The Tenerife Property & Business Guide



FREE / GRATIS **Every Month** Issue 211

May 2022

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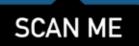
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ROYAL PALM - LOS CRISTIANOS



Excellent location, well presented studio apartment with sunny terrace and sea views. Viewing highly recommended.

0 bed. 1 bath

147.000€

ROQUE DEL CONDE – TORVISCAS ALTO



Large 2 bed, 2 bath penthouse apartment, well presented and with private secure parking included. Large lounge with fitted American style kitchen, two double bedrooms with fitted wardrobes. Stunning sea views, community with swimming pool. This property is offered furnished, and the property is very well presented. Viewing is highly recommended

2 bed, 2 bath 249.950€

ALTAMAR – PLAYA DE LAS AMERICAS



Well-presented town house available in central Playa de las Americas. Offered furnished and ready to move into, with two double bedrooms, bathroom and W.C., fitted and equipped kitchen, two balconies and large enclosed terrace. Gated community with large new, refurbished swimming pool. Viewing is recommended.

2 bed, 2 bath

189.000€

FAIRWAYS CLUB - AMARILLA GOLF



Fantastic, part refurbished, and spacious two bedroom, two bathroom apartment. This property benefits from two terraces, one sea views and the other covered with views into the community. Excellent community facilities including swimming pool and pool bar.

2 bed, 2 bath 169.950€

LAGUNA PARK - TORVISCAS ALTO



Looking for a fixer upper? This bargain property needs a complete refurbishment, the asking price is 80.000€ but this price is a bit negotiable too. This is a large ground floor studio apartment, located in a quiet park of this well run community. Excellent community facilities include large pool, on site supermarket and tennis courts.

0 bed, 1 bath 80.000€

SUMMERLAND - LOS CRISTIANOS



Large one bedroom apartment on well located with pool. Close to all amenities and only a short walk to the coast. The property offers double bedroom, lounge/dining room, semi-independent kitchen, bathroom and private terrace.

1 bed, 1 bath

170.000€

PALO BLANCO – SAN EUGENIO BAJO



Located in the centre, close to the San Eugenio Shopping centre, Puerto colon and the beach. Spacious two bedroom, two bathroom, townhouse. Refurbished and offered furnished. Located infront of the large community swimming pool.

2 bed, 2 bath 325.000€



Do not miss out, this is a beautiful three bedroom, two bathroom, fully refurbished bungalow with private heated swimming pool, very well located in a private, secluded rural area. The property has new kitchen diner, lounge and large master bedroom. There are so few properties like this, and they are rarely available, very well priced at just 275.000€, contact us for a viewing.

3 bed. 2 bath 275.000

VILLA – PLAYA SAN JUAN



Stunning sea front property available on the first line to the sea in Playa San Juan. Offering three bedrooms, three bathrooms, Open plan fitted kitchen, private swimming pool.

3 bed, 3 bath 890.000€

PRIVATE VILLA – LAS ROSAS



Modern detached villa in a quiet residential area close to Las Rosas – Arona. With its own private pool this property boasts four bedrooms including large, master bedroom, four bathrooms, and feature kitchen with island. Garage and guest apartment. Viewing essential just to see all that is on offer here.

4 bed, 4 bath 356.000€

VISTAMAR GARDENS – SAN EUGENIO ALTO



Fantastic location, this large, fully renovated villa is close to the centre of San Eugenio, the shopping centre, and only a short walk from the beach. Offering three double bedrooms, two bathrooms, modern fitted and equipped kitchen. Lots of outside space including BBQ area, pool table, and large roof terrace with panoramic view. Located on a quiet community with swimming pool. Viewing recommended. Go to our website and take a 360 degree tour. Price is negotiable.

3 bed, 2 bath 450.000€

LAS FLORITAS – PLAYA DE LAS AMERICAS

Well-presented 1 bed apartment in this popular, central holiday community. Great communal facilities, and close to the beach and amenities. Viewing recommended.

1 bed, 1 bath 159.000€

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SAN MIGUEL

Beautiful 3 bed, 2 bath 19th century house situated in the historical district of San Miguel. Once refurbished and adapted, this house would make a fantastic family home or even a B&B for rural tourists, who are looking for peace and quiet outside the busy tourist areas.

€398,000 Ref: TH405-BP



SAN MIGUEL

Very special 3 bed, 2 bath property built by the late Götz Loepelmann who was a renowned sculptor and painter in his home country Germany. The property has loads of space and is unconventional, must be seen to be appreciated!

€315,000 Ref: TH402-BP



LA CALETA

LOCATION, LOCATION, LOCATION! Beautiful, fully furnished 2 bed, 2 bath (+WC) semi- detached bungalow with garden and 2-car garage in great location. The property, on a plot of 264sqm, has a large living room, an Americanstyle kitchen, and terrace with access to the mature gardens, BBQ and 'Chill out' area. In the basement there is a spacious garage with room for 2 cars and a small guest bedroom.

€780,000 Ref: V433-BP

LAS CHAFIRAS, **EDIF. KARPA**

Nice 2 bed, 1 bath apartment with large roof terrace in residential complex. The property has a good-sized separate kitchen, lounge with dining area, and, upstairs, a large terrace with nice views plus a laundry room. A garage space and a storeroom are included. Low Community Fees.

€145,000 AP206-AG

CHAYOFA COUNTRY CLUB



Very spacious one bed, one bath apartment in the sought-after complex. The apartment consists of an American-type kitchen. There is a 13 m2 terrace with views to the complex with enough space for sun loungers or/and a dining table. Very quiet and well-maintained complex.

€138,000 AP132AG

LA CAMELLA



Lovely 1 bed, 1 bath apartment in residential complex only a short drive from Los Cristianos and Las Americas. Spacious lounge with enclosed terrace, an open plan kitchen/diner, plus a fantastic 80 m2 terrace with beautiful sea views! (part-covered to give a lovely shady area for relaxing.

€168,000

AP133-BP

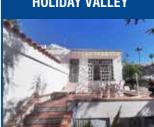
SAN EUGENIO ALTO, BRAND NEW VILLAS



Brand new, modern 2 bed, 3 bath villas. The 3 remaining villas, on 3 floors, have: Ground floor: garage, large room, pump room for pool. 1st floor: large sun terrace with pool, large living room with American kitchen. Panoramic sea views over Los Cristianos/Las Americas.

€760,000 V432-AG

SAN EUGENIO ALTO, **HOLIDAY VALLEY**



Lovely 2 bed, 1 bath bungalow on a good-sized, quiet corner plot with private terrace and garden on nice complex with pool. The property has a fully equipped kitchen and a bright lounge with sunny terrace enjoying sea views. Space to accommodate a pool or jacuzzi if desired.

€295,000 **BU203-AG**



TENERIFE PROPERTIES

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May offers!

Garden City, San Eugenio





€250.000 Ref: A380



Ref: A468

€174,000

€275,000







Fantastic garden apartment in this popular, touristic complex. This lovely apartment has been fully refurbished and elegantly furnished, and comprises 2 bedrooms, 1 bathroom with shower, fully fitted kitchen, dining room / living room, utility and large double terrace that leads out onto the well-tended, surrounding lawns. With the perfect exposition to the sun, the south-facing terrace is the perfect place for relaxing, al fresco dining and sunbathing. Close to a wide range of shops, bars, restaurants, Siam Park and Siam Mall. The complex has a pool bar and reception along with 2 swimming pools of which one is heated. In addition to the apartment the price includes a garage space for 2 cars in the communal garage, plus a storeroom. Please contact us for viewings.

€325,000 Ref: T1254

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Detached Villa, San Eugenio Alto



Located only a short distance from Siam Park and Siam Mall and around 8 minutes' walk down to the sea front, but in a quiet location with stunning ocean views, this villa will not stay on the market for long we are sure. With a plot size of 515m2, the villa is set out over 2 floors. Once you enter the private iron gates, there is a driveway with room to park 2 cars that leads up to a private garage. On this level there is also a studio, ideal for guest accommodation. On the upper level you can find a large terrace that encircles the property with well-tended gardens. To the front of the villa is a sunbathing terrace and private heated swimming pool from which you can enjoy the stunning ocean views and sunsets over the island of La Gomera. This area is extremely private and not at all overlooked by neighbouring properties.

Ref: I1426

















Translators available for any other languages.



Tel: 922 724 110 • Sales: Lynne: 699 250 870 Rachel: 608 573 443 Local 3, C.C. Palo Blanco, San Eugenio, Adeje 38660, Playa de las Americas www.tenerifeproperties.net • lynne@tenerifeproperties.net





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2 BEDROOM APARTMENT - GOLF DEL SUR









Sit on your balcony, hear the ocean, and look out for passing whales and dolphins. The sea is so close it's like being on a ship! Located on the most prestigious complex in the south of Tenerife, with reception, pool, and onsite cafe. This spacious two bedroom, front line apartment, has breathtaking views, a/c, stylish furniture, and is convenient for golf and many other facilities. Without doubt one of the nicest apartments in Tenerife.

Ref: GOLF01710 Price: €575,000 (approx. £479,000)



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Las Adelfas I - Golf del Sur

CC Puerto Colon - Playa de Las Américas



1 BED APARTMENT - GOLF DEL SUR

PERFECT HOLIDAY HOME!

Add some colour into your life with this vibrant, spacious one-bedroom apartment that would make for a perfect holiday home or permanent residence in the sun. The property occupies a corner, ground floor position, allowing easy access and there is parking directly outside the front of the apartment. The property has been tastefully furnished throughout and will be sold

Ref: GOI F01711 Price: €139,950 (approx. £116,500)



1 BED APARTMENT - AMARILLA GOLF

TURN KEY PROPERTY!

This immaculate apartment enjoys stunning views of the golf course and out to sea. If it's watching the boats, the golfers playing by or dining alfresco whilst watching the sun setting over the mountains, then you have found your perfect property. This second floor one bedroom apartment on one level has been refurbished to a high standard, including new kitchen and bathroom and is ideal as a turn key purchase.

Ref: AMG00586

Price: €139,950 (approx. £116,500)



1 BED APARTMENT - GOLF DEL SUR

SUNNY ROOF TERRACE!

Up through the atmosphere, up where the air is clear.... take a deep breath and book a viewing of this extremely well maintained one-bedroom penthouse apartment, which offers pool and sea views, and a sun-drenched roof terrace. The property occupies an East facing position, and due to the apartment's corner position, you have the added bonus of extra windows thus providing a light and bright feel..

Ref: GOLF01708 Price: €145,000 (approx. £121,000)



1 BED APARTMENT - SAN EUGENIO BAJO

IDEAL LOCATIONI

A wonderful opportunity to purchase a one bedroom apartment situated within a well maintained, secure development, which is in a fantastic position in the middle of the tourist areas of Tenerife. The property is located on the ground floor and is easily accessible from the main entrance. The terrace, boasting afternoon sunshine, looks directly to the communal pool, which is heated in the winter months of the year.

Price: €199,000 (approx. £166,000)



1 BED APARTMENT - LOS CRISTIANOS

RENTAL POSSIBILITY!

If you are looking for a rental investment, then look no further than this one bedroom apartment Located on the second floor, with a west facing sunny terrace overlooking the heated pool. The apartment is sold in excellent condition. well furnished & on a popular complex, with an option to rent through the onsite management company. With a pool bar and restaurant on site, this is a perfect holiday and investment property.

Ref: LC00599

Price: €235,000 (approx. £196,000)



2 BED APARTMENT - LOS CRISTIANOS

FAMILY HOME!

If you are looking for a comfortable apartment within easy walking distance of Los Cristianos centre, shops, restaurants and beaches, then look no further. This immaculate property has two double bedrooms, two bathrooms, is sold furnished, and with a large south facing terrace overlooking the pool. An ideal holiday home for the family or for those of you looking for that winter retreat! A must for your viewing list!

Ref: LC00598

Price: €270,000 (approx. £225,000)



3 BED BUNGALOW - GOLF DEL SUR

PRISTINE PROPERTY!

I think I'm gonna like it here.. bedroom, three bathroom bungalow that was completely refurbished in 2014, and will equally suit as either a wonderful holiday home in the sun, a private property for living or an investment property, that will provide a favourable income and holidays for all the family. The property boasts a wonderful balance of square metres both internally and externally

Ref: GOLF01707 Price: €425,000 (approx. £354,000)



3 BED LINKED HOUSE - TORVISCAS BAJO

RECENTLY REFURBISHED!

If you are looking for something a bit special close to the beaches of Torviscas & Fanabe then you have found it. This three bedroom, two bathroom, immaculate presented property is found in the heart of Torviscas Baio, with beaches. restaurants, shops bars and entertainment literally on your door step, but also still enjoying the privilege of a tranquil complex. Refurbished to the highest of standards.

Ref: LA01922

Price: €565,000 (approx. £471,000)











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Please contact us for an informal chat about starting your Tenerife property journey!









Ref: 8154







Ref: 8114

This fabulous villa in

SAN EUGENIO ALTO, FALCON MANOR





This opulent apartment is for sale exclusive-ly through Clear Blue Śkies Group SL and offers a huge interior of 125m². It is located in the beautiful Falcon Manor complex in San Eugenio, and the apartment boasts an independent kitchen, huge lounge, conservatory, family bathroom, and three bedrooms of which two are ensuite. Externally there are two large terraces, totalling 90m², perfect for sunbathing, dining and watching those fa-mous Tenerife sunsets, over the neighbouring islands. The sale in cludes a large garage and the property is being sold including the amazing furnishings. Residents can also Residents can also make use of the communal heated pool and

€550,000

PLAYA DEL DUQUE





Playa del Duque is EXCLUSIVELY AVAIL-ABLE from Clear Blue Skies Group SL. The main air-conditioned living area is spread over one floor, com-prising the lounge/ dining room, kitchdining room, kitchen, family bathroom, three bedrooms with fitted wardrobes, with the master bedroom also benefitting from an en-suite bathroom. There is a separate garden-annex which boasts a large double bedroom with en-suite. Externally, the property has a heated swimming pool, a separate whirl-pool and large areas of terrace and gardens facing southwest: ideal for watching the sunset over neighbouring La Gomera. Private secure driveway and utility

€1,495,000













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LAS AMERICAS, TENERIFE ROYAL GARDENS



This studio apartment features a private terrace with excellent views to the sea. Not to be confused with similar studios in this community, this apartment is situated in an enviable corner position which provides more space in the entrance and a larger bathroom. An excellent holiday home and / or holiday letting rental investment.

€399,950

REF: 6092XK

AGUILAS DEL TEIDE. VILLA



Magnificent, spacious detached villa in cul-de-sac overlooking a barranco (natural valley) with excellent panoramic views to the sea and mountains. This exceptional home occupies a large plot (1,200m2) and has too many features to list and must be viewed to appreciate the space, quality and location on offer. Three car garage

REF: 5652X

GOLF DEL SUR, THE PALMS



Originally a 1 bed property. This fully furnished bungalow has been skilfully extended and refurbished to create two bedrooms and two bathrooms and is situated in a tranquil position within this popular gated community. Private parking space.

€189,000 **REF: 5729XK**

PIEDRA HINCADA



Modern, spacious townhouse in village a few minutes' drive to the coastal resort of Playa de San Juan. Spacious property on 3 floors, with electric gates to a double parking space and large terrace, entrance hall, cloakroom, separate stylish fully fitted kitchen, comfortable lounge with air con, and sep. dining room/study. Many extras including air conditioning.

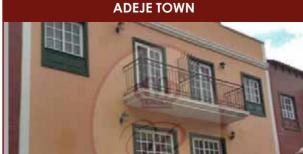
€250.000 **REF: 6093XK**

LAS AMERICAS, TENERIFE ROYAL GARDENS



Spacious, fully furnished, top floor 2 bed, 2 bath duplex apartment in a frontline position with panoramic sea views. Owned since new (1987) the apartment has been utilised as a family holiday home. AN EXCELLENT HOLIDAY HOME AND / OR HOLIDAY LETTING INVESTMENT.

€615.000 **REF: 6091XK**



4 bed, 2 bath townhouse situated in a well-maintained, gated residential community. Featuring: a reception hall, separate fully fitted dining room, spacious living room, two bathrooms and a private garage for two vehicles and a storage room. Various terraces provide ample space for outdoor living and magnificent sea and mountain views.

€230.000 **REF: 5444K**

PROPERTIES WANTED FOR SALE AND RENT

IN LAS AMERICAS, LOS CRISTIANOS, GOLF DEL SUR / AMARILLA GOLF, EL DUQUE / LA CALETA, TENERIFE SOUTH.

LOS CRISTIANOS, PORT ROYAL



Formerly a studio apartment which has been cleverly reformed to create a well presented affordable two bedroom apartment, situated in the popular resort of Port Royal, Los Cristianos. Briefly comprising: lounge with dining area, modern fully fitted kitchen, two double bedrooms, spacious private terrace, bathroom with full suite.

REF: 6079XK €159.950

LAS ROSAS



Offering spacious and flexible living accommodation this townhouse offers potential for a number of prospective purchasers. The current living accomodation is on level three which comprises two independent apartments. On the lowest level is a large basement (145m2) with ample garage, workshop, office, toilet and storage. On the top level you will find an extensive roof terrace with utility area.

€495.000 **REF: 6089**

LOS CRISTIANOS, LA COLINA



A one bedroom apartment situated on the third floor with lift access. owned by the current owner for many years as a holiday home (a reluctant sale due to ill health).All situated within this residential community which is close to the town center and within walking distance of the shops, bars, restaurants and beaches. Furnishings included.

€155.000 REF: 6083XK



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Calle Tagara, Jardin Botanico Local 8 **ADEJE**



OPPORTUNITIES OF THE MONTH!

TIJOCO



5,000sqm farm with 120sqm 2 bed, 2 bath house. The property has a living room kitchen terrace with sea and mountain views, garage, storage room and garder with fruit trees and vines.

TIJOCO BAJO

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Beautiful 3 bed, 2 bath villa with 2 separate apartments with terraces, and a big garage on a 1,080m² plot with fantastic views.

LOS MENORES



Great 5 bed, 3 bath villa in private position, with own pool, BBQ area and terraces. Close to all amenities. Incredible ocean and LOS GIGANTES



6 bed, 6 bath hostel with all legal permits in place. There is also a deatched house with large patio, storage room, and garden which can be used to build up to 2 stories Great investment opportunity.

Ref: 1216

Ref: 1144

€340,000

€378,000

Ref: 1195

Ref: 1187

€786,500

Ref: 399

Ref: 1174

€850,000

Ref: 756

€420,000

We specialise in farms (fincas) and rural houses/properties. In this Covid era, wouldn't you like your own piece of land with space to enjoy!

PROPERTIES WANTED FOR RENT

CLIENTS WAITING!

PLAYA SAN JUAN



Fantastic 3 bed, 3 bath house with lots of outside space and terraces. Private pool, BBQ area, and amazing sea views

GUIA DE ISORA



Fantastic finca with large (162sqm) suitable for reform. The property has a number of terraces with sea views, gardens with fruit trees, and lots of potential. 6,000sqm plot.

€265,500

GRANADILLA DE ABONA



Beautiful 3 bed. 2 bath country house on 750m2 plot with garden located in a quiet area. Fruit trees, parking space, spacious kitchen, several terraces separate guest accommodation, and private pool.

€370,000

GUIA DE ISORA



House with 10,000 m² vineyard with small building with a bathroom, kitchen and living room. It has a water irrigation system, and petrol generator. Finca has a BBQ area with beautiful sea and mountain views.

€265,000 Ref: 1185

ADEJE



Pizzeria with necessary licenses. Price includes the premises (60m²), licenses, and 3 scooters. Price also €48,000 with a monthly payment of €800 rent.

€155,000 Ref: 1181

GUIA DE ISORA



tank, BBQ area, and sea views

Finca with a small house on 4,300m² plot with water

Ref: 1172 €147,000

GRANADILLA DE ABONA



5.000m2 finca with an old house (70m2) which requires renovation, and an urban plot of 760m2 with a cistern and 3 caves, the rest of the land is rustic agricultural land, with sea views and some orchards

€167,000 Ref: 1158

GUIA DE ISORA



Finca with a small building on 800m² plot with water

€54,000 Ref: 1203

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Costa del Silencio, Primavera



Fantastic, fully furnished 1 bed, 1 bath apartment with modern open plan kitchen, spacious living-dining room that leads out to the terrace, a double bedroom and a bathroom. Ready to move into. Primavera is a gated-community, which boasts community parking, swimming pool and well-maintained gardens. The community fees include electricity and water. A great opportunity to invest in or as a home.

€115,000 Ref: CDS901-P120

Costa del Silencio



This beautiful renovated apartment is in a quiet residential complex with direct access from the property to the community pool. It consists of a spacious bedroom with built-in wardrobes, bathroom, equipped kitchen, living room and terrace. It has lots of natural light and is ready to move into. It is located near supermarkets, restaurants, gym and much more.

€128,000 Ref: CO121-LD134

Aldea Blanca



Stunning 5 bedroom "Canarian Style" house in the tranquil village of Aldea Blanca. This turnkey property was refurbished and extended to another level. The distribution is not that of a typical "box" property and consists of five bedrooms, two bathrooms (one of which is a wet room), a separate kitchen, dining room area and to add to that, a rooftop terrace with a fully functional bar and a chill-out area.

€275,000 Ref: AB162-LL275

Costa del Silencio, El Chaparral



Completely refurbished ground floor studio for sale. The property comprises of a big bathroom with a large shower, kitchenette/dining area, sleeping area, a lounge with a sofabed and a terrace with views on the pool. The complex has a year-round outdoor communal pool, a kid's pool, beautifully-kept gardens and 24 hour security. Walking distance to all main amenities. Sold fully furnished.

€89,000 Ref: CDS48-C89

Playa San Juan



Beautiful sea-front villa with impressive views of La Gomera. This property is divided into 2 levels: the basement level has a bedroom with en suite bathroom and a laundry room; the ground floor has a large terrace with outside parking space, private swimming pool, 2 bedrooms, 2 bathrooms, a spacious lounge and dining area with a fully equipped kitchen. Sold furnished and ready to move into.

€890,000 Ref: PSJ548-CB890

Las Rosas



Fully furnished 2nd floor apartment with lift and close to all amenities. The property has 2 bedrooms, 1 bathroom, a kitchen with new appliances and a living room with large windows. There is also an interior patio with a laundry area. Included in the price is a parking space and on the common roof there is a divided part for your use. Do not hesitate to contact us for a viewing!

€129,000 Ref: LR321-CD129

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Golf del Sur, The Palms duplex

REF: S-02 1496

Beautiful, fully furnished and spacious 2 bed, 2 bath (1 en suite) duplex for sale on popular complex with 2 community swimming pools and pool bar. The property has a good size lounge, fully fitted and equipped American style kitchen a large terrace off the first floor which enjoys pool views, and another terrace on the ground floor. This property has been priced to sell.











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Los Balandros, Palm Mar



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Laderas del Palm Mar, Palm Mar



A bright and extremely spacious three bedroom, two bathroom apartment sold fully furnished. The property is situated on the third floor of this well-run complex overlooking the delightful pool area and has a partial sea view. The price includes a very large, enclosed garage.

Price: €325,000

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Cape Salema, Palm Mar



Bright and spacious one bedroom apartment on the third floor of the complex. The property benefits from a stunning, uninterrupted panoramic view over Palm Mar, the nature reserve and out to sea. The property consists of a large lounge with open plan kitchen, one bedroom, bathroom and terrace with a sunny aspect. The apartment is sold fully furnished.

Price: €175,000

Laderas del Palm Mar, Palm Mar



Beautifully presented apartment situated on the second floor of this delightful complex. The apartment has been lovingly refurbished by the owners to an extremely high standard. There is one bedroom and one bathroom and the terrace has been fitted with glass screening and blinds – effectively making a second lounge. Price includes large garage.

Price: €239,500



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Very comfortable, fully furnished 1 bed, 1 bath ground floor apartment on complex with pool. The property has a south-facing 11m² terrace. Community fees: €44.70/month

Ref: 164-0322 €155.000



Beautiful 1 bed, 1 bath first floor apartment with east-facing balcony. The property has a comfortable living room with storage space, semi-separate kitchen, spacious bedroom with fitted wardrobes and bathroom with shower Ref: 170-0422 €155,000



Spacious, unique, recently renovated, 1 bed, 1 bath apartment with fantastic sea views, in popular sea front complex with pool. Community Fees include WiFi.

Ref: 162-0122 €179,000

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Well maintained studio has a west-facing balcony with an open view. In the past, the water pipes and the electricity installation have been renewed. Community fees per month: €59/month.

Ref: 161-0122 €79,000



Beautiful 1 bed, 1 bath ground floor apartment with north/west facing terrace on complex with heated pool. The apartment has been completely renovated. Holiday rentals allowed, parking available on the street.

Ref: 168-0422 €149,000



Beautiful 2 bed, 1 bath villa (330m²) located in a quiet street close to the sea. The property is very spacious and offers lots of possibilities, with large terrace, and private

pool. Ref: 136-0921

Large Apartment in San Isidro EW

- San Isidro
- Built: 108 m2 / Terrace: 20 m2
- · Bedroom: 4 / Bathroom: 2
- Ref: D1272
- Price: 170,000€



This apartment offers 3 bedrooms and an extra room that is staged as storage at the but could easily be transformed into a bedroom again. Furthermore this apartment has 2 bathrooms, 1 Livingroom with a adjoining balcony, and a fitted kitchen with direct access to a large private rooftop terrace.





- Torviscas Alto
- Bedroom: 2 / Bathroom: 1
- Great rental potential
- Ref: D1271
- Price: 320,000€



offers a beautiful view. It is located in a gated complex that offers a large sunny terrace and a heated pool. The apartment has 2 large bedrooms a bathroom and a modern open kitchen/livingroom. Also, included in the price is private garage.



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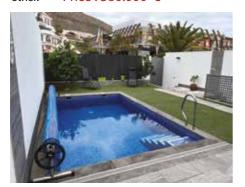
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HOW DO WE MARKET YOUR PROPERTY?

We are known for our marketing strategy which includes a number of major property platforms, social media, traditional marketing, collaborating partners, international advertising and many other channels that are tried and tested therefore we are confident that we will sell your property at the right price for the market.

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If you just want to test the water, you can hit the market with your property on your own. Or are you really serious about selling? This is where Island Prime Property come into play...

First things first and that's pricing your property correctly and realistically this means involving you, yes you the owner together with Adam to make it sell sooner rather than never.

This is one of the most important things that's often overlooked or simply priced out of the market, we set the correct expectations at the start therefore making sure you're happy and hits the overall objective which is getting it sold at the right price.

ADVERTISING

Once we have all the marketing materials done at our cost and we work on a " no sale, no fee basis" and DO NOT require a marketing contribution before we even get started.

We work with other reputable agents that will advertise your properties based in Tenerife, Mallorca, Mainland Spain, Italy and the UK.

Its very important to have good relationships with reliable and trustworthy, professional partners that have been vetted and legal contracts are in place.

AFTER THE SALES

As soon as the signing at the Notary is complete it is time to say congratulations but in many cases theres still work to be done and Island Prime Property will always carry on our professional service finalising any further details, we don't just forget you!... remember Island Prime Property is built on relationships.

PROFESSIONAL PHOTOGRAPHY

The smartphones these days are making some great pictures however to have a professional eye taking the picture combined with a detailed technical understanding is a formula for complete success that's where Peter comes into his own, our very own dedicated photographer.

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Correct measurements and key information is a must and now expected by many buyers. Only one thing gives us this – a superb floorplan. When we sell your property, we will make a floorplan. This will again help us show your property perfectly and give a fantastic representation of your property.

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ground floor apartment! The property is on the ground floor with the added advantage of a fabulous garden at the front with beautiful greenery giving you that all important privacy and the rear is just WOW what a delightful place with more than enough space for family activities with palm trees and



a fancy BBQ area complete with your very own hot tub, this property has plenty of sunshine all year round and positioned perfectly.

The property has that WOW factor the minute you step foot in the door way where the living room meets you, attached is a spacious dining area, lead-

ing from the main living area is a modern fully equipped kitchen with utility room / office space, with two of the bedrooms leading to the back peaceful and beautiful garden and the main third bedroom leading to the front garden with a full irrigation system, a large spectacular en suite, this property is

full of surprises with added security in the form of shutters on all the main windows and doors, full air conditioning system, private underground garage, and lift access.

The property is located within a fully secure complex and there is communal

pool including a baby pool.

There are local amenities

There are local amenities within a short walking distance, restaurants, bars and your local supermarket .To be sold fully furnished and this property is a total knock out when it comes to the finishing. Oh and did we mention the word WOW!



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Price: €269,000

Ref: 25704

LOS CRISTIANOS, PLAYA GRACIOSA



Beautiful, fully furnished 2 bed, 2 bath (1 en suite) apartment on secure complex with pool, gardens, and a tennis/padel court. The property has a large living/dining area with access to the spacious terrace, a separate kitchen and utility room, and sea views. A parking space is included as well as many extras!

Price: €359,000

Ref: 25408

PLAYA FAÑABE, MAREVERDE



1 bed penthouse apartment for sale on complex. with communal pools (one heated) and a pool bar. The apartment has been renovated and has an open plan kitchen with breakfast bar, bedroom with fitted wardrobes, bathroom with walk-in shower, and a sunny terrace. 300m from Fañabe beach.

Price: €220,000

Ref: 25071



🕐 Avda. Ernesto Sarti s/n, Pueblo Torviscas, local M2, **COSTA ADEJE 38670**

Roque del Conde Villa



Luxury detached Villa with 4 bedrooms, 4 bathrooms (all en suite), 2 kitchens, garage for 3 cars, terraces, private swimming pool, superb sea views. This house was built with materials brought from Italy. An impressive family home which must be viewed to appreciate the beauty of it and which is priced to sell!







PROPERTIES REQUIRED FOR LONG TERM RENTAL IN ALL AREAS



Fully furnished and refurbished 2 bed, 1 bath apartment (converted from 1 bed) on popular complex with community pool. The property has a nice lounge which leads onto a large sunny terrace, and an American-style kitchen.



Part-furnished 3 bed, 2 bath (1 en suite) townhouse. Good size lounge and separate fitted kitchen. Top floor bedroom has a large terrace and there is another terrace off the lounge. Includes underground garage space and a storeroom.



Fully furnished 1 bed, 1 bath ground floor apartment on sought after complex with lovely pool area. The property has a bright and airy lounge/diner, American-style kitchen, a 37sqm sunny terrace and a private garden. An en-



Fully furnished, 4 bed, 3 bath (2 en suite) bungalow type property with private pool, good size lounge and separate fully fitted kitchen, garden, large terrace, and private parking directly outside. Lovely family home and has to be seen.



Originally a studio, this property has been tastefully converted into a good-sized 3 bed (1 double, 2 singles), 1 bath apartment. The property has a bright and airy lounge/dining area and an American-style fitted kitchen.



Fully furnished 5 bed, 3 bath detached villa with heated pool on 2,000m² plot. The property has a huge terrace, a large lounge/dining area and an open plan kitchen. Must be viewed to fully appreciate all that it has to offer.



Four 1 bed, 1 bath (2 x ground, 2 x 1st floor) apartments on this sought after complex with lovely pool and sunbathing area. Each has been tastefully refurbished and furnished and has a good-sized lounge, American kitchen and sunny terrace.



Recently refurbished, fully furnished and equipped, 1 bed, 1 bath apartment on this sought after, sea front, colonial-style 4.5 star 'Touristic' complex with 3 pools (a heated one at the front door!).



Front line 1 bed, 1 bath apartment set in a great location. The property is currently undergoing a refurbishment. There is a nice terrace that can be accessed from both the bedroom and the lounge.



Fully furnished, 4 bed, 3 bath villa with private heated pool and fully equipped gym. Plus self-contained guest apartment with bodega, artist's studio/office, and 2,000sqm plot.



2 bed, 2 bath apartment on complex with 2 communal pools. The property has a lounge, American kitchen, terrace with views to Teide. Parking space and storeroom included.



Unfurnished 2 bed, 1 bath, fully refurbished apt with good size lounge, American kitchen, community roof terrace, and private underground garage space. Low community fees.



Fully furnished 1 bed, 1 bath apartment (61m²) on 1st floor with sea views, and 7m2 terrace. There are 2 community pools and the price includes a parking space and storeroom.



Lovely and spacious 1 bed apt. which has been converted to a 2 bed. Sold fully furnished, the property has a lounge, American kitchen, and good size terrace. Communal pool.



Luxury, fully furnished penthouse apartment with 1 bed, 1 bath, lounge and American kitchen. There is a terrace of 16m² and a roof terrace of 60m² with lovely sea views. Also included in price is a private parking and storeroom.



First floor, fully furnished, 2 bedroom, 1 bathroom apartment with good size lounge and separate fitted kitchen. There is a large terrace of 16m2.



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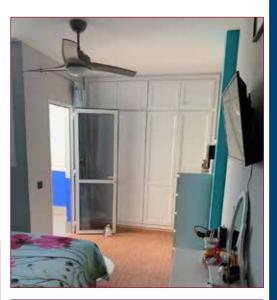


Part-furnished, fully renovated to a high standard, 2 bed (both double), 1 bath (with modern 'walk-in' shower), 2nd floor apartment in popular Canarian village. The property has a spacious lounge/dining area with newly glazed patio door, an American-style fully fitted kitchen, a small front balcony plus a rear balcony with stunning views of the coastline.

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Pound plunges on worrying UK data

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

Latest currency news

The pound has fallen sharply over the past two weeks after GBP investors were alarmed by some disappointing UK data. This has seen GBP/EUR slip from 1.19 to 1.18, whilst propelling EUR/GBP to 0.84. Meanwhile, GBP/USD plummeted from 1.30 to 1.27, whilst EUR/USD retreated from 1.08 to 1.07.

What's been happening?

The pound fell to multimonth lows in the past couple of weeks. These losses were mostly focused towards the end of these two weeks as an abysmal retail sales print raised fresh concern over the UK's cost-of-living crisis as well as denting Bank of England (BoE) rate hike bets. A dovish rate decision by the European Central Bank (ECB) weakened the euro in the run up to Easter. But Emmanuel Macron's victory in the French and hawkish election comments from ECB vice president underpinned a subsequent recovery in EUR exchange rates.

At the same time, the US dollar has trended broadly higher, underpinned by Federal Reserve rate hike bets as well as a souring of market sentiment.

What do you need to look out for?

The BoE's May policy meeting will be a key focus for GBP investors over the

next couple of weeks. Will the bank stay its hand and sink the pound?

An expected 50basis points interest rate hike from the Fed is likely to underpin the US dollar over the next couple of weeks, especially if the US central bank hints at more to come.

Finally, a renewed focus on the war in Ukraine as Russia refocuses its forces in the

east could infuse fresh volatility into the euro.

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Liege-Bastogne-Liege:

Cycling's oldest spring classic celebrates 130 years of torture

By Matt Warwick, BBC Sport



Bernard Hinault's five Tour de France victories remain a joint record

The oversized snowflakes fell softly and silently, settling among the pines like a picturesque Christmas scene.

By the roadside, spectators in heavy winter coats watched team cars and motorbikes struggle up one of Liege-Bastogne-Liege's countless climbs, tyres spinning in the slush as they pursued one man on a bike. It was April 1980 and Bernard Hinault, almost unrecognisable beneath a big red balaclava, slewed doggedly on, further into the lead, somehow remaining balanced on the two wheels beneath him. He was under such physical strain that he would do himself permanent damage. Pushing his body to its very limit, he raced through the Ardennes in search of victory in the race known as 'La Doyenne' - the old lady. So bad were the conditions that several of cycling's best riders collected their number from organisers and then never lined up.

After just 70km of the 244km one-day race, 110 of the 174 entrants were al-

ready holed up in a hotel by the finish line. Only 21 completed the course. Hinault suffered frostbite. Rarely do you see such attrition in cycling, but Liege-Bastogne-Liege, which celebrates its 130th birthday on Sunday, has been making and breaking the toughest competitors for years.

Hinault was 25. He had already won the Tour de France twice and would go on to win it a further three times, an icon of his sport in the making. His total of five Tour victories remains a joint record. But this was a different challenge - a long way from the searing heat and sunflowers of summer. One of the five prestigious 'Monument' one-day races in cycling, Liege-Bastogne-Liege is celebrated by many for being the very antithesis of the Tour.

In the hills of east and south Belgium the peloton is stretched through thick, damp forest, over short, sharp climbs and across tricky, part-cobbled sections before landing back where it all began in Liege. "[The race is] already hard, it's long, and when I won it was in very tough conditions, especially the snow," says Hinault, now

TO IN LINCOLL

THE IN RUGGLIK

Liege-Bastogne-Liege features a torturous succession of short, sharp climbs

aged 67. "Yes, I considered quitting if the weather conditions persisted. We started having difficulties. It's difficult in Liege-Bastogne-Liege."

Hinault's account of one of his greatest triumphs is characteristically tacitum. Tough conditions is a severe understatement. And in the racing he didn't have it all his own way, either. With around 91km to go, approaching the 500m Stockeu climb, Rudy Pevenage was two minutes 15 seconds ahead of Hinault and a small chasing group.

Pevenage was one of the hard men of the spring classics. He was a Belgian with a big lead, in conditions many locals would feel only a Belgian could master. But even he did not finish a race that truly separated the men from the legends. 'Neige-Bastogne-Neige,' as it would be

On the next climb, a 500m ascent of the Haute Levee, Hinault and a small number of fellow pursuers caught up with Pevenage. Then Hinault launched his attack, bright red balaclava and thick blue gloves disappearing into the distance as his stunning acceleration left everybody behind.

There were still 80km to ao.

For just over seven hours Hinault was out there. For much of that time he persisted alone through freezing temperatures. It was brutal, but he would not let up, further distancing his rivals. The persistence in the pursuit of glory came at a price though. "The sensation of frostbite is that you no longer feel your fingers," he says. "Today, when it is very cold, my hands get cold very quickly, and my fingers hurt."

When Hinault came over the line, he was nine minutes and 24 seconds ahead of second-placed Hennie Kuiper, who famously remembers wondering where all the race officials and press were when he arrived. Their attention was focused fully on Hinault, possibly in disbelief. Some, such as 11th-placed Gilbert Duclos-Lassalle. don't even remember crossing the line. Others, who had long since abandoned, only recall that Hinault saluted in the direction of the hotel where they were all congregated - as if they needed reminding who was in charge that day. But even Hinault must have been surprised at the gap he created? "Not really, because when I found myself alone, I raced," says the man known as 'The Badger' for his aggressive approach. "I think that already very young, I had this desire to win. When I found myself in front, I didn't ask myself any more questions."

Established in 1892 on the same principle as the Tour de France - to promote a newspaper, L'Express -Liege-Bastogne-Liege rarely fails to test riders. Hinault's 1980 win is the stuff of legend. But one man has his own statue at the Stockeu climb: Eddy Merckx. Why him and not Hinault? The Badger won it twice; Merckx five times - more than any other rider. He is, after all, the sport's most decorated. And he's Belgian, not French. Plus, Merckx, now 76, outdid Hinault's effort by 12km on his most famous victory in 1971. In similarly snowy weather, 'The Cannibal' took off from his pursuers with 92km to go, and still had enough energy to outsprint Georges Pintens on the line following the latter's



Riders tackling the Cote de Saint Roche in 2012

heroic late comeback.

As this grand old race reaches its milestone of 130 years on Sunday, one rider has one last chance to match Merckx.

Aged 41, Alejandro Valverde was born just one day after Hinault's 1980 victory. He has won the race himself four times: in 2006, 2008. 2015 and in 2017. That year, victory came the day after his close friend Michele Scarponi died in a training accident. "It is a very beautiful race," the Spaniard says. "All of these races are very beautiful, really any of them, but the year I won after Michele Scarponi was more special. "I fell in love the first year I took part in 2005. It's a really hard course, very demanding. I like the atmosphere, and doing monuments is always very special. It suits my characteristics really well. "Man, I would love to win a fifth time. To achieve that is a great aspiration of mine."

After its 108th edition on Sunday, Liege-Bastogne-Liege will say farewell to an-

other legend in Valverde. The 2018 world champion and 2009 Vuelta a Espana winner will end his career after the 2022 season. But the fabric of the race - its roll-call of unlikely winners, its often awful weather, its physical challenges - will endure. Tyler Hamilton, the American rider who retired in 2008, described Liege-Bastogne-Liege as a "cruel, 257km painfest... that some consider to be the hardest single-day race on the calen-

It's also a unique race, one that resolutely remains a reflection of Belgian cycling culture, where thousands of fans of all ages gather, some with a strong Trappist beer in hand. "Even in the bad conditions people were always by the side of the road," says Hinault. "And that's what's fantastic about Belgium - it's that everyone loves cycling."

Coming from a Frenchman, whose fingers still burn to this day thanks to The Old Lady, that's quite the compliment.



Valverde celebrates victory in the 2015 Liege-Bastogne-Liege

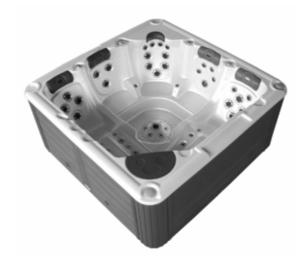




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New Zealand's town that needs a passport

By Alexia Santamaria, BBC Travel correspondent



Every other January, visitors flock to the quirky Republic of Whangamōmona to celebrate a place that "refused to be swallowed up".

Sometimes geographical features are named aptly, and New Zealand's Forgotten World Highway is definitely one of those.

Driving from the town of Taumarunui to Whangamōmona in Taranaki in the western part of New Zealand's North Island, makes you feel like you're winding through a part of the world that time forgot. It's a place where moas (now-extinct 8ft flightless birds) crashed clumsily through the forest and thick green vines and ferns twisted their way around ancient kauri and totara trees, the lush darkness punctuated only by magical shafts of green light stabbing through the forest canopy. The 87km road is twisted and unforgiving, but the pristine bush and scenic saddles make it worth it, as you drive towards the Republic of Whangamomona, or "the Republic", as locals sometimes like to call it.

This tiny, remote town is well known in New Zealand as the place that refused to

be swallowed up by new zoning regulations in the late '80s and consequently declared itself independent. It even has its own "passport". In fact, if you happen to turn up on Republic Day, held biennially in January, you can't actually enter the town without a one. It's obviously all a bit tongue and cheek, but it does stem back to a time when it was somewhat less of a joke - to 1989, when alterations were proposed to regional borders that would move Whangamōmona from Taranaki Province to Manawatu/Wanganui.

Gaylene Coplestone remembers it well. "David Walter was the mayor of Stratford District Council [the nearest big town] at the time. He was a good friend of ours and obviously very involved in local politics. He wasn't too pleased when they announced the borders were going to move."

The story goes that Walter was at the pub with some locals who were discussing how they shouldn't just take these changes lying down, and he said, "well you're all pretty revolting, why don't you revolt?" It was a light-hearted



Republic Day, held biennially in January, includes events like sheep racing

test. "No one had any clue back then how much it would put Wanga on the map," said Coplestone.

The idea quickly gained momentum, and on 2 No-

suggestion, but it sowed the

seed for a novel way to pro-

momentum, and on 2 November 1989, The Taranaki Daily News reported, "It [Whangamomona] declared itself independent in protest at being taken from Taranaki to form part of the new Manawatu/Wanganui gion." There was a gathering of more than 400 people (a large crowd for a small, remote village) all - peacefully - showing their dissatisfaction with the government's decision to change boundaries and leaving residents dealing with a regional council they feared would not support their tiny rural town.

No one had any clue back then how much it would put Wanga on the map

And so, it began. From that gathering of 400 people, Republic Day continues to be commemorated until now, bringing in up to 5,000 people at its biggest turnout. Visitors travel from all over New Zealand to attend the quirky celebrations. Vicki Pratt knows all about it, being one of the owners of the Whangamōmona Hotel, which is the centre of all township activity.

"On any normal day there's only 120 people in the whole region; in fact, only 10 who live in the town – and most

of those are my family," she laughed. "But on Republic Day we regularly have up to 2,500 people."

The event is small-town New Zealand fun at its best: sheep racing down the main street; market stalls selling arts and crafts; dog trial demos; wood chopping; gumboot throwing and eel catching. The small fee – around NZ\$5 – that you pay for your passport goes directly to the upkeep of the local community.

To add to the festivities, a "president" is elected every Republic Day. Currently occupying the seat of power is John Herlihy, who says that he "was kind of bulldozed into it by neighbours and grand-kids in 2017". He added: "It all seemed like a bit of a laugh but when it came to the day, I was nervous driving down the road in front of thousands of people."

Herlihy remains the only living current or ex-president (unless you count Pratt, who stepped in as an interim when a president died



The Forgotten World Highway is one of the most scenic drives in New Zealand

lihy, "but realistically the tourism it brings does help our remote community. We make NZ\$15,000 from passport sales on Republic Day and another NZ\$15,000 through the year with visitors wanting to get their passports stamped." This supports the town and the wider farming community significantly, with school needs, the upkeep of the hall and the church, and sending kids off on excursions like Spirit of Adventure (a well-known New Zealand vouth development course

because of that you need to care for others – as well as be resourceful and resilient. There's no doctor, dentist, rubbish collections; we're an hour from the nearest town. We are strong Taranaki people and it's not really surprising we became a republic; we were already kind of independent."

This is a sentiment echoed by the current mayor of Stratford. "The declaration of independence was initially a protest and a bit of a middle finger to authorities," said Neil Volzke. "But it has grown way beyond that now. It really shows the true Kiwi spirit of innovation and independent thinking still exists, and that small places like Whangamōmona have a really strong sense of community. I think mocking the authorities comes as a bonus - you've got to love it!"



A "passport" costs NZ\$5, and visitors need one to enter the town on Republic Day

in office). Ian Kjestrup (the first elected president) and Murt Kennard (who presided from 2005-2015) have both passed away, not to mention Billy the Gumboot goat (there were rumours of poisoning) and Tai the poodle who died of old age (despite speculation of an assassination attempt by another dog). No, you don't have to be human to be president of Whangamōmona; Sherman the cockatoo. Eunice the sheep and other animals have also run for election.

It's obvious people in these parts don't take themselves too seriously. "It's all been a bit of fun," said Herthat takes place at sea).

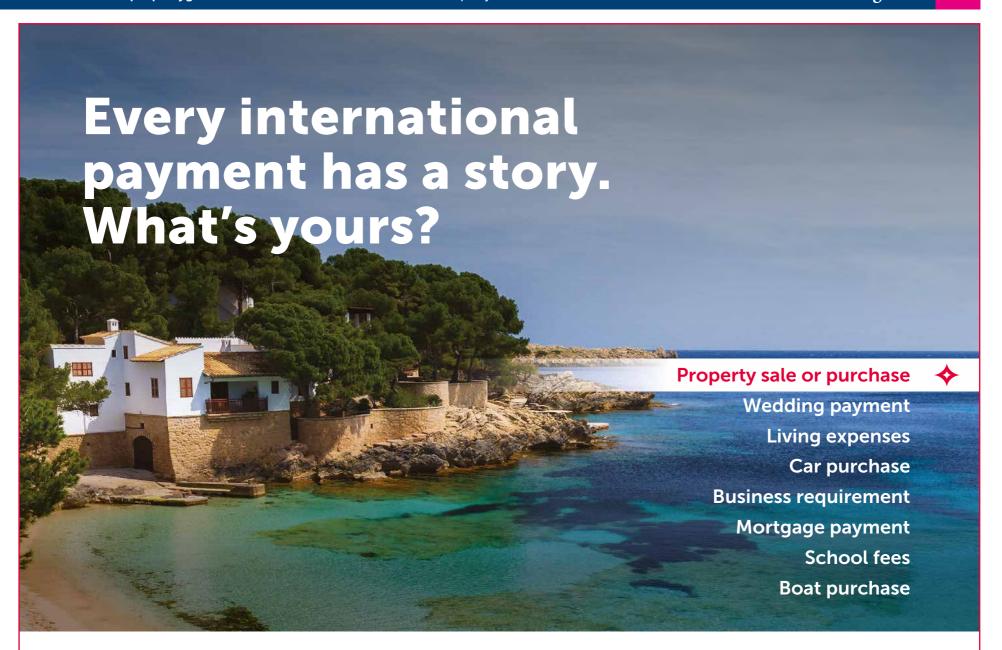
Like most residents, Herlihy loves living in "Wanga"
even though it's so far from
many modern conveniences.
"It's old-fashioned New Zealand at its best," he said. "A
neighbour broke his arm recently, and the next thing
you know there are 10 people ringing up to see what he
needed a hand with, docking
or shearing or whatever."

Pratt agreed. "When you live somewhere like this you have to help each other. It's not out of the ordinary to drive half an hour to take petrol to someone who has run out on the Forgotten World Highway. It's so remote, and

We are strong
Taranaki people
and it's not really surprising we became a republic; we
were already kind
of independent

This spirit can't be denied. New Zealanders have a history of paving their own way, even when it goes against the general flow - like the alternative style of boat building that finally lead them to victory in the 1995 America's Cup or the anti-nuclear stance of the 1980s that saw international nuclear-armed ships banned from their shores. This little town lost in some of the North Island's most primeval landscapes is the living embodiment of "sticking it to the man" when it's necessary.

And while it wasn't the original intent, it hasn't harmed that a bit of fame and some tourist dollars have come as part of the independence package.



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The history of the Cornish Pasty



When going on holiday to Cornwall, you'll probably find a Cornish pasty between your hands at one point or another.

What you might not realise, however, is that the origins of the pasty go back at least eight centuries! Here we give you a brief rundown of what has made the pasty Cornwall's most treasured food.

Origins of the Pasty

Although it is widely believed that we can thank the wives of the Cornish miners for the wonderful invention that is the pasty' its origins do, in fact, date back at least 800 years. First documented in the 13th Century, under the reign of Henry III, bakers in Norwich were accused of reheating three day old pasties and selling them on to make a profit.

Pasties then continued to cause a bit more trouble for the pastry-makers. In 1350, a ban was put in place in London to prevent shops selling their rabbit and pastry concoctions for more than a penny! Despite these pasties being assembled a little differently than to how you would expect today, it did allow people to discover that meat could be wrapped up inside the pastry this way.

Influence of Cornish
Mining

It wasn't until the 19th Century that the Cornish pasty that we all know and love first became recognisable to us. After the third mining boom in the 18th century, the Cornish mining industry was flourishing. Some of the areas, such as Gwennap and St Day, were among the richest in the world and, at its height, the tin mining industry in Cornwall owned around 600 steam engines.

Men going into the mines needed a transportable, yet filling, lunch option that they could take with them. Known as the first convenience food, the filling would often consist of a potato and vegetable filling. The mixture placed in the middle of the pastry would be made very cheaply, but would be highly calorific to provide the miners with the energy that they needed to get through the day.

It was the thick, pastry casing that made it so easy for people to carry with them, as well as the shape, which was the right size for hands to hold. Alongside this, wives could customise the outer

pasty shell by engraving family members initials into the crust with a toothpick to ensure that they were eating the right one.

Besides from it being a perfect handful, it has also been suggested that the 'D' shape of the snack allowed miners to hold the crust whilst eating before throwing it away, so as not to contaminate the food with their potentially arsenic-ridden hands. Arsenic was a huge problem for the miners, after it was discovered alongside the copper ores at mines such as Callington. In fact, the arsenic issue was so toxic that most people who came into contact with it died before reaching middle age.

Rising Popularity of Pasties

Towards the start of the 20th Century, pasties were becoming widespread, produced on an industrial scale and an essential for families. Women cooking pasties would shout into the mines "Oggie, oggie, oggie", receiving a reply of "oi, oi, oi" when the miners were ready to eat. It is because of this that the British traditional rhyme came about, which is still used today.

Today, there are a wide variety of flavours available



across the country. But don't worry about it losing its place of origin. The pasty has been registered by the European Union as a Protected Geographical Indication, which means that is is protected due to being a regional food.

What makes a pasty?

So what should you look for when wanting to get the most authentic pasty possible? The minimum percentage of meat that a pasty should have is 12.5%, with at least 25% more of the pasty being filled with vegetables.

No meat other than beef should be used if you want to have the most authentic experience, and the vegetables used in the filling should not deviate away from the specified mixture of potato, swede and onion

Another interesting element that goes into the creation of the pasty is that none of the ingredients should be cooked before being placed in the pasty, although it does not matter which pastry is used to form the outer shell.

Who owns the Arctic and should they drill for oil and gas?



Acourt case is under way over whether energy companies can drill for oil and gas in the Arctic.

Environmental activists are taking Norway's government to the European Court of Human Rights (ECHR) because it is allowing exploration. It's being seen as a test case for how much of the area's natural resources can be exploited.

Who owns the Arctic and how much oil and gas is there?

The Arctic Circle may con-

tain 160 billion barrels of oil and 30% of the planet's undiscovered natural gas, the US Geological Survey estimates. States with territory and territorial waters within the Arctic Circle are Norway, Russia, Sweden, Finland, Iceland, the US. Canada and Denmark (which owns Greenland). Because the Arctic is mostly sea there is no international treaty protecting its environment from economic development, as there is for the Antarctic. Global warming means more of the ice covering the northernmost region of the world has melted, making drilling easier.

What's the Norway court case about?

Since 2016 Norway Western Europe's largest oil producer - has granted a number of licences to explore for oil and gas in the Barents Sea, inside the Arctic Circle. In 2021, six young Norwegians and two environmental groups, Greenpeace Nordic and Young Friends of the Earth, brought a case to the ECHR against the Norwegian government's policy. The activists argued that "by allowing new drilling in a climate crisis, Norway is in breach of fundamental human rights". They say that drilling in the Arctic could pollute the polar ice sheets and cause them to melt at a fast-

They have cited Article 2 of the European Convention of Human Rights, which protects the right to life, and Article 8, which protects the right to a family life and home. "By complaining," said campaigner Mia Chamberlain, "we might have a chance of stopping this catastrophic oil drilling". Lasse Eriksen Bjoern, an activist from the indigenous Sami people of north-

ern Norway, told Reuters that drilling could damage Arctic fisheries and endanger their way of life. Three Norwegian courts rejected their case, but the ECHR is taking it seriously and asked Norway's government to make its defence. On 26 April it replied, saying that Norway is already co-operating with international efforts to tackle climate change and is aiming to achieve net zero carbon emissions by 2050. It said it would be harmful to Norway's society to curb oil and gas production before more reliable renewable energy is available.

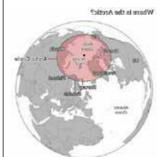
The ECHR (European Court of Human Rights) is considering making this an "impact case", meaning that its ruling in this case could set a precedent for similar cases throughout the European Union. If it does so, it could make a ruling in the next few months.

Who else is drilling in the Arctic?

Russian oil companies have been operating in the Arctic for more than a decade. Two years ago, there was a major oil spill in its Arctic territory. The US is proposing to let oil companies drill in northern Alaska, despite the huge Exxon Valdez oil spill in Alaska in 1989.

What rights do countries have in the Arctic?

All countries with territory in the Arctic Circle have rights over the sea-floor close to their own shores. They can also establish exclusive economic zones, stretching up to 200 nautical miles (370km) from shore. In these zones, they have the right to fish, build infrastructure and extract natural resources. Countries can extend these zones, if they can show that their land masses go further into the sea. There is currently a dispute over who owns a 1,070-mile long (1,721 km) chain of undersea mountains called the Lomonosov Ridge,



800

which runs through the North Pole. Canada, Russia and Greenland all claim it as their own. Whoever eventually succeeds can also claim the 55,000 square miles of sea around the North Pole. In 2007, Russian explorers alarmed its Arctic neighbours by planting its national flag on the seabed at the North Pole.



The six activists trying to ban oil and gas drilling in Norway's Arctic seas. Lasse Eriksen Bjoern is centre, top. Mia Chamberlain is second on the right.

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Earth Day – and the untold story of environmental progress in the UK

Fraser Nelson, Editor, The Spectator



n Earth Day (22nd April), it was a good opportunity to look at mankind's amazing environmental progress.

But good news tends to be treated like a dirty secret: in her recent column, my colleague Mary Wakefield wrote how a 'dark green' orthodoxy of negativity is being taught in schools with kids given an unduly gloomy view of the world. That was certainly the story of the first Earth Day in 1970: that the world's resources would be drained in proportion to population growth. (China took this to heart and implemented the one-child policy.)

The various 1970 Earth Day predictions can be

summed up by this from Pete Gunter, a Texas university professor. By the year 2000, he said, 'the entire world – with the exception of Western Europe, North America and Australia – will be in famine.'

At the time, 34 per cent of the developing world was undernourished. Now, it's 13 per cent. We have lived through a golden era of global poverty reduction. So, what went right?

MIT's Andrew McAffee devotes a chapter to Earth Day in his book More from Less. We're learning to tread more lightly on the planet, he argues: instead of abandoning economic growth as was advocated on 1970 Earth Day we have done something more profound: uncoupled economic growth from the use of resources. In a way

that was seen to be impossible by the founding fathers of the environmentalist movement. I was struck by figures in his book and wanted to see how far his arguments apply to the UK. Some of the results are below: they're odd metrics, not ones you often see quoted. But they're pretty amazing, and show how we're using less of the earth's resources in spite of a far-bigger population and economy.

1. Collapse in UK air pollution. Sulphur dioxide is now down by 98 per cent. The PMs (particulate matter) that city mayors get worked up about is down 80 per cent or more. Technology has allowed cleaner manufacturing – and of course, we're offshoring a lot more of it to China.

2. Farmers getting more from less. Ammonium is a problem, seeping into rivers via fields. But farmers, too, deserve a shout-out for reducing the use of fertilisers. This peaked in the 1980s and since then, the total amount of nitrogen put on fields has fallen by 39 per cent, and the amount of phosphate has fallen by 66 per cent. And yes, crop output has fallen in that time - but only by a small amount (5 per cent) while overall agriculture output is actually up by 5 per cent.

3. UK energy consumption peaked in 2001 - and has fallen 31 per cent since then. And the UK economy has grown by 33 per cent over the same period of time. This is a classic example of decoupling: we're doing and making more than ever, but using a lot less energy to do so. Total inland consumption of primary energy has fallen from the equivalent of 236 million tonnes of oil equivalent in 2001 to 191 million tonnes in 2018 (minus 19 per cent). There was an even larger drop in 2020 due to Covid.

4. We're travelling less, too. The Earth Day fears were that an ever-larger population would inflict an ever-greater carbon footprint by travelling. But technology means we don't need to do this so much: in fact, the number of miles travelled in this country peaked in 2002 and has fallen by 9 per cent since then with a further Covid drop after that.

5. New cars get more mileage from less fuel. The average new car has become 52 per cent more fuel-efficient than in 1997: from 34 miles per gallon to 51.7 (petrol) and 40.2 to 61.2 mpg (diesel).

6. And our carbon emis-

sions? They peaked in 1973. It's right to worry about our carbon emissions, but wrong to understate our incredible progress on this front. Even if you go back to 2010 Britain has made more progress than any G20 country: whether you count carbon emissions from Britain, or caused by British consumption (i.e. including imports). Per capita CO2 emissions are below the 1860 level!

I'm not a great one for ministers telling schools what to teach. But there is a risk that a curriculum that does not inform children about this progress robs children of perspective and can sow despair.

Earth Day will always be a time to focus on future challenges, but it can also be a time to reflect on progress – and on how the environmental project worked. In his book, McAfee refers to the 'four horsemen of the optimist' – capitalism, public awareness, responsive government and tech progress.

Things are good and getting better: a 'bright green' agenda for a greener, cleaner planet in a way that does not sacrifice growth is not possible but is the story of the last 50 years. We should not lose sight of that fact.

What is Eid and when is it?

With thanks to the BBC News website



Millions of Muslims around the UK and the world are about to celebrate the festival of Eid al-Fitr.

Eid - as it is more commonly known - is one of the biggest celebrations in the Muslim calendar.

What is Eid al-Fitr?

Eid takes place at the end of Ramadan - a month of prayer and fasting. The name "Eid al-Fitr" translates as "the festival of the breaking of the fast". Like the beginning of Ramadan, Eid begins with

the first sighting of the new moon. For most Muslims in the UK, this was on the evening of Monday 2 May.

What happens at Eid?

Many Muslims will have attended Eid prayers at their mosque early on Tuesday 3 May. In the Middle East, these are held straight after the Fajr morning prayer. In the UK, it's any time from 07:00 onwards. It's a tradition to wear new clothes and on the way to the mosque, to eat something sweet, such as a date, and recite a short prayer, called a takbeer.

Before Eid prayers, every

Muslim is obliged to make a donation to charity called Zakat al-Fitr to help feed the poor. In many countries, Eid al-Fitr is a public holiday - many people enjoy large meals with friends and family. It's also common for elder believers to give money to children and younger members of the family. If you want to wish someone well at Eid, the greeting is "Eid Mubarak".

What is Ramadan?

Ramadan is the Arabic name for the ninth month in the Islamic calendar. It is considered one of the holiest Islamic months. Observing the fast during Ramadan is considered one of the Five Pillars of Islam. These are five principles which Muslims believe are compulsory acts ordered by God. Muslims believe that some of the first verses of the Islamic holy book, the Qu'ran, were revealed to the Prophet Muhammad during the month of Ramadan. Extra emphasis is placed on reciting the Qu'ran at this time. Fasting is considered to be an act of worship, which enables Muslims to feel closer to God and strengthen their spiritual health and self-discipline.

How does this work in practice?

Muslims have an early morning meal before dawn, known as suhoor or sehri. They break their fast after sunset for the evening meal, called iftar or fitoor. Ramadan is also a time when Muslims are encouraged to give to charity, strengthen their relationship with God and show kindness and patience. During this month, many believers also perform an additional night prayer called Taraweeh. This only takes place during Ramadan.

Was Ramadan back to normal this year?

Most Covid restrictions in the UK have now been scrapped, so many people have returned to normal practices - for instance, inviting friends and family over for iftar. East London Mosque has been catering for more than 500 people every evening during Ramadan for iftar events and Taraweeh prayers. Mosques - like other places of worship - are no longer required to enforce social distancing, although some people may prefer to maintain it.

How are the dates for Ramadan and Eid set?

The Islamic calendar follows the 12-month lunar calendar. The month of Ramadan is the ninth of the year, and Eid is celebrated at the beginning of the 10th month, Shawwal. Each month begins with the sighting of the new crescent moon and lasts either 29 or 30 days. In the past, this was done by the naked eye, but in recent years, telescopes and technology have been used.

Muslim countries are spread across a large geographical area, from Indonesia to Morocco, meaning that some Muslims may see the new moon earlier than others. "Traditionally, Makkah [Mecca in Saudi Arabia] was the centre of sighting the moon." savs Prof Muhammad Abdel Haleem, from the Centre of Islamic Studies at London's SOAS (School of Oriental and African Studies). "Sometimes even in the Middle East, neighbouring countries will say they've seen the moon on different days," he says. The lunar calendar is about 10 days shorter than the Western calendar, which is based on the cycle of the sun. This means that each year Ramadan starts about 10 days earlier than the previous year and over time gets earlier and earlier in the year.

Who fasts during Ramadan?

Fasting should only be done by people who are in good health. Some Muslims are exempt:

- Those who are sick or ill and whose health will be affected by fasting
- Children although some may begin to practise fasting from a young age
- Pregnant and breastfeeding women
- Menstruating women
- Travellers

What's Eid al-Adha?

Although Eid al-Fitr has become a well-known event in the UK, this is not the only Eid celebration in the Islamic calendar. Eid al-Adha is celebrated during the month of Dhul-Hijjah. This is the month where Muslims from across the world make the pilgrimage to Mecca known as Hajj.

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solution to Rising Damp in Canarian Type Constructions was the Electro Osmotic System coupled with the use of quality bonding and rendering mortars (all products produced by the Wykamol Group in the U.K,). Kendel have been sole importers and installers of Wykamol Products since 1995 throughout the Archipelago.

DAMP PROOFING

Rising damp occurs when unprotected, porous materials (blocks, bricks, stone, wood etc) are in contact with damp earth:

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- It can be a health hazard due to the increase in fungi and mould growth
- It often leads to timber decay or discoloration, particularly with unprotected timbers
- It causes damage to plaster and rendering
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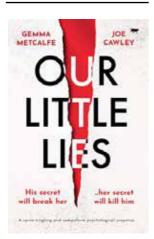
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Tenerife's very own international best-selling author!

award-winning auscreenwriter, travel writer and copvwriter.

He lives in the hills of Tenerife with his family and an assortment of other wildlife. His first book. More Ketchup than Salsa, was voted 'Best Travel Narrative' by the British Guild of Travel Writers and went on to become a Kindle bestseller. Joe's work has been published in many national and international publications including The Sunday Times, New York Post, Conde Nast Traveller and Taipei Times.

Joe's Books:



A novel of marriage and deception that asks: Is it better to comfort with a lie. or to kill with the truth?

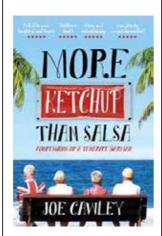
Grace and Justin have been trying for a family for years. So, when Grace finally announces that she

oe Cawley is an | is pregnant, she isn't prepared for Justin's reaction. Why does he act so strangely? Why does he leave and never return?

> Two years later, while at the seaside with baby Daniel, Grace sees Justin-who is desperate to come home, but can't reveal the reason he left. However, Grace too is harbouring a secret, one that won't just hurt Justin-but will destroy him completely.

One thing is certain: their secrets will be exposed. And when they are, neither Grace nor Justin will be prepared for what follows...

"Gemma Metcalfe is a fresh new talent." -Phoebe Morgan, author of The **Doll House**



More Ketchup than Salsa: Confessions of a

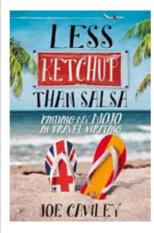
Buying books is immensely comforting. Maybe I won't read them immediately, but they make me feel so much better whenever I'm sad and blue. Just their presence, it's like having more to look forward to. unknown

words bles.

Tenerife Barman

When Joe and Joy swap life on a cold Lancashire fish market to run a bar in the Tenerife sunshine, they anticipate a paradise of sea, sand and siestas. Little did they expect their foreign fantasy to be as exotic as a wet weekend in Wigan.

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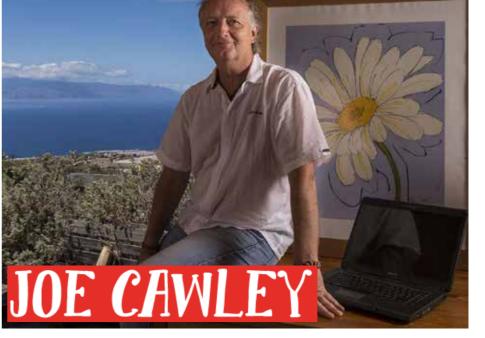


Even More Ketchup than Salsa: The Final Dol-

If the first six months of running the Smugglers Tavern had been a baptism of fire, the subsequent years were about as much fun as bobbing for apples in a vat of acid. The calamities continue in this award-winning series.

"Funny, emotional and identifiable, loved every minute..."

"Another corker from Mr Cawley" "Couldn't put it down. Made me happy, made me sad, then happy



some more."



Ketchup than Salsa: Finding my Mojo in Travel Writing

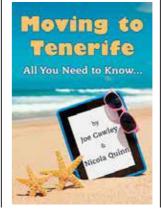
Throw in the patter of little feet, sharp teeth, amputations and a smattering of characters from their Tenerife bar days, and you have another serving of Ketchup - only this time, it's a little more salsa.

With the Smugglers Tavern still a nagging ghost of their past, Joe and Joy free themselves from limpet-like patrons, battle once more with Spain's bungling bureaucracy and dip a toe in numerous but short-lived careers to stop their bar money evaporat-

Less Ketchup than Salsa is a true story about growing up, finding your dreams in the most unexpected of places and discovering what's truly important in life.

"Absolutely brilliant books!" "Had me hooked right from the start to the finish." "Easy reading at its best... buy these books, you won't regret it!"

Moving to Tenerife: All



you need to know...

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"Great, easy to understand stepby-step guide." "For anyone serious about starting a new life in Tenerife this is an essential guide." "Put my mind at ease... Wish I'd seen this earlier!"

From Las Chafiras Bookshop: Copies of Joe's excellent books can be purchased/ordered here. Call us on 609 714 276, or email george.thetpg@ gmail.com to arrange to collect/or delivery.







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MOTORWORLD

Routine Car Repairs/Maintenance

With thanks to Emma Swain, Motorworld, Las Chafiras

Then we purchase a car, we normally check it over and put right any small things that we don't like or feel might need attention.

No second-hand car is perfect, that goes without saying, nor should anyone expect that.

What we should all be mindful of though, is that routine maintenance such as a service or an oil change, should be carried out at regular intervals. If you do this, it is less likely that you will face any major problems or damage in the long run. For example, by carrying out routine maintenance, if your car is losing water, has a leak, or is low on oil, finding this out in advance can often prevent

major issues, from running without water, such as the engine seizing, which you may not necessarily have noticed.

We should also check our tyre pressures, and water and oil levels as a matter of course (even you, ladies!). Running your vehicle with incorrect tyre pressures can result in the vehicle feeling very "lumpy-"giving a less than smooth ride. This can also affect fuel consumption so, in the current economic climate, we should all be trying to save money wherever we can but not at the expense of potentially putting our lives at risk by driving an





unsafe vehicle!

These tips also apply to new cars because even though they have not done a lot of kms, getting into the routine of undertaking basic maintenance will ensure we are less likely to be stranded far from home in a broken down vehicle.



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France's 130km Mimosa Route

By Chrissie McClatchie, BBC Travel



Showcasing eight towns and villages, the stunning road brings a different kind of sunshine to the French Riviera, when the region breaks out in giant brushstrokes of rich yellow.

As the snow-capped peaks of the Maritime Alps faded into the distance behind me, I followed my guide Maddy Polomeni further along a corridor of golden mimosa blossoms as we hiked towards an abandoned quarry in the Massif de l'Esterel mountain

Although it was the latter end of the flowering season, there was still an abundance of blooms along this trail, unlike many of the other mimosa circuits higher up in the peaks behind us.

The correct term for each bud is glomerulus, but "pompoms", as Polomeni calls them, felt a more fitting name for the fluffy, featherlight balls that filled the late February air with the sweet aroma of marzipan.

"I feel like spring is already here," she said.

These rocky ranges behind Mandelieu-La Napoule, the coastal town west of Cannes in southern France, are home to Europe's largest mimosa forest. For six years, Polomeni has been one of the few registered guides leading small groups along walking trails that criss-cross this dry Mediterranean landscape. Along the way, she's become a point of reference for travellers like me who are following La Route du Mimosa, a 130km road trip that starts in Bormes-les-Mimosas. 35km west of Saint-Tropez, and finishes in the perfume-scented town of Grasse in the Cannes hinterland, an itinerary best travelled between January and March when the region breaks out in giant brush-strokes of rich yellow.

Known as wattle in its native south-eastern Australia, mimosa was introduced to the French Riviera by British aristocrats who flocked to its resort towns in search of winter sunshine. Making its first appearance around 1880, the Acacia dealbata (or silver wattle) they brought in their luggage quickly took to the acidic soils of the French region's mountainous western terrain. "Having found the same growing conditions as back in Australia, the plant spread," horticulturist Julien Cavatore told me.

Pepinieres Cavatore, his family nursery in Bormes-les-Mimosas, stocks more than 180 species of the plant; it has been recognised as one of the country's finest collections by the Condervatoire des Collections Vegeteles Specialeses (a French association modelled on Britain's Pant Heritage).

"One of the things I love most about mimosa is that it blooms during a period of the year when you don't get any other flowers," Cavatore said.

The Route du Mimosa was created in 2002 along existing secondary roads, and while I was surprised to find that it isn't obviously signposted, a brochure is available in local tourist offices (and online) that serves as a guide to the various waypoints and activities. Cavatore said that people often ask why there are not "huge forests of mimosa" as they head off from Bormes-les-Mimosas - in fact, for much of the early stages of the drive, the landscape is the dusty greens and winter browns typical of the season. As he explained, however, the route is more about a theme, a showcase of eight towns and villages that have each developed cultural ties to a plant that has become a symbol of winter on the French Riviera.

From shady Bormes-les-Mimosas, where French presidents have vacationed since Charles de Gaulle first visited in 1968, the route starts along the coastal D559, a two-lane



Mathieu Marchand, executive pastry chef at Riviera institution L'Oasis, created a mimosa-flavoured macaron

road heavy with holidaymakers in search of clean air and sandy beaches in summer but which, at this time of the year, flows freely.

Bypassing Saint-Tropez

for Sainte-Maxime (its lowkey but charming neighbour across the bay), the D559 continues past pétanque courts and waterfront restaurants towards the popular resort town of Saint-Raphaël. The 30km stretch between Saint-Raphaël and Mandelieu-La Napoule, where maiestic red ochre rocks tumble into the sparkling Mediterranean Sea below, is one to savour: known as the Corniche d'Or, the road mimics the twists and turns of the craggy coastline before opening out onto the Bay of Cannes.

Mandelieu-La Napoule is

al selection. "Starting with a cheesecake base, I've placed a caramelised peanut inside and finished with a white chocolate ganache," he said. Less than 2g of the distilled flower essence is used in each individual pastry, yet the bitter-almond and orange-blossom flavours of mimosa are distinct. "Next year, another creation that shows the many possibilities of mimosa will be unveiled," he promised The array of artisanal prod-

the self-styled mimosa capi-

tal – since 1931 it has played host to La Fete du Mimosa, a 10-day programme of pa-

rades and street entertainment held each February. Although the 2022 event was cancelled due to the pandemic, the town is still the perfect stop for an exquisite mimosa-infused pause. In the waterfront neighbourhood of La Napoule, Mathieu Marchand, executive pas-

try chef at Riviera institution L'Oasis, first drew inspira-

tion from the colourful blooms

surrounding his kitchen last

vear, creating a mimosa-fla-

voured macaron that became

a menu mainstay during the

This year, he's added a

delicate cake to the season-

2021 flowering period.

ucts that highlight the plant's attributes as a culinary ingre-

dient is steadily increasing. In Mandelieu-La Napoule's tourist office, a display of locally made mimosa products includes chocolates, honey and even a vodka-based liquor called Mimocello.

However, the profession of mimosistes - or the people who cultivate mimosa - is at risk of disappearing. At the start of the 20th Century, there were 80 growers working out of Le Capitou, Mandelieu's oldest neighbourhood. In the 1920s, whole railroad cars of cut mimosa would leave Cannes and La Napoule for flower markets as far away as Moscow and London, the precious blooms placed protectively inside baskets woven from cane and willow. an entire artform in themselves. Today, only a handful of mimosistes remain,



Maddy Polomeni is one of the few registered guides leading small group along walking trails of La Route du Mimosa

mostly growing the flowers in the land around the Massif du Tanneron, the mountain range between Mandelieu, Tanneron and Pégomas known as the 'Golden Triangle' of mimosa.

In a quiet cul-de-sac in Pégomas, a village dating from the 16th Century just inland from Mandelieu, I found Cécile Reynaud at La Colline des Mimosas, her familv's horticultural business. She was busy wrapping bouquets laden with freshly cut branches for a steady stream of passing customers. Reynaud is a third-generation mimosiste: her grandmother first planted mimosa to sell to perfumeries in the 1930s. Today, their market is cut flowers, supplying more than 100.000 bouquets a year to a mix of individuals and professionals, as well as seasonal festivals. "I'm so infused in mimosa that during the season I stop being able to smell it." she said.

Mimosistes like Reynaud are masters of their art, their ability to manipulate the plant developed over a lifetime of harvests. Nowhere is this more evident than in the forcerie - a temperature-controlled room where branches of yet-to-open buds are "forced" into flowering in hot, humid conditions, for anywhere between six and 36 hours. The technique extends both the life of the cut flowers by up to 10 days and the growing season. The talent of the mimosiste is knowing exactly how long to leave the flowers in the forcerie - "if we leave it too long, there is a point of no return and the flowers fade," she said.

From Pégomas, I drove

the short distance through residential neighbourhoods towards Grasse and the rose, iris and jasmine gardens that supply perfume houses like Chanel and Dior with their raw product. Much of the mimosa currently found in perfumery is synthetic, since its pom-poms are so lightweight that the quantity required to extract enough essence is considered too labour-intensive to use its true form. But there are hopeful signs this is changing: Reynaud was preparing for a visit the next day from a "grand nez" - a perfumer recognised for their ability to compose scents.

"Now that Grasse's perfume-making techniques have Unesco World Heritage status, there's an increased demand for the area's other flora," she said.

Should that be the case, then Grasse's place as the final stop on this floral route is set to acquire an even greater significance. From start to finish, La Route du Mimosa can easily be covered in a day, but two days (the average time most people take, Polomeni told me) is better. Anything more is a bonus. because the real delights of this southern French road trip are found off the main roads and outside of the car - in the forests, greenhouses and kitchens where these tiny rays of winter sunshine have firmly taken root.



Cécile Reynaud is a third-generation mimosiste: her grandmother first planted mimosa to sell to perfumeries in the 1930s

43

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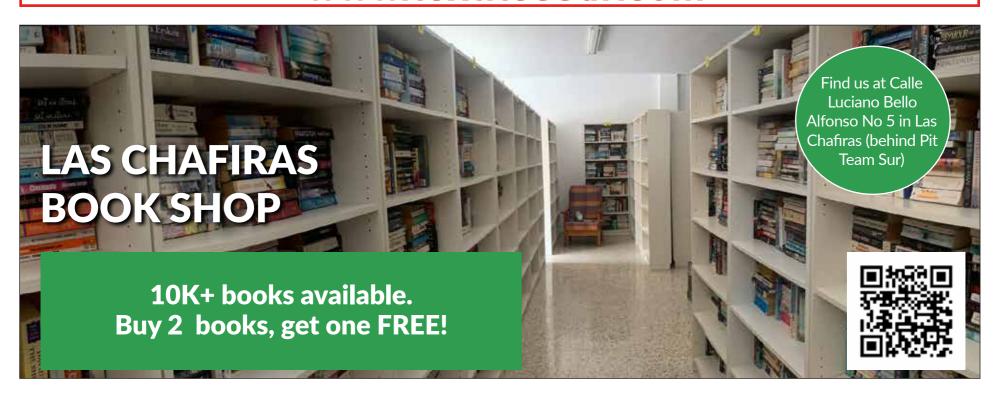


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Some Tenerife Property Guide readers and advertisers will have heard of the One Stop Problem Shop which has been operating for many years. The owner has recently retired and Emma Swain and her team have now taken over the business.

The One Stop Problem Shop offers all sorts of assistance to Non-Spanish-speakers (and sometimes to

those who do too!) including obtaining NIE Numbers, Certificates Empadronamiento, TIE Card exchanges from old style green residencias for UK passport holders, and the Green Residencia for holders of an EU passport. Plus changing over utility bills on new property purchases, assistance at social security offices. Hacienda, Town Halls,

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What's the difference between a Physiotherapist, a Chiropractor and an Osteopath?

an osteopath, a physiotherapist, and a chiropractor may seem like more or less the same job. All deal with musculoskeletal pain, require a university degree, and certification from an accredited course.

While they may seem similar at a glance, the three professions take very different approaches to health, so it is important to understand what sets each one apart from the others before deciding which of these professionals is best for you.

Physiotherapist

Probably the most wellknown of the three job titles, it is worth starting off by drawing a distinction between a physiotherapist and the similar-but-distinct title of physical therapist. While both can be

legitimate careers, it is important to know that only physiotherapists reauire a university degree, while physical therapists receive a narrower range of training over a shorter period of time.

In comparison to oste-

opaths and chiropractors, one of the primary distinctions of physiotherapy is its use of an all-encompassing approach that looks beyond the purely physical elements of an issue, also taking both psychological and social factors into account when treating patients. This means that if a patient were to present themselves to a physiotherapist complaining of back pain, rather than simply identifying the problem area and treating the symptoms, a physiotherapist will attempt to identify why the problem manifested in the

first place, and prevent it from recurring in the future. This means looking at the physical side of things, such as posture and movement patterns, as well as psychological aspects such as stress or anxiety, and social factors such as work habits and hobbies

Chiropractor

Of the three job titles, chiropractors are definitely the most commonly associated with back problems, although some claim it can help with issues such as asthma or sexual dysfunction. But at the same time, chiropractors are also among the most controversial in medical circles. The main feature of chiropractic treatment that sets it apart from physiotherapy and osteopathy is its focus on manipulation, which is when joints are pushed and pulled to their farthest possible range of motion. The belief is that physical pain can be resolved by getting a chiropractor to manually put everything "back in the right place".

Chiropractors are somewhat controversial for a number of reasons. Firstly, their techniques are seen as unnecessarily risky, with chiropractors having some of the highest instances of adverse patient reactions. They are also looked down upon from a scientific perlems is viewed by many as not only ineffective, but meaningless and irresponsible.

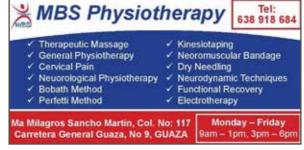
Osteopath

Osteopaths are quite similar to chiropractors in that they also place a lot of importance on manual manipulation, although they tend to be a lot more gentle. The prevailing theory of osteopathy is that the body is at its best when all of its tissues are moving how they are supposed to. Os-

er medical treatment. However, some studies have shown osteopathy to be ineffective in achieving its claims, while others show evidence to support it. The general consensus is that while osteopathy may have science to back up some of its claims, other claims are simply not true, and further research is needed to separate fact from fiction.

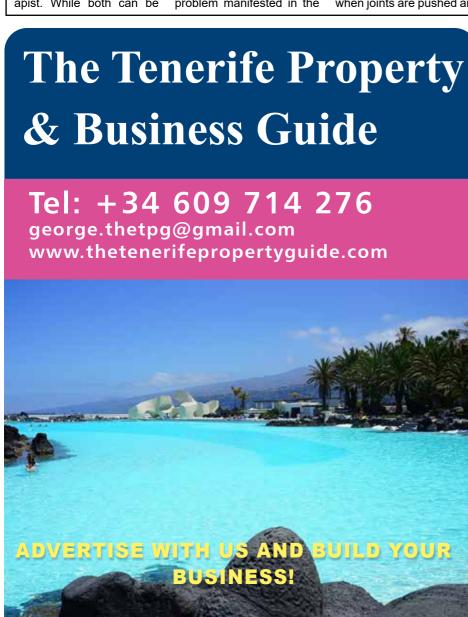
Although these jobs may seem similar, and usually have similar goals, it is clear to see that there is a distinct difference between chirophysiotherapists, practors, and osteopaths. To the average person, these titles may appear interchangeable, but many people will make a different choice when presented with the facts.

While there is a clear frontrunner from a scientific perspective, the key takeaway here should not be to learn the technical difference between these roles, but to realise the importance of researching medical professionals before seeing them. Only then can vou make a truly informed decision.



spective, with one of their main theories having no evidence to even support its existence. "Chiropractic subluxation" is claimed to cause organ problems by disrupting the nerves along the spine, but this has never been shown to actually exist, meaning their attempts to treat it for both back pain and organ probteopaths therefore assess a patient's health by feeling their tissues, and attempting to stimulate movement where they believe it is lacking.

As osteopathic manipulation is so much more gentle than chiropractic manipulation. Many see it as harmless, or even beneficial when combined with oth-





DOG OF THE MONTH



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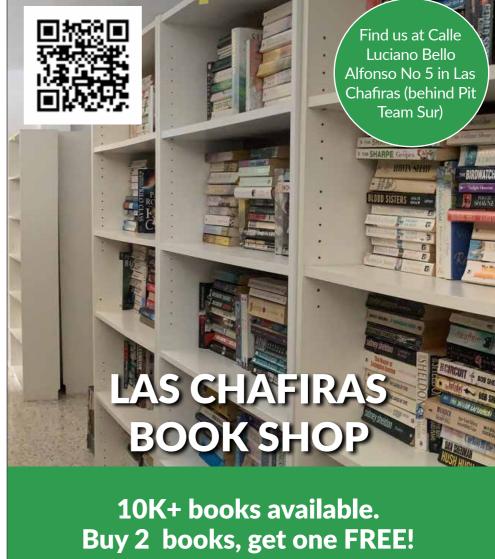
for the life of me figure out why...) but you will have to get a PPP licence for me which a vet will be able to advise you about it you would be so kind as to adopt me.

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Proteccion Animal de Tierra Blanca is located off Junction 15 of the TF-1 by the restaurant Los Chasneros, just 200 metres above the TF-1. They don't ask for adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home.

Contact Rachel on 629 031 273 or cpa.tierrablanca@tragsa.es for more information



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ENERGY PERFORMANCE CERTIFICATES IN SPAIN

MAY 2022 UPDATE

Since June 2013 the total number of Energy Performance Certificates carried out in the Canaries is approximately 284,920, with 2,530 registered in April. This is the third highest monthly total over the last 12 months and just higher than April 2019 before the complications of Covid-19. It illustrates that the property market is still strong with many properties being sold in the Canaries, perhaps with

the islands being seen as a "safe" haven in which to invest for now and the future. Let us hope that this trend continues and that sufficient properties are brought to market to supply the present demand.

This of course groups both residential and commercial properties and those for sale as well as for rent in all of the Islands which together form the Canaries. For those readers not aware of EPC's, they were introduced in Spain and its dependencies by Royal Decree on 5th April 2013, which required that, from 1st June 2013, an EPC must be obtained by the owner whenever a domestic or commercial property is Built, Sold or Rented.

Selling your property

From 1st July 2013 property owners are

required by law to present an Energy Performance Certi-ficate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary will need to see the EPC, termed the Certificado de Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st July 2013, no EPC is required until one tenant leaves and the property is offered for

long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should be able to show you the EPC for your property.

The EPC contains:

Information about a property's energy use and typical energy costs, and ecommendations as to how you may be able to reduce energy use and save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

How to arrange an EPC:

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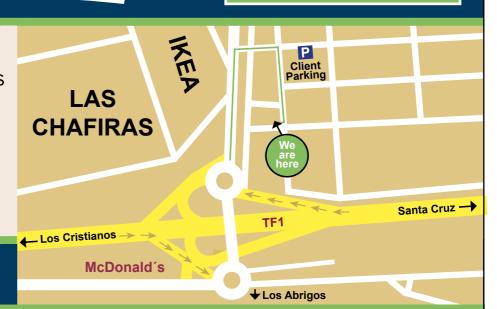


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ADVERTISING AND MARKETING IN TENERIFE

Tenerife Surprise is THE website to get to know the island, whether you want to come for a holiday, or move here permanently, Tenerife Surprise researches, describes and promotes the best professionals on the island to provide solutions for ALL your requests!



Long Term Rentals

€1,999 - €1,000 p/m

Golf del Sur, Apartment

1 bed · Large fourth floor, one bed apartment with sea views on prestigious complex. Available for

Ref: 1749 | Homes & Away | 922

€999 - €650 p/m

Los Cristianos, Apartment €890

2 bed · Lovely large ground floor, 2 bed, 1 bath, Large Terrace, nicely fully furnished, fully equipped for disabled persons, community swimming pools, Private Garage space. Tennis courts. Close to all commerce, bills not included no pets, available now.

Ref: LAPR1079 | Los Abrigos Properties | 922 170021

Playa Paraiso, Apartment €850

2 bed · Modern, fully furnished and equipped 2 bed, 1 bath apartment with aircon and wifi, located in a nice complex with 4 swimming pools and security, and only 5 mins' walk from Fañabe beach.

Bills extra.

Ref: DHT Rentals 003 | Dream Home Tenerife | 617 203 578

Amarilla Golf, Apartment

2 bed · Beautiful property, recently

refurbished, ideal for retired couples. Sea and mountain views, in walking distance from bars and restaurants. Just a 10 mins walk to Marina San Miguel. Pool in complex. Definitely worth a view! 2062 Rentals Tenerife | 606 284883

Callao Salvaje, Apartment

2 bed · Duplex for rent with two bedrooms in Callao Salvaje. It is a furnished duplex and has 103 m2 including 2 terraces. The ground floor has independent kitchen. living room, toilet and large terrace with surface 16m2. The first floor has two bedrooms (one bedroom with sea view) and the bathroom The third floor has terrace with surface 12m2 with sea view. T.. For full information see website or

Ref: ONR6800A | Agata's Real Estate |

El Medano, Townhouse

€800 2 bed · Nice 2 bed 2 bath townhouse, corner position, in complex with pool, within walking distance to the sea, and 5 minute drive to El Medano centre, shopping area and schools. 2 double bedrooms, 2 bathrooms ktichen, living, terrace and garage underground with large storage

Ref: KV0238 | Tenerife Alizes Properties | 922 738653 / 626

Amarilla Golf, Apartment

€775 1 bed · Beautifully appointed, spacious one bed garden apartment with two terraces in quiet location, near the Golf course. Wi-Fi access included. Water and electricity bills included up to 50€ per month.

Ref: 2083 | Homes & Away | 922

Las Americas, Apartment

€750 1 bed · Nice 1 bedroom apartment in the touristic complex Las Floritas situated on the first floor with the terrace overlooking the swimming pool. Centric area close to all touristic services and the beach. Good option for rent or for personal use for holidays.

VR7002D Canarias | 922 787 210

Costa del Silencio, Apartment

1 bed · *Available for March/April/ May*One bed, one bath apartment on a popular complex. Close to all amenities. Weekly clean, linen and towels change included.

Ref: 1775 | Homes & Away | 922

Amarilla Golf, Apartment

2 bed · Well-appointed, two bed duplex apartment on residential complex with heated pool.

Ref: 1986 | Homes & Away | 922 |

1 bed · Spacious one bed apartment in quiet location on popular residential complex. Close amenitiesWater all and electricity included

Golf del Sur, Apartment

Ref: 2135 | Homes & Away | 922

Golf del Sur, Apartment

1 bed · *Available from 25th November*Nicely presented, one bed apartment on popular complex included. Water and electrictly on

Ref: 1961 | Homes & Away | 922 737 044

Golf del Sur, Apartment

Lovely modern and bright one bed apartment, in residential complex with heated pool, lift and Wifi access. Situated on the 6th floor, the apartment has a large terrace with side views to the sea. double bedroom with built-in wardrobe, one bathroom, living room with American kitchen, fully equipped and furnished. No pets. Bills extra. Available Sept to ... For full information see website or

Ref: KV0176 | Tenerife Alizes Properties | 922 738653 / 626

€725

Puerto de La Cruz, Apartment €700

We offer a 50 m2 studio for long term rental in Casa Ikarus, in the area of La Paz. The studio is furnished and equipped, has a large terrace overlooking the Atlantic and the city. The building has an elevator, a room with a coin-operated washer and dryer, and an acclimatized pool with solarium area. The costs of water electricity and WiFi are include. For full information see website or

Ref: IR700S | Agata's Real

Playa Paraiso, Apartment

1 bed · Long term rental. Bright apartment with a large terrace in the complex "Vista Nautica", Playa Paraiso. The apartment is rented unfurnished, but the kitchen is furnished and equipped with the necessary electrical equipment, there is also an air conditioner and a washing machine. The apartment consists of one bedroom with builtin wardrobe and access to the ... For full information see website or

contact: VR7210D Canarias | 922 787 210

Amarilla Golf, Apartment

1 bed · Fully refurbished, one bed

apartment on popular complex with Golf course and Teide views. Wi-Fi included.

Ref: 2040 | Homes & Away | 922 737 044

Callao Salvaje, Studio

€680 Studio on the seafront in Sueño Azul complex. Renovated and equipped. Price 680 eur per month with all expenses included (including wi'fi).

VR7243D Vym Canarias | 922 787 210

Costa del Silencio, Apartment

1 bed · *Available from 6th September 2017 months*Spacious, south facing, well furnished one bed apartment with large terrace on popular complex. Close to all amenities. Ref: 1785 | Homes & Away | 922

Amarilla Golf, Apartment

€675 1 bed · Spacious, ground floor, one bed apartment on popular complex with communal pool. Water and electricity bills included up to 40€ per month

Ref: 2026 | Homes & Away | 922

Amarilla Golf, Apartment

1 bed · Nicely presented, top floor apartment with sunny terrace on popular complex.

Business Section

OVER €350,000

Santa Cruz de Tenerife, Hotel €18,000,000

Investment opportunity! For Sale a HOTEL BUILDING in the city of Santa Cruz de Tenerife. With a total area of 4,638 m2 over 7 floors with 95 standard and junior suites and 2 premier suites. All rooms include a private en-suite bathroom. The hotel rooms have excellent views of the harboyur. On the first floor and basement levels there is a 600 m2 shoppin... For full information see website or contact:

Ref: 6041S | Tenerife Royale Estate Agents SL | 922 788305

Tenerife South, Manufacturing business

€4,000,00

Are you looking for a sound investment in the Canary Islands? We are excited to offer you the opportunity to invest in a highly reputable and well-established manufacturing company, which occupies an unrivaled position of being a world leader in its industry! The company, which has been successfully established since 25 years, is specialized in the in... For full information see website or contact:

Ref: 1545 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Apartment Block €3,150,000

On offer a complete block of apartments comprising: 4 X studio suites, 2 X one-bedroom apartments

and 7 X two-bedroom apartments all situated in the famous front-line community of Parque Santiago II offering full resort facilities including a heated swimming pool, 24 -hour security, reception, supermarket, café/restaurant and wi-fi. The apartments are fur... For full information see website or contact:

Ref: 6035S | Tenerife Royale

Estate Agents SL | 922 788305

Puerto Colon, Fully Equipped

€2.500.000

Offering excellent value for money this substantial freehold commercial asset will appeal to investor clients. Situated in a magnificent location frontline to the ocean between Puerto Colon and the beach of Playa de Fanabe. High specification installations and equipment and ready for immediate trading. From the extensive terraces are

information see website or contact: Ref: 6009S | Tenerife Royale Estate Agents SL | 922 788305

unsurpassed views ove... For full

Tenerife South, Ostrich farm €2,000,000 Are you looking for something very

special? Here is your opportunity to buy a unique Ostrich Farm & Restaurant in Tenerife - the only one of its kind in the whole Canary Islands! Built from scratch in 1995 this farm was a pioneer in its field and still remains as one and only to cover the whole cycle of growing and breeding ostriches and offering ostr... For full information see

Ref: 1485 | FRINA Tenerife SL -Business Sales | 922 085 191

Guaza, Apartment Block

If you want to invest in this building, give it a face-lift, dedicate it to rentals, or re-sell this is the building for you, the options are endless. This building will revenue a high profit and a rapid return on your investment. The building itself is in perfect condition, it has been built in the beautiful "Canarian" style with elegant cornices, it has... For full information see website or contact:

Ref: GB3-G1X5 | RD

Properties | 922 732 862

Tenerife South, Restaurant

€1,500,000

€1,500,000

For sale is this rare opportunity to get a freehold restaurant with a big function hall for birthdays, receptions, weddings and more. Furthermore, is a big indoor playground for kids and a big terrace with room for guests and receptions as well. The building itself is amazing throughout styled and placed on the top of a small hill where you cannot miss... For full information see website or contact:

Ref: 1830 | FRINA Tenerife SL -Business Sales | 922 085 191

San Miguel, Investment Property €1,200,000

11 bed · Great position on this fantastic Tattoo Shop in central Playa de Las Americas. The shop has been tastefully refurbished and has a nice reception area, the tattooing room, bathroom and storeroom. Very well equipped.

Central area with lots of walk ins. Contact us now for more information! TRASPASO

Ref: B401-BP | Tenerife Belfin Properties | 692 146808

Las Americas, Bar/Restaurant

€995,000
For sale with FRINA Tenerife is this large freehold restaurant in Las Americas, which is more than wellestablished and located on a busy street. The restaurant has been open and run by the same owner for 32 years, which secures many regular guests and a very healthy income. Premises of the Freehold Restaurant in Las Americas The premises are coz... For full information see website or contact:
Ref: 2180 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Garage/workshop €900,000 Naval mechanical workshop in Los

Cristianos.

Ref: E341 | Tenerife

Properties | 922 724 110

San Eugenio Alto, Fully Equipped Local

€875,000

For sale with FRINA is this large Tenerife freehold with a garden. These premises are perfect for a large restaurant or even a large nightclub. The freehold local can with guarantee opens as a music club or dancehall. This freehold for sale is 1,498 m2 divided into 2 levels. The ground level is 573 m2 and the lower level is 925 m2. The locals are empty a... For full information see website or contact:

Ref: D1254 | FRINA Tenerife SL Property Sales | 922 085 191

San Eugenio Alto, Night Club €875,000

For sale with FRINA is this large Tenerife freehold with garden. These premises are perfect for a large restaurant or even a large nightclub. The freehold local can with guarantee opens as a discotic or dancehall. Premises Of The Freehold For Sale This freehold for sale is 1,498 m2 divided into 2 levels. The ground level is 573 m2 and the lower lev... For full information see website or contact: Ref: 2108 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Bajo, Restaurant €700,000

For sale as a freehold is this successful restaurant in San Eugenio, Tenerife. The restaurant has been established for 12 years and is a genuine success story. If you wish to take over a full established restaurant including the large premises and great reputation you cannot miss this restaurant for sale. Premises of the Successful Restaurant The p... For full information see website or contact:

Ref: 2064 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Night Club

€650,000

For sale with FRINA Tenerife is this freehold night club & bar located in a popular and busy area of Los Cristianos. So, if you wish to own and run a night club in Tenerife you cannot miss this amazing freehold.

Premises of the Freehold Night Club & Bar The premises are fully renovated and comprise of 2 locals measuring 180 m2. It is furnished wi... For full information see website or contact:

Ref: 2171 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion

€650,000

For sale exclusively with FRINA Tenerife is this amazing catamaran and fishing boat business. The catamaran excursions have 2 hours trips, 3 hours trips, and private charters. On the catamaran excursions, the clients enjoy whale & dolphin watching while having free drinks and snacks. The fishing boat has 2, 3, 4, and 5 hours fishing excursions. Include... For full information see website or contact: Ref: 2084 | FRINA Tenerife SL

Business Sales | 922 085 191

San Eugenio Bajo, Commercial Property

€625,000

FRINA Tenerife offers a commercial Investment property for sale in Tenerife in San Eugenio. Today the property is rented out to a popular restaurant which owners pay a monthly rent of 5,000€. The premises was built in 1985 and measures 76m2 inside and with a terrace of 40m2. For more details on this investment do not hesitate to contact FRINA Ten... For full information see website or contact:

Ref: 2491 | FRINA Tenerife SL - Business Sales | 922 085 191



€580.000

PLAYING THE MUSIC YOU LOVE

COAST F

Las Americas, Bar/Cafe

You will be hard pushed to find a better business in Las Americas than this cafeteria. The owner has run the place for 30 years and the regular guests and proof of income speaks for itself. Also, the cafeteria has a licensed lottery booth, which also brings clients and a healthy income. If you are ready to take over a Spanish cafeteria this business wi... For full information see website or contact:

Ref: 1944 | FRINA Tenerife SL Business Sales | 922 085 191

Golf del Sur, Empty Local

€577.000

In need of TLC, large commercial property with separate apartment above the premisses.

Ref: 1948 | Homes & Away | 922

Fanabe, Empty Local

€530,000

FRINA Tenerife offers this large freehold for sale, which is located in a complex in Fañabe. The local used to be a restaurant but is empty today and would need a refurbishment before it can reopen. The local could be great both as a restaurant, but also shop or office. Premises of the Fañabe Freehold for Sale The premises are spacious 330 m2 and installe For full information see website or contact:

Ref: 2294 | FRINA Tenerife SL -

Fanabe, Sports Bar €499.000

FRINA Tenerife is happy to offer this amazing Sport and Entertainment Pub for Sale. The business is located in Fanabe and known for sports events and live music entertainment several nights a week. The pub has been operating for more than 20 years and is well visited both mornings, days, and evenings. Whether you want to eniov a proper breakfast, a col... For information see website

Ref: 2412 | FRINA Tenerife SL Business Sales | 922 085 191

Las Rosas, Restaurant

€495.000

6 bed · A reluctant sale due to the current owners retirement and 'down-sizing'. An extensive (150m2) fully fitted and equipped freehold restaurant with professional stainless steel kitchen with extraction, stage area, bar and toilets. Situated on the lower level of a spacious townhouse which offers flexible living accommodation with potential for a number of pro... For full information see website or

Ref: 6090 | Tenerife Royale Estate Agents SL | 922 788305

San Eugenio Bajo, Bar/Cafe

This bar/café is placed in one of the busy streets of San Eugenio Bajo, and only 5 minutes of walk from the popular beach La Pinta and Puerto Colon Harbour. The bar has a 30 m2 terrace with tables for 36 guests and the inside premises are 52 m2 with a big bar, high tables, 2 toilets, and a good size kitchen for food and snacks Under the bar is 74 m2 For full information see website or

Ref: 1952 | FRINA Tenerife SL Business Sales | 922 085 191

Los Gigantes, Hotel

€420,000

8 bed · Location: Quiet location. Central, Touristic area, Close to amenities. Close to restaurants/ bars/cafes, Close to shops, Exclusive development. Views: La gomera, Sea. Additional: Development possibilities, Viewing recommended. Rooms: American style kitchen, Bathroom, Hall/ entrance, Lounge and dining area. Quality: Good condition, Tastefully decorat... For full information see website or contact:

Ref: 407-HT8 | Island Estates | 922 790 767

Las Americas, Bar/Cafe €399.000

You will be hard pushed to find a better business in Las Americas than this cafeteria. The same owner has run this place for 30 years and the regular guests and proof of income speaks for itself. If you are ready to take over a Spanish cafeteria this business will make sure you earn money from day 1! Premises of the Business The freehold premises ... For full information see website or contact:

Ref: 1943 | FRINA Tenerife SL Business Sales | 922 085 191

Playa San Juan, Apartment Block

5 bed · Are you looking for a project to complete? This could be what you are looking for! Located in Plava San Juan, only 200 meters from the water front, this building offers a perfect opportunity to do a complete refurbish and obtaining the correct licenses, dividing it in various apartments as well. This two floor building offers a garage space for 3 cars on... For full information see website or contact:

PSJ483-IB399 | Properties | 922 732 862

Tenerife South, Manufacturing

€390.000

FRINA Tenerife offers here a unique opportunity to take over this wellery Manufacturer & Supplier business that designs, produces and sells high-quality jewellery to both B2B and B2C customers. Under one SL company are different brands of jewellery and you will find designs for both men and women All collections are made of carefully selected m... For full information see

Ref: 2410 | FRINA Tenerife SL -Business Sales | 922 085 191

€349,999 - €250,000

Puerto Colon. Excursion €330.000

For sale with FRINA Tenerife is this luxury boat charters business with 2 boats. One of the premier brands this yacht excursion charter businesses based in Puerto Colon boasts an enviable reputation with a unique offering of a sailing yacht and a highly sought-after motor yacht Offering typical 3-hour excursions to see whales and dolphins and priv.. For full information see website or

Ref: 2338 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Empty Local €325,000

Location: Close to town, Touristic area. Rooms: Full catering kitchen, Ladies/gents toilet. Quality: Renovated. Outside: Covered terrace. Parking: Street parking.

Ref: 622-CF | Island Estates | 922

Adeje Town, Fully Equipped Local €320,000

FRINA Tenerife offers investment – commercial property for sale in Adeje old town. The property has a long-established business and a good tenant that pays 1,500€ monthly. Premises of the Commercial Property for Sale The premises of the freehold have 2 floors which altogether measures 206 m2. If you wish to know more about this commercial pr... For full information see website or contact: Ref: 2379 | FRINA Tenerife SL

Business Sales | 922 085 191 Los Cristianos, Freehold Pub €320,000

FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is

known for its lovely atmosphere and food, so no doubt you will have quests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here. For full information

Ref: 2422 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Restaurant €320 000

This large international restaurant is offered for sale freehold! Occupying one of the best positions in Puerto Colon with fabulous views over the La Pinta beach this restaurant is undoubtedly a popular choice for the thousands of tourists visiting the area daily. The business has been established for more than 15 years and known for its delicious roas.. For full information see website or

Ref: 1419 | FRINA Tenerife SL -Business Sales | 922 085 191

Vilaflor, Excursion Business €320,000

New on the market is this Tenerife Buggy Excursion that offers safaris to Teide National Park and around a Finca in the mountains. Every buggy excursion is about 3 hours. Due to the weather and nature of Tenerife, this is a very popular attraction that runs year-round. Included In The Business The business includes 6 Arctic Cat buggies from 2016 wi.. For full information see website or

Ref: 2030 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South, Bar supply €299,000

FRINA Tenerife offers this very reputable Bar Supply Company for Sale This business has been established for more than 20 years and delivers soft drinks and alcohol to bars and restaurants in Tenerife. You will get a proven profitable company with many clients and a good reputation. The premises are 350m2 of storage with an offic space and easy pa... For full information see website or contact:

Ref: 2481 | FRINA Tenerife SL

Business Sales | 922 085 191 Los Olivos, Empty Local

2 bed · 2 bed, 5 bath commercial,

Ref: IPPDOAL01 | Island Prime Property | +34 922 09 69 75

Torviscas Bajo, Supermarket

€275,000 FRINA Tenerife offers for sale this busy supermarket in Torviscas Bajo. It has been running for 2 years and has a good reputation. The customer profile is both tourists and locals The location secures a lot of footfal and there is not a lot of direct competition in the area. supermarket is spacious 100m2 and equipped.

Ref: 2320 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Eras, Warehouse

€275.000

Freehold warehouse for sale in the industrial area of Las Eras in the town of Arico in the southeast of Tenerife. Arico is conveniently situated between the capital of Santa Cruz and the busy touristic Tenerife South, less than 20 minutes drive from the Tenerife South airport. The warehouse sits on a 398 m2 of land and measures 347 m2 with 8 m high ... For full information see

Ref: 1733 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion **Business** €250.000

FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making it possible for everyone to par... For full information see website

Ref: 2409 | FRINA Tenerife SL Business Sales | 922 085 191

Costa Adeje, Dive school €250.000

or contact:

If you are looking for a successful excursion business in Tenerife, you cannot miss this Diving School for Sale. This school offers internships. diving licenses, instructor licenses, and diving & snorkeling excursions all over Tenerife. And every year since 2015 they earned the TripAdvisor Certificate of Excellence! The business has been established For full information see website or contact

Ref: 2358 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa San Juan, Restaurant

€250.000

This modern Restaurant for Sale in Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties. This business has fast become one of the most visited restaurants in the area and the quests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full information amazing

see website or contact: Ref: 2504 | FRINA Tenerife SL Business Sales | 922 085 191

Las Americas, Restaurant

€250.000

FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover the restaurant is located on a corner. so you have even more people passing and a large terrace! If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information so website or contact:

Ref: 2459 | FRINA Tenerife SL -Business Sales | 922 085 191

Playa Paraiso, Fully Equipped Local

€250,000

If you are looking for a wellestablished and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also toys and quality suitcases and bags of brands like Valentino and Guess. The business shows a healthy income and especially the profit on b... For full information see website or contact: Ref: 2237 | FRINA Tenerife SL Business Sales | 922 085 191

San Eugenio Baio, Bar/Cafe €250.000

FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its international menu and live music. It has been open for years and has a good reputation among residents, tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:

Ref: 2505 | FRINA Tenerife SL -Business Sales | 922 085 191

€249.999 - €150.000

Puerto Colon, Excursion Business

€249.000

For sale with FRINA Tenerife is this well-established sailboat excursion which includes 2 boats. The excursion business is located in Puerto Colon and the last 4 years this business has made unforgettable whale & dolphin excursion to the many tourists visiting Tenerife every year. Puerto Colon is without a doubt the busiest and most popular touristic harb.. For full information see website or contact:

Ref: 2272 | FRINA Tenerife SL Business Sales | 922 085 191

Tenerife South. Distribution &

€246.000 If you are looking for a unique investment you cannot miss this service business for sale, which offers luggage scales to hotels all over Spain. Today the owner cooperates with 140 hotels, which all use the luggage scales from this business. How to run the Service Business For SaleThis is an easy to run business, where you install the scales at the hotels... For full ation see website or conta Ref: 2125 | FRINA Tenerife SL Business Sales | 922 085 191

Tenerife South, Garage/workshop €234,000

FRINA Tenerife offers this garage & workshop for sale in Tenerife South. It has been established for 10 years and had a great location in an industrial area. And the clients are both Spanish- and English-speaking residents. Premises of the Garage & Workshop for Sale This garage & workshop is 1,160 m2 and has a parking area of 300 m2. The premises of... For full information see website or contact:

Ref: 2176 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion **Business** €230 000

We are now proud to offer for sale this jetski excursion business in Tenerife. The business has it's moorings in one of the busiest harbours on the island! Here you find many large hotels and popular beaches, which secures a lot of customers, especially tourists. This business will guarantee plenty of footfall and a healthy income all year

Ref: 2314 | FRINA Tenerife SL -Business Sales | 922 085 191

San Isidro, Gymnasium

€220.000

FRINA is happy to offer this Large and Modern Gym for Sale in Tenerife South. This gym has been established for more than 4 years and offers 2 fully equipped floors, an advanced booking system, more than 600 clients and professional employees. The premises are over 500 m2 distributed on 2 floors that are fully equipped with dumbbells, machines, gym roo... information see website or contact: Ref: 2472 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Bistro

For sale is this bistro-café in Golf del Sur, situated in a resort in the bestknown golf area of Tenerife. The reputation of the business is great both by word-of-mouth and high TripAdvisor score. Note the sales price also includes the freehold, which half of the business is located in, hence the low rent and higher sales price. Premises of the Café in .. For full information see website or

Ref: 2225 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeje Town, Bar/Cafe

contact:

€200 000

€210 000

FRINA Tenerife is happy to offer this rare opportunity a Cafeteria and Lottery for Sale. This is a unique business that sells lottery tickets. sandwiches, cakes, coffee, drinks, and also minimarket products. You get 3 businesses in 1 which secures you a high income every day. The premises are very spacious and in good condition! All materials and .. For full information see website or contact:

Ref: 2502 | FRINA Tenerife SL -Business Sales | 922 085 191

Fanabe, Restaurant €199.000

FRINA Tenerife offers for sale this fun and inviting British bar in Puerto Colón. It has a prime location, as this harbor is one of the most touristic spots on the island. The bar is known for a menu of British pub specialties, and also some great live entertainment, such as karaoke, quizzes and music. The bar enjoys great footfall and has many regular c... For full information see website or contact:

Ref: 2336 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe **€195 000**

If you are looking for a cheap freehold bar and café for sale this business is a perfect opportunity. It is in amazing Los Cristianos placed between large hotels and less than a minute from the beach promenade. Moreover, it has been run by the same couple for 16 years. Premises of the Business Though the bar and café has been open for 16 years you find th... For full information see

Ref: 2001 | FRINA Tenerife SL -Business Sales | 922 085 191

La Caleta, Italian Restaurant €190.000

A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu. The premises are spacious 150 m2 with a large a... For full information see website or contact:

Ref: 2403 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Galletas, Excursion Business €190.000

FRINA Tenerife offers this wellestablished water excursion for sale that is known for all-inclusive whales & dolphins experiences. Besides for whale watching the trips include open bar, refreshments, swimming, snorkeling, and a great atmosphere. The boat is fully licensed for tourist and whale excursions and have the yellow (blue) flag too. Furthermore, . For full information see website or contact:

Ref: 2246 | FRINA Tenerife SL -Business Sales | 922 085 191

Costa del Silencio, Bar/Cafe €185,000

FRINA Tenerife offers for sale this freehold bar in Costa del Silencio. It has been established for 3 years and shows a healthy income location of the bar is a street with good footfall and the customer profile is both tourists and locals. It is a reputable and well-established bar. The menu is international and British food Premises of the Freehol... For full information see website or contact:

Ref: 2325 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Restaurant

For sale in Tenerife is this profitable and well-established restaurant and pizzeria in San Eugenio. This restaurant offers to the seat for about 70 guests inside and on the Before you enter the restaurant you pass a small and cozy terrace covered by the crown of a beautiful tree. Inside the restaurant, you find tables and benches, and furthe... For full information see website or contact: Ref: 1817 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Bar/Cafe

This har for sale in Tenerife is a unique and perfect option for the demanding buyer! The current owner has designed the bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa Las Vistas that offers stunning views and sunsets. Premises of the Bar for Sale in Tenerife Today the bar has room for about 30 quests and m... For full Ref: 2169 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Supermarket €179.000

This supermarket in the Cristianos is a great opportunity, if you want to buy an already established business. You do not need to change anything, but have possible development options. This supermarket has the butcher license and the license to sell fresh fish, therefore the new owners will have the possibility to expand with fresh meat and fish. The... For full information see website or contact: Ref: 1891 | FRINA Tenerife SL -

Business Sales | 922 085 191

Palm Mar, Pizzeria

€160.000

FRINA Tenerife offers for sale this successful traspaso pizzeria for sale located in Palm Mar. It has been established for 7 years and has earned a very good reputation both locally and on TripAdvisor. The menu is delicious Italian pizzas and international dishes. This is indeed a well-established business showing a very good income and the buyer... For full information see website or contact:

Ref: 2345 | FRINA Tenerife SL -Business Sales | 922 085 191

San Eugenio Alto, Excursion Business

For sale with FRINA Tenerife is this well-established buggy business & excursion shop in the south of Tenerife. The buggy offer trips for the whole family from 1,5 hours on the South of the island to 4,5 hours trips to the mountains and Teide National Park. The excursion shop sells both buggy excursions and all other kinds of excursions in Tenerife. In... For full information see website

Ref: 2036 | FRINA Tenerife SL -Business Sales | 922 085 191

Fanabe, Pub

€150,000

€155.000

FRINA Tenerife offers for sale this Entertainment Pub & Restaurant for Sale located on the first line in Fanabe. It is known to be one of the busiest entertainment pubs in the area offering live music every day And in the evenings, you must book to be sure to get a table. Moreover, the place offers a full British menu. Nevertheless, you find both British.. For full information see website or

Ref: 2503 | FRINA Tenerife SL -Business Sales | 922 085 191

€149,999 - €100,000

Los Cristianos, Pizzeria

€140.000 Now FRINA Tenerife offers this Business for Sale in Los Cristianos. The business is known for great pizzas and being located on a very busy street close to the beach and with a lot of footfall. Normally this is a very busy pizzeria that generates a high turnover year-round. Contact FRINA Tenerife for more details on this. The premises offer a large .. For full information see website or

Ref: 2417 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Empty Local

contact:

€140.000

FRINA Tenerife offers this Freehold Office for Sale in Puerto Colon Commercial Center. A very central and busy location that enjoys lots of footfall year-round thanks to the many excursions business and bars in the area. Also, you are close to parking. The office is bright and spacious 92 m2. It was refurbished in 2019 with new electrical installations... For full information see website or contact:

Ref: 2477 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe €139.000

If you are looking for a Las Americas bar you cannot miss this successful business, which is famous for its amazing atmosphere, showing sports events and popular live entertainment several times a week This bar has been open for more than 40 years and the current owner has only made this already wellestablished bar an even bigger success! Moreover, t... For full information see website or contact:

Ref: 2197 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Excursion Business €139.000

FRINA offers for sale this Tenerife Jetski Business, which is located in Gold del Sur. Golf del Sur is a great location for a jetski business since you have plenty of tourists yearround however, you have less competition and much lower rent than in the bigger harbours in Tenerife South. The business includes 6 new Jetski of the brands Seadoo, Yamaha and ... For full information see website or contact: Ref: 2307 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Irish Bar €139.000

FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale Traspaso. This lovely bar is in Torviscas Bajo where it is visited by tourists of all nationalities. Irish bars are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and you will earn money from day 1! If you are ... For full information see website or

Ref: 2518 | FRINA Tenerife SL -Business Sales | 922 085 191

Plava Paraiso, Clothes Shop

€125,000 If you are looking for a wellestablished and easy-to-run business, you cannot miss this store for sale in a busy complex of Playa Paraiso. The store sells quality suitcases and handbags from high fashion brands. The business shows a healthy income and a high profit on bags. The premises are spacious 170 m2 combining 2 locals, where 1 for convenience... For full information see website or contact:

Ref: 2315 | FRINA Tenerife SL Business Sales | 922 085 191

Plava Paraiso, Supermarket €125,000

f you are looking for a wellestablished and easy-to-run business, you cannot miss this minimarket store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks drinks and sun lotion but also lots of childrens toys. This store has two departments, one with bags and suitcases, and another everyday products, snacks... For full information see website or contact: Ref: 2316 | FRINA Tenerife SL -

Business Sales | 922 085 191 Fanabe, Bar/Cafe

€120,000

New on the market is this classic English Tea room, which is known for its delicious homemade cakes and a classic British tea table. And naturally, most clients are British residents and tourists. It is a smaller café which is perfect for a couple and it is great even if you have kids since it is only open during the daytime Premises of the Tea Roo For full information see website or

Ref: 2292 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Restaurant €120,000

FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The menu is a wide range of everpopular meals for the whole family like pasta, steaks, roast chicken, pizzas, and more. And moreover, the restaurant h... For full information vehsite or contact:

Ref: 2387 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur. Bar/Cafe

Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new airconditioning, and new glass washer. Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

Ref: B-122 | Tenerife Prime

Property | 922 703 725

Costa del Silencio, Commercial Property

€109.000

1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very lunimous with direct aceess to the terrace from the living room. Parking space in the communal parking is included! Community fess: 197€ month, ... For full information see website or

Ref: 08-0819 | Tenerifehome. com | 922 783066

Las Americas, Lap Dance Bar €109,000

For sale in Tenerife is this newly refurbished bar & club which has the license to run both as a Cabaret Bar (lap dance) and Bar Sexual (sex club). You can choose to buy the business as a traspaso (leasehold) or buy it with the full SL company Premises of the Lap Dance Bar & Club The club is newly built, and you get 300 m3 which are fully furnished... For full information see website or contact:

Ref: 2254 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South, Retail Business €100,000

FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realeios, where it serves many locals in the area and some British people. The business has a solid reputation and had a healthy income, but is now closed. Included in the retail business The owner wishes to sell the business.. For full information see website or contact:

Ref: 2343 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe €100.000

FRINA Tenerife offers for sale this long established, very popular bar in the middle of Playa de Las Americas. For more than 25 years this bar has been growing very famous in the area. It's live entertainment and great atmosphere continues to attract people of different nationalities and ages to come and enjoy a fun night of karaoke, live music, sports an... For full information see website or contact: Ref: 2310 | FRINA Tenerife SL - Business Sales | 922 085 191

€99,999 - €50,000

Fanabe, Bar/Cafe

€99,500 This well-known British Café for Sale in Fañabe is one of the best known in the area and has been established for many years. It is known for classic English breakfasts. cakes, Sunday Roasts, and much more. Furthermore, the café has great reviews among residents tourists, and on social media, and no doubt you will guests from day one with this busines... For information see website or contact: Ref: 2397 | FRINA Tenerife SL Business Sales | 922 085 191

Amarilla Golf, Bar/Cafe

€99.000

FRINA Tenerife offers for sale this music bar in Golf del Sur. The place is open all day but is especially popular at night selling drinks and having music and live entertainment on the program. Both this area and bar are very popular among British residents and tourists. The premises were recently refurbished and in good condition with a fully equi... For full information see website or

Ref: 2517 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Restaurant €99.000

This is a rare opportunity to buy a

first-line restaurant in Los Cristianos. The restaurant benefits from being the first line at the beach promenade and at the same time just 3 minutes from the always popular Los Cristianos market. Premises Of The Business For Sale The restaurant has a terrace of 60 m2 with tables for 50 guests. The inside premises are 1... For full information see website or contact:

Ref: 2098 | FRINA Tenerife SL -

Business Sales | 922 085 191

Las Americas, Excursion Business

For sale with FRINA Tenerife is this Quad Excursion Business that sells safaris to Teide National Park Every excursion is about 4 hours and 100 km - with the weather and nature of Tenerife, this is a very popular attraction. Included In The Business The business includes 10 quads of the brand TGB 325. These guads are known to be workhorses built t.. For full information see website or

Ref: 2020 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Galletas, Bar/Cafe

€96.000

New on the market is this longestablished bar-café in Las Galletas. which has been open for 11 years. Today it is still run by the owner with help from 2 staff. The bar-café is open from 10 mornings to late evenings and is well-visited during day and night. The owner wishes to retire and that is why he put this business for sale. Premises Of The Busin... For full information see website or contact:

Ref: 2092 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion Rusiness

€95.000

FRINA Tenerife is happy to offer this unique Excursion Business for Sale in Tenerife. This business offers both Flyboard excursions and Crazy UFO excursions. The business has been open for more than 6 years and runs all year round thanks to the great climate and warm sea waters here. The business includes all the equipment which are 2 fly boards, 1 For full information see website or

Ref: 2427 | FRINA Tenerife SL -

DIRECT FROM OWNER

Popular bar in busy commercial centre - €115,000



Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer.

Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

- Seating for 50 outside, 30 inside
- 6 year lease which can be extended Alarm system + 3 cameras
- Pool table + cigarette machine
- Community fees: €300p/m
- €150K annual revenue

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€35.000

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Las Galletas, Ice Cream Bar

€89.000

FRINA Tenerife is happy to offer this amazing Crepe & Ice Cream Café for Sale in Las Galletas. The café is located centrally in the city and facing a busy area that enjoys plenty of footfall and attracts many residents and especially families The café is known for ice cream, crepes, good coffee, and shakes The premises are in good condition and you d... For full information see website or contact:

Ref: 2438 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Pool Bar €85.000

FRINA Tenerife just took on large pool bar in Torviscas Baio. It is very well established and placed in a large and popular holiday resort that has hundreds of tourists every month year round. The pool bar has a large terrace overlooking the pool and with tables for 50 guests. The inside premises are fully equipped with a large bar and an industri... For full information see website or

Ref: 2385 | FRINA Tenerife SL -Business Sales | 922 085 191

€85.000

New business for sale in Las Americas is this British pub that has been established for almost 10 years and is very popular. The business has many regular clients and is known as a great sports bar with pool/billiard tables, sports on the TV, lovely Sunday Roasts, and an amazing atmosphere. The pub is cozy, personal, and very inviting with chairs for a... For full information see

Ref: 2401 | FRINA Tenerife SL -Business Sales | 922 085 191

Costa del Silencio, Restaurant

€79.000

FRINA Tenerife offers for sale in Costa del Silencio this restaurant that is known for delicious fish and tapas. It has been established for almost 2 years and has earned itself a good reputation and has very high reviews Google, TripAdvisor, and cebook. The premises are spacious 300m2 and moreover, have a terrace of 40 m2. Inside are tables for 1... For full information see

Ref: 2515 | FRINA Tenerife SL -Business Sales | 922 085 191

Puerto Colon, Excursion Business €75,000

This Boat Hire Excursion for Sale offers zodiac boats to hire and go for private trips. The brilliant thing about zodiacs is you do not need a license to sail it so both residents and tourists come to rent and enjoy a private trip on the sea. This is an easy excursion business to run for one person since you only need to meet clients for the instructio... For full information see

website or contact: Ref: 2426 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeie Town, Bar/Cafe

€69.000

FRINA Tenerife offers for sale this Spanish Traspaso Cafeteria located centrally in the old city center of Adeie. And it is the preferred place for breakfast and lunch for both locals and those who work in the area. The cafeteria has been established for 18 years, has many regular clients and is financially healthy. The cafet measures 75 m2 and ... For full information see website or contact:

Ref: 2390 | FRINA Tenerife SL Business Sales | 922 085 191

San Eugenio Bajo, Bar/Cafe

€69.000

FRINA Tenerife offers this café for sale in shopping centre in San Eugenio. It is known as a great place where both employees and clients of the shopping center come for breakfasts, coffee, lunch, and refreshments. The place has a good reputation, regular clients, and a healthy economy. The premises are 90 m2 including the terrace, there is a small ... For full information see

Ref: 2510 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Abrigos, Bar/Cafe

This traspaso for sale in Los Abrigos is a very popular bar-café in an excellent location. The business has been established for years and has many regular clients. And it has been open for 6 years and is a wellestablished business in a good area which keeps expanding. Premises of the Traspaso for Sale The bar-café is spacious 130 m2 with a good size ki... For full information see website

Ref: 2266 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Alto, Bar/Cafe

Now we offer this Reputable Bar for Sale in Torviscas Alto. If you are looking for a well-established business with many loyal customers vou should have a look at this café that is a popular place to meet friends for a drink. The current owner had the business for 3 years and only look to sell since he also has other businesses. The premises of the. For full information see website or

Ref: 2444 | FRINA Tenerife SL -Business Sales | 922 085 191

El Medano, Bar/Cafe

FRINA Tenerife is happy to offer this Modern Café for Sale in El Medano which is a popular and lovely town in the South of Tenerife. The café is located in a modern commercial center close to many resident complexes. The café has been here for more than 6 years and has many regular guests. Even though tourism en lower the last year this place still ... For full information see . website or contac

Ref: 2500 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe €65.000

FRINA Tenerife has brought to the market this Las Americas Lounge Bar for sale traspaso. This lounge bar

is beautifully furnished and known for a large cocktail and shisha menu. It is located centrally in Las Americas facing a busy street among complexes and hotels. The premises are fully furnished and designed to high standards. The bar is 60 m2 and h For full information see website or

Ref: 2488 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe

€59,900 FRINA Tenerife is pleased to offer this modern Los Cristianos Cocktail Bar for Sale Traspaso. This lovely bar is known for great entertainment and a large cocktail menu. Nevertheless they also offer lunch and snacks like sandwiches, sharing platters, tea, coffee, and cakes. You find the place in a busy area of Los Cristianos/Las Americas among several... For full information see website or contact: Ref: 2468 | FRINA Tenerife SL -

Business Sales | 922 085 191

Torviscas Bajo, Bar/Cafe

€55.000 FRINA Tenerife offers this lovely Café-Bistro for Sale Traspaso in a large resort in Torviscas Bajo. Being in a busy resort for more than 10 years this is a genuine success story, and you will buy a more than well-established business. The menu is inspired by the British kitchen and the owners are British too hence, this would be a perfect option for a... For full information see website or

Ref: 2475 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeie Town, Pizzeria

€55 000

Now FRINA Tenerife offers this Adeje Pizzeria for Sale that has been established for several years and is known for delicious pizzas. If you wish to keep running this business as a pizzeria, this location is perfect to tablish yourself as a takeaway and delivery business for all the surrounding complexes. This is the area for you that gives loval cus... For full information

Ref: 2416 | FRINA Tenerife SL -Business Sales | 922 085 191

Golf del Sur, Commercial Property €53.000

Freehold commercial premises for sale as an investment in Golf del Sur in the south of Tenerife. This investment brings a fantastic gross return of over 9% annually! premises are situated on the territory of a luxury time-share and private resort with 184 villas, located just in the middle of a championship golf course. This freehold locale is rented .. For full information see website or

Ref: 1724 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Minimarket €51.000

FRINA Tenerife offers this unique opportunity to buy a Traspaso Minimarket and Fast Food Shop in Los Cristianos. This business sales both fast food like kebab, fries and burgers. Moreover, is the store

installed with shelves and fridges to sell everyday goods like alcohol, chips, sweets, ice cream, sun cream etc. The premises are 60 m2 inside and has a... For full information see website or contact:

Ref: 2431 | FRINA Tenerife SL -Business Sales | 922 085 191

UNDER €50.000

Tenerife South, Bar/Cafe

€46.000 FRINA Tenerife offers this Bar-Restaurant for sale in San Eugenio Bajo. It is a well-known business and enjoys many regulars and new guests due to its location in a large complex that enjoys residents and tourists year-round. The business is known for its great price/quality and live entertainment several nights a week. The premises are wellmaintai... For full information see website or contact:

Ref: 2463 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bar/Cafe

€45.000 FRINA Tenerife offers for sale this Juice Bar & Café in Las Americas that has been established for several years and has many fixed clients. The menu is juices, smoothies breakfast, salads, sandwiches, and typical Spanish lunches. The guests are a mix of local Spanish and tourists. The premises were refurbished in 2018 and therefore in good condition.... For full information see website or contact:

Ref: 2440 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Music Studio €43.000

FRINA Tenerife is happy to offer this unique opportunity; a modern music studio for sale. The studio is located in Torviscas in Tenerife South and was built in 2017 so you get a modern studio. The studio is 80 m2 and is fully equipped for recording and producing. Moreover, the studio offers a lounge area and a bathroom.
All are newly built and in excel... For full information see website or

Ref: 2383 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South, Bar/Cafe

FRINA Tenerife offers this traspaso Bar & Café for sale in Abades a cozy little village in Tenerife South. The business has been established for 3 vears and is next to the beach and the Leprosería sight that attracts many tourists year-round. Furthermore, this is a popular area for hikers and divers. The premises are 60 m2 with a bar, storage, and full... For full information see website

or contact:

Ref: 2506 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Galletas, Bar/Cafe €35.000

FRINA Tenerife is happy to offer this modern Bar-Café for Sale in Las Galletas that is known for its lovely tapas. The bar is in a cozy and busy

street and has a lovely terrace. The

menu is breakfasts, cakes, snacks,

and classic Spanish tapas with meat and fresh fish from the locals. The premises are recently refurbished and in great condition, so the ... For full information see website or

Ref: 2442 | FRINA Tenerife SL -Business Sales | 922 085 191

Adeje Town, Pizzeria

New on the market is this large Pizzeria & Restaurant for sale in Adeje that opened in 2007. The many years with the same owner this a genuinely successful business. However, today the place is closed, hence the low price. The restaurant was known for delicious pizzas, local fish, great wines, and homemade desserts. It is located centra... For full information

Ref: 2448 | FRINA Tenerife SL -Business Sales | 922 085 191

Torviscas Bajo, Pub

FRINA Tenerife offers this Pub for Sale in Torviscas that is very popular among especially the residents and tourists. The pub has a well-equipped kitchen for snacks, nevertheless, most sales are beverages. It is a smaller and easy to run business for another British couple who wishes to work together without the responsibility for many employe... For full information see

Ref: 2404 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Excursion shop €33,000

FRINA Tenerife offers this smaller excursion shop for sale, which has been established for 3 years. This shop sells all kinds of Tenerife excursions like boat trips and trips to Teide, and tickets for animal water parks. The shop is in Las Americas which has many tourists vear-round and is the busiest tourist area of Tenerife South. The place has a... For full information see website or

Ref: 2470 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Bike/scooter Rental

Business

€30.000

FRINA Tenerife offers this bike & scooter rental for sale, which has been established for 3 years and is located in a super busy area of Las Americas. This shop offers rentals of bikes, e-bikes, mobility scooters and, wheelchairs. The clients are both pedestrians passing by and clients who find the offers online. Included in the business for Sale Th... For full information see website or contact: Ref: 2185 | FRINA Tenerife SL -

Business Sales | 922 085 191

Las Americas, Beauty Salon FRINA Tenerife offers for sale in las

Americas this bargain beauty salon that offers pedicures, manicures, massages, make-up, esthetic comitology, and more. The clients are both men and women. It is located centrally in Las Americas facing a busy walking path next to the ocean and among shops, hotels,

and restaurants. The premises are 70 m2 with nai... For full information see website or contact:

Ref: 2429 | FRINA Tenerife SL Business Sales | 922 085 191

Los Cristianos, Beauty Salon

Now FRINA Tenerife offers this Los Cristianos Beauty Salon for Sale The salon offers a wide range of beauty services, massages, hair removal. Most clients are residents but, you also have tourists in this location. This is a lovely little salon in perfect condition and does not need any changes. Premises of the Beauty Salon for Sale The salo... For full information see website or

Ref: 2373 | FRINA Tenerife SL -Business Sales | 922 085 191

Tenerife South, Hairdresser's

FRINA Tenerife offers this Unique Supply Business for Sale in Tenerife South. If you are a good seller with passion and knowledge for beauty this is your chance to get established in Tenerife. The owner has very profitable deals with several suppliers, which you will be taken over. Furthermore, you will be introduced to the fixed customer base, get tra... For full information see website or contact:

Ref: 2447 | FRINA Tenerife SL -Business Sales | 922 085 191

Los Cristianos, Beauty Salon €2 500

FRINA Tenerife just listed this great opportunity for sale. This newly renovated Local for Beauty Salon & Hairdresser is in Los Cristianos where your clients will be both residents and tourists. The premises are 30 m2. The main local is installed with a hairdresser sink, chairs, and mirrors and then you have a smaller local for massages. Lastly, is a p.. For full information see website or

Ref: 2499 | FRINA Tenerife SL -Business Sales | 922 085 191

Las Americas, Empty Local €2 500

If you are looking to build your own bar-restaurant in a prominent location, you will be hard pushed to find a better offer than this local to lease. The owner will give the new tenant a 5-year rental contract and offer a month rent-free to refurb the premises. Premises of the Local to Lease The premises are spacious 180 m2 and used to be a bar, ... For full information see website

Ref: 2205 | FRINA Tenerife SL -Business Sales | 922 085 191

Costa del Silencio, Bar/Cafe

€P.O.A

FRINA Tenerife offers for sale this bar in Costa del Silencio. It has been established for 3 years and shows a healthy income. The location of the bar is a street with good footfall and the customer profile is both tourists and locals. It is a reputable and well-established bar. The menu is international and

Ref: 2324 | FRINA Tenerife SL -Business Sales | 922 085 191



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Commercial Property to Rent



This is a rare opportunity to get a local without a Traspaso. It is a spacious of 73m2 and located in Puerto The premises are empty but recently refurbisl w floors and toilet. Perfect for a salon or office

Ref.: 2561 Price: 1,500€

Freehold Pool Bar



This is a great opportunity to buy a Freehold Pool Bar. It is in a complex in Torviscas that enjoys both tourists and residents. The bar is closed today but ready to open for serving both drinks, ice cream and food, if you wish.

Ref.: 2555 Price: 150,000€

Sea Views Cafe for Sale



Located in San Eugenio is this lovely cafe that offers a large terrace with stunning views, an amazing reputation, many regulars and a high turnover. It was recently refurbished and can be taken over without any changes.

Ref.: 2548 Price: 85,000€

Busy cafe in Los Cristianos



This is a busy and popular cafe and especially when serving their Sunday roast. It has been established more than 10 years and recently had a refurbishment, so you do not need to change the place or concept, we guarantee it works. to change the place or concept, we guara

Ref.: 2531 Price: 45,000€

Successful Mechanic



For sale in Las Chafiras is this well-established mechanic and tire fitting company with a healthy economy. The business has a 625m2 large workshop that are fully equipped with several lifts, and all tools and equipment.

Ref.: 2536 Price: 650,000€

Busy Music Bar



This well-known music bar has many regular clients and is known for live entertainment, pool tables and dart area. It is spacious with room for more than 100 guests inside and outside and has the license to be open late at night.

Price: 89,000€ Ref.: 2544

Modern Cocktail Bar



This is indeed lovely and modern bar known for great entertainment and a large cocktail menu. It is newly refurbished and spacious with a large and covered terrace. Located in a busy area of Los Cristianos.

Price: 65,000€ Ref.: 2468

Busy & Well known Bar



This British Bar and Cafe is located centrally in Los Cristianos, close to the market and busy comple known for high-quality food and entertainment for the last 10 years. With this buy, you will have guests from day 1!

Price: 169.000€ Ref.: 2550

Large Bar in a Complex



This is a spacious bar with tables for more than 100 in a busy and large complex in Golf del Sur. It is well-known and offers entertainment, dine-in and takeaway and therefore they even attract guests from the outside.

Price: 55,000€

Lovely Cafe in San Eugenio



This cafe in San Eugenio is known as a great place where both employees and clients of the shopping center come for breakfasts, lunch, and refreshments. The premises are 90 m2 including the terrace. Great for yourself or as an investment.

Ref.: 2510 Price: 69.000€

Cafe & Boutique Los Cristianos



This café in Los Cristianos is known for delicacy served at the place and for selling wines and delicacies for take away. It is a long-established and charming café with tables for 50 guests and a great reputation.

Ref.: 2539 Price: 57.500€

Take Away in Las Americas



This is in a perfect location for selling fast food every night and evening since located centrally in Las Americas next to some of the busiest bars and pubs. They offer classic fast food but the kitchen is large and you could expand the menu.

Ref.: 2559 Price: 115,000€

Freehold in Las Americas



This freehold is located centrally in Las Americas and offers an amazing panoramic sea view both from the terrace and inside. It used to be a bar but is closed today and needs a full refurbishment before opening, hence the low price.

Ref.: 2206

Price: 230,000€

Successful Asian Restaurant



This famous and successful Asian restaurant is located centrally in Los Cristianos and is very busy. The premises are spacious and beautifully decorated, and the kitchen is fully equipped. The owner wishes for only serious buyers, please.

Ref.: 2542 Price: 190,000€

British Bar in Torviscas



This British Bar faces a busy area in Torviscas next to a very busy complex and only minutes from the beach. The bar has a large terrace and has tables for about 45 guests. It would be great as a sports and cocktail bar.

Ref.: 2553 Price: 59.000€

Busy Gym for Sale



This modern gym in Tenerife South has been established for more than 4 years and comes with an advanced booking system, more than 600 clients, and the gym premises are more than 500 m2 and fully equipped.

Price: 180,000€ Ref.: 2472

Freehold Storage for Sale



FRINA Tenerife now offers this Freehold Storage for Sale. This freehold is in a complex in Torviscas Alto. Today the room is more or less empty and it can be taken over within weeks. The premises are 33 m2.

Ref.: 2554 Price: 29,000€

Popular Music Bar



This music bar is in a popular area of Golf del Sur. The place is open all day but is especially popular at night when music and live entertainment is on the program. The premises were recently refurbished and have tables for 60 guests. recently refurbished and have

Price: 42,500€

Small Las Americas Cafe



This cosy Cafe for Sale in Las Americas is facing a busy street with a lot of foot fall. It is a busy but smaller place that is perfect for a couple who wish to work together. It is in great conditaion and was recently refurbished.

Ref.: 2546 Price: 43,000€

LARGE FINCA & RESTAURANT



If you are looking for an extraordinary place to invest in you cannot miss this restaurant in the caves of a large and lovely finca including a bodega and wine-cellar. Moreover is a full kitchen and terrace. It has a <u>very good</u> reputation and income!

Ref.: 2549 Price: 125,000€







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