

# The Tenerife Property & Business Guide

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Luxury Villa – San Eugenio Alto

€1,995,000 Ref: I1473

For more information, please see our main advert on Page 6

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**€675,000**

**NEW CONSTRUCTION IN EL MADROÑAL, ADEJE**



2 bedrooms and 2 bathrooms apartments. Spacious terrace with views. Large community pool. 128 m<sup>2</sup>.

code (285227)



**LOS CRISTIANOS**

**PRICE DROP!**

**€215,000**

**APARTMENT FOR SALE IN LOS CRISTIANOS**

Discover this charming apartment located Los Cristianos, just a few steps from the Pepa Food Market and just 10 minutes from the beach.

code (284308)



1 beds



1 baths



61 m<sup>2</sup>



terrace



**LAS AMERICAS**

**€228,000**

**APARTMENT FOR SALE IN LAS AMERICAS**

Apartment in touristic area, has 41 m<sup>2</sup>, a large room, bathroom and a charming terrace.

code (284027)



1 bed



1 bath



41 m<sup>2</sup>



terrace



**EL MADROÑAL**

**€449,000**

**APARTMENT IN EL MADROÑAL**



3 bedrooms and 2 bathrooms apartment. Near the International School. Community pool. Parking. 164 m<sup>2</sup>.

code (284735)



**GOLF DEL SUR**

**€595,000**

**COMMERCIAL OFFICE FOR SALE IN GOLF DEL SUR**

Fantastic commercial office space for sale with multi-use opportunity in the prominent. 600m<sup>2</sup> multipurpose building. Located close to Marina and Amarilla Golf. Great opportunity!

code (285075)



17 office coworking space!



600 m<sup>2</sup>



**GRANADILLA DE ABONA**

**€345,000**

**CHARMING DETACHED HOUSE IN GRANADILLA DE ABONA WITH A LARGE GARDEN AND COZY STYLE**

code (280817)



3 bed



2 bath



612 m<sup>2</sup>



terrace and garden



**PUERTO SANTIAGO**

**€255,000**

**NEW CONSTRUCTION IN PUERTO SANTIAGO FOR SALE**

Great location in the center of Puerto Santiago, near Los Gigantes. Apartments have a large terrace. In the complex you will find beautiful garden areas and a community heated pool and rooftop solarium.

code (282342)



2 beds



1 baths



59 m<sup>2</sup>



terrace



**€475,000**

**NEW CONSTRUCTION IN LA TEJITA, SEA VIEWS, NEAR THE BEACH, PERFECT LOCATION, BRIGHT, SPACIOUS, MODERN.**

code (285882)



2 beds



1 bath



90 m<sup>2</sup>



terrace



**LA TEJITA**



**ALDEA BLANCA**

**€194,900**

**APARTMENT FOR SALE IN ALDEA BLANCA. NEAR LUTHER KING SCHOOL.**

Code (284695)



49 m<sup>2</sup>



1 bath



2 beds



terrace



**GUAZA**

**€199,000**

**COZY AND SPACIOUS APARTMENT IN GUAZA FOR SALE**

Spacious 2 double bedrooms apartment in quiet building with few neighbors, 5 min from Los Cristianos. Great opportunity for living or invest!

code (286372)



2 bed



1 bath



88 m<sup>2</sup>



closed balcony



**TIJOCO BAJO**



**€185,000**

**APARTMENT FOR SALE IN TIJOCO BAJO**

Apartments with 2 and 3 bedrooms are available from 185,000 euros to 220,000 euros. Parking is optional. Great location in Tijoco Bajo, 5 min driving from Adeje.

code (285086)

55 m<sup>2</sup>

2 beds

2 bath

terrace



**AMARILLA GOLF**



**€197,600**

**STUDIO FOR SALE IN TORIVISCAS ALTO**

Bright studio in Aloha Garden complex, 10 minutes walk from the beach, large terrace with panoramic stunning views.

code (286354)

0 beds

1 bath

32 m<sup>2</sup>

Terrace

**PRICE DROP!** **€525,000**

**VILLA FOR SALE IN AMARILLA GOLF**

Modern semi-detached house with incredible views of the golf course and the sea, has a large garden and community pool.

code (286354)

4 beds

3 baths

318 m<sup>2</sup>

Terrace



**YACO**



**€535,000**

**BRIGHT AND SPACIOUS 4 BEDROOM HOUSE IN YACO FOR SALE**

This impressive property has been completely renovated. Located on a spacious 1,900 m<sup>2</sup> plot it offers the perfect balance between modern comfort and exterior charm.

code (272485)

307 m<sup>2</sup>

4 beds

2 bath

terrace



**TORIVISCAS ALTO**

Founder and CEO Juan Casanova

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2023-2024

## 2 BEDROOM APARTMENT - GOLF DEL SUR



A rare opportunity to become the proud new owner of this top floor apartment, in this extremely well-maintained development. Originally a one bedroom, two bathroom property but the owners cleverly created a second sleeping area, so the property can now comfortably sleep 4 people. The apartment faces West and benefits from mid-morning sunshine until sunsets and views over the golf course, down to the Atlantic Ocean and up to the mountains.

Ref: GOLF01816

Price: €250,000 (approx. £212,000)

## 1 BEDROOM APARTMENT - LOS CRISTIANOS



One bed, one bath apartment, fully refurbished to a high standard. Located on the ever popular Castle Harbour complex, where you can choose to use the property solely for your own use, or, with the complex having a touristic license, it can be an ideal rental investment. Located on the 7th floor accessed by lift, the property offers pool and sea views from the ample terrace area. The interior is bright with modern style furnishings.

Ref: LC00609

Price: €290,000 (approx. £245,500)

## 2 BEDROOM APARTMENT - AMARILLA GOLF



Location, location, location. Sit back, relax, and take in the stunning views from this wonderful two bedroom, two bathroom apartment. Overlooking the Amarilla Golf Course, the San Miguel Marina, and out to the Atlantic Ocean, with the iconic Red Rock making an appearance in the background. The property is top floor of a two-storey building that is very traditionally Spanish, with whitewashed walls and terracotta rooftops

Ref: AMG00634

Price: €295,000 (approx. £250,000)

## 1 BEDROOM APARTMENT - LOS CRISTIANOS



Had enough of taking taxis? You need to move into the heart of town, and this 1 bedroom apartment in Los Cristianos would be perfect. The apartment is on a centrally located complex and has an attractive pool area with a bar. The property has a comfortable living area and terrace to enjoy the al fresco lifestyle, and is being sold furnished. The complex has lift access and communal pool. A perfect base for shops, beaches and restaurants, ideal as a holiday home.

Ref: LC00607

Price: €320,000 (approx. £271,000)

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### 3 BEDROOM LINKED HOUSE - GOLF DEL SUR



A wonderful opportunity to purchase a three bedroom, three bathroom house with fantastic terraces that are immersed in the sunshine all day every day, due to the South facing orientation. Upon entering this beautifully maintained property, you can tell that this more than just a holiday home, it is a home from home and provides such an inviting environment. Originally a 1 bed, 1 bath but cleverly converted. Once here you will not want to leave.

Ref: GOLF01822

Price: €435,000 (approx. £368,500)

### 2 BEDROOM APARTMENT - TORVISCAS BAJO



A VERY rare opportunity to purchase an outstanding two bedroom apartment with amazing views just a short walk from the beaches of Torviscas and Fañabe. Based on a well established development with two pools and within walking distance of all local amenities. Perfect as a holiday home in a great convenient location. The apartment has two terraces, one over 20m<sup>2</sup>, spacious enough for the whole family to enjoy the sun. With full amenities on site, an ideal location.

Ref: LA01963

Price: €445,000 (approx. £377,000)



## SEE WHAT OUR CLIENTS SAY ABOUT US



Could not be happier with the service from the Tenerife Property Shop! I worked very closely with Lee (Sales) and Silvia (Contracts). Lee was incredibly supportive, always available/approachable and guided me through the entire process from start to finish keeping me updated with progress at all times. A very ...

Could not be happier with the service ...

Tommy M



I recently had the pleasure of buying my apartment through Tenerife Property Shop and I cannot recommend them highly enough! Communication was always quick and clear. Every detail was handled with precision, and their friendly, approachable manner made me feel ...

... I felt supported every step of the way.

Valentina Z



Excellent service from Tenerife Property Shop from start to finish. Property sold quickly and was kept fully informed all the way through. Highly recommend using them for buying or selling. Very professional and helpful. Julia F...

Excellent service from Tenerife Property Shop.

Julia F



I would highly recommend people to use this company for buying or selling. We have just sold a property. Neil, Lee, Zoe and Angela are very knowledgeable and helpful. You are kept upto date on the whole process. We had to wait for probate. Even with all that going on ...

... can't thank them enough for all their hard work.

Clifford L



Having decided to buy in Tenerife knowing nothing about the property market I needed above all else a partner in the process that I could trust. I concentrated on researching agencies rather than properties initially and working with Damian at Tenerife Property Shop is the best decision that I could ...

This is an exceptional company ...

Kevin B



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FROM OUR HAPPY VENDORS & PURCHASERS !



*We don't make promises. We give GUARANTEES!*

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## TENERIFE PROPERTIES



### Luxury villa, San Eugenio Alto

Ref: I1473

**€1,995,000**

Tenerife Properties are thrilled to present this luxurious 5 bedroom, 6 1/2 bathroom Villa. Inclusive of a separate 1 bedroom apartment and studio! This beautifully refurbished property has a modern style and lavish finishes. It's immense in size with well-presented outside areas and a stunning private pool.

A bright living room that's attractive and charming, opening onto the terrace. The kitchen is fitted and stylish with a hatch opening to the outside dining table. A convenient WC is situated round the corner. All 5 bedrooms (in the main house) are of good size, well-presented and each have an en-suite. Moving towards the back of the property is the 1 bedroom apartment. A sleek kitchen with a breakfast bar that flows into the large living room. Natural light floods in with access to a private terrace. A well-situated bathroom. The bedroom is of good size, bright with access onto the terrace and a large en-suite. As well, a walk-in wardrobe placed across the hall. One of this villa's highlights are the outdoor spaces! A fantastic private pool, immense roof terrace and two outdoor dining spaces, perfect for Al Fresco living. The cherry on top is the breathtaking views over the sea and towns of Tenerife South. It also has a large private garage for 3 cars and parking. Below you can find the separate, homely, well-presented apartment of good size with a separate kitchen and bathroom.

Please don't hesitate to contact us for viewings!

For further and  
information and viewings  
please contact  
Tenerife Properties:

**(00 34) 922 724 110**

**(00 34) 608 573 443**

lynne@tenerifeproperties.net

[www.tenerifeproperties.net](http://www.tenerifeproperties.net)

## FOR SALE DUPLEX PENTHOUSE WAS ~~€ 739.000~~ NOW € 665.000

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## FOR SALE PARQUE SANTIAGO 2 Garage + connecting shop

Shop 38m<sup>2</sup> - Garage 28m<sup>2</sup>

Large garage with easy access!  
Properties are on separate deeds,  
but sold as 1 unit.

**€ 125.000**

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## Stunning 3 bedroom villa with own pool in Palm Mar

**NEW ON THE MARKET**



We are excited to offer this fantastic villa with its own heated swimming pool situated in the heart of Palm Mar. The property, which has been totally reformed to an extremely high standard with high quality materials and furniture, has 3 bedrooms, 2 bathrooms (1 en suite), an open plan lounge, kitchen and dining area with access to both front and rear terraces, and a lovely roof terrace with superb, uninterrupted views over Palm Mar and out to the sea. Also included is an integrated double garage.

**Price: €P.O.A**

## Palm Mar, Paraiso del Palm Mar

**NEW INSTRUCTION!**



Lovely two bedroom duplex apartment with an open plan lounge/kitchen and guest bathroom on the first floor. The ground floor consists of two bedrooms, bathroom and utility room. There is a private garden with artificial grass. Parking space is included.

**€379,000**



24 Years of Experience in Tenerife South



**Ocean View ( San Eugenio )**

**EXCLUSIVE** Permitted V.V

Ref: 5RA71517 Price: 122.000€  
 1 Bedroom, 1 Bathroom  
 Interior: 41 Mts,  
 NO BALCONY

**Casablanca (Torviscas)**

Ref: 5RB9255 Price: 420.000€  
 2 Bedrooms, 2 Bathrooms  
 - Interior: 64 Mts,  
 Terrace: 40 Mts

**Windsor Park (San Eugenio)**

Permitted V.V

Ref: 5RB9245 Price: 390.000€  
 2 Bedrooms, 2 Bathrooms  
 Interior: 62,82 Mts,  
 Terrace: 23 Mts

**Sunset Bay (Torviscas)**

Permitted V.V

**EXCLUSIVE**

Ref: 5RB9249 Price: 370.000€  
 2 Bedrooms, 2 Bathrooms  
 Interior: 50 Mts,  
 Balcony: 9 Mts

**El Morro (Chayofa)**

**EXCLUSIVE** Permitted V.V

Ref: 5RB1037 Price: 249.000€  
 2 Bedrooms, 2 Bathrooms  
 Interior: 87,12 Mts,  
 Balcony: 12 Mts

**Santa María ( San Eugenio )**

**EXCLUSIVE**

Ref: 5RA7158 Price: 280.000€  
 1 Bedrooms, 1 Bathroom  
 Interior: 38,40 Mts,  
 Terrace: 13,70 Mts

**Las Vistas (Chayofa)**

Ref: 5RC1042 Price: 1.750.000€  
 3 Bedrooms, 4 Bathrooms  
 Garage, Interior: 154 Mts,  
 Terraces : 47 Mts

**Club Atlantis ( Pto Colón )**

Reduced Price

**EXCLUSIVE** Permitted V.V

Ref: 5RA7160 Price: 370.000€  
 1 Bedrooms, 2 Bathrooms  
 Interior: 75 Mts,  
 Terrace: 25 Mts

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Roque del Conde, Torviscas Alto



Lovely 2 bedroom, 1 bathroom corner apartment in Roque del Conde. A welcoming property with a large living room and an open kitchen of American style. The bedrooms are both of good size, bright with fitted wardrobes and the bathroom is spacious, refurbished with a walk-in shower. The terrace is a great feature of this property – large, partially enclosed with stunning views to the sea and pool. Roque del Conde is a quiet and friendly complex with a communal pool. This apartment is also sold inclusive of a garage space.

€295,000

Ref: T1318

Ocean Park, San Eugenio



1 bed apartment with huge, sunny terrace.

€295,000

Ref: N1599

Laguna Park II, Torviscas Alto



1 bed apartment with sea views.

€175,000

Ref: N1598

Marina Primavera, San Eugenio Bajo



1 bed, 1 bath apartment with a bright living space, a large terrace with sea views and a comm. pool.

€275,000

Ref: N1596

El Camison, Las Americas



Brilliant 1 bed apt, refurbished to a high standard with a large terrace and communal pool.

€325,000

Ref: N1595

Sunset Bay, Torviscas Bajo



Beautiful 3 bedroom, 2 bathroom apartment in the popular Sunset Bay. Lovely large living room with tons of natural light and space to relax. The kitchen is American style, fitted and fully equipped for your immediate use; there is a ceramic hob and has recently been refurbished. The three bedrooms each have fitted wardrobes, light, space with a vanity. There is a very large, south-facing terrace and patio with an immense amount of space to enjoy the sun, gather as a family etc. This complex has two large pools, 1 of which is heated, shops, restaurants and is near to lots of entertainment and less than a 5 minute walk from the beachfront. This apartment would make an excellent holiday home and/or investment property.

€339,950

Ref: I1443

Windsor Park, Torviscas Alto



2 bed apartment with large terrace and sea views.

€325,000

Ref: T1285

Tinarte Garden, San Eugenio Bajo



Great 2 bedroom bungalow. Wheelchair friendly.

€375,000

Ref: T1310

Detached villa, San Eugenio Alto



Luxurious 5 bedroom, 6 1/2 bathroom Villa. Includes a separate 1 bedroom apartment and studio! This beautifully refurbished property has a modern style and lavish finishes. A bright living room that's attractive and charming, opening onto the terrace. The kitchen is fitted and stylish with a hatch opening to the outside dining table. All 5 bedrooms (in the main house) are of good size, well-presented and each have an en-suite. Moving towards the back of the property is the 1 bedroom apartment. A sleek kitchen with a breakfast bar that flows into the large living room and a bright bedroom with en-suite. A fantastic private pool, immense roof terrace and two outdoor dining spaces, perfect for Al Fresco living. The cherry on top is the breathtaking view over the sea and towns of Tenerife South. Private garage and parking.

€1,995,000

Ref: I1473

Los Geranios, San Eugenio



1 1/2 bedroom apartment with fantastic sea views on front line complex.

€485,000

Ref: T1308

Casablanca, Torviscas Alto



2 bed penthouse apartment with garage space and storeroom.

€399,000

Ref: T1301

Detached house, Valle San Lorenzo



Detached unfinished house on plot of 650m2.

€395,000

Ref: I1485

Villas del Duque, El Duque



3 bed townhouse. Luxury complex.

€795,000

Ref: I1479

Translators available for any other languages.



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**C/ Luciano Bello Alfonso No. 5,  
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 LAS CHAFIRAS  
 38639 Santa Cruz de Tenerife**



### Residencial Paraiso 5 – PLAYA PARAISO - 235.000€



Modern and spacious, one bedroom apartment located next to the new shopping center in a well located quiet residential community. This quality construction offers one large bedroom with private balcony, bathroom, open plan fitted kitchen and lounge / dining room with terrace. This apartment comes with private secure parking and the community facilities include elevator, gardens and swimming pool. Rare opportunity.

### Teneguia II, PARQUE DE LA REINA 325.000€



Refurbished three and a half bedroom Penthouse apartment with amazing 65m2 roof terrace. Featuring independent modern, brand new fitted kitchen, utility room, three double bedrooms, two bathrooms, and office/bedroom on the top floor that joins the newly tiled sunny roof terrace with sea and mountain view. The property is located in a community with swimming pool and gardens and comes with a private parking space, all accessible by lift. Available to view now!

### Sueña Azul – CALLAO SALVAJE - 635.000€



Amazing three bedroom private villa with pool. With direct road access this bungalow offers three bedrooms, two bathrooms, semi separate kitchen, and lounge / dining room. Plenty of outside space and additional storeroom. Ample street parking, in this quiet secure, residential area. Close to bars and restaurants and easy walking distance to the beach. An excellent opportunity to own this detached property that also has great letting potential.

### Private Villa, LA CALETA 1.595.000€



A truly unbeatable location. This stunning villa is located in the perfect spot, right in the heart of La Caleta, with the ocean front walkway just on your door step. This spacious property offers four double bedrooms, the master en-suite. Bathroom, independent kitchen, utility room, dining room, large lounge leading to a private outside dining area with sea views. Amazing roof terrace with panoramic sea and mountain views. Front and back garden and direct access to the beautiful community swimming pool.

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Calle Tagara,  
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 Local 8  
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**OPPORTUNITIES OF THE MONTH!**

GUIA DE ISORA	FASNIA	GUIA DE ISORA	GRANADILLA
	<p><b>REDUCED!</b></p>		
<p>Discover this incredible fully operational agricultural estate with a total plot of 6,831sqm. This property offers ample space to cultivate and thrive in the agricultural business.</p>	<p>Nestled on the first line of the beach, this spacious (108sqm), ground floor apartment in Los Roques de Fasnía has 4 bedrooms and 2 bathrooms and enjoys direct access to the beach. Exclusive parking adds to the convenience.</p>	<p>Finca - 10,000m<sup>2</sup> of natural beauty with 220 olive trees yielding award-winning olive oil, plus an array of fruit trees. This haven offers two furnished homes, each with independent entrances.</p>	<p>Lovely house with spectacular interior in a really quiet area with lovely views, incredible pool, and gardens full of tropical trees and flowers.</p>
<p>Ref: 1290      €370,000</p>	<p>Ref: 1322      €278,000</p>	<p>Ref: 1321      €2,100,000</p>	<p>Ref: 401      €570,000</p>

**With almost 20 years working in this business, we understand the land and the people! If YOU would like a piece of land and some space, WE can help! Call us!**

**PROPERTIES WANTED FOR RENT  
 CLIENTS WAITING!**

PLAYA SAN JUAN	SANTIAGO DEL TEIDE	TIJOCO BAJO	TIJOCO BAJO
<p>Large plot (11,000sqm) with a 110sqm house suitable for renovation.</p>	<p>This property, strategically located on an urban plot of 300sqm, is much more than a house; it's a blank canvas for your dreams.</p>	<p>A unique property with lots of potential. 13,000sqm plot featuring olive groves and orchard with a 120sqm main house and a quaint 30sqm cottage all at under 300 meters above sea level. Panoramic views.</p>	<p>Your chance to have it all! A 300sqm house with two beautiful apartments (40 and 50 sqm). This property offers versatility, comfort, and an excellent investment opportunity.</p>
<p>Ref: 532      €298,000</p>	<p>Ref: 1317      €350,000</p>	<p>Ref: 1310      €546,000</p>	<p>Ref: 1187      €750,000</p>
TAUCHO	ALCALA	GUIA DE ISORA	GUIA DE ISORA
<p>Dream space: 2,800sqm for your ambitious projects. Embrace nature's serenity. Invest in La Quinta, your perfect refuge!</p>	<p>Unique opportunity! Spacious house for renovation in exclusive area. Stunning 80,000sqm finca with eater tanks and greenhouses and a 170sqm house surrounded by villas. Spectacular views and just 200 meters from the sea and close to the beach.</p>	<p>Suitable for reform - charming Canarian property with extensive land surrounding the home with gardens and entertaining areas in the middle of nature.</p>	<p>Finca (10,000sqm) with vineyard and small house.</p>
<p>Ref: 1325      €40,000</p>	<p>Ref: 1319      €900,000</p>	<p>Ref: 1267      €130,000</p>	<p>Ref: 1185      €260,000</p>

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**REDUCED!**



Ref: S-05 1380



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There is a large lounge/dining area, an open plan, fully equipped fitted kitchen and garage for 4 cars with

direct access. One of the bedrooms is situated in such a way that it could easily be converted into a separate studio, or granny flat. Extras include aircon and central heating throughout, and solar panel heating for hot water and the pool.

This large Villa is very well situated in a small, very central village, located between the airport and the southern resorts of los Cristianos and Playa de las Américas. With nearby property very popular as exclusive holiday let's this property has fantastic potential as a letting investment. It's rare to find such a large property on a very large plot with sea views in such an excellent location. Call now, come see for yourself!



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### Charming Rural Finca



Stunning rural finca on 15,000m<sup>2</sup> plot with 600m<sup>2</sup> of constructed area, all nestled amidst picturesque mango trees, the finca provides a serene and productive environment. The property has 3 bedrooms, 3 bathrooms, various living rooms, a large kitchen on the ground floor, a wine cellar and a swimming pool, plus a room with a bathroom with a separate entrance.

€2,700,000

Ref: O270

### Los Abrigos, Penthouse apartment



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€360,000

Ref: LA360-2

### Costa del Silencio, Coral Mar



**GREAT INVESTMENT!**

This first floor apartment has been recently revamped and tastefully furnished, and, while registered as Commercial can easily be converted to Residential. The property has 2 spacious bedrooms, 2 bathrooms, a semi-independent kitchen, a big and bright living room and a lovely double terrace. There is a community pool on site or only a 5 minute walk to the famous Yellow mountain with a natural bay area.

€223,000

Ref: CDS012-CM223

### Las Rosas, 2 bed apartment



Beautiful 2nd floor apartment on 3 levels, with independent kitchen, living room with large windows and a toilet on the ground floor. On the first floor there are two bedrooms and a full bathroom, from here you access the third floor where you can find the utility room and beautiful terrace with the possibility of converting it into a third bedroom. Sold unfurnished. There is also a garage space included.

€212,000

Ref: LR991-CI212

### Buzanada, 2 bed apartment



Lovely 2nd floor apartment (58m<sup>2</sup>). Living room with balcony off which enjoys beautiful views, fully equipped open plan kitchen with a breakfast bar, 2 bedrooms with built-in wardrobes and 1 complete bathroom with a walk-in shower. It also has a parking space and a storage room. It is sold fully furnished and ready to move into.

€165,000

Ref: B661-CM175

### Costa del Silencio, La Hacienda



A lovely ground floor 1 bed, 1 bath apartment in this sought after complex with beautiful pool area. Cozy, but spacious interior with nice open plan fully fitted kitchen with breakfast bar and a very bright living room that leads out to a nice sunny terrace. Turn-key property which must be viewed.

€219,000

Ref: CDS512-LH229

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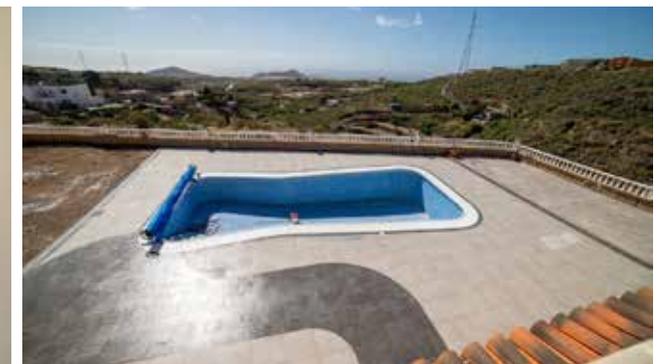
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## El Salto - Two stunning villas!



Ref: S-08 1527 €1,500,000



Two beautiful villas sharing the same plot in this outstanding, quiet southern location. An ideal opportunity

to, perhaps, own a stylish modern home and a highly desirable property to rent on the holiday market. The

main property, offering lovely views, has five double bedrooms, five bathrooms, an open plan ground floor with

American-style fitted kitchen, snooker room, guest WC and a large lounge/dining room, plus a large heated swim-

ming pool - ideal for entertaining.

The second property is a 3 bedroom home also with a

private heated pool and has been refurbished to the highest of standards. Viewing is highly recommended.





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Ref: AMG00635

Price: €545,000 (approx. £462,000)

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Ref.: D1301

Price: 820,000€

**2 Bed in Torviscas Bajo**



This 2-bedroom apartment is the perfect opportunity to live in one of the most desirable areas of Tenerife. The total area is 62m2 with 2 modern bedrooms and a well-appointed bathroom. The living-room is connected with the kitchen. Moreover, is a lovely private balcony with partial sea view.

Ref.: D1306

Price: 310,000€

**3 Bedroom Townhouse**



Townhouse in very good condition in Piedra Hincada, 3 bedrooms, 3 bathrooms, Master bedroom with sea views. Large kitchen, living room, interior patio, terrace, garage and solar panels. South facing, 128m2 in total. 5 minutes from the beach and the highway, a very quiet area.

Ref.: D1296

Price: 250,000€

**House outside Santiago del Teide**



Land of 1128m2 with a house of 50m2 that can be expanded. Located in Retamar that is a neighborhood that belongs to the municipality of Santiago del Teide, it is located about 3 kilometers from the Town Hall, and at an altitude of 800 from sea level.

Ref.: D1304

Price: 126,000€

**Sea view 2 Bed in Los Cristianos**



Exceptional property centrally i Los Cristianos, just 500 meters from the sea that offers breathtaking views of the sparkling ocean from every window. Newly renovated with generously-sized bathroom, American-style kitchen with open living room, sea views and 2 bedrooms. A must-see!

Ref.: D1300

Price: 275,000€

**House in Santiago del Teide**



Rustic house for sale in the center of the town of Tamaimo, Urban estate of 472m2 with 116m2 built. The house has two bedrooms, a bathroom, kitchen, large living room, adjoining porch. Outside, it has a patio with a barbecue and an orchard with fruit trees.

Ref.: D1287

Price: 231,000€

**2 Bed in Santiago del Teide**



For sale in Los Gigantes, municipality of Santiago del Teide is this apartment with 2 bedrooms complete bathroom, large terrace with stunning views of the sea and the port of Los Gigantes. 79m2 in total (16m2 terrace). Located on the second floor.

Ref.: D1298

Price: 275,000€

**Plot for sale in Roque Vento**



Rustic/Agrarian plot of land for sale in the area of La Florida, Valle San Lorenzo, Arona, total M2 of the plot 3,237, with views of the coast/sea, easy access from the main road to Valle San Lorenzo. 10/15 minutes from Los Cristianos and Playa de las Americas.

Ref.: D1303

Price: 45,000€

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## Tenerife Island Rentals & Buy Tenerife

### CASTLE HARBOUR, LOS CRISTIANOS

This charming apartment is located on the second floor of a building with elevator access, located in a great area of Los Cristianos. It consists of two good sized bedrooms and two full bathrooms, the main bedroom has an ensuite bathroom, equipped with a bathtub. The American kitchen is harmoniously integrated with the spacious living room, from where you can access a closed balcony with spacious dining area. In addition, on the same floor there is a heated swimming pool with a pool bar. The complex has a 24-hour reception. The complex allows VV licenses, offering a unique opportunity for investment or personal enjoyment. This is a property in good condition, built in 1990, ideal for those looking for a cozy home with all the comforts. Don't miss the opportunity to visit it and fall in love with this place full of charm!



€279,995

Ref: AP0763

### NEPTUNO, LA CALETA



Priced to sell in the fashionable area of La Caleta, this property is nestled in a quiet cul-de-sac, just a short walk from the popular La Caleta and Del Duque coastlines. It features private underground parking and a storage room. The apartment boasts an American-style kitchen with an open-plan living area and a tiny corner closed terrace. It includes a spacious bedroom with built-in wardrobes and a sizable bathroom complete with a bath and vanity unit. Convenient local transport links are nearby, and T3 Top Training, one of Spain's premier training centers, is just a 5-minute walk away. A variety of chic local restaurants and coffee bars are also within easy reach.

€285,000

Ref: AP0769



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- Community Pool: Yes
- Views: Sea / Pool / Mountain
- Monthly Community Fees: €127



VIEWING BY APPOINTMENT ONLY

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## TENERIFE SOUTH REAL ESTATE ASSOCIATION



### Canary Islands Government and Administrations

**Tenerife South Real Estate Association** wishes to voice its grave concern and disappointment with the Canary Islands government regarding the rising tide of tourism -phobia within the archipelago, the draft of the legislation targeting vacation rentals, and the apparent efforts to stifle economic activity driven by real estate investments from non-residents.

We have observed with alarm the growing intolerance and hostility directed at foreigners, particularly tourists, by certain segments of the population.

Tourism is the principal motor of the Canary Islands' economy, accounting for 40% of all jobs on the islands and directly contributing more than 20.000 million euros each year.

It is perplexing that, in a region with one of the highest unemployment rates in Spain, there is such widespread intolerance towards foreigners, who each year inject both economic prosperity and cultural vitality into the islands.

In our view, this intolerance is fueled by misleading narratives, often perpetuated by misguided political figures, who for years have focused on attracting tourists and investment without adequately planning for the resultant population growth and its demands.

We find it difficult to understand how the narrative has taken hold that the lack of affordable housing is due to vacation rentals.

The truth is that the shortage of affordable housing for residents and workers is not caused by the 40.000 vacation rentals homes across the islands. Instead, it is the result of poor political management. Despite amassing billions in revenue from tourism, foreign investments, and European funds, there has been a failure to invest in essential infrastructure such as social housing (VPO), residential developments, hospitals, medical centers, roads, and water treatment plants.

While we empathize with the frustration stemming from these deficiencies, we believe that this discontent should be directed at the true culprits—those who have failed to anticipate, manage, and resolve these issues—rather than at tourists and foreign investors.

There is also a notable shortage of long-term rental properties, exacerbated by the current housing laws, which overwhelmingly favor tenants, including defaulters and squatters, leaving landlords without adequate legal protections.

As a result, 211.000 properties remain vacant because their owners are reluctant to rent them out due to the lack of governmental safeguards.

The association recognizes that vacation rentals play an essential role in the islands' tourism sector.

We strongly disagree with the draft legislation proposed by Mrs. Jéssica del Carmen de León Verdugo, Minister of Tourism for the Canary Islands.

We believe that any regulation of vacation rentals must be the result of a balanced consensus, given that this sector is an integral part of the economic engine driving the islands.

Vacation rentals have proven to contribute significantly to the local economy, benefiting supermarkets, bars, restaurants, cleaning services, laundries, gardening companies, and home and pool maintenance businesses.

Moreover, these rentals provide substantial economic benefits to property owners, many of whom are Canarian locals.

We firmly oppose any measures aimed at curbing economic activity resulting from real estate investments by non-residents in the Canary Islands.

For the islands, the inflow of capital and investment is of paramount importance. These developments, acquisitions, and operations provide employment to many Canarians and residents, thereby bolstering the local economy.

Additionally, these activities contribute significantly to municipal coffers through taxes and fees.

We categorically reject the notion that this influx of investment has a negative impact on the islands and disagree with the stance adopted by the Government of the Canary Islands and other administrative bodies.

**Tenerife South Real Estate Association** calls on the government of the Canary Islands and other authorities to reconsider their current position and to work towards fair and sustainable solutions for the archipelago.

The association stands ready to collaborate constructively in the development of policies that promote the well-being and economic prosperity of the Canary Islands.

Rubén Darío Rodríguez – President

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# 'Many happy returns': an exclusive Jack Reacher short story by Lee Child



Illustration by Chris King

**T**ony Jackson had worked 30 years for MI5.

He was a grammar-school boy recruited straight out of his redbrick university, after sitting a fast-track civil service exam. His results had not impressed the civil service itself, but clearly something in his psychometric paper had caught someone's eye. Two weeks after his formal rejection he received a plain and enigmatic letter inviting him to an appointment at a hotel near Regent Street. Just after his arrival he had been required to sign the Official Secrets Act. Just before his departure he had become a government agent. Thirty years later he still was, now an Assistant Director, in charge of all his nation's counterterrorism efforts.

His three decades of service had been hard and varied, played out against an endless conveyor of evolving threats. He had kept up pretty well. Better than most, in fact – hence the promotions. Now he was considered a mentor. Which he disliked, because such a notion was inevitably regressive. He knew only about the past. No one knew about the future. When asked the number one lesson his years had taught him, he would answer honestly: really the only lesson his years had taught him was never ever to leave the last of your Christmas shopping until Christmas

Eve. Because something always happened on Christmas Eve. Sometimes big, sometimes small. But always something. Everything else changed all the time. Christmas Eve seemed to be the only constant in the intelligence world.

And sure enough, at eight in the morning on the 24th, at home, his landline rang. Which was OK. His shopping was done. On the phone was the duty officer at Thames House. A woman. Almost certainly a shift-swap volunteer, given the calendar, earning goodwill by sending others home to family. Hence almost certainly young, single and dedicated enough to disappoint her own family by staying in town. She said her name was Ann Cassidy, and that she thought he should come in and take a look at something.

Everything else changed all the time. Christmas Eve seemed to be the only constant in the intelligence world

He asked, 'Is the canteen open yet?'

'Yes,' she said.

'Have them send up a bacon sandwich and a pot of coffee. And a mince pie. I'll be there in ten minutes.'

His driver was waiting at the curb outside his house in a heroically polished Jaguar saloon. The drive to the office was easy. Traffic was light. Pedestrians were few. It was not long after eight. Panic shopping would start

at ten.

His breakfast was waiting at the head of a long table in the middle of a long room full of screens, where any of London's cameras could be followed in real time. Most cameras overlapped, and some could be moved remotely. Up, down, left, right. Whole damning narratives could be built.

In the room were three people. Ann Cassidy, the duty officer, maybe 30, dressed like a normal person in jeans and a sweater. A Christmas perk. Next to her was the duty analyst, who was a man a few years older, and a technical operator on a rolling chair, scooting left, scooting right, pressing buttons, nudging joysticks.

Jackson said, 'Talk me through it.'

Cassidy said, 'We got a routine note via British Airways from Homeland Security in the US about last night's dinnertime departure from JFK to Heathrow. Which arrived two hours ago. They had two items of low-grade non-urgent concern. The first was an American male travelling on a passport issued directly by the State Department.'

'A diplomat?'

'No, a paying customer. Diplomats don't pay. The point was this man didn't go to the New York passport office or wherever. Or the post office in some Wild West town. He wasn't an employee, yet the State Department opened its secret vel-

vet-lined vault and handed him a passport.'

'For this trip?'

'No, the passport is eight years old.'

'For a trip eight years ago, then. Somewhere in the world. No doubt to do the State Department a service. No doubt larded with plausible deniability and zero connections back to them. Merely a private adventure. Were there any, eight years ago?'

'They're looking into it, and so are we.'

'What was Homeland Security's second concern?'

'An American male who boarded with absolutely no luggage. No checked bags, no cabin bag, no backpack, no man bag, absolutely nothing. TSA traced him back on their hard drive to the security line. The overhead cameras show him approach the conveyor and empty his pockets into a dog bowl. Five items only, believed to be his passport, his boarding pass folded into thirds, a bank card of some kind, a thin wad of US dollars folded once, and what we think is a travel toothbrush. Nothing else.'

'OK,' Jackson said. 'I agree that's fairly unusual.'

'Hence their note,' Cassidy said. 'They ran their numbers and virtually no one flies transatlantic with absolutely nothing. It must be virtually impossible. Even the minimalist hipsters with homes in both places pack moisturiser.'

'So on the one hand we have a long-ago and possibly sinister State Department contractor, and on the other hand we have someone who, after discarding the boarding pass, will continue his life's journey with just four items to his name.'

'He knew he would be a person of interest. But he's not hiding. He's making sure we see him'

'Not exactly, sir, no.'

'How so?'

'They're the same passenger.'

Jackson didn't answer.

The analyst said, 'We felt either circumstance was interesting in itself, but both together, much more so.'

'Do we have a name?'

Jackson asked. 'Supposed to be with us any minute. Plus a background check.'

'Are you tracking him?'

'Right here,' said the operator, tapping a screen. 'We got him at the aeroplane door, through a process of elimination. Very easy. Two hundred passen-

gers, 14 crew, he was literally the only one carrying nothing.'

'Where is he now?'

'Outside Paddington station. He took the train from the airport.'

'What's he doing?'

There was a pause.

The analyst said, 'We think he's following somebody.'

'Show me,' Jackson said.

The operator clicked a button and a still frame lit up a large screen at the end of the room, bright and clear and easy for all to see. The frame was an expanse of white.

'Establishing shot,' the operator said. 'Like a chain of custody. This is the aeroplane door, about to open. Our own CCTV in the jetway, set high. An early facial recognition trial. Didn't work, but we kept the cameras. Our man is the 60th passenger to leave. Which probably puts him in premium economy. Which he probably chose for the leg-room.'

'More than probably,' Jackson said.

The screen was showing the plane door filled on the inside by a man taller than the opening and nearly as wide. He paused a second and turned sideways and ducked his head and stepped out of the gloom. He stopped and faced front and rolled his shoulders and clicked his neck. He lifted his face as if to the sun. His arms hung down by his sides. His hands were empty. He was a very big man. Close to two metres tall, close to 120 kilos. Arms like an ape and hands the size of the turkey Jackson had defrosting in his larder.

The man moved on. The screen changed to the first of Heathrow's own cameras, at the jetway exit. The man stepped out and followed the crowd, walking easy. More cameras showed his progress, which slowed badly as corridors merged and one planeload of people became two, then three, then four.

The big man was no longer walking easy. He was swaying left, swaying right, sometimes slowing, sometimes speeding up, periodically stretching tall and raising his head.

'See?' the analyst said. 'Subconscious movements left and right and fast and slow, because he's mimicking the person he's following, and he's craning to look ahead because he's worried about losing his target in the

crowd.'

Jackson waited. Ann Cassidy was saying nothing, fairly conspicuously. He asked her, 'Don't you agree?'

'Not completely,' she said.

'Which part?'

'I agree he's following somebody. The behaviour stays the same all the way to the train and beyond. The subconscious movements are a classic tell, although I'll come back to that, if I may. What I don't agree is that he's craning his neck to see ahead in case he loses his target. He's two metres tall, for goodness' sake. He doesn't need to crane his neck. He could crouch down a bit and still see perfectly well.'

'So what's the craning about?'

'We need to start again at the plane door. What does he do?'

'He steps out and loosens up. He's stiff. He's a big man and he's been in a small chair for seven hours.'

'What else?'

'You tell me.'

'He tilts his face up. There was no need for that. He had just uncricked his neck another way, and it wasn't his face that was stiff from seven hours in a chair.'

'So why?'

'He found our camera and looked straight into it for two whole seconds. Square on, chin up. Then he walked on, and every single camera he passed, he identified it and raised his head so it could get a good look at him.'

'Why would he do that?'

A computer dinged before Cassidy could answer. A message coming in. The analyst ducked away to check it. He called out, 'Here it is, chapter and verse. His name is Jack Reacher, he's a retired US army military police investigator, he was here in London eight years ago, using the same passport, at the request of the State Department, the CIA and military intelligence collectively, because there were credible projections of a sniper attack at the G8 summit and apparently Reacher knew the likely suspect, having arrested him in the army many years before.'

Jackson made the calls. Unmarked cars, plain clothes on the street, drones, the whole nine yards

Jackson said, 'Nothing happened at the G8 eight years ago.'

The analyst scrolled on.

Continued on page 24

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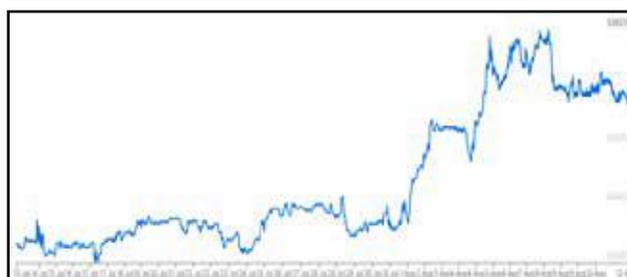
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## US dollar jumps as US payrolls smash expectations



**Staying on top of the latest currency news can help you time your transfers more effectively, so find out what you should be looking out for over the next couple of weeks...**

### Latest currency news

We have seen some dramatic swings in the pound, euro and US dollar over the past couple of weeks as concerns over the US economy rippled through markets. During this time, we've seen GBP/EUR slump from  $\square$ 1.18 to  $\square$ 1.16, while EUR/GBP jumped from  $\square$ 0.84

to as high as  $\square$ 0.86, before settling at  $\square$ 0.85. Meanwhile, GBP/USD traded between \$1.28 and \$1.26, while EUR/USD struck a low of \$1.07 before rebounding to \$1.09.

### What's been happening?

The trigger for the recent volatility were some abysmal payroll figures from the US. The US dollar subsequently plummeted as these raised fears that high interest rates would lead to a 'hard landing' for the US economy. Concerns over which prompted a dramatic market selloff in the second week of

August. In addition to getting caught up in the wider market selloff, the pound was also pressured in the first half of August by the Bank of England's (BoE) latest interest rate decision as the bank cut rates for the first time since 2020. Meanwhile, the euro was able to trend broadly higher over the past fortnight as the single currency benefitted from its negative correlation with the US dollar, as well as stronger-than-expected Eurozone inflation and GDP figures.

### What do you need to look out for?

Looking ahead, the immediate focus for GBP investors will be a slew of high impact UK economic data releasing over the coming week. Could an acceleration of inflation or a robust GDP print weaken BoE rate cut bets and lift the pound? For USD investors the focus will be on the

Federal Reserve, with the latest US inflation figures and the bank's annual Jackson Hole Symposium set to shape expectations for a Fed rate cut in September. Finally, the euro's recent gains may be tested over the next couple of weeks, particularly if the Eurozone's latest PMIs report activity in the bloc's private sector remained weak this month.

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Continued from page 22

'The sniper suspect was found shot to death in a house in Romford, along with a number of local east London criminals and gangsters, all dead too, from various causes, none of them natural.'

'So someone pre-empted the problem. Does it say who?'

'The report is silent on that matter.'

Cassidy asked, 'Do we assume this man Reacher did it?'

Jackson said, 'Can't rule him out, obviously.'

'Exactly. That's what he predicted. He knows how these things work. He knows we have cameras. He knew he would be a person of interest. But he's not hiding. He's not wearing a hat and looking down. Quite the opposite. He's making sure we see him. And his movements are totally exaggerated. Because he's signalling to us. He's saying, you know who I am, and you need to know I'm following somebody.'

'That's incredibly elaborate. Why doesn't he just give us a ring?'

'Go back to the security line. What was in his pockets? He doesn't have a phone.'

There was a pause.

Jackson said, 'Who is he following?'

'We can't tell,' Cassidy said. 'Could be any one of the 59 people in front of him.'

'Where is he now?'

The technical operator scooted left and hit a switch and the live feed came up on the big screen.

'He's leaning on a railing in Westbourne Terrace,' the operator said. 'I think he just lost his target.'

'What happened?' Jackson asked.

The operator split the screen, leaving the live shot on the left, with the big man motionless against black iron railings and white stucco houses. On the right the operator spoiled backward



Illustration by Chris King

in time, jumping from shot to shot, looking for clear coverage. And finding it. An HD colour camera on a streetlight had the big man's broad back in the foreground. Over his left shoulder a thin stream of people walked ahead of him. Men, women, some young, some older, all moving at a classic urban pace, not slow, not fast, but dogged. All of them were plausible targets. Up ahead they had to filter left, around a pair of surveyors in hi-vis jackets, who were setting up a theodolite on a wide-set tripod.

The fourth to divert around them was an old man in a short brown coat. He was stooped and slender, with a briefcase in his right hand. A lit-up taxi came toward him. He threw out his left hand and the taxi stopped and he climbed in. The taxi moved off.

The big man stopped. He stood still for a moment. Then he walked on as far as the surveyors and spoke with them briefly. Then he walked back and took up his current position against the railing.

'The old man was the target,' the analyst said. 'He gets away, the pursuit is terminated.'

Jackson asked, 'What did Reacher say to the surveyors?'

'Most likely he was asking if they heard the old man

tell the cabbie an address. Which evidently they didn't, hence the termination.'

The operator rewound to his best shot of the old man, which wasn't great, being from behind. He zoomed in. Hunched, bony, old. Nothing more. The briefcase was an old-fashioned item.

'Recognise him?' the analyst asked.

'Not from that angle,' Jackson said.

'Are we tracking the taxi?' Cassidy asked.

'Currently moving north through Maida Vale,' the operator said. 'Side streets, mostly. Coverage is patchy.'

He clicked back to the live feed. The big man was staring straight into the camera.

'It's like he's looking at us,' Cassidy said.

The big man crooked a finger and moved his arm. A follow-me gesture. He pushed off the railing and walked back the way he had come. He turned right into Chilworth Street, checked for cameras, found one, and sat down on a low wall, right in the middle of the camera's field of view. He flashed his open hands, twice. Ten fingers and ten fingers.

Cassidy said, 'What does that mean?'

'He's going to wait there for 20 minutes,' Jackson said. 'I think he wants to talk.'

'Can you get there in 20 minutes?'

'I have lights and a siren,

if I need them.'

But he didn't. Shopping hadn't started. From Thames House to Chilworth Street took 16 easy minutes. The big man was there, still on the wall, relaxed, just waiting. There was a wan sun low in the sky and the air was cold. Nine in the morning, on Christmas Eve.

Jackson sat on the wall a yard from the big man. He said, 'Welcome to London, Mr Reacher.'

'Thank you,' the big man said. 'Always a pleasure.'

'My name is Jackson. Security services, counter-terrorism. What's the purpose of your visit?'

'Leisure and tourism. I met a flight attendant who gave me a friends-and-family ticket. She's going to give me Christmas dinner tomorrow. More, if I'm lucky.'

'Who was the old man who hailed the taxi?'

'Someone you were very interested in back in the day. I was a baby lieutenant. I got roped into a joint operation with CIA and MI6. On Britain's behalf. Didn't work out. The guy got away.'

'When was this?'

'The 1980s. Something about the IRA.'

'Before my time,' Jackson said. 'He must have been young then.'

'We all were. He was a student from Tehran, I think.'

'Name?'

'Don't remember. Something Iranian. Your boys

called him the Pistol. He had something wrong with his hand. His forefinger didn't work. It stuck straight out all the time, with the thumb at an angle. It was like he was miming a gun. I saw it this morning, on the plane, when he got his briefcase out of the overhead.'

Jackson took out his phone and called Cassidy. Told her to search the databases for the codename Pistol. He clicked off and asked, 'What was the purpose of your visit eight years ago?'

'Don't remember,' Reacher said again. 'There was CIA involvement, which is always best forgotten. But I assume it worked out OK in the end.'

Jackson's phone rang. A fast response. The databases must have lit up red. He listened for a long moment. Poker face, except his jaw clamped a little. He clicked off again and said, 'Yes, we were very interested. We still are. Arms dealer. A lot of damage over the years. MI6 lost three people during that operation when you were a baby.'

Reacher said nothing.

Jackson said, 'The surveyors didn't hear an address?'

'No,' Reacher said. 'They didn't hear an address.' He gestured at the camera. 'But you're tracking the taxi.'

'It's headed for the wilds of north London. We won't be able to react fast enough.'

'Special Branch not standing by?'

'They're called SO15 now. They're always standing by. But they haven't invented teleportation yet.'

'How long would they need?'

'Twenty minutes, probably.'

'Call them now. Clearly the Pistol spooked when he saw the surveyors. Street repairs on Christmas Eve? Possibly suspicious. So he took off.'

'But where?'

'More important is where would he think they would put cops dressed as survey-

ors? Not randomly along his route. I think he was nearly at his destination. I think he postponed his arrival literally at the doorstep. He spooked because it was his moment of maximum tension.'

'Postponed, not abandoned?'

'It's probably an important meeting. I think he assumes undercover cops can't plausibly block the sidewalk all day. I think he assumes they will leave pretty soon.'

'That's all guesswork.'

'But educated. The surveyors didn't hear an address. Instead they heard him say, drive me around for an hour and bring me back here.'

Jackson made the calls. Unmarked cars, plain clothes on the street, fake Amazon vans, drones, the whole nine yards. All to be ready in 15 minutes. He clicked off and asked, 'What would you have done about this if we hadn't responded to the cameras?'

'I planned to stick around for an hour,' Reacher said. 'I planned to have a full and frank discussion with the guy. Somewhere with no cameras. We lost someone too in that operation back when I was a baby. A friend of mine. One of the few I had.'

But Jackson wasn't listening. He was planning ahead in his mind, rehearsing, chasing the weak points. Reacher said, 'Anyway, Merry Christmas', and then he got up and walked away. Twelve hours later, from the warmth of the flight attendant's bed, he saw an evening news bulletin. An arrest had been made in the Paddington area of London. A terrorist kingpin. A Metropolitan Police spokesperson said Britain's counter-terrorism expertise had given the world's intelligence agencies an early Christmas present.

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# How Tolstoy immortalised Russia's Caucasus forever war

By Suzanne Raine is an Aspen UK Moderator, is a Visiting Professor at KCL and works at the Centre for Geopolitics at Cambridge University



*'The Meeting of General Klüke von Klügenau and Imam Shamil in 1837', 1849. The artist was Grigory Gagarin.*

Tolstoy's novel *Hadji Murat* resonates with enduring themes of betrayal, collaboration and resistance in Russia's wars in its Caucasus borderlands.

Be warned: this story does not end at all well (if it has ended at all), although it does have a curious postscript. Tolstoy wrote the novella *Hadji Murat* at the end of the 19th century, 50 years after his own experiences in the Caucasus, and it is considered to be one of his finest works. It is laced with an enduring enchantment with the landscape and culture of the warrior mountaineers of Dagestan and Chechnya, who rose up against the Tsar and fought a 25-year campaign against becoming part of the Russian Empire. There are parallels with the romance which pervades similar historical tales of those who fought the British on the North-West Frontier. And, as with British India, this literature not only teaches us history but about loyalty, proxies, trust and vengeance. It could have been written yesterday.

Caught between the Russian, Persian and Ottoman empires, the land from the Black Sea to the Caspian was invaded, then contested, then invaded again. After absorbing Georgia in 1800, the Russian Imperial army struck south for

Dagestan and Chechnya. From 1817 onwards the Tsar's military commanders pummelled their way into the harsh mountain terrain against stiff resistance. In response, a Holy War (Ghazawat) was proclaimed against the Russians by the first Imam of the Caucasian Imamate, Ghazi Muhammed, who introduced Sharia law to replace both local customs and laws imposed by Russia. By the winter of 1851 – when the book is set – they had already been fighting for more than three decades.

At that time the armed resistance to Russia was led by Imam Shamil, an Avar from Dagestan born in 1797. Shamil had become the third Imam of the Caucasian Imamate in 1834 and fought Russia tenaciously and wisely in a guerrilla campaign for 25 years until he was finally captured in 1859. There is no question of Shamil's capability and status as a Holy Warrior. Tolstoy paints him as a man of dignity and modest simplicity, a 'tall, erect, powerful figure' in plain clothes, and allows him a rousing speech to his council: 'It is better to die at war with the Russians than to live with the infidels. Be patient and I shall come with the Koran and the sword to lead you against the Russians. For the present I strictly command you to have neither intention, nor even any thoughts of submitting to the

Russians.'

Hadji Murat of Khunzakh was – like Imam Shamil – an Avar from Dagestan, although 20 years younger (born in 1818). Both had almost mythical status even at the time, horse-riding warriors with bands of loyal followers. We meet Hadji Murat in a Chechnyan village wreathed in the fragrant smoke of dung fires in November 1851. Having been a deputy of Shamil, he is now riding with a single follower, wrapped in a hood and felt cloak, sneaking into the house of a loyalist. He learns that Shamil has demanded he be taken dead or alive. This is a tale of two warrior leaders with competing agendas. The tension builds as Hadji Murat's emissary is sent to disturb the nearby frontier fort and the Russian Prince and his guests playing cards with a message that he wants to come over to the Russian side.

What makes a brave rebel commander betray his cause and join the enemy?

As so often, it was not the attractiveness of the Russian offer but the ruthless rival dynamics within his own leadership structures that drove Hadji Murat to betray his cause. His calculations were only about the best ways to achieve his own aims, namely revenge on his enemies. He was motivated to join Shamil's fight against the Russians because he did not otherwise have the men or

means to fight his own enemy, Akhmet Khan. But their relationship soured.

'There was never any friendship between me and Shamil,' he told a Russian soldier in Tbilisi, 'but he feared me and had need of me.' Like many military partnerships of convenience it started to creak over the question of succession: 'It so happened then that someone asked me who would be Imam after Shamil, and I said it would be the man whose sword was sharp. This was passed on to Shamil and he decided to get rid of me.... He sent his men to capture me but I fought my way out and came over to Vorontsov.' Shamil replaced Hadji Murat as one of his deputies, confiscated his property and seized his family. 'I am bound hand and foot and the end of the rope is in Shamil's hand,' he says.

The Russians faced the perennial question of whether the defection was a victory or a trap. The opportunity was exciting and tempting, particularly for the local officers who stood to take the credit. But they had to decide if Hadji Murat could be trusted, or whether in kidnapping his family Shamil had ensured that he could always be controlled. Tolstoy's perspective allows us to see debates within the Russian command about the risks of taking Hadji Murat at his word; indeed the reader is with the Russian generals as they try and work out which side he's on. Prince Mikhail Vorontsov, Viceroy of the Caucasus, writes from Tbilisi to the minister of war: 'It would be exceedingly rash to trust him entirely. But if we wished to deprive him of all means for escape we should have to lock him up, and in my view this would be neither just nor politic. News of such a measure would quickly spread throughout Daghestan and it would be very damaging to our interests there since it would discourage all those – and there are many – who are prepared to go more or less openly against Shamil... Once we treat Hadji Murat as a prisoner the beneficial effect of his desertion of Shamil will be totally lost to us.' He is 'conscious that I might be held guilty of a major error of judgement'.

The prize for the Russians is the possibility of exploiting Hadji Murat's quarrel with Shamil and turn the mountaineers. We see else-

where that Shamil himself was worried about the loyalty of the Chechens ('Shamil knew... that the Chechens – a fickle and lightheaded people – were wavering and some of them, nearest to the Russians, were already prepared to go over to them.'). The attrition from the brutal Russian campaign meant individual Chechens were taking personal decisions about whether or not to change sides in order to keep themselves alive and their villages and families safe.

And so Hadji Murat and his men become Russian proxies; and as usual with proxies the Russians get not only him and his resources but his complicated life, too. They accept a need to meet him culturally half-way, placing officers beside him who can speak his language and build bonds of trust. 'I hope to be of service in the war against Shamil, who is my enemy and yours,' Hadji Murat tells Vorontsov. There is talk of providing him with a force of men, for which he would guarantee to raise the whole of Dagestan. But there is a catch: they are stuck with the fact that his plans for getting his own back on Shamil involve taking prisoners and swapping them for his own family.

Here the tale eloquently gives the lie to the always alluring idea of achieving one's geopolitical objectives by turning one set of tribes against the other. Neither side stands to get what they hope from this alliance of convenience. The disappointment of a lukewarm Russian response to his demands ('We will think it over') leads Hadji Murat to take matters into his own hands. All night he lies awake thinking: 'Should I stay here? Win the Caucasus for the Russian tsar, gain fame and wealth and titles?' He decides instead to free his family or die in the attempt. His final day sees him attempting to outwit his Cossack escort and then outrun 200 mounted Cossacks, making a fatal decision to route through a quagmire of a rice field rather than to break for the mountains. He is betrayed by an old Tartar and his last stand takes place the following dawn; he is killed not by Russians but by militiamen in their service, one of whom is the son of his former enemy Ahmet Khan. Hadji Murat's body is buried where it fell, but his head is cut off and sent to Tbilisi,

where it was embalmed and sent on to the Tsar.

Tolstoy was in Tbilisi when Hadji Murat defected, and the freshness of the events in his mind is evident even though he wrote the novella 50 years later. He made no attempt to publish it so it was only published posthumously in 1912, having been severely censored. Two chapters were excised, one which depicts an unflattering interview with the Tsar, and – more tellingly – a second which gives a stark, very short, description of a Chechen village in the aftermath of a raid by Cossack troops: 'The two small hayricks he had there were burnt; the apricot and cherry trees which he had planted and tended were broken and scorched; and, worst of all, every one of his hives had been burnt together with the bees. The wailing of women sounded in every house...' There is a haunting passage which describes the resilience of spirit after an attack: 'Nobody spoke a word of hatred for the Russians. The emotion felt by every Chechen, old and young alike, was stronger than hatred... The villagers were faced with a choice: either to remain as before and by terrible exertions restore all that had been created with such labour and so easily and senselessly destroyed, while every minute expecting a repetition of the same thing, or they could act contrary to the law of their religion and, despite the revulsion and scorn they felt for the Russians, submit to them. The old men prayed and resolved unanimously to send envoys to ask Shamil for help, and straightaway they set about rebuilding what had been destroyed.'

Imam Shamil's war continued for another seven years until he was caught in 1859. He was treated unusually well by the Russian army, being taken to St Petersburg to meet Tsar Alexander II, and in 1868 being given permission to move to Kyiv. He left Kyiv a year later for the Hajj to Mecca, where he died in 1871. He still plays a powerful role in the region, as a hero in Dagestan and an inspiration for resistance to Russia in Chechnya, and also in some cases an inspiration to Islamist jihadism. His ghost continues to be a problem for Putin-supporting Ramzan Kadyrov, the

Continued on page 28



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Continued from page 26

current leader of Chechnya.

There are multiple modern versions of this tug of loyalty at the same edges of Russia's empire. Both Chechnya and Dagestan are led by Putin's men – Ramzan Kadyrov and Sergey Melikov, respectively. Kadyrov's father Akhmad was Chief Mufti in Chechnya and supported the cause of Chechen independence during the first war (1994-6), but in 1999 split with the Chechen government of President Aslan Maskhadov. As the second Chechen war unfolded through the bitter winter siege of Grozny (1999-2000) he turned to Putin, and when Russian forces seized control in June 2000, Kadyrov was installed by Putin as Head of the Republic. Melikov was also involved in the suppression of the uprisings in Chechnya in the 1990s. That period of war and conquest were fundamental in Putin's own coming-of-age, establishing direct Russian rule over Chechnya, although the resistance continued, including through the Moscow theatre hostage crisis in 2002, and the Beslan school siege in 2004, both with large civilian death tolls. Kadyrov was assassinated in 2004 in a bomb attack on the VIP stand of a football stadium during the Soviet Victory Day Parade in Grozny. His son was made first deputy

prime minister the following day. The government operation in Chechnya didn't officially end until 2009.

Meanwhile, the idea of the Ghazawat or Holy War, continues. Chechen and Dagestani fighters had already joined Al-Qaeda in Pakistan and Afghanistan, and the outbreak of war in Iraq and Syria saw a new generation join the Jihad. It is estimated that approximately 5,000 Dagestani Muslims went to fight in Syria between 2011-15. Most notable among recruits from the Caucasus was Abu Omar al-Shishani, a Chechen jihadist who became a Shura council member and leader of the Emigrants Brigade (composed of foreign fighters), based in Raqqa. Al-Shishani had been a sergeant in the Georgian army and fought against the Russians during the Russo-Georgian war of 2008. Both the United States and Kadyrov wanted him dead; his death was confirmed in 2016 after a confusing series of false claims. The Islamic State Caucasus Province continues to exist and to conduct relatively low-level attacks against Russian law enforcement.

Imam Shamil's sojourn in Kyiv has not been forgotten. On 29 September 2022, President Zelensky stood beside a monument to Imam Shamil on the streets of Kyiv and addressed the indigenous peoples of Rus-

sia, using Shamil's own words: 'Anyone who raises a weapon against the truth raises it to his own destruction', and calling on the people of Dagestan, Chechnya and across Russia to resist mobilisation: 'Fight to avoid death! Defend your freedom now in the streets and squares, so that later you don't have to fight in the mountains and forests simply for your right to live.' It doesn't appear to have made much difference. On 30 September, President Putin delivered his long speech about the annexation of the four eastern Ukrainian regions partly occupied by his forces. For his part, Ramzan Kadyrov has argued that Chechen fighters in Ukraine were participants in a 'Holy Jihad' against 'Western Satanist ideology'.

And what of Hadji Murad? After his severed head was presented to the Tsar it was kept at the Kunstkamera, the museum of anthropology and ethnography founded by Peter the Great in St Petersburg. The rest of his remains were thought to be buried in Qakh, a remote district of northern Azerbaijan bordering Dagestan and Georgia. His descendants have been agitating for the return of his skull since the 1930s. In 2017 his great grandson and primary heir Magomedarip Hadjimuradov led a gathering in Dagestan to call for it to be re-

turned from St Petersburg and buried with the rest of his remains in Azerbaijan. In 2018 the Kremlin said it was setting up an interagency skull commission to consider the matter. The Russian ministry of culture said: 'Kunstkamera museum officials do not want to give the skull back, and Russian scientists have expressed concerns that reburial would encourage separatism and Islamist insurgency.'

On 21 January 2019 Vladimir Tolstoy, President Putin's advisor on culture and a great, great grandson of the writer, announced that the presidential commission had agreed 'in general,' to support the return of Murad's skull to the Russian republic of Dagestan, where he was born. Tolstoy added that after consulting with the Dagestani government, the committee had decided to hand over Murad's remains to officials in Makhachkala at a 'later' date, 'taking into account the current internal political situation in the republic'. It appears that there was indeed a concern that the return of the legendary warrior might encourage militant Islam.

A new geopolitical dimension then emerged. Given that the body of Hadji Murad was technically in Azerbaijan, the return of the head would also depend on the opinion of the Azeri government. In June 2019, howev-

er, anonymous activists exhumed what were believed to be the remains of Hadji Murad from the Azeri grave and smuggled them across the border to Dagestan, where they were reburied in a ceremony in his home village of Khunzakh. Authorities in Azerbaijan launched an investigation and although many photos of Murad's reburial were posted on social media, Dagestani authorities claimed ignorance. 'A certain reburial ceremony indeed took place at a graveyard in the village of Khunzakh, but we can't confirm that the buried remains belong to Haji Murad. No officials from the region were present there,' Kamil Huseynov, a spokesperson for the Khunzakh District Administration, told the Molodyezh Dagestana news service.

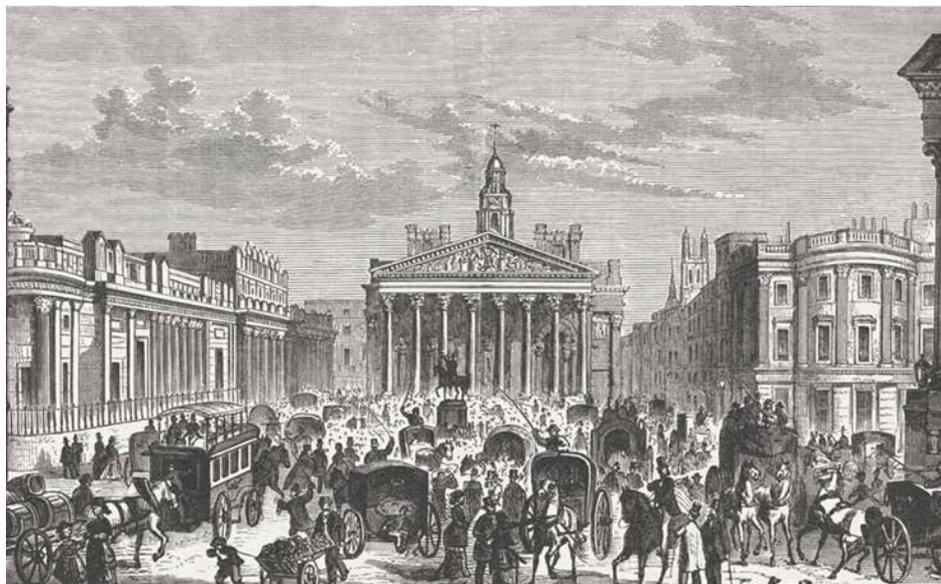
The situation remains unresolved. In 1991 the Kunstkamera said it held 457 skulls in its collection, many of them heads of ethnic group leaders vanquished by Russian forces and given to tsars as proof of their death. After years of unfulfilled requests by his relatives, Russian officials in 2016 returned the head of one of the main leaders of the Kazakh uprising against tsarist Russia in 1916, who was killed by the Bolsheviks in 1923. The practice of retaining the bodies of militants killed in the Caucasus endures. The bod-

ies of the two presidents of the rebel Chechen Republic – Aslan Maskhadov, who was killed on 8 March 2005 in an FSB operation and his successor, Abdul-Khalim Sadulaev, who was killed in 2006, are missing. Russian authorities have refused to tell Maskhadov's family where he is buried. They appealed to the European Court of Human Rights in Strasbourg, claiming the refusal to return his body for burial was a breach of human rights. On 6 June 2013 the court ruled that Russia could not be held responsible for his death, but that it had violated the rights of the family by refusing to return the body.

This story hasn't really ended at all. As Russia repeats endlessly the same pattern of using collaborators to help govern and reinforce their perimeter, a new generation of leaders in the Caucasus are making their own decisions about resistance and collaboration. For some, the examples of Imam Shamil and Hadji Murad provide the inspiration for a new Holy War. As Hadji Murad shows, those who choose to work with Russia do so in their own interests which may – temporarily – be aligned with Moscow's, but they take a big risk and are unlikely to get the rewards they expect.

# There is still no alternative to monetarism

By Tim Congdon, Founder and Chair, Institute of International Monetary Research



The dawn of civilisation in the fourth millennium BC was associated with urbanisation and the emergence of writing, and it was made possible by specialisation and the division of labour. People ceased to live only on what they produced, but instead sold some of their produce in order to buy consumables from others. This created a new issue in economic organisation: households and traders had to reach the appropriate ratios between different products in a multiplicity of exchanges.

Societies organised systems of weights and measures, and the ratios – the prices – tended to be expressed in terms of a single standard. Here was the beginning of the concept of 'money'. Increasingly, metals were used as a measure of money and became its most common constituent. Transactions were conducted in copper, silver and gold, which had

the advantages of durability and high value relative to weight.

Fast forward to the early 18th century. In 1717, Sir Isaac Newton set the price of gold at £3.17s.10½d., where the amount (that is, the three pounds, 17 shillings and 10.5 pence) was of the silver coins which circulated as England's currency. In the next two centuries, the Bank of England – founded in 1694 – issued ever more notes as substitutes for these coins, establishing Newton's ratio as an exchange rate between the pound and gold. The Bank of England also pioneered the role of central bank, acting as exclusive financial agent for the government and eventually acquiring the unique prerogative of issuing legal tender notes.

Individual products had a value in terms of a nation's money, the pound sterling in Britain's case. But economic progress resulted

in an ever-growing range of goods and services. A new idea – of the price level of all products in general – could be formulated. Through the 18th century, Newton's fixed exchange rate seemed sufficient to ensure that the general price level was fairly stable. In its imperial heyday, Britain conducted its public finances and international commerce according to a mere three principles:

- maintaining the gold standard,
- balancing the budget, and
- leaving British citizens free to buy whatever they wished – with no tariff or other impediments – from the rest of the world.

To say that these three principles represented 'economic policy' in the British Empire is not silly, but in truth, the notion of 'policy' was empty when so little discretion was left to the state. The gold stand-

Continued on page 30



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Continued from page 28

ard worked admirably, but the world wars and instability of the early 20th century undermined its viability. Britain's power declined, and its share of both world output and the global gold stock went down. In 1931, the Bank of England left the gold standard and allowed the pound's external value to find its own level in currency markets.

However, after the Second World War, the world's new leading nation – the United States of America – wanted to restore the stability which seemed to have been once achieved by linking paper money to gold. The international financial system agreed at the Bretton Woods Conference of 1944 gave the US dollar a prominent role in world trade and finance, while the US undertook to keep the value of the dollar fixed at \$35 an ounce. Further, Britain's pound and indeed all other currencies were to be fixed in value relative to the dollar.

The Bretton Woods system may have seemed to be a new departure, but it was in fact a refurbishment of the classical gold standard. The same kind of monetary discipline was at work in the ever more integrated post-war world economy as had once applied in the British Empire. If too much paper money were created relative to the amount of gold, the value of the paper money – even the value of the supposedly 'mighty' dollar – would drop.

The American government might have been the most formidable on the planet, but it could not defy the laws of economics. If it engaged in an expensive war in Vietnam, ran large budget deficits and financed them by issuing too much money, the \$35-an-ounce gold price would be threatened and might prove unsustainable. In 1971, President Nixon decided that the US should no longer be subject to this constraint. His announcement was that the dollar's convertibility into gold would be suspended, but in practice gold convertibility has never subsequently been restored.

Also in the early 1970s, many governments – including the British – broke their currencies' link to the dollar. Barriers to mon-

etary expansionism had been built into the Bretton Woods system, but these were now being removed. Marked accelerations in the growth of the quantity of money occurred in the vast majority of nations, resulting in a worldwide boom in 1972 and 1973. The boom initially drove up asset prices and made people feel good. But it soon affected wage costs and commodity prices, and eventually provoked surges in prices at factory gates and in the shops.

These processes were particularly salient in the United Kingdom, where the growth of broadly-defined money (using the so-called 'M3 aggregate') exceeded 20% a year for several quarters and retail inflation peaked at over 27% in 1975. The episode is usually known as 'the Heath-Barber boom', after the Prime Minister and Chancellor of the Exchequer most responsible for it. But the UK was far from alone. In Japan, France and Italy, the highest inflation numbers in 1975 were well into the double digits.

An important exception to the wider pattern was West Germany. Many of the officials in late career at its central bank, the Bundesbank, had memories of the Weimar hyperinflation of 1923. They were convinced that preventing the monetisation of public debt and controlling the quantity of money were vital to avoid inflation. They clamped down on money issuance and let the German currency, the deutsche mark, rise in value against the dollar on the foreign exchanges.

In reaction to these events, policymakers around the world had to rethink economic management. The essence of the gold standard was to tie the value of paper money to the precious metal at a fixed price or 'exchange rate'. Well into the 1980s and 1990s, many British economists believed in a return to a fixed exchange rate for the pound – now relative to the deutsche mark rather than the US dollar – as an appropriate monetary arrangement for the UK. But the debates on these issues had a long pedigree and extended far beyond Europe. An alternative to the fixed-exchange-rate approach had always been available.

This was understood – for example – by Henry Thornton in a 1802 work 'An Enquiry into the Nature and Effects of the Paper Credit of Great Britain' and John Maynard Keynes in his 1923 'A Tract on Monetary Reform'.

Both Thornton and Keynes had seen that policy could be conducted with a view to stabilising the value of money not relative to the external anchor of gold, but relative to the internal price level. Indeed, Keynes mocked the gold standard as 'a barbarous relic', and argued that monetary policymakers were 'compelled' to choose between the external and internal benchmarks. In the 'Tract on Monetary Reform', the crux of Keynes' answer was 'a managed currency', which would keep the growth of money at an appropriately low level compared with the growth of national output.

Thornton's analysis in 1802 had been even more forward-looking, in that it anticipated the US's problems and the international money crisis of 1971. Because of the financial pressures arising from the Napoleonic Wars, Britain had suspended the pound's convertibility to gold in 1797. (It was to resume the gold standard in 1821.) Thornton's advice to the Bank of England in the post-1797 situation was remarkable in its emphasis on the quantity of 'paper credit', and its anticipation of later events and thinking. In Thornton's words, the aim should be to 'limit the amount of paper issued, and to resort for this purpose, whenever the temptation to borrow is strong, to some effectual principle of restriction'. The ideal would be 'to let [the sum in circulation] vibrate only within certain limits' and 'to afford a slow and cautious extension of it, as the general trade of the kingdom enlarges itself'.

Britain's shockingly high inflation in the mid-1970s caused a number of economists to propose the same kind of response as Thornton in 1802 and Keynes in 1923. The state had to impose 'some effectual principle of restriction' on the quantity of money – in other words, explicit targets for money growth – if inflation were to be beaten. Such targets were introduced for a broadly-de-

finied money measure in July 1976 and stayed in place until they were dropped in autumn 1985. The targets did what they were supposed to do. Inflation came down from the high double digits and for some years was stable at about 5%. Unfortunately, Nigel Lawson – Chancellor of the Exchequer from 1983 to 1989 – was nostalgic for a fixed-exchange-rate, externally-based solution. From 1985, the broad money target no longer operated and the settings for monetary policy went wrong. Another silly boom emerged, with inflation climbing again in the late 1980s and peaking in double digits in 1990.

Sir Tim Lankester, a civil servant who was the first private secretary for economic affairs to Margaret Thatcher, has just published a new book, 'Inside Thatcher's Monetarist Experiment', which discusses these matters. The book spans a long period, beginning in the 1960s and continuing, if rather patchily, to today. But the focus – and it is a very critical focus – is on a central 1979-82 period of 'hard monetarism' (Lankester's phrase) in the first three years of the Thatcher government. According to Lankester, the cost of bringing inflation down was excessive and 'the experiment' was a failure.

Economic policy in those three years was controversial at the time and no doubt will always be so. But Lankester proposes no serious alternative to the actual policy adopted and, at various points in his book, concedes as much. One reason that the cost of reducing inflation was so high was the noisy opposition of the overwhelming majority of British economists to the monetarist agenda. Their attacks undermined the government's credibility and made the job that much harder. The facts remain: any complex civilised society uses money in transactions, and a relationship holds between the quantity of money and the price level of output. As Thatcher insisted, there was – and is – no alternative to maintaining an appropriately low rate of money growth if inflation is to be kept under control.

Let me say that Lankester is accurate and fair

to me, in his references to my role as an advocate for monetarism in those events. But he is wrong to say (on p. 37) that I had personal contact with Thatcher before the 1979 general election. (I first met Thatcher at a dinner in late 1982. The occasion did not go well. I had no further contact with her while she was Prime Minister, but we became quite friendly afterwards. I helped her in the early 1990s with a couple of speeches.)

Lankester refers to Patrick Minford, an economist who was closer to Thatcher than me. Minford and I do not agree about monetary theory and policy, and I do not regard him as a monetarist. Anyhow, towards the end of the book Lankester notes that, in some of his writings, Minford favoured even more monetary 'shock' in the first two years in order to improve medium-term outcomes. Lankester remarks that – given the severe political challenges facing Thatcher – Minford was 'talking in the realm of the fairies'.

Fair enough, but the larger problem was that in those years most British academic economists were also in a world of fantasy. Through the 1960s and 1970s, they believed that fiscal policy could manage aggregate demand and employment, that any inflation excesses could be quelled by prices and incomes policies, and that 'planning' from Whitehall and Westminster would boost economic growth. Astonishingly, many of them denied that the quantity of money was relevant to anything. Monetarism was needed, at that time, to remind these people of certain inescapable aspects of economic life. Later in the 1980s, when they realised that prices and incomes policies had become unacceptable, a majority of Britain's economists harked back to an exchange rate discipline of the gold-standard sort; they supported accession to the European exchange rate mechanism as the best way to tackle inflation. In the two years to September 1992, Britain was inside the ERM, but the result was yet another vicious recession, with big losses of output and employment.

For one of his terms as a student at Cambridge,

Lankester had the left-wing Keynesian, Joan Robinson, as his supervisor. She is described as 'wildly eccentric and brilliant'. He does not recall that in an 'Open letter from a Keynesian to a Marxist', republished in her 'Collected Economic Writings', she said that she had 'Marx in my bones'. He also does not mention that, for decades, Robinson was – in her own words – a 'sympathetic visitor' to Mao's China and even North Korea. I am not suggesting that Lankester also admires Mao's China and North Korea, but it worries me that he can cite Robinson with evident approval.

Also at Cambridge, Lankester read the 1961 edition of Paul Samuelson's celebrated textbook, 'Economics: an Introductory Analysis'. As Lankester notices, in that edition the quantity theory of money was described as being for the most part 'a blind alley or possibly a red herring'. The Samuelson textbook went through 19 editions, with its views changing substantially between them. But a recurrent assertion in the editions of the 1950s and 1960s was that, because of its superior growth performance, the planned, communist economy of the Soviet Union would ultimately overtake the free market, capitalist economy of the USA in size. (The latest World Bank figures show that in 2023 the Russian Federation had a nominal gross domestic product was just above \$2,000 billion, whereas that of the USA was almost \$27,500bn.)

Sure enough, Thatcher and monetarism had a difficult time in the early 1980s. But the events of those years deserve a more sympathetic treatment, and should be set against a larger historical background, than in Lankester's book.

Bottom of Form

Professor Tim Congdon CBE was on the staff of The Times from 1973 to 1976, where he wrote in favour of money targets. Most of his career was as an economist in the City of London, but he has been a visiting professor with a teaching role at three universities. He is the founder of the Institute of International Monetary Research at the University of Buckingham.

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# Gond Katira: A natural way to cool down in India's scorching summers

By Vandana K, BBC World's Table



Gond katira is often added to drinks for its cooling effect

This year, when India experienced its longest ever heatwave, locals turned to cool drinks like never before.

Caught in a sudden downpour on a July afternoon, I carefully walked down the crowded, muddy sidewalk in old Delhi to reach Khari Baoli, Asia's largest wholesale spice market. I soon found what I was looking for in an array of bowls heaped with spices at the entrance of a narrow shop. Here, small, uneven, translucent crystals, their off-white colour infused with the slightest rusty hue, lay in a cardboard tray. A small plastic sign set among the crystals read, "Rs 120 [£1.12] for 250g, Gond Katira".

My curiosity about this lesser-known ingredient began some years ago on a sweltering summer day during a visit to a friend's house. Her mother offered me a popular drink with a twist: a

glass of lemonade but with small pieces of white jelly in it. She told me it had a coolant (the cooling or warming property of a food) that reduces body heat. The tasteless and odourless jelly, made from soaked crystals, was gond katira, or tragacanth gum.

Tragacanth gum can be derived from more than 2,000 plant species of the *Astragalus* genus, found from Greece to south-western Asia, with Iran and Turkey being the top producers. When incisions are made on the roots and bark of a plant, gum oozes out of them in the form of a long curving string or ribbon that hardens rapidly. This dried gum is collected and processed into flakes and powder.

One of its main components is tragacanthin, which is soluble in water and swells to form a gel-like structure; because of this, tragacanth gum is widely used in the food industry as a thickener and emulsifier. It is added to baking mix-

es, relishes, condiments, oils, sauces, fruit juices and meat. It is also used in antibacterial, anti-cancer, anti-inflammatory and antioxidant treatments in the pharmaceutical industry.

Gond katira has also long been considered a herbal remedy. "It has been used by Unani [a traditional medicine system practiced in South Asia] physicians for centuries as it has the ability to cool the body, improve skin texture and liver enzymes and boost immunity," explained Dr Syed MM Ameen, a Unani doctor based in Chennai. Ameen added that its benefits are mentioned in the Canon of Medicine, compiled by the 11th-Century Persian physician Avicenna, which is still used in Unani medical colleges; and in the Indian government's National Formulary of Unani Medicines for its usage as a single drug and in compounded medications to treat liver and respiratory diseases. Although gond katira is mainly produced and exported by Iran and Turkey, it is considered a traditional household ingredient in India, especially by older people, with its usage spanning from Delhi and Punjab in northern India to Andhra Pradesh and Tamil Nadu in the south. And this year, when India experienced its longest ever heatwave, locals turned to cool drinks like never before. In fact, Google searches for "gond katira" peaked

between 19-25 May, when temperatures were between 41-45C.

India is home to a huge variety of sherbet, a popular cold beverage made with cordial from fruits, flowers and herbs. In many homes, people also add gond katira to sherbet during the summer for its cooling properties. Some also consume the soaked jelly on its own, while others add it to milk, milkshakes, lassi (a yoghurt-based beverage), yoghurt and desserts such as kheer, a popular rice pudding eaten in South Asia, to reduce body heat, provide hydration and as a preventive measure against heatstroke. Harjeet Kaur, freelance writer and blogger, grew up in Vijaywada in the southern state of Andhra Pradesh where the temperature can reach 49C in the summers. As a child, her mother would give her gond katira on summer mornings to keep her cool and hydrated.

"My mother used to lug gond katira all the way from Delhi and store it. She made a drink by mixing Rooth Afza (a popular sherbet in South Asia) with water or milk, sugar, gond katira and ice. I enjoyed it so much that I continue to drink it to this day," she said, noting that she drinks it for breakfast in summer, mixing the jelly with water, jaggery and a slice of lemon. "As soon as you drink it, you feel your insides cooling down."

## How to make gond katira jelly

Rinse a tablespoon of gond katira crystals and soak them in 300 ml of water. Leave it for at least four hours or overnight. It will turn into a white jelly. If you see any debris, rinse again. Now you can add this jelly to drinks and desserts. Kaur laments that the younger generation has forgotten about traditional and seasonal foods like gond katira. However, in the last few years, she has introduced several friends and neighbours to this gum to help relieve them from extreme heat. And since the Covid-19 pandemic, there has been a rise in Indian consumers eating more consciously and taking an interest in natural foods, which has resulted in a growing popularity of foods such as gond katira among young people. "We are seeing an increase in the demand for gond katira because people



Gond katira is sold as crystals; to turn it into a jelly, soak the crystals in water for at least four hours

are learning about it through social media," said Chaitanya Jaggi, whose family owns Om Sai Ram, a spice shop in Khari Baoli market. His sales of gond katira spike between March and August, when heat and humidity are peaking in many parts of India.

## As soon as you drink it, you feel your insides cooling down – Harjeet Kaur

A quick Instagram search shows how food bloggers, doctors, dieticians and fitness enthusiasts have shared recipes of summer drinks and desserts made with gond katira in recent months. Sangeeta Khanna, a nutritional consultant and culinary trainer based in Delhi, first blogged about gond katira in 2016. Ever since, she has seen a growing interest in its health benefits and cooling properties through comments on her Instagram posts showing recipes of sherbet, dessert and breakfast bowls made with the jelly. Gond katira's gelatinous texture makes it strikingly similar to bubble or boba tea, which is also growing in popularity in In-

long time, it keeps hydrating your body for a long duration," explained Khanna, who notes that gond katira was a common summer ingredient in north Indian households until the mid-'80s when packaged cold drinks entered the Indian market. "It is a very poorly acknowledged ingredient," she added.

Abhilasha Jain owns Marwadi Khana, a catering service in Gurgaon that specialises in Rajasthani vegetarian cuisine. She grew up in Bhilwara in the desert state of Rajasthan where she first discovered gond katira after getting heat stroke as a young girl. But over the years, this ingredient faded from her life. Five years ago, during a hotter-than-usual summer, she received gond katira from her mother and now she uses it regularly. "We drink it with different kinds of sherbet – khus (vetiver), sandalwood and white rose," she said. Sometimes, she also mixes gond katira with rabdi, a sweet made with condensed milk, sugar or jaggery, spices and nuts.

Gond katira is also a part of street food across the country. In Punjab, it is included in shikanji (lemonade) sold in street carts. In Madurai in Tamil Nadu, gond katira is called badam



The gum can be found in small neighbourhood grocery stores and spice markets

dian cities. In fact, Khanna makes a bubble tea with brewed black tea, chilled milk and honey in which she replaces the sago pearls with white jelly.

"Gond katira contains soluble fibre which acts like a prebiotic and helps in the proliferation of gut flora. Since it holds water for a

pisin (which translates to almond gum, although it is not made from almond) and is used in a popular beverage called jigarthanda that is made with milk and nanari syrup (made from the roots of the Indian sarsaparilla, a herb used in Ayurvedic medicine for its cool-

Continued on page 34



Gond katira is derived from the dried sap of more than 2,000 plant species of the *Astragalus* genus

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# MOTORWORLD

## Caring for your car – Cam Belts

With thanks to Emma Swain, Motorworld, Las Chafiras

Most cars have a Cam Belt, often referred to as a 'Timing Belt'.

These belts form an integral part of the engine and are vital for its proper function. Manufacturers recommend changing them at a certain mileage/kilometrage, varying from make to make. Sometimes they specify it to be changed when the car reaches a certain age, even though it may not have reached the recommended mileage/kilometrage. A good mechanic will also replace the timing belt tensioner at the



same time the belt is replaced - a more cost effective idea than changing it at a later date.

In modern engines cam belts and matching components are often subjected to a great deal of stress. High rotational speeds, vibrations and extreme temperatures (especially here in Tenerife) can easily have a negative effect on the functioning of parts. Cracks may appear below the metal surface, overheating, worn-out sealing rings of ball bearings can all lead to increased metal wear and even the jamming of pulleys, which in turn can easily cause belt malfunction/damage. If a timing belt snaps when the engine is running, this can cause costly and sometimes irreparable damage to your engine (due to the fact that some of the valves will have been held

open when they should not be and thus will be struck by the pistons).

The usual failure of timing belts are either stripped 'teeth' (which leaves a smooth section of belt resulting in the drive cog slipping) or delamination and unraveling of the fibre cores. Correct belt tension is absolutely critical - too loose and the belt will whip, too tight and it will whine and put excess strain on the cog bearings. In either case belt life will be drastically shortened. Aside from the belt itself, another common fault is the failure of the tensioner, and/or the various gear and idler bearings, causing the belt to derail, hence it



is advisable to change the tensioner at the same time as the belt.

In an internal combustion engine, the timing belt connects the crankshaft to the camshaft(s), which in turn control(s) the opening and closing of the engine's valves. A four-stroke engine requires that the



valves open and close once every other turn of the crankshaft. The timing belt performs this very important job. It has custom teeth to turn the camshaft(s) in sync with the crankshaft and is specifically designed for each particular engine. In some

engine designs, the timing belt may also be used to drive other engine components such as the water pump and oil pump. The timing belt is typically rubber with high-tensile fibres running the length of the belt as tension members.

Rubber degrades with higher temperatures, and with contact with motor oil. Thus the life expectancy of a timing belt is lowered in hot or leaky engines. Newer or more expensive belts are made of temperature-resistant materials such as "highly-saturated nitrile". Older belts have trapezoid-shaped teeth leading to high rates of tooth wear. Newer manufacturing techniques allow for curved teeth that are quieter and also last longer.

Timing belts are typically inaccessible and therefore very difficult to inspect.

The manufacturer or your mechanic may also recommend the replacement of other parts, such as the water pump, when the timing belt is replaced because the additional cost to replace the water pump is negligible compared to the cost of accessing the timing belt. You may then find it much more cost-effective to change the timing belt, tensioner and water pump all at the same time.

*If you would like to know at what mileage/kilometrage your car should have (or should have had) a cam belt changed please e-mail me the following details of your vehicle: Make, model, engine size and year (to emma@motorworldtenerife.com) and I will be happy to let you know.*

Continued from page 32 ing properties). In the cities of Vijayawada and Rajamahendravaram in Andhra Pradesh, the gum is called katora and can be found in a drink called sugandhi katora, made with nannari syrup, basil seeds, water or soda or milk.

Once a household ingredient that was forgotten and is now seeing a revival, gond katira has yet to make its way into restaurant menus. However, entrepreneurs like Jain are introducing it to people in small events. "I served a rose gond katira sherbet for a high-end, sit-down lunch for 120 people.

They were really impressed. They felt it was new and nice," she said. When she first posted about this gum on social media, Jain saw that many were confused between gond (acacia gum) and gond katira. While gond is better known because it is used in sweets and consumed in winter for its warming properties, many people still don't know about gond katira.

#### Where to find gond katira

The gum can be found both online and in small neighbourhood kirana (gro-

cery) stores in villages and organic stores and supermarkets in cities across India. The price ranges from Rs 250 (£2.34) to 500 (£4.68) per kg depending on its quality and the size and colour of the crystals. "This year it was so hot. I am



The crystals are soaked to create a tasteless and odourless jelly

surprised to see so many people using gond katira now... Thanks to social media, our traditional foods that so many people don't know about are now being shared," she said. As temperatures continue to soar each summer in India, a

#### Gond katira nimbu pani (lemonade) recipe

Makes 1 serving

#### Ingredients

- 2 limes
- 1 tbsp sugar or 2 tbsp jaggery, based on preference
- 1/2 tsp black salt
- 1 tbsp gond katira
- A few mint leaves
- Water

#### Method:

##### Step 1

Rinse and soak a tablespoon of gond katira

crystals or flakes in 300ml of water overnight or for at least 4 hours. These will bloom into a white jelly. Pick out or rinse any debris.

##### Step 2

Cut the lime and squeeze its juice into a glass. Add black salt and sugar or jaggery according to your taste. Add chilled water and mix well.

##### Step 3

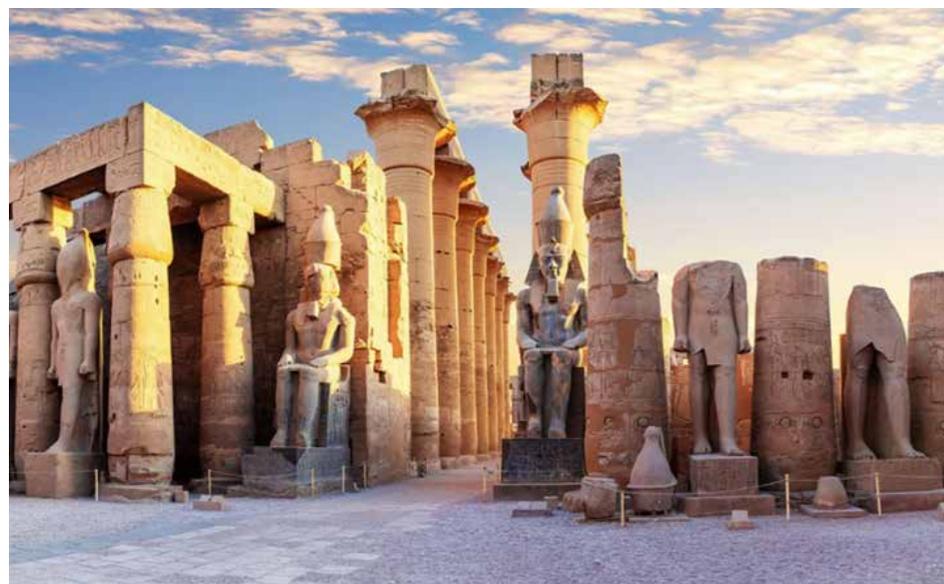
Add 1-2 tablespoons of bloomed gond katira to the drink. Garnish with lime slices and a sprig of mint.

ent like gond katira can provide an easy, affordable and

body and make the heat a little more bearable.

# The female travellers who shaped the ancient world

By Kathleen Sheppard, a professor in the History and Political Science department at Missouri S&T and the author of the book *Women in the Valley of the Kings*.



In the 1800s, a trio of women forever changed the study and understanding of ancient Egypt. So why have their legacies remained overlooked?

In 1864, English travel writer Lucie Duff Gordon stood in her house atop Luxor Temple, looking out the window across the River Nile's west bank towards the Libyan mountains. Her face basked in the sun while she listened to the cacophony of camels lowing, donkeys bray-

ing and dogs barking below. She missed her family, whom she had left at home in London while she convalesced in Egypt's hot desert climate to ease her tuberculosis symptoms. She lived in the Maison de France, or French House, built by a military contingent in the area around 1815. She loved her self-proclaimed "Theban palace" and wrote letters to her family from its balcony almost daily.

These Letters from Egypt, which richly detailed her time in the country, were published a year later as a book. By vividly detailing Egyptian politics, religious customs and Duff Gordon's relationships with

her Egyptian neighbours, the book stood out as a social and cultural commentary at a time when most women authors wrote fiction. Duff Gordon's example of travelling – and living – in Egypt as a British woman on her own soon inspired other female travellers to do the same.

A little more than a decade later, novelist Amelia Edwards, moved by Lucie Duff Gordon's experiences, visited Egypt and published a best-selling travelogue, *A Thousand Miles up the Nile*. Edwards' work, in turn, aroused the interest of Emma Andrews, a wealthy American traveller who further advanced archaeolo-

gy in Egypt at the start of the 20th Century by funding dozens of tomb excavations – many of which are still actively studied today.

Although these three women initially travelled to the country as tourists, they each made a profound impact on Egyptology (the scientific study of ancient Egypt). And in doing so, they not only shaped our views of one of the most important civilisations in the ancient world, but also how tourists travelled to Egypt at the turn of the 20th Century.

From November 1873 until March 1874, Edwards and her partner Lucy Renshaw sailed up the Nile in a houseboat, the *Philae*. They visited all the sites recommended in their Murray's travel guide: the Giza pyramids; the Saqqara pyramids; the Beni Hasan cemetery; the Dendera temple; temples in Luxor; the Valley of the Kings and other tombs in Thebes; plus sites in Esna, Aswan and Abu Simbel. The work of preserving these sites hadn't yet begun, so most of the places they visited were in disrepair. Edwards wanted to change that.

That March, the women stayed several weeks in Luxor. Edwards was drawn to Duff Gordon's former home. But as she looked up at the pile of bricks atop of the temple, she was shocked at its state. After barely surviving several years of Nile flooding, Duff Gordon's beloved "Theban palace" was hardly liveable now. Edwards climbed inside and went to the window, looking out over the river and the Theban plain on the other side. Seeing what Duff Gordon saw, Edwards wrote that the view, "furnished the room and made its poverty splen-

did". She dreamed that she could live there: "If only I had that wonderful view, with its infinite beauty of light and colour and space, and its history, and its mystery, always before my windows."

That was Edwards' only trip to Egypt, but her poetic travelogue called countless other women travellers to the country. Published in 1877, *A Thousand Miles up the Nile* would become one of the best-selling travel books of all time. Part travel journal, part well-researched history, Edwards' narrative vibrantly



Edwards' evocative writing and vivid illustrations drew countless tourists to Egypt

described the sights along the Nile. But unlike Murray's guide, Edwards not only recommended visitors stop to view these monuments and sites; she advocated for their preservation for future generations. Her book's popularity effectively made the Giza pyramids, the Valley of the Kings and other now-famous tombs essential stops for travellers to Egypt for the next 50 years, but more importantly, its wide reach among scholars shaped the study and reception of these sites to this day.

The success of Edwards' book led her to co-create the Egypt Exploration Society (EES) in 1882. Inspired by Edwards' goal of exploring to conserve mon-

uments in Egypt, the EES raised money for excavation through subscribers. These subscribers, mostly from the British middle class, received excavation and site reports each year. These reports – containing maps, lists, drawings and new scholarship – have educated and informed the public's view of ancient Egypt for nearly 150 years.

*A Thousand Miles up the Nile* also simultaneously stimulated and benefitted from the rise of package holidays offering archaeological tourism. Beginning in 1855, English busi-

nessman Thomas Cook's eponymous travel company started leading people on all-inclusive holidays across Europe. Popular with the upper-middle and aristocratic classes, these package tours encouraged people to travel to destinations like Athens and Rome to not only explore their contemporary culture, but also to witness their ancient monuments and learn about their historical importance. If you were spending a lot of money on a holiday, the argument went, you should learn from it and support the local economies, too.

Cook's company branched out into Egypt in

Continued on page 36

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Continued from page 34

1869, making archaeological tourism in North Africa available to the masses – and to women who wished to travel safely alone. By the end of the 1880s, Cook's company was guiding more than 5,000 people up the Nile each year, closely following Edwards' own itinerary. Thanks to the popularity of their holidays, the company had control over Nile boat travel for all visitors.

In 1889, 15 years after Edwards had departed Egypt, Andrews and her partner, Theodore Davis, (two American millionaires and archaeological collectors) arrived in Egypt carrying a copy of Edwards' book and several of Cook's brochures. The couple were members of the American branch of the EES, which had spread to the United States just a few years after its founding. Inspired by Edwards' travelogue, they quickly rented and outfitted a private houseboat to take their first trip up the river.

A Thousand Miles up the Nile and Cook's brochures guided the couple



Edwards' book also spurred packaged, all-inclusive holidays to Egypt

as they sailed up and then back down the Nile. They stopped at all the sites that Edwards (and later Cook) had suggested. Like Duff Gordon and Edwards before them, they immediately fell in love with Egypt. The couple would travel up the Nile each year for the next 25 years. They were the quintessential archaeological tourists: members of the upper class, wishing to have a holiday while also learning about the ancient sites they encountered. They purchased ancient artefacts, amassing huge collections themselves. Andrews was influenced both by her own travels and by Edwards' exhortation from her travelogue: "We are always learning, and there is

always more to be learned; we are always seeking, and there is always more to find." From 1900 until they left Egypt in 1914, Andrews and Davis would pay for and personally excavate between 25 and 30 tombs in the Valley of the Kings, some of the most consequential archaeological investigations in the country.

Laws for excavations in Egypt at the time meant that most artefacts would be deposited into the Cairo Museum, with duplicates going into the private possession of the patron or archaeologist. In 1905, the pair and their crew found tomb number 46, the tomb of Yuya and Thuya, parents of Queen Tiye (the chief wife of Pharaoh Amenho-

tep III) and the great-grandparents of Tutankhamun. At the time, this tomb was the best-preserved Egyptian tomb ever found, with most of the funerary equipment still inside. Their stunning coffin masks are still on display in Cairo, and their intact chariot – only the second of its kind ever found – sits just behind them.

The artefacts are important, but Andrews' diaries are crucial to our understanding of the sites. Her records provide a detailed account of her and Davis' activity over a quarter of a century. She meticulously chronicled their excavations with maps and daily accounts of their visitors and the artefacts they uncovered. Davis used many of Andrews' diaries in his own published site reports, never giving her proper credit. Crucially, Andrews also included in her accounts the people ignored by so many male writers: Egyptian workers, antiquities dealers, boat captains and crew. Her perspective is the foundation for the understanding of centuries of Egyptian history.

Andrews' legacy lives on,

too, in New York City's Metropolitan Museum of Art. She and Davis each gave large portions of their collections – more than 1,600 Egyptian artefacts – and their fortunes, to the Met. Each year, millions of visitors view those artefacts, such as the canopic jars from the controversial tomb KV 55. Thanks to Davis' shoddy excavation practices, archaeologists still cannot conclusively agree on whose mummified remains were inside. There is also a restored decorated water bottle from the funerary procession of King Tutankhamun, one of the few Tutankhamun artefacts outside Egypt. Andrews' work made these fragments of ancient Egyptian life and death accessible

to scholars and schoolchildren alike, giving the West a rare glimpse at how ancient Egyptians honoured the dead.

Our contemporary fascination with and understanding of ancient Egypt is due in no small part to this trio of forgotten women. As with their male counterparts, their work wasn't without controversy: these were relatively well-to-do folks travelling to, living in and benefitting professionally from Egypt by removing ancient artefacts from their historical homeland. Yet, their often-ignored legacies effectively laid the foundation of modern Egyptology and influenced our understanding of the ancient world from the beginning.



Andrews and her partner paid for and excavated between 25 and 30 tombs in the Valley of the Kings, including the tomb of Yuya and Thuya

## What's the difference between a Physiotherapist, a Chiropractor and an Osteopath?

To the average person, an osteopath, a physiotherapist, and a chiropractor may seem like more or less the same job. All deal with musculoskeletal pain, require a university degree, and certification from an accredited course.

While they may seem similar at a glance, the three professions take very different approaches to health, so it is important to understand what sets each one apart from the others before deciding which of these professionals is best for you.

### Physiotherapist

Probably the most well-known of the three job titles, it is worth starting off by drawing a distinction between a physiotherapist and the similar-but-distinct title of physical therapist. While both can be

legitimate careers, it is important to know that only physiotherapists require a university degree, while physical therapists receive a narrower range of training over a shorter period of time.

In comparison to osteopaths and chiropractors, one of the primary distinctions of physiotherapy is its use of an all-encompassing approach that looks beyond the purely physical elements of an issue, also taking both psychological and social factors into account when treating patients. This means that if a patient were to present themselves to a physiotherapist complaining of back pain, rather than simply identifying the problem area and treating the symptoms, a physiotherapist will attempt to identify why the problem manifest-

ed in the first place, and prevent it from recurring in the future. This means looking at the physical side of things, such as posture and movement patterns, as well as psychological aspects such as stress or anxiety, and social factors such as work habits and hobbies.

### Chiropractor

Of the three job titles, chiropractors are definitely the most commonly associated with back problems, although some claim it can help with issues such as asthma or sexual dysfunction. But at the same time, chiropractors are also among the most controversial in medical circles. The main feature of chiropractic treatment that sets it apart from physiotherapy and osteopathy is its focus on manipulation, which

is when joints are pushed and pulled to their farthest possible range of motion. The belief is that physical pain can be resolved by getting a chiropractor to manually put everything "back in the right place".

Chiropractors are somewhat controversial for a number of reasons. Firstly, their techniques are seen as unnecessarily risky, with chiropractors having some of the highest instances of adverse patient reactions. They are also looked down

back pain and organ problems is viewed by many as not only ineffective, but meaningless and irresponsible.

### Osteopath

Osteopaths are quite similar to chiropractors in that they also place a lot of importance on manual manipulation, although they tend to be a lot more gentle. The prevailing theory of osteopathy is that the body is at its best when all of its

as harmless, or even beneficial when combined with other medical treatment. However, some studies have shown osteopathy to be ineffective in achieving its claims, while others show evidence to support it. The general consensus is that while osteopathy may have science to back up some of its claims, other claims are simply not true, and further research is needed to separate fact from fiction.

Although these jobs may seem similar, and usually have similar goals, it is clear to see that there is a distinct difference between physiotherapists, chiropractors, and osteopaths. To the average person, these titles may appear interchangeable, but many people will make a different choice when presented with the facts.

While there is a clear frontrunner from a scientific perspective, the key takeaway here should not be to learn the technical difference between these roles, but to realise the importance of researching medical professionals before seeing them. Only then can you make a truly informed decision.

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upon from a scientific perspective, with one of their main theories having no evidence to even support its existence. "Chiropractic subluxation" is claimed to cause organ problems by disrupting the nerves along the spine, but this has never been shown to actually exist, meaning their attempts to treat it for both

tissues are moving how they are supposed to. Osteopaths therefore assess a patient's health by feeling their tissues, and attempting to stimulate movement where they believe it is lacking.

As osteopathic manipulation is so much more gentle than chiropractic manipulation. Many see it



# Towards Zero: the gruesome countdown to the American Civil War

By Amanda Foreman, writer, *The Spectator*



Coloured lithograph of the bombardment of Fort Sumter, Charleston Harbor, 12-13 April 1861. [Lithograph by Currier & Ives, New York, 1861]

The North and South had been bitterly divided over slavery since the invention of the cotton gin in the 1790s, but the Battle of Fort Sumter in 1861 would prove the point of no return.

Some 100,000 books have been written about the American Civil War since it ended in 1865. That's hardly surprising, given the four-year conflict's impact on society, and not just because of the immense death toll, which new estimates put as high as 750,000 – more than the losses from all other wars combined. The effusion of blood created a new nation and a new mythology, anchored on the principles of freedom, equality and democracy.

There is not much room in this crowded field for Civil War neophytes. Erik Larson knows what he is about, however, in *The Demon of Unrest* – but do his critics? The mixed reception this book has received suggests not. As with his previous best-sellers, the author has taken a

single event, the Battle of Fort Sumter in Charleston, South Carolina, in this case, and used it as a highly effective framing device for the immersive story he wishes to tell.

The actual event was a straightforward one. After holding out against Confederate forces for 108 days, the starving Union garrison relinquished its control of the fort on 13 April 1861. The battle was the point of no return, and although there hadn't been any fatalities during the 34-hour bombardment leading up to it, a gruesome accident during the 50-gun salute did result in the first death of the war. Neither the Confederate besiegers nor the northern defenders of the fort had any inkling of the hell they were about to unleash on their fellow Americans.

This is not to say they were blindsided by the war. The country had been tearing itself apart over the issue of free vs slave labour ever since the invention of the cotton gin in the 1790s. Once slave-grown cotton could be efficiently cleaned and processed by machine, the South went from being an agricultural backwater to an economic powerhouse exporting four mil-

lion cotton bales a year.

The production costs were cheap, the supply inexhaustible, and the southern states had a virtual monopoly on the global market. Unlike the northern states, they didn't need immigration, education or industrialisation to grow rich – just millions of Africans, force-fed and force-bred into perpetual bondage. In the 1830s, southerners began referring to slavery as the 'peculiar institution', not because it was wicked and shameful, but on account of it being unique and inseparable from the southern way of life.

If northerners were at all uncertain about the non-negotiability of slavery – unlikely, given the political paralysis it caused in Washington – incidents on the floor of the Senate such as the Mississippi senator Henry Foote brandishing a loaded revolver and the South Carolina senator Preston Brooks beating the abolitionist campaigner Charles Sumner unconscious, helped to clear up any confusion.

International condemnation of slavery also fuelled southern bluster and arrogance. On the eve of the war, Britons were unamused to hear the South

Carolina plantation owner James Hammond (rendered in gloriously repulsive detail by Larson) describe England as a vassal state in the southern empire. 'Cotton is king,' Hammond raged in a speech in 1858 that made him infamous on both sides of the Atlantic. 'No power on Earth dares to make war on it.' No power except the executive power of Abraham Lincoln, it turned out.

**'Cotton is king,' James Hammond raged in 1858. 'No power on Earth dares to make war on it'**

The pivotal role that individual action plays in momentous times is a recurring theme in Larson's books. He is fascinated by two kinds of anti-heroes: the monster with a talent for propelling events, like Hammond, and the decent man whose limitations spur him towards catastrophe, like the professorial William Dodd, America's ambassador to Germany the year Hitler came to power (In *The Garden of Beasts*, 2011). A colleague of Dodd's later recalled he had seldom, if ever, 'worked with a chief of mission who was more futile and ineffective'.

In *The Demon of Unrest*, Larson's anti-heroes are more starkly drawn. The decent men may be doomed to die, like Lincoln, or fail in their objective, like US Major Robert Anderson, the commander of Fort Sumter, but their flaws and limitations render them more, rather than less, admirable.

Lincoln was elected the first Republican president in November 1860 by a majority in the 34-state electoral college. But he lost the popular vote by a wide margin, giving the impression that his victory was an accident. His failure to address this added fuel to the claims of southern fire-eaters that he intended to destroy the South's economy using high tariffs, ram abolition down their throats and set off a race war between blacks and whites.

Having never visited the Deep South, Lincoln was unaware of how entrenched the secession movement had become or

how desperately pro-Union southerners needed support and leadership. Even more damaging for the prospects of peace was the traditional four months' grace between the election and the inauguration. The General Assembly of South Carolina, the state with the noisiest supporters and longest history of secession attempts, voted to become an 'independent commonwealth' on 20 December 1860. Half a dozen more followed soon afterwards, yet Lincoln was still in Illinois in early February when the seven announced the formation of the Confederate States of America under President Jefferson Davis.

Lincoln only settled into Washington at the end of February, by which time another four states were preparing to secede, bringing the final total to 11. At his inauguration on 4 March, his belated attempt to cool secession fever by insisting he would defend the Union to his last breath while promising that slavery was safe in his hands alienated everyone. Southerners were convinced he was lying, even as abolitionists hoped that he was.

Initially, the majority of Lincoln's cabinet felt certain he was not up to the job. Several tried to sideline him, sowing chaos among the already confused attempts to prevent disunion. Lincoln never altered his position, however, that slavery was a negotiable issue, but not Federal authority. Only two naval fortifications were still in Union hands by the time he took office: Sumter in Charleston and Fort Pickens in Pensacola, Florida. Back in December, John Floyd, Buchanan's secessionist secretary of war, believed he had picked 'one of us' when he assigned a middle-aged southern officer from a slave-owning family to oversee Charleston's fortifications. Major Robert Anderson's rise up the ranks had stalled, despite an exemplary service record and being severely wounded in action during the Mexican-American War. He was teaching cadets at West Point when Floyd recalled him. It was not uncommon for such men to seek compensation by means of treachery. Anderson was the exception.

South Carolina's seces-

sion was meant to have been the signal for Anderson to stand aside or evacuate his position. He did, slipping out under cover of darkness with a few dozen troops; but only to take up a stronger one. Although still under construction, Fort Sumter was the biggest of Charleston's three forts. Anderson didn't care about the rights or wrongs of slavery, nor did he care much about politics, but his honour and duty were sacred to him. To the indignation and fury of his now former brother officers, he made it clear that he would protect the Union flag flying over Sumter until he ran out of food or Confederate forces overwhelmed him.

In Larson's dramatic rendering of the countdown to war, Lincoln was the one who cocked the starting gun by insisting that Major Anderson be resupplied, knowing it would provoke the Confederates; by engaging in a battle he knew he would lose, Anderson was the one who fired it. There's an unmistakable aura of Greek tragedy to these men in *The Demon of Unrest*. They are reluctant heroes, forced to act the way they do because they are incapable of behaving in any other way.

It's history as a form of catharsis, which leads to the deeper purpose of this work. The real project of the book may not be immediately divined from its soaring prose and ripping action scenes, yet it was shaped by the calamitous events at the Capitol on 6 January 2021. 'I had the eerie feeling that present and past had merged,' Larson writes in his foreword. It seemed to him as though America was once again in danger of slipping loose from its ideological moorings.

*The Demon of Unrest* is Larson's attempt to call the country back to its senses. The book is not so much history in the traditional Thucydidean manner of causes and events, but rather a political argument posing as history in the manner of Xenophon, the father of popular narrative history. It is a full-throated defence of democratic values, individual agency and the power of collective action. Why read it? Because to understand the meaning of freedom for others is to know it in ourselves.

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# Is the Great Barrier Reef really dying?

By Ross Clark, lead writer and columnist who has written for *The Spectator* for three decades.



A diver swimming amongst the coral on the Great Barrier Reef

The Great Barrier Reef is, of course, dying – a victim of humans’ hubris and callousness towards the natural

world.

We know this because we keep being told this is the case. This week, the *New York Times* carried the headline: ‘Heat Raises Fears of Demise for Great Barrier Reef With-

in a Generation’. This story, echoed elsewhere, was based on a paper in *Nature* claiming that the seas around the reef, off the eastern coast of Queensland, are at their warmest in at least 400 years. ‘Highest ocean heat in four cen-

turies places Great Barrier Reef in danger,’ asserted the authors of the study, led by the University of Wollongong in Australia’s New South Wales.

It echoes what happened two years ago, amid similar warnings about the health of the Great Barrier Reef

There is just the one problem: annual data on the reef itself, published by the Australian Institute of Marine Sciences on the same day, appears to show a more positive story – and one that wasn’t as widely reported. Average hard coral cover – the most common metric to measure the health of the reef – increased in all three sections of the reef. Indeed, in the Northern and Central sections it is at its highest in the 38 years in which annual monitoring has taken place. In the Southern section it is very nearly at its highest. The report notes that some of the data was collected before a mass

bleaching event (when algae disappear from parts of the reef). However, there have been other bleaching events in the past, from which the reef has recovered.

This is becoming a bit of a trend. It echoes what happened two years ago, amid similar warnings about the health of the Great Barrier Reef – before coral cover recovered to what was then its highest-recorded level. The Institute of Marine Sciences notes that parts of the reef, while not dead, are under stress. Nevertheless, this week’s headlines are yet one more example of how doom-mongering in the world of conservation so often fails to tell the whole story. There is a default position in so much of what is published on the subject: that things are bad, are getting worse and that it is all our fault. This narrative will be imposed no matter what the underlying data show. When ‘endangered’ plants and animals subsequently proliferate, the resulting coverage is rather muted – just look at how the badger cull was opposed by people who wrongly seemed to think it

was a case of the last few members of the species being driven from Britain. Yet there are still thought to be huge numbers of badgers in Britain in spite of the cull.

This is not to say, of course, that there are not some animals and plants which are in genuine danger of extinction, nor that efforts shouldn’t be made to ensure that the Great Barrier Reef does not degrade – that is why the annual monitoring began. But why can’t we be told the full story when it comes to how the natural world is doing? If we keep being told that something is dying when it doesn’t appear to be, it ends up being counter-productive – it will lose public attention. Trouble is that bad news sells.

When tabloids over-egg a news story to sell their papers we call it ‘sensationalism’. Yet the coverage of research put out by learned journals and university departments can play the same game: emphasise the negative and suppress the positive. If a healthy Great Barrier Reef is still with us in 30 years’ time they will end up looking somewhat foolish.

# Huge Canary Islands discovery as mystery of real-life Atlantis could finally be solved

By Grace Piercy, News Reporter, *Daily Express*



The islands could have been an inspiration for Atlantis

The potential inspiration for Atlantis has been found in the Canary Islands.

A huge Canary Islands discovery could finally solve the mystery of a real-life Atlantis. Atlantis was described by ancient Greek philosopher Plato 2,300 years ago – the island’s people anger the gods who sink the country beneath the sea. But now researchers claim to have found Plato’s source of inspiration – a series of underwater islands near the Canary Islands off the coast of Africa. The islands would have been close to the Canaries but sunk millions of years ago, according to the experts. This raises the question of how the philosopher would have known about them. They have been named ‘Los Atlantes’, in reference to Plato’s myth which was designed to urge against national hubris.

Luis Somoza, a marine geologist at the Geological Survey of Spain (IGME-CSIC), told *Live Science*: “This could be the origin of



Atlantis was invented by Plato

the Atlantis legend.” Los Atlantes existed as islands during the Eocene time period, between 56 and 34 million years ago. “They were islands in the past and they have sunk, they are still sinking, as the legend of Atlantis tells,” said Somoza. “Some of us have been able to verify that they still maintain their beaches.” As part of an exploration project that kicked off on June 27 and ended last week, the team deployed an unmanned submarine to investigate the seabed between 330 and 8,200 feet

deep.

Today, Los Atlantes are now covered with “vast life”, from gardens of corals and sponges to areas covered with “bacterial mats” – multi-layered sheets of microorganisms, researchers say. The islands are located on a massive “sea-mount” – an underwater mountain with steep sides rising from the seafloor that contains three inactive volcanoes. The islands may have sunk when the volcanoes stopped erupting and lava solidified and became denser.

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## Las Rosas, Restaurant

**€495,000**

**6 bed** · A reluctant sale due to the current owners retirement and 'down-sizing'. An extensive (150m2) fully fitted and equipped freehold restaurant with professional stainless steel kitchen with extraction, stage area, bar and toilets. Situated on the lower level of a spacious townhouse which offers flexible living accommodation with potential for a number of pro... For full information see website or contact:

**Ref: 6090 | Tenerife Royale Estate Agents SL | 922 788305**

## El Medano, Commercial Property

**€475,000**

Clear Blue Skies Group SL is very pleased to offer for sale this spacious commercial premises situated in an incredible central

location in the vibrant town of El Médano. El Médano is located a few kilometres north of the Tenerife South airport and is recognised as Tenerife's water sports epicentre, as it is the perfect spot for kite boarding and surf... For full information see website or contact:

**Ref: 8379 | Clear Blue Skies SL | 922 714 772**

## Playa de la Arena, Empty Local

**€395,000**

FRINA Tenerife is now offering this. Empty freehold local, on the first line in Playa La Arena. The local is empty but has been used as a bar. So, it has disabled toilets, men, and women's toilets. The local needs a full refurb before its ready to open. This local would be perfect if you are looking to build your own bar & café, or a restaurant, The pro... For full information see website or contact:

**Ref: 2528 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Tenerife South, Manufacturing business

**€390,000**

FRINA Tenerife offers here a unique opportunity to take over this Jewellery Manufacturer & Supplier business that designs, produces and sells high-quality jewellery to both B2B and B2C customers. Under one SL company are different brands of jewellery and you will find designs for both men and women. All collections are made of carefully selected m... For full information see website or contact:

**Ref: 2410 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Pizzeria

**€380,000**

FRINA Tenerife brings to the market this Italian Restaurant Pizzeria in Los Cristianos. It is a well known business located in El Camison, a central area close to the beach full of both residents and tourists. The Restaurant Pizzeria has an high and demonstrable monthly turnover, it has a very rich menu with traditional Italian dishes and a good choice o... For full information see website or contact:

**Ref: 2576 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Puerto Colon, Sports Bar

**€350,000**

FRINA Tenerife offers for sale this Freehold Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has some... For full information see website or contact:

**Ref: 2591 | FRINA Tenerife SL - Business Sales | 922 085 191**

**€349,999 - €250,000**

## Golf del Sur, Investment Property

**€329,175**

**1 bed** · air conditioning, modern.

**Ref: VS5424D | Vym Canarias | 922 787 210**

## San Eugenio Bajo, Bar/Cafe

**€325,000**

FRINA Tenerife is happy to offer a Modern and Stunning Cafeteria-Bar for Sale in San Eugenio Bajo. If you are looking for picture-perfect premises in a busy location, you cannot miss this stunning

opportunity! The premises are 150m2 with an open kitchen and a terrace of 30m2. Altogether are tables for 90 guests. The premises were fully renovated in 20... For full information see website or contact:

**Ref: 2489 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Freehold Pub

**€320,000**

FRINA Tenerife is happy to offer this long-established and very popular Freehold Pub for Sale in Los Cristianos. This business had the same owner for many years and is known for its lovely atmosphere and food, so no doubt you will have guests from day 1. Note the owners wish to keep the sale very discreet, hence we can only provide limited details here... For full information see website or contact:

**Ref: 2422 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Olivivos, Empty Local

**€280,000**

**2 bed** · 2 bed, 5 bath commercial, local for sale.

**Ref: IPPDOAL01 | Island Prime Property | +34 922 09 69 75**

## Playa San Juan, Restaurant

**€250,000**

This modern Restaurant for Sale in Playa San Juan is located centrally on the main street. It is known for its international menu offering brunch, burgers, and Spanish specialties. This business has fast become one of the most visited restaurants in the area and the guests just keep coming back to enjoy the menu, lovely style, and amazing atmosphere. ... For full information see website or contact:

**Ref: 2504 | FRINA Tenerife SL - Business Sales | 922 085 191**

## San Eugenio Bajo, Bar/Cafe

**€250,000**

FRINA Tenerife offers this famous Tenerife café for sale. The café is in San Eugenio and is known for its international menu and live music. It has been open for years and has a good reputation among residents, tourists, and on social media. And whether you are looking for an investment or a well-established business to run yourself, you cannot miss th... For full information see website or contact:

**Ref: 2505 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Puerto Colon, Excursion Business

**€250,000**

FRINA Tenerife is excited to offer this Unique Diving Business for Sale in Puerto Colon. If you dream about a great water sport business on the island of external spring, you cannot miss this! It has been established for many years and has no direct competition. The diving experience is offered on underwater scooters making it possible for everyone to par... For full information see website or contact:

**Ref: 2409 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Las Americas, Restaurant

**€250,000**

FRINA Tenerife offers for sale this Large Front-Line Restaurant in Las Americas facing the beach promenade which is always busy and offers a lovely view. Moreover, the restaurant is located on a corner, so you have even more people passing and a large terrace! If you are looking for that amazing location to open a large restaurant or lounge bar you... For full information see website or contact:

**Ref: 2459 | FRINA Tenerife SL - Business Sales | 922 085 191**

**€249,999 - €150,000**

## Costa del Silencio, Bar/Cafe

**€230,000**

FRINA Tenerife is now offering this Belgian Bar/cafe for sale. Located in the Tenbel commercial centre. Tenbel is a well-known centre and attracts both tourists and residents. This bar is well-known with the Belgian residents on the island. also, this bar offers a wide range of Belgian beers. The premises are 100m2 of interior space with a 15m2 kitc... For full information see website or contact:

**Ref: 2538 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Golf del Sur, Commercial Property

**€220,000**

FRINA Tenerife is now offering this investment property for sale, in Golf del Sur. This property has an established business and good tenants. The premises of this freehold is a 66m2 interior and a terrace of 40 m2. If you wish to know more about this commercial property investment contact FRINA Tenerife. Para información en español llámenos: +34 ... For full information see website or contact:

**Ref: 2523 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Gigantes, Freehold Property

**€219,000**

Clear Blue Skies Group SL are delighted to offer this freehold business premises to the open market, located in Los Gigantes on the sunny west coast of Tenerife. Los Gigantes is the biggest resort town on the west coast of Tenerife, situated just along the coast from the delightful towns of Puerto Santiago and Playa de la Arena. Los Gigantes is named aft... For full information see website or contact:

**Ref: 8344 | Clear Blue Skies SL | 922 714 772**

## Torviscas Bajo, Bar/Cafe

**€210,000**

FRINA Tenerife this Busy Cocktail Bar For Sale in Torviscas Bajo, which is known as one of the best cocktail bars in the area and has excellent reviews on TripAdvisor, Facebook and other social media. It has been established for years and you will take over a genuinely successful business. Moreover, the owner only works limited hours hence, this is a g... For full information see website or contact:

**Ref: 2567 | FRINA Tenerife SL - Business Sales | 922 085 191**

## La Caleta, Italian Restaurant

**€190,000**

A new business for sale is this Italian Food & Wine Restaurant in La Caleta. The business is known for a delicious Italian menu with pizzas, fresh shellfish, homemade desserts, and quality wines. This cozy restaurant is a must-see if you are looking for a wine-bar and restaurant with an ambitious menu. The premises are spacious 150 m2 with a large a... For full information see website or contact:

**Ref: 2403 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Bar/Restaurant

**€190,000**

FRINA Tenerife now offers this Famous and Successful Asian Restaurant for Sale. This restaurant is located centrally in Los Cristianos and is very busy. An amazing reputation secures many guests every day and evening both new and returning. If you are looking for a successful business with a good and steady income you cannot miss this! The premises ... For full information see website or contact:

**Ref: 2542 | FRINA Tenerife SL - Business Sales | 922 085 191**

## San Eugenio Alto, Pool Bar

**€175,000**

FRINA Tenerife presents this new Freehold opportunity Poolbar in San Eugenio Alto. A perfect located Freehold Poolbar inside a complex which is approximately a twenty minutes driving from Reina Sofia airport in the south. Almost opposite the resort there is Aqualand, a water park more suited to younger family members. The Freehold Poolbar is nearby at... For full information see website or contact:

**Ref: 2603 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Bar/Cafe

**€170,000**

FRINA Tenerife now offers this Sea View Bar for sale in Los Cristianos, it is a unique and perfect option for the demanding buyer! You find this Sea View Bar in San Telmo which is busy all year and both days and nights. The current owner has designed the Sea View Bar and decorated it to perfection. Furthermore, the bar overlooks the large a busy Playa ... For full information see website or contact:

**Ref: 2584 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Los Cristianos, Bar/Cafe

**€169,000**

FRINA Tenerife now offers this Well-Known British bar Los Cristianos. It is known for its high-quality food and entertainment. The bar is located in a busy area that

attracts many tourists and residents.

This bar has been for almost 10 years and has a great reputation and a high income. So if you are looking for a bar in Los Cristianos you can't miss this... For full information see website or contact:

**Ref: 2550 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Las Americas, Bar/Cafe

**€150,000**

FRINA Tenerife now offers this Famous traspaso café in Las Americas. And, it is a wonderful opportunity, to buy one of the most reputable British cafes in Playa Las Americas. The owner opened this bar over 10 years ago. And has grown to be one of the most recognized and popular cafes in the area. It has a great reputation for quality food, delicious cakes... For full information see website or contact:

**Ref: 2533 | FRINA Tenerife SL - Business Sales | 922 085 191**

## San Eugenio Alto, Pool Bar

**€150,000**

FRINA Tenerife presents this rare opportunity to buy a Freehold Pool Bar for Sale. This pool bar is in a busy complex in Torviscas. It is an apart-hotel complex where you will have both residents, expats, and tourists as guests. A pool bar is always a sure success and whether you wish to work less and only sell drinks and ice cream during the day or al... For full information see website or contact:

**Ref: 2555 | FRINA Tenerife SL - Business Sales | 922 085 191**

## Fanabe, Pub

**€150,000**

FRINA Tenerife offers for sale this Entertainment Pub & Restaurant for Sale located on the first line in Fanabe. It is known to be one of the busiest entertainment pubs in the area offering live music every day. And in the evenings, you must book to be sure to get a table. Moreover, the place offers a full British menu. Nevertheless, you find both British... For full information see website or contact:

**Ref: 2503 | FRINA Tenerife SL - Business Sales | 922 085 191**

**€149,999 - €100,000**

## Puerto Colon, Charter Yacht

**€149,000**

FRINA Tenerife now has the pleasure to offer this beautiful charter boat for sale in Puerto's colon. Puerto Colon is one of the busiest tourist harbours on the island and which contributes to this boat's popularity. This sunseeker boat includes an attached





## The One Stop Problem Shop

Don't have the right paperwork?

Don't speak Spanish?

*Don't Worry!*

- Translation's verbal and written Official written translations/documents Conveyancing/Inheritance/ Property Purchase/ Sales
- NIE/TIE or Certificate of Residence Registration or Exchange & applications and renewals
- Non-Residents' taxes Modelo 210
- Voting rights
- Padron/Conviviencia
- Transfers: Cars/Motorcycles/Boats
- Insurance: Home and Contents Vehicles/Boats & Jet Skis/Life/Pets
- Dog Licence Applications
- Spanish Wills
- Power of Attorney UK + ES
- Assistance following a bereavement
- Registering at the Doctors
- European Health Card
- Denuncias at the Police station or Guardia Civil
- Dealing with the Town Hall
- Plans/Architectural
- Digital Certificate
- Utility companies' water/electricity
- Payment of IBI (rates)/Rubbish/Road Tax
- Schools – Enrolments

If you can't see the service you require...

*Please ask...*

navigation 8 seats and 2 Volvo Kad 300 engines from 2021.

**Ref: 2545 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Los Cristianos, Bar/Cafe

€149,000

FRINA Tenerife now offers this Prime Location Bar in Los Cristianos, in front of Playa Las Vistas. It is a rare chance to buy in a truly prime location in front of the famous Las Vistas beach. The Bar in Los Cristianos has a great client base and is frequented by a lot of tourists, it has breakfast and lunch menu that satisfied all kind of clients. ... For full information see website or contact:

**Ref: 2602 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Puerto Colon, Empty Local

€140,000

FRINA Tenerife offers this Freehold Office for Sale in Puerto Colon Commercial Center. A very central and busy location that enjoys lots of footfall year-round thanks to the many excursions business and bars in the area. Also, you are close to parking. The office is bright and spacious 92 m2. It was refurbished in 2019 with new electrical installations... For full information see website or contact:

**Ref: 2477 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Los Cristianos, Pizzeria

€140,000

Now FRINA Tenerife offers this Business for Sale in Los Cristianos. The business is known for great pizzas and being located on a very busy street close to the beach and with a lot of footfall. Normally this is a very busy pizzeria that generates a high turnover year-round. Contact FRINA Tenerife for more details on this. The premises offer a large ... For full information see website or contact:

**Ref: 2417 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Torviscas Bajo, Irish Bar

€139,000

FRINA Tenerife is happy to put on the market a Busy Irish Bar for Sale

Traspaso. This lovely bar is in Torviscas Bajo where it is visited by tourists of all nationalities. Irish bars are always popular and so is this, securing the owner and high monthly income. Moreover, this place has a great reputation, and you will earn money from day 1! If you are ... For full information see website or contact:

**Ref: 2518 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Las Americas, Bar/Cafe

€132,000

FRINA Tenerife now offers this Long-Established Bar in Las Americas in the famous Avenida Las Americas. It is a rare chance to buy in a truly prime location in this area full of big hotels and tourists. The Bar in Las Americas has a great resident and tourist client base thanks to 22 years of activity with the same owner, it serves mostly drinks and so... For full information see website or contact:

**Ref: 2605 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Puerto Colon, Sports Bar

€125,000

FRINA Tenerife offers for sale this Entertainment Sports Bar in Puerto Colon. It is in a famous commercial centre visited by a lot of tourists and many locals. It's live Entertainment and great atmosphere attract people of different nationalities and ages to come and enjoy a fun night of Karaoke, live music, Sports and tasty food. This place always has... For full information see website or contact:

**Ref: 2590 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Las Americas, Bar/Restaurant

€120,000

FRINA Tenerife is happy to offer this popular and successful Las Americas restaurant for sale. This business has been established for more than 8 years and is known to serve great food for a fair price. The menu is a wide range of ever-popular meals for the whole family like pasta, steaks, roast chicken, pizzas, and more. And moreover,

the restaurant h... For full information see website or contact:

**Ref: 2387 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Puerto de Santiago, Pizzeria

€109,000

FRINA Tenerife brings to the Market this Pizzeria – Seafood Restaurant in Puerto Santiago, located in the touristic area of Santiago del Teide and with a stunning view on the Ocean. The two locals have the same owner and the same employees, they work mostly with Tourists, but it is also very well-known between the residents of the town. The Rent of the... For full information see website or contact:

**Ref: 2609 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Puerto Colon, Restaurant

€106,000

FRINA Tenerife presents this Modern Restaurant in Puerto Colon for Sale in San Eugenio Bajo located on a busy street and overlooking the sea. This Modern Restaurant is fully renovated and has a unique decor, it faces stunning sunsets and enjoy an excellent flow of people, both tourists and locals. Premises of the Restaurant for Sale The premises... For full information see website or contact:

**Ref: 2593 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Tenerife South, Retail Business

€100,000

FRINA Tenerife offers for sale this retail business that sell car and vehicle parts. The business is located in Los Realejos, where it serves many locals in the area and some British people. The business has a solid reputation and had a healthy income, but is now closed. Included in the retail business The owner wishes to sell the business... For full information see website or contact:

**Ref: 2343 | FRINA Tenerife SL - Business Sales | 922 085 191**

€99,999 - €50,000



### Fanabe, Bar/Cafe

€99,500

This well-known British Café for Sale in Fanabe is one of the best known in the area and has been established for many years. It is known for classic English breakfasts, cakes, Sunday Roasts, and much more. Furthermore, the café has great reviews among residents, tourists, and on social media, and no doubt you will guests from day one with this business... For full information see website or contact:

**Ref: 2397 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Las Galletas, Ice Cream Bar

€89,000

FRINA Tenerife is happy to offer this amazing Crepe & Ice Cream Café for Sale in Las Galletas. The café is located centrally in the city and facing a busy area that enjoys plenty of footfall and attracts many residents and especially families. The café is known for ice cream, crepes, good coffee, and shakes. The premises are in good condition and you d... For full information see website or contact:

**Ref: 2438 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Tenerife South, Pest control business

€89,000

FRINA Tenerife offers a genuine successful Pest Control and Cleaning Company for sale. This company has been established for years and has hundreds of clients in the south of Tenerife. The main job is pest control of businesses and private houses, nevertheless, they also earn decent money on cleaning jobs. Since all work is done on location, the own... For full information see website or contact:

**Ref: 2573 | FRINA Tenerife SL - Business Sales | 922 085 191**

### El Madronal, Babywear Shop

€86,500

FRINA Tenerife brings to the market this Baby SPA Wellness in Costa Adeje, a one-of-a-kind business in the island. The Baby SPA has a very good reputation thanks to the beautiful online reviews. It comes with all furniture included. The Baby SPA Wellness has a full SPA licence and you are allowed to offer therapeutic massages too. It is in El Madroñal ... For full information see website or contact:

**Ref: 2581 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Torviscas Bajo, Pool Bar

€85,000

FRINA Tenerife just took on this large pool bar in Torviscas Bajo. It is very well established and placed in a large and popular holiday resort that has hundreds of tourists every month year round. The pool bar has a large terrace overlooking the pool and with tables for 50 guests. The inside premises are fully equipped with a large bar and an industri... For full information see website or contact:

**Ref: 2385 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Torviscas Alto, Empty Local

€85,000

Large local of 128m2 for sale in Puerto Colon.

**Ref: VS3416D | Vym Canarias | 922 787 210**

### Vilaflor, Bar/Restaurant

€80,000

FRINA Tenerife is happy to offer this beautiful Restaurant for Sale placed in the caves of a large finca in Tenerife. Today the place is known for its beautiful location and surroundings with wines and fruits trees and offers a modern Canarian menu made from local and homegrown products. This is a successful business with an amazing reputation but ther... For full information see website or contact:

**Ref: 2549 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Costa del Silencio, Restaurant

€79,000

FRINA Tenerife offers for sale in Costa del Silencio this restaurant that is known for delicious fish and tapas. It has been established for almost 2 years and has earned itself a good reputation and has very high reviews on Google, TripAdvisor, and Facebook. The premises are spacious 300m2 and moreover, have a terrace of 40 m2. Inside are tables for 1... For full information see website or contact:

**Ref: 2515 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Las Americas, Beauty Salon

€76,000

FRINA Tenerife offers Traspaso Nail and Beauty Salon for Sale. It has a prime position in Las Americas facing the busy promenade and offering a stunning sea view. The business offers a variety of treatments among others manicure, pedicure, waxing, massages, tinting of lashes and eyebrows, facials and more. The premises are amazing and refurbished to hi... For full information see website or contact:

**Ref: 2564 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Puerto Colon, Excursion Business

€75,000

This Boat Hire Excursion for Sale offers zodiac boats to hire and go for private trips. The brilliant thing about zodiacs is you do not need a license to sail it so both residents and tourists come to rent and enjoy a private trip on the sea. This is an easy excursion business to run for one person since you only need to meet clients for the instructio... For full information see website or contact:

**Ref: 2426 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Torviscas Alto, Bar/Cafe

€65,000

Now we offer this Reputable Bar for Sale in Torviscas Alto. If you are looking for a well-established business with many loyal customers, you should have a look at this café that is a popular place to meet friends for a drink. The current owner had the business for 3 years and only look to sell since he also has other businesses. The premises of the... For full information see website or contact:

**Ref: 2444 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Torviscas Bajo, Bar/Cafe

€65,000

FRINA Tenerife offers this Bar-Restaurant for sale in San Eugenio Bajo. It is a well-known business and enjoys many regulars and new guests due to its location in a large complex that enjoys residents and tourists year-round. The business is known for its great price/quality and live entertainment several nights a week. The premises are well-maintai... For full information see website or contact:

**Ref: 2463 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Golf del Sur, Bar/Cafe

€65,000

Fantastic opportunity to purchase a bar located in a popular commercial centre. The bar has been fully refurbished, had new bathrooms installed, fully rewired, new air-conditioning, and new glass washer. Included are 10 televisions which can show 3 different matches, and 2 WiFi routers (one for the TVs, one for customers).

**Ref: B-122 | Tenerife Prime Property | 922 703 725**

### Adeje Town, Pizzeria

€60,000

FRINA Tenerife is now offering this well know pizza restaurant traspaso in Adeje. The restaurant is centrally located, in the centre of the old Adeje town. Where it is in a residential complex. This is a restaurant that is popular among the residents and families in the area. The premises are a spacious 92 m2 restaurant that has a large, covered terrac... For full information see website or contact:

**Ref: 2525 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Adeje Town, Pizzeria

€55,000

Now FRINA Tenerife offers this Adeje Pizzeria for Sale that has been established for several years and is known for delicious pizzas. If you wish to keep running this business as a pizzeria, this location is perfect to establish yourself as a takeaway and delivery business for all the surrounding complexes. This is the area for you that gives loyal cus... For full information see website or contact:

**Ref: 2416 | FRINA Tenerife SL - Business Sales | 922 085 191**

### Los Cristianos, Minimarket

€51,000

FRINA Tenerife offers this unique opportunity to buy a Traspaso Minimarket and Fast Food Shop in Los Cristianos. This business sales both fast food like kebab, fries and burgers. Moreover, is the store installed with shelves and fridges to sell everyday goods like alcohol, chips, sweets, ice cream, sun cream etc. The premises are 60 m2 inside and has a... For full information see website or contact:

**Ref: 2431 | FRINA Tenerife SL - Business Sales | 922 085 191**

**UNDER €50,000**

### Los Cristianos, Bar/Cafe

€49,500

FRINA Tenerife now offers this amazing French Café in Los Cristianos. 2 Years ago the owners refurbished this Cafe. Where they also installed a wine boutique. This café serves French healthy food and it does tapas and wine tasting. And has done so for more than 8 years, and has a good reputation. furthermore, with the addition of the boutique, the new own... For full information see website or contact:

**Ref: 2539 | FRINA Tenerife SL - Business Sales | 922 085 191**

**Tel: 922 703 725**  
**Mobile: 619 180 888**

C/ Luciano Bello Alfonso No. 5,  
 1st Floor, Office C,  
**LAS CHAFIRAS**  
 38639 Santa Cruz de Tenerife



## FOR SALE!

Wonderful opportunity to purchase 10 businesses on the West coast of the island offering the best dishes from around the world (Sushi from Japan, National dishes from Morocco, tapas and other classic dishes from the Canary Islands, the absolute best steaks on the island, Burgers to die for and even the best British cod and chips!). Each business can be purchased individually – either via traspaso or, in three cases, freehold. Discounts are available for quick sale!

Canarian cheeses and wine	Moroccan Cuisine
Canarian Cuisine	Traditional British fast foods
Tapas with a twist	The best steaks in Tenerife
Sushi from Japan	Dishes from around the world
<b>Burgers to die for!</b>	

**SALE PRICE: €1,500,000**

**Contact us for more information or to arrange a meeting with the Vendors**

# FRINA Tenerife

tenerifebusinessforsale.com

## Bargain 24-H Supermarket

**NEW**



This supermarket in Torviscas Bajo is currently closed but has a 24-hour license, which is very beneficial in this location where people go out 7 days a week all year! It is 170m<sup>2</sup> plus a large terrace. Monthly rent: 1,200€

Ref.: 2817

Price: 15,000€

## Large Beach Restaurant



Located just next to Playa las Vistas is this large and always busy restaurant of 400m<sup>2</sup> that moreover has a terrace of 85m<sup>2</sup>. It is a turn-key business that has been established for more than 10 years. The monthly rent is 13,000€

Ref.: 2788

Price: 120,000€

## Leasehold Gym for Sale



With a spacious area of 285m<sup>2</sup> spread over two floors, you get a fully equipped gym to serve every clients needs. You have the machine and fitness area and 2 spacious rooms for boxing and fitness classes. Monthly rent is: 2,062€

Ref.: 2797

Price: 109,000€

## Bar-Cafe in Costa del Silencio

**NEW**



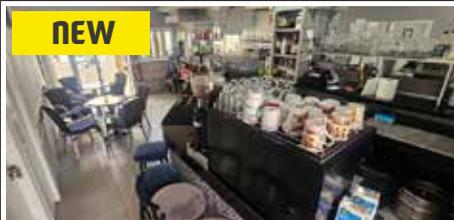
This bar-cafe is in a complex and is for sale as a leasehold or a freehold. The premises are 120m<sup>2</sup> and was fully refurbished in 2022. The leasehold price is 50,000€ with monthly rent: 1,000€. The freehold price is 250,00€.

Ref.: 2814 / 2815

Price from: 50,000€

## Busy Cafe in Los Cristianos

**NEW**



This busy cafe is located centrally in Los Cristianos and has a great reputation. It is very popular among English-speaking residents and tourists who enjoy the food, sports on TV and drinks. Monthly rent: 1,091€

Ref.: 2820

Price: 49,000€

## Sea View Bar in Puerto Colon

**Reduced**



This bar spans 49m<sup>2</sup>, equipped with a large serving area and a small stage perfect for live music. The terrace is 20m<sup>2</sup> and offers stunning views of the harbour, La Gomera and sunsets. Monthly rent: 1,500€.

Ref.: 2793

Price: 39,000€

## Excursion Shop in Las Americas



Great option to get a well-established excursion business in a central location in Las Americas, showing a healthy profit both summer and winter – a turn-key opportunity both with employees or if you work here yourself. Monthly rent: 3,000€

Ref.: 2801

Price: 70,000€

## Bar-Cafe in Busy Complex



This bar-café is in a large and busy complex in Torviscas Bajo. It is known for its British menu, friendly service and live entertainment. The business has tables for 25 guests and is perfect for a couple. Monthly rent: 1,000€

Ref.: 2803

Price: 79,500€

## Sports Bar in Los Cristianos

**NEW**



This bar in Los Cristianos has a great reputation and is especially popular among British residents and tourists. It was recently refurbished, is located centrally in the town and can be taken over without any changes. Monthly rent: 1,091€

Ref.: 2819

Price: 49,000€

## Bar Restaurant in Los Cristianos



This bar-restaurant is 60m<sup>2</sup> with a spacious terrace. In total, the premises can accommodate 35 people and is in a commercial center. It is open from early morning to late evening with many regular guests. Monthly rent is: 1,300€

Ref.: 2766

Price: 65,000€

## Large & Modern Cafe for Sale

**NEW**



This cafe is in San Eugenio Bajo and is fully refurbished and measures 105m<sup>2</sup> plus a large terrace of 86m<sup>2</sup> and views to the sea and beach. It is a well-established business with many fixed clients. Monthly rent only: 900€

Ref.: 2816

Price: 95,000€

## Bar with Stunning Sea Views

**NEW**



This bar has a prime location in Los Cristianos overlooking Playa las Vistas. The bar was fully refurbished in 2020, it measures about 60m<sup>2</sup> plus a cozy terrace with stunning views of the beach and sea. Monthly rent: 1,700€

Ref.: 2812

Price: 75,000€

## Bargain Freehold Pool Bar

**REDUCED**



Do not miss this chance to get a pool bar sold as freehold. It is 67m<sup>2</sup> and in a complex in San Eugenio Bajo with both tourists and residents. It is the perfect place for a first-time buyer or a couple who wishes to work together.

Ref.: 2773

Price: 140,000€

## Commercial Freehold for Sale

**REDUCED**



This freehold office is 92m<sup>2</sup> and offers a large open office area, a meeting room, a directors office, a toilet, a storage and a kitchen. It was fully refurbished in 2019 and is perfect as office, shop or a beauty salon.

Ref.: 2477

Price: 135,000€

## Bakery & Bar for Sale



This stylish bar & bakery is in Palm Mar offers everything you need to run a busy breakfast, lunch and take away business. It has a large and lovely terrace and 90m<sup>2</sup> fully furnished local with a spacious kitchen. Monthly rent: 1,650€

Ref.: 2808

Price: 170,000€

## Diving Center for Sale



This diving center is located centrally and close to the diving start point. It has been established for more than 10 years and has a healthy profit. The office and storage locals are 110m<sup>2</sup> and the monthly rent is: 650€

Ref.: 2810

Price: 79,000€

## Freehold Bar-Disco for Sale

**NEW**



This freehold in Playa la Arena measures impressive 339m<sup>2</sup> plus a community terrace that can accommodate around 32 guests. It has both the disco- and bc-license allowing you to be open to 5am and serving food.

Ref.: 2804

Price: 690,000€

## Freehold Pool Bar in Golf del Sur



This freehold pool bar of 129m<sup>2</sup> was recently renovated. It is in a busy complex in Golf del Sur where you have both residents and tourists. Today the bar is closed and just waiting to reopen and serve all the daily guests enjoying the pool.

Ref.: 2786

Price: 190,000€

## Sailing Charter for Sale



This charter boat and business is in Los Gigantes and includes a 45-foot Bavaria with the Blue Flag and a van for driving with customers. Both are fully licensed for client transportation. The monthly rent is 2,500€

Ref.: 2748

Price: 490,000€

## Thriving Boat Rental Business



This business in Puerto Colon rents out self-operated boats so the clients can enjoy a private day at the ocean. Each boat accommodates up to 6 passengers and can be sailed without a license. Monthly rent: 1,050€

Ref.: 2792

Price: 175,000€

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