The Tenerife Property & Business Guide



Part of the Spanish | Property Guides group | Issue 188

June 2020

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THESE tips could save you hundreds of Euros when buying your dream holiday home.

The evenings are short and sun-tans, ice-cream and days on the beach feel like a distant memo-

practicalities to consider. After all, vou want vour bank account to look as healthy as your tan. Purchasing that holiday home means exchanging your Pounds for Euros, and when you're moving

Buying a holiday home in has jumped to £168,224. **Spain? Discover how to make BIG** savings

ry. If the cold and miserable winter is starting to get you down, it might be time to think about buying that 'dream home in the sun!'

Brexit or no Brexit, Spain, the Balearics and the Canaries remain the most popular destinations for Brits looking to buy a slice of sun overseas. The land of haciendas and siestas, sundrenched coastlines and lazy afternoons sipping sangria to the soothing chorus of cicadas... Spain has a lot to recommend it. But while soaking up the romance of a move to Spain is all well and good,

significant sums you can't (or must not!) just turn to the Bureau De Change!

Your local high street bank can make the necessary transfers for you, but most will charge fees and will NOT offer a competitive exchange rate. Looking to transfer money? Use a currency broker like Currencies Direct to work out how much you have - the answer may surprise you. Let's say you find your perfect property when the GBP/EUR exchange rate is 1.10 (meaning you receive 1.10 Euros for every £1) and the properthere are, of course, some ty is priced at €180,000.

At this time your purchase will cost £163,636. But as you make arrangements to transfer the money from your UK account the GBP/FUR exchange rate drops to 1.07. Suddenly the price of your overseas purchase This seemingly small fluctuation in the exchange rate would add over £4,000 to the cost of your new home.

When it comes to saving serious money, an

international transfer provider like Currencies Direct one of the world's leading currency brokers, offers a range of options. Unlike banks, most brokers work on a fee-free-basis so if you choose one you've already made a saving. If you're not in a rush to move your money it pays to stay up to date with the latest news and time your transfer effectively. Currencies Direct will send you regular daily, weekly and monthly updates, outlining current market movements and analysing forecasts for future rate changes. Using their formidable knowledge of the way currency markets operate, the main influences likely to exert pressure on specific currency pairings and the way economic events, political turmoil and central bank changes can affect exchange rates, the provider can give you the insights you

need to make an informed

Leading currency providers also offer Rate Alert services in which

you can fix the exchange rate for up to two years in advance of a needing to make a transfer.

This service is particu-



You could save huge amounts with these handy tips

vou set the rate vou want to achieve. When the exchange rate hits your target level you'll receive an alert by text, phone or email to let you know. Another valuable service offered by currency brokers is forward contracts. With a forward contract

larly useful when making a property purchase as the market could move significantly between you making an offer and the sale completing. While vou would miss out if the market improved, you'd be protected if the exchange rate suddenly dropped.

These measures are designed to help you swap volatility for predictability and protect your wallet from the capricious swings and roundabouts of the currency market. Taking the time to explore your transfer options could help you make serious savings on the purchase of your property leaving you with more to spend on your holidays.

The TPG recommends Currencies Direct (see article and ads on pages 34 and 35).



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- 4 bedrooms
- 2 bathrooms
- Close to amenities
- Gated community
- Popular urbanisation
- Sea views
- Furnished
- Immaculate condition
- Sunny terrace
- Communal pool

150 90

Price: 440,000€ Ref: 4V3471

Villa Teide, San Eugenio Alto



- 3 bedrooms
- 2 bathrooms
- Quiet location
- Close to amenities
- Sea views
- Refurbished
- Furnished
- Immaculate condition Private pool
- Various terraces

100 120

Price: 472,500€ Ref: 3V3469

Las Pergolas, El Madroñal



- 4 bedrooms
- 2 bathrooms
- Close to amenities Gated community
- Residential area
- Sea/mountain views
- Independent kitchen
- Furnished
- Private pool Various terraces
- 160 300

Price: 485,000€ Ref: 4TH3470

Los Atamanes/Sun Set Bay, Torviscas Bajo



- 2 bedrooms
- 2 bathrooms
- Central
- Close to amenities
- Sea views Furnished
- Various terraces

2 bedrooms

2 bathrooms Close to coast

Sea views Open plan kitchen

- Street parking
- On-site supermarket

75 🖭 18

Price: 370,000€ Ref: 2D3465

Benimar, Bahia del Duque

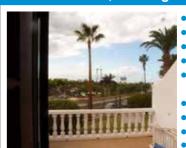


- 1 bedroom
- 2 bathrooms
- Close to amenities
- Gated community
- Sea and mountain views
- Furnished
- Sunny Terrace
- Underground parking
- Community pool

70 13

Price: 245,000€ Ref: 1A3458

Oasis, San Eugenio Alto



- 1 bedroom
- 1 bathroom
- Central Close to amenities
- Close to beach
- Sea, garden views
- Furnished
- Sunny terrace
- Community pool
- Street parking

48 🔼 15

Price: 129,000€ Ref: 1A3433

Res. Paraiso II, Playa Paraiso

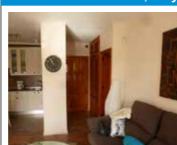


- Furnished Sunnv balconv
 - Underground parking Community pool
- 70 8

Price: 220,000€

Ref: 2A3460

Club Paraiso, Playa Paraiso



- 2 bedrooms
- Close to amenities
- Close to the beach
- Sunny Terrace Communal parking
- Community pool
- Open plan kitchen
- Well presented
- 90 🕮 16

Price: 245,000€ Ref: 2A3459

Arco Iris, Callao Salvaje



2 bedrooms

- Gated community Close to amenities
- Close to beach
- Furnished
- Large terrace
- Community pool Open plan kitchen
- 73 🔼 14

Price: 200,000€

Ref: 2D3467

Las Galletas



- Studio
- 1 bathroom
- Second line to beach Touristic area
- Close to amenities
- Central Furnished
- Sunny terrace Street parking
- 45 6

Price: 85,000€

Ref: 0S3468

464 CC San Eugenio, San Eugenio Bajo

Sand Club, Golf del Sur



- 1 bedroom
- 1 bathroom
- Close to amenities Close to coast
- Popular urbanisation
- Sunnv terrace Community pool
- Refurbished Immaculate condition

45 🔼 8 Price: 157,500€

Ref: 1A3462

El Mocan, Palm Mar



- 1 bedroom
- 1 bathroom Residential area
- Gated community
- Close to coast
- Furnished Sunny terrace
- Underground parking Community pool
- 54 4 6
- Price: 149,000€

Ref: 1A2966

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- Luxury Villas
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- New Developments
- Bank Repossesions
- Relocation Assistance





El Mocan, Palm Mar





ully furnished 1 bed, 1 bath apartment on

gated, popular urbanisation in residential area. The property is in immaculate condition, with open-plan kitchen, storerooms, nice terrace, and underground parking, and is centrally located close to the beach, and amenities. There is also a community pool and children's pool. Price: 139000€ Ref: 1A3472





Oasis, San Eugenio Alto







ovely, fully 48 12 12 f u r n i s h e d, centrally located 1 bed, 1 bath apartment on popular, gated urbanisation with pool and

popular, gated urbanisation with pool and gardens in touristic area. The property has a lounge/diner, American kitchen, sunny terrace which enjoys sea, pool, and garden views, and is located close to amenities.

Price: 180,000€ Ref: 1A3464



Garden City, San Eugenio Bajo





ery nice, fully 50 14
furnished, 1 bed,
1 bath apartment on popular Touristic complex with pools and sunbathing terraces. This centrally-located property has a lounge/diner, open plan kitchen and a large sunny terrace with garden views and is located close to all amenities and the sea front/harbour.

Price: 195,000€ Ref: 1A3461







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Costa del Silencio, Balcon del Mar

Spacious (137sqm built + 2 terraces totalling 17.75sqm) 3 bed, 2 bath apartment with stunning sea views on this popular sea front complex with lovely pool area. The property has a lounge/diner, open plan kitchen, storeroom and 2 private parking spaces and is close to amenities.

Ref: 955-1213 €299.000



Costa del Silencio, Balcon del Mar

Fully furnished, well-maintained 1 bed, 1 bath first floor apartment on this sought after, sea front complex with beautiful pool and sunbathing terraces. The property enjoys lovely sea views and has a lounge/diner, open plan kitchen and a sunny terrace. Great value!

Ref: 50-0320 €155,000



Costa del Silencio, Coral Mar 1 bed, 1 bath apartment in need of refurbishment. Sunny 22sqm terrace. Open kitchen. Partfurnished. Complex with pool, close to all

Ref: 46-0220 €105,000



Las Galletas

Beautifully renovated, fully furnished, 3 bed, 2 bath (both en suite) 4th floor penthouse one street from the sea front. The home is light with a terrace of +/- 15sqm enjoying amazing sea

Ref: 39-0120 €315,000



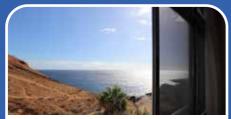
Costa del Silencio. Los Geranios Beautiful 1 bed apartment of 40sqm located on the 1st floor with 15sqm terrace overlooking swimming pool. Direct access from the terrace to the large roof terrace (20sqm).

Ref: 18-1019 €129,900



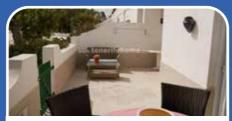
Costa del Silencio. Palia Don Pedro mpletely renovated 1 bed, 1 bath apartment in popular aparthotel. Terrace overlooking gardens. The complex has a communal and parking for

Ref: 1311-0917 €99,900



Costa del Silencio, Chasna C Beautiful, fully furnished 1 bed, 1 bath 5th floor penthouse on popular sea front complex with heated pool. Fantastic view of the sunrise over the ocean and Yellow mountain. Great opportunity!

Ref: 51-0220 €134.000



Costa del Silencio, Parque Don Jose Nice 1 bed, 1 bath ground floor apartment on this sought after complex with lovely pool area. In very good condition! 25sqm sunny terrace. Community Fees: €137 / month.

€145,000 Ref: 53-0320



Costa del Silencio, La Baraca Lovely, fully furnished 1 bed, 1 bath apt (42.89sqm) with an extra bed and bath (8sqm) on the roof terrace. Terrace off lounge with views to Mt Teide. Parking space included. eautiful swimming pool area, close to sea front

Ref: 1499-0719 €185.000



Costa del Silencio, Parque Don Jose Fully renovated and furnished 1 bed, 1 bath apartment on sought after complex with spectacular pool area. The property has a lounge-dining area, modern kitchen with island, sunny 10sqm terrace. Community fees: €96 /month.

Ref: 1483-0419 €155.000

C.C. El Trebol, Local 37, J. A. Avda. Tavio, **COSTA DEL SILENCIO,** 38630, Tenerife.

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VALLE SAN LORENZO, BEAUTIFUL 1 BED



Beautiful, fully furnished, 1 bed, 1 bath apartment with parking space and storeroom in a well-kept residential complex with pool and lifts. The property has an independent fitted kitchen, utility room, spacious lounge/dining room and a balcony with afternoon sun. Very peaceful location in a cul de sac. Excellent value for money!

€188,000 **AP123-BP**

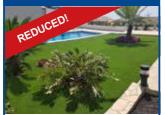
LAS AMERICAS, PUEBLO CANARIO



Lovely, fully furnished, 5th floor apartment in sea front complex with pool. The property has an open plan kitchen, lounge/dining area and lovely sunny terrace with sea views. A holiday letting licence has been applied for.

€290,000 **AP210-HP**

GRANADILLA, YACO



Superb, fully furnished, 4 bed, 3 bath villa on 2 floors with private pool. The property has a large lounge/dining area, ind. kitchen, utility area, office, various terraces (incl. roof terrace and BBQ area), beautiful sea views.

€542,000 V402-BP

ARONA. **FINCA**



Finca with 5 bed, 3 and a half bath country house. The property is made up of various buildings and a main house with landscaped gardens, gazebos, chill-out areas, various terraces

€1,190,000 F104-HP

EL MADRONAL, LOS GIRASOLES



Fantastic modern style 4 bed, 3 bath (1 en suite) villa with private pool. The property has a large (50sqm) lounge/dining area, open plan fitted kitchen, private garden/pool area and parking/storeroom. Extras include aircon. A great family home.

V418-BP €495,000

FANABE ALTO. BALCON DE FANABE



Lovely 3 bed 2 bath (+WC) townhouse in nice residential location. The property has a balcony, spacious living-dining room, beautiful terrace with extraordinary views and beautiful sunsets, independent kitchen, 2-car caracre. with direct access to the garage with direct access to the house.

€385,000 **TH307-HP**

CHAYOFA, 3-BED TOWNHOUSE



Lovely 3 bed, 2 bath townhouse in small, quiet complex only a few minutes' drive from Los Cristianos. The property is built on 2 floors with a garage in the basement, lounge/diner, kitchen and can be purchased either part-furnished or unfurnished.

€270,000 **TH305-HP**

GOLF DEL SUR. GREEN PARK



furnished 1 bed, 1 bath apartment (tastefully converted from a studio). Great as a holiday apartment or rental property. The complex has a nice pool area and has many services nearby

€99,000 ST111-AG

ROQUE DEL CONDE



Lovely, spacious, 2 bed, 2 bath (1 en suite) townhouse in lovely residential complex with pool. The property has 2 good-size terraces with sea views and a private

TH205-HP

SAN EUGENIO ALTO, **FANTASTIC BUNGALOW!**



Fantastic, spacious (65sqm built plus 75sqm terrace on plot of 144sqm) 2 bed, 1 bath bungalow in sought after location. The property has a large lounge/dining area with open plan kitchen, good-sized storeroom and a lovely sunny terrace with views.

€179,000

GOLF DEL SUR, ALAMOS PARK



Superb, fully furnished, 7 bed villa (250sqm built on 1,000sqm plot) with 9m x 6m private pool. The ground floor has 4 bedrooms, all en suite, plus a 65sgm open plan lounge with feature kitchen Many extras.

€599,000

LAS AMERICAS, **TATTOO SHOP**



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bathroom and storeroom. Very well equipped. Contact us now for more information.

€12,000

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CC Puerto Colon - Playa de Las Américas



2 BED APARTMENT - GOLF DEL SUR

RENTAL INVESTMENT!

This spacious two bedroom apartment is perfect as a holiday home, a winter base or even as a rental investment at a great pricel. Based on a tourist complex with three swimming pools, community garden, reception area as well as a pool bar and a selection of bars and cafes within the complex. There is a choice of supermarkets nearby. The property is modern in style and is sold furnished.

Ref: GOLF01622

Price: €115,000 (approx. £97,500)



2 BED APARTMENT - GOLF DEL SUR

TURNKEY PROPERTY!

This ground floor apartment, converted from one bedroom to two, is light, spacious & in excellent condition. Fully furnished with open plan kitchen, en-suite bathroom, satellite TV & plenty of outside space with a covered terrace & small private garden with pool views. Based on a well maintained complex with 2 heated pools set amidst tropical gardens, close to all amenities, this is well worth putting on your viewing list.

Ref: GOLF01611

Price: €155,000 (approx. £131,500)



1 BED APARTMENT - AMARILLA GOLF

REFURBISHED PROPERTY!

This ground floor refurbished one bedroom, one bathroom apartment comes furnished with fully equipped kitchen, fitted wardrobes, sunny terrace, communal pool & garden. Located on a quiet residential complex close to all local amenities & the golf club house. With a pleasant garden view and just a few steps to the pool. Ideal for a holiday home or that winter retreat you have always promised yourself.

Ref: AMG00549

Price: £142,000 (approx. €162,000)



2 BED APARTMENT - AMARILLA GOLF

SPACIOUS APARTMENT WITH PARKING!

This spacious two bedroom garden apartment is perfect as a winter holiday home or a permanent residence! Just a short walk from all local amenities, the beautiful San Miguel Marina and Amarilla Golf Course and even Golf del Sur! With two large double bedrooms (the master bedroom is very spacious!) a fully fitted bathroom and a new open plan modern fitted kitchen and lounge area. With parking.

Ref: AMG00550

Price: £155,000 (approx. €172,500)



1 BED APARTMENT - LOS CRISTIANOS

SEAFRONT LOCATION!

A rare opportunity to own an excellent one bedroom garden apartment in one of the most popular complexes in Los Cristianos. Based on the popular, and very well maintained Paloma Beach complex. Ideally located close to the seafront , a host of local bars and restaurants, this secure holiday complex has a beautiful pool area and gardens to enjoy all year round.

Ref: LC00590

Price: €224,000 (approx. £190,000)



3 BED TOWNHOUSE - CHAYOFA

IDEAL HOME OR WINTER BASE!

An attractive three bedroom townhouse based on a quiet residential complex in the heart of the pleasant village of Chayofa, which is less than five minutes to the main tourist areas of Los Cristianos and Costa Adeje. This property is ideal as a permanent home or winter base. It has spacious internal and external living space, open views to the countryside and coast, and a private underground garage.

Ref: OUT01147

Price: €270,000 (approx. £229,000)



3 BED TOWNHOUSE - PALM MAR

FAMILY HOME!

If you're looking for a spacious good quality family home, we are sure you will like this townhouse! Three bedrooms, two bathrooms, WC, independent fully equipped kitchen and separate utility room, split level lounge & dining area, front and rear garden, roof terrace and private underground garage. Club de Mar is a pleasant residential development in Palm Mar and enjoys an excellent micro-climate!

Ref: PM00108 Previously €385,000 Price: €330,000 (approx. £279,500) Project of the second s

3 BED VILLA - AMARILLA GOLF

VILLA WITH HEATED POOL!

A fantastic opportunity to acquire a three bedroom, three bathroom villa with stunning golf course views and heated private swimming pool. This wonderful property offers a healthy balance of internal and external space. The interior is light, bright and airy and the sunshine floods in from the many windows. The lounge offers an air conditioned environment. Make sure you book a viewing today!

Ref: AMG00523 Previously €435,000 Price: €390,000 (approx. £330,500)



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1 BEDROOM APARTMENT - LOS CRISTIANOS









This beautiful and bright one bedroom apartment has amazing frontline views to the coast and ocean! Based on the popular holiday complex of Paloma Beach in Los Cristianos, this is a perfect property as a holiday home or rental investment. Tastefully renovated and furnished throughout. The complex has a lovely pool area and gardens and is ideally located for all local amenities.

Ref: LC00591 Price: €235,000 (approx. £199,000)

2 BEDROOM DETACHED VILLA WITH POOL - SAN EUGENIO ALTO









A beautiful two bedroom, two bathroom detached villa with private pool located in the prestigious San Eugenio Alto area of Costa Adeje. If you are searching for a holiday home or a permanent residence then this is perfect. Excellent location, panoramic views to the Coast and surrounding area from the pool area and the roof terrace! There is also an impressive double garage under the villa. Previously €675,000

Ref: LA01843 Price: €595,000 (approx. £504,000)





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Los Menores,

€1.400.000

€1.400.000

8 bed · Situated just outside the tourist area of Costa Adeie. the shops and amenities, this fantastic property comprises of 8 double bedrooms, and 6 bathrooms. The original house was divided in 2, so you have 2 spacious living rooms and 2 fully equipped kitchens, all granting access to big terraces. There is a lot of outside space... For full information see website or contact: Ref: 5100 | Clear Blue Skies

El Roque,

3 bed · This beautiful villa enjoys of a great location with panoramic coastal and mountain views. The property

comprises of a villa with private pool and project for a restaurant with all facilities in place and ample parking for clients. The villa has been built in one level and comprises of 2 double bedrooms (master en suite and with dressing room), one single... For full information

Ref: 6196 | Clear Blue Skies SL | 922 714 772

Torviscas Alto, Villa €1,350,000

3 bed · Off plan opportunity to purchase a spacious contemporary villa with private pool in the quiet Roque del Conde area of Torviscas. The villa forms part of the Villa16 project comprising of 16 detached luxury villas enjoying breath-taking views over Costa Adeje. A modern living space distributed over 2 floors and offering a fully equipped open plan kitchen a... For full information see website or contact:

Ref: 7638 | Clear Blue Skies SL | 922 714 772

Abama Golf Resort, Villa

€1,285,000 2 bed · A limited collection of 12 magnificent detached homes, each with private pool deck. Villas del Tenis offers the utmost in privacy and the most breathtaking views. Adjacent to the Annabel Croft Tennis Academy, encircled by the brilliant Dave Thomas golf course, Villas del Tenis will appeal to those who demand the best-of-the-best. Some villas comprise of t... For full information see website or

Ref: 7105 | Clear Blue Skies SL | 922 714 772

Los Cristianos, Villa

€1,180,000

4 bed · An immaculate. exclusive and top quality villa in a recently completed residential complex. The villa has been redesigned by its sole owner, converting one of the dining rooms into a separate apartment with its separate kitchen, living room, bedroom and separate bathroom. What makes this setup, perfect for guests or friends. The property is sold fully fur... For full information see website or

Ref: 7487 | Clear Blue Skies SL | 922 714 772

Palm Mar. Detached villa

Modern 4 bedroom villa on front

Tenerife Properties Ref: I1265 Tel: 699 250 870 / 608 573 443

San Eugenio, Jardin Tropical

2 bedroom luxury apartment in front line complex. Tenerife Properties Ref: T1157 Tel: 699 250 870 / 608

573 443 villa, Villaflor Detached

property does not come oftenon market. Sold furnished Ref: 86-330 | Dr Stange International | 922 793271

San Eugenio Alto, Caldera del

€875,000 3 bedroom modern villa with

Tenerife Properties Ref: I1300 Tel: 699 250 870 / 608 573 443

€845 000

Torviscas Alto,

4 bed · ♦ Location: Residential Area ♦ Views: Sea. Mountain ♦ Rooms: Hall/Entrance, Independent Kitchen, Lounge and dining area, Fitted

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€970.000 3 bedroom villa plus studio apartment.

Tenerife Properties Ref: I1305 Tel: 699 250 870 / 608 573 443

€950.000

4 bed · Spacious villa with 2 double bedrooms, really large living area, bathroom and shower room. Completely equipped kitchen, terraces with awnings and electric shutters on all the windows. The property has two separate apartment, one of which has two bedrooms (one with en suite bathroom), an independent kitchen, 2 bathrooms, solar heated indoor pool and a terra... For full information see website or

Ref: 5490 | Clear Blue Skies SL | 922 714 772

€895.000

5 bed · Luxury Country-Villa with Pool, Bodega and Panoramic Sea View. Ref: 20140396 | A1 Real Estate & Property Consultants | 922 729395

Armenime,

€888.000 3 bed · This fantastic villa is

wardrobes, Family Bathroom, Games room ♦ Quality: Quality construction, Furnished, Well presented, Spacious accomodation, Rustic style ♦ Features: Private swimming pool, Jacuzzi, Satellite system • Outside: Sunny Terrace, Large G... For full information see website or contact:

KEYBOARDS

FOR HIRE

Ref: 4V3135 | Property Alliance SL | 922 777 747

La Tejita, Villa

€780,000

3 bed · ♦ Location: Quiet location. Close to the coast Close to the beach ♦ Close to: Shops, Transport, Town. Restaurants/Bars/Cafes, Coast, Beach, Airport ♦ Views: Pool, Garden ♦ Rooms: Bathroom, Ensuite. Fitted wardrobes. Lounge and dining area, Galley Kitchen, Store rooms, Hall/ Entrance ◆ Quality: Modern, Furnished, Charming property, Quality construction ♦ F... For full information see website or

Ref: 3V3419 | Property Alliance SL | 922 777 747

Las Rosas, Villa

€735,000

4 bed · Fantastic three storey property located in a very peaceful area close to Las Galletas. On the ground floor of

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Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA

situated near the GOLF COURSE of Adeje. Set on 3 floors with unobstructed views. 2 beds with dressing room, 2 baths, 1 toilet,2 living-lounges (fireside),Library, ample hall, large kitchen with dining, patio canario.garage, pool and much more. Such an exclusive

this property there is a large indoor barbecue area with kitchen, wash room and WC with access to the wrap around terrace. There is a small courtyard for outdoor dining that leads to a self contained apartment which can also be accessed from the m... For full

information see website or

Ref: CHA0441 | Tenerife Island Rentals and Buy Tenerife | 922 7510728

Torviscas Alto, Villa €695,000

4 bed · ♦ Location: Central, Close to amenities. Popular urbanisation, Residential Area ◆ Close to: Medical Facilities, Coast, Restaurants/Bars/Cafes, Transport ♦ Views: Sea, Mountain, La Gomera ♦ Rooms: Hall/Entrance, Store rooms, Independent Kitchen, Dining room, Lounge and dining area, Attic Fitted wardrobes Dressing room, Bathroom, Family Bathroom, Office, ... Fo full information see website or contact:

Ref: 4V3396 | Property Alliance SL | 922 777 747

Torviscas Alto.

€695.000

4 bed · Offering delightful views this detached Andalusian style villa is situated in a prestigious area of San Eugenio Alto. Spread over 3 floors the property boasts a large living area comprising of an independent fully fitted and equipped kitchen, utility area, lounge with dining area and floor, upstairs there are 3 double bedrooms (o... For full information see website or

Ref: 7147 | Clear Blue Skies SL | 922 714 772

3 bed · Luxury house with 3

independent kitchen, bright

lounge, large private garden, terrace and large Jacuzzi.

Spacious office and storage

Properties | 922 751 / 630

3 bed · Fully furnished 3 bed, 3

bath townhouse near the sea

front with pool and gardens.

The property measures: Int.

200sam., Ext. 150sam.

Ref: 3TH2896 | Property

Alliance SL | 922 777 747

Garage for 2 cars. Panoramic

bedrooms 3 bathrooms

San Eugenio Alto,

views to coast.

994991

Ref: Sunil | MK

Los Cristianos,

development which shall be divided into three terraces, each containing a selectio... For full information see website or

Ref: 5484 | Clear Blue Skies SL | 922 714 772

Adeje Town, Rustic House €610.000

2 bed · A beautiful rustic house on a plot of 47,000m2 in the village of Ifonche, in Adeje. On the land there are 5 caves overlooking the sea and the islands of La Gomera, El Hierro and La Palma. The property has all the equipment to make wine from the vinevards and various fruit trees and gardens It has an irrigation system already piped in. This finca is situa For full information see

Ref: 6318 | Clear Blue Skies SL | 922 714 772

San Eugenio Alto,

€600.000

5 bed · ♦ Location: Residential Area, Quiet location ♦ Views: Sea, La Gomera ♦ Rooms: Utility room, Fitted wardrobes, Lounge and dining area, Independent Kitchen, Hall/ Entrance ♦ Quality: Spacious. Rustic style, Good condition, Furnished ♦ Features: Security Satellite system. Private swimming pool, Heated swimming pool, Air

panoramic coastal views which must be seen to be appreciated. This well-kept

property pays great attention to detail in both its large fullyfitted kitchen and stylish lounge which leads onto the patio with private pool. The master bedroom is en suit For full information see website or

Quality: Furnished, Charming

property, Rustic style, Spaciou... For full information

see website or contact:

Ref: 3V3003 | Property

Golf del Sur,

bargain price.

Torviscas Alto.

Alliance SL | 922 777 747

4 bed · Villa on one level

large, heated indoor pool,

Ref: Alamos Park | MK

Properties | 922 751 / 630 994991

4 bed · Superb family villa on

sought after area of Torviscas

four levels in an exclusive.

Alto with breathtaking,

(400m2) with 4 bedrooms 3

gardens and much more at a

bathrooms, 2 living rooms, very

€595,000

€595.000

Ref: 1020 | Clear Blue Skies SL | 922 714 772

Callao Salvaje,

€595,000

3 bed · ♦ Location: Quiet location ◆ Close to: Transport ◆ Views: Pool, La Gomera, Sea, Garden ♦ Rooms: W. C. Bathroom, Fitted wardrobes, American Style Kitchen, Store rooms, Hall/Entrance ♦ Quality: Newly built, Modern, Good condition, Unfurnished, Charming property, Quality construction ◆ Features: Private swimming pool, Double Glazing ◆ Outside: Garden, Sunny... For full information see website or

contact: Ref: 3V3306 | Property Alliance SL | 922 777 747

Playa de la Arena,

€580.000

3 bed · An immaculate 3 bedrooms independent villa in Plava de la Arena. With stunning views of the ocean and the neighbouring island of La Gomera. The villa comprises of 3 bedrooms, 3 bathrooms and separate kitchen, spacious lounge from which you can access a fantastic patio and pool area that is perfect for barbecues and entertaining. The property also has a la For full information see website or contact:

Ref: 6984 | Clear Blue Skies SL | 922 714 772

San Eugenio, Parque San Eugenio

€565,000 2 bedroom. bathroom bungalow with garden in central location.

Tenerife Properties Ref: I1309 Tel: 699 250 870 / 608 573 443

Aguilas del Teide,

€562 000

3 bed · Beautiful 3 bedroom, all with fitted wardrobes, 3 bathroom (all en-suite) + w. c. fully furnished Villa for sale in popular area in the south of Tenerife. There is a large fully fitted kitchen and dining room, living room, wooden floors

Abama Golf Resort, €615,000 2 bed · The Terraces of Abama

is the ultimate luxury development in the Canary Islands. It has been especially designed and created offering the concept of true exclusivity as is befitting of the luxury Abama brand, Clear Blue skies are happy to present for sale the second phase of

conditioning... For full information see website or contact: Ref: 5V3128 | Property

Alliance SL | 922 777 747

NEW STORE NOW OPEN!

ACROSS THE ROAD FROM OUR OLD ONE IN LOS ABRIGOS

SEE OUR MAIN ADVERT ON PAGE 34

€690.000

€599.000 3 bed · Immaculate villa on the exclusive Alamos

Park development of Golf del Sur. This spacious villa offers bungalow style living and consists of a separate fully fitted kitchen, spacious lounge diner and large conservatory/2nd lounge. The master bedroom benefits from fitted wardrobes, a large

en-suite bathroom with sauna and Jacuzzi unit, the second bedroom al... For full information see website or

Ref: 5984 | Clear Blue Skies SL | 922 714 772

€599,000

Golf del Sur,

3 bed · ♦ Location: Close to the coast. Popular urbanisation ◆ Close to: Airport, Coast, Restaurants/Bars/Cafes, Medical Facilities, Shops Transport ♦ Views: Mountain, Sea • Rooms: Hall/Entrance. Independent Kitchen, Lounge and dining area, Fitted wardrobes, Family Bathroom,

Ensuite, Bathroom, Office +



* TENERIFE PROPERTIES



ENGLISH / ESPAÑOL / FRANÇAIS / ITALIANO - 608 573 443

Контактный телефон для русскоговорящих - 648 525 024

Windsor Park, San Eugenio Alto



sea views.
€158.000 Ref: N1359

Los Geranios, San Eugenio



Large studio apartment can be converted into 1 bedroom apartment.

€185,000 Ref: A439

Villamar, San Eugenio



1 bedroom, 1 bathroom apartment on front line complex.

€299,000 Ref: N1394

Ocean Park I, San Eugenio



1 bedroom, 1 bathroom penthouse apartment.
Refurbished.
€190,000 Ref: N1393

Garden City,



1 bedroom, 1 bathroom penthouse apartment with sea views.

€210.000 Ref: N1157

Parque San Eugenio, San Eugenio







Charming 2 bedroom, 1 bathroom bungalow on a quiet residential complex in the heart of San Eugenio. This lovely bungalow is in a quiet position on the well-kept complex and comprises 2 bedrooms, 1 bathroom, lounge, recently modernised kitchen, terrace to the front and large terrace / garden to the rear plus a roof terrace. The property is in need of a quick sale and has been reduced from €325.000.

€249,000 Ref: T1124

PROPERTIES ARE IN DEMAND! WE OFFER A FREE VALUATION! SPECIAL OFFER: ENERGY EFFICIENCY CERTIFICATES PLEASE CALL US FOR MORE INFORMATION!

Paradero I, San Eugenio







Spacious 2 bedroom, 1 bathroom bungalow situated in a central location. This lovely bungalow has high ceilings and a very large lounge incorporating an American-style kitchen at one end and with a conservatory / dining room at the other end. There is a very big master bedroom and a smaller second bedroom and 1 bathroom. Outside the property has a terrace area and garden that is both peaceful and private. The complex is gated and has parking. It is only a 5 minute walk from the sea front.

€285,000 Ref: T1195

Las Brisas, San Eugenio Alto



2 bedroom, 2 bathroom apartment with sea

views. €195,000 Ref: T1197

Parque Cristina, San Eugenio Alto



2 bedroom, 1 bathroom apartment with large terrace and sea views.

£210,000 Sterling Ref: T1192

Roque del Conde. Torviscas Alto



2 bedroom, 1 bathroom apartment with large terrace of 21m2 and sea views. Sold with garage space.
€189,500 Ref: T1177

Club Atlantis Bungalows,



2 bedroom, 2 bathroom, duplex bungalow with sea views.

€290,000 Ref: T1175

Bungalow, Chayofa



2 bedroom, 1 bathroom bungalow with terrace and garden with games room, wine cellar, storeroom.

Translators available for any other languages.



Tel: 922 724 110 • Sales: Lynne: 699 250 870 Rachel: 608 573 443 Local 3, C.C. Palo Blanco, San Eugenio, Adeje 38660, Playa de las Americas www.tenerifeproperties.net • lynne@tenerifeproperties.net



throughout with its own private heated swimming pool. The Villa is air-conditioned and has been completely renovated. T.. For full information see website

Ref: S-03 1279 | Tenerife Prime Property | 922 703 725

Puerto Colon, Club Atlantis Bungalows

€550.000 2 bedroom, 2 bathroom duplex

bungalow on frontline.

Tenerife Properties T1172 Tel: 699 250 870 / 608

Palm Mar, Townhouse €550,000

3 bed · A totally renovated home just a short stroll from the sea. This semi-detached property is finished in a bright modern style with the living area on one floor, comprising of three good size bedrooms, master with fitted wardrobes and en-suite shower room, guest shower room, fully fitted & equipped kitchen with all new appliances and a spacious lounge. Under... For full information see website or contact:

Ref: 7513 | Clear Blue Skies SL | 922 714 772

San Eugenio Alto, Mirador del

€550,000

3 bedroom villa with pool.

Tenerife Properties Ref: I1234 Tel: 699 250 870 / 608 573 443

Golf del Sur.

€549,000 4 bed · Beautiful 3/4 bedroom

villa for sale in Alamos Parque on Golf del Sur. Situated on a large 1000 m2 plot, this villa has 250 m2 of living space. Good sized bedrooms, a large lounge and dining area, kitchen, utility room. Great outside space with large garden area swimming pool and terraces for BBQ and entertaining. Driveway for several cars. Sold unfu For full information see website or contact:

Ref: V406-BP | Tenerife Belfin Properties | 692 146808

El Cho,

4 bed · ♦ Location: Residential Area, Quiet location ♦ Close to: Schools, Transport, Airport + Views: Mountain ♦ Rooms: Games room, Hall/Entrance, Independent Kitchen, Lounge and dining area, Fitted wardrobes, Bathroom, Family Bathroom ♦ Quality: Spacious, Rustic style. Well presented. Immaculate condition, Part furnished. Quality construction. Charming property ... For full information see website or

Ref: 4V3241 | Property Alliance SL | 922 777 747

Golf del Sur.

4 bed · Large family villa in the exclusive Alamos Park area of Golf Del Sur. Standing on a plot of 1000m2 this beautiful villa is built to a high specification and comprises of a bright entrance hall leading to a superb independent fully fitted and equipped kitchen, a large lounge with 2 sets of patio doors leading onto a gorgeous terrace/garden area. Opposite t... For full information see website or contact:
Ref: 7144 | Clear Blue Skies

SL | 922 714 772

El Medano.

€525.000

4 bed · 4 bed. 3 bath semidetached house with sea view in a popular area. Integrated

garage.
Ref: 1763 | Homes &

Away | 922 737 044

Las Americas. €525,000

2 bed · Fully furnished 2 bed. 2 bath apartment in touristic complex with pool, gardens and satellite TV. The property measures: Int. 76sqm., Ext.

Ref: 2D2762 | Property Alliance SL | 922 777 747

El Madronal.

€499.000

4 bed · Fantastic modern style villa in El Madroñal. The villa has 4 bedroom and 3

information see website or contact:

Ref: 85-308 | Dr Stange International | 922 793271

Vera de Erques, Rural House €490.000

4 bedroom rural house garden. Tenerife Properties Ref: 11304 Tel: 699 250 870 / 608 573 443

El Galeon.

€475,000 5 bed · ♦ Location: Close to amenities, Gated community, Popular urbanisation, Residential Area ♦ Close to:

Tenerife

1 +34 670 636 004 · +34 617 294 803

Calle Colón, 1st Floor, local 213, Puerto Colón, 38660 Adeje

W tenerifebusinessforsale.com · tenerife-property.com

English, Spanish, Dutch, Flemish, German, French, Danish

Large (50 m2) lounge/kitchen area. Outside you have a private garden and pool area There is parking and storeroom Air conditioning. Great family home in the residentila are but very close to all services and shops and only a short drive from ... For full information see website or contact:

Ref: V418-BP | Tenerife Belfin Properties | 692 146808

Granadilla.

7 bed · Granadilla de Abona: Historic Guesthouse with Sunny Terrace, Seaview & Building

PlotThis historic townhouse with

Medical Facilities, Restaurants/ Bars/Cafes. Schools. Town. Transport, Shops ♦ Views Garden, Sea ♦ Rooms: Hall/ Entrance, Store rooms, Independent Kitchen, Lounge and dining area, Fitted wardrobes, Ensuite, Bathroom, Family Bathroom, W. C. ◆ Quality: Quality... For full information see website or

Ref: 5V3116 | Property Alliance SL | 922 777 747

San Eugenio Alto, Falcon Manor

€475,000

Luxury 2 bedroom, 2 bathroom apartment with garage.



ACROSS THE ROAD FROM OUR OLD ONE IN LOS ABRIGOS

SEE OUR MAIN ADVERT ON PAGE 34

volcano-stonewalls aged for more than 300 years is now for sale in Tenerife South in Granadilla de Abona, Preceding its opening about 14 years ago, the owners have restored all the building's details with love and care and transformed the place... For full information see website or contact:

Ref: 20140599 | A1 Real **Estate & Property** Consultants | 922 729395

Charco del Pino, Finca €495,000

5 bed · Three independent dwellings currently run as a rural B&B. Huge potential for further developments. Sun terrace, parking and panoramic

Ref: 1905 | Homes & Away | 922 737 044

San Eugenio Alto,

€490,000

3 bed · 3-storev detached house in the upper part of Las Americas (San Eugenio Alto). Upper floor: main apartment with 2 beds. 2 baths and terraces. Groundfloor: 1- bed quest apartment. Basement: large garage/workshop, office and toilet. All bedrooms with aircon. Resort with community pool. This nice property is completely renovated and will be sold part furnishe... For full

Tenerife Properties 573 443

T1180 Tel: 699 250 870 / 608

Los Cristianos

2 bed · Tenerife-South: Duplex-Penthouse in Top-Location of Los Cristianos with Grandiose Roof-Deck and Breathtaking Views --- 168 sam of living space, thereof 60 sqm of roofdeck, main terrace 18 sam. spacious kitchen, 2 BR, 2 bathrooms, garage and trastero, 2 pools (one heated during wintertime, fully furnished, air

condition Ref: 20150598 | A1 Real Estate & Property Consultants | 922 729395

Parque de la Reina,

€472.000

€473.000

5 bed · Belfin Property is proud to present for sale this lovely family home with an adjacent building plot. The house is built on 2 floors plus a roof terrace with utility room. Downstairs you have a large separate kitchen with a storage room. There is a guest bedroom and a bathroom with a sauna and also a guest toilet. The lounge is large (27 m2) and bright ... For full information see website or

Ref: V401-BP | Tenerife Belfin Properties | 692 146808

Chayofa, Villa

€469.950

3 bed · Chayofa Country Club offers a number of private villas. They all have views of the southern Tenerife mountains and the sea beyond. The accommodation provides all the luxuries and benefits you would expect from a private villa, but with the added bonus of all the facilities of an apartment complex All the villas have three en-suite bedrooms; they are very... For full information

see website or contact:

Ref: LUX0492 | Tenerife Island Rentals and Buy Tenerife | 922 751072

San Eugenio, Las Flores

€465.000 bedroom, 2 bathroom bungalow in central location.

Tenerife Properties F T1173 Tel: 699 250 870 / 608

Playa Fanabe, Townhouse €450.000

4 bed · A great opportunity to purchase a large townhouse in a desirable area. Oasis de Fanabe is a residential complex of houses in the El Madronal de Fanabe area. This spacious



Call Donna in our Los Cristianos office +34-922 971 781 or Carol on <u>+34-687 906 607</u>

Palm Mar,

€475,000

2 bed · This spacious 2-bedroom apartment on the first floor in the exclusive and luxurious complex Bahia de los Menceyes offers guaranteed amazing ocean views and also panoramic views over the Nature Reserve La Rasca. It is in perfect condition and furnished with quality furniture and also has a fully equipped Italian kitchen with first class appliances. Both be... For full information see website or contact:

Ref: S 1009 | FRINA Tenerife SL - Property Sales | 922 085 family home consists of 4 bedrooms, 3 bathrooms, quest toilet, independent kitchen with utility room, large dining area and lounge that has terrace access front and back. There is a priv... For full information see website or contact:

Ref: 7493 | Clear Blue Skies

SL | 922 714 772

Playa Paraiso,

€450,000

3 bed · Beautiful villa for sale in Playa Paraiso The villa consists of 3 bedrooms, 3 bathrooms and a guest toilet. It has 2 kitchens, one indoors and 1 on the terrace and a living room. There are 3 terraces of which 2 have wonderful sea

contact: Ref: ROA3108 | 2nd Home Tenerife | 922 715 591 San Eugenio Alto. €450.000 3 bed · This house has a new separate kitchen 2 big bedrooms with build in closets,

views. The villa measures

305m2 Also it has its own

property has a... For full

private swimming pool. The

information see website or

127m2 and the total plot area is

big living room and a bathroom with bathtub. In the basement next to the spacious garage is a good size studio apartment complete with kitchen and bathroom. From the living room and master bedroom you have direct access to the terrace where you get a private pool and amazing sea v... For full information see website or contact.

Ref: 725 | FRINA Tenerife SL -Property Sales | 922 085 191

Los Menores. €449,000

4 bed · Adeje: Fancy Villa with 4 Bedrooms, Separate Apartment and Pool in Scenic cation of Los Menores Ref: 20151199 | A1 Real

Estate & Property

Ref: RD1081 | 2nd Home Tenerife | 922 715 591

€425.000

3 bed · Three bed, three bath private detached villa in a secured and quiet location close to the sea. Garden with swimming pool and jacuzzi. The large roof terrace has mountains and sea views. Ref: 1776 | Homes & Away | 922 737 044

El Galeon.

€420,000

4 bed · Lovely 4 bedroom, 3 bathroom (1 en suite) villa being sold fully furnished. There is a large lounge, seperate luxury fitted kitchen, laundry room plus extra storage room and terraces all around the property. Off the main bedroom there is a large balcony with amazing coastal views. Also includes a garage for 5 cars and community swimming pool. This is a lo... For full information see website or

Ref: S-04 1337 | Tenerife Prime Property | 922 703 725

€420,000

3 bed · Nicely decorated villa





Neoromuscular Bandage

herapeutic Massage

✓ General Physiotherapy

Cervical Pain

✓ Perfetti Method

Neuorological Physiotherapy Bobath Method

Dry Needling Neurodynamic Techniques Functional Recovery

Kinesiotaping

✓ Electrotherapy Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA

Monday – Friday 9am – 1pm, 3pm – 6

Consultants | 922 729395

Los Cristianos, Townhouse €449.000

2 bed · A luxurious semi detached town house for sale on the Golf Course in Los Cristianos. Located on an exclusive complex consisting of only 52 properties between private villas and town houses, this spectacular dwelling is furnished to very high standards with high-end furnishings and a bespoke kitchen. The property is split with a south facing living room, se... For full information see website or contact:

Ref: LC024-GR449 | RD Properties | 922 732 862

Guargacho, Villa

€434.900 4 bed · DETACHED VILLA! RD Properties are pleased to present this wonderful family home only ten minutes away from Las Galletas. A detached villa built on two levels. Ground floor consisting of a large living room, separate kitchen fully equipped and a toilet. Big front garden and garage accesible from the living room. A huge back garden which can be used as your... For full information see website or contact: Ref: GU314-434 | RD

Properties | 922 732 862

El Duque,

€430.000

1 bed · Splendid one bedroom apartment in the brand new 5 star complex in the El Duque area. In this apartment you will find state of the art materials and a very practical layout with an equipped kitchen with island, a bathroom with double sink, shower and bath, an open living room and a very spacious and sunny terras. This apartment is very light and bright and... For full information see website or

located close to Los Cristianos, quiet area, consists of 3 bedrooms, 3 bathrooms, fully equipped kitchen, dining area, lounge with home cinema, private terrace created as a . relax zone with heated iacuzzi. Each bedroom has its private bathroom. Garage with a space for 2 cars, laundry room. There are 3 swimming pools in the complex, o... For full information see website or

Ref: ROA3128 | 2nd Home Tenerife | 922 715 591

Playa Fanabe, Townhouse €420.000

4 bed · Beautiful four bedroom property located on the La Capitana complex in El Galeon. On the ground floor there is a large living room, kitchen, bedroom and bathroom and on the upper floor there are three good sized bedrooms and two bathrooms, the master bedroom is ensuite. Although located on a complex with community pool. this property feels like a detached ... For full information see website or contact:
Ref: PUE0402 | Tenerife Island

Rentals and Buy Tenerife | Sales: 922 751072 / Rentals: 922 797438 Roque del Conde, Townhouse

4 bed · Lovely, spacious, fully furnished and equipped 4 bed, 4 bath (2 en suite) semidetached townhouse with own swimming pool in quiet, sought after complex situated close to amenities. The property, which enjoys lovely sea and La Gomera views, has a lounge/ diner, independent fully fitted kitchen, terrace/garden, and double garage. A very nice family home.

Ref: S-04 1395 | Tenerife Prime Property | 922 703 725

Tel: 922 719 643 Fax: 922 781523 Mobile: 607 933 052 Mobile: 625 950 517



Calle Tagara, Jardin Botanico Local 8 **ADEJE**



OPPORTUNITY OF THE MONTH!

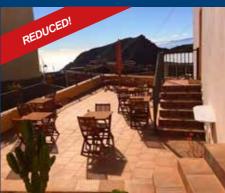
TEJINA DE GUIA



SUITABLE FOR REFORM! 95sqm 2 bedroom house on urban plot of 752sqm in Teiina de Isora (Municipality of Guia de Isora). The property has a living room and kitchen and needs full reconstruction. Lots of potential to enlarge or extend.

SANTIAGO DEL TEIDE

facebook.com/TheTenerifePropertyGuide



6 bed, 6 bath hostel with all legal permits. The property has several lounges and a kitchen and operates as a hotel for young people There is also a detached house and potential to develop. The Hostel is very highly regarded and has high rentability.

CHIMICHE



2 bedroom house in quiet village. Roof terrace, patio. Lots of potential. Great views.

PLAYA PARAISO



Wonderful 2 bed, 2 bath (1 en suite) duplex in sought after complex with several pools (Adeje Paradise). The property is in a very good condition, and has a terrace which enjoys beautiful sea views.

Ref: 1092

€220,000

Ref: 756 €470,000 Ref: 1141

€95,000

Ref: 1139

€325,000

We cover the whole of the South ... That's why we have two Offices (in Adeje and Alcala)!

PROPERTIES WANTED FOR RENT

CLIENTS WAITING!

El Roque (San Miguel)



Lovely, tastefully decorated 2 bed, Lovery, rasterully decorated 2 bed, 1 bath independent house (86sqm or plot of 213sqm), all on one level. The property has a large living room with open plan kitchen, garden, terrace, parking, and a roof terrace.

€290,000

Adeie

Tejina de Guia



Fully furnished 3 bed, 2 bath detached house with living/dining area, kitchen, 3-car garage and wonderful terraces with incredible views. Ready to move into!

Ref: 817

Puerto Santiago



Great 10,00sqm finca with fruit tree: in Los Gigantes. 80sqm house with avocado trees and beautiful sea views. Lots of potential

Guia de Isora



6,300sqm finca with 2 houses (the 1st a 2 bed. 1 bath (125sqm); the o,sucsqm linica wini 2 nouses (mt et st a 2 bed, 1 bath (125sqm); the 2nd – a 1 bed, 1 bath of 60sqm). Both properties have been fully reformed and furnished, and have a terrace and garden with wonderful views. Los Abrigos



Beautiful 2 bed, 2 bath front line villa with terraces in a fantastion residential area. Fully furnished and equipped. 600sqm plot.

€500.000

Ref: 792

Adeie



Spacious and bright 3 bed, 3 bath villa with living room, kitchen, garden and terraces, plus small, separate studio. Fantastic views. Quiet location.

€550,000

Ref: 1127

Adeje (Las Torres)

€320,000



Very nice, fully furnished, 2 bed, 2 bath duplex apartment with living room, kitchen, sunny terrace and parking space. Close to all amenities. Perfect to move into!

Ref: 1094

€179,000

Guia de Isora

Ref: 723



10,200sqm finca with small Beautiful house for reform. views and much more in a rura

Ref: 1123 €130,000 La Escalona (Vilaflor)

€493.000

Ref: 1026



Finca with 4 bed, 1 bath house with living room and kitchen. Unfurnished In addition, it has a terrace, swimming pool, patio and gardens with fruit trees, sea views and a 2-car garage.

Guia de Isora

Ref: 1098



Great 4 bed, 2 bath house with kitchen, garden, terrace and BBQ area, in quiet location. Wonderful views.



Beautifully presented 3 bed, 3 bath (+WC) house with interior patio and awesome sea views.

Ref: 1122

€140,000

One bed Apartment of 70m2 with

big bathroom, living room and kitchen, big terraces and sea views. Complex with pool.

€360,000

Ref: 939

€198,000

Ref: 316 €275,000 Ref: 317

€255,000

San Eugenio Alto,

€399.000

3 bed · Beautiful detached villa in San Eugenio with spectacular sea views. The property has 3 bedrooms with fitted wardrobes and 2 complete bathrooms, one with bath and the second one with shower. Also there is a fully fitted kitchen, a utility room, a quest toilet and a large living room with lots of natural light and splendid views over Costa Adeje. The villa ... For full information see website or

Ref: ROA3069 | 2nd Home Tenerife | 922 715 591

Amarilla Golf.

€390,000

4 bed · For sale 9 attractive detached villas in Green South Villas, Amarilla Golg. It has an emblematic design. To build emblematic design. these properties, natural materials have been used that are in harmony with the surrounding landscape. The design of the villas and how they fit into their location creates an atmosphere of tranquility that will allow you to enjoy their terrac... For full information see website or

Ref: ROA4135 | 2nd Home Tenerife | 922 715 591

Amarilla Golf,

€390,000

4 bed · Belfin Property is proud to present this new luxury development located on the south coast of Tenerife at the Amarilla Golf urbanization. Just 9 brand new detached villas are available for discerning buyers, at exceptional prices. Green South Villas enjoy spectacular views of the golf course and the mountains. Each villa has four bedrooms, three bathrooms. For full information see website

Ref: V428-BP | Tenerife Belfin Properties | 692 146808

€375.000

4 bed · This surprisingly spacious apartment in Los Cristianos is very comfortable and situated just a few steps away from the "playa de las Vistas" beach, many shops and restaurants. Its layout also offers many possibilities. In the apartment there are 4 bedrooms, 2 bathrooms, 2 kitchens, a laundry room, a large living room with dining area, a 15 m2 terrace on t. For full information see website or contact:

Ref: ROA4078 | 2nd Home Tenerife | 922 715 591

Torviscas Alto,

€375.000

2 bed · With the opening of CC Gran Sur. Torviscas Alto has now become one of the most attractive areas, just outside Las Americas. Resid. complex with lovely pool area* Bung. with 2 bedroosm and 2 bathrooms (1 ensuite)*Sun all day *Unique views of Las Americas, Atl. and La Gomera This beautiful property will be sold furnished with garage space and store room Ref: 85-306 | Dr Stange International | 922 793271

Roque del Conde,

€365.000

4 bed · Magnificent house on corner plot. 4 bedrooms, 3 bathrooms. Lounge, dining area, independent kitchen garage for 3 cars. Large terrace and private garden. All with excellent views. Complex with

Ref: Corner | MK Properties | 922 751 / 630

994991

Acojeja

5 hed . We offer for sale this completely renovated and spacious 740m2 house in Acojeja, Guia de Isora. The living space is 278m2 divided into three floors which comprise five bedrooms three bathrooms, two kitchens, two lounges and four terraces of 200m2 from where you have almost 360 degrees of sea and mountain view. There are three separate entrances to the ho.. For full information see website or contact:

Ref: D 1077 | FRINA Tenerife SL - Property Sales | 922 085

Quality: Rustic style. Outside: Various gardens, Various terraces, Garden, Sunny terrace. Parking: Off street parking.

Ref: 406-F1 | Island Estates | 922 790 767

€349,999 - €250,000

El Duque.

€349,000

1 bed · Luxury, fully furnished and equipped 1 bedroom, 1 bathroom apartment in lovely sea front complex with 3 pools The property (48sqm + 7sqm terrace/balcony) has a lounge/ diner, an American-style kitchen, and is fully air

MBS Physiotherapy

€357,000

Tel: 638 918 684

- Therapeutic Massage General Physiotherapy
- Cervical Pain
- Neuorological Physiotherapy Bobath Method
- Perfetti Method
- Neoromuscular Bandage
 - ✓ Dry Needling
 ✓ Neurodynamic Techniques
 - **Functional Recovery**

Electrotherapy

Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA

191

San Eugenio Alto,

€350.000

3 bed · Large, semi-detached house set in a quiet cul-de-sac of only 9 houses. This property has 3 bedrooms, 1 bathroom & 2 x w. c's, large lounge/dining room and a galley kitchen. The house has numerous terraces on different levels with fabulous sea views. There is a 56m2 garage underneath the house and 2 caves, each 16m2 which are used as a gym and a wine cella... For full information see website or contact:

Ref: S-03 1283 | Tenerife Prime Property | 922 703 725

Costa del Silencio,

€350,000

3 bed · For sale that threestory, fully furnished townhouse located in Costa del Silencio in the urbanization Los Azahares The house has an interior area of 160m2 distributed as follows:Main floor: independent and equipped kitchen, living room, a toilet, a 20 m2 glazed terrace. Upper floor: distributed in two spacious rooms, a bathroom and two balconies of 6 m2 For full information see website or contact:

Ref: S 1120 | FRINA Tenerife - Property Sales | 922 085

Palm Mar,

€350.000

2 bed · Location- Quiet location- Close to shops Residential area- Close to the coast- Close to transport-Central- Exclusive development- Close to amenities- Gated community-Close to restaurants/bars/cafes Views- La gomera- Pool- Sea Additional- Viewing recommended Rooms-Bathroom- Fitted wardrobes-Lounge and dining area- W. c. Quality- Built to a high standard-... For full information see website or contact: Ref: 504-D2 | Island Estates | 922 790 767

Alcala, Finca

€350,000

1 bed · Location: Quiet location, Rural location, Views Mountain, Sea, La gomera. Additional: Development possibilities, Viewing recommended. Rooms: Bathroom, Lounge and dining area, American style kitchen

Ref: PMSR0017 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Costa del Silencio,

6 bed · Large house in popular area of Costa del Silencio which is on 3 floors. There are 6 bedrooms, 3 bathrooms, seperate fitted kitchen, lounge various terraces, patios and large car port. This property needs some tlc but has lots of potential to be a fabulous family

Ref: S-06 1314 | Tenerife Prime Property | 922 703 725 Los Abrigos,

€339,000

3 bed · Luxury 3 bedroom corner townhouse for sale in a small seafront complex. Lovely tranquil location by one of the best beaches of Tenerife. The house is sold fully furnished with many extras, including a Jacuzzi and a mini-gym. Sea views from both floors. Great

Ref: TH305-AG | Tenerife Belfin Properties | 692 146808 Palm Mar.

€330,000

2 bed · Beautiful, bright and spacious two bedroom, two bathroom apartment on the modern Las Olas complex which stands at the entrance to Palm Mar. A short walk takes you to the sea front and all of the amenities that this up and coming village has to offer. There are two terraces, one that overlooks the swimming poolThe property is sold fully furnished and the ... For full information see website or contact:

Ref: PMSR0051 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

El Madronal, Townhouse

3 bed · Beautiful three bedroom two bathroom townhouse property in very popular complex in El Madroñal. On the lower level there is a fully fitted kitchen and utility area, WC and large living room with direct access to the front terrace. There is also a private rear terrace to the property offering ample outdoor living space. On the upper floor there is a large .. For full information see website or contact:
Ref: ADO0438 | Tenerife

9am - 1pm, 3pm - 6p

€340.000

1 bed · Parque Santiago III has been built in 1987/1988 and is situated in front of a beach. It is one of the most prestigious holiday apt. complexes in the south of Tenerife. Unique pool (2000 m2!), sunbathing area, immaculate garden flora/fauna and rest./pool bar on site. Apt. on the ground floor (one level) *Sun in the morning, large terrace and garden *Excl. ... For full information see website

Island Rentals and Buy

Tenerife | Sales: 922 751072

Guargacho, Detached House

4 bed · Gorgeous family home

boasting stunning open air

spaces with mountain and

property is built on 140m2. of

an overall area of approximately

205m2. The residence consists

of four double bedrooms, two of

which have en-suite bathrooms,

plus two seperate bathrooms.

There is an open air private

information see website or

Ref: GDA413-CA329 | RD

Properties | 922 732 862

new refurbished detached

a new home only 40 meters from the beach, with a large

garden with sea and mountain

view, styled to a high standard

placed in a newer complex that

pool. The house is 102 m2 with

2 floors and decorated to high stand... For full information see

Ref: 745 | FRINA Tenerife SL -

Property Sales | 922 085 191

is quiet and with community

website or contact:

Las Americas.

3 bed · If you are looking for a

new home in Tenerife then this

house is a great option. You get

garage for t... For full

Los Abrigos.

seaviews. The two-story

situated in Granadilla de Abona

€329 000

or contact: Ref: 82-739 | Dr Stange International | 922 793271

Adeie Town.

£320 000

€321.000

4 bed · This beautiful house combines the newest materials with the spirit of a traditional townhouse. It is a traditional Canarian house with all its charms that has been completly rebuilt with modern materials for the owners to enjoy all modern commodities. It is very light and bright and offers views the ocean and the roofs of Adeje. It is close to the Call. For full information see website or contact:

area and bathroom however. For full information see website or contact.

Ref: AP0535 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072

Callao Salvaje,

€315,000

3 bed · Location close to restaurants/bars/cafes close to shops Views pool, sea, garden Additional viewing recommended Rooms information see website or

Ref: 442-TH3 | Island Estates | 922 790 767

Palm Mar.

€299.000

2 bed · ♦ Location: Residential Area, Popular urbanisation, Gated community, Close to the coast, Close to the beach, Close to amenities ♦ Close to: Transport, Medical Facilities, Coast. Restaurants/Bars/Cafes ♦ Rooms: Store rooms, Fitted wardrobes. Lounge and dining area, Open plan kitchen ♦ Quality: Quality residence, Bright, Tastefully decorated, Well presented... For full information see website or contact:

Ref: 2A3368 | Property Alliance SL | 922 777 747

Callao Salvaje,

€290,000

2 bed · Location- Close to schools- Close to shops-Central- Close to the beach-Close to amenities- Touristic area- Close to medical facilities- Close to restaurants/ bars/cafesViews- SeaAdditional-Viewing recommendedRooms-American style kitchenQuality-Well presentedOutside- Sunny terraceCommunity facilities-Bar- Heated swimming poolParking- Street parking.

Ref: 528-A2 | Island Estates | 922 790 767

Los Cristianos,

€250,000

2 bed · Duplex apartment, being sold part furnished with 2 bedrooms, 2 bathrooms, lounge and American style kitchen. There is a small front garden and a large terrace off the lounge overlooking the community swimming pool There is also a balcony off the upstairs bedroom. This property needs to have some refurbishing done, it is in a complex with easy off road pa.. For full information see website or contact:

Ref: S-02 1150 | Tenerife Prime Property | 922 703 725

San Eugenio Bajo,

€250.000

2 bed · Spacious (76sqm +



SEE OUR MAIN ADVERT ON PAGE 34

3 bed · ♦ Location: Touristic Area, Popular urbanisation, Close to the beach ♦ Close to: Shops, Transport, Town, Beach, Restaurants/Bars/Cafes ◆ Views: Sea ♦ Rooms: Fitted wardrobes, Open plan kitchen ♦ Quality: Spacious, Unfurnished ♦ Outside: Alfresco Dining area, Pagoda, Large Terrace, Sunny Terrace ♦ Parking: Street

parking ◆.
Ref: 3A3259 | Property Alliance SL | 922 777 747

high standards with back patio.

Amarilla Golf.

Currencies

€295,000 3 bed · Modern three bed, two 1/2 bath terraced villa built on

with pool and close to beach. harbour and all amenities. Ref: PMSR0032 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

35sqm terrace), fully furnished

2 bedroom, 1 bathroom duplex

apartment in popular complex

€249,999 - €150,000

Golf del Sur, Bungalow €249.950

2 bed · Spacious, fully furnished 2 bed, 2 bath (1 en suite) house on popular holiday complex with heated pool and restaurant and located close to all amenities. The property has a lounge-diner, independent fitted kitchen, front garden, large rear garden and terrace and a private, sunny rooftop terrace with excellent views Ref: S-02 1396 | Tenerife Prime Property | 922 703 725

El Madronal, €249,900

3 bed · Spacious (187sgm + 40sqm terrace), fully furnished, 3 bedroom, 3 bathroom duplex in complex with pool. Close to all amenities (Gran Sur, Siam Park, Water Park etc). Ref: PMSR0025 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Los Cristianos,

€240.000

2 bed · Beautiful, fully furnished and equipped, 2 bedroom, 1 bathroom apartment in small residential complex just metres from the beach in central Los Cristianos - the perfect location with great investment potential! This spacious (50sqm) property has a lounge/dining room, American-style kitchen, and 12sqm terrace overlooking the

Call Donna in our Los Cristianos office

フ, Direct

Ref: ROA4066 | 2nd Home Tenerife | 922 715 591

Callao Salvaje, Apartment €320.000

3 bed · Beautifully presented two bedroom apartment in popular complex in Callao Salvaje. This property has two good sized bedrooms and bathroom, large living room and very large terrace with pool views. There is also a large independent kitchen. The integrated garage has been converted into additional living space with a bedroom, living

terrace overlooking the pool and large double garage Ref: 2023 | Homes & Away | 922 737 044

San Eugenio Bajo,

2 bed · Tenerife-South: San Eugenio Bajo, Chic 2-Bedroom Apartment, Seafront Location in Club Villamar, Beautiful Pools and Gardens. All inquiries welcome!

€295.000

Ref: 20141298 | A1 Real Estate & Property Consultants | 922 729395

Los Cristianos.

TENERIFE PROPERTY SHOP S.L.



5 BEDROOM FINCA - CRUZ DE TEA, GRANADILLA







This beautiful Finca is nestled close to the picturesque pueblo of Cruz de Tea, near Granadilla, and surrounded by beautiful countryside. It is set in over 80,000m² of land and has a fully working farm producing potatoes and other fruits and vegetables. A three bedroom property, as well as a pretty one/two bedroom farmhouse and other outbuildings, make up the property.

Ref: OUT01146 Price: €950,000 (approx. £805,000)

www.TenerifePropertyShop.com - see pages 8 & 9 for contact details



- 1 beedroom, 1 bathroom
- Sea Views
- Ref: D1199
- Price: 199,950€

We offer for sale this beautiful apartment of 50m2 in the complex Ponderosa, Playa de Las Americas. The apartment consists of one bedroom, one bathroom, an open planned kitchen, living room and a terrace of 8m2 with seaview. It is sold fully furnished.









This one bedroom apartment is in the popular tourist complex Sueno Azul in Callao Salvaje. It comprises 58m2 of living space with one bedroom, one bathroom. and a lovely open style kitchenleading to the living room, ending to a nice terrace 10m2 with lateral sea views.

- Sueno Azul, Callao Salvaje
- 1 beedrooms, 1 bathrooms
- Easy Renting
- Ref: D1082
- Price: 139,000€









W www.tenerife-property.com 🔝 CC Puerto Colón, 1st Floor, local 213, 38660 Adeje





CLEAR BLUE SKIES GROUP SL

INTERNATIONAL ESTATE AGENTS



NEW DEVELOPMENT · BAHIA MEDANO, EL MEDANO





Ref: 7651

Clear Blue Skies are pleased to offer this fantastic off plan opportunity. Ideally located just 200m from the beach in the vibrant town of El Medano, Residential Bahia Medano offers a selection of 3-bedroom townhouses with communal pool and gardens. All with a modern finish and living area spread over two floors. Comprising of an independent fitted kitchen including appliances, utility room, lounge and w.c on the ground floor, upstairs there are three bedrooms and a family bathroom, the master bedroom benefits from fitted wardrobes and en suite bathroom. Front and rear terrace/garden plus a store room and parking space in the subterranean garage. Completion is expected in the summer of 2022, stage payments available.

Prices from €215,000 + IGIC



€470,000

Penthouse



Add 🔙 2 🔚 2











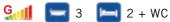




CLEAR BLUE SKIES GROUP SL

INTERNATIONAL ESTATE AGENTS











Ref: 7719









A spacious property in a well-maintained complex with heated pool. This furnished townhouse is well presented and offers an independent fitted & equipped kitchen, utility room, with, split level dining room and lounge leading onto a large sunny terrace. On the first level you will find the master bedroom with fitted wardrobes, en-suite shower room and balcony, the second level boasts a bathroom and two double bedrooms with fitted wardrobes and a shared Juliet balcony. The private roof terrace with sea views is ideal for sunbathing. Many special features including a large private garage with direct access into the house, air conditioning, storage & sun blinds, must be seen.

Townhouse **€340,000**

Ref: 7718









THE HEIGHTS, LOS CRISTIANOS







Beautifully proportioned one bedroom apartment. This immaculate property comprises of one double bedroom with fitted wardrobes and window onto patio. The open plan lounge/dining area also has window and double doors looking onto the patio, with views over Los Cristianos and the sea. The bathroom has a vanity sink unit with shower. The complex has a good size community heated pool for winter swimmers which is fenced for safety and security. The apartment is situated in the popular area of Los Cristianos within a short walk to local bars, shops and restaurants. 5 minute walk to the port and beach areas of Los Cristianos

Apartment €169,000

LOCKDOWN UPDATE

Following all safety measures our office is open to the public, Monday to Friday from 9.30AM. We have resumed viewings and new property instructions are taking place again so we have the best possible selection of properties for you to choose from. All the team at Clear Blue Skies look forward to seeing you soon.



C.C Fañabé Plaza 129, Fañabé, Costa Adeje









Avda Londres 1, Sur y Sol, Local 1 Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587

Mobile: (00 34) 673 778 700 www. tenerife is land rentals. cominfo@tenerifeislandrentals.com





Tenerife Island Rentals & Buy Tenerife

Sales

RUSTIC PROPERTY, GUIMAR



Typical Canarian property with three bedrooms, bathroom, living room and independent kitchen built on a plot of 6000m2. This property is habitable but does need some modernising. There are several outbuildings and a very large storeroom that could all be converted into extra living space. Part of the land is classified as urban meaning it can be built on. Large water reservoir that provides water to the main house and for watering the grounds. Uninterrupted sea and mountain views located in a very tranquil location.

Ref: MAS0549 €140,000

SUR Y SOL, LOS CRISTIANOS







Ground floor one bedroom apartment which has been converted to allow for a second bedroom. Living room with American style kitchen, bathroom with walk in shower and front and rear terraces. Fantastic community pool area in a well-kept, secure complex. Located just 80m to the Los Cristianos beach front with no hills. Ideal holiday home or investment property.

Ref: AP0546 €173,000

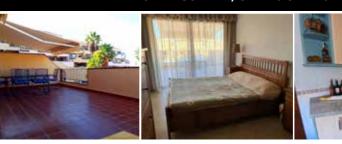
TIGAIGA II, PARQUE DE LA REINA



Two bedroom apartment located on the first floor with garden views. Large living dining room with enclosed balcony, independent fitted kitchen and washing room, two double bedrooms the master with en suite and further family bathroom, both bedrooms have fitted wardrobes. The property also comes with a parking space and large storeroom with lift access from the garage to the property. Community swimming pool. This is a popular area just five minutes from Los Cristianos.

Ref: AP0521 €152,000

MIRADOR LA GOMERA, CALLAO SALVAJE



This property has two good sized bedrooms and bathroom, large living room and very large terrace with pool views. There is also a large independent kitchen. The integrated garage has been converted into additional living space with a bedroom, living area and bathroom however the garage door is still in place should the new owner want to convert it back to its original use. Fantastic community pool and views to La Gomera.

Ref: AP0535 €295,000

SOTAVENTO, LA TEJITA



Very large luxury one bedroom ground floor property with very large terrace for outdoor living. The apartment has a beautiful chef style kitchen with high spec appliances, bathroom ad living room. The property comes with a private parking space and storage facilities. Community swimming pool, gardens and padel courts. This is just a short walk to the beach and the La Tejita street market.

Ref: AP0500 €218,000

LUXURY VILLA, EL GALEON



Recently renovated five bedroom five bathroom luxury property split over three levels. Open plan living room with fantastic kitchen area with top of the range appliances and access to the terrace with private pool and uninterrupted views of the coast and La Gomera. On the upper floor there are two large bedrooms with dressing areas and en suite bathrooms and a terrace from both bedrooms. The basement level houses a cinema room, gym or games room and three bedrooms all with en suite bathrooms. Garage area that can house several cars. This is a fabulous property renovated to a very high standard.

Ref: CHA0525 €1,395,000 Avda Londres 1, Sur y Sol, Local 1 Los Cristianos, Arona 38650

Office: 922 797 438 / 922 751 587

Mobile: (00 34) 673 778 700 www.tenerifeislandrentals.com info@tenerifeislandrentals.com





Tenerife Island Rentals & Buy Tenerife

Sales

EL MIRADOR, LOS CRISTIANOS

- 55m2 built
- Double bedroom with fitted wardrobes
- Large living room
- American style kitchen
- Balcony
- Roof terrace
- Community pool





Ref: AP0547

€239,995

MONCAYO, PARQUE DE LA REINA









- 79m2 built
- 2 double bedrooms
- 2 bathrooms
- Large living room
- Separate fitted kitchen
- Community pool
- Parking & storeroom

Ref: AP0269

€130,000

piazza. Underground car parking... For full information see website or contact:

Ref: S-02 1144 | Tenerife Prime Property | 922 703 725

Los Cristianos.

2 bed · Centrally located only 30 metres from the beach, Playa de las Vistas This two bedroom apartment is sold fully furnished and the price includes a garage for two cars and private storeroom.

Sales and Rentals | 677-623713 / 671-129558

spacious ground floor apartment situated in a wellmaintained residential complex located in Los Cristianos. The total plot boasts a fantastic 233sqm, in which you will find an apartment consisting of a kitchen, a living/dining area, a double bedroom and a bathroom. The family room allows access straight to the private, sunny terra... For full information see website or

Properties | 922 732 862

€235.000

well maintained complex of Los Balandros in the lovely coastal village of Palm Mar. Situated within a short stroll to all of the amenities the area has to offer. The property is sold fully a storeroom and private, underground parking space. The complex has attractive For full information see website

Ref: PMSR0070 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Callao Salvaje,

3 bed · Spacious home on 3 floors with 3 bedrooms, large living room, kitchen, parking, nicely furnished. Heated, solar panel and many extras. The complex has a Jacuzzi, large swimming pools and gym. Ref: Sonia, Callao | MK Properties | 922 751 / 630 994991

Chavofa, Duplex

development, Popular urbanisation, Central, Quiet location, Close to amenities, Touristic area, Close to transport. Views: Pool. Additional: Viewing recommended. Rooms American style kitchen. Bathroom, Ensuite, Fitted wardrobes, Lounge and dining area. Quality: Built to a high standard, Furnished, Good, For full information see website

Ref: 543-A2 | Island Estates | 922 790 767

sale in Parque de la Reina, Arona which boasts an excellent layout. On the top floor there are 3 bedrooms, one with an en suite bathroom and terrace, 2 small bedrooms and 1 bathroom. On the ground floor you will find a terrace in which you enter the house a. large living-room, an and a toilet. In the ... For full information see website or

Properties | 922 732 862

€230.000

Area, Popular urbanisation ◆ Views: Sea ♦ Rooms: Hall/ Entrance, Open plan kitchen, Fitted wardrobes, Lounge and dining area ♦ Quality: Furnished, Immaculate condition, Well presented ◆ Features: Satellite system, Security shutters + Outside: Sunny Terrace ♦ Parking: Private garage ◆.

Ref: 2TH3414 | Property Alliance SL | 922 777 747

2 bed · ♦ Location: Residential Area, Popular urbanisation, Gated community, Close to amenities ♦ Close to: Transport, Restaurants/Bars/Cafes • Views: Garden ♦ Rooms: Store rooms. Fitted wardrobes. Independent Kitchen + Quality Spacious, Well presented, Immaculate condition, Furnished ♦ Features: Sun

blinds, Jacuzzi ♦ Outside:

see website or contact:

Ref: 2A3315 | Property

Llano del Camello,

Alliance SL | 922 777 747

4 bed · Location guiet location.

close to amenities, residential

cafes, close to town, close to

community, close to airport

Views mountain, pool, sea

transport, central, gated

Ref: 335-TH4 | Island Estates | 922 790 767

Golf del Sur,

area, close to restaurants/bars/

Additional ... For full information see website or contact:

lounge, separate kitchen and

terraces. There is a huge roof

terrace with a storeroom and lovely views to the sea, Teide

property is fully air conditioned

and has a community swimming

Prime Property | 922 703 725

2 bed · ♦ Location: Touristic

Area, Popular urbanisation,

First line to the Beach, Close to amenities ♦ Close to: Transport,

Restaurants/Bars/Cafes, Beach

♦ Views: Teide, Sea ♦ Rooms:

Kitchen ♦ Quality: Well presented, Charming property,

Terrace, Large Roof Terrace ◆

Furnished ♦ Outside: Sunny

Parking: Private pa... For full

information see website or

Ref: 2D3451 | Property Alliance SL | 922 777 747

Los Cristianos, Apartment

contact:

Utility room, W. C., Fitted

wardrobes, Independent

wraparound gardens and

and the golf course. The

Ref: S-02 1342 | Tenerife

Alfresco Dining area, Large Terrace... For full information

Studio 4

NEW STORE NOW OPEN!

ACROSS THE ROAD FROM OUR OLD ONE IN LOS ABRIGOS

SEE OUR MAIN ADVERT ON PAGE 34

€225,000

€222.500

€220,000

1 bed · Beautifully renovated ground floor apartment in Victoria Court I. This apartment has been renovated to a very high standard and being on the ground floor has direct access to the pool area from the terrace. The property consists of a large double bedroom, shower room, large living room with American style kitchen and large terrace of 14m2. The complex has... For full information see website or

Ref: AP0434 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072

Llano del Camello, Townhouse

€215,000

3 bed · This townhouse has an independent entrance with a terrace and a private garage which allows direct access to the property. On the ground floor there is a living room, a quest bathroom and a bright American kitchen. The first floor consists of two large bedrooms and a full bathroom complete

information see website or

€199.000

(65m2) in the prestigious complex. With 1 bedroom, 1 bathroom, and spacious terrace. Fully renovated and luxuriously furnished. Pool on

Properties | 922 751 / 630 994991

pool. Gated enclosure with security. Palm-mar is an exclusive area w... For full information see website or

Properties | 922 732 862

€195.000

location. Rural Location ◆ Views: Garden, Mountain, Sea La Gomera ♦ Rooms: American Style Kitchen, Lounge and dining area, Bathroom ◆ Features: Fruit Trees, Tropical garden + Outside: Mature

Ref: 2CH3209 | Property Alliance SL | 922 777 747

Costa Adeie.

€190,000

popular tourist area of Costa Adeje in the complex Mareverde, just 10 minutes walk from Fanabe beach. The apartment is sold with furniture, consists of 1 bedroom, 1 bathroom and a living room with open plan kitchen and access to the terrace with views of the ocean and mountains. In the complex there are different swimming pools. Co... For full information see website or

Ref: S 1005 | FRINA Tenerife - Property Sales | 922 085 191

Llano del Camello,

Prime Property | 922 703 725 Los Abrigos, Apartment

Close to amenities, Close to the

1 bed · ♦ Location: Central,

beach. Close to the coast. Touristic Area ♦ Close to: Beach, Coast, Medical Facilities, Restaurants/Bars/ Cafes Schools Shops Town Transport ♦ Views: S Mountain ♦ Rooms: Hall/ Entrance, Bathroom, American Style Kitchen . Quality: Furnished, Renovated ◆ Outside: Sunny Terrace • Parking: Parking ava... For full information see website or contact:

Ref: 1A3300 | Property Alliance SL | 922 777 747

Palm Mar, Apartment

€187,000

1 bed · Fully furnished 1 bed, 1 bath apartment in good condition on community with pool. The property enjoys sea views and views over the nature reserve. Community fee: +- 42 euros per month. IBI: +- 131 euros per year.
Ref: PMSR0073LM | Palm Mar

Sales and Rentals | 677-623713 / 671-129558

Callao Salvaje,

€185.000

2 bed · Semi-detached house on 3 floors with 2 bedrooms, 2 bathrooms, kitchen and large garage. The complex has heated swimming pools, childrens playground, and tennis court.

Ref: Mariben, Callao | MK Properties | 922 751 / 630 994991

San Eugenio Alto,

€183,000

1 bed · We have a one bedroom apartment for sale in Garden City, San Eugenio. This is formally a bank property and amongst other things it is in need of complete refurbishment. If you have a serious interest in this property

then call the office.

Ref: S 1012 | FRINA Tenerife

SL - Property Sales | 922 085

Los Cristianos, Duplex

€180.000

2 bed · Duplex apartment with two bedrooms and two bathrooms in Castle Harbour Good sized living room with kitchen area and nice balcony from the living room area. This is an ideal investment property or for a holiday home. There is a 24 hour reception, laundry, pool bar and large community

complex is within a short stroll to the many amenities the charming coastal village of Palm Mar has to offer. Ref: PMSR0067 | Palm Mar Sales and Rentals | 677-623713 / 671-129558

Las Americas.

€179,900

◆ Location: Central Close to amenities, Gated community, Popular urbanisation. Touristic Area, Second line to the beach ◆ Close to: Beach, Harbour, Restaurants/Bars/Cafes, Transport, Shops, Medical Facilities ♦ Views: Sea, La Gomera ♦ Rooms: American Style Kitchen ♦ Quality: Furnished, Well presented • Outside: Sunny Terrace ◆
Parking: Street parking ◆ C. For full information see website

Ref: 0S3377 | Property Alliance SL | 922 777 747

Callao Salvaje,

€178.000

 $2 \ \text{bed} \cdot \text{A}$ house on 3 floors with large garage, 2 bedrooms, and 2 terraces with views. In very quiet area. Complex has heated pool, playground, and tennis court.

Ref: Pareada Callao Salvaje | MK Properties | 922 751 / 630 994991

Los Cristianos.

€176,000

1 bed · For sale is this modern just recently refurbished 1 bed apartment with sea views. The apartment is situated in the complex La Estrella, which offers a pool and is only a 2 minutes stroll away from the beach of Los Cristianos. Several bars and restaurants are practically at your doorstep. The property measures approximately 60 m2 and comprises of a bright ... For full information see website or

Ref: 623 | FRINA Tenerife SL -Property Sales | 922 085 191

Costa del Silencio, Apartment €176.000

2 bed · This fantastic ground floor property in Costa del Silencio consists of two bedrooms with fitted wardrobes, a lounge, an independent fully equipped kitchen, a bathroom complete with bath and a lovely terrace. To be sold fully furnished and with a garage space. Situated in a complex which features 2 community pools, a children's park and a small gym. You ca... For full information see website or contact:

Ref: CDS761-A176 | RD Properties | 922 732 862

San Eugenio Alto,

1 bed · Location close to

amenities, close to town, quiet location, residential area Views la gomera, sea Additional viewing recommended Rooms .. For full information see

vebsite or contact: Ref: 221-A1 | Island Estates | 922 790 767

Aguilas del Teide,

€168,000

€169.000

1 bed · Beautiful, fully furnished 1 bed, 1 bath apartment with American style fully fitted kitchen, good size lounge and a 40m2 garden and terrace with lovely sea views. There is also a garage space included in the price. Community swimming pool. Ref: S-01 1359 | Tenerife Prime Property | 922 703 725

Aguilas del Teide, Apartment €165.000

1 bed · This stylish first floor apartment has been totally

with a bathtub. On the second floor you will find another full bat... For full information see

Ref: LC002-MC215 | RD Properties | 922 732 862

website or contact:

Cabo Blanco, Canarian House €210,000 4 bed · ♦ Location: Quiet location, Outskirts of town, Rural Location ♦ Views:

Mountain ♦ Rooms: Independent Kitchen, Store rooms + Quality: Furnished, Renovated, Refurbished + Outside: Large Roof Terrace ◆ Parking: Private garage ◆. Ref: 4CH3431 | Property

Alliance SL | 922 777 747 Sotavento, Apartment

€210.000

€199 950

1 bed · Pristine condition, ground floor, one bed apartment with study/second bedroom and large terrace on residential complex. Garage space and storage room.

Ref: 2033 | Homes & Away | 922 737 044

Costa del Silencio,

3 bed · Lovely, fully furnished, 3 bed, 2 bath apartment on popular complex in the heart of

Costa del Silencio. There is a separate fully fitted kitchen and 2 large terraces. There is also 2 parking spaces included in the

Ref: S-03 1215 | Tenerife Prime Property | 922 703 725

Palm Mar, Apartment €199.950

1 bed · Bright and spacious duplex apartment with very large solarium benefitting from all day sunshine. Overlooking the 49 metre swimming pool, one of two on the complex. there are also views out to sea and the Island of La Gomera. The property is situated on the lovely complex of Los Balandros close to all of the amenities that the coastal

General Physiotherapy Cervical Pain Neuorological Physiotherapy Bobath Method

Perfetti Method

✓ Electrotherapy

sold partly furnished with 3 bedrooms, 2 bathrooms (1 en suite) + w. c. There is a good size lounge and a separate fitted kitchen. There is a terrace off the top floor bedroom and one off the lounge. There is also an underground garage space and private storeroom The owners of this property would be interested in doing a Rent with an... For full information see website or

swimming pool. There is also an on site management company allowing holi... For full information see website or

Ref: DUP0512 | Tenerife

1 bed · Delightful one bedroom apartment on the well run complex of Laderas del Palm Mar. With views of the lovely pool area the apartment is

Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA €189,000 3 bed · 3 storey house being

Ref: S-03 1110 | Tenerife

Island Rentals and Buy Tenerife | Sales: 922 751072

€179,995

bright and spacious. The

independent kitchen with pantry

Ref: PMSR0018 | Palm Mar

Los Cristianos, Apartment

1 bed \cdot Presenting a bright and

contact: Ref: I C822-PT240 | RD

Palm Mar,

2 bed · Spacious, two bedroom, two bathroom apartment on the furnished and the price includes

€235.000

€230,000 2 bed · Large, fully furnished, corner villa with 2 bedrooms, 2 bathrooms (1 ensuite), large 2 bed · Location: Exclusive restaurants/bars/cafes, Close to Callao Salvaje, Duplex €220,000

or contact:

Parque de la Reina, Duplex €230.000

4 bed · Magnificent duplex for

Ref: PDLR912-CB230 | RD

San Eugenio Alto, Townhouse

2 bed · ♦ Location: Residential

Palm Mar

€229,000

village of Palm Mar ... For full Ref: PMSR0071 | Palm Mar

Sales and Rentals | 677-623713 / 671-129558 Playa Fanabe,

1 bed · Spacious apartment

Ref: Villas de Fanabe | MK

Palm Mar, Apartment

€195.000 2 bed · Lovely two bed property for sale in Plam-mar, the apartment is being sold fully furnished, ready to move in Located on the Primavera complex, the property is on the second floor with a community lift and pool. The complex is very well maintained with a lot of garden area surrounding the

Ref: PM091-RP195 | RD

Guia de Isora, Canarian

2 bed · ♦ Location: Quiet

Garden ♦.

1 bed · Beautiful studio in the

MBS Physiotherapy 638 918 684

herapeutic Massage

Kinesiotaping
 Neoromuscular Bandage
 Dry Needling
 Neurodynamic Techniques
 Functional Recovery

Monday - Friday 9am - 1pm, 3pm - 6p

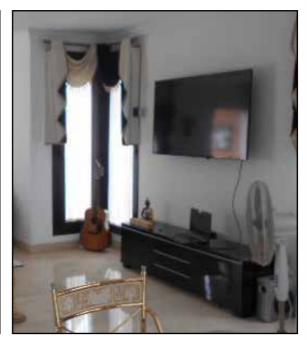
contact.

21

AMARILLA GOLF, PALM RIDGE







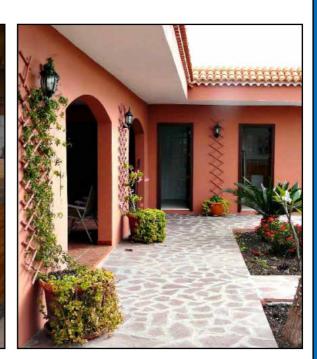
Spacious, fully furnished, 4 bed, 3 bath detached villa overlooking Amarilla Golf course with private garden, drive, and roof terrace with panoramic sea and mountain views. A truly ideal family home!

€370,000 REF: 2034

CHARCO DEL PINO, VILLA







Detached, fully furnished, 3 bed, 2 bath villa with garage and private pool in lovely Canarian village. The property has a lounge/dining area, fully fitted kitchen, roof terrace with sea and mountain views, off-road parking and a large private garden.

€315,000 REF: 1475

€138,000

tennis court. There is also a

138.000 and 149.000 euros. Ref: AP109-HP | Tenerife

1 bed · ♦ Location: Close to

Popular urbanisation, Touristic

Area ♦ Close to: Restaurants/

Bars/Cafes, Shops, Transport,

Coast ♦ Views: Teide, Mountain

♦ Rooms: Open plan kitchen,

Fitted wardrobes ♦ Quality:

Furnished, Good condition ◆ Features: Satellite system ◆

amenities, First line to the

coast. Gated community.

Belfin Properties | 692 146808

minimarket on site. Great

holiday apartment. Prices

Costa del Silencio,

renovated and furnished offering a spacious & modern living area. Comprising of an open plan fitted and equipped kitchen, lounge, double bedroom with fitted wardrobes bathroom and balcony. Also included is a private garage of 20m2. Secure and well maintained complex with communal pool and gardens. Viewi... For full information see website or contact: Ref: 7650 | Clear Blue Skies

SL | 922 714 772

Las Americas, Apartment €165.000

1 bed · Fifth floor apartment with lift access in very central area of Playa de las Ámericas. This one bedroom apartment has a large living room with American style kitchen and balcony and bathroom. Just a five minute walk to the beach front of Plava de las Américas and surrounded by bars, restaurants and shops. Fantastic location and an ideal holiday apartment o... For full information see website or contact:

Ref: AP0513 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072

Los Cristianos, Apartment €165,000

1 bed · Castle Harbour is a well maintained touristic complex in a popular area of Los Cristianos, the apartment is fully furnished and offers a twin bedroom with fitted wardrobes, bathroom, open plan fitted kitchen and lounge. The sunny balcony enjoys a view over the pool & out to sea. Many on site facilities including reception, heated swimming pool, lift to al... For full information see website or contact:

Ref: 7654 | Clear Blue Skies SL | 922 714 772

Palm Mar.

€165,000 2 bed · Apartment for sale in complex in Palm Mar, in Arona municipality. This apartment comprises of two bedrooms bathroom, open plan fitted kitchen, living room and terrace Sold unfurnished. Garage space and sotrage room in the underground parking included in the price. Palm Mar is a desirable area on the coast in constant expansion

Ref: 6982 | Clear Blue Skies SL | 922 714 772

Plava Paraiso.

€164.000 1 bed · ♦ Location: Central, Close to amenities, Close to the beach, Close to the coast ♦ Close to: Medical Facilities Restaurants/Bars/Cafes, Shops, Transport, Coast ♦ Views: Sea. Garden, La Gomera, Pool, Mountain ◆ Rooms: Hall/ Entrance, American Style Kitchen Bathroom

◆ Quality Furnished, Bright ♦ Outside Terrace ♦ Parking: Off street parking ♦ Community fa... full information see website or

Ref: 1A3339 | Property Alliance SL | 922 777 747

Amarilla Golf, Duplex €160.000

2 bed · Location: Exclusive development, Gated community, Central, Golf development. Close to amenities, Popular urbanisation. Close to restaurants/bars/cafes, Close to the coast. Views: Mountain. Golf. Additional: Limited availability, Viewing recommended. Rooms: Ensuite, Fitted wardrobes, Lounge and dining area, American style kitchen, Bathroom. Quality: Qualit... For full information see

website or contact:

Ref: 572-A2 | Island Estates | 922 790 767

Las Americas, Apartment €160.000

1 bed · A rare opportunity to purchase a fantastic 1 bedroom apartment in the heart of Plava de las Americas, comprising a double bedroom with fitted wardrobes, fully fitted American style kitchen. living room with dining area, bathroom and terrace with nice pool views and coastal sea views Ref: 7553 | Clear Blue Skies

dining room with enclosed balcony for an additional sitting area, independent fitted kitchen and washing room, two double bedrooms the master with ensuite and further family bathroom, both bedrooms have fitted wardrobes. The property also comes with a parking space and large ... For full information see website or contact:

Ref: AP0521 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072

MBS Physiotherapy 638 918 684

- herapeutic Massage
- General Physiotherapy Cervical Pain
- Neuorological Physiotherapy Bobath Method
- Perfetti Method
- Kinesiotaping Neoromuscular Bandage Dry Needling
- Ma Milagros Sancho Martin, Col. No: 117 Carretera General Guaza, No 9, GUAZA

Monday – Friday am – 1pm, 3pm – 6

SL | 922 714 772

Aldea Blanca,

€159,000

2 bed · Very nice, partfurnished, 2 bed, 2 bath (1 en suite) bungalow-style property on quiet residential complex with access via electricallycontrolled security gates, swimming pool and off-road parking. The bungalow has a lounge/dining area. Americanstyle fitted kitchen, conservatory and a large, sunny wraparound terrace/garden. This is a lovely family home For full information see website

or contact: Ref: S-02 1377 | Tenerife Prime Property | 922 703 725

San Eugenio Alto,

€158.000 1 bed · ♦ Location: Popular urbanisation. Gated community ♦ Close to: Restaurants/Bars/ Cafes, Medical Facilities ◆ Views: Sea ♦ Rooms: Fitted wardrobes. Open plan kitchen • Quality: Good condition, Furnished ♦ Features: Security shutters, Sun blinds ♦ Outside Large Terrace, Sunny Terrace ◆ Parking: Street parking ◆
Community facilities: Swimming nool Pool Bar ♦ For full information see website or

Ref: 1A3336 | Property Alliance SL | 922 777 747

Los Abrigos.

2 bed · Lovely 2 bed, 1 bath apartment being sold fully furnished on the first floor with an American style fully equipped kitchen, spacious lounge, air conditioning and a 6m2 balcony. There is also a parking space in the underground community

€157,500

€157,500

€152,000

Ref: S-02 1355 | Tenerife Prime Property | 922 703 725

Palm Mar.

1 bed · ♦ Location: Close to amenities, Close to the beach, Close to the coast ♦ Close to: Beach, Coast, Restaurants/ Bars/Cafes ♦ Views: Mountain, Sea, La Gomera ♦ Rooms: Hall/ Entrance, American Style Kitchen, Lounge and dining area, Bathroom ♦ Quality: Furnished ♦ Features: Lift ♦ Outside: Terrace ♦. Ref: 1A3299 | Property Alliance SL | 922 777 747

Parque de la Reina, Apartment

2 bed · Two bedroom apartment located on the first floor with garden views. Large living

Golf del Sur.

2 bed · Excellent 2 bedroon apartment for sale in the frontline complex Aguamarina on Golf del Sur. The apartment is sold fully furnished and equipped. Great residential complex with lifts and a

Belfin Properties | 692 146808

Los Abrigos,

2 bed · Location close to restaurants/bars/cafes, close to shops, close to transport Rooms independent kitchen

Neurodynamic Techniques Functional Recovery ✓ Electrotherapy

€150.000

communal pool.

Ref: AP218-AG | Tenerife

€150,000

Quality unfurnished, good condition Outside ... For full

Ref: 7425 | Clear Blue Skies SL | 922 714 772

Tenbel.

contact:

€149.000

€148.000

2 bed · Two bed, two bath terraced bungalow located in quiet area of Ten Bel in Costa Del Silencio.

Ref: 1814 | Homes &

Away | 922 737 044

Costa del Silencio,

1 bed · ♦ Location: Popular urbanisation, Close to the Harbour, Gated community Close to the beach, First line to the coast, Close to amenities ◆ Close to: Transport, Shops, Schools, Restaurants/Bars/

Cafes, Medical Facilities, Coast Views: Teide, Sea, Pool, Garden ♦ Rooms: W. C., Bathroom, Fitted wardrobes American Style Kitchen, Hall/ Entrance ♦ Quality: Brig... For full information see website or contact:

Ref: 1A3294 | Property Alliance SL | 922 777 747

Plava San Juan.

€145.000

1 bed · Belfin Property brings you this great 1 bedroom apartment located in a small residential complex of only 10 apartments. Excellent location only a few steps from the sea front. The complex is very well kept and has lifts. This comes with 2 parages spaces in the communal garage. Playa San Juan is a lovely coastal town with the best climate on the island!

Ref: AP116-BP | Tenerife Belfin Properties | 692 146808

San Eugenio Alto,

Currencies Direct

Call Donna in our Los Cristianos office +34-922 971 781 or Carol on +34-687 906 607

information see website or

Ref: 138-A2 | Island Estates | 922 790 767

€149,999 - €100,000

Las Chafiras, Apartment €149,950

2 bed · Recently refurbished two bedroom one bathroom apartment in Las Chafiras. Two good sized bedrooms and a bathroom with walk in shower. Separate fitted kitchen. Communal roof terrace and garage space with trastero. Situated in a good location close to supermarkets, large shops and park areas. The property is being sold partly furnished.

Ref: AP0533 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072

Golf del Sur, Bungalow

€149,500 1 bed · Clear Blue Skies are

delighted to offer for sale a 1 bedroom bungalow located on the select complex of The Palms, Golf Del Sur, This bright and spacious property is very close to the swimming pool and is partially furnished with fitted kitchen, one bedroom, 1 complete bathroom and an extra WC room. The large double bedroom comes with fitted wardrobes, te... For full information see website or

€145,000

1 bed · LAST UNITS! Fantastic opportunity to purchase a holiday apartment in a great complex in San Eugenio. A selection of 1 bedroom apartments starting from 145,000 euros! Don't miss this one! Get yours with the best location and best views! Ref: AP120-HP | Tenerife

Belfin Properties | 692 146808 Playa Fanabe, Apartment

€142.000 3 bed · ♦ Location: Central,

Close to amenities. Quiet location ◆ Close to: Medical Facilities. Restaurants/Bars/ Cafes, Schools, Shops, Town, Transport ♦ Views: Mountain, Sea ♦ Rooms: Kitchen diner, Family Bathroom, W. C. ♦ Quality: Part furnished, Refurbished • Outside: Sunny Terrace ◆ Parking: Street parking ♦ Community facilities: Gardens ♦. Ref: 3A2490 | Property

Alliance SL | 922 777 747

San Eugenio Alto, €138,000

1 bed · Two 1 bedroom apartments for sale in the popular Laguna Park 2 complex. The apartments consist of 1 bedroom, bathroom, open plan kitchen and a lounge and a terrace. Great holiday complex with a large pool area, pool bar and

Outside: Terrace ♦ Parking: Street parking ♦ Com... For full information see website or Ref: 1A3348 | Property

Alliance SL | 922 777 747 Los Abrigos, Apartment €135.000

3 bed · 2/3 bed top floor apartment in central San Blas location Ref: 2056 | Homes &

Away | 922 737 044 Plava San Juan.

€133,000 2 bed · ♦ Location: Central. Close to the beach, Close to amenities . Close to: Beach.

Coast, Medical Facilities,
Restaurants/Bars/Cafes, Shops, Transport, Town, Harbour ♦ Views: Sea ♦ Rooms: Hall/ Entrance, American Style Kitchen. Fitted wardrobes Bathroom ◆ Quality: Furnished

Ref: 2A3364 | Property Alliance SL | 922 777 747

Costa del Silencio, Duplex €132.000

2 bed · ♦ Location: Residential Area, Gated community, Close to the coast, Close to amenities ◆ Close to: Shops, Transport, Restaurants/Bars/Cafes Views: Garden ♦ Rooms: Utility room, Fitted wardrobes, Open plan kitchen ♦ Quality: Spacious accomodation, Refurbished, Renovated, Immaculate condition. Furnished ♦ Outside: Sunny Terrace ◆ Parking: Street parking ♦ ... For full information see website or contact: Ref: 2D3436 | Property

Alliance SL | 922 777 747

Golf del Sur, Apartment €129,000

1 bed · One bed corner apartment with large terrace and excellent sea views. Close to all amenities.

Ref: 2052 | Homes & Away | 922 737 044

San Eugenio Alto, €125.000

1 bed · Beautifully furnished, 1

furnished and has a fully equipped kitchenette, bathroom, lounge, terrace and community swimming pool. These studios are an ideal holiday home/ investment

Ref: S-00 1373 | Tenerife Prime Property | 922 703 725

Golf del Sur.

1 bed · Spacious, newly refurbished and furnished 1 bed. 1 bath top floor apartment on popular complex with pool, close to all amenities. This property is one of the large 1 beds on the complex which has a large bedroom and an alcove, which many people make into a second bedroom. Lounge/diner and nice terrace with sea views. Extras incl. aircon

Ref: S-01 1388 | Tenerife Prime Property | 922 703 725

Costa del Silencio,

€110.000 1 bed · Fantastic, fully furnished, 1 bedroom, bathroom apartment with extralarge terrace and great sea views. Well-run complex with pool Ideal holiday home/

investment. Ref: BaldelMar | MK Properties | 922 751 / 630 994991

Adeie Town.

€110,000

2 bed · Apartment with 2 bedrooms, 1 bathroom, American kitchen, furnished with views. Close to everything. Ample parking in front. In quiet area with gardens. Ideal investment. Ref: Adeje Pueblo | MK Properties | 922 751 / 630 994991

Golf del Sur.

€105,000 1 bed · Fully refurbished and furnished 1 bed, 1 bath apartment with air conditioning, newly fitted kitchen and refurbished bathroom. This apartment is on the 3rd floor and there are lifts throughout the complex. Views from the terrace onto the community swimming

Ref: S-01 1343 | Tenerife Prime Property | 922 703 725

UNDER €100,000

Las Galletas,

€94,500

1 bed · 3rd floor 1 bedroom, 1 bathroom apartment with lounge and American style kitchen with a large sunny terrace and fabulous sea views and very low community

Ref: S-01 843 | Tenerife Prime Property | 922 703

Studio **NEW STORE NOW OPEN!** ACROSS THE ROAD FROM OUR OLD ONE IN LOS ABRIGOS

bedroom, 1 bathroom apartment in popular complex with pool.

Good views. Ref: Paradise Court | MK Properties | 922 751 / 630 994991

Chayofa,

€118.500

Large studio apartments for sale (prices from 99.950). Studios being sold fully

725

SEE OUR MAIN ADVERT ON PAGE 34

Costa del Silencio,

Ground floor studio apartment being sold fully furnished with lounge, American style fully fitted kitchen and an enclosed terrace made into bedroom

€80,000

Ref: S-00 1358 | Tenerife Prime Property | 922 703 725



VYM CANARIAS - June 20

Luxury Villa in El Galeon



Luxury and fully reformed villa with panoramic views in prestigious area. 5 bedrooms, 5 bathrooms, guest toilet, large living room, kitchen, terrace and pool. Garage for 2 cars.

€1,395,000 Ref: VS6675D

Villa in La Caleta Golf



Modern villa with a unique design and high quality on the plot of land of 2.536m2. Living area 286m2, located on two floors and 4 bedrooms, each with its own bathroom. Private pool and garden.

€2,800,000 Ref: VS6859DN

Balcon de los Gigantes, Los Gigantes



Apartment with fantastic sea views 1 bedroom, bathroom, living room with kitchen and great terrace

Ref: VS6742 €155.000

Torviscas Alto. **Balcon del Atlantico**



The apartment has 1 bedroom with wardrobe, a bathroom, an open-plan kitchen with a living room and a terrace. The complex with a swimming pool.

Ref: VS6269D €175.000

Las Americas, Playa Honda



Apartment in the center of Las Americas on the second floor. It consists of 1 bedroom with fitted wardrobe, open plan kitchen with a living room and a terrace.

€169,000 Ref: VS6857D

La Caleta, **Magnolia Golf Resort**



Luxury apartment with terrace and a garden with mountain and ocean view. 3 bedrooms, 2 bathrooms, open-plan kitchen with a living room. Fully furnished.

Ref: VS6826D €650.000

Sueño Azul, Callao Salvaje



2 bedroom apartment with fantastic ocean view. Living area 106m2, terrace 22m2, garden 51m2. Great location.

Ref: VS6755D €320,000

Viña del Mar, Playa de las Americas



Bungalow with 1 bedroom, bathroom living room and kitchen. Living area 55m2. Pool and parking in the complex. Ideal investment

€190,000 Ref: VS6590D

Playa Paraiso, **Ocean Garden**



Luxury apartment in new complex with 2 bedrooms, 2 bathrooms, parking space and beautiful terrace. Living area 65m2, terrace 13m2. Pool in the complex.

€270,000 Ref: VS5571D

Agua Viva, Callao Salvaje



Front line apartment near the beach. Large terrace with sea view. 2 bedrooms, 1 bathroom, living area and kitchen. Swimming pool in the complex.

€169,000 Ref: VS6836D

Playa Paraiso, Sol Paraiso



Excellent 2 bedroom apartment. Third floor. This apartment has two bedrooms with fitted wardrobes, a full bathroom, an American-style kitchen. a living room and a terrace

€171.000 Ref: VS6846D

Sand Club,



Reformed apartment with a garden. 1 bedroom, 1 bathroom, open-plan kitchen, living room and terrace with a garden. Swimming pool in the nplex. Great location

€142,800 Ref: VS6827D

Principal Office: C.C. Victoria Tenerife Sur, Local 1, C/ Republica de Panama, 1, LAS AMERICAS, 38660, Adeje



Tel: 922 787 210 / 635 881 888 Email: info@vymcanarias.com • Web: www.tenerifecenter.com Playa Paraiso: 922 713 395, email: playaparaiso@vymcanarias.com

Callao Salvaje: 922 717 663, email: callaosalvaje@vymcanarias.com San Eugenio: 922 715 185, email: saneugenio@vymcanarias.com

Golf del Sur: 922 455 874, email: golfdelsur@vymcanarias.com

El Duque: 922 547 611, email: elduque@vymcanarias.com

Tenerife Prime Property

Golf del Sur, Las Adelfas II

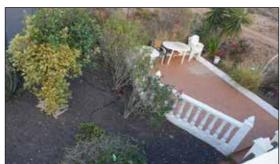


Spacious, part-furnished 2 bed, 2 bath corner villa with large roof terrace in sought after complex with pool. The property has a lounge/dining area, American-style fitted kitchen and a wraparound terrace which enjoys lovely sea, mountain and golf course views.



S-02 1342

€218,500





PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Amarilla Golf, Pinehurst 1 bed



Lovely, fully refurbished, unfurnished 1 bed, 1 bath 2nd floor apartment on complex with pool and bar/restaurant. The property enjoys views over the golf course to the sea, has a lounge/dining area, American-style fitted kitchen and a terrace which can be closed off to create additional living space.

S-01 1400 €132,000

Los Cristianos, Dinastia



Spacious, fully furnished 2 bed, 2 bath (1 en suite) apartment on popular residential complex with lovely pool and sunbathing terrace. The property has a lounge/dining area, American kitchen and a large terrace. There is lots of storage space and close to all amenities.

S-02 1387 €264,950

Amarilla Golf, Fairways Club



Lovely, fully renovated, furnished and equipped, 1 bed, 1 bath apartment on popular, sought after holiday complex with beautiful pool and pool bar area. The property has a lounge/dining area, American-style kitchen and a sunny terrace.

S-01 1405 €143,000

Golf del Sur, Las Adelfas I



Spacious, fully furnished 2 bed, 2 bath (1 en suite) house on popular holiday complex with heated pool and restaurant and located close to all amenities. The property has a lounge-diner, independent fitted kitchen, front garden, large rear garden and terrace and a private, sunny rooftop terrace with excellent views.

£ 1396 €249,950

Fañabe, Lagos de Fañabe



Beautiful, fully furnished 1 bed, 1 bath apartment on sea front, 'Touristic' complex with 3 pools, just 70 metres from the beach. The property has a lounge/diner, open kitchen, sunny terrace and private parking. Holiday occupancy is 60%+ (at c€500/€950 per week).

11 1379 €290

Los Cristianos, Parque Tropical II



Large, part-furnished, 2 bed, 2 bath duplex apartment in sought after complex with lovely pool area. The property has a lounge/diner, American-style kitchen, small front garden and a large terrace off the lounge overlooking the pool. Needs minor refurbishing.

-02 1150 €250,00

Torviscas Alto, Los Altos del Roque



Well-presented, fully furnished 1 bed, 1 bath ground floor apartment on popular residential complex with pool and sunbathing terraces. The property, in an elevated position with no one above, has a lounge-diner, open plan kitchen, a sunny terrace overlooking the pool and a parking space in the underground garage.

S-01 1363 €140 000

Oroteanda Bajo



Stunning, fully furnished & equipped, 5 bed, 3 bath (master en suite) detached villa with heated pool on 2,000sqm plot. There is a garage for 4 cars and aircon and central heating throughout. This is a property has to be seen to appreciate all that it has to offer.

S-05 1380 €1,250,000

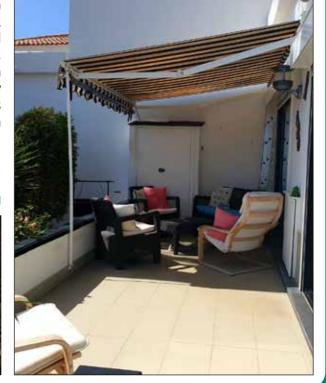
Tel: 922 703 725 / 627 230 360

Tenerife Prime Property

Amarilla Golf, Augusta Park



Beautiful, ground floor 1 bed, 1 bath apartment being sold fully furnished. There is a lounge and fully equipped American style kitchen, air conditioning, electric shutters over windows and an 8m2 terrace overlooking the community swimming pool. (Pool to be heated this year). Low community fees. This is a lovely well maintained apartment.





S-01 1354

£142,000 sterling



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Amarilla Golf, **Pinehurst**



Beautifully decorated, fully furnished, 2 bed, 1 bath Beautifully decorated, fully furnished, 2 bed, 1 bath ground floor apartment on popular complex with pool, close to all amenities. This spacious (77sqm) property has a lounge/diner, American-style kitchen and a large sunny terrace overlooking the pool and gardens. Com. Fees €306 every 2 months.

£160,000 Sterling

Playa de las Americas, **Jacaranda**



Lovely, spacious, fully refurbished, 3 bed, 1 bath penthouse apartment with sea views on popular holiday complex with pool, close to all amenities and just 100 metres from the beach. The property has a lounge/dining area, American-style fitted kitchen and large sunny terrace.

€288.000

Golf del Sur, Winter Gardens



Lovely 2 bed, 2 bath (1 en suite) apartment on popular complex with pool and pool bar, and bowling green. Tastefully furnished with separate, fully equipped kitchen, small utility room, and a large lounge leading with good-sized terrace off.

€235.000

Los Cristianos, Dinastia



Beautiful, fully furnished, ground floor 2 bed, 2 bath (1 en suite) apartment with an exceptionally large terrace. This apartment is very tastefully furnished and has a fully equipped kitchen. There are lifts throughout the complex and there is a community swimming pool and pool bar.

San Miguel, El Roque



Spacious, fully furnished, 4 bed, 3 bath (1 en suite) house on a plot of 750m2 with large lounge, separate fully fitted kitchen, games room and two roof terraces.

This is a lovely family home in a quiet Canarian

Playa Paraiso, Él Horno



Beautiful, fully furnished 2 bed, 1 bath 1st floor pool. This spacious property enjoys sea and mountain views, has a lounge/diner, American-style kitchen, large sunny terrace and a secure garage space and storeroom. Community fees €57/month.

Roque del Conde, Los Altos del Roque



Lovely, spacious, fully furnished and equipped 4 bed, 4 bath (2 en suite) semi-detached townhouse with own swimming pool in quiet, sought after complex situated close to amenities. The property, which enjoys lovely sea views, has a lounge/diner, independent fully fitted kitchen, terrace/garden, and double garage.

San Eugenio Alto, Island village



Very nice, fully furnished and equipped studio apartment on popular holiday complex with lovely heated pool and close to all amenities. The property has a lounge/sleeping area, American-style fitted kitchen and good-sized, sunny terrace with sea views. Community fees €75 per month

Tel: 922 703 725 / 627 230 360

carolhale.tpp@gmail.com • tenerifeprimeproperty.com

T: (0034) 922 732862 M:(0034) 683 190 977 info@rdpropertiestenerife.com



Calle Luis Alvarez Cruz, nº6, Edf Bahia Azul, Local 8C Las Galletas - Next to post office

"Where houses become Homes"

COSTA DEL SILENCIO



2 bed,1 bath, fully furnished apartment, complex with parking, tennis court, pool, children's pool and play, and close to amenities. Ref: CDS521-A157.

€157,000 NOW €139,000

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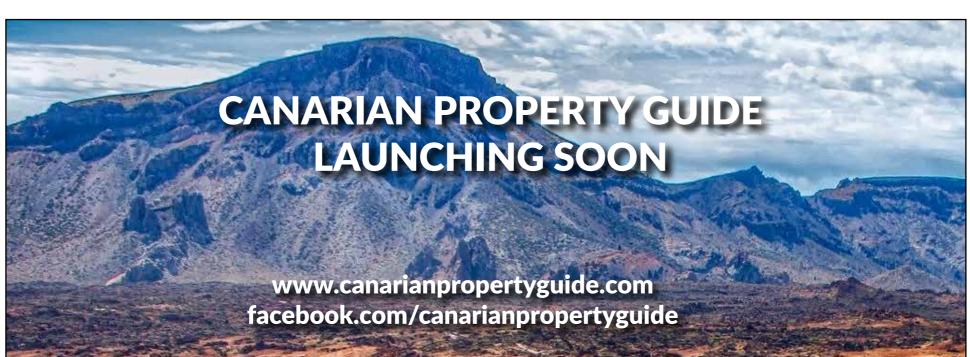












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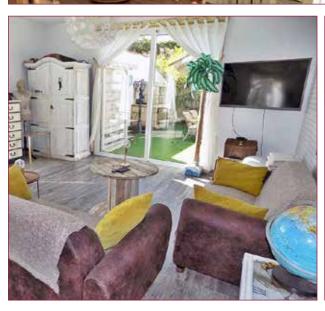


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Euro surges on EU's Next Generation plan optimism

Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...

Hopes that the global economy is starting to recover as countries ease lockdown measures boosted market optimism last week. However, US-China trade tensions have capped some risk appetite and lingering Brexit concerns are weighing on the pound.

The GBP/EUR exchange rate dipped from highs of €1.12 to lows of €1.10 while the EUR/GBP rose from £0.88 to £0.90. Meanwhile, GBP/USD climbed from lows of \$1.21 to highs of \$1.24, while the EUR/USD edged higher to around \$1.11.

The pound edged higher at the beginning of last week after

Andrew Haldane. Bank of England's chief economist, said that the UK's economic data had been a 'shade better' than forecasts. Last week also saw Prime Minister Boris Johnson's announcement that all non-essential shops could reopen from the 15th June, buoying investors' hopes for a quick economic recovery. However, concerns about upcoming Brexit talks left Sterling struggling before the weekend.

Meanwhile, the euro fluctuated amid a raft of improving - but still predominantly negative
- economic data. For example, Wednesday saw the release of the flash annual German inflation data for May, which dipped from 0.8% to 0.5%. The single currency benefited greatly from a sense of resolution as the European Union announced its €750bn recovery fund, pushing the euro higher against its rivals.

The US dollar slumped last week as more economies began easing lockdown measures, improving market sentiment and increasing risk appetite. USD losses were limited by returning US-China trade tensions however.

What do you need to look out for?

The euro could edge higher this week if Eurozone economic data confirms hopes that the bloc is making a steady recovery as its largest economies including Germany and France – continue to ease lockdown measures. However, Germany's Unemployment Rate for May is forecast to rise from 5.8% to 6.2%. A sharp increase in joblessness in the Eurozone's largest economy could be euronegative. Thursday will see the ECB announce its latest interest rate decision. While policy isn't expected to change, any dovish comments may have a



negative impact on EUR.

In UK economic news, we have the UK Markit Services PMI for May. If this confirms consensus and edges higher from 27.8 to 28 Sterling could enjoy a (very modest) amount of support. The US dollar will most likely be driven by US-China trade developments and domestic political unrest this week. Any signs of escalating tensions between the world's two largest economies could

dampen risk sentiment, increasing demand for the safe-haven 'Greenback'.

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People who eat more sweets are at higher risk of type 2 diabetes, heart disease and cancer... but that may not actually be sugar's fault. BBC Future investigates the latest findinas.

Given the current situation, many of us are more interested than ever in how food can (and can't) support our health. To help you sort out fact from fiction, BBC Future is bringing back some of our most popular nutrition stories. Our colleagues at BBC Good Food are also focusing on practical solutions for ingredient swaps. nutritious storecupboard recipes and all aspects of cooking and eating during lockdown.

It's hard to imagine now, but there was a time when humans only had access to sugar for a few months a year when fruit was in season. Some 80,000 years ago, hunter-gatherers ate fruit sporadically and infrequently, since they were competing with birds.

Now, our sugar hits come all year round, often with less nutritional value and far more easily - by simply opening a soft drink or cereal box. It doesn't take an expert to see that our modern sugar intake is less healthy than it was in our foraging days. Today, sugar has become public health

system, although in reality

the impact it has on our ability to fight off diseases is a great deal more complicated than that. And so far, scientists have had a difficult time proving how it affects our health, independent of a diet too high in calories. A review of

causes confusion that risks us cutting out vital foods. Sugar, otherwise known as "added sugar", includes table sugar, sweeteners, honey and fruit juices, and is extracted, refined and added to food and drink to improve taste.

But both complex and simple carbohydrates are made up of sugar molecules, which are broken down by digestion into glucose and used by every cell in the body to gener-

when high sugar intake is combined with excess calories, and that the effects on health are "more likely" due to sugar intake increasing the chance of excess calories, not the impact of sugar alone. Meanwhile. there is

also a growing argument

that demonising a single

food is dangerous - and

Before the 16th Century only the rich could afford sugar. But it became more available with colonial trade. Then, in the 1960s, the development of largescale conversion of glucose into fructose led to the creation of high fructose corn syrup, a concentrate of glucose and fruc-

like high fructose corn

syrup, which are man-

This potent combination, above any other single type of sugar, is the one many public health advocates consider the most lethal - and it is the one that many people think of when they think of 'sugar'.

Sugar rush

Consumption of high fructose corn syrup in the US increased tenfold between 1970 and 1990, more than any other food group. Researchers have pointed out that this mirrors the increase in obesity across the country.

Meanwhile, sugary drinks, which usually use high fructose corn syrup, have been central to research examining the effects of sugar on our health. One meta-analysis of 88 studies found a link between sugary drinks consumption and body weight. In other words, people don't fully compensate for getting energy from soft drinks by consuming less of other foods possibly because these drinks increase hunger or decrease satiety.

But the researchers

intake of soft drinks and added sugars has increased alongside obesity in the US, the data only represents broad correla-

And not everyone agrees that high fructose corn syrup is the driving factor in the obesity crisis. Some experts point out that consumption of the sugar has been declining for the past 10 years in countries including the US, even while obesity levels have been rising. There also are epidemics of obesity and diabetes in areas where there is little or no high fructose corn syrup available, such as Australia and Europe.

High fructose corn syrup isn't the only kind of sugar seen as problematic. Added sugar, particularly fructose, is blamed for a variety of problems. People who consumed 25% or more of calories as added sugar were more than twice as likely to die from heart disease.

For one, it's said to cause heart disease. When liver cells break down fructose, one of the end products is trialvceride - a form of fat - which can build up in liver cells over time. When it is released into the bloodstream, it can contribute to the growth of fat-filled plaque inside artery walls.

One 15-year study seemed to back this up: it found that people who consumed 25% or more of their daily calories as added sugar were more than twice as likely to die from heart disease than those who consumed less

The term 'sugar' includes a broad array of sweeteners, including the fructose naturally found in fruit

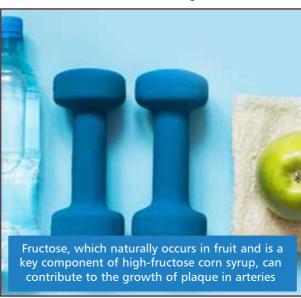
enemy number one: governments are taxing it, schools and hospitals are removing it from vending machines and experts are advising that we remove it completely from our diets. It has even been blamed for possibly increasing the risk of contracting infections because it allegedly suppresses the immune

research conducted over the last five years summarised that a diet of more than 150g of fructose per day reduces insulin sensitivity – and therefore increases the risk of developing health problems like high blood pressure and cholesterol levels. But the researchers also concluded that this occurs most often

ate energy and fuel the brain. Complex carbohydrates include wholegrains and vegetables. Simple carbohydrates are more easily digested and quickly release sugar into the bloodstream. They include sugars found naturally in the foods we eat, such as fructose, lactose, sucrose and glucose and others,

concluded that while the







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Cont. from page 36

sugar intake. Two large studies in the 1990s found that women who consumed more than one soft drink or fruit juice per day were twice as likely to develop diabetes as those who rarely did so.

Sweet nothings?

fructose intake can be metabolised during exercise to increase performance

Overall, evidence that added sugar directly causes type 2 diabetes, heart disease, obesity or cancer is thin. Yes, higher intakes are associated with these conditions. But clinical trials have yet to establish association between self-reported sugary beverage consumption and markers of brain health determined by MRI scans. Those who drank soft drinks and fruit juices more frequently displayed smaller average brain volumes and poorer memory function. Consuming two sugary drinks per day aged



Athletes often consume more sugar than other people, but because they metabolise it during exercise, they still have lower rates of cardiovascular disease

But again, it's unclear if that means sugar actually causes heart disease or diabetes. Luc Tappy, professor of physiology at the University of Lausanne, is one of many scientists who argue that the main that it causes them. Sugar also has been associated with addiction... but this finding, too, may not be what it seems. A review published in the British Journal of Sports Medicine in 2017 cited findings that

the brain two years compared to those who didn't drink any at all. But Pase explains that since he only measured fruit juice intake, he can't be sure that sugar alone is what affects brain health.



cause of diabetes, obesity and high blood pressure is excess calorie intake, and that sugar is simply one component of this.

"More energy intake than energy expenditure will, in the long term, lead to fat deposition, insulin resistance and a fatty liver. whatever the diet composition," he says. "In people with a high energy output and a matched energy intake, even a high fructose/sugar diet will be well tolerated." Overall, evidence that added sugar directly causes type 2 diabetes, heart disease, obesity or cancer is thin. Tappy points out that athletes, for example, often have higher sugar consumption but lower rates of cardiovascular disease: high

mice can experience sugar withdrawal and argued that sugar produces similar effects to cocaine, such as craving. But the paper was widely accused of misinterpreting the evidence. One key criticism was that the animals were restricted to having sugar for two hours a day: if you allow them to have it whenever they want it, which reflects how we consume it, they don't show addiction-like behav-

Still, studies have demonstrated other ways in which sugar affects our brains. Matthew Pase, research fellow at Swinburne's Centre for H u m a n Psychopharmacology in Australia, examined the

"People who drink more fruit juice or soft drinks may share other dietary or lifestyle habits that relate to brain health. For example, they may also exercise less," Pase savs. One recent study found that sugar may even help improve memory and performance in older adults. Researchers gave participants a drink containing a small amount of glucose and asked them to perform various memory tasks. Other participants were given a drink containing artificial sweetener as a control. They measured the participants' levels of engagement, their memory score, and their own perception of how much effort they'd applied.

The results suggested that consuming sugar can make older people more motivated to perform difficult tasks at full capacity – without them feeling as if they tried harder. Increased blood sugar levels also made them feel happier during the task.

Younger adults showed increased energy after consuming the glucose drink, but it didn't affect their mood or memory.

Teaspoon of sugar

While current guidelines advise that added sugars shouldn't make up more than 5% of our daily calorie intake, dietitian Renee McGregor says it's important to understand that a healthy, balanced diet is different for everyone. "I work with athletes who need to take on more sugar when doing a hard session because it's easily digestible. But they worry they're going over the guidelines," she says.

For most of us non-athletes, it's true that added sugar isn't crucial for a healthy diet. But some experts warn we shouldn't single it out as toxic. McGregor, whose clients include those with orthorexia, a fixation with eating healthily, says that it isn't healthy to label foods as 'good' or 'bad'. And turning sugar into a taboo may only make it more tempting. "As soon as you say you can't have something, you want it," she says. "That's why I never say anything is off-limits. I'll say a food has no nutritional value. But sometimes foods have other values."

Associate professor at James Madison University Alan Levinovitz studies the relationship between religion and science. He says there's a simple reason we look at sugar as evil: throughout history, we've demonised the things we find hardest to resist (think of sexual pleasure in the Victorian times). Today, we do this with sugar to gain control over cravings.

"Sugar is intensely pleasurable, so we have to see it as a cardinal sin. When we see things in simple good and evil binaries, it becomes unthinkable that this evil thing can exist in moderation. This is happening with sugar," he says. He argues that that seeing food in such extremes can make us anxious about what we're eating - and add a moral judgment onto something as necessary, and as everyday, as deciding what to eat.

our diets can even be counterproductive: it can mean replacing it with something potentially more calorific, such as if you substitute a fat for a sugar in a recipe. And amid the rising debate around sugar, we risk confusing those foods and drinks with added sugar that lack other essential nutrients, like soft drinks, with healthy foods that have sugars, like fruit.

Taking sugar out of

One person who strug-

gled with this distinction is 28-year-old Tina Grundin of Sweden, who says she used to think all sugars were unhealthy. She pursued a high-protein, high-fat vegan diet, which she says led to an undiagnosed eating disorder. "When I started throwing up after eating, I knew I couldn't go on much longer. I'd grown up fearing sugar in all forms," she says. "Then I realised there was a difference between added sugar and sugar as a carbohydrate and I adopted a high-fructose, highstarch diet with natural sugars found in fruit, vegetables, starches and legumes. "From the first day, it was like the fog lifted and I could see clearly. I finally gave my cells fuel, found in glucose, from carbohydrates, from sugars."

While there's disagreement around how different types of sugars affect our health, the irony is we might be better off thinking about it less. "We've really overcomplicated nutrition because. fundamentally, what everyone is searching for is a need to feel complete, to feel perfect and successful," says McGregor. "But that doesn't exist."





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Your parents' good intentions might have undermined your confidence – but you can do something about it.

You've probably noticed how some of your colleagues take to leadership roles like a duck to water. They're confident telling others what to do, and happy taking on an ever-growing number of responsibilities. It couldn't be more different for others: bossing around people feels awkward, and a nagging self-doubt shadows every decision. If you're in the latter group, you might wonder why the thought of being a leader fills you with dread, and why you find it so hard to even see yourself as a manager.

As with almost any aspect of human nature. some of the answer comes down to your genetically inherited disposition. If vour parents were shrinking violets, the odds are increased that you will be too. But that's far from whole story. the Increasingly, psychologists are realising the important part that early life experiences play. And key here is the way your parents behaved toward you.

If your parents were

shrinking violets, the odds are increased that you will be too. But that's far from the whole story

In particular, if they were overly protective, they might have undermined your chances of becoming a future leader. Colloquially, this parenting approach is known as 'helicopter parenting' in reference to the idea of hovering nearby whether need-

Many readers will have parents still wanting to be highly involved in their lives. Work out a way where you manage your own life more and cease to rely on your parents as much

– Judith Locke

ed or no

Your parents likely had good intentions, such as ensuring you didn't face uncomfortable challenges. Unfortunately, this might have had some inadvertent, unhelpful effects, including "making you less confident and less capable of facing difficulties, therefore [leading you to] exhibit poorer leadership skills", says Dr Judith Locke, a clinical psychologist in private practice and visiting fellow Queensland University of

Technology. Locke's research has involved surveying parenting professionals, including psychologists and school counsellors, to establish exactly what they mean by helicopter parenting or overparenting.

Her findings suggest this is an approach characterised by a mixture of three factors: being extremely responsive to the child, being extremely undemanding in some contexts, yet being highly demanding in others. For instance, a helicopter parent is likely to be overprotective, overly attentive and believe their child is always right. They will try to do everything for their child (rather than expecting the child to handle it themselves), and might expect their child's peers and school to bend over backwards to accommodate their child's needs too. At the same time, this kind of parent will be highly demanding, in the sense of having high expectations for their child's achievements. overscheduling their child's time and wanting their child to be their friend and in constant contact.

Supervised into



submission

The latest research on how this extreme coddling can stifle leadership skills comes from China. Psychologists surveyed nearly 1,500 teenagers average age 14 – at 13 schools in Beijing. Yufang Bian at Beijing Normal University and her colleagues assessed the teenagers' leadership potential comprehensively. First, they quizzed the teenagers' peers, teachers and parents to get a sense of whether they were seen by others as being a good leader. Second, they checked whether the teenagers were actually in any leadership roles, such as being a team leader in a class science group or a president in a student

club. Meanwhile, the teenagers rated how much their parents had been overprotective by agreeing or disagreeing with statements such as 'My parents supervised my every move growing up' and 'My parents often stepped in to solve life problems for me'. The teens also took quizzes measuring their self-esteem and how confident they felt about being a leader.

The more overprotective their parents, the less the teens were perceived as having leadership potential by others, and the less likely they were to actually be in leadership roles

After controlling for the influence of a number of other factors, such as family socioeconomic background and the teenagers' academic achievements, Bian and her team found a clear pattern. The more overprotective their parents, the less the teens were perceived as having leadership potential by others, and the less likely they were to actually be in leadership roles. Statistically, this link was explained by the fact that the teens with helicopter parents tended to have lower self-esteem, which



in turn was associated with being less confident about being a leader.

Bian and her team said their findings support the idea that too much of a good thing can be harmful: "In the same way that a lack of proper parenting harms a child's development, overparenting, with its restriction of the child's development of autonomy and problem-solving skills, also has a negative impact on psychosocial development." Overparenting may also create this undermining effect because it signals to children that they are not capable of independence and that their parents don't trust them to look after themselves. let alone others.

Overparenting may also create this undermining effect because it signals to children that they are not capable of independence

It is worth mentioning that these new findings should be interpreted with caution because the observational design of the study means it hasn't proved that helicopter parenting causes a lack of emerging leadership potential. The research relies on teenagers retrospectively recalling their parents' behaviour, and it's possible that teens with lower self-esteem might be tempted to rate their parents unfavourably as a way to explain their current feelings. However, the results are consistent with a causal interpretation and the researchers

build on a wealth of earlier research, which has consistently shown the apparent detrimental effects of having overprotective parents, albeit that these studies have also featured an observational design.

For instance, psychologists at Florida State University surveyed nearly 500 undergraduates and found that those who had helicopter parents also tended to be less confident in their own abilities. A different team at Miami University quizzed hundreds of undergraduates and found similar results. Those who described having helicopter parents also tended to have more emotional problems, struggled with making decisions and performed worse in their exams.

Your future as a leader

If you run a mile from leadership opportunities and recognise the description of having helicopter parents, you don't have to accept that you'll never be a leader or exhibit qualities of one. First, remember your parents' approach was likely well intentioned, and you won't benefit from feeling resentful. You're in control now and, with dedication and effort, it's possible to shape your own traits and attitudes at any time of life.

Locke, who is also the author of The Bonsai Child (a parenting book to help parents develop their child's potential by not





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overparenting), recommends beginning to take more control over your own life, including being more financially independent if you can, and avoiding the temptation to call your parents each time you have a problem.

"Many readers will have parents still wanting to be highly involved in their lives. Work out a way where you manage your own life more and cease to rely on your parents as much," she says. Of course, these changes on their own won't transform you into a leader, but they will help you to see yourself as independent and to be more comfortable making autonomous decisions, which will serve you well if and when leadership opportunities arise in your career.

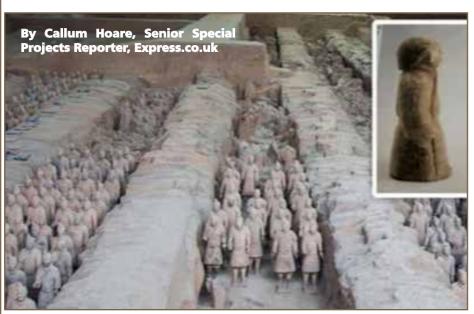
You can also make changes at work, including trying to be more open to criticism, and being proactive in seeking feedback. "My work shows that those who have been overprotected have often been overpraised as a matter of

course, and don't cope as well with constructive criticism," says Locke. "For you to improve you need to be open to suggestions of what you need to do to progress."

It won't happen overnight, but through practising being more independent and taking the time and effort to build your emotional and decision-making skills, you will find that you can slowly build your confidence – and even start to see yourself as a potential boss.



Archaeology shock: China's Terracotta Army discovery 'to rewrite history books'



ARCHAEOLOGISTS made advances in China over the Terracotta Army, which could completely rewrite the history books.

Constructed in the third century BC, the Terracotta Army is a collection of clay sculptures depicting the forces of the First Emperor of China – Qin Shi Huang. Discovered in 1974 by local farmers in Lintong County, Shaanxi, the fig-

ots with 520 horses built as protection for the Emperor in the afterlife. Their varying clothes, facial features and body types have long stunned archaeologists, considering they were created more than 2,000 years ago.



ures include more than 8,000 soldiers, 130 chari-

But historian Dan Snow revealed during his BBC

series "The Greatest Tomb on Earth" why a new theory could "force us to rewrite history". He said in 2016: "The stunning realism amplifies the great mystery surrounding these figures, where do they come from? "They are nothing like any figure made in China before them, something changed.

"The big question is how did Chinese craftsmen achieve such an incredible transformation?

Well that forces us to completely rewrite the history books

"It's like going from a stickman to a Leonardo in a single step, something remarkable happened here 2,200 years ago. "To understand quite how remarkable, I need to put it in a global context." Mr Snow explained to viewers how historians have long-believed Ancient China remained secluded from the rest of the world.

But the Terracotta Army could shatter that theory. He added: "The world at the time of the First Emperor, around 220BC.

"On the eastern edge of the Eurasian landmass, you've got the Chinese worlds, a competing cluster of mini-states over there. "Over on the west of Eurasia, you've got the Roman Empire starting to expand over here and you've got Greece over there. "Now, what's going on artistically in the East and West is very different in the third-century. "This is classic Greek art, the absolute high watermark of artistic expression, beautiful - metre-and-ahalf tall, intricately painted, human in its look.

"But over here in the Chinese world, you've got just 10cm tall, far more basic."

Mr Snow revealed how something happened that completely changed the Chinese approach to art. He continued: "Then something changes, in fact, everything changes – there's a revolution. "Suddenly, in 220BC you get the Terracotta Warriors lightyears ahead of what's gone before. "It starts to



look far less like its predecessor and far more like what's going on in the western world, both lifesize, both lifelike, both attempts at realism. "This couldn't be more impor-

in Xinjiang and rare bronze artefacts made with a lost-wax technique known in Greece and Egypt.

However, this idea is disputed by others who



tant, because it's always been assumed that China developed in isolation.

"But if that's not the case, if the First Emperor of China imported western ideas and techniques to create his extraordinary necropolis, well that forces us to completely rewrite the history books." Some scholars argue that a potential Greek influence is particularly evident in some terracotta figures such as those of acrobats, combined with findings of European DNA

claim that there is "no substantial evidence at all" for contact between ancient Greeks and Chinese builders of the tomb. They argue that such speculations rest on and flawed old "Eurocentric" ideas that assumed other civilisations were incapable of sophisticated artistry and thus foreign artistry must be seen through western traditions.

More research is needed to confirm or deny the link.



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Printed by: Artes Graficas del Atlantico, Gran Canaria

ENERGY PERFORMANCE CERTIFICATES IN SPAIN

JUNE 2020 UPDATE

The total number of Energy Performance Certificates carried out in the Canaries since June 2013 now stands at approximately 237,758, with just 1,668 being registered over the two month period of April and May 2020. This is a third of the number of certificates carried out during the same two months in 2019, due obviously to the paralysis of the property market as lockdown was put in place in response to

the COVID-19 Pandemic. The gradual lifting of lockdown as Islands have progressed from Phase 0 to 2 or 3 in some cases has meant that activity in the property market has recommenced, although it is obviously at a very slow rate. Over time, with the lifting of lockdowns in countries especially in Europe and the liberating of movement of Spanish Nationals around the country and Islands I'm

sure we'll soon start to see the volume of certificates increase month by month reflecting increasing levels of property transactions.

For those of you who are not aware of Performance Energy Certificates (EPCs), they were introduced in Spain and its dependencies by Royal Decree on 5th April 2013. This Law requires that, from 1st June 2013. an EPC must be obtained by the owner whenever a

domestic or commercial property is Built, Sold or Rented.

Selling your property

From 1st June 2013 property owners are required by law to present Energy an Performance Certi-ficate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary will need to see the EPC, termed the Certificado de Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to 1st June 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your

property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should be able to show you the EPC for your property.

The EPC contains:

Information about a property's energy use efficient) to 'G' (least efficient). The Certificate, registered with the Canarian Government is valid for 10 years.

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Energy Performance Certificate.



and typical energy costs, ecommendations as to how you may be able to reduce energy use and save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most

If you have any questions, or wish to arrange for me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.

June 2020 **DOG OF THE MONTH**

Pipo =

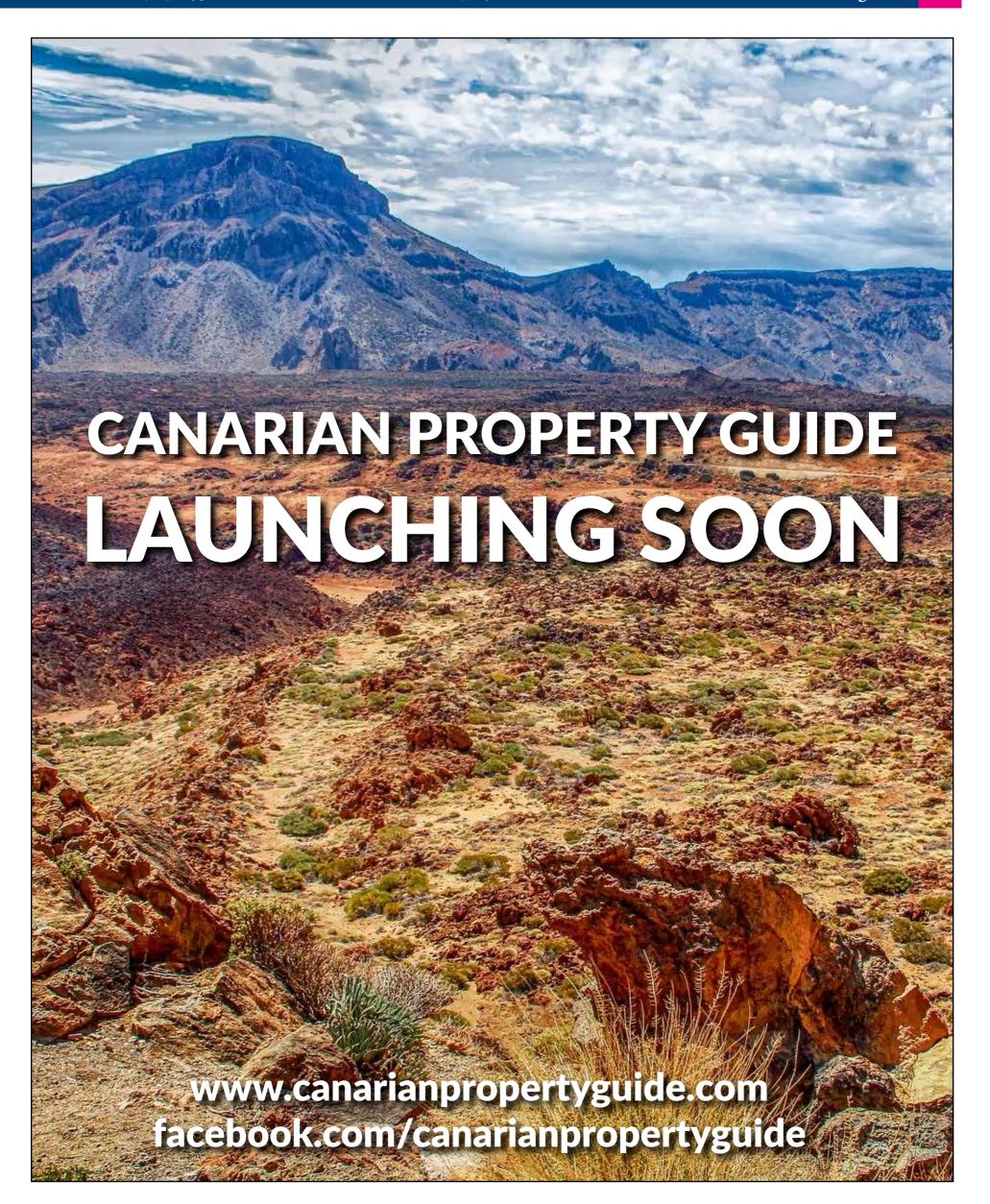


Pipo is a sweet, small dog who has been at the Refuge for way too long. We just can't understand why people pass by him when he is so adorable!

With the economic impact of COVID-19 we know that this will have a knock-on effect on the animals. They will suffer more from this, so now, more than ever. we really need kindhearted people to come to visit us at the Refuge and hopefully give our amazing dogs a chance.

The Centro de Proteccion Animal de Tierra Blanca is located off Junction 15 of the TF-1 by the restaurant Los Chasneros, just 200 metres above the TF-1. They don't ask adoption fees, only a donation of food and some photos to let them know how your new pet is getting on in his/her new home. Please call Rachel on 629 031 273 for more information.







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Long Term Rentals

OVER €2,000 p/m Puerto Colon, Duplex

€2,500

2 bed Long-term rentalVery nice and fully furnished duplex in the residential complex "Club Atlantis Bungalows", which is located on the seafront, with the beach and the port of Puerto Colon in fornt. This is a very well maintained complex with three swimming pools (two of them heated), a restaurant and a solarium with a bar next to the pool. Comprising three b... For full information see website or contact:

Ref: VR5674D | Canarias | 922 787 210

Playa Paraiso, Apartment €2.000

2 bed · Long term luxury apartment for rent in the new complex "Ocean Garden", Playa Paraiso. Two bedrooms, two bathrooms, an open-plan bathrooms, an open-plan kitchen with a living room and a terrace overlooking the pool. The apartment is fully furnished with high quality furniture, the kitchen is equipped with all the necessary appliances, there are fitted wardrobes, air conditioning For full information see

website or contact: Ref: VR5386D | Vym Canarias | 922 787 210 €1,999 - €1,000 p/m El Madronal, Townhouse

€1,750 3 bed · A lovely house in the El Madronal area, South Tenerife.

Comprising a large living room with kitchen, three bedrooms, three bathrooms, two terraces and a garage. Living area of 160 m2. The house is sold fully equipped and furnished. Inside of the house is in the excellent condition. The house has an installation of the electricity and water meters. Madroña... For full information see website or contact:

Ref: VR6015DN | Canarias | 922 787 210

Playa Paraiso, Apartment

€1,500 3 bed · Modern and bright apartment on the seventh flor overlooking the ocean and the island of La Gomera in a residential complex Ocean Garden. The apartment furnished and equipped with everything necessary. includes 3 bedrooms, bathrooms, an open-plan kitchen, a large living room and a terrace. Also included in the price is a place for a car in the unde... For full information see website or contact: Ref: VR5491D

Canarias | 922 787 210

La Orotava, Villa

4 bed · This beautiful detached villa is located in a very peaceful area of Northern Tenerife. From here, both the historical city center of La Orotava and the touristic center of Puerto de la Cruz can be reached in just a

couple of minutes by car. Because of its location, the views over the Atlantic Ocean and the Orotava Valley are amazing. The property has a... For full information see website or contact:

Ref: RR21400V | Agata's Real Estate |

Golf del Sur, Bungalow €1,300

3 bed · Lovely 2 bed-2 bath bungalow with linked self contained 1 bed apartment, on popular complex with pools, bar restaurant and close to the golf courses and main amenities. The main house has 2 double bedrooms, 2 bathrooms, bathrooms, separate fitted modern kitchen with utility room, large terrace overlooking the communal pool private parking for 2 cars, equipped a... For full information see website or contact:

Ref: KV0203 | Tenerife Alizes

Properties | 922 738653 / 626 274040

Playa Paraiso, Apartment €1.300

2 bed · Spacious apartment on the third floor in Ocean Garden complex, Playa Paraíso. Ocean view, 65 m2 interior and a terrace of 13 m2. It has two bedrooms, two bathrooms, an American style kitchen and a large living room. Completely new, fully furnished and decorated. The complex has a community pool. The apartment is located in a touristic area

For full near restaurant... information see website or

contact: **Ref:** VR6749D Canarias | 922 787 210

€1.300

Sotavento, Apartment

3 bed · This brand new furnished apartment is situated in one of the seacoast complexes of Sotavento, near El Medano. It comprises of 3 double bedrooms with built-in wardrobes. 2 bathrooms (main ensuite), living room with balcony, separate fitted kitchen, utility room. Includes a parking space and a storage room in underground safe garage. On site facilities: poo... For full information see website or contact:

Ref: KV0231 | Tenerife Alizes Properties | 922 738653 / 626

Los Cristianos, Apartment €1,200

1 bed · For rent apartment in a nice residential complex
"Parque Tropical", Los
Cristianos. Total of 73 m2.
Including 1 bedroom, living room with terrace, kitchen fully equipped. Complex with garden and two swimming pools (one of them is for children). Within walking distance of the beach, supermarkets!

VR6053D Canarias | 922 787 210

Amarilla Golf, Apartment

3 bed · Tastefully furnished, spacious three bed apartment in secure complex with a garden to the front and a large garden to the rear with entertainment

space and hot tub.

Ref: 2077 | Homes & Away | 922 737 044

Away | ULL Golf del Sur, Apartment €1,100

1 bed · Large fourth floor, one bed apartment with sea views on prestigious complex. Available for a minimum of six

months. Ref: 1749 | H Away | 922 737 044 Homes &

Golf del Sur,

€1.050 3 bed · *Available now* Three bed, two bath apartment on popular international bowling complex.

Ref: 1447 | Homes & Away | 922 737 044

Callao Salvaje, Townhouse

€1,050 2 bed · Townhouse in complex San Francisco, Callao Salvaje. It offers two bedrooms, two bathrooms, kitchen and living room with opens to a large private terrace. There is an own garage with direct access to the house. The util area is 92m2 plus 24m2 terrace. The complex has a communal swimming pool and is situated in a walking distance from the beach Playa de Aja... For full information see website or contact:

VR6680D Canarias | 922 787 210

Playa Paraiso, Apartment

2 bed · Beautiful apartment in the newly built Ocean Garden building. The complex has communal swimming pools and green areas. 80m2 apartment is distributed in 2 bedrooms, 2 bathrooms, living room, kitchen, terrace. With views of La Gomera. € 1000 per month with water and electricity separately.

Ref: VR3959D | Vym Canarias | 922 787 210 €999 - €650 p/m El Medano, Apartment

€980

2 bed · Situado en Las Tejitas en Sotavento complejo 2 y consta de dos dormitorios, dos cuartos de baño, salón con comedor americana totalmente equipada con todos los electrodomésticos r (nevera, congobernador, horno, Cafetera estándar (nevera, congelador, Microondas, Cafetera gobernador, Hervidor de agua, tostadora, etc), sala técnica con Lavadora, caldera para agu. For full information see website or contact:

Canarias | 922 787 210

Golf del Sur, Penthouse

3 bed · *Available from 27th February*Nicely furnished 3 bed, 3 bath penthouse with two terraces and sea view. Parking space included. Water and electrictiy on top.

Homes & Away | 922 737 044

Los Cristianos, Apartment

1 bed · We offer for rent an apartment in the complex "Port Royale", Los Cristianos. The apartment is located on the ground floor with direct access to the pool and consists of one bedroom, bathroom, Americanstyle kitchen with living room and terrace. The price includes monthly expenses for light and water up to 50 euros. Available from 04/01/2020

Canarias | 922 787 210

Golf del Sur, Bungalow

€900 2 bed · This beautiful 2 bedroomed duplex bungalow has been completely refurbished to high standards, and it comes completely furnished and equipped. It comprises of 2 double bedrooms, 1 ensuite bathroom, 1 shower room downstairs, 1 shower room upstairs, living room opening to a sunny terrace, built-in design kitchen, and a small terrace upstairs for more private... For full information see website or

Ref: KV0230 | Tenerife Alizes operties | 922 738653 / 626 274040

Los Cristianos, Apartment

2 bed · Attractive, fully furnished and equipped 2 bedroom apartment for long term rent in quiet location (close to all amenities) with sea and mountain views. The property enjoys satellite TV, internet and there is a Community pool, Bills extra. Would suit mature couple. Contact Anne on 629 606 494. AMH-001 | A M Howells | 629 606 494

Los Cristianos, Apartment

1 bed · Very large one bedroom ground floor garden apartment. Large double bedroom, living room with American style kitchen and large bathroom with separate shower cubicle and Beautiful terrace and garden with automatic watering system. The rental price does not include bills. No pets

Ref: AP0531 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072 / Rentals: 922 797438

Golf del Sur, Apartment

2 bed · *Available from 1st June to end of Sept*Well-appointed, converted two bedroom apartment with a mezzanine level which has two single beds. West facing terrace with stunning sea views. Wi-Fi included. Water and electricity

on top. Ref: 2075 | Homes & Away | 922 737 044

Golf del Sur, Apartment

€850 **bed** · *Available from April*Well-present one bed bath apartment with fabulous views over the golf course, out to sea and over to Montaña Roja. Wi-Fi included.

Ref: 2084 | Homes & Away | 922 737 044

El Medano, Apartment

€850 2 bed · New and modern apartment on the seafront. In front of La Tejita Beach, Vista Roia residential complex, this

apartment with 2 bedrooms, 1 bathroom, living room, terrace, kitchen and parking space.

VR3945D Canarias | 922 787 210

€850

apartment on a popular complex. Fabulous sea Water and electricity bills not included.

1877 Homes & Away | 922 737 044

Los Abrigos, Apartment

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english, Spanish, Dutch, Flemish, German, French, Danish

2 bed · Well-appointed, two bed duplex apartment on residential complex with heated pool.

1986 Away | 922 737 044

Amarilla Golf.

€850 2 bed · Beautiful property, recently refurbished, ideal for retired couples. Sea and mountain views, in walking distance from bars and restaurants. Just a 10 mins walk to Marina San Miguel. Pool in complex. Definitely worth a

Ref: 2062 | Rentals in Tenerife | 606 284883

Golf del Sur, Apartment

€800 1 bed · Nicely presented, one bed apartment with good sea and marina views. Sold with garage space and trastero.

1976 Ref: Homes Away | 922 737 044

Golf del Sur, Apartment

€800 1 bed · Nicely furnished one bed apartment close to all amenities. Good sea and Marina views. Water and electricity on top. Underground garage space included.

Ref: 2074 | Homes & Away | 922 737 044

San Miguel, Apartment

€800 3 bed · Nicely refurbished ground floor apt. with a beautiful garden, BBQ in heart of San Miguel Town. Large storage room. Pets allowed. Bills excluded. Close to shops and transport, 15 min drive to nearest beach and only a 20 min drive to the south airport.

Ref: LAPR1075 | Los Abrigos Properties | 922 170021

Amarilla Golf, Apartment

1 bed · Beautifully appointed, spacious one bed garden apartment with two terraces in quiet location, near the Golf course. Wi-Fi access included. and electricity bills included up to 50€ per month. Homes &

Ref: 2083 | H Away | 922 737 044

€775 1 bed · *Available until December*Modern, refurbished. ground floor, one bedroom 2 bed · Lovely 2 bed ground floor apartment on seafront with fantastic views. Balcony, bathrooms, american kitchen Sat tv dish on shared roof terrace, lift in building, Garage

and storeroom. Bills exclusive. Small pets allowed. Ref: LARP539 | Los Abrigos Properties | 922 170021

Los Cristianos, Apartment

2 bed · AVAILABLE TO RENT FROM 22 April 2020 FOR SIX MONTHS ONLY. Two bed apartment located on the first floor to this complex, you have stairs leading up to the front door of the property, inside you have an American style fully fitted kitchen, both bedrooms are double size, balcony from the lounge area which has sea views overlooking the pool area and you have ... For full information see website or and you have

Ref: AP0351 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072 / Rentals: 922 797438

Golf del Sur. Apartment

1 bed · Well-appointed, top floor, one bed apartment with terrace giving afternoon sun. WiFi included. Water and electricity bills on top.

€750

Ref: 1988 | Homes & Away | 922 737 044

San Eugenio Bajo,

1 bed · One bedroom apartment available until October 2019. Large double bedroom, living room with American style kitchen, bathroom and balcony. Community pool. Close to shops and restaurants

Ref: AP0246 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072 / Rentals: 922 797438

Las Rosas, Linked House

2 bed · Two bedroom townhouse available for long term rental. On the lower floor there is a large living room, separate kitchen diner and WC, on the upper floor there are two bedrooms, one with terrace area and a family bathroom Large garden area behind secure gates. The property is

Currencies

Call Donna in our Los Cristianos office +34-922 971 781 or Carol on +34-687 906 607

being rented unfurnished. Pet friendly property. Water and electricity are not i... For full information see website or

Ref: ADO0467 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072 / Rentals: 922 797438

€700

Los Abrigos, Apartment

2 bed · Lovely 2 bed 1 bath, American Kitchen, on 2 ND floor, lift in building, sea views from 2 balconies, close to shops transport schools, beach 5 mins and Airport south 15 mins available end Jan 20

Ref: LAPR1069 | Los Abrigos Properties | 922 170021

Costa del Silencio.

2 bed · Lovely two bed, one bath apartment on maintained complex.

Homes & Ref: 1744 | H Away | 922 737 044 1744

Amarilla Golf, Apartment €675

1 bed · Nicely presented, top floor apartment with sunny terrace on popular complex. Ref: 2065 | Homes & Away | 922 737 044

Golf del Sur,

€660 1 bed · This 1 bed, 1 bathroom apartment is on the beautiful complex of Aguamarina. Close to the sea, marina, bars, shops and restaurants. Fully furnished to a very nice standard. Ideal for a retired couple. Lift and pool in building. No pets allowed. Ref: 1080 | Rental Tenerife | 606 284883 Rentals in

Golf del Sur,

€660 1 bed · Perfect for a retired

couple, fully furnished and with a large outside terrace. Quiet complex with 2 pools. Beautiful sea view. Very close to San Blas Commercial Centre and bus

Ref: 1086 | Rentals in Tenerife | 606 284883

Costa del Silencio.

1 bed · Top floor, fully furnished 1 bedroom, 1 bathroom apartment with lounge and American style fitted kitchen which leads off to a large terrace with its own stairs up to the private roof terrace. There is also a private parking space available and community swimming pools. Nice quiet residential complex. Ref: 01 1168 | Tenerife Prime

Property | 922 703 725

€650 3 bed ⋅ * Available from end of July until October* First floor 3 bedrooms apartment in popular local village v stunning sea views. Water and electricity bills on top.

Ref: 1712 Homes Away | 922 737 044

San Eugenio Bajo, Studio €650

Beautiful studio in the Island Village Heights complex in San Eugenio. Fully equippedBills included up to 50€ per monthVery well locatedAvailable from June 1.

Ref: VR5973D | Vym Canarias | 922 787 210 Under €650 p/m Puerto de Santiago,

1 bed · Ground floor one bed apartment on the sea front to Puerto Santiago, within walking distance to all shops and local

€570

amenities. The apartment has a double size bedroom, American style fitted kitchen and large terrace area with stunning sea

Ref: AP0182 | Tenerife Island Rentals and Buy Tenerife | Sales: 922 751072 / Rentals: 922 797438

€500 Bright spacious 1 bedroom apartment, in the centre of Los Abrigos, close to main amenities and only a few minutes walk to the port and the sea. Living with American kitchen, 1 double bedroom, 1 bathroom, internal patio, equipped and furnished. First floor, no lift. Bills extra. Pets not allowed.

Ref: KV0224 | Tenerife Alizes Properties | 922 738653 / 626 274040

Puerto de La Cruz, Apartment

€500 We offer a studio located in the center of the city of Puerto de la Cruz, in the Martianez area. It is a furnished studio that has 39 m2 and has a room, bathroom and balcony. Water and electricity expenses are included.1 month deposit and 1 month commissionWe are a boutique international real estate agency. Our team is speaking English, German, Russian, P... For full information see website or contact:

Ref: IR500S | Agata's Real Estate |

Los Cristianos, Garage

€500 Garage/Storage Cristianos. Total of 130 M2 with Office and Bathroom. Rent € 500, + Monthly Expenses.

Ref: VR5811D | Canarias | 922 787 210



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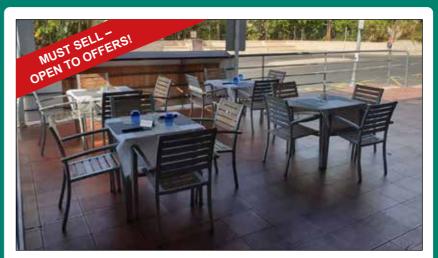
LOS CRISTIANOS, SPORTS BAR/RESTAURANT



Traspaso available on this very popular, long-established (2008), fully licensed Sports bar/restaurant in great location surrounded by Holiday and Residential complexes in Los Cristianos. The owner, who set the business up in 2008, has decided to take a break from this busy life. Opening hours: 4.00 p.m. - 2.00 a.m. Monday - Thursday and 9.00 a.m. - 2.00 a.m. Friday - Sunday. The business operates with a team of 4, generating an annual turnover of around €550.000 on a 5-year renewable lease (renewed Feb 2020), monthly gross rent €2,650. Local is 123sqm interior (60 covers) and 35sterrace (40 covers). Live entertainment every night with top acts. Full food menu available daily.

Ref: B-117 Price: €150,000

SAN EUGENIO ALTO, BAR/RESTAURANT



An excellent opportunity to take over the Traspaso on this popular established Restaurant in an excellent location. Successfully trading for many years as a family business with repeat customers and over 50 5* reviews on Trip Adviser, fully licenced. The sale price includes fixtures and fittings. Currently run by 1 person with opening hours of 2-11pm 5 days per week there is an excellent opportunity for a couple, and to expand the business further. Healthy accounts available on request.

Ref: B-116 Price: €75,000

LAS GALLETAS, BAR/CAFE



Highly popular, profitable and fully legal sea-front bar/cafe in the attractive and vibrant seaside fishing village of Las Galletas This ready-to-walk-in-and-take-over business can accommodate up to 40 persons inside space and outside. The cafe operates excellent working hours (approx 9.00am - 5.00pm daily, 6 days per week) and has a highly loyal customer base (English, Dutch, Belgian, French, Italian, Spanish etc) both residential and holiday-makers from nearby Costa del Silencio and Ten Bel. The owners, who have built the business from scratch have decided to retire. Accounts available.

Ref: B-111 Price: €75,000

LOS ABRIGOS, VETS & GROOMING PARLOUR



Lovely, modern, fully equipped and alarmed Vet's on the main street in Los Abrigos. Has an Office and Reception area, Treatment area and Grooming parlour (Monthly rent just €450) was refitted at a cost of €25.000 in 2019. The replacement cost of all equipment would currently be in excess of €60.000. Opening Hours 10.0am – 2.00pm and 4.00 – 8.00pm, Saturdays 10.00am-1.30pm. Current contract expires in 2021 but will be renewed.

Ref: B-118 Price: €120,000

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Ref: 1545 | FRINA Tenerife SL

Business Sales | 922 085

Guaza, Apartment Block €1.500.000

If you want to invest in this building, give it a face-lift, dedicate it to rentals, or re-sell this is the building for you, the options are endless. This building will revenue a high profit and a rapid return on your investment. The building itself is in perfect condition, it has been built in the beautiful "Canarian" style with elegant cornices, it has... For full information see website or contact:

Ref: GB3-G1X5 | RD Properties | 922 732 862

Cabo Blanco, Hotel €890.000

6 bed · Location: Central, Touristic area. Close to amenities, Close to restaurants/ bars/cafes, Close to shops, Exclusive development, Quiet location. Views: La gomera, Sea. Additional: Development possibilities, Viewing recommended. Rooms American style kitchen, Bathroom, Hall/entrance, Lounge and dining area. Quality: Good condition Tastefully decorated, Furn... For full information see website or

Ref: 407-HT6 | Island Estates | 922 790 767

San Eugenio Alto, €630.000

Large freehold for sale, located in a complex in San Eugenio Alto. The local used to be a supermarket but is empty today and would need refurbishment before it can reopen as another business or supermarket. Details: The premises are spacious 585m2 plus terrace of 50m2 and a basement of 50m2. Ref: 2293 | FRINA Tenerife SL Business Sales | 922 085

Golf del Sur, Empty Local €577.000

In need of TLC, large commercial property with separate apartment above the

Ref: 1948 | Homes & Away | 922 737 044

El Galeon,

€367,500

◆ Location: Central, Close to amenities ♦ Additional: Investment opportunity, Development possibilities ◆.

Ref: C3074 | Hofman Estates | 922 777 747

Las Chafiras, Fully Equipped

€350,000

Additional: Viewing recommended. Rooms: Store rooms, Bar, Bathroom, Quality: Tastefully decorated, Traditional features, Bright, Well presented, Furnished, Good condition. Spacious. Features: Many special features. Outside: Large terrace. Parking: Parking nearby, Parking available Ref: 464-C | Island

€349.999 - €250.000

Estates | 922 790 767

Las Americas,

€336.000

A busy restaurant and pizzeria for sale freehold. The interior measures 74m2 and exterior is 50m2 with a seating capacity of 60. It has 4 full time staff and has the opening hours of 3pm

Ref: E100 | Tenerife Properties | 630 372702

Las Americas,

€325.000 Freehold of a bar for sale with a kitchen. 40m2 storage room and 2 toilets. Seats 40 and has air-conditioning and all project/ paperwork

Ref: E289 | Tenerife Properties | 630 372702

Palm Mar.

- Well finished properties, with exceptional building materials and modern fittings .- Private garages and parking space are availables in the complex. Also lots of parking space outside the complex.- Easy access. almost all on one level, with big passage ways which lead to each property, and to the lovely pool surrounded by plants and flowers.- Lovely poo... For full information see website or

Ref: NPL01 | 2nd Home Tenerife |

Las Americas, Empty Local

◆ Location: Touristic Area, Close to the Harbour, Close to the coast, Close to the beach, Close to amenities, Central ◆ Close to: Transport, Shops, Harbour, Coast, Beach Features: Air conditioning, Adapted for wheelchairs ◆ Ref: 0C3276 | Hofman Estates | 922 777 747

Torviscas Bajo, Supermarket

€275,000 FRINA Tenerife offers for sale this busy supermarket in Torviscas Baio. It has been running for 2 years and has a good reputation. The customer profile is both tourists and locals. The location secures a lot of footfall and there is not a lot of direct competition in the area. The supermarket is spacious 100m2 and wellequipped.

Ref: 2320 | FRINA Tenerife SL - Business Sales | 922 085

Los Cristianos,

€271.000

Local for sale freehold with bathroom, air conditioning, blinds, alarm, safe, furnished and including telephone lines. The property has large windows and natural light. Ref: E089 | Tenerife

Properties | 630 372702

Puerto de Santiago. Car Leasing/Rental Business €267.000

New on the market is this Car Rental for sale in Puerto Santiago, which is sold as a leasehold or a freehold. Furthermore, the business sells Tenerife excursions and the office has an ATM, which both provide to the healthy income. Premises of the Business for SaleYou find the main office centrally in Puerto Santiago and a fully equipped workshop close by,... For full information see website or contact:

Ref: 2233 | FRINA Tenerife SL Business Sales | 922 085 191

Playa Paraiso, Fully Equipped

If you are looking for a wellestablished and easy-to-run business, you cannot miss this store for sale in a busy complex of Plava Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also toys and quality suitcases and bags of brands like Valentino and Guess. The business shows a healthy income and especially the profit on b... For full information see

website or contact:
Ref: 2237 | FRINA Tenerife SL - Business Sales | 922 085 191

€249,999 - €150,000

Playa San Juan, Bar/Cafe

This Traspaso Cafeteria for sale is located in Playa San Juan where it opened a year ago. It is known for an international menu offering brunch, burgers, Spanish specialties and a large variety of homemade bread and pastry. Moreover, it is popular due to its lovely location on the seafront. Premises of the Traspaso Cafeteria for Sale The inside pre... For full information see website or contact:
Ref: 2298 | FRINA Tenerife SL

- Business Sales | 922 085

San Eugenio Bajo,

Shop Premises for sale with an internal area of 150m2, empty

shop unit in the spanish village of Icod, built in two levels, great location just off the main street. It has toilets and an interior patio. Very good condition.

Easy access.
Ref: COM552 | The Property Gallery | 922 719925 / 922 719889

Las Galletas, Excursion **Business**

FRINA Tenerife offers this wellestablished water excursion for sale that is known for allinclusive whales & dolphins experiences. Besides for whale watching the trips include open bar, refreshments, swimming, snorkeling, and a great atmosphere. The boat is fully licensed for tourist and whale excursions and have the yellow (blue) flag too. Furthermore, ... For full information see website or contact.

Ref: 2246 | FRINA Tenerife SL - Business Sales | 922 085

Costa Adeje,

€185,000

We are pleased to offer this great opportunity to own not only local but also a prospective business! Local of 135m2 distributed over two floors and with a private terrace in front. There is a possibility to buy only the local or local together with the equipment and all licences. Contact us for more details!

Ref: VS5780D | Vym Canarias | 922 787 210

Las Americas, Bar/Cafe

€169.000 New on the market is this profitable British Bar for sale, which is located in Las Americas, Tenerife. It has been established for more than 25 years and shows a more than healthy income. The owners only sell to retire after many successful years, so if you are looking for a healthy business with a proven income you cannot miss this. IT is the perfect ... For full information see website or contact: Ref: 2306 | FRINA Tenerife SL

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English, Spanish, Dutch, Flemish, German, French, Danish

€200,000

Leasehold for a cafe/bar with 26 tables and current opening hours of 10am-10pm.

Ref: E251 | Tenerife Properties | 630 372702 Golf del Sur, Bistro

€199.950 Freehold cafe/bistro available

with captive market in exclusive holiday complex. All fixtures and fittings included. Ref: 2051 | Homes &

Away | 922 737 044 Icod de Los Vinos,

€190,000

- Business Sales | 922 085 191

Las Americas.

€159,000 Wharehouse: Large with cellar, three offices, two toilets, one new large freezer room, 12m2 cold storage, linear shelves, furniture, fully equipped to start the activity. Local rent 1.700 per month (been established for 10

Ref: Com536 | The Property Gallery | 922 719925 / 922 719889

Las Americas.

€157.500

For sale with FRINA Tenerife is this freehold local in Las Americas, which can be turned into a bar, café, shop or office. Today the freehold is empty, and it will need a refurbishment and a license to open. This empty freehold local for sale is 73 m3, has a toilet and electricity installed but needs a refurbishment. The local is located in the center of ... For full information see website or contact:

Ref. 2073 | FRINA Tenerife SI - Business Sales | 922 085 191

Tenerife South, Estate Agent

For sale with FRINA Tenerife is this Real Estate Business established for more than 20 years in the south of Tenerife and registered as an SL. If you dream of entering the property market of Tenerife this is a safe way to a strong position. Today the business is run by the owners and 2 employees. Included In The Estate **Business For Sale Besides** from, a st... For full information see website or contact: Ref: 2112 | FRINA Tenerife SL

- Business Sales | 922 085

Las Americas,

€150,000 Centro Commercial, Terranova. Playa de las Americas. 48 m2 Local with 90 m2 Terrace all ready set up for a BAR, fully equipped and ready to open.
Option of a FREEHOLD also for 240.000 a LEASEHOLD IS 16.000a 5 YEARS RENEWABLE 1 200 a PER

MONTH RENT.

Ref: COM483 | The Property Gallery | 922 719925 / 922 719889

San Eugenio Bajo,

€150.000

Freehold - A travel agents for sale in a busy shopping area. The rent is 1,800 euros per month and the sale includes the computers and office equipment, 45,000 Euros for the leasehold.

Ref: E237 | Tenerife Properties | 630 372702

Tijoco Bajo, Empty Local €150,000 A spacious freehold local in a

brand new building. Parking space included in the subteranean garage, the main room is 76 85m2 with another interconnecting room of 72m2 (store room) Terrace of 10m2

Ref: 7337 | Clear Blue Skies SL | 922 714 772

€149,999 - €100,000

San Eugenio Bajo,

Popular Entertainment Bar for sale in the busy area of San Ref: E261 | Tenerife

Properties | 630 372702

Golf del Sur,

unique opportunity to acquire 2 fabulous commercial properties in an extremely well maintained development in Golf Del Sur that offers a mixture of holiday

INVESTOR ALERT! A fantastic

makers and residents and with an extremely busy bar/ restaurant in close proximity, there is also a certain amount of "foot traffic" for you to be able to tap into, for whate... For full information see website or

Ref: GOLF01440 | Tenerife Property Shop | 922 714700 / UK: 0871 871 6131

Costa Adeje, Bar/Cafe

€140.000

This leasehold café in Adeje serves a large variety of international homemade dishes and pastry, which makes it popular for breakfast, lunch, dinner and take away. It is located centrally in Adeje town and the clients are both residents and tourists. Today the owner does not work here, hence this is a great business to buy whether you want an investmen... For full information see website or contact: Ref: 2299 | FRINA Tenerife SL

- Business Sales | 922 085

Golf del Sur, Excursion Business

€139,000 FRINA offers for sale this Tenerife Jetski Business, which is located in Gold del Sur. Golf del Sur is a great location for a jetski business since you have plenty of tourists year-round however, you have less competition and much lower rent than in the bigger harbours in Tenerife South. The business includes 6 new Jetski of the brands Seadoo, Yamaha and For full information see website

Ref: 2307 | FRINA Tenerife SL - Business Sales | 922 085 191

Callao Salvaje, Restaurant €135.000

FRINA Tenerife offers for sale this lovely restaurant in Callao Salvaje. It is in a good location, the terrace even offers sea view. The restaurant has a good reputation and many returning customers, it has been established for 3 years. The menu is international food and the customer profile is mainly

touristic.

Ref: 2321 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Charter Yacht €129.500

These 3 charter boats for sale rent out to tourists for private charters. Each of the boats can be rented from 1 to 6 hours. depending on the clients wish Moreover the boats can be rented with or without a private captain. This is a fairly easy business to run since many clients prefer going out on their own. The Charter Boats for Sale There are ... For full information see website or contact:

Ref: 2220 | FRINA Tenerife SL - Business Sales | 922 085

Costa del Silencio,

1 bed · Beautiful 1 bedroom apartment with 2 terraces of 7.20 sqm facing West. The apartment is in excellent condition, fully furnished and located in a very nice aparthotel

The Tenerife Property & **Business Guide**

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george.thetpg@gmail.com www.thetenerifepropertyguide.com



with heated pool, only 5 minutes walk from bars, shops and restaurants. There's a bus stop nearby.

Ref: 1448-1218 | Tenerifehome.com | 922 783066

Puerto Colon, Restaurant €125,000 New on the market is this

Puerto Colon traspaso restaurant for sale with FRINA Tenerife. It is located on the ground floor of Puerto Colon commercial centre which secures plenty of footfall and harbour view. Moreover, the rent is more than fair for this size local and in this location! Premises of the Puerto Colon Traspaso Restaurant The premises are spaci... For full information see website or

Ref: 2279 | FRINA Tenerife SL Business Sales | 922 085 191

Playa Paraiso, Supermarket €125,000

f you are looking for a wellestablished and easy-to-run business, you cannot miss this minimarket store for sale in a busy complex of Playa Paraiso. This store sells everyday products like snacks, drinks and sun lotion but also lots of childrens toys. This store has two departments, one with bags and suitcases, and another with everyday products, snacks... For full information see website or contact:

Ref: 2316 | FRINA Tenerife SL · Business Sales | 922 085 191

Golf del Sur, Restaurant €120,000

FRINA Tenerife is happy to present this well-established restaurant in Golf del Sur. After 9 years in the same hands, the owners have built a good

reputation and enjoys many returning guests - both residents and tourists. It is known for Spanish tapas and British type food. Premises of the Restaurant in Golf del Sur This restaurant is very spacious . For full information see website or contact:

Ref: 2221 | FRINA Tenerife SL - Business Sales | 922 085

Arona, Commercial Property

1 bed · Cozy apartment with 1 bedroom located in Annapurna, a sea front complex with amazing communal pool with sea water and gardens. The residence is located at the entrance of the charming village of Las Galletas. Sold furnished.

0418 | Tenerifehome.com | 922

Callao Salvaje, Bakery €110,000

This well-established French bakery for sale has been open for almost 7 years and is known for homemade and mouthwatering pastries. The high quality of the product and the fact that it is all homemade secures the owner a high profit and a healthy business Premises of the Bakery for Sale The premises are spacious 240 m2 and is sold with all the bak... For full information see

Ref: 2188 | FRINA Tenerife SL - Business Sales | 922 085 191

Costa del Silencio,

€109.000

1 bed · 1 bedroom apartment which has been completely renovated situated in an aparthotel. South - East facing terrace with view on the gardens. The complex offers a communal swimming pool and parking for residents only (access with remote control). Ref: 1311-| Tenerifehome.com | 922 783066

Arona, Commercial Property €109,000

1 bed · This 1 bedroom apartment is located on the 1st floor in Palia don Pedro, an aparthotel with reception, swimming pool (heated in the winter!), animation etc. The apartment has an american style kitchen and is very lunimous with direct aceess to the terrace from the living room Parking space in the communal parking is included! Community fess: 197€ month, ... For full information see website or

Ref: 08-0819 | Tenerifehome. com | 922 783066

€99,999 - €50,000

Costa del Silencio, Bar/Cafe

You find this freehold bar for

where it has been open for 15

years. The bar is especially

popular among British quests

especially known for a lovely

Sunday Roast and Saturday

perfect option for a British

has many regular clients and is

Night Special. This bar will be a

sale in Costa del Silencio,

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couple who wishes to run their own business in Tenerife. P... For full information see website

Ref: 2162 | FRINA Tenerife SL - Business Sales | 922 085

Costa Adeje,

We have been instructed to offer for sale this very successful cabaret bar in Callao Salvaje, considered by many as the destination bar for all that is Callao. If you are not afraid of hard work, like a challenge have excellent customer service skills, creative thinking and enjoy seeing all your efforts rewarded then this already very profitable cabaret ... For full information see website or

Ref: VS5357D | Vvm

Los Cristianos, Commercial Property

€85.000

center of Las Americas. The total area is 66m. The office is located on the first floor of a commercial center City Center light, it's ideal for the office, beuty center, dentist, Just 5 minutes walk to the baech and big commercial area.

Ref: VS5855DE | Vyn Canarias | 922 787 210

Puerto Colon, Empty Local

Large local of 128m2 for sale in Puerto Colon

Ref: VS3416D | Vym

Playa Fanabe, Bar/Cafe

€80,000 Location: Residential Area ◆ Close to: Town ♦ Quality: Furnished + Features: Air conditioning • Additional: Investment opportunity ♦ Ref: 0C3410 | Hofman Estates | 922 777 747

€80.000 For sale with FRINA Tenerife is this popular English café in Golf del Sur, which is known to serve English breakfast and traditional home cooked British food. The café has great reviews on both Google and TripAdvisor and the owner has been here for more than 5 years. Premises of the English Café for Sale This cozy café measures 40 m2 inside and has

.. For full information see website or contact: Ref: 2186 | FRINA Tenerife SL

- Business Sales | 922 085

Adeje Town, Fully Equipped

premises with a license "take

away" on one of the central streets of the city Adeje. The

inner area is 36 m2 and 36 m2

- external. Contact us for more

1 bed · New commercial

Ref: VS6407DN | Vym

Canarias | 922 787 210

Playa Fanabe, Commercial

For sale a restaurant with all

information

Property

€80,000

€69.000

or contact.

€85.000

Canarias | 922 787 210

Commercial premises in the The premise has a lot of natural

€85,000

Canarias | 922 787 210

Golf del Sur, Bar/Cafe

capacity of 10/11 tables. Recently refurbished full opening awning. The restaurant also has a ground floor of about 50 m2 with direct access to a pri... For full information see Ref: VS6699D | Vym Canarias | 922 787 210 Fanabe, Bar/Cafe €68,500

necessary equipment in the

kitchen and a bar of 50 m2

Playa Fañabe area on the 1st line from the beach. Local with

equipped with air conditioning

Terrace of about 50 m2 with a

FRINA Tenerife is happy to offer this Sandwich Café in Fañabe, which is part of a popular and well-known franchise. Hence, it is a great success already and easy to run. Also, this particular

A busy bar and restaurant for sale in a popular residential resort. The seating capacity is for 70 people and the measurements are, interior 130m2 and exterior 36m2. The rent is 1.440 Euros per month. Ref: E096 | Tenerife Properties | 630 372702

Las Americas.

€60,000 Lease hold for sale of a bar

located in Las Americas near to

Ref: E228 | Tenerife Properties | 630 372702

San Eugenio Alto, Sports Bar €60.000

Sports Bar for Traspaso in San Eugenio Alto. Ref: E296 | Tenerife

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café of the franchise has very good reviews on Tripadvisor and Google, Since 2015 the café has been in this amazing location next to the beach, so it is well-establi... For full information see website or

Ref: 2280 | FRINA Tenerife SL - Business Sales | 922 085

Los Abrigos, Bar/Cafe €68.000

Playa San Juan,

This traspaso for sale in Los Abrigos is a very popular barcafé in an excellent location. The business has been established for years and has many regular clients. And it has been open for 6 years and is a well-established business in a good area, which keeps expanding. Premises of the Traspaso for Sale The bar-café is spacious 130 m2 with a good size ki... For full information see website or contact:

Ref: 2266 | FRINA Tenerife SL Business Sales | 922 085 191

Santa Cruz de Tenerife. **Commercial Property**

€67,500

€60.000

Bar Cafeteria Transfer. It is transferred cafeteria bar with a lot of popularity, the only cocktail bar, grill and tapas in La Palma, fully equipped, including the pepsi-cola tap, sweppes, 7 up. Being well located, centrally located in Santa Cruz de la Palma, on Avenida Maritima, in front of the beach and is fully operational. Inside capacity: 22 people... For full information see website or contact: Ref: VS6155DN | Vym

Canarias | 922 787 210

Torviscas Bajo, Restaurant €65,000 Busy and well situated

restaurant in Torviscas Bajo area, very close to the Torviscas and Fanabe Beach. Ref: E333 | Tenerife Properties | 630 372702

Puerto Colon,

Local/office in Terranova,
Puerto Colon. Sold unfurnished. The building has a lift.

Ref: COM509 | The Property Gallery | 922 719925 / 922 719889

Los Abrigos,

Properties | 630 372702

Llano del Camello,

€60.000

€59.000

Hairdresser business transfer in the village of Llano del Camello with the hairdresser licence and esthetic. Contract for rent 850 euros renewable every 5 years. Great opportunity, call us for more information! Ref: VS4454D | Vym

Canarias | 922 787 210

Leasehold for sale of a bar. 48m2 interior and space for 9 tables outside, currently open 11am till 3 pm, 18.30pm till midnight. The square is currently being refurbished with a project costing 2.3 million

Ref: E312 | Tenerife Properties | 630 372702

Las Americas, Empty Local €55,000

Commercial premises in the center of Las Américas. The total area is 33m. The place is located on the first floor of the City Center shopping center. Completely renovated, ideal for office, beauty center, hairdresser. Only 5 minutes walk from the "Golden Mile" Expenses not included. Ref: VS2531 | Vym

Canarias | 922 787 210 Golf del Sur,

€53,000

Freehold commercial premises for sale as investment with a gross return of almost 8% annually. The property is located in the golfing paradise of Golf del Sur in the south of Tenerife, just a few minutes' drive from the airport. The premises are situated on the territory of a luxury time-share and private resort with 184 villas. located just in the middle... For full information see website or contact: Ref: 1726 | FRINA Tenerife SL - Business Sales | 922 085

Golf del Sur, Commercial Property

€53 000

Freehold commercial premises for sale as an investment in Golf del Sur in the south of Tenerife. This investment brings a fantastic gross return of over

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€52.500

9% annually! The premises are situated on the territory of a luxury time-share and private resort with 184 villas, located just in the middle of a championship golf course. This freehold locale is rented ... For full information see website or

Ref: 1724 | FRINA Tenerife SL Business Sales | 922 085

San Eugenio Bajo,

A fully equipped beauty salon for leasehold. The property is 300m2 and has 4 qualified staff. Included in the sale is all the equipment including sunbeds, massage table, all chairs and mirrors, there are 3 showers, 4 toilets including disabled. It is in a excellent location and is air conditioned.

Ref: E104 | Tenerife Properties | 630 372702

Las Americas.

€50.000

Reduced for a quick sale A night bar for leasehold in the busiest part of town within the strip known as Veronica's. Rent including community charges is 1,400 euros per month. The club has bar, DJ booth and dance floor inside and a large terrace outside with tables and chairs for approx 40 people and a portable bar. Open to reasonable offers

Ref: E107 | Tenerife Properties | 630 372702

Torviscas Bajo,

€50.000 Leasehold of a bar/cafe with kitchen + sports bar for sale with an interior of 100m2 and

terrace of 80m2. Ref: E292 | Tenerife Properties | 630 372702

Tijoco Bajo, Bar/Cafe €50.000

FRINA Tenerife offers this new traspaso take away café in Torviscas Bajo. This is a great little business for a single person or a couple of friends who wish to run a take away

swimwear store in Los Cristianos Tenerife. Due to good connections, the owner can sell popular bikini and swimwear brands with 50-70% discounts! Naturally, this attracts many clients in Tenerife that benefits from sunshine and blooming truism year-round. Premises of the Business The shop is 50 m2 with showroom, dres... For full information see website or contact:

Ref: 2035 | FRINA Tenerife SL

Business Sales | 922 085 191

UNDER €50,000

Torviscas Bajo, Bar/Cafe €49.000

We offer for sale this bar in Tenerife that is located in a large resident and hotel complex, which guarantees many new and returning guests The current owner is British as many of the clients, but you will meet all types of tourists and the so-called swallows in this location. If you are looking for a small bar, which doesn't require any skills in the k... For full information see website or contact

Ref: 2211 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Beauty Salon

◆ Location: Touristic Area. Residential Area, Popular urbanisation. Close to amenities, Central ♦ Close to: Schools, Shops, Town, Transport, Medical Facilities, Restaurants/Bars/Cafes ◆ Rooms: Kitchenette ◆ Quality: Furnished, Well presented ◆ Features: Air conditioning ◆ Outside: Large Terrace • Parking: Parking nearby ◆ Additional: Investment opportunit... For full information see website or contact:

Ref: 0C3445 | Hofman Estates | 922 777 747

Las Americas, Commercial Property



Call Donna in our Los Cristianos office +34-922 971 781 or Carol on +34-687 906 <u>607</u>

café together. Today the menu is Spanish and Italian inspired dishes like pasta, bocadillos and of course coffee, cold drinks, and cocktails. Premises of the Traspaso Take Away Caf... For full information see website or contact:

Ref: 2207 | FRINA Tenerife SL - Business Sales | 922 085 191

Los Cristianos, Swimwear

€50.000

New on the market is this outlet

2 bed · A large local in the Pueblo Canario shopping center, Playa Las Américas 2nd floor. The space consists of two offices and a service bathroom. This shopping center is located next to the beach in Plava Las Américas Canarias | 922 787 210

Adeje Town, Bar/Cafe

€40,000

♦ Location: Central, Close to amenities ♦ Close to: Medical

Facilities, Restaurants/Bars/ Cafes, Shops, Schools, Town, Transport ♦ Outside: Terrace ♦. Ref: 0CL3441 | Hofman Estates | 922 777 747

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Roque del Conde, Supermarket

€35,000

Business for sale. Supermarket in Roque del Conde. Fully equipped reformed commercial premises with three air conditioners and video surveillance. With a license and all necessary documents.

Monthly fee - 1800 euros with taxes. Good location in a residential area. It is also possible to buy this commercia premises. The total area of 133

Ref: VS6750D | Vym Canarias | 922 787 210

Las Americas, Commercial Property

€31.500

For sale Local in Boringuen complex, Las Americas. Area 28 m2, glass showcases, needs a complete renovation, the exit to

Ref: VS4774D | Vvm Canarias | 922 787 210

Las Americas, Bike/scooter **Rental Business**

FRINA Tenerife offers this bike & scooter rental for sale, which has been established for 3 years and is located in a super busy area of Las Americas. This shop offers rentals of bikes, e-bikes, mobility scooters and, wheelchairs. The clients are both pedestrians passing by and clients who find the offers online. Included in the business for Sale Th... For full information see website or contact:

Ref: 2185 | FRINA Tenerife SL - Business Sales | 922 085

Costa del Silencio, Bar/Cafe €29,500

If you are looking for a modern and cozy café-bar for sale in Costa del Silencio you cannot miss this café known for delicious food and Belgium beers. This is a great opportunity for a couple who wishes to relocate to Tenerife and work together. Premises of the Café-Bar for SaleThe premises are newly refurbished, and the buyer does not have to spend extra... For full information see website or contact:

Ref: 2201 | FRINA Tenerife SL - Business Sales | 922 085 191

San Eugenio Bajo, Bar/Cafe €28,950

◆ Location: Touristic Area. Close to amenities, Central ◆ Views: Pool. Ref: 0C3411 | Hofman

Estates | 922 777 747 Costa del Silencio, Pet wash

€25 000 The Self Service is open 6 days

a week and the Groom Room is open Tuesday to Friday. Our Pet Services are available 7 days a week, 365 days a year.

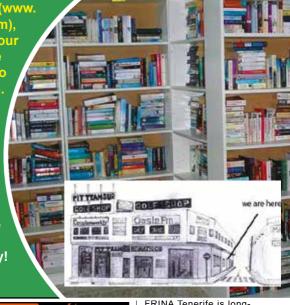
LAS CHAFIRAS



The Bookshop is located at Calle Luciano Bello Alfonso No 5 in Las Chafiras (behind and above Pit Team Sur and the Golf Shop, and opposite Marrero Homes). Books cost just €3.00 but we offer a 'Buy two get one FREE' system and we buy books we don't have for 50 cents each.

We now have more than 10,000 books to choose from, either in the Shop itself, or via the internet (www. laschafirasbookshop.com), where you can 'browse' our inventory and order - we will be happy to deliver to anyone not able to get in.

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Good client base. Security systemn and medicum sized store room at the side of the shop

Ref: 2080 | Homes & Away | 922 737 044 Costa del Silencio.

Commercial Property

€15.750 Restaurant-bar for transfer in Costa del Silencio, Arona. It is located in a tourist area near the sea. It has all the documents, licenses, and certificates, as well as its positive history on Facebook, Tripadvisor, and other public networks. It has capacity for 50 Pax, with an interior area of 81 m2, and a terrace of 40m2. It also has free parking.

Ref: VS6752D | Vym

Canarias | 922 787 210

Las Americas, Empty Local €2.500

KEYBOARDS

FOR HIRE

If you are looking to build your own bar-restaurant in a prominent location, you will be hard pushed to find a better offer than this local to lease. The owner will give the new tenant a 5-year rental contract and offer a month rent-free to refurb the premises. Premises of the Local to Lease The premises are spacious 180 m2 and used to be a bar, ... For full information see website or

Ref: 2205 | FRINA Tenerife SL - Business Sales | 922 085 191

Puerto Colon, Pub

This traspaso pub for sale with

€P.O.A

FRINA Tenerife is longestablished and offers a lovely sea view from the terrace. The current owner had the business for 9 years and it is known for the good terrace and cozy evenings with live music and karaoke. Location & Premises of the Traspaso pub for Sale The business is located in San Eugenio Baio and the pub measure... For full information see website or contact:

Ref: 2267 | FRINA Tenerife SL - Business Sales | 922 085 191

Las Americas.

€P.O.A

Commercial premises for rent or for sale. This property is very well suited for a medical or therapeutic center, fitness... It is available to rent or to buy The local has 135 m2 in total is situated in a very touristic area in Las Americas, on the promenade. Completely renovated, with air conditioning system, divided into various rooms with toilets/show... For full information see website or

Ref: NPL12 | 2nd Home Tenerife |



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Successful British Bar-Pub



This bar is located in a complex in San Eugenio Bajo and has been open for almost 30 years. The current owners has been here for for 10 years. It has a great reputation, many regular clients and shows a healthy income.

Ref.: 2007 Price: 49,000€

Pool Bar In Las Americas



This pool bar located in a complex in Las Americas is a great offer. The inside premises are newly renovated with a large bar and an open kitchen. The terrace is about 45 m2 and has tables for 32 guests, but you could easily put more.

Ref.: 2323 From: 45,000€

Boutique In Shopping Center



This clothing store is located in a shopping center in Adeje, which is a good location that guarantees plenty of footfall - mainly tourists. The boutique sells women clothes, shoes and bags. The store is 53 m2 including storag

Price: 20,000€ Ref.: 2322

Front Line Restaurant



This cozy restaurant in Los Abrigos is known for its international dishes and fresh seafood. It serves both locals and tourists. The restaurant has been operating for 10 years but was recently refurbished and in great condition.

Ref.: 2340 Price: 59,500€

Freehold British Pub



After 20 years the owners wish to sell their pub located in Playa Paraiso. It is a classic pub that serves traditional British food like Sunday Roasts, fish & chips, and cold beers. The pub is 50 m2 and has a large terrace of 53 m2

Ref.: 2170 Price: 139,000€

Popular Restaurant-Cafe



This restaurant-café is in Fanabe, first line at the beach It is a well-known and popular concept that attracts both residents and tourists. And it is highly ranked on social medias. **Seller is open to offers for a fast sale!**

Ref.: 2346 Price: 59,000€

Long-established Bar



This well-established and busy bar is located in the hear of Callao Salvaje. It has been open for 5 years and is well-known in the area. The bar is about 50 m2 and fully equipped and furthermore is a terrace of 40 m2.

Price: 35,000€ Ref.: 2331

Club & Lap Dance Bar



This newly refurbished bar & club has the license to run as a Cabaret Bar and Bar Sexual. The premises are 300 m2 with a fully furnished bar, DJ and dancing area, office, storage and 8 private rooms fully furnished with beds and

Price: 139,000€ Ref.: 2254

Freehold Supermarket



You find this busy supermarket in Golf del Sur where it opened 6 years ago and today it shows a healthy income being open 7 days a week from 8:00 to 23:00 and run by 3 employees. The store is 180 m2 and are fully equipped.

Ref.: 2339

Price: 395,000€

Empty Local In Las Americas



The premises are spacious 180 m2 and used to be a bar, but it will need a full refurbishment before it can reopen. The terrace is 40 m2 and has the most amazing sea view. Perfect if you are looking to build your own bar-restaurant.

Ref.: 2205 Price: 2.500€

Profitable Bar With Sea View



This successful bar has been established for years and shows a healthy income. It comes with a lot of regular clients and offers a lovely view to Playa la Pinta from the large terrace. Seller is open to offers for a fast sale!

Ref.: 2347 Price: 58.000€

Successful Freehold Restaurant



This freehold is one of the most successful restaurants in Costa Adeje. Established for more than 15 years and has a loyal following among locals and visitors that book months in advance. It is 150 m2 with a large terrace and fully equipped.

Ref.: 2064 Price: 795,000€

Popular Music Bar



This popular and long-established music bar in Callao Salvaje its famous for its acts and large parties. It has the full music license in place and can even be open all night long moreover, the rent is only 700€ monthly.

Price: 85,000€ Ref.: 2130

Modern Cocktail Bar



This modern cocktail bar is located centrally in Las Americas / Los Cristianos. The bar is spacious, has a large terrace and is newly refurbished. During daytime it works as a café and during evenings it is cozy a cocktail and lounge bar.

Ref.: 2350 Price: 55,000€

Established Restaurant & Bar



This restaurant and bar is located in a large and busy

Price: 45,000€

Luxury Boat Charters



This reputable charter business located in busy in Puerto Colon includes a sailing yacht and a motorboat, which both offers 3-hour excursions to see whales and dolphins but also private charters from 2 hours to full days.

Ref.: 2338 Price: 330,000€

Las Americas Entertainment Bar



This well-known bar has been established for more than 25 years and is famous for its entertainment and shows. The bar is 100 m2, has room for 170 quests and can be open

Ref.: 2310 Price: 125,000€

Smaller Bar-Cafe



This bar-cafe is located in Fanabe next to resident complexes and offices so it enjoys many local visits daily. It is spacious 70 m2 and has a large terrace as well. Today the bar is open 6 days a week and run by a couple.

Dry Clean & Laundry Business



This business offers dry clean, laundry and house cleaning services in Tenerife South. It has been established for 7 years and the clients counts both private persons and larger complexes and hotels.

Ref.: 2351 Price: 69,000€

Charter Excursion Boat



This long-established jet ski excursion is highly ranked on TripAdvisor and known for its new a fast machines which give clients the best experiences. And as a buyer you get 8 new jet skis and a new boat in the best location.

Ref.: 2080 Price: 270,000€







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