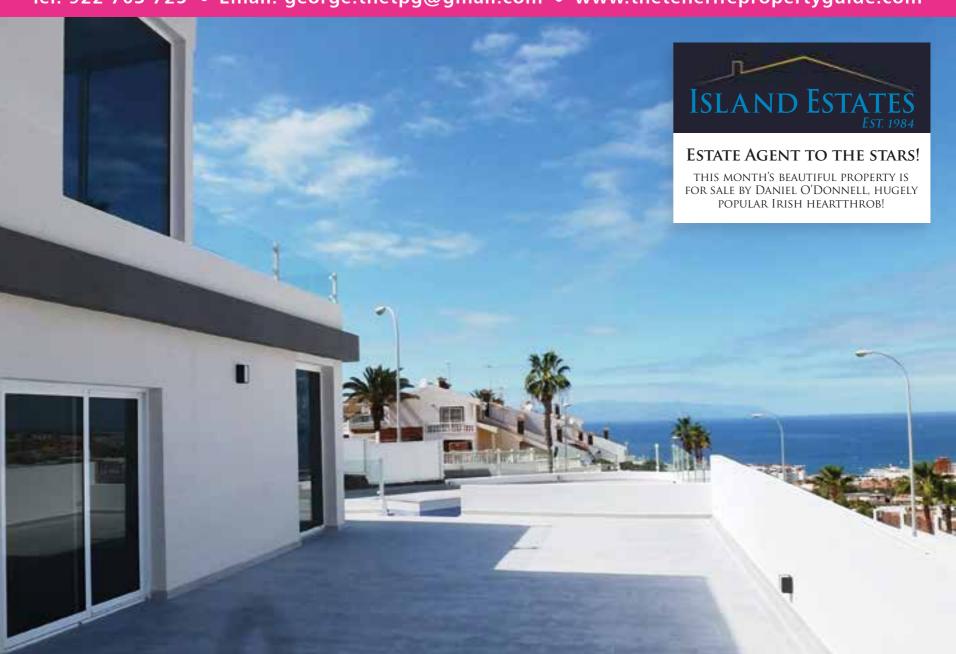
The Tenerife Property & Business Guide



Part of the Spanish | March 2019 Property Guides Group | Issue 173

Tel: 922 703 725 • Email: george.thetpg@gmail.com • www.thetenerifepropertyguide.com









New connection in Las Galletas

pages **14** and **15** for details!



private villas, apartments, comple

providing sanidad

certificates for Bars & Restaurants

609 066 973

≆666 192 119₩ 627 114 090=

CLEANING **Professional upholstery** & carpet cleaning, sofas, beds LIMPIEZA

Limpleza de sofas, alfombras, tapizados etc



CONTROL DE PLAGAS
Desinsectación, desratización y certificados www.safecleantenerife.net

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ISLAND ESTATES, LAS AMERICAS – 3 YEARS OLD!

February sees Island Estates reach their 3rd birthday in some style, by receiving Irish singing legend Daniel O'Donnell's beautiful property for sale. The team, comprising Malcolm Lonsdale (owner), Justin Ritson (Sales Advisor/Property Valuer), and Office Manager, Miriam are all delighted with their last year's work and are looking forward to a good future together.



The firm, whose name is well known following the more than 30 years originally owned by Jeremy Artingstall

to provide the same high quality service Jeremy strove hard over the years to establish.

business The (Miriam's Dad), continues operates under

same well established principles and continues to grow its portfolio of properties, many on an 'exclusive' basis, also offering repossessed bank properties, and help with the purchase properties being auctioned through the courts.

If you are looking for a company which listens to its clients and works hard to meet their needs. then Island Estates should definitely be at the top of your list of people to visit! And, if you have a property that you wish to sell, then Island Estates can assure you of unbeatable coverage.



There is no charge to list your property and, as well as promoting it from the office, it will also be on their website along with further listings in The Tenerife Property Guide (paper and website), and other top listed websites: Rightmove, Zoopla and Kyero.

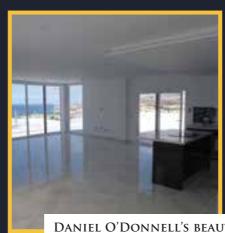
In addition, in 2018

the firm was selected by Channel 4's A Place in the Sun (see picture of Malcolm and Laura from the series). Malcolm and the team showed a number of properties, and SOLD one (how good is that?!).

As an added incentive to anyone considering selling their property, Island Estates will pay for the Energy Performance Certificate now required by law.

Malcolm, Miriam and Justin look forward to seeing all clients, new and old, who will always be welcome to their office in Las Floritas, on the main road across from the athletics stadium!











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Choice of two adjoining building plots, each 440m, with the option to connect for a larger construction. Road and access to utilities. Contact us for more information.

0 bed 55.000€

THE PALMS, Golf del Sur REDUCED! Ref: 454-B2

Fully refurbished bungalow with two bedrooms, bathroom, large modern fitted and equipped kitchen, and lounge/dining rooms opening to the large sunny terrace. This property also has a front and roof terrace. Excellent community facilities including four swimming pools, pool bar and gardens.

2 bed, 1 bath 157.500€



Very attractive studio apartment with large sunny terrace and sea views. Refurbished and offered fully furnished. Well positioned on a community with pool, pool bar and gardens.

0 bed, 1 bath 129,000€



Modern, well presented 2 bed, 1 bath apartment well located in a residential community with pool. Offering American style kitchen and lounge/dining room. Well presented, and offered part furnished. Community with pool. 2 bed, 1 bath 168.000€

TAJANASTIES, Las Americas



Fully refurbished 1 bed, 1 bath corner apartment on complex with pool. with stunning views of the coast. Sold as seen this property has to be seen to appreciated. American kitchen and lounge. Parking available. 1 bed, 1 bath 190.000€

WINTER GARDENS, Golf del Sur



Brand new to the market. Spacious 1 bed, 2 bath penthouse apartment with large terrace and very large private roof terrace. Large bedroom, lots of storage space, independent kitchen. Comes with garage, a very rare gem of a property.

1 bed, 1 bath 165.000€

OASIS DE FAÑABE, El Madroñal



Stunning 4 bed, 3 bath (+WC) townhouse, well located on this quality residential resort. Further offering kitchen / diner, covered internal patio and large private garage. Furnished to a high standard. Viewing essential.

4 bed, 4 bath 379.500€

OCEAN PARK, San Eugenio Bajo



Spacious studio apartment, with pool views. This property hasn't been refurbish and has all original fittings, many possibilities. Viewing essential. Communal pool, pool bar and parking.

bed, 1 bath 147.50

WINTER GARDENS, Golf del Sur



Exclusive! Immaculate 3 bed, 2 bath corner apartment on complex with pool and bowling green. The property has a bright and spacious lounge/diner, independent kitchen, utility room, sunny terrace and private parking.

3 bed, 2 bath 250.000€

FINCA. Charco del Pino



Refurbished 3 bed, 3 bath villa with over 4,000sqm of land. The property has dining area, kitchen, lounge and private garage. Very well presented and enjoys sea and mountain views.

3 bed, 3 bath 295.000€

LAS ADELFAS 1, Golf del Sur



Well presented, refurbished 3 bed house with views to the pool and Mt Teide. Large private garden. Fantastic new kitchen, lounge, and shower room on the ground floor and feature family bathroom upstairs.

3 bed, 2 bath 255.000€

SANTA MARIA, Torviscas Bajo



Large 2 bedroom, 1 bathroom apartment, well presented in this popular hotel community. Offering terrace with pool views and lounge with open fitted kitchen. Viewing recommended.

2 bed, 1 bath 295.000€

PALO BLANCO, San Eugenio Bajo



Large, fully refurbished, 2 bedroom apartment with garage space in this fantastic central location. Offered fully furnished with separate kitchen, front and back terrace and sea views. More information on our website.

2 bed. 1 bath 325.000€

YOU'LL FIND OUR OFFICE ACROSS FROM THE FOOTBALL STADIUM IN PLAYA DE LAS AMERICAS

ADVERTISE YOUR PROPERTY WITH US AND SEE YOUR PROPERTY PROMOTED WITH RIGHTMOVE AND ZOOPLA IN THE UK AND KYERO ACROSS EUROPE.



Local 1, Las Floritas, , Avenida Arquitecto Gomez Cuesta 16, Playa de las Americas, Arona 38660, Santa Cruz de Tenerife





San Eugenio Alto, Colina Blanca



- Studio 1 bath
- Gated community
- Touristic area
- Close to bars/
- restaurants Sea views
- **Furnished** Sunny terrace
- Community pool

38 🖳 12

Price: 129,900€ Ref: 0S3350

San Eugenio Alto, Island Village



- 2 bed
- 2 bath
- Close to amenities
- Touristic area
- Close to amenities
- Fully furnished
- Sea views
- Sunny terrace
- Community pool
- 72 🕒 6

Price: 240,000€ Ref: 2A3349

Costa del Silencio, Balcon del Mar



- 1 bed 1 bath
- Gated community
- Touristic area
- Close to amenities
- First line to coast
- Mountain views
- Fully furnished
- Community pool
- 45 🕒 6

Price: 144,000€ Ref: 1A3348

San Eugenio Alto, Altavista



- 2 beds
- Gated community
- Close to amenities
- Touristic area
- Fully furnished
- Sunny terrace
- Spacious Community pool

64 🔳 32

Price: 245,000€ Ref: 2A3347

Costa Adeje, Bellamar II



- 2 beds 2 baths
- Central Close to beach
- Sea views
- Fully furnished
- Sunny terrace
- Underground
- parking Community pool

73 🔳 0

Price: 320,000€ Ref: 2A3351

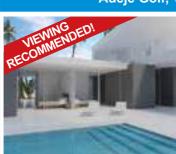
Costa del Silencio, Chasna C



- 1 bed 1 bath
- Gated community
- Close to amenities
- Mountain views
- Heated pool on complex
- Furnished
- Close to transport
- Close to sea front 48 🔳 0

Price: 79,000€ Ref: 1A3346

Adeje Golf, Villa



- 5 beds
- 2 baths
- Exclusive development
- **Quiet location**
- Sea views Furnished
- Heated private pool
- Various terraces Private garage

365 2,536

Price: 2,800,000€

Ref: 5V3322

Golf del Sur, Las Adelfas I



- 2 beds
- 2 baths
- Touristic area
- Close to amenities Views over garden
- and pool
- Furnished Sunny terrace
- Carport
- Community heated pool

110 🔼 120

Price: 247,000€

Ref: 2TH3343

Golf del Sur, Terrazas de la Paz



- 1 bed 1 bath
- Close to amenities
- Close to golf
- courses
- Golf course views
- Unfurnished Renovation needed Large terrace/
 - Complex pool

49 🖭 12

Price: 115,000€ Ref: 1A3341

Playa Paraiso, Club Paraiso



- 1 bed
- 1 bath
- Central Close to beach and amenities
- Sea, La Gomera
- Mountain views
- Furnished Sunny terrace
- Community pool Tennis courts

Ref: 1A3339

65 🖭 9 Price: 164,000€

72 🔼 11

Price: 285,000€

Investment Opportunities

New Developments

El Madroñal, El Naranjal



- 2 beds
- 1 bath Gated community
- Close to amenities
- Pool and sea views Furnished
- Sunny terrace Underground
- parking Community pool

Ref: 2A3325

Callao Salvaje, Un Posto al Sole



- 1 bed
- 1 bath Gated community
- Close to transport Sea and mountain
- Furnished Sunny terrace
- Lift Community pool and children's pool
- 53 🔼 10
- Price: 147,000€

Ref: 1A3330

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• Bank Repossesions

Luxury Villas

Resort and Residential Properties

Relocation Assistance





AMARILLA GOLF, SUN BAY VILLAS



odern, unfur-2 bed, nished 2 bath townhouse on popular sea front complex with beautiful pool and sunbathing area. The property which enjoys sea and harbour views has a lounge/dining area with open plan kitchen, and a large, sunny terrace. Gated entry and private garage. Close to all amenities.







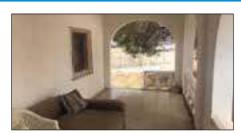
Built: 96sqm



Ref: 2TH3353

Terrace: 35sqm

BUZANADA







bed, 3 bath canarian house with a very large garden in need of renovation. Located the on outskirts of town in a quiet, rural location with mountain views. A great investment opportunity!



Price: 209,000€ Ref: 3CH3355 Built: 180sqm Terrace: 1,000sqm

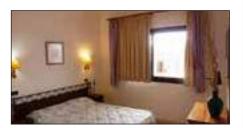
SAN EUGENIO ALTO, PARADISE COURT



ovely, fully-furnished 2 bed, 2 bath apt located on gated complex with heated swimming pool, sunbathing area and restaurant. The property is well presented and spacious with an American kitchen. It enjoys sea views and has a large sunny terrace.









Built: 75sqm

Terrace: 20sqm



- Bank Repossesions
- Luxury Villas

Ref: 2A3352

- Resort and Residential Properties
- Investment Opportunities
- New Developments
- Relocation Assistance

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Costa del Silencio, Garanana



Fantastic, refurbished 5 bedroom family home with high quality fixtures and fittings. The property has a lovely modern kitchen and lots of outdoor space.

Price: €250,000

Las Americas, Parque Santiago II



Beautiful, totally renovated, 2 bedroom (both double) duplex apartment with large sunny terraces overlooking the pool. Extras incl. air on throughout.

Price: €385,000

Los Cristianos, Los Cristianos I



WANT A PROPERTY WITH A VIEW? You must check this one out! Lovely, totally renovated 3 bed penthouse with modern kitchen and large sunny terrace. Fab views. Community parking.

Price: €480.000

Callao Salvaje, Mariben



Beautifully furnished, 2 double bed (both en suite) townhouse on prestigious complex with pools and tennis courts. Modern kitchen. Plenty of outside space. Private garage.

Price: €250,000

Amarilla Golf, Palm Ridge



Fabulous 3 bed (all double), 2 bath property overlooking the golf course. Lounge/dining area, independent fully fitted kitchen, sunny terrace and garden, and private garage.

Price: €259,000

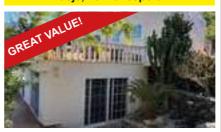
Torviscas Alto (near CC Gran Sur)



Fully furnished 4 bed, 3 bath independent villa with private swimming pool. The property enjoys a super-large lounge/dining area, Americanstyle kitchen, sunny terrace an garden.

Price: €795,000

Adeje, La Concepcion



Magnificent 3 bed, 2 bath independent villa with separate guest apartment. The property, on a plot of 1,400sqm, enjoys fantastic lots of garden space with fruit trees and fantastic views!

Price: €299,950

Las Americas, Playa Azul



Beautifully furnished, 3 double bedroom penthouse in lovely complex with pool, and just 300 metres from the beach. The property has a lounge/diner, open kitchen, sunny terrace and community parking space.

Price: €295,000

Tenerife Prime Property

Los Cristianos, Dinastia











Spacious, part-furnished, 2 bedroom, 1 bathroom apartment (converted from 1 bed) on popular complex with lovely pools and sunbathing terraces. The property has a lounge/dining area, Americanstyle fitted kitchen and a 20sqm sunny with fabulous sea views.

S-02 1319 €210,000

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Dorothée Robert
Commercial Director
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commercial director@secondhometenerife.com
www.2ndhometenerife.com

EEC/CEE CO







Elite Palace
Apartment, 8 Duque
Price: 265,000 €
Bedroom: 1 74 m²

Ref: ROA2089

Modern fully apartment
Apartment, Los Abrigos
Price: 147.000 €

EEC/CEE **(G**



Playa de la arena Apartment Prothouse, Puerto de Santiago Price: 475.000 € Bechoons: 2 289 m³ EE€/€E €G



Dulces de Guía Farmhouse - Finco, Guía de Isora Price: 265.000 € Bedrooms: 3 6.580 m³ EEC/CEE **G**



Bellamar Apartment, El Duque Price: 210.000 €

Ref: ROAZZOO

Paraiso I
Apartment, Playa Paraiso
Price: 189.000 €
Bedrooms: 2 75 m² EEC/CEE G



Benimar Apartment, El Duque Price: 220.000 € Bedroom: 1 68 m² EEC/CEE **G**



 Studio, San Eugenio

 Price:189.000 €
 38 m³
 EEC/CEE



115 m2 EEC/CEE 4G

Laderas del Palm-Mar Apartment Penthouse, Palm-Mar

Price: 365.000 € Bedrooms:2 175 m² EEC/CEE **G**



Paraiso del Palm-Mar Aportment Persthouse, Palm-Mar Price: 179.500 € Bedroom: 1 106 m² EEC/CEE €€



Villas del Palm-Mar Townhouse, Palm-Mar Price: 395.000 € Bedrooms:3 125 m² EEC/CEE €



Marazul Aportment, Maranul Price:350.000 € Bedrooms:2 100 m² EEC/CEE **G**



Tamara Apartment, Los Gigantes

Price: 295,000 € Bedrooms: 2 109 m² EEC/CEE **《G**



Caleta Centre Apartment Ponthouse, La Caleta Price: 499.000 €

168 m³ EEC/CEE **G**



Paradise Court

Apartment, San Eugenio

Price: 155.000 €

Bedrooms: 2 91 m² EEC/CEE G

Ref: R02132

Baobab Suites

Aportment, El Duque

Price: 740.000 €

Bedrooms:2 176 m³ EEC/CEE €

Terrazas del Duque Av. Bruselas, 18 Edf. Terrazas del duque. Local 6 Costa Adeje Tel. 922 715 591

Plaza del Duque CC Plaza del Duque Nivel -1, Kiosko E 38660 Costa Adeje Tel. 922 718 193 Palm-Mar C/La Garza, 2 Edf. Terrazas del Faro Arona Tol. 922 748 006 Playa Paraiso Av. Playa Paraiso, 2 Edf. Gran Azul, local 11 38678 Playa Paraiso Tel. 922 741 866

Jardin La Caleta Av. de Las Gaviotas, 35 Local 1 La Caleta Tel. 922 168 058

TENERIFE PROPERTY SHOP S.L.

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- √ Security
- ✓ Service
- ✓ The BEST Portfolio



OUR OFFICE LOCATIONS: CC San Blas - Golf del Sur Las Adelfas I - Golf del Sur

CC Puerto Colon - Playa de Las Américas



1 BED APARTMENT

Golf del Sur

A PERFECT BOLT HOLE IN THE SUN!

This very spacious and bright one bedroom apartment is perfect as a very affordable property in the sun! Based on a popular and conveniently located touristic complex in the heart of Golf del Sur. The complex has a full reception area, cafe bar and various other bars as well as a local supermarket. There are three communal pools and plenty of community areas and gardens as well as ample parking!

Ref: GOLF01537

Price: €119,500 (approx. £105,752)



1 BED APARTMENT

Amarilla Golf

IMMACULATE TURNKEY PROPERTY!

If you are looking for that perfect property with no further expense or work required, then this is a must, must view. Located on the third floor this one bed apartment with sea and pool views has been immaculately refurbished to a high standard. With the first golf tee a short walk away in one direction or enjoy a cocktail or two down by the marina in the other, this is an idea

Ref: AMG00509

Price: €132,500 (approx. £117,256)



STUDIO APARTMENT

San Eugenio Bajo

A GREAT HOLIDAY HOME!

This spacious studio apartment is located on the popular Aparthotel Santa Maria, close to Puerto Colon Marina and the beach! Ideal as a winter base or for summer holidays ...in Tenerife the sun always shines! The complex has a reception and a pleasant communal pool area with onsite pool bar. The property has a sea view and has a small galley kitchen, lounge, large bathroom and room

Ref: LA01826

Price: €140,000 (approx. £123,893)



1 BED DUPLEX APARTMENT

Los Cristianos

IDEAL RENTAL INVESTMENT!

A fantastic one bedroom duplex apartment located on a well-established complex in Los Cristianos. On the lower level is the lounge, kitchen and a shower room. Upstairs is a huge bedroom with en-suite bathroom. This is an ideal holiday home and/or investment property (you can obtain a healthy return on your investment by utilising the on-site management company to let the property on your behalf).

Ref: LC00577

Price: €165,000 (approx. £146,017)



2 BED APARTMENT

Golf del Sur

A PERFECT BLANK CANVAS!

This two bedroom, two bathroom apartment is the perfect blank canvas. A spacious ground floor property complete with south facing terrace and garden where you can absorb the sun all day if you so wish, the terrace is sheltered and is therefore a comfortable environment to dine al fresco. The complex features an on-site bistro, top-rated restaurant, a bowling green and a fabulous heated swimming pool.

Ref: GOLF01532

Price: €185,000 (approx. £163,716)



2 BED DUPLEX APARTMENT

La Tejita

CLOSE TO THE BEACH!

Two bed, two bath duplex apartment located in the up and coming area of La Tejita. Situated on the top floor of a quiet residential complex that boasts two heated communal pools, well-manicured gardens and lift access to all levels. The lounge leads out to the south west facing terrace and boasts all day sunshine and sea views. Furnished. Private parking space. Book your viewing today.

Ref: OG00191

Price: €230,000 (approx. £203,539)

www.tenerifepropertyshop.com







Ref: OG00193 Price: €425,000 (approx. £376,106)





This amazing penthouse property is a unique opportunity! Modern living at its best. Beautiful split level lounge area with natural light from the floor to ceiling windows, four double bedrooms, independent kitchen with utility room, more than 100m² of terraces and a private 20m² pool. Sold furnished and with private garage for four cars. The complex also has an outdoor pool, indoor heated pool & a gym.

EXCLUSIVE ★ ★ ★ PROPERTY OF THE MONTH! ★ ★





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TO REGISTER YOUR PROPERTY FOR SALE WITH US... Call 922 714 700



2 BED APARTMENT

Amarilla Golf

PEACEFUL LOCATION. STUNNING VIEWS!

A beautifully presented two bedroom, two bathroom apartment with stunning views to the ocean and the golf course. Originally a three bedroom property, but the existing owners very cleverly opened one of the bedrooms up, to create a larger living area. The property is to be sold partly furnished and we do not anticipate it will be available for long. Book your viewing today to avoid missing out.

Ref: AMG00489 Price: €278,000 (approx. £246,017)



2 BED DUPLEX PENTHOUSE

El Madroñal

MODERN PROPERTY, PRESTIGIOUS LOCATION!

Located in El Madroñal, just a short distance from Costa Adeje, this fantastic duplex penthouse property is perfect for those who enjoy modern living! Spacious lounge with open plan kitchen, two double bedrooms and two full bathrooms. The upper level is a large attic room with external patios on either side and sea views. Based on a residential complex with community pool and underground parking.

Ref: LA01811

Price: €330,000 (approx. £292,035)



2 BED DETACHED VILLA WITH POOL

Amarilla Golf

SUPERB TURNKEY PROPERTY!

Immaculate two bedroom detached villa with private swimming pool. Located alongside the fairways of Amarila Golf course. The interior of this property has been completely refurbished to a high standard. There is a separate lounge that can be used as an extra sleeping area complete with its own shower room. The marina is just a short stroll away. Close to all amenities. This is a must view!!!

Ref: AMG00510

Price: £420,000 (approx. €474,600)



3 BED DETACHED VILLA WITH POOL

Golf del Sur

A LOVELY FAMILY HOME!

This three bedroom villa is located on a plot of over 1000m² with a large private pool and BBQ area, fantastic for entertaining. The villa boasts a separate kitchen, large lounge, three bedrooms, and a garden. Located in the town of Golf del Sur, a golfers paradise!

a golfers paradise!

Just a short walk from the shops and restaurants on the San Blas Commercial Centre. Close to the sea. Ideally located for golfing.

Ref: GOLF01451

Price: €549,000 (approx. £485,840)



4 BED DETACHED COUNTRY HOME

San Miguel

A UNIQUE PROPERTY!

Ever dreamed of owning a beautiful Canarian Country House with the most stunning views of the countryside and down to the Atlantic Ocean? The main property was carefully built by the current owner in 1996 and follows the typical style of a rural house as well as cleverly converting an original Canarian cottage which was originally dated from 1934. The plot is 750m and has a private pool.

Ref: OUT01123

Price: €595,000 (approx. £526,548)



4 BED DETACHED VILLA

Las Moraditas, Adeje

A WONDERFUL FAMILY HOME!

A stunning independent country style villa in a private setting in the picturesque area of Las Moraditas, just on the outskirts of Adeje. Situated on a beautiful mature plot of 5,000m² with a large manicured garden, natural landscaped areas surrounding the property and a private heated pool with retractable roof. The property also has fantastic panoramic views to the Costa Adeje coast.

Ref: OUT01124

Price: €1,300,000 (approx. £1,150,442)

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Paraiso del Palm Mar II



sented, bright and spacious 2 bedroom, 2 bathroom apartment with a rooftop solarium that has all day sunshine. The property sold fully furnished to a high standard and has marvellous views over the village and out to sea.

Beautifully pre-

Price: €285,000

Palm Mar, Lovely villa





Fully refurbished, spacious and bright, 4 bedroom, 2 bathroom villa in the heart of the village. The property enjoys sea views from the large solarium and there is an integrated garage. All furniture is included in the price.

Price: €499,500

WE ARE ALWAYS LOOKING FOR NEW PROPERTIES FOR SALE AND LONG TERM RENTAL

Palm Mar, Club de Mar



Spacious, fully furnished, 3 bed, 2 bath (master en suite), plus cloakroom, townhouse on three levels in the lovely coastal village of Palm Mar. There is also a very large integral garden and pleasant garden.

Price: €410,000

Palm Mar, Cape Salema



One bedroom apartment with marvellous views over Palm Mar and out to sea. Conveniently located for all of the amenities on offer in this lovely, tranquil village. The property is sold fully furnished to a good standard.

Price: €160,000

Palm Mar, Los Balandros



Sold fully furnished this apartment has 1 bedroom and 1 bathroom. The price includes a parking space and storeroom.

Price: €165,000

Palm Mar, San Remo



This spacious duplex apartment enjoys sea views and has a large solarium with all day sunshine. There are 2 bedrooms, 2 bathrooms and a cloakroom. The property is sold fully furnished.

Price: €350,000

Palm Mar, Los Balandros



Spacious two bedroom, two bathroom apartment with a large garden on the ground floor which enjoys plenty of sunshine. The price includes an underground parking space and storeroom. The property is sold partly furnished.

Price: €228,500

Palm Mar, Los Balandros



Fully furnished, 1 bedroom, 1 bathroom duplex apartment on well run complex close to all the amenities the village has to offer. The property benefits from stunning views over the nature reserve and out to sea and the price includes a storeroom and parking space.

Price: €185,000

TENERIFE PROPERTIES

ENGLISH / ESPAÑOL / FRANÇAIS - 608 573 443

Контактный телефон для русскоговорящих - 648 525 024











Tesoro de Galeón, El Galeón









Tesoro de Galeón, El Galeón - Fantastic 2 bedroom, 2 bathroom penthouse apartment in luxury and modern complex in the upmarket area of El Galeón. Amazing views from the roof terrace of the apartment. Very modern complex with rooftop pool, gym, jacuzzi. Apartment with garage space and storeroom.

Ref: T1105

PROPERTIES ARE IN DEMAND! WE OFFER A FREE VALUATION!

SPECIAL OFFER: ENERGY EFFICIENCY CERTIFICATES PLEASE CALL US FOR MORE INFORMATION!

Mareverde, Torviscas





1 bedroom, 1 bathroom apartment with large South facing terrace with views to the communal pool. Good sized apartment on very centrally situated complex, only a few minutes walk from Torviscas beach.

€179,950 Ref: N1303

Island Village, San Eugenio Alto 2 bedroom, 2 bathroom ground floor garden apartment











Translators available for any other languages.

Tenerife Business Services









Callao Wild

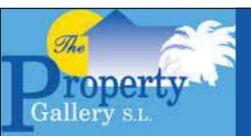
A lovely 2 bed, 2 bath terraced house located on a small, gated community with heated pool in a very quiet area yet still within five minutes' walk from the beach and restaurants. The property has a large living/dining room with American kitchen and enjoys 360 degree panoramic sea and mountain views from the 40sqm roof terrace. Each room has its own terrace and built in wardrobes.

€265,000



C.C. No.1 - Sueno Azul, CALLAO SALVAJE Tel: 922 74 04 64 www.tenerifebusinessservices.com info@tenerifebusinessservices.com Mobile (English) 615 39 65 56 Movil (Español) 653 759 320

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ALTO VISO, CALLAO SALVAJE

Lovely 2 bed duplex apt, with fully fitted kitchen, lounge/dining room, cloakroom, a good sized terrace overlooking the pool, a large roof terrace whith fantastic views, a private parking space. In excellent condition throughout 1826 €195,000

BELLAMAR, FAÑABE



In a very exclusive area, this one and a half bedroom top floor apt has 3 terraces. The complex is well looked after with mature gardens and swimming pool. Underground garage space.

Ref: B1658 €220,000

VILAFLOR



Spacious apartment with fully fitted kitchen, lounge, bedroom, and bathroom with a good sized terrace overlooking the heated pools and with sea views.

Ref: B1695 €230,000

REPOSSESSIONS:

PUERTO DE SANTIAGO, EDIF. JARDINES DEL MAR SOLD

1 bed, 1 bath apt of 59 m2, with terrace. Communal pool. €135,000

Ref: 73234643

GUIA DE ISORA. C/ EL MERONAL REDUCED! 3 bed, 2 bath town house 136 m2

house, 136 m2 €131,500 Ref: 60491161

GUIA DE ISORA. C/ DEL CAMPO Very large

Very large townhouse with massive garage space underneath and overgrown gardens at the back. Major renovations needed.

€222,200 Ref: 60472646

EL ROQUE. C/ JUAN RODRIGUEZ RODRIGUEZ

5 bed, 4 bath detached house built on two floors, 553 m2 plot. €407,300

€407,300 Ref: 60419998

SAN ISIDRO. AVDA. ABONA

2 bed, 1 bath apt with garage parking space and storeroom.

€89,200 Ref: 60465609

LA POSTURA, ADEJE. C/ JOSE AGUIAR, LOS SABANDEÑO 94 m2 townhous

94 m2 townhouse with 3 bed, 2 bath, garden. €198.800

€198,800 Ref: 73233633

TORVISCAS ALTO



2 bed, 2 bath apt with a good sized terrace (45 m2), lounge-diner and fitted kitchen and enjoying fantastic panoramic views. Sold with garage parking space. Communal pool.

Ref: C1827 €280,000



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AN ADDITIONAL CAR OR
HOME POLICY & GET
60€ CASHBACK.

CALLAO SALVAJE



A unique large villa in its own grounds (1,876sqm) with a large private heated swimming pool and jacuzzi. Another 2 bed property too in the grounds. Many possibilities.

Ref: D1747 €2,490,000

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LOS MENORES

Calle Tagara, Jardin Botanico Local 8 **ADEJE**



EL PORIS, ABADES





5,000sqm finca with spacious (72sqm) 1 bed, 1 bath house. The property has a lounge/diner, open kitchen, nice terrace, garden and storeroom.

March 2019 - Issue 173





PRICED FOR QUICK SALE! Fantastic 3 bed, 3 bath villa with lounge, sep. dining room, full kitchen, sunny terrace and own pool. Lovely views.

PUERTO SANTIAGO







4 bed, 3 bath villa with lounge/dining area, open plan kitchen, sunny terrace, private pool, and garage.

Ref: 1002 €180,000 Ref: 256

€350,000

€750,000

We cover the whole of the South ... That's why we have two Offices (in Adeje and Alcala)!

PROPERTIES WANTED FOR RENT

CLIENTS WAITING!

Charco del Pino



Great 4 bed. 3 bath villa with heat ed pool. The property has a dining room, full kitchen, garden, terrace and garage. Extras incl. water sof teners and solar panels.

Ref: 989

€578,000

Adeje, Las Moraditas



Spacious, fully furnished, 4 bed 3 bath villa in exclusive area with lounge/dining room, kitchen terraces, and 2-car garage. Sea and mountain views

€595,000 Ref: 792

South-West



Choice of banana plantations Tijoco Bajo, Playa San Juan, Alcala area, with accommodation, in production, with different sized plots.

Ref: xxx Price: Various a

Guia de Isora



Totally reformed 4 bed, 2 bath Canarian house with BBQ area and sunny terrace in quiet villaje. 400sqm plot.

Ref: 316

€300.000

Playa San Juan

Ref: 1003



Finca with 3 bed 2 bath house on 7,000sqm plot in private location with wonderful views. The property has a private pool, garden greenhouse and orchard.

€500.000 Ref: 875



Unfurnished 3 storey, 7 bed, 5 bath detached house. The property has a lounge, kitchen, several terraces incl. BBQ area, patio, gardens and 2 spacious garages. Plot 3,000sqm.

Ref: 998 €473.000

Chio



10 000sgm finca with house suitable for reform. The property has orchards, water tank and

€150,000 Ref: 837

Taucho



3 bedroom house with gues apartment, terrace, garden garage. Fantastic views. Quiet area

Ref: 317 €260,000

Chiguergue



FANTASTIC OPPORTUNITY Country house suitable reform. Fantastic views.

Ref: 129 €88,000

Palm Mar, Los Balandros



2 bed. 1 bath duplex penthouse with living room, kitchen, several terraces, private parking and sea views. Complex with lovely pool area.

Ref: 985 €220,000

Arico



Finca with small (70sqm) house several terraces able for reform. Excellent views 9,000sqm plot.

€160,000 Ref: 1005

Icod de los Vinos



3.700scm farm with several loc cabins (1 x 30sqm; 2 x 9sqm), and 3 cottages of approx. 70sqm. Potential to extend. Lovely natural surroundings incl. views to Mt. Teide.

Ref: 1006 €99,700

www.tropicalcountryhouse.com · info@tropicalcountryhouse.com

A new international Estate Agency partnership is born in Las Galletas!

At the beginning of January 2019, Danny Daryanani, longtime resident of Tenerife and owner of RD Properties, joined forces with Fabio Ferrari - 3-year resident and owner of Tenerife Vista Mare. Both men have worked with each other for some time now and felt it would be to their mutual benefit to 'team up' and share their talents and resources. Danny opened his office in Las Galletas in the Autumn of 2017 and now, with Fabio a new office has been opened just along the road on the busiest street in town (adjacent to the Post Office).

The TPG recently met up with both men and asked them for their thoughts on various things:

Properties?

fresh and exciting start as teaming up with Fabio from VistaMare had been on the books for quite a while. We were waiting for the right opportunity to come by regarding the operating unit and location.

* * * The TPG: What would you say was your primary focus for 2019?

The TPG: Hello Dan- doing cold selling, our does the company ny, how has the start objective has always of 2019 been for RD been advising potential clients current RD Properties: Two market rates, whether offices and four Danny: It's been a buying or selling.

have at this moment?

members of staff.



Danny: Pretty much The TPG: How many Danny Daryanani the same, rather than staff members/offices - Director of RD



Properties, Fabio Ferrari – Director of Tenerife Vista Mare, Kayleigh Proctor and Amina Hamdy – **Administrators**

* * * The TPG: What do of your success?



Fabio's new office in Las Galletas - Inmobiliaria Vista Mare

Danny: Repeat clientele which in turn leads to good wordof-mouth referrals.

* * * The TPG: Why did you choose Tenerife to start your new life? Why would you recommend that people should come here?

Danny: After being here 27 years, where else would I choose to live? On the other



says he will never look back. Compared to other countries in Europe, although the wage package comparatively lower, we believe in Tenerife we enjoy a betterquality of life, better health and a more relaxed atmosphere general (sometimes far too relaxed!)

* * * you think is the secret The TPG: How do you see the property

market moving in the

foreseeable future?

been here 3 years the market will only increase as more and more people all over Europe become aware of the benefits of living in Tenerife – The island of Eternal Spring. * * *

> The TPG: If there was one thing that you could say made you feel different from the other Estate Agents in Tenerife, what would that be?

Danny: We provide consultation with regards to buying and selling in Tenerife in accordance with Spanish Law but also according to their home countries' laws, which aids us in giving our customers great peace of mind when making big decisions to relocate.

Opening times

9:30-5:30 Monday to Friday and Saturdays by appointment



many properties through them who sadly was involved in a motorcycle accident, but still made the effort to come down to the opening

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Calle Luis Alvarez Cruz, nº6, Edf Bahia Azul, Local 8C Las Galletas - Next to post office

"Where houses become Homes"

Costa del Silencio









Superb 3 bed, 3 bath (2 en suite) detached villa with heated private heated pool. On the ground floor there is a reception area, spacious living and dining rooms, and fully equipped kitchen. The property has plenty of natural light, outdoor space, and the the terrace offers gorgeous mountain views. Visiting highly recommended.

Price: €427,450 Ref: CDS-CPC427

Guargacho









Spacious, fully-furnished 1 bed, 1 bath third floor apt (no lift) in building that's within walking distance of all amenities. The property has a lounge/diner with open plan kitchen, and sliding door leading out to the terrace which has fantastic views down to the sea. This is a turnkey property and is ready to be moved into.

Price: €89,000 Ref: G-EJ89



Costa del Silencio

Ref: CDS-I170

Fully furnished 2 bed, 1 bath third floor apt on peaceful complex with pool and lift. The property is around 82sqm and has recently been refurbished, it enjoys a fantastic terrace with magnificent mountain views. 5 minutes' walk from amenities and ready to be moved into.

Price: €170,000









Granadilla









Gorgeous, part-furnished 4 bed, 4 bath (2 en suite) detached house spanning 2 floors with beautifully kept gardens and sea and mountain views. Ideal for a family but built with privacy in mind. Complete with open-air private garage for 2 cars and storage space, small vegetable garden and 2 terraces on the ground floor and large 30sqm terrace on the first floor.

Price: €329,000 Ref: GDA-CA329

Parque Don José









Fully furnished 1 bed, 1 bath first floor apt on sough after complex with recently refurbished pool, security and cleaning staff. The property has aliving room, a modern kitchen and sleek bathroom. There's also a lovely terrace with mountain views. Within walking distance to all amenities. It is also an investment property as a holiday rental license can be obtained.

Price: €125,000 Ref: CDS-PDJ135

rdpropertiestenerife.com



CLEAR BLUE SKIES GROUP SL

INTERNATIONAL ESTATE AGENTS



ADEJE GOLF



Ideally located overlooking the prestigious Adeje Golf course, this grand villa has been totally renovated in a contemporary style with an abundance of light from the floor to ceiling windows. The lower floor offers an open plan living area with a captivating outlook, the upper floor boasts a feature gallery landing and comprises of two large bedrooms, each with dressing area, en-suite bathroom and private terrace plus an office area/sitting room with stunning views.

There are two guest apartments attached to the house, one self contained suite with luxury bathroom and kitchenette and the other with one bedroom, sitting area and shower room. The basement level consists of a considerable size room with en-suite, private terrace, parking and independent entry which would be ideal for a further guest accommodation. A store room and another spacious room with en-suite bathroom intended for a gym or extra bedroom can be found on this level.

The sizable heated swimming pool is surrounded by easily maintained gardens adorned with Palm trees and tropical plants, sunny seating areas and breathtaking views. Many extra features, viewing is highly recommended.

Luxury Villa

€2,280,000

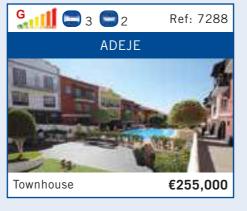


























CLEAR BLUE SKIES GROUP SL

INTERNATIONAL ESTATE AGENTS







Ref: 7290

🏭 1 🚍 1





Ref: 7292

LOS CRISTIANOS







An immaculate top floor apartment in the highly sought after Yucca Park complex. The apartment has been refurbished and offers a stylish living area with open plan fitted kitchen, lounge leading onto a sunny terrace, modern shower room and a double bedroom featuring a beamed high ceiling, fitted wardrobes and compact balcony overlooking the pool. Secure and well maintained complex with pool bar, just a 5 min stroll to the beautiful Fanabe beach and promanade with a wide selection of shops and restaurants. Must be seen

PLAYA FAÑABÉ

Top floor Apartment €265,000



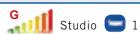




Clear Blue Skies are delighted to offer this fantastic Ground floor 1 bedroom apartment in the newer quieter area of Los Cristianos on Parque Tropical 2. This particular property is rather unique in that it has an extremely large terrace so you can enjoy the nice sea and mountain view. In a desirable location close to amenities and only 150m from the sea this good size apartment offers a semi-independent kitchen, full bathroom and good size lounge and double bedroom both having direct access to the very large terrace of over 140m2 including a shaded al fresco dining and BBQ area.

Ground floor apartment €249,000

We have clients currently looking for properties in Amarilla Golf, Golf del Sur, Los Abrigos and El Medano, if you are thinking of selling please call us today!







Ref: 7295

SAN EUGENIO BAJO







A lovely studio in a fantastic location. Situated in the complex of Las Flores in San Eugenio, this delightful little property offers everything you need for a holiday home. Nicely furnished, separate sleeping to lounge area, shower room, and a south facing sunny terrace with sea and pool view. The complex has community parking and lift access and even though the complex is quiet, with a 1 minute walk you have bars and restaurants on your door step and the sea is also a short stroll away. Apartments here don't tend to be for sale for long.

€155,000

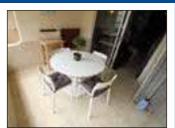




Ref: 7312

SAN EUGENIO BAJO







A nicely presented 1st floor studio apartment on the popular holiday complex of Santa Maria. The property is a good investment opportunity as Santa Maria has a tourist licence and on site management company. The location of the complex is second to none as Puerto Colon, Playa Fanabe, local bars & restaurants are on your door step. Ideal investment and holiday apartment.

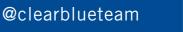
Studio €187,000

C.C Fañabé Plaza 129, Fañabé, Costa Adeje



facebook Clear Blue Skies Group S.L.









C.C. El Trebol, Local 37, Avda. J. A. Tavio, COSTA DEL SILENCIO, 38630, Tenerife.

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Costa del Silencio Beautiful. fully-furnished

1 bath apt in nice aparthotel with heated communal pool. 2 west-facing terraces, Aircon, parking, and close to all amenities.

Ref: 1448-1218 €125,000



Costa del Silencio, Sunflower

bed duplex converted to fullyfurnished 2 bed, 1 bath apt in charming complex with communal pool. American kitchen, street parking and 2 minutes' walk to amenities.

Ref: 1452-1218 €135,000



Costa del Silencio

Beautiful, completely renovated 2 bed. 2 bath apt with spectacular sea views, 140sqm roof terrace and private pool Spacious, open-plan living room, and modern fully-equipped kitchen.

Ref: 1454-0119 €620,000



Costa del Silencio

Modern, fully-furnished 1 bed, 1 bath apt with partial sea views located on complex with 3 pools (1 heated). Well-equipped kitchen and Aircon.

Ref: 1455-0119 €159,000



Granadilla de Abona

Beautiful, completely renovated 6 bed, 6 bath villa with private pool and BBQ area, panoramic sea views and garage with 3 spaces. The 2 floors can be lived in separately.

Ref: 1461-0119 €795,000



Costa del Silencio, Costa Sol

Spacious, part-furnished 2 bed, 2 bath townhouse located on modern, sea-front complex with pool. Large garage, reformed kitchen, and multiple terraces

Ref: 1463-0219 €290,000



Arona

Fully-furnished 1 bed, 1 bath apt on a beautiful complex with pool and garden. 8sqm east-facing terrace, American kitchen, and 5 minutes' walk to amenities

Ref: 1466-0219 €135,000



Costa del Silencio

Spacious, fully-furnished 1 bed, 2 bath bungalow spanning 2 floors with lovely large terrace on complex with pool and parking. Close to all

Ref: 1467-0219 €180,000



Granadilla de Abona

Beautiful fully-furnished 3 bed, 3 bath country house on 1,500sqm plot with private pool, large garden. Several enclosures outside suitable for cats/dogs with small cottage and outdoor space

Ref: 1469-0219 €395,000



San Miguel de Abona, Las Adelfas Beautiful and spacious 3 bed, 2 bath bungalow with large garden on lovely complex with heated pool and chil-dren's pool. High quality furnishings and parking spaces available.

Ref: 1470-0219 €247,000



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RESIDENTIAL SALES



San Isidro, 2 bed apartment

Bright, spacious, completely refur-bished 2 bed. 1 bath apartment in quiet area of San Isidro. The property has a large living/dining room, separate fitted kitchen and a parking space in the secure garage. Close to shops, schools, and easy access to motorway.

Ref: KV-0214 €115 000





Golf del Sur, Aguamarina

Spacious fully furnished 1 bed 1 bath 4th floor apartment on sought-after seafront complex with pool. The property has an American kitchen and living room which opens to a good size balcony offering sea and marina views. Ideal as holiday home or for investments. Close to amenities

Ref: KV0213





Costa del Silencio, Chaparral

Bright, fully furnished, ground-floor studio in popular complex with pool, close to shops, bars and restaurants. Shower room. kitchenette, living room with terrace, separate sleeping area, easy parking nearby. Ready to move into. Ideal for holidays or lettings.

Ref: KV0217



LONG TERM RENTALS



3 bed, 3 bath linked house in El Medano

Beautiful property in residential area close to the coast and the beach, living room with open kitchen, set up on two floors, plus underground secure garage, garden, sun terrace and private pool. Partially furnished.

Ref: KV0201

€1 300 / month



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€140 000

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Tenerife Island Rentals & Buy Tenerife

Sales

Los Menores, Charco del Valle



Large townhouse with three bedrooms, the master with en suite bathroom, a further bathroom and a WC. There is a large living room with patio doors leading to the terrace and a separate fitted kitchen. A large roof terrace enjoys fantastic views to the sea with outdoor dining area. The property has a parking space behind closed gates and there are no community fees. The property is being sold partly furnished. The new motorway is easily accessible from the property.

Ref: ADO0448 €220,000

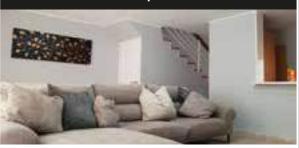
El Mirador, Los Cristianos



Corner upper floor one bedroom apartment in the very popular El Mirador complex in Los Cristianos. The property has a large double bedroom with fitted wardrobes, bathroom with shower cubicle, large living room with patio doors onto the lower terrace and American style kitchen. There is a spiral staircase leading to the sun terrace which is the full size of the property and has all day sunshine from every angle. There is a swimming pool on the complex and it is just a five minute walk to a shopping centre with bars, restaurants, shops and supermarkets.

Ref: AP0442 €240,000

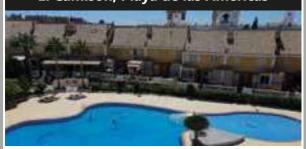
Los Girasoles, El Madroñal



Three bedroom two bathroom townhouse with fully fitted kitchen and utility area, WC and large living room with direct access to the front terrace on the ground floor. On the upper floor there is a large master bedroom with ensuite bathroom and terrace with fantastic sea and coastal views and a further two double bedrooms and bathroom. There is also a small office area on the upper level. Parking area behind secure gates.

Ref: ADO0438 €330,000

El Camison, Playa de las Americas



Fantastic three storey townhouse located in the very popular area of El Camison. On the ground floor there is a separate fitted kitchen, W.C., and large living room with direct access to the terrace. From the terrace there is a gate that leads straight to the pool area. On the second floor there are three bedrooms, the master has its own en suite and a further family bathroom with walk in shower. On the upper floor there is a large room with sun terrace that could be used as an additional bedroom, office or sitting room. There is an underground parking space.

Ref: PUE0421 €415,000

Tijoco Bajo



Recently refurbished Canarian house currently split into two separate apartments both with terraces however there is a lot of potential with this property to convert it into one large property. The property also has commercial status so the building could also be used as a health retreat or split into an office and home. To the side of the property is usable parking space or extra terrace and the huge top terrace also has undergone renovation with a new kitchen and laundry room having amazing views to the sea.

Ref: MAS0407 €299,995

Tigaiga III, Parque de la Reina



Ground floor apartment in Tigaiga III. Consisting of 2 bedrooms, 2 bathrooms, living room and separate kitchen and laundry area. There is a very large terrace with direct access from the living room. Community swimming pool, parking space and trastero. There is a primary school, park, ample shops, bars and restaurants and a new secondary school is currently being built. The property is being sold fully furnished.

Ref: AP0382 €130,000

Avda Europa, San Eugenio Alto



Large villa of 250m2 recently refurbished to an incredibly high standard on a plot of 850m2. With four large bedrooms, three of which are ensuite, a further two bathrooms, fantastic open plan living area with beautifully fitted kitchen. Large patio doors open on to the swimming pool and sun terrace with fantastic, uninterrupted views along the coastline. There is a large garage that could also be used as a self-contained apartment. Solar panels and installation for air conditioning. Located in a very sought after area of San Eugenio Alto.

Ref: LUX0449 €1,450,000

Malpais, Candelaria



Fantastic finca property located above Candelaria with spectacular views to the mountains and to the coastline. Located in a very peaceful, country location, this property consists of a very large living room, dining room, kitchen, large family bathroom and three double bedrooms. Large garage with automatic door. There are several outbuildings in the property and beautiful gardens with olive trees and fruit trees. There is a large roof terrace that covers the whole area of the property with stairs leading to it from inside the property. The possibilities of this house are endless and viewing is highly recommended.

Ref: RUS0420 €249,99

Arocha, Valle San Lorenzo



Three bedroom apartment located in a residential complex within walking distance to all local amenities on the high street of Valle San Lorenzo. The property has an independent fully fitted kitchen, there is a shared roof terrace with trastero and you have roadside parking. Valle San Lorenzo is a very popular town about 10 minutes' drive from Los Cristianos. This is a great property for all year round living in the sun or an excellent investment opportunity.

Ref: AP0227 €130,000



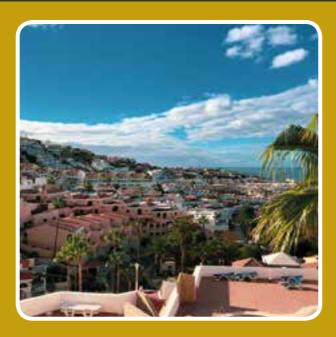
- (C) +34 610 18 27 44
- C.C. Sun Beach, local 18, Calle Londres, PLAYA FAŇABE, 38679, Tenerife

SUN VILLAS, **SAN EUGENIO ÁLTO**

265.000€

Beautiful 3 bedroom duplex apartment for sale in Sun Villas, San Eugenio Alto. Recently refurbished kitchen, lounge, main bathroom and fantastic sea views from the 2 balconies.

Ref:1004



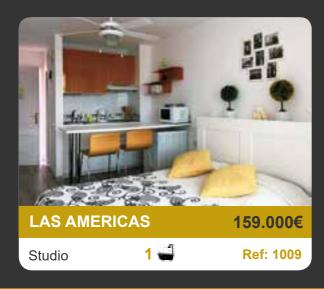




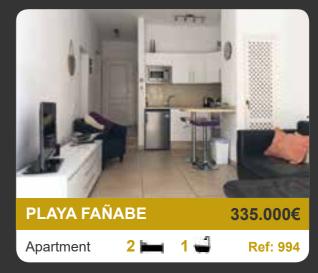












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VYM CANARIAS – MARCH 19

Villa Sunset View, Roque del Conde



7 bed, 7 bath villa with own pool. The property has a large living room and dining area. Large outside terrace with panoramic sea views.

€1,950,000 Ref: VS5692

Insigne Luxury Villas, Costa Adeje



New two-storey villas with pool, amazing views, 3 bedrooms, 3 bathrooms (+1 WC), large terrace and garden. High quality materials, air-conditioners (cold-heat), TV satellite, telephone!

€940,000 Ref: VS4670K

Corner penthouse in Malibu Park, San Eugenio Alto



1 bed, 1 bath 42sqm penthouse with 9sqm terrace. The property has a living room, open plan kitchen and terrace with lovely sea views. Built in wardrobes in the double bedroom.

€168,000 Ref: VS5750D

Apartment in San Eugenio Alto



Recently refurbished, the apartment consists of a large living room, independent kitchen, utility room, washing room, 3 bedrooms, 2 bathrooms. Living space of 108m.

€550,000 Ref: VS5640D

Callao Salvaje, Sueño Azul



Beautiful bungalow with swimming pool. 3 bedrooms, 2 bathrooms, lounge-diner, open kitchen and terrace with the ocean view. The house area is 81m2, the plot is 225m2.

€399,000 Ref: VS5447D

Townhouse in Las Adelfas I, Golf del Sur



3 bed, 2 bath house with private pool. The property has a living room, dining area, and semi-independent kitchen which leads outside to the 80sqm garden.

€247,000 Ref: VS5707D

El Madroñal, Oasis Fañabe



Good area near shopping center, international school. 3 bedrooms, 2 bathrooms, independent kitchen, garage, terrace, living room. Surface 180m2.

€299,000 Ref: VS4820DE

Playa Paraiso, Paraiso 5



Spacious modern apartment, 2 bedrooms, large terrace and a private garden. Garage is included. Close to the sea in quiet complex. 177m2 in total

€249,000 Ref: VS5521D

Los Cristianos, Victoria Court



Great one bed, one bath apartment, open plan kitchen, living room with access to a large terrace overlooking the pool. Lots of restaurants and shops nearby, and only few minutes to the beach.

€220,000 Ref: VS5567D

Los Cristianos, Los Angeles



Beautiful and bright apartment, completely renovated and fully furnished. 1 bed, 1 bath open plan kitchen with living room and terrace. Pool, bar and a solarium in the complex.

€182,000 Ref: VS5337D

Las Americas, Parque Cattleya



Spacious with 33m2 and 8m2 terrace. Fully furnished. Very good location in the center of Las Americas and near the seafront and the beach.

€145,000 Ref: VS4880D

Golf del Sur,



Block of apartments with 1 or 2 bedrooms in popular complex. Good location near golf courses, commercial center, shops and restaurants.

From €127,000 Ref: VS5423D

Principal Office: C.C. Victoria Tenerife Sur, Local 1, C/ Republica de Panama, 1, LAS AMERICAS, 38660, Adeje



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San Eugenio: 922 715 185, email: vym.saneugenio@gmail.com Golf del Sur: 922 455 874, email: vym.golf@gmail.com

Tenerife Prime Property

Golf Del Sur, Las Adelfas I



Large fully furnished, 3 bed, 2 bath (1 en suite) bungalow-style Property in great location on lovely Touristic complex with beautiful pool and sunbathing areas. The property has a lounge-diner, separate kitchen, utility room, sunny roof terrace with lovely sea and mountain views and large private garden. This is a lovely family home and has recently been reduced in price for a quick sale.

S-03 1339 €269,500









PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Los Cristianos, Dinastia



Very nice, fully furnished, 1 bed, 1 bath apartment on popular complex with community pools and lifts throughout. The property has a lounge-diner, American-style kitchen, and sunny terrace. Close to amenities.

S-01 1333 €185,000

Llano del Camello, Biltmore



Nice, spacious, fully furnished, 2 bed, 2 bath apartment on sought after residential complex with lovely pool area. The property has a lounge-diner, separate fully fitted kitchen, utility room and a sunny, 11sqm terrace overlooking the pool.

S-02 1330 €158,000

El Roque, San Miguel de Abona



Large, fully furnished, 4 bed, 3 bath (master en suite) house on a plot of 750m2 with large lounge, sep. fully fitted kitchen, a games room and two roof terraces. This is a very lovely family home in the quiet village of EI Roque – Reduced for a quick sale.

i-04 1335 €315,000

Llano del Camello, Jardin de San Miguel



Lovely family townhouse being sold fully furnished with 4 bedrooms, 3 bathrooms (1 en suite), good size lounge and separate fully fitted kitchen. There are 2 terraces and a large roof top sun terrace with sea views. There is an integral garage for 2 cars and 3 community swimming pools on the complex.

4 1351 €210,000

Las Americas, Parque Santiago I



Luxuriously furnished, 2 bed, 2 bath (1 en suite) semidetached house with stunning sea views in sought after sea front complex with pool. The property has a lounge-diner, sep. fitted kitchen, sunny terrace and garden. Built size: 220sqm, Plot: 345sqm. Aircon throughout. Project for 3rd bedroom in place.

-02 1334 €650 00

El Galeon, Villas La Capitana



Lovely, fully furnished, 4 bed, 3 bath (1 en suite) villa on sought after community with pool. This substantial property has a large lounge, sep. luxury fitted kitchen, utility room, various terraces, including one off the master bedroom with amazing sea views, and a 5-car garage.

6-04 1337 €420,000

Costa del Silencio, Los Lirios



Nice, ground floor, fully furnished 1 bed, 1 bath apartment in small residential complex with a fully fitted American style kitchen, lounge and a huge 60m2 terrace. There is also an underground parking space and storeroom included in the price with lifts throughout.

-01 1350 €165 00

Los Cristianos, Port Royale



Large, fully furnished, 2nd floor studio apartment in sought after complex with swimming pool, sunbathing terraces and UKTV.

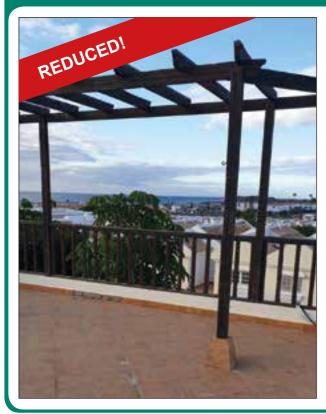
S-00 1323 €126,000

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Tenerife Prime Property

Golf del Sur, Las Adelfas II









Large, fully furnished, 2 bed, 2 bath (master en suite) corner villa on sought after complex with pool. The property has a large lounge/dining area, separate kitchen, wraparound gardens and terraces and a huge roof terrace which enjoys lovely sea, mountain and golf course views. Extras include full air conditioning throughout.

S-02 1342

€258,000



PROPERTIES IN ALL AREAS REQUIRED FOR LONG TERM RENTAL - CLIENTS WAITING!

Adeje Town



Lovely, fully furnished, 2 bed, 1 bath apartment with a fully equipped separate kitchen, good size lounge and balcony, there are also balconies off each bedroom. This is a first floor apartment with lifts. Also included in the price is a private parking space and storeroom. Apartment is fully air conditioned.

S-02 1349 €159,90

Golf del Sur, Green Park



Fully refurbished and furnished 1 bed apartment with air con, newly fitted kitchen and refurbished bathroom. The property is on the 3rd floor (lifts throughout) and overlooks the

S-01 1343

Los Abrigos, Edf. Mayte



1st floor, fully furnished 2 bed, 1 bath apartment with lounge, sep. kitchen, small balcony and a private roof terrace with sea views. Also included is a private parking space. Low community fees.

S-02 1344 €138,600

Los Cristianos, Dinastia



Beautiful, fully furnished, ground floor 2 bed, 2 bath (1 en suite) apartment with an exceptionally large terrace. This apartment is very tastefully furnished and has a fully equipped kitchen. There are lifts throughout the complex and there is a community swimming pool and pool bar.

€285.000

-02 1348

Golf del Sur, Las Adelfas I



Large, part-furnished, 2 bed, 2 bath (1 en suite) bungalow on popular complex with pool. The property has a lounge/dining area, sep. kitchen, utility room, garden, large terrace, and a private roof terrace with

-02 1346 €219,99

Valle San Lorenzo, Edf. JJ Efigenia



Spacious, fully furnished 3 bed, 2 bath (1 en suite) apartment with lounge, sep. kitchen, 2 balconies to the front, 2 enclosed terraces to the rear, and a parking space in the garage.

S-03 1324 €135

Golf del Sur, Alamos Park



Fabulous 4 bed, 3 bath (1 en suite) detached Villa with own pool on plot of 1,060sqm. The property has a garage, various patios/terraces and beautiful well tended gardens.

S-04 1317 €550 000

Golf del Sur, Parque Albatross



Fully furnished, 1 bed, 1 bath 1st floor apartment popular complex with pool. The property has a lounge-diner, American-style kitchen and 2 balconies.

S-01 1347 €135,

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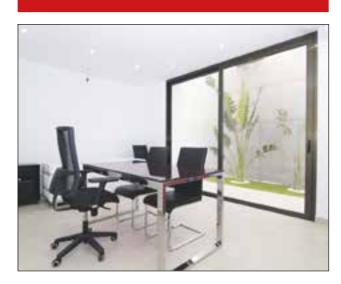




San Eugenio Alto

Our luxurious development has only 3 villas remaining, each with 4 bedrooms, 4 bathrooms, a private swimming pool, and fantastic views!

> Presented by: SVYZ Inversiones y Construcciones SL!



Located in one of the most prestigious residential environments in Southern Tenerife, this lovely development con-sists of 5 independent villas and 8 semi-detached villas - all enjoying wonderful views of the Atlantic Ocean and unique sunsets.

Each of the last remaining villas has 4 bedrooms, an integrated open plan kitchen and spacious living room, lots of leisure space: gardens, wide terraces with wooden parquet floors, air conditioning and private, 'infinity' pools with underwater, LED coloured lighting.

Riviera Resort properties offer an extraordinarily high quality of living due to their spaciousness, luminosity, the tranquillity of the environment, and security (one of the most important

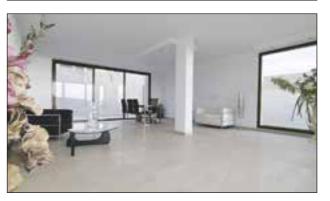
aspects of life in Tenerife). Whether you are looking for a luxury residence in which to live and spend the long summer or winter seasons, or you are an investor, you will find a high return on your investment here when acquiring one of these wonderful properties.

Our villas represent excellent value at the Prices offered - compared with second-hand prices of adjacent, similar properties - which are already quite old and would need substantial amounts of money spent on them to bring them to same high standard as found in **Riviera Resort!**

Furthermore, by renting a villa in Riviera Resort, the ROI is so huge it makes this INVESTMENT IN LUXU-RY A VERY PROFITABLE PURCHASE!













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Price: €1,150,000 Villa (Ref: 09)

4 bedrooms, 4 bathrooms
Infinity swimming pool
Plot: 499sqm; Habitable: 321sqm;

Plot: 499sqm; Habitable: 321sqm; Terrace: 300sqm Sea, mountain and pool views. Close to beach and golf courses



Price: €1,075,000 Villa (Ref: 013)

4 bedrooms, 4 bathrooms Infinity swimming pool

Plot: 550sqm; Habitable: 306sqm; Terrace: 396sqm Sea, mountain and pool views. Close to beach and golf courses



Price: €990,000 Villa (Ref: 012)

4 bedrooms, 4 bathrooms Infinity swimming pool

Plot: 422sqm; Habitable: 300sqm; Terrace: 272sqm Sea, mountain and pool views. Close to beach and golf courses

TO VIEW ANY OF OUR LAST 3 VILLAS, PLEASE CALL US TO ARRANGE AN APPOINTMENT



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€139.000.-





REF: 82-816 APARTMENT, COLON 1







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- 160 m² living space
- Refurbished kitchen
- Integral garage
- 34 m² balconies and gardens

Are you looking for a family home in the heart of a residential Canarian community with local shops, cafes, bars and wonderful restaurants on your doorstep then this spacious lovingly maintained four bedroom end of terrace townhouse in Jardin Botanico, Adeje certainly fits the bill. Price: 279,000€













A UNIQUE VILLA ON EL HIERRO'S **SEA FRONT!**



W e are proud to present this unique property located on the picturesque island of El Hierro, located on the east coast of the island in a small village by the Timijiraque nature reserve. A great location as the ferry port of

but fully renovated by the current owners 10 years ago. The villa is set on three levels: entering from the road side is a 40sqm terrace leading to the front door; inside is the entrance hall, 2 double and one single

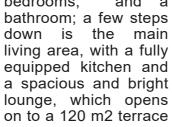


La Estaca is only 2 minutes away and the airport 10 minutes! In the village there is a minimarket and a restaurant, so there is no need to go far for your daily needs!

The stunning sea front position is rare to find anywhere, hence making this a very special property!

The villa sits on a 5,500 m2 plot on the edge of the sandy beach, with a road at the back and the ocean in front. It was originally built in the 1980's,

bedrooms, and a







breathtaking ocean views! There is also a partly closed-in terrace with barbecue and kitchen - just perfect for al fresco dining! The basement level has a lounge/ working room



can also be used as a guest bedroom, a Finnish sauna and shower room, a good sized storage area, a guest toilet, and the garage.

The villa is sold fully furnished with quality furniture and there is under floor heating in the kitchen and in the downstairs sauna area.

A driveway leads down to the villa from the main access road and there are some lovely landscaped gardens. The fantastic



L-shaped terrace facing the sea has plenty of space for sunbathing and relaxing to the sound of waves lapping on the shore!

This is such a unique property, absolutely perfect for those who appreciate nature and tranquillity in its sheer beauty.

smallest, and farthest contact us now!

a haven for those who seek peace!

There are excellent connections to Tenerife by plane and ferry. The port of La Estaca, though used mainly for merchant shipping and ferries, also has moorings at very reasonable prices.

For more information El Hierro is the and to arrange a viewing



south and west, of the Canary Islands and has been declared UNESCO World Biosphere Reserve. Unlike the other Canary Islands, here there is no hustle and bustle of traffic or mass tourism. Its natural beauty is stunning with the contrast of lava on the coast and green fields and forests in the mountains. It is truly

Ref: **V411-BP** Price: **€435.000**





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EL MADROÑAL







Fantastic modern style 4 bed, 3 bath (1 en suite) villa with private pool, large (50sqm) lounge/kitchen area, and private garden. There is parking and storeroom. Air conditioning. A great family home in a sought-after residential area, very close to all services and shops and only a short drive from the sea front.

€530,000 Ref: V418-BP

PLAYA PARAISO, ADEJE PARADISE







Fully furnished 1 bed, 1 bath apt in nice complex with pool. Loungediner, open kitchen and sunny terrace with sea views. Great complex for either holidays or permanent living, with various pools (one heated), pool bar, and 24 hour security.

€159,000 Ref: AP127-AG

LAS AMERICAS, ACAPULCO



Great, fully furnished and refurbished 1 bed, 1 bath apartment in a complex near the sea front. It has a loungediner, American-style kitchen and a sunny terrace overlooking the community pool. Excellent holiday home or rental property.

€195.000 Ref: AP157-HP

LAS AMERICAS, OLYMPIA



Great studio in popular complex with pool. Close to the beach and all amenities. The property is in need of refurbishment but has a lovely sunny terrace with sea views. Great rental potential.

€130.000 Ref: ST106-HP

ARONA



Stunning finca with various buildings and a main house, with landscaped and vegetable gardens. Total 5 beds, 3 1/2 baths, 2 lounges, library, large kitchen, outside pizza oven and lots of outside seating. So much potential either as a luxury home or rural hotel.

€1.600,000 Ref: F104-HP

SAN EUGENIO BAJO, OCEAN PARK



Studio apartment in popular complex near the sea front and harbour and all amenities. Nice sunny terrace with views to the swimming pool, parking. Great rental potential.

€157.500 Ref: ST108-HP

SANTA CATALINA



18th century house on a 450 m2 plot with fantastic views. Main house has a large kitchen/dining area, and 2 beds, toilet/shower room. Upstairs: lovely terrace/BBQ area, large lounge and WC. Outbuildings: 1 bed apt and two studios.

€185,000 Ref: VH102-BP

MESA DEL MAR (TACORONTE), MAR Y SOL



Lovely, fully furnished, studio apartment on top floor of sea front complex. The owners have enclosed the sunny terrace to gain more inside space. Unbeatable sea and coastal views. Close to transport and amenities. Low Fees.

€57,000 Ref: ST104-BP

ROQUE DEL CONDE



Lovely, spacious, 2 bed, 2 bath (1 en suite) townhouse in lovely residential complex with pool. The property has 2 good-size terraces with sea views and a private, closed garage.

€265,000 Ref: TH205-HP

NEAR GRANADILLA



bath (master en suite) villa with pool on double plot. Bright and spacious lounge/dining area, independent kitchen, office, various terraces (incl. solarium) with lovely views and a huge basement/garage.

€578.000 Ref: V402-BP

SAN ISIDRO, TOWNHOUSE



Lovely 2 bed, 2 bath townhouse with lounge-diner, open plan kitchen, utility area, wraparound terrace and roof terrace with sea views. Private parking.

€195.000 Ref: TH304-BP

SAN MIGUEL DE ABONA, BUILDING PLOT



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€72.000 Ref: L101-BP



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Vista Hermosa IV **Apartment, Los Cristianos**

Price: €374,950 Bedrooms: 3



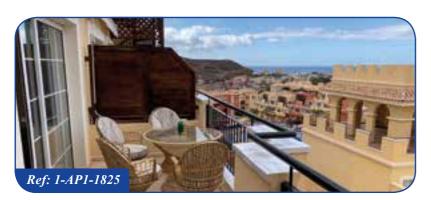
Cristianmar Apartment, Los Cristianos

Price: €279,950 Bedrooms: 2



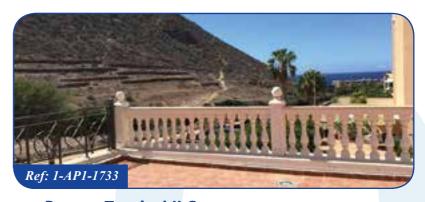
San Eugenio Alto Villa

Price: €1,470,000 Bedrooms: 4



Granada Park Apartment, Los Cristianos

Price: €199,950 Bedrooms: 1



Parque Tropical II Gavenea Apartment, Los Cristianos

Price: €224,950 Bedrooms: 1



Avenida Los Playeros No 26, Edf. Hotel Reveron Plaza, Los Cristianos













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Sun Bay Villas Villa, Amarilla Golf

Price: €295,000 Bedrooms: 2



Buzanada Villa

Price: €450,000 Bedrooms: 4



La Florida Bungalow, Valle San Lorenzo

Price: €349,950 Bedrooms: 2/3



Port Royale Studio, Los Cristianos

Price: €164,950



Guayero **Apartment, Los Cristianos**

Price: €219,950 Bedrooms: 1





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Pound Avoids Losses on Rumours of 2-Year Brexit Delay

A fresh batch of Brexit rumours and speculation are helping the pound to hold near its recent highs this week so far, meaning Sterling could end February near its best levels all month.

Weak Eurozone data EUR/GBP floundering in the region of £0.86. GBP/USD has returned to above the level of \$1.30 recover from mid-February lows of \$1.12, and the pair is trending near \$1.13. pound

rebounded has made it easier for the end of February GBP/EUR to hold above as speculation of a the level of €1.15, with breakthrough in UK-EU so investors have been negotiations and rumours that Brexit could be trade developments make delayed by as much as two years bolstered hopes and is edging closer to that a no-deal Brexit investors are more willing \$1.31. Meanwhile, US could be avoided. This to take risks instead. dollar weakness is making was despite news that the it easier for EUR/USD to next Parliament vote on Brexit had been delayed until 12 March – a mere 17 days before the current

Brexit hopes made it easier for the pound to register gains versus the euro, which has been weighed down by worsening signs of economic slowdown in Germany. However, both the pound and euro have been able to climb versus the US towards dollar over the past week.

The US dollar is a safe haven currency, selling it as US-China promising developments. With trade jitters lightening,

Once again, the next meaningful parliamentary vote on UK Prime Minister Theresa May's Brexit plan, has been delayed. has Brexit date of 29 March. Previously set for this data. The US dollar could

week, it will now take place on 12 March. Being so close to the formal Brexit date, the Pound will be even more sensitive to the possibility of a no-deal Brexit or rumours of a delay. This is likely to lead to pound volatility and reactions to any noteworthy Brexit news.

With the euro weighed by Eurozone growth concerns, upcoming German inflation and job market data is likely to be influential for the shared currency this week.

Now that a delay to the US-China negotiation deadline has been confirmed. risk-on movement may not rise much further and this could leave the US dollar reacting to US

see stronger demand if upcoming US factory data impresses investors or if the Federal Reserve takes a more hawkish stance in its monetary policy outlook during this week's Congressional testimonies.

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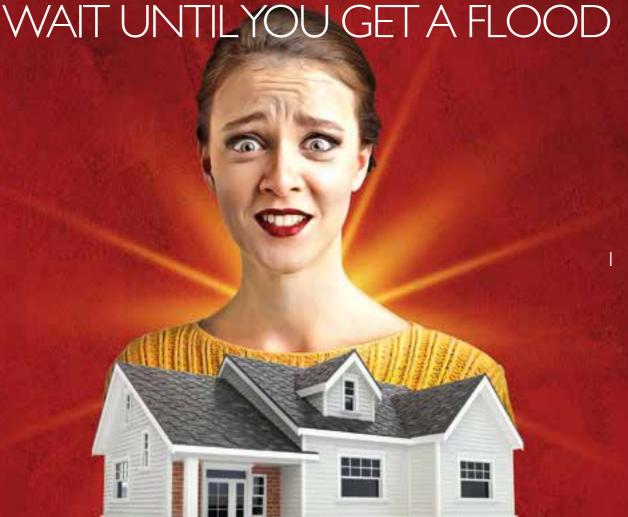












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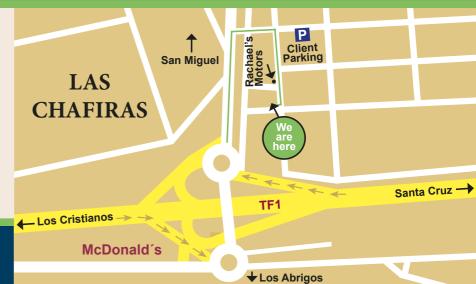






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ENERGY PERFORMANCE CERTIFICATES (EPC's) IN SPAIN

FEBRUARY 19 UPDATE

The total number of Energy **Performance Certificates** carried out in the Canaries since June 2013 now stands at approximately 207,328. With some 2,648 being registered over the month of February which shows that around 25% more inspections have been done during February 2019 as opposed to February 2018. This is the highest monthly total since July 2018. It will be

shows a similar increase on last year's total. This of course groups both residential and commercial properties and those for sale as well as for rent in all of the Islands which together form the Canaries.

For those of you who are not aware of Performance Energy Certificates (EPCs), they were introduced in Spain

interesting to see if March and its dependencies by Royal Decree on 5th April 2013. This Law requires that, from 1st June 2013. an EPC must be obtained by the owner whenever a domestic or commercial property is Built, Sold or Rented.

Selling your property

1st June 2013 From property owners are required

present an Energy Performance Certi-ficate when a property is placed on the market and prior to any advertising. When the property is sold, the Notary will need to see the EPC, termed the Certificado de Eficiencia Energética in Spain.

Renting your property

Either you or your agent, must obtain an EPC. An

1st June 2013, no EPC is required until one tenant leaves and the property is offered for long term rental again. If your property was built after 2007 you should already have an EPC provided by the seller. If you only rent your property out on a short term basis, for less than 4 months of each year, you may not need to have an EPC. If you are the tenant your landlord or the letting agent should

property's energy use and typical energy costs, ecommendations as to how you may be able to reduce energy use and save money.

An EPC allocates an Energy Efficiency Rating, ranging from 'A' (most efficient) to 'G' (least efficient). The Certificate, registered with Canarian Government is valid for 10 years.

How to arrange an EPC:

If you are selling or renting out property, you will need to engage an Accredited Assessor, who will visit your property to inspect and then produce and register your properties Performance Energy Certificate.

If you have any questions, or arrange me, Philip Wright, to carry out your energy Performance Certificate please call me on 667 757 323.



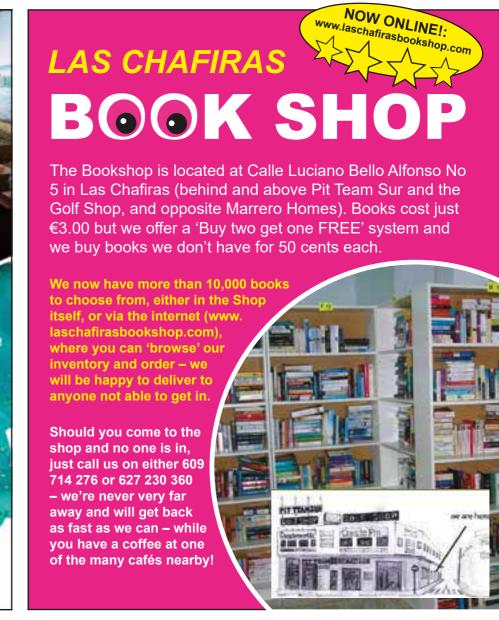
agent will not be legally allowed to offer or advertise your property for long term letting without one. Where a property has already been let prior to

be able to show you the EPC for your property.

The EPC contains:

Information







Yanxi Palace: The most Googled show on Earth

It has love but also hatred, intrigue, revenge, poisoning rivals and even killing babies.



The Chinese drama Story of Yanxi Palace is the most Googled TV show of 2018 globally, despite Google being largely blocked in the country. The search engine's analytics suggested that the top interest in the drama has come from Asian regions like Singapore, Malaysia, Brunei and Hong Kong,

but its popularity in mainland . China has been overwhelming as well. The series has been streamed more than 15 billion times on iQiyi, China's Netflixlike site where the show premiered in July before it reached domestic TV channels and more than 70 markets abroad. It was

the most watched online drama in China for 39 consecutive days over the summer.

The 70-episode Story of Yanxi Palace fictionalised power struggles among the concubines of Emperor Qianlong in the 1700s. The protagonist, a smart girl with a humble background, manages to rise through the ranks among the harem and wins both love and respect from the emperor.

Its theme may be likened to a Cinderella tale or Netflix's The Crown that chronicles the reign of Queen Flizabeth II But its own uniqueness has made it the undisputed entertainment sensation of the year.

Here's how it took over China and its neighbouring

It catches up with a trend of feminist shows

Wei Yingluo, is unlike most traditional Chinese female characters who are taught to be tolerant, submissive and fragile. Inspired by the actual real-life consort Emperor Qianlong, the story follows Yingluo as a woman of Chinese Han ethnicity in the Qing dynasty - the last imperial dynasty in China ruled by the Manchurian ethnicity that suppressed the Han people. But her intelligence, determination and ferocity appropriate meant she was eventually granted her the title of imperial noble consort, the highest possible position for a Han person at that time. Yingluo's most famous line from the show goes like this : "I, Wei Yingluo, am naturally hot-tempered and not to be pushed around. Whoever keeps talking [nonsense], I have all kinds of methods to go against her."

The woman she is based on - Xiaoyichun was posthumously given the title of empress, making her the only Han empress during the Manchu-reigned dynasty. The show comes as the latest example of how feminist-themed operas have captured Chinese audiences.

Other shows like The Legend of Zhenhuan another imperial risingup-the-ranks bought by Netflix - and The Empress of China, that tells the story of the only female emperor in Chinese history, have also taken off in China.

> It didn't face much censorship



Before the show aired on TV screens, it was shown online. The co-producer and initial distributor of the series, iQiyi, is one of China's most popular online video platforms - helping the show gain large traffic and, more importantly, easier regulatory scrutiny for its debut. In China, the National Radio and Television Administration oversees all content on radio and television. A TV project has to obtain the go-ahead from it even before shooting starts.

When video sites emerged a few years ago, they could publish anything as long as they thought it was within the regulator's rules. In 2016, an online series featuring gay love went viral but was taken off in the middle of the streaming season. A year later, a a ban on homosexual content was issued. Online video platforms can't broadcast shows at will but the censorship they go through is much lighter than TV channels. which are mostly owned by the government.

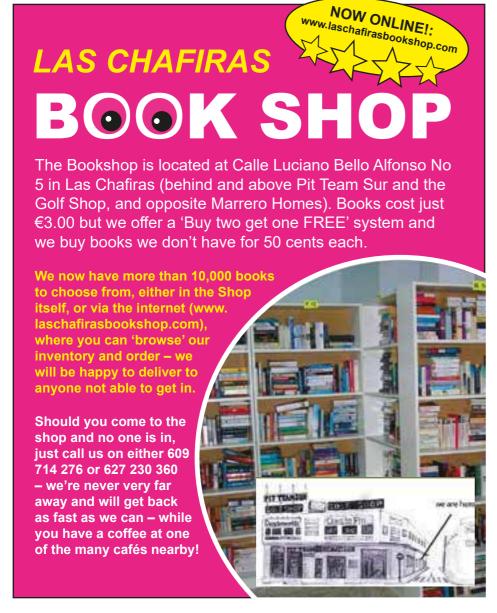
> Low-cost cast, highquality production

No actor in the show is very famous, except for one Hong Kong actress, Charmaine Sheh, who was willing to play a supporting role. Gong Yu, founder and CEO of iQiyi, said the company had "deliberately cast lesser known actors... rejecting recent trends in the Chinese industry that put too much emphasis of the celebrity appeal of actors in their productions". It came at an essential time when Chinese celebrities' high income ambiguous tax practices had caught the attention of the authorities.

Total spending on the show's cast didn't even reach one tenth of the total production cost, according to Chinese magazine Portrait citing series producer Yu Zheng, who added that the rest of the money was mainly spent on things like costume and make-up.

The well-built sets, elaborate costumes. make-up and attention to detail have won viewers' For example, concubines in the show wear three earrings on each side, as was the tradition of Manchu women at that time.

So if you've never heard of Yanxi Palace, you could try Googling it - you wouldn't be the first!













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Beer before wine? It makes no difference to a hangover

"Beer before wine and you'll feel fine, wine before beer and you'll feel queer" - many of us may swear by this time-honoured tip when "mixing" our drinks.

But a new study has refuted the idea that the order we have alcoholic drinks in affects the severity of a hangover. To test the theory, they gave 90 students drinks in varying orders, switching the order a week later. The study found that how drunk people felt and whether they vomited provided the best indicators for the next day. People should pay attention to these "red flags" to lessen the chances of a bad hangover, scientists sav.

Testing age-old 'wisdom'

Many of us will have our own ideas about what prevents a hangover or makes it more bearable when it has started. But surprisingly little is understood about what exactly causes a hangover, and science has found no truly effective remedy. So to test the wisdom that the order in which we have alcoholic drinks affects how we feel the following day, scientists took 90 students aged between 19 and 40 from Witten/ Herdecke University Germany and split them into three groups:



- the first group drank around two-and-a-half pints of lager, followed by four large glasses of white
- the second had the same amounts of alcohol, but in reverse order
- the third had only beer or wine (a 'control' group)

A week later, participants in the first two groups switched around, while those in the control group you feel and whether you

drinking habits and how often people usually got hangovers. However, there was a difference between the sexes, with women tending to have slightly worse hangovers than men. Jöran Köchling, from Witten/Herdecke University in Germany, who was the first author of the paper, said: "The only reliable way of predicting how miserable you'll feel the next day is by how drunk

alcoholic drink. Participants

were asked to judge how

drunk they were at the

end of each study day and

were kept under medical

significant difference to

hangover scores, which

were measured using a

questionnaire, the study

intensity based on factors

predict

It was also not possible

Changing the order

made no

hangover

supervision overnight.

drinks

found.

are sick. We should all pay attention to these red flags when drinking."

'Early warning system'

hangovers not well understood by science, it is thought that causes include dehydration, immune systems, and disturbances of our metabolism and hormones. Colourings and flavourings may also make hangovers worse, which might explain why drinks of the same concentration can cause a more severe hangover. One of the study's findings was that those who vomited were more likely to have a bad hangover. So does that mean that the so-called "tactical chunder" - where people deliberately purge themselves of alcohol to lessen a hangover or make themselves less drunk - is also a myth?

Dr Kai Hensel, senior author of the study from the University of Cambridge, said ridding yourself of alcohol meant less of it would be absorbed into the body, which might make

vou feel better the next day. But Dr Hensel said he would still not recommend it. "If you arrive at a point where you need to be sick you've probably passed the point of no return," he added.

However, as unpleasant as they are, hangovers do serve a purpose - experts say they are nature's warning system to encourage us to

Tips to avoid a hangover

Once you have a hangover, there is no magic cure, although rehydrating, painkillers such paracetamol and ibuprofen, and sugary foods are some of the things that may ease your discomfort. But there are steps you can

of getting one in the first place, beyond the obvious drinkina less.

These include:

- not drinking on an empty stomach
- not drinking darkcoloured drinks if you have found you are sensitive to them (they contain chemicals that blood vessels and tissue in the brain and can make a hangover worse)
- drinking water or nonfizzy soft drinks in between each alcoholic drink
- drinking a pint or so of water before you go to

distractions. All the books on my shelves are ones I love - I am no longer looking and thinking, 'I've not read that'."

Abigail Evans, who has only recently started following the KonMari method, agreed the positive effects were instantaneous. cannot rest until I know my room's tidy," the 26-year-old admitted. That meant that following Kondo's advice and doing a little bit at a time really worked. "I've always been the kind of person who likes a declutter, and she makes it seem really easy."

than Marie recommends clearing out your home.

2016 study, The Dark Side of the Home, found the more clutter people have, the lower - and the lower the productivity. "Clutter is not a good thing," he in this society where our wants become needs," he added. "What we need to do is let go of things. I tell people, do not collect relics, collect relationships."

It is not just Marie Kondo and Prof Ferrari

system which should, in theory, mean you end each evening with no emails in your main inbox, having rigorously sorted, deleted and forwarded every message which arrived during the day. It might seem



For Joseph Ferrari, a professor of psychology at Chicago's DePaul University, this kind of response makes sense. In fact, he would argue you should maybe go further Kondo when

Prof Ferrari's joint their life satisfaction explained. "We are living

advocating the virtues of de-cluttering. There are plenty of other experts out there extolling the benefits, whether it be the home, the office - or even your email inbox.

Take "Inbox Zero" an email management

dream for those of us with thousands of unread emails, but people who achieve this inbox nirvana swear by it - not least, for the positive effect on their mental health. "Most

like an unachievable

Marie Kondo - does tidiness really equal a clean mind?

If you haven't heard of Marie Kondo yet, it won't be long before you do.

Thanks to her new Netflix programme, the Japanese tidying guru has become January 2019's "It girl". Chance is, you already know someone who is usina her "KonMari" method, which promises not only a de-cluttered house, but also a clean mind. "When you put your house in order, you put your affairs, and your past in order, too," Kondo explains in her 2014 book,

The Life-Changing Magic of Tidying. "As a result, you can see quite clearly what you need and what you don't, and what you should and shouldn't do." But is it really as simple as asking whether everything you own truly "sparks joy" and then throwing away anything that doesn't?

'Relationships not relics'

of the belongings in their London home after watching Tidying Up with Marie Kondo. The impact it has made on their mental

Jerrie Sharp and her

partner were inspired to

get rid of about a third

health, she says, is visible. "My partner is bi-polar, and he saw massive difference having his office clear," the radiographer said. "He had so much stuff in there before. "And I have become more productive purely from having no

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of my stress is because I might have forgotten things or am not on top of things, so this helps me relax," explains one of my colleagues.

But the current craze for a de-cluttered life does not end when you have finally thrown away the last sparkfree item. Social media accounts that advocate the joy of cleaning are also sweeping the internet. There is no underestimating interest in such accounts: just look at Sophie Hinchliffe - better known as Mrs Hinch - and her impressive 1.6 million followers on Instagram,

not to mention the book deal with Penguin, all thanks to her cleaning advice. But while many people are inspired by her pristine home and fastidious approach to cleaning, it has left others feeling a little wanting. "Her immaculate house just made me feel depressed about my own home so I unfollowed her." admitted one mother on the website Mumsnet.

Marie Kondo's decluttered homes have not been immune to criticism either - not least for adding another layer of stress to already stressful lives. "The media that surrounds us - both social and mainstream, from Marie Kondo's new Netflix show to the lifestyle influencer economy - tells us that our personal spaces should be optimised just as much as one's self and career," "The end result isn't just fatigue, but enveloping burnout that follows us to home and back."

But could it be worse than that? After all, too much of anything can be a bad thing. "Do we just assume that decluttering is a good thing because it's the opposite of hoarding?" New York psychologist Vivien Diller wondered in The Atlantic back in 2015, pointing to patients who felt a compulsive need to de-clutter. "You take somebody who cannot tolerate mess or cannot sit still without cleaning or throwing things out, and we're talking about a symptom," she noted.

So where, exactly, does all this leave those of us who really aren't that bothered by a little bit of mess, and are never likely to consider whether their socks truly give them joy?

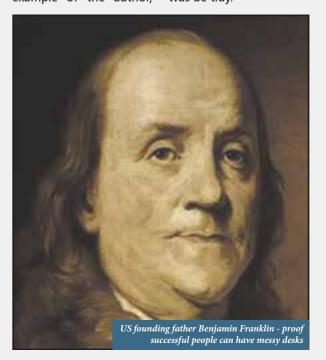
Luckily, you have your own guru (sort of). Meet Tim Harford, columnist, radio presenter and author of Messy: How To be Creative and Resilient in a Tidy-Minded World.

But first, an admission. "I actually did Marie Kondo on my clothes, and it works," he said. However, Mr Harford argues, a messy desk really isn't the end of the world - and the idea everything can automatically be sorted into its proper place within moments of its arrival is not always true. "When you are being

creative - when you are doing stuff - things get messy," he told the BBC. "Trying to tidy things up too early or too often - it is going to lead you to beat yourself up unnecessarily." And for those of us feeling down about our inability to eliminate clutter, live in immaculate homes or get our inboxes down to zero, there is always the example of the author,

investor and founding father of the US, Benjamin Franklin.

"He had this virtue journal where he kept track of all the ways he was going to be a better person," Mr Harford explained. "Looking back at the end of his life, that virtue journal had really worked. "But, he said, there is just one thing I could never do - and that was be tidy."

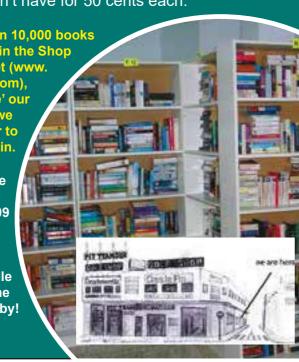


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The innovators helping us sleep

Getting enough shuteye is increasingly seen as a key to wellness – and the sleep industry is booming.

By Sarah Keating

When Kelly Anderson's baby was two months old, she tried to implement a sleep schedule. It didn't work – in fact, the process "almost drove me to the brink of insanity". Anderson gave up on the schedule but, six sleep-deprived months later, realised that she needed help. She called Kate Cohen, a UK-based sleep consultant

who helps families with young children get muchneeded rest. Cohen looks at the household's routine and drafts a sleep plan, a "kind of Bible" for parents to improve their child's sleep patterns. Expert advice like Cohen's doesn't come cheap: packages range from £50 (\$65) for a one-off consultation through to £395 for a full

package. Anderson feels it was worth it, saying: "We would pay again 100 times over."

Since Cohen started her business two and a half years ago, she's had over 250 clients. She's not alone sleep-related products and services are increasing rapidly as the world wakes up to how precious a commodity it is. Sleep is a multi-billion-dollar industry with innovations like pillow sprays, smart alarm clocks and white-noise earbuds vying to attract our attention.

Take the Casper mattress-in-a-box, launched in 2014. Customers could unroll the mattress in the

Continued on page 56...



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Money in the Bank or Money in a Bond? Make an informed choice!

The majority of us keep money in a bank account. Why? Because it is easy, relatively secure, and easily accessible. There is also a Deposit Protection Scheme in place which covers the amount in your bank account up to €100,000 or £75,000. So far, so good?

The Deposit Protection amount has been reduced from £85,000 which was the previous compensation limit. This means that if a bank or building society cannot meet its obligations and subsequently fails, or becomes insolvent, the maximum compensation you will receive will be £75,000 or £150,000 for a joint account (husband and wife).

What about growth on your savings?

Returns are not good, interest rates are hardly inflation-beating and your hard-earned cash is not really being put to work for you. In fact, the average savings account is paying less than 1% per year and some have even reduced to 0.2% or even 0.1%!

So how does this look in reality? Consider this: £20,000 in an average savings account with a gross interest rate of 1% will pay: £20,000 at 1% pa, equalling £200 each year before tax.

What is the alternative? - A Spanish Tax Compliant Bond

Setting up a Spanish tax compliant bond is no more difficult than setting up a bank account, and, once you have invested, you have easy access to your money: regular, or one-off withdrawals, to suit your needs.

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The Bond is backed by an AA-rated financial institution

which is subject to a strict legal and regulatory environment, to European Law, all applicable European directives and regulations and to meet European solvency margins. Under EU law, assets are to be used to repay policyholders should the company be wound up.

The growth on a Spanish Tax Compliant Bond is free of tax until a withdrawal is made -even then only the growth is subject to tax.

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The Oura ring contains sensors that measure pulse waveform through the night aimed at calculating the quality of your sleep



...continued from page 52

comfort of their own home and then had 100 nights to decide if they liked it. If they didn't, it would be picked up. Philip Krim, one of Casper's cofounders, says they set out to reinvent the mattressbuving experience, which he likened to buying a used car in a showroom. "We all agreed that buying a mattress was one of the worst consumer experiences ever," he says. "We just said this is such an important product of life, it makes such a big difference to people, there has to be a better way to shop for and buy these products." Investors seem to like the idea too: since its launch the business has raised over \$240m (£185m) in venture capital funding. Countless other mattress-in-a-box brands have also sprung up but they still only reach a fraction of the market, not least because traditional showroom-based retailers have upped their game in response.

Many of these things are marketed with very, very little evidence base – Professor Russell Foster

One of the biggest mattress retailers in the UK, Dreams, has introduced a colour-coded system to help consumers understand different products better. They've even launched their own mattress-in-a-box for those who want

that option. CEO Mike Logue acknowledges that people may feel a little odd trying out mattresses in a showroom in the middle of the day but says: "This is a very important purchase, get it right." It's not just mattresses, however. Companies are also looking

front. But hidden within it are sensors that measure pulse waveform through the night. They take 250 samples a second, all aimed at calculating the quality of your sleep. This produces a hypnogram which tells people how their sleep developed overnight, explains Harri Lahtela, sales director of Oura. Devices like this, he says, help us take sleep as seriously as we take exercise. He believes sleep's role in our overall wellbeing has been ignored for years. "We're very delighted that finally it's starting to get the attention that it deserves," he says.

Russell Foster, professor of circadian neuroscience at the University of Oxford, agrees, saying understanding of how sleep system and increased likelihood of cardiovascular disease and mental health issues.

People aren't getting enough sleep and companies have woken up to the realisation that they have to do something about this – Christopher Lindholst

As awareness of the benefits of sleep grows, emplovers are paving Christopher attention. Lindholst's company MetroNaps sells a kind EnergyPod, space-age reclining bed for employees to have a quick nap at work. "People aren't getting enough sleep and companies have woken up to the realisation that

they have to do something about this," Lindholst says. "Technology is keeping us awake, people are staying up late watching films, people are working longer hours." MetroNaps was founded 15 years ago in New York and now sells in over 30 countries. One customer is global software company SAP, which has installed an EnergyPod in its Singapore office. Renate Janini Dohman, senior vice-president of human resources, says it has driven a cultural change among

employees. "It's acceptable in our culture that someone is taking care of him or herself, to be able then to be a better performer as they come back to their regular activities." says. And she sees a clear benefit to the organisation. "We know that people are eight times more likely to be engaged or three times more likely to be productive when the company invests in the health and wellbeing of that employee, so it is important to consider that productivity rates are impacted when you have employees that are healthier." Prof Foster can see the cultural shift that's

happening in workplaces. "We've moved from the 80s when it was almost a badge of honour to come in and say: 'I've done another all-nighter', and you'd be slapped on the back.

Now a responsive employer would say: 'Go home, I don't want you in the workplace'."

But he warns that the sleep industry is young, and what actually works and what doesn't remains to be seen. "Many of these things are marketed with very, very little evidence base and so as a scientist I kick back against this. However, if they work for you and they improve your sleep habits then I think you just take it on the chin," he says. After all, the world isn't going to slow down any time soon. The sleep sector can only continue to grow as businesses offer us new ways to get the perfect night's rest. "I think investors see sleep is becoming a real pillar of wellness, that the wellness trend is really only in its infancy and emerging," says Krim of Casper. "Customers are going to continue to spend more and more on their sleep environment."



at how wearable tech can be applied to sleep. Dreams has launched a sleep-tracking app called Napp, which is sold with a pebble-sized monitor that attaches to your bed linen and records things like movement, heart-rate and respiratory performance. It's one of a range of products helping people analyse information so they can make choices - what time to go to bed, what temperature to keep their room at – geared towards a better night's sleep. So far, so functional – but some of these products are aimed at a more discerning market.

At first glance the Oura ring looks like a nice piece of jewellery. The band comes in silver, black or with a row of five diamonds down the affects us has increased. "What's emerged over the last few years is that some really important things are going on within the brain. Our ability to consolidate memories, to process information, coming up with innovative solutions to complex problems are all really important functions within the brain at night," he says. "In essence our ability to function during the day is defined by the quality of sleep we had at night." It's also clear that failing to get enough sleep hits you hard. Prof Foster cites short-term consequences like failure to process information accurately and loss of attention as well as longterm health risks including suppression of the immune

It's not hard to stumble across any number of articles and papers proclaiming the next wonder food to improve your gut health. As scientists increasingly discover the central role that gut bacteria play in our overall health, it's tempting to latch on to these promises to try to revitalise everything from your weight to mental wellbeing. But the science has a way to go before we know exactly what nutrition is best for your gut. BBC Future spoke to leading gut health and microbiome researchers to sift fact from fiction on gut health "wonder foods", probiotics, prebiotics and what changes to your diet could genuinely boost your gut health.

The interest in how improve your gut to health is so high because recent advances begun to unpick how the microbiome affects many conditions beyond those affecting digestive system. Studies have linked gut bacteria known collectively as the microbiome to changes in mood and

mental health, tendency to obesity and to cardiovascular health. For people who want to maintain a healthy weight and mental health, the goal would be a way to "hack" their gut bacteria.

"The general belief that a diverse gut microbiota is a synonym for health, since [these bacteria] are helping us produce nutrients and essential substances that our cells cannot," says Sonia Fonseca, a researcher studying the interactions between the diet, gut, microbiome and brain at the Quadram Institute, "So feeding our microbes with a diverse diet and creating a comfortable environment

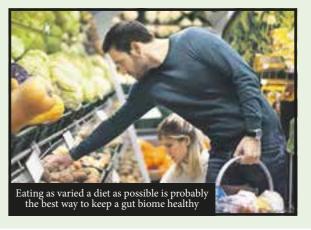
for them seems the right thing to do."

But finding a way to hack your microbiome might be harder than it sounds. For one thing, like much of health research, even though a study finds a link between one food and an improvement in gut bacteria, it doesn't mean that food has caused the change in the microbiome.

"Many studies are based on finding correlations, which even sometimes are contradictory, but only a few are interested in explaining causation," says Fonseca. "That is the challenging part." While headlines may be moving faster than solid science,

How to eat your way to a healthy gut By Martha Henriques

What should you eat to keep your gut biome in good shape? Some old-fashioned advice, it turns out, may be the key.



some clear trends are emerging on things we can do to make a real impact on gut health, says **Kevin Whelan**, professor of dietetics at King's College London. The majority of evidence supports that there are four main ways to do this.

Probiotics

The first is taking foods or supplements with probiotic bacteria in them. These are bacteria that are generally thought to be part of a healthy microbiome particularly common ones in supplements and "live" yoghurts (meaning they contain living bacteria) are called bifidobacteria and lactobacillus. "In general, what we know is that if you take a probiotic yoghurt with those bacteria, we know it will increase the number of those strains in your gut," says Whelan.

That might seem like a logical plan – more healthy bacteria, healthier gut. But of course, that's just the start. It's not just about quantity of those helpful bacterial strains, it's about diversity. "There are many thousands of different types of bacteria found in people's microbiomes. Each individual person might have 150-250 types in their gut," says Whelan. "What we know is that people with diseases generally have a less diverse microbiome - so they tend to be the ones closer to 150 than 250 types." Verdict: Adding a few strains of bacteria to your microbiome through taking a probiotic probably won't boost your gut health diversity all that

Prebiotics

Just one letter different, prebiotics are a source of food for probiotic bacteria to live off, such as inulin (easily confused with but very different from insulin) or galactooligosaccharides. These molecules are often indigestible to humans, so pass straight through the gut to where the bacteria are. "Most research on prebiotics involves giving a sachet of what is mostly carbohydrates to people that only certain strains of bacteria can use, so those strains can flourish," says Whelan.

Microbiome diversity is probably not achievable by swal-lowing a whole range of supplements

While taking a probiotic may be like planting a seed, taking a prebiotic is like nurturing it by giving it the nourishment it needs. But again, this approach comes up against the same limitations as taking a probiotic alone. Verdict: "Prebiotics do not increase the diversity of the microbiome," says Whelan. "They will increase specific bacteria, but they won't increase the number of different types of bacteria."

Mixing it up

So microbiome diversity is probably not achievable by swallowing a whole range of supplements. But there are ways to improve diversity by focusing on the foods you eat. "Have a look at the people around you," says Whelan. "You'll find some people will have the same lunch every day. And in the evening, three or four different main dishes, and they will eat that for a whole year – bar going out occasionally." Even if your habitual diet is balanced, with plenty of fruit, vegetables, whole grains and so on, having a predictable routine is not likely to do

much good for a diverse microbiome.

"Dietary diversity is about challenging the concept of constantly eating the same thing," says Whelan. "For example, if you have fish regularly, make sure it isn't always salmon. Make sure you have wholegrains regularly, but not just wholegrain bread." Verdict: Evidence for the efficacy of specific foods is always questionable, but eating a varied and diverse diet of healthy foods is likely to lead to an equally diverse and healthy

Fermented foods

Studies are also pointing to possible benefits from fermented foods such as



been studied in the field of "psychobiotics", which is when ingesting bacteria of a particular type has a positive mental health effect. Some studies have shown that people taking fermented milk products had lower levels of cortisol, a stress marker, in their blood compared to a placebo control group, and also had a more

and so larger clinical trials are needed before we can be sure, says Fonseca. In general, evidence like this needs to be put in a wider context for it to make any sense. "It has been claimed that people consuming fermented dairy products live longer, so let's say we can consider that fermented products are healthy – but eating only fermented dairy products is not a healthy diet, obviously," says Fonseca. "Everything must be considered in a context including not only diet but also factors such as lifestyle, medication, stress levels and genetics."

Whelan agrees that some people may be taking fermentation too far. "We're suddenly aware in the last year that people have gone kombucha crazy on this whole microbiome trend. People are like, 'Oh this is a natural way to do it, people have been

eating these foods for thousands of years.' But what people haven't done yet is researched whether it will actually change your microbiome," says Whelan, who is working on a review paper on this topic at present. Verdict: Fermented foods may help boost your microbiome diversity – but the science hasn't up with this craze yet to say with certainty either way.

In general, when you see advice that says to eat particular foods or products to boost gut health, it's best to be sceptical, says Fonseca. "I would say that scientific studies are never that conclusive," she says. "People - including myself - get used to reading this type of news that is not accurate or even true, and they end up either being misguided or becoming sceptical about scientific discoveries."

There is a long way to go before we can say there is an optimal diet to boost gut health. But the basic building blocks are there to build a diet that at least gives you a good chance of a healthy, diverse microbiome. While supplements like probiotics and prebiotics might be of some help, one of the best things you can do may be to ditch your routine and try something new.



kombucha and kefir. These foods, which have been made traditionally for thousands of years, have

diverse microbiome. While these results are promising, studies such as this are often small – with two

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What have the Vilkin ever done for us?



Liffe as a Viking was never easy

Days were spent rowing longships, creating intricate art, or telling about duels between gods and giants. Their legacy, however, extends beyond the bloody and gruesome tales that have themselves become legend and synonymous with Viking identity. What, after all their raids and travel across Europe and the globe, have the Vikings ever done for us?

Who were they?

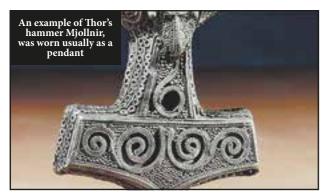
Vikings were peoples from areas of Scandinavia -Denmark, Sweden, and Norway - who planted crops in spring and raided

to Davy Cooper of the Shetland Amenity Trust, jewellery had a practical

"They displayed their religious affiliation through their jewellery. people Many wore Thor's Hammer," said Mr Cooper. Associated with a thunderbolt, it was believed that Thor defended the order of the gods against their foes using the might of the hammer.

The Viking Expansion

Trade became more as the Vikings varied made their way across Europe, bringing conflict and commerce where they went. One example was the Volga River in



towns overseas in summer. The Viking Age - when they were most active in their exploration and raiding - covers the period from the 8th Century until the 11th Century AD. Norse settlers were those from these countries who came following the raids to trade and settle. The Viking people were adept at using the land - many were farmers, in areas where the climate allowed them to grow crops. It was common to find barley, cabbage and turnips in a Viking larder. Art was another strong element of Viking identity. According

modern-day Russia. The Vikings who settled along the river, who were known as the Rus, gave Russia its name.

The Volga Trade Route opened up Northern Europe to the possibilities

America and Greenland. The Vikings termed them "Skræling", meaning "skin-wearer" or "wretched people".

fractious

and potential of trade

with Arabic nations and

the

way "allowed them to buy

the things they couldn't

produce on their own

farms". These included

goods ranging from salt

and dyes to spices which

were collected in exchange

for honey, fur and slaves

taken from the Viking

raids. They travelled even

further afield, arriving

in modern-day North

America towards the end of the 10th Century, where

they are said to have had

with native tribes in

relationships

to

items

from

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the Byzantine Empire.

monasteries along

According

Cooper,

plundered

Vikina was revolutionary.

technology particular, the marine

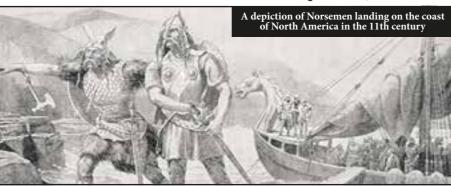
How did they

get there?

for navigation they had a "sun compass" which was, according to Mr Cooper, "a very simple circle with a pin in the middle" which is used to take a reading according to the height of the sun and time of day. But journeys sometimes unexpected final "They destinations. tended to get blown places accidentally, but they knew what direction to sail going back," said Mr Cooper. "That meant they could find the place again, and they could tell someone else how to find it." Having used the

natural world to provide food, the Vikings were able to utilise it in a novel way for navigation - in the form of crystals. Mr Cooper said: "They used a crystal that, when turned in a certain direction it

goes dark, and when it





technology they developed established them as world leaders, and feared anywhere there was water. Mr Cooper said: "[Their ships] were designed for speed, to carry the maximum number of men, and to go a fair way up river systems." He continued: "The shape of the boat meant it created bubbles on the edge of the planks [on the outside of the boat]. To all intents and purposes, a Viking ship rides on a cushion of air, and has far less resistance in water." And



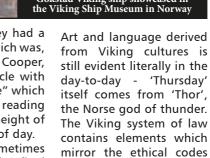
goes in another direction it goes light. So when turned to a light source they discovered that it even worked in fog if they knew where the sun was meaning they could figure out what direction they were travelling in."

Doing their Thing

Viking society has been influential on modern life in numerous ways.

decision, people could be fined, semi-outlawed, or fully outlawed. In 930 AD, Vikings had established the 'Althing' in Iceland. It runs to this day, and is reported to be the world's longest running parliament.

The thing left a mark on local communities, their names being derived from these gatherings. Tingwall in Shetland was the site of the island's local government until the 1500s. Another prominent location is Dingwall in the Highlands. Archaeological evidence was found in 2013 confirming it was the site of a Viking parliament, built on the instructions of a powerful Viking earl. Mr Cooper said: "The Viking system was almost like our current system still works. There was a local Thing, which was a local council. Then there was, for example, a Shetland-wide Thing. Local Things would send representatives to that. Ultimately there was the King and court in Norway.'





with a framework of ownership. Mr Cooper explained: "They are still some of the laws we use to this day; don't kill, don't steal. A lot of it related to property and respecting property."

This loose set guidelines rudimentary laws were discussed at a gathering known as the Thing. At these, alleged criminals would be tried by a group of their peers and could be found innocent or guilty. If the latter was the final

In ways, this structure filtered through into egalitarian aspects of Viking society. Mr Cooper said: "Women had rights in Viking times that they lost and didn't regain for 10 centuries. They could own land, they could inherit land, and they could speak at the Things.

"They were a fairminded race. Despite their reputation. they had rules to live by. "It's just that those rules didn't apply to anyone who wasn't a Viking."

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taurants which could be

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€157.500

Ten locals made into a large party/

FRINA Tenerife SL - Business Sales 922 085191 / 670 636004

FRINA Tenerife SL - Business Sales Ref: 2053 922 085191 / 670 636004

€175 000

€180.000

licensed pool bar, placed in an always busy complex in Los Cristianos. This pool bar is a great success with many returning customers, both residents and tourists. And moreover, it is the only bar and restaurant in the complex, which has 170 apartments and is fully booked year around. The business has the full... For full information see website or contact:

FRINA Tenerife SL - Business Sales Rof: 1909

Costa Adeje, Recycling company

New on the market is this unique

FRINA Tenerife SL - Business Sales 922 085191 / 670 636004

Las Americas, Commercial Property

Warehouse: Large with cellar, three

922 719925 / 922 719889

Los Cristianos, Commercial Property

game bar with separate bar & terrace area. karaoke room, Large game room (for laser games) Ideal for

business including an excursion shop. All build up by one owner and sold Piano Lessons

€200.000

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together as one package. This business is the full package which guarantees you the excursion businesses and even a great located shop to prioritize selling your excursions. Moreover, you will earn

birthday & other parties The Property Gallery Ref: COM529 922 719925 / 922 719889

El Medano, Pub

€150,000 Business for sale. Pub in the centre of Rent 800 euros per month. Vvm Canarias Ref: VS3039 922 787210 / 635 881888

€149,999 - €100,000

Callao Salvaje, Bar/Cafe

For sale in Callao Salvaje is this entertainment bar, which has all the necessary licenses to be open all night and offer live music, karaoke

and other types of live music and entertainment. Today the bar is also known for great live music, pool games, private parties and so much more. Also, note the rental cond... For full information see website or contact:

FRINA Tenerife SL - Business Sales Ref: 2130

San Miguel, Excursion Business €130.000

922 085191 / 670 636004

If you love the sea and dream of relocation to Tenerife, you cannot miss this long-established fishing excursion for sale. The boat is located in the South of Tenerife in the San Miguel harbour, where it has a fixed mooring. Today the excursion offered are quality fishing trips and whether you wish to do trolling, jigging... For full information see website or contact: FRINA Tenerife SL - Business Sales Ref: 2138 922 085191 / 670 636004

Torviscas Alto, Other Business €120,000

In TorviscasBajo area on a street near the beach we have for sale a comprehensive supermarket of 270m2. It is located in the apartment complex known as Sunset Bay. It has electrical installation and refrigerators (with sanitary authorisation). The supermarket also has two cashiers. These commercial premises could also be used for other types of services.

The Property Gallery Ref: COM480 922 719925 / 922 719889

Playa Paraiso, Restaurant

€117.000

Business for sale! The restaurant in the centre of Playa Paraiso. Restaurant plot 100m2, 250m2 terrace. Up to 100 seats. For sale fully furnished and equipped

Vym Canarias Ref: VS2989

922 787210 / 635 881888

Los Gigantes, Supermarket €115.000

This mini market has been established since 1989 and the great figures speak for themselves. The new owner of this small supermarket can earn his investment back in only 1,5 years if it is run like today. Today the mini market is run by a couple with help from a single staff and it is a perfect business to take over for another family who wishes to reloca... For full information see website or contact:
FRINA Tenerife SL - Business

Sales Ref: 1936 922 085191 / 670 636004

Puerto Colon, Excursion Business €105,000 See the listing on a tablet/mobile

friendly website here! If you love the sea and dream of relocating to Tenerife, we have this sailboat for sale in Puerto Colon. Today the boat is used for whale excursion, sunset trips, and private charters. The waters around Tenerife are amazing for charters and whale watching all year round. The boat is a Bavaria Sai... For full information see website or contact: FRINA Tenerife SL - Business

922 085191 / 670 636004

Commercial local in San Eugenio Alto - near the Agua Park. 91.12 m2. money on selling other tours as well. The boat i... For full information see

The Property Gallery Ref: n_234352

Contact us on 653 593 231 / 693 816 888

For sale supermarket in the

municipality of Adeje. Surface of

70m2 30m2 terrace. For sale fully

equipped. He licensed. Well it located

€249,999 - €150,000

PRESS HERE FOR TABLET/

MOBILE VERSION New with FRINA

Tenerife is this freehold restaurant-bar located in TorviscasBajo. The

business opened 33 years ago and

has been run by the same family in all

those years, and it is only for sale

since the owner needs to retire. The

restaurant has a large terrace of 40

m2 and has tables for 32 guests and

a poo... For full information see

website or contact:
FRINA Tenerife SL - Business Sales

922 085191 / 670 636004

€215,000

Vym Canarias Ref: VS2998 922 787210 / 635 881888

TorviscasBajo, Restaurant

on the main street.

San Eugenio Alto, Local €205 200 REPOSSESSION:

website or contact:

El Medano. The surface of 100m2 + 20m2 terrace. License hall and pub.

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€49,000

Palm Mar, Restaurant

Business

Full trading restaurant FOR SALE or

for LEASEHOLD. Sold fully equipped

and furnished. Been established for 8

years. On LEASEHOLD the price is

74.000 with a monthly rent of 1.100.

The Property Gallery Ref: COM537 922 719925 / 922 719889

Costa Adeje, Luggage Scale

This unique business offers large

luggage scales to hotels all over

with 140 hotels on different Spanish

Islands and in mainland Spain, and

the Canary Islands and especially

Tenerife and Gran Canaria are the main areas of business. When the

scales have been installed at the

Today the business cooperates

€265.000

Business Finder

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Busy Cafe Bar





Located on possibly the most popular strip Cristianos. in Los Frequented by locals and holidaymakers alike. Trading for many years with healthy accounts. measures 30m2 internally with bar and toilets. Covered terrace of 17m2. Security cameras outside. inside and Seating for at least 36 Televisions patrons. show a variety of live sports through different receivers. The purchase price will include all fixtures and fittings. This is a great opportunity for someone to take over this turn key business. Great value and must be sold!

€30,000 5035T

Contact us on 653 593 231 / 693 816 888

€99.999 - €50.000

San Eugenio Bajo, Bar/Cafe €96.000

Newly built and new on the market is this large restaurant in a great location next to large hotels and the beach. Today the menu is freshly made Asian food for both take away and dining in the restaurant. The inside is spacious and everything is newly built to high a standard. The premises measures 95 m2 and have a fitted bar, new toilet, and disabled to... For full information see website or contact:

FRINA Tenerife SL - Business Sales Ref: 1949 922 085191 / 670 636004

Los Cristianos, Bistro

€95.000

If you are looking for an easy to run business in Tenerife, you have to visit this ice cream café and bistro in Los Cristianos. The local of the café for sale has the full restaurant license, so it is possible to expand the menu or change the concept. Today the menu is coffee, drinks, ice cream... For full information see website or contact:
FRINA Tenerife SL - Business Sales Ref: 2142

922 085191 / 670 636004

Los Gigantes, Bar/Cafe

€79 000 New business for sale is this bar-café at Los Gigantes Marina. Since located professional kitchen, a storage room. and guest toilets. And all furni... For full information see website or contact: FRINA Tenerife SL - Business Sales

922 085191 / 670 636004

Ref: 2134

Golf del Sur, Bar/Cafe

€76,000 This night club in Golf del Sur has a

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iust at the marina this bar & café have many tourists and regulars. Today the café is known for high-quality food and comes with a great reputation. The premises is 90 m2 and offers a relaxed vibe and tasteful decor. It is placed centrally close to complexes and is very well visited all year round. It is the perfect business for those who love working at night and prefer

mixing cocktails in the bar instead of sweating in a hot kitchen. The bar is open 6 days a week from 18:00 to 02:00 It has been For full information see website or contact: FRINA Tenerife SL - Business Sales

922 085191 / 670 636004

Cristianos, Bar/Cafe/ Los

€72.000

Cake shop open since 1986 being sold with all machinery and a Peugeot Van included in the price. 25% of sales made in the shop & 75% to customers delivered on a daily basis. Rent of 950.00 per month. Machinery includes: Rotating oven, fridge, 2 x freezers, laminator, 3 x display fridges, tables for working, mixer for pastry + other small machinery. Will al... For full information see website or contact: Tenerife Prime Property Ref: B-154

627-230360

San Eugenio Bajo, Bar/Cafe €69.950

If you are a British couple who dream of a pub in Tenerife then this is a great opportunity. Established 9 years with same owners this business has a great reputation and comes with many regular clients. The bar is 50sqm with tables for 16 guests inside, and a terrace of 12sqm for 9 guests. Located close to hotels and residential complexes. Healthy income... For full information see website or contact FRINA Tenerife SL - Business Sales

922 085191 / 670 636004

Los Gigantes, Restaurant

€69.000

This restaurant is known as one of the absolute best in Los Gigantes. Moreover, the business is located just at the marina which secures lots of traffic and a naturally a great view. The premises of the business have a large kitchen, storage, and guest toilets There are a few tables inside, but since the terrace offer a stunning view of the marina most... For full information see website or contact:
FRINA Tenerife SL - Business Sales

922 085191 / 670 636004

Rof. 2135

TorviscasBajo, Retail Food Shop €65,000

If you are looking for a well-established take-away business in a good location, you cannot miss this. The business is located in the area of Fanabe and TorviscasBajo among large hotels and timeshare complexes The terrace is facing a busy street and the customers are both tourists and residents. And the menu is fast... For FRINA Tenerife SL - Business Sales Ref: 2151

922 085191 / 670 636004

San Eugenio Bajo, Fish and Chip Shop €64.000

If you are looking for a successful Fish and Chips shop in Tenerife, you cannot miss this business for sale This shop is known to serve some of the best, classic British fish and chips, and today you can both eat at the

shop, order take away or use the delivery service. The shop has a large terrace of 60 m2, which offers a sea view and tables for about ... For full nformation see website or contact: FRINA Tenerife SL - Business Sales

922 085191 / 670 636004

Puerto Colon, Local

€60.000 Local/office in Terranova, Puerto Colon, Sold unfurnished. The building has a lift.

The Property Gallery Ref: COM509 922 719925 / 922 719889

FRINA Tenerife SL - Business Sales Ref: 2107 922 085191 / 670 636004

Puerto de Santiago, Local

€35.000 Local of 75m2 being sold freehold

This Local is close to 3 large hotels and various residential complexes in the C.C. Santiago 1 in Puerto Santiago. The price has been reduced significantly for a quick sale Tenerife Prime Property Ref: Local 04 627-230360

San Eugenio Bajo, Pub €35,000



Call Donna in our Los Cristianos office

UNDER €50,000

Costa del Silencio, El Trebol €49.000

Small Local of 24m2 with bathroom for sale in El Trebol, Costa del Silencio. This Local is currently set up as a hairdresser but can be used for other activities as well.

Tenerife Prime Property Ref: Local 05 627-230360

Los Abrigos, Commercial Property €40,000

It has a good size for any kind of activities, such as pizzeria, fish or meat restaurant or any oriental specialties including 20sqm terrace. Facilities include a well equipped kitchen, inside seating for around 35 people, ladies and gent's toilets with separate wash room, 7 flat screen televisions. 4 decoder boxes, pool table and dart boards. ... For full information see website or contact:

The Property Gallery Ref: COM544 922 719925 / 922 719889

Las Galletas, Cafe/Cake Shop

€38.000 Bread and Cake shop for lease which will include fixtures and fittings. This is a good opportunity for someone wanting to buy a small business in the busy fishing village of Las Galletas. Owners would consider a Rent only. Tenerife Prime Property Ref: B-114

Los Cristianos, Bar/Cafe

627-230360

€36,000 See the business on our new website

HERE. New on the market is this Los Cristianos bar-pub established since 1988. The current owner had the bar for 14 years and only sell due to retirement. Today the bar-pub is open in the evenings, but the opening hours can be expanded. The bar-pub is classic and furnished with red chairs and dark wood giving this coz... For full information see website or contact:

Business for sale. Cafe & pub in San Eugenio Bajo overviewing the ocean. Rent 2 300 euros per month. Number of seats 40.

Vym Canarias Ref: VS3253 922 787210 / 635 881888

Los Gigantes, Excursion Business

NEW ON MARKET! Easy to run business an excursion shop and e-cafe in Los Gigantes both businesses operate from the same office selling excursions, car/moto rentals, computers with internet access and printer, also offered are coffee and soft drinks. This is an easy to run business with low overheads perfect for a couple or even one person, opening Monday t... For full information see website or contact:

FRINA Tenerife SL - Business Sales Ref: 2111 922 085191 / 670 636004

Las Americas, Commercial **Property**

€20.000

Great position on this fantastic Tattoo Shop in central Playa de Las Americas. The shop has been tastefully refurbished and has a nice reception area, the tattooing room, bathroom and storeroom. Very well equipped. Central area with lots of walk ins. Contact us now for more information! TRASPASO

Tenerife Belfin Properties Ref:

692 146808

Las Americas, Other Business €17,200

BANK REPOSSESSION: Calle Mexico: Commercial local on the ground floor of the commercial centre; with access from the gallery. Located in a touristic area close to the centre of Playa de las Americas. M2: 46.93 Number of floor levels: 1 M2 at the back: 12.15 Number of access points: 1 Year of construction: 1975

The Property Gallery Ref: 118647 922 719925 / 922 719889



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Charter Boat Business Trading 4 years. Fully equipped 11.7m Galeon 390 Fly. Company and boat have all the permissions, paperwork and insurances to trade legally. Puerto Colon berth with home based office. Great earnings, accounts and spreadsheets.

5033T



Busy Tea Rooms Family run business with views over the ocean. Capacity for 13 patrons inside with toilets, large L shaped kitchen. 26m2 terrace for 20 patrons. All legal paperwork in place. Good reported earnings and accounts.



Busy Cafe Bar Located on popular holiday complex, only 2 minutes from centre of San Eugenio. Venue of 75m2 internally with bar, kitchen, toilets and seating. Small outside terrace of 24m2. Fully equipped kitchen.



Estate Agency Located in the Los Gigantes area. Trading since Nov 2014 with healthy accounts. Office of 159m2 with reception area, working areas and conference room. In the rear is a training/study/canteen area with staff toilets.



Prominent Café Bar Ground floor of Puerto Colon. Opened in October last year but car accident has forced owner to closed. Significant monies were spent on reforming. All legal paperwork and opening licence in place.



Fish & Chip Shop Located in Costa del Silencio with great Costa del Silencio with great reputation island wide for its freshly cooked food and the hospitality. Accounts and legal paperwork in place. Fantastic reported exceptional purchase for the money.



Freehold Cafe Bar Playa Paraiso with full opening licence with traditional pub feel. Large terrace with ocean views. All fixtures and fittings are included. Low overheads with good recorded earnings.

€139.000 4045T



Busy Bar The owner has spent more than the asking price on reforming the premises. All legal paperwork is in place. Drinks only at present. Family bar with low overheads make this an ideal

€45,000 5011T



Fantastic Cafe Bar Overlooking Puerto Colon. Large terrace of 140m2. Seating for 65. Interior of 95m2. Over 70,000€ has been spent in reforming the venue. All legal paperwork is in place. Reported takings are very good.

€150.000 5012T



Car Leasing Established business trading 9 years based in the south offering long term and holiday rentals. Full legal contract in place recognised by the police. The sale includes 20 cars. Excellent earnings trading all year round.

€140.000 5019T



Popular Restaurant Located in

€85.000 5006T



Cafe Creperie Great Los Cristianos location and popular all year round. Low overheads. Purchase price will include all fixtures and fittings. Good

€62.000 4074T

Businesses Cafés Restaurants Bars



Segway All licences and insurances in place. Relationships in place with hotels and ticket excursion companies. Accounts available to view personally. Generating lots of cash income.

€250,000

4090T



Freehold Drinks Bar Trading successfully since 2009 in Cal-lao Salvaje when it was created It has built up a good reputation. Very healthy annual net income!

€120,000 3062T



bistro bar in Costa del Silencio.
One of the most popular dining venues in the village. Ideal business for a couple or family Good reported takings and low overheads.

€65.000



Lovely Restaurant In busy area of Los Cristianos. Price includes all machinery, fixtures and fittings.

Earnings are reported to be excellent.

€100,000 2004T



Busy Hair Salon Trading for over 8 years in Las Americas with accounts. 7 styling and 2 hair wash stations, an aesthetical room for waxings, manicures and podicures

€39,995 2091T



the most successful furniture business in the south of Tenerife. Established for over a decade with an enviable reputation. Price includes €300,000 of stock.

€550,000 2094T



Freehold Café Bar with ocean views. Located in the fishing village of Los Abrigos. Good sized bar with indoor seating area. This opportunity represents great value!

€110,000 2056T



Tuk Tuk Based in the Costa Adeje. Tripadvisor excellence award and TV exposure on ITV's Love Island. Business offers escorted tours and private tours. Price includes S.L. tours . Price name, vehicles, authorisations cences, parking and parts 5021T

€119,000



Busy Restaurant Located in Las Americas, wowing residents and holidaymakers. Healthy accounts. Significant monies spent on reforming . Large terrace measures 80m2 for up to 50 diners.

€130.000 5027T



Pool Bar 30 years trading. Accounts available. Good sized bar, seating area, toilets, fully equipped kitchen with extraction and store room. Partially covered terrace and overlooking pool. The owner is open to pool. The ow sensible offers.

€60.000 4085T



Fish & Chip Shop Prime position in Puerto Colon. Popular with in Puerto Colon. Popular with residents and tourists for dining, takeaway and a delivery service! 60m2 terrace area to the front and seating for 60 patrons in total. Reported earnings are good.

€59,000 5022T



Busy Cafe Bar Trading for 35 years in Los Cristianos. Double local of 65m2 with significant reforming throughout at great expense. Legal paperwork and opening licence in place. Fully equipped kitchen.

€157,500 4078T



Entertainment Bar Popular drinks only located in the Las Americas. All live sports shown here on 8 TVs with great sound system. All accounts in place.

€135,000



Diving School PADI and BSAC accreditation. Trading for 13 years. All licences and paperwork in place. Excellent reported earnings. The purchase price includes all stock, equipment, boat and vehicles.



Sign Fitting Company Full sign fitting service and an extensive range of blinds and awnings. Being sold complete, includes 2 vans with livery. Transition period vans wit

€65,000



Men's Hairdressers Great Location. Legal paperwork and opening licence in place. Client base of residents and tourists. This is a lot of business for very

€15,000



Hire Company Long established, successful and trading for 18 years. Hundreds of clients based all along the South coast. All stock, client information, website and



Music Bar This drinks only bar is located in the heart of the nightlife in Las Americas with a 30 year history. Closed since Oct 2017. Opening licence. Measuring 120m2 inside with large bar area and toilets.

€70,000 5020T

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1 Tenerife

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Tasteful Wine Bar In Palm Mar



This wine bar for sale is indeed a unique opportunity – i is not only known for wine and cocktails but also work as a tattoo bar. The bar is refurbished to perfection meassures 60 m2 and has a spacious terrace of 30 m2.

Jet Ski Company



Almost 5 years this company has been open. It includes 10 let bikes, spare parts, tools, PR material, SoMe-accounts, and website with a booking system. Moreover, you get both the license for jet skis and a van with a license to drive clients.

Ocean View Bar & Cafe



This nicely fitted and well-equipped bar-cafe is located in a busy commercial center and offers beautiful ocean views from the large terrace. The internal premises are spacious 90 m2 and the terrace are 40 m2.

Price: 39,000€

Adeje Pizza Restaurant



This restaurant is located centrally in Adeje is kept good condition and measures 100 m2 and has a terrace of 30 m2 – altogether there is room for 60 guests. The kitchen is well-equipped, and the dining area is cosy.

Price: 45.000€

Tapas & Cocktail Bar



This charming bar is in Playa Paraiso. It is spacious 200 m2 and has a beautiful terrace that offers both mountain views and views to La Gomera. Today it only offers tapas and cocktails but it has the potential to grow to a restaurant.

Price: 125,000€

Great Fish & Chips Shop



This shop located in San Eugenio opened 25 years ago and has a strong name! It is known for using local British products to make perfect fish & chips. **Note**; **the shop is also sold as a freehold for 285,000€**.

Price: 69,000€

Bistro In Costa Del Silencio



This beautiful bistro is a known for quality food and a cozy atmosphere. The open terrace enjoys a great view of green areas in Costa del Silencio. Alftogteher, the bistro has room for about 40 guests and is often fully booked.

Price: 56,000€

Bar In Las Americas



This business is located in a large and busy complex in San Eugenio Bajo. The premises are newly refurbished and measures 60m2 and the large terrace is 200 m2. Also the business is sold as a freehold for only 155,000€

Price: 25,000€

Promenade Bar & Cafe



This cafe in Los Cristianos has been established for more than 3 years and is known for homemade food and quality beers. The cafe is 100 m2 with tables for 25 guests and outside on the street terrace are tables for 25 guests.

Price: 54,000€

Cafe & Pizzaria To Rent



This is a rare opportunity to rent! The business is 90 m2 and located in a complex in Adeje. The rent includes all machines and furniture. And the price covers the deposit and the paperwork. Call us for more information.

British Freehold Pub



After 20 years the owner wishes to sell this freehold pub located in Play Paraiso. The pub is 50 m2 and has a large terrace of 53 m2. The pub is very popular among British clients and is open 5 days a week from 12:00 to 00:00.

Freehold Night Club & Bar



This freehold is located in a popular and busy area of Los Cristianos. The premises are 180 m2, which are fully refurbished with kitchen, bar, and DJ both. Moreover, is a terrace of 60 m2. Today the bar is open 18:00 - 04:00.

Price: 650,000€

Snack Bar In Los Gigantes



This spacious snack bar is located in a complex in Los Gigantes. It is fully renovated and has tables for 50 guests inside and 12 on the terrace. The owner has to leave Tenerife, so he is open to all serious offers.

Ref.: 2164

Bargain Hairdresser



This salon is located in a Spa Center with a gym, beauty salons, and a café. The salon is 16 m2 but fully equipped with 2 cutting stations, a washing station, and a reception corner and outside the salon is a commune waiting area.

Ref.: 2158

Long-established Freehold Bar



This freehold bar in Costa del Silencio has been open for 15 years and is popular among British guests. It includes a covered terrace with tables for 24 guests – inside are tables for 28 guests. The owner is open to offers for a fast sale!

Ref.: 2162 Price: 89,000€

Established Jewellery Shop



This shop is located in San Eugenio Alto and has been open for 5 years. It is run by 2 employees and is open 6 days a week. The premises are 35 m2 including shop, toilet and office. Note, the price includes the stock!

Ref.: 2165

Successful Furniture Store



This large furniture store has been open for more than 10 years a proves a healthy income, even with the owner only years a proves a healthy income, even with the owner only working part time in the business. The sales price includes stock for about 300,000€. It is located in the South.

Price: 550,000€ Ref.: 1732

Garage & Workshop

Price: 11,000€



This business has been established for 10 years and is located in an industrial area in the South. The premises are 1,460 m2 including outdoor parking and a fully equipped workshop with lifts and staff bathrooms.

Ref.: 2176 Price: 234,000€

Coffee Bar & Cake Cafe



This charming café is popular and known for delicious homemade cakes and a stunning sea view. If you love baking and Tenerife you cannot miss this opportunity, which is only open during daytime and has tables for 33 guests.

Price: 85,000€ Ref.: 2161

Popular Italian Restaurant



This small Italian café has tables for 25 guests. It is located in Puerto Colon commercial center, is very well established and a preferred breakfast and lunch café for many of the employees in the center and harbour

Ref.: 2072 Price: 55,000€



Price: 32,000€





we are here too







