refurbished in 2019 with new electrical installations... For full information see website or contact: Ref: 2477 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Cristianos, Pizzeria

Now FRINA Tenerife offers this Business for Sale in Los Cristianos. The business is known for great pizzas and being located on a very busy street close to the beach and with a lot of footfall. Normally this is a very busy pizzeria that generates turnover year-round. Contact FRINA Tenerife for more details on this. The premises offer a large ... For full information see website or contact:

Ref: 2417 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Golf del Sur, Excursion Business

FRINA offers for sale this Tenerife Jetski Business, which is located in Gold del Sur. Golf del Sur is a great location for a jetski business since you have plenty of tourists year-round however, you have less competition and much lower rent than in the bigger harbours in Tenerife South. The business includes 6 new Jetski of the brands Seadoo, Yamaha and ... For full information see website or contact: Ref: 2307 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Torviscas Bajo, Irish Bar

€139,000

FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale Traspaso. This lovely bar is in Torviscas Bajo where it is visited by tourists of all nationalities. Irish rs are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and you will earn money from day 1! If you are ... For full information see website or contact:

#### Ref: 2518 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Cristianos, Bar/Cafe

€129.000 FRINA Tenerife now offers this Amazing View Bar for sale in Los Cristianos, it is a unique opportunity in a prime location. You find this bar in Commercial Centre San Telmo which is full of tourists and locals all year and both days and nights. The owner has renovated the bar and has made it modern and cozy. Furthermore, the bar overlooks the beautiful... For full information see website or contact: Ref: 2594 | FRINA Tenerife SL Business Sales | 922 085 191

#### Puerto Colon, Sports Bar

€125 000

FRINA Tenerife offers for sale this Entertainment Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has. For full information see website or contact:

#### Ref: 2590 | FRINA Tenerife SL Business Sales | 922 085 191

#### Playa Paraiso, Supermarket

€125,000

f you are looking for a wellestablished and easy-to-run business, you cannot miss this minimarket store for sale in a busy complex of Plava Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also lots of childrens toys. This store has two departments, one with bags and suitcases, and another with everyday products, snacks... For full information see website or contact:

#### Ref: 2316 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Arona, Property Management

€125.000

FRINA Tenerife now offers this Rustic Finca Management in Arona in a quiet area with mountain and sea view. The business consists of renting and maintaining the villa and the land with the possibility of living inside this beautiful Rustic Finca. Important to notice that the owner will give the management with the same rental conditions and for the fir... For full information see website or contact:

#### Ref: 2582 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Las Americas, Bar/Restaurant €120.000

FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The menu is a wide range of everpopular meals for the whole family like pasta, steaks, roast chicken pizzas, and more. And moreover, the restaurant h... For full information see website or contact:

Ref: 2387 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Fanabe, Bar/Cafe

€120.000

New on the market is this classic English Tea room, which is known its delicious homemade cakes and a classic British tea table. And naturally, most clients are British residents and tourists. It is a smaller café which is perfect for a couple and it is great even if you have kids since it is only open during the daytime. Premises of the Tea Roo... For full information see website or contact:

### Ref: 2292 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Costa del Silencio, Commercial

1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very lunimous with direct aceess to the terrace from the living room. Parking space in the communal parking is included! Community fess: 197€ month, ... For full information see website or

#### Ref: 08-0819 | Tenerifehome. com | 922 783066

#### Puerto Colon, Restaurant €106,000

FRINA Tenerife presents this Modern Restaurant in Puerto Colon for Sale in San Eugenio Bajo located on a busy street and overlooking the sea. This Modern Restaurant is fully renovated and has a unique decor, it faces stunning sunsets and enjoy an excellent flow of people, both tourists and locals. Premises of the Restaurant for Sale premises... For full information see website or contact:

#### Ref: 2593 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Las Americas, Bar/Cafe €100.000

FRINA Tenerife offers for sale this long established, very popular bar in the middle of Playa de Las Americas. For more than 25 years this bar has been growing very famous in the area. It's live entertainment and great atmosphere continues to attract people of different nationalities and ages to come and enjoy a fun night karaoke, live music, sports an.. For full information see website or

#### Ref: 2310 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Tenerife South, Retail Business €100,000

FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realejos, where it serves many locals in the area and some British people... For full information see website or contact: Ref: 2343 | FRINA Tenerife SL -Business Sales | 922 085 191

#### €99,999 - €50,000

€99,500

#### Fanabe, Bar/Cafe

This well-known British Café for Sale in Fañabe is one of the best known in the area and has been established for many years. It is known for classic English breakfasts, cakes, Sunday Roasts,

and much more. Furthermore, the café has great reviews among residents, tourists, and on social media, and no doubt you will guests from day one with this busines... For full information see

#### Ref: 2397 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Los Cristianos, Restaurant

This is a rare opportunity to buy a first-line restaurant in Los Cristianos. The restaurant benefits from being the first line at the beach promenade and at the same time just 3 minutes from the always popular Los Cristianos market. remises Of The Business For Sale The restaurant has a terrace of 60 m2 with tables for 50 guests The inside premises are 1... For

Ref: 2098 | FRINA Tenerife SL -Business Sales | 922 085 191

full information see website

contact:

#### Las Americas, Excursion Business

For sale with FRINA Tenerife is this Quad Excursion Business that sells safaris to Teide National Park. Every excursion is about 4 hours and 100 km - with the weather and nature of Tenerife, this is a very popular attraction. Included In The . usiness The business includes 10 guads of the brand TGB 325. These quads are known to be workhorses built t... For full information see website or contact. Ref: 2020 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Las Galletas, Bar/Cafe

New on the market is this longestablished bar-café in Las Galletas, which has been open for 11 years. Today it is still run by the owner with help from 2 staff. The bar-café is open from 10 mornings to late evenings and is well-visited during day and night. The owner wishes to retire and that is why he put this business for sale. Premises Of The Busin... For full information see website or contact:

#### Ref: 2092 | FRINA Tenerife SL -Business Sales | 922 085 191 Colon, Excursion **Business**

FRINA Tenerife is happy to offer this unique Excursion Business for Sale in Tenerife. This business offers both Flyboard excursions and Crazy UFO excursions. The business has been open for more than 6 years and runs all year round thanks to the great climate and warm sea waters here... For full information see website or contact: Ref: 2427 | FRINA Tenerife SL -Business Sales | 922 085 191

#### Las Galletas, Ice Cream Bar

FRINA Tenerife is happy to offer this amazing Crepe & Ice Cream Café for Sale in Las Galletas. The café is located centrally in the city and facing a busy area that enjoys plenty of footfall and attracts many residents and especially families. The café is known for ice cream, crepes, good coffee, and shakes. The premises are in good condition and you d... For full information see website or contact:

Ref: 2438 | FRINA Tenerife SL -Business Sales | 922 085 191

# Popular bar in busy commercial centre

MASSIVELY REDUCED DOWN TO €65,000 €115,000

DIRECT FROM OWNER



Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer.

Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

- Seating for 50 outside, 30 inside
- 6 year lease which can be extended
- Alarm system + 3 cameras
- Pool table + cigarette machine
- Community fees: €300p/m
- €150K annual revenue

For more information, or to arrange a viewing, please call: +34 655 092 580

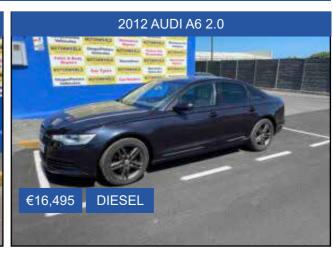


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# 1 Tenerife

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#### First Line Lounge Bar & Cafe



If you are looking for a bigger lounge bar and café that is modern and offers the most stunning views in a great location, this is your chance! Located in Los Cristianos and overlooking Playa las Vistas.

Ref.: 2584 Price: 170,000€

#### Freehold Pool Bar



This is a great opportunity to buy a Freehold Pool Bar. It is in a complex in Torviscas that enjoys both tourists and residents. The bar is closed today but ready to open for serving both drinks, ice cream and food, if you wish.

Ref.: 2555 Price: 150,000€

#### Irish Cafe with Sea View



Located in San Eugenio is this lovely cafe that offers a large terrace with stunning views, an amazing reputation, many regulars and a high turnover. It was recently refurbished and can be taken over without any changes.

Ref.: 2548 Price: 79,000€

#### Large & Modern Restaurant



If you are looking for a large and modern restaurant with sea view this is a great opportunity. It is facing a busy street with a lot of footfalls every day and evening. And in this location you are guaranteed stunning sunsets all year.

Ref.: 2593 Price: 106,000€

#### Fast Food Restaurant



You find this restaurant in a busy area of Torviscas Bajo. The menu is classic fast food, like burgers, fries and sandwiches. A simple but very popular menu makes this place busy and easy to run. You will earn money from day 1.

Price: 50,000€ Ref.: 2586

#### Language School



In this small private school the owner offers English classes to Spanish speaking and Spanish classes to English speaking. The clients are both kids and adults. The local is 70 m2 which are fully furnished and equipped.

Price: 15,000€ Ref.: 2572

#### **Bar Supply Company**



This business has been established for more than 20 years and delivers soft drinks and alcohol. It is a proven profitable company with many clients and a very good reputation. Included are 2 vans and a large storage with low rent.

Price: 249,000€ Ref.: 2481

#### **British Bar & Cafe in Torviscas**



The British Bar has a wonderful terrace where you can hos 40 seated people, while inside the bar has the capacity of 20 seats. The full bar is renovated, and it is spacious 70m2. It is known for entertainment, sport and lunch and dinner

Ref.: 2579 Price: 65,000€

#### Large Freehold Sport Bar



This freehold has a well-known business located in Puerto Colon. It is very spacious, has the restaurant license and was recently refurbished. Note, there is also an option to buy only the leasehold for 150,000€.

Ref.: 2591



his is a genuine successful company that offers Pest Control and Cleaning for both commercial and private properties. This company has been established for years and has hundreds of clients in the south.

Ref.: 2573 Price: 89.000€

#### Cafe & Boutique Los Cristianos



This café in Los Cristianos is known for delicacy served at the place and for selling wines and delicacies for take away. It is a long-established and charming café with tables for 50 guests and a great reputation.

Ref.: 2539 Price: 52.500€

#### Wine Bar in Palm Mar



This is an amazing restaurant and wine bar in Palm-Mar. It is located centrally and attracts a lot of long-term tourists and locals. The premise are 100m2 and had a full refurbishment and everything is made to the highest quality.

Ref.: 2592 Price: 125,000€

#### Bar & Restaurant in Adeje

Price: 350,000€



This Bar-Restaurant is in Adeje old town, it has been established for 5 years and is very popular among the residents and families in the area and it has a loyal client base. You can have about 60 guests inside and outside.

Price: 59,000€ Ref.: 2595

#### Bistro with Stunning Views



This Bistro is located in a busy area of San Eugenio and offers stunning views from the terrace. The premises are renovated and decorated to perfection. And the bistro has great reviews on SoMe and many happy guests.

Ref.: 2585 Price: 66,500€

#### Famous Freehold Pub



This freehold pub is in the centre of Las Americas and has been established for years. It is known for showing live sports and serving a classic British menu, roasts and fish & chips. The premises are spacious 200 m2.

Price: 990,000€ Ref.: 2562

#### Hair & Beauty Salon



If you want to run a small salon this is a great opportunity, It is located centrally in Los Cristianos and the monthly rent is only 500€. Nevertheless, the salon is big enough for both a hairdresser and a nail technician and masseuse.

Ref.: 2589 Price: 12,500€

#### **Pool Bar in Las Americas**



This is a rare opportunity to get a bargain pool bar in Las Americas inside a complex of 200 apartments. This is an easy bar to run for 1 person or a couple. The premises has a small kitchen, bar and tables for about 25 guests.

Ref.: 2571 Price: 32,500€

#### Freehold Cafe in San Andres



This popular bistro-café is situated at the entrance of a resort in Golf del Sur. The café is closed today since owner had to leave, but it is fully equipped and ready to open. There is also an option to buy solo the leasehold.

Ref.: 2225 Price: 135,000€

#### Lovely Bar in Los Cristianos



The Bar has a good reputation and great client base, it is operative and easy to take over for 1 person or a couple. The bar is modern, 60m2 and has the capacity of 12 seats inside. The terrace outside can host 20 people.

Price: 52,000€ Ref.: 2577

#### Finca With Busy Restaurant



If you are looking for an extraordinary place to invest in you cannot miss this restaurant in the caves of a large and lovely finca including a bodega and wine-cellar. Moreover is a full kitchen and terrace. It has a <u>very good</u> reputation and income!

Ref.: 2549 Price: 80,000€







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Calle Colón, 1st Floor, local 213, Puerto Colón, 38660 Adeje English, Spanish, Flemish, Dutch, German, French, Danish







